

1 - ONMK 2015 kb sessie 1

23-01-2015 - 9:00

Programmanr. 1  
23-01-2015 - 9:00

Dames, 1500m vrije slag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
<b>Masters 20+</b>								
1.	Rebecca Vroomen	Eurode KZC	18:26.90	199301772	18:59.27	+1,00		
	50m: 33.88	33.88	450m: 5:36.78	38.05	850m: 10:43.66	38.40	1250m: 15:50.22	38.80
	100m: 1:10.97	37.09	500m: 6:14.79	38.01	900m: 11:22.27	38.61	1300m: 16:28.53	38.31
	150m: 1:48.81	37.84	550m: 6:53.14	38.35	950m: 12:00.77	38.50	1350m: 17:07.13	38.60
	200m: 2:27.10	38.29	600m: 7:31.38	38.24	1000m: 12:39.08	38.31	1400m: 17:45.45	38.32
	250m: 3:05.09	37.99	650m: 8:09.78	38.40	1050m: 13:16.90	37.82	1450m: 18:23.81	38.36
	300m: 3:43.03	37.94	700m: 8:48.29	38.51	1100m: 13:55.07	38.17	1500m: 18:59.27	35.46
	350m: 4:20.93	37.90	750m: 9:26.81	38.52	1150m: 14:33.05	37.98		
	400m: 4:58.73	37.80	800m: 10:05.26	38.45	1200m: 15:11.42	38.37		
2.	Sigrit Aarten	Deltasteur	19:53.88	199302868	19:33.25	+1,04		
	50m: 33.26	33.26	450m: 5:42.08	39.62	850m: 10:59.85	39.96	1250m: 16:17.89	39.46
	100m: 1:09.75	36.49	500m: 6:21.62	39.54	900m: 11:39.68	39.83	1300m: 16:57.39	39.50
	150m: 1:47.96	38.21	550m: 7:01.15	39.53	950m: 12:19.78	40.10	1350m: 17:36.66	39.27
	200m: 2:26.58	38.62	600m: 7:40.61	39.46	1000m: 12:59.48	39.70	1400m: 18:15.85	39.19
	250m: 3:05.23	38.65	650m: 8:20.14	39.53	1050m: 13:39.09	39.61	1450m: 18:55.57	39.72
	300m: 3:44.14	38.91	700m: 9:00.19	40.05	1100m: 14:18.74	39.65	1500m: 19:33.25	37.68
	350m: 4:23.02	38.88	750m: 9:40.00	39.81	1150m: 14:58.60	39.86		
	400m: 5:02.46	39.44	800m: 10:19.89	39.89	1200m: 15:38.43	39.83		
3.	Irmgard van Weeghel	Octopus	20:31.19	199204834	20:34.37	+0,74		
	50m: 34.50	34.50	450m: 5:59.09	41.23	850m: 11:35.01	41.86	1250m: 17:08.40	41.36
	100m: 1:12.75	38.25	500m: 6:41.19	42.10	900m: 12:16.59	41.58	1300m: 17:50.08	41.68
	150m: 1:52.57	39.82	550m: 7:22.76	41.57	950m: 12:58.39	41.80	1350m: 18:31.90	41.82
	200m: 2:33.18	40.61	600m: 8:04.97	42.21	1000m: 13:39.80	41.41	1400m: 19:13.20	41.30
	250m: 3:14.20	41.02	650m: 8:46.77	41.80	1050m: 14:21.43	41.63	1450m: 19:54.27	41.07
	300m: 3:55.25	41.05	700m: 9:28.47	41.70	1100m: 15:02.98	41.55	1500m: 20:34.37	40.10
	350m: 4:36.42	41.17	750m: 10:10.73	42.26	1150m: 15:44.70	41.72		
	400m: 5:17.86	41.44	800m: 10:53.15	42.42	1200m: 16:27.04	42.34		
4.	Johanna de Boer	ZPD	19:52.53	199403944	21:09.20 *	+0,75		
	50m: 34.81	34.81	450m: 6:04.54	42.53	850m: 11:48.57	43.07	1250m: 17:34.66	42.83
	100m: 1:14.08	39.27	500m: 6:47.86	43.32	900m: 12:31.75	43.18	1300m: 18:17.23	42.57
	150m: 1:54.21	40.13	550m: 7:30.74	42.88	950m: 13:14.82	43.07	1350m: 19:00.68	43.45
	200m: 2:34.71	40.50	600m: 8:13.51	42.77	1000m: 13:58.17	43.35	1400m: 19:43.33	42.65
	250m: 3:15.75	41.04	650m: 8:56.74	43.23	1050m: 14:42.11	43.94	1450m: 20:26.61	43.28
	300m: 3:57.30	41.55	700m: 9:39.76	43.02	1100m: 15:25.70	43.59	1500m: 21:09.20	42.59
	350m: 4:39.79	42.49	750m: 10:22.95	43.19	1150m: 16:08.34	42.64		
	400m: 5:22.01	42.22	800m: 11:05.50	42.55	1200m: 16:51.83	43.49		
5.	Marjan Rikken	ZVV	22:24.94	199206114	22:40.68	+0,83		
	50m: 39.03	39.03	450m: 6:36.92	45.50	850m: 12:45.95	46.00	1250m: 18:55.11	46.10
	100m: 1:22.31	43.28	500m: 7:23.01	46.09	900m: 13:31.67	46.72	1300m: 19:41.29	46.18
	150m: 2:06.56	44.25	550m: 8:08.60	45.59	950m: 14:18.21	46.54	1350m: 20:27.67	46.38
	200m: 2:51.61	45.05	600m: 8:54.97	46.37	1000m: 15:05.06	46.85	1400m: 21:13.39	45.72
	250m: 3:36.07	44.46	650m: 9:40.97	46.00	1050m: 15:50.90	45.84	1450m: 21:58.13	44.74
	300m: 4:20.78	44.71	700m: 10:27.08	46.11	1100m: 16:37.28	46.38	1500m: 22:40.68	42.55
	350m: 5:05.96	45.18	750m: 11:13.76	46.68	1150m: 17:23.02	45.74		
	400m: 5:51.42	45.46	800m: 11:59.95	46.19	1200m: 18:09.01	45.99		
<b>Masters 25+</b>								
1.	Stephanie Rombout	PSV	20:41.95	198803696	19:18.84	+0,54		
	50m: 32.59	32.59	450m: 5:30.29	37.72	850m: 10:45.26	40.96	1250m: 16:04.78	39.75
	100m: 1:08.27	35.68	500m: 6:09.12	38.83	900m: 11:24.60	39.34	1300m: 16:44.62	39.84
	150m: 1:44.92	36.65	550m: 6:47.78	38.66	950m: 12:04.17	39.57	1350m: 17:23.10	38.48
	200m: 2:22.14	37.22	600m: 7:26.54	38.76	1000m: 12:44.74	40.57	1400m: 18:03.05	39.95
	250m: 2:59.72	37.58	650m: 8:05.55	39.01	1050m: 13:25.69	40.95	1450m: 18:41.79	38.74
	300m: 3:37.38	37.66	700m: 8:44.85	39.30	1100m: 14:05.78	40.09	1500m: 19:18.84	37.05
	350m: 4:14.92	37.54	750m: 9:24.35	39.50	1150m: 14:45.49	39.71		
	400m: 4:52.57	37.65	800m: 10:04.30	39.95	1200m: 15:25.03	39.54		
2.	Martje Godschalk	De IJssel	20:08.87	199001186	20:33.68			
	50m: 35.29	35.29	450m: 6:01.64	41.26	850m: 11:33.66	41.44	1250m: 17:06.30	41.70
	100m: 1:14.39	39.10	500m: 6:43.08	41.44	900m: 12:15.16	41.50	1300m: 17:47.74	41.44
	150m: 1:54.63	40.24	550m: 7:24.74	41.66	950m: 12:56.60	41.44	1350m: 18:29.48	41.74
	200m: 2:35.23	40.60	600m: 8:06.23	41.49	1000m: 13:38.16	41.56	1400m: 19:11.08	41.60
	250m: 3:16.20	40.97	650m: 8:47.60	41.37	1050m: 14:19.68	41.52	1450m: 19:52.75	41.67
	300m: 3:57.78	41.58	700m: 9:29.24	41.64	1100m: 15:01.32	41.64	1500m: 20:33.68	40.93
	350m: 4:39.20	41.42	750m: 10:10.62	41.38	1150m: 15:42.97	41.65		
	400m: 5:20.38	41.18	800m: 10:52.22	41.60	1200m: 16:24.60	41.63		

Programmanr. 1, Dames, 1500m vrije slag, Masters 25+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
3.	<b>Ilse van den Wijngaard</b>	<b>ZPC Woerden</b>	<b>20:42.61</b>	<b>198904736</b>	<b>21:23.24</b>	<b>+0,82</b>		
	50m: 35.21	35.21	450m: 6:14.32	43.00	850m: 12:03.48	43.94	1250m: 17:52.23	43.78
	100m: 1:15.73	40.52	500m: 6:57.93	43.61	900m: 12:47.36	43.88	1300m: 18:35.06	42.83
	150m: 1:57.65	41.92	550m: 7:41.58	43.65	950m: 13:31.46	44.10	1350m: 19:18.73	43.67
	200m: 2:39.87	42.22	600m: 8:24.65	43.07	1000m: 14:15.27	43.81	1400m: 20:02.09	43.36
	250m: 3:22.76	42.89	650m: 9:07.94	43.29	1050m: 14:59.02	43.75	1450m: 20:44.78	42.69
	300m: 4:05.54	42.78	700m: 9:51.76	43.82	1100m: 15:42.18	43.16	1500m: 21:23.24	38.46
	350m: 4:48.23	42.69	750m: 10:36.04	44.28	1150m: 16:25.20	43.02		
	400m: 5:31.32	43.09	800m: 11:19.54	43.50	1200m: 17:08.45	43.25		
4.	<b>Karin Hovenkamp</b>	<b>De Spatters</b>	<b>22:14.48</b>	<b>198701850</b>	<b>21:34.60</b>	<b>+0,67</b>		
	50m: 36.55	36.55	450m: 6:21.07	43.80	850m: 12:11.09	43.69	1250m: 18:02.20	43.74
	100m: 1:18.22	41.67	500m: 7:04.95	43.88	900m: 12:54.14	43.05	1300m: 18:46.80	44.60
	150m: 2:00.23	42.01	550m: 7:48.67	43.72	950m: 13:38.25	44.11	1350m: 19:29.75	42.95
	200m: 2:43.41	43.18	600m: 8:32.74	44.07	1000m: 14:21.88	43.63	1400m: 20:13.28	43.53
	250m: 3:26.85	43.44	650m: 9:16.31	43.57	1050m: 15:05.49	43.61	1450m: 20:56.06	42.78
	300m: 4:09.70	42.85	700m: 9:59.98	43.67	1100m: 15:49.96	44.47	1500m: 21:34.60	38.54
	350m: 4:53.39	43.69	750m: 10:43.81	43.83	1150m: 16:34.19	44.23		
	400m: 5:37.27	43.88	800m: 11:27.40	43.59	1200m: 17:18.46	44.27		
5.	<b>Carola Hompes</b>	<b>Budel</b>	<b>24:40.76</b>	<b>198801868</b>	<b>23:59.64</b>	<b>+1,01</b>		
	50m: 38.24	38.24	450m: 6:54.05	47.28	850m: 13:24.69	50.11	1250m: 19:59.98	48.41
	100m: 1:21.92	43.68	500m: 7:41.74	47.69	900m: 14:14.47	49.78	1300m: 20:48.96	48.98
	150m: 2:08.51	46.59	550m: 8:30.10	48.36	950m: 15:04.77	50.30	1350m: 21:37.54	48.58
	200m: 2:55.85	47.34	600m: 9:18.63	48.53	1000m: 15:53.84	49.07	1400m: 22:25.99	48.45
	250m: 3:43.25	47.40	650m: 10:07.02	48.39	1050m: 16:43.86	50.02	1450m: 23:14.23	48.24
	300m: 4:31.34	48.09	700m: 10:55.90	48.88	1100m: 17:34.15	50.29	1500m: 23:59.64	45.41
	350m: 5:18.94	47.60	750m: 11:44.75	48.85	1150m: 18:23.67	49.52		
	400m: 6:06.77	47.83	800m: 12:34.58	49.83	1200m: 19:11.57	47.90		

Masters 30+

1.	<b>Petra Benani-Wolsing</b> <i>400m*</i>	<b>AZ&amp;PC De Futen</b>	<b>18:51.02</b>	<b>198402796</b>	<b>19:14.12</b>	<b>+0,76</b>		
	50m: 33.83	33.83	450m: 5:37.33	38.59	850m: 10:48.55	38.99	1250m: 16:02.28	39.08
	100m: 1:10.59	36.76	500m: 6:15.80	38.47	900m: 11:27.85	39.30	1300m: 16:40.96	38.68
	150m: 1:48.35	37.76	550m: 6:54.49	38.69	950m: 12:07.24	39.39	1350m: 17:19.01	38.05
	200m: 2:28.21	37.86	600m: 7:33.06	38.57	1000m: 12:46.05	38.81	1400m: 17:57.60	38.59
	250m: 3:04.20	37.99	650m: 8:11.83	38.77	1050m: 13:25.14	39.09	1450m: 18:37.03	39.43
	300m: 3:42.24	38.04	700m: 8:50.78	38.95	1100m: 14:04.33	39.19	1500m: 19:14.12	37.09
	350m: 4:20.48	38.24	750m: 9:30.23	39.45	1150m: 14:43.79	39.46		
	400m: 4:58.74	38.26	800m: 10:09.56	39.33	1200m: 15:23.20	39.41		
2.	<b>Linda Hoogendam</b>	<b>Zoetermeer</b>	<b>21:01.23</b>	<b>198300892</b>	<b>21:33.56</b>	<b>+0,79</b>		
	50m: 34.97	34.97	450m: 6:15.41	42.99	850m: 12:04.91	43.94	1250m: 17:57.95	44.73
	100m: 1:15.81	40.84	500m: 6:58.87	43.46	900m: 12:48.43	43.52	1300m: 18:42.54	44.59
	150m: 1:58.01	42.20	550m: 7:42.54	43.67	950m: 13:32.75	44.32	1350m: 19:26.02	43.48
	200m: 2:40.22	42.21	600m: 8:26.28	43.74	1000m: 14:17.23	44.48	1400m: 20:09.56	43.54
	250m: 3:22.71	42.49	650m: 9:09.58	43.30	1050m: 15:01.45	44.22	1450m: 20:52.50	42.94
	300m: 4:05.79	43.08	700m: 9:53.00	43.42	1100m: 15:45.90	44.45	1500m: 21:33.56	41.06
	350m: 4:49.07	43.28	750m: 10:37.58	44.58	1150m: 16:28.62	42.72		
	400m: 5:32.42	43.35	800m: 11:20.97	43.39	1200m: 17:13.22	44.60		
3.	<b>Denise de Riet</b>	<b>De Devel</b>	<b>21:41.73</b>	<b>198402040</b>	<b>22:26.96</b>	<b>+1,14</b>		
	50m: 38.58	38.58	450m: 6:28.37	44.59	850m: 12:28.46	45.55	1250m: 18:36.78	46.52
	100m: 1:20.63	42.05	500m: 7:13.24	44.87	900m: 13:14.34	45.88	1300m: 19:23.87	47.09
	150m: 2:04.17	43.54	550m: 7:58.24	45.00	950m: 14:00.92	46.58	1350m: 20:09.82	45.95
	200m: 2:47.48	43.31	600m: 8:43.02	44.78	1000m: 14:46.42	45.50	1400m: 20:55.77	45.95
	250m: 3:31.33	43.85	650m: 9:28.14	45.12	1050m: 15:32.58	46.16	1450m: 21:42.61	46.84
	300m: 4:14.98	43.65	700m: 10:12.96	44.82	1100m: 16:18.45	45.87	1500m: 22:26.96	44.35
	350m: 4:58.96	43.98	750m: 10:57.71	44.75	1150m: 17:04.27	45.82		
	400m: 5:43.78	44.82	800m: 11:42.91	45.20	1200m: 17:50.26	45.99		

Masters 35+

1.	<b>Marijke van den Berg</b>	<b>HZ&amp;PC Heerenveen</b>	<b>20:29.35</b>	<b>197600046</b>	<b>20:29.75</b>	<b>+1,08</b>		
	50m: 36.09	36.09	450m: 6:04.35	41.28	850m: 11:32.97	41.13	1250m: 17:04.71	41.86
	100m: 1:15.19	39.10	500m: 6:45.53	41.18	900m: 12:14.24	41.27	1300m: 17:45.97	41.26
	150m: 1:55.69	40.50	550m: 7:26.58	41.05	950m: 12:55.69	41.45	1350m: 18:27.53	41.56
	200m: 2:36.93	41.24	600m: 8:07.31	40.73	1000m: 13:36.77	41.08	1400m: 19:08.64	41.11
	250m: 3:18.30	41.37	650m: 8:48.38	41.07	1050m: 14:18.03	41.26	1450m: 19:50.01	41.37
	300m: 3:59.81	41.51	700m: 9:29.64	41.26	1100m: 14:59.56	41.53	1500m: 20:29.75	39.74
	350m: 4:41.58	41.77	750m: 10:10.93	41.29	1150m: 15:41.04	41.48		
	400m: 5:23.07	41.49	800m: 10:51.84	40.91	1200m: 16:22.85	41.81		



Open Nederlandse Masters Kampioenschappen 2015 korte baan  
Heerenveen, 23-25 januari 2015



Programmanr. 1, Dames, 1500m vrije slag, Masters 35+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
2.	Lizette van der Vegt	HZ&PC Heerenveen	20:37.43	197901440	<b>20:37.52</b>	+0,83		
	50m: 34.83	34.83	450m: 6:02.48	42.11	850m: 11:36.22	42.30	1250m: 17:10.36	41.96
	100m: 1:14.01	39.18	500m: 6:43.73	41.25	900m: 12:17.74	41.52	1300m: 17:52.08	41.72
	150m: 1:54.05	40.04	550m: 7:25.70	41.97	950m: 13:00.04	42.30	1350m: 18:33.82	41.74
	200m: 2:35.10	41.05	600m: 8:06.92	41.22	1000m: 13:41.81	41.77	1400m: 19:15.36	41.54
	250m: 3:16.19	41.09	650m: 8:48.61	41.69	1050m: 14:23.45	41.64	1450m: 19:57.27	41.91
	300m: 3:57.40	41.21	700m: 9:30.67	42.06	1100m: 15:05.37	41.92	1500m: 20:37.52	40.25
	350m: 4:39.21	41.81	750m: 10:11.94	41.27	1150m: 15:46.82	41.45		
	400m: 5:20.37	41.16	800m: 10:53.92	41.98	1200m: 16:28.40	41.58		
3.	Jannie Vennik	HZ&PC Heerenveen	22:18.43	197601006	<b>22:00.30</b>	+1,08		
	50m: 39.34	39.34	450m: 6:32.86	44.37	850m: 12:25.57	44.38	1250m: 18:21.07	44.48
	100m: 1:22.84	43.50	500m: 7:17.14	44.28	900m: 13:10.03	44.46	1300m: 19:05.01	43.94
	150m: 2:06.74	43.90	550m: 8:01.14	44.00	950m: 13:54.22	44.19	1350m: 19:49.24	44.23
	200m: 2:51.17	44.43	600m: 8:45.20	44.06	1000m: 14:38.61	44.39	1400m: 20:33.63	44.39
	250m: 3:35.53	44.36	650m: 9:29.06	43.86	1050m: 15:22.49	43.88	1450m: 21:18.09	44.46
	300m: 4:19.80	44.27	700m: 10:12.93	43.87	1100m: 16:06.65	44.16	1500m: 22:00.30	42.21
	350m: 5:04.01	44.21	750m: 10:57.52	44.59	1150m: 16:52.05	45.40		
	400m: 5:48.49	44.48	800m: 11:41.19	43.67	1200m: 17:36.59	44.54		
4.	Agnes van Brug	DAW	22:38.42	198001726	<b>22:03.12</b>	+1,03		
	50m: 39.16	39.16	450m: 6:32.39	44.05	850m: 12:29.23	44.41	1250m: 18:25.41	44.14
	100m: 1:21.86	42.70	500m: 7:17.22	44.83	900m: 13:14.01	44.78	1300m: 19:09.81	44.40
	150m: 2:05.59	43.73	550m: 8:02.07	44.85	950m: 13:58.40	44.39	1350m: 19:54.22	44.41
	200m: 2:49.74	44.15	600m: 8:46.71	44.64	1000m: 14:42.96	44.56	1400m: 20:38.38	44.16
	250m: 3:34.44	44.70	650m: 9:31.36	44.65	1050m: 15:27.58	44.62	1450m: 21:22.05	43.67
	300m: 4:18.95	44.51	700m: 10:15.81	44.45	1100m: 16:12.24	44.66	1500m: 22:03.12	41.07
	350m: 5:03.76	44.81	750m: 11:00.17	44.36	1150m: 16:56.96	44.72		
	400m: 5:48.34	44.58	800m: 11:44.82	44.65	1200m: 17:41.27	44.31		
5.	Jolanda van Gendt	PSV	23:30.57	197800266	<b>22:03.84</b> *	+0,74		
	50m: 37.31	37.31	450m: 6:28.19	44.50	850m: 12:26.05	44.68	1250m: 18:21.77	43.94
	100m: 1:19.01	41.70	500m: 7:12.56	44.37	900m: 13:10.06	44.01	1300m: 19:05.87	44.10
	150m: 2:02.15	43.14	550m: 7:57.63	45.07	950m: 13:54.77	44.71	1350m: 19:50.63	44.76
	200m: 2:46.47	44.32	600m: 8:41.84	44.21	1000m: 14:39.19	44.42	1400m: 20:35.44	44.81
	250m: 3:30.89	44.42	650m: 9:26.87	45.03	1050m: 15:24.13	44.94	1450m: 21:19.45	44.01
	300m: 4:14.83	43.94	700m: 10:12.17	45.30	1100m: 16:09.10	44.97	1500m: 22:03.84	44.39
	350m: 4:58.94	44.11	750m: 10:56.83	44.66	1150m: 16:53.67	44.57		
	400m: 5:43.69	44.75	800m: 11:41.37	44.54	1200m: 17:37.83	44.16		
6.	Severine Bayre	CNSW	22:49.92	CNSW/711/78	<b>22:07.14</b>			
	50m: 42.12	42.12	450m: 6:38.43	45.24	850m: 12:37.22	44.59	1250m: 18:32.17	44.49
	100m: 1:25.57	43.45	500m: 7:23.47	45.04	900m: 13:21.70	44.48	1300m: 19:16.24	44.07
	150m: 2:09.39	43.82	550m: 8:08.36	44.89	950m: 14:06.26	44.56	1350m: 19:59.92	43.68
	200m: 2:53.84	44.45	600m: 8:53.62	45.26	1000m: 14:50.62	44.36	1400m: 20:43.80	43.88
	250m: 3:38.57	44.73	650m: 9:38.79	45.17	1050m: 15:35.10	44.48	1450m: 21:27.18	43.38
	300m: 4:23.62	45.05	700m: 10:23.58	44.79	1100m: 16:19.02	43.92	1500m: 22:07.14	39.96
	350m: 5:08.52	44.90	750m: 11:08.18	44.60	1150m: 17:03.39	44.37		
	400m: 5:53.19	44.67	800m: 11:52.63	44.45	1200m: 17:47.68	44.29		

Masters 40+

1.	Grith Sigsgaard	Aquarijn	18:11.24	197200772	<b>18:32.22</b>	+0,90		
	50m: 32.60	32.60	450m: 5:28.53	37.12	850m: 10:26.71	37.05	1250m: 15:26.08	37.55
	100m: 1:09.25	36.65	500m: 6:05.62	37.09	900m: 11:03.97	37.26	1300m: 16:03.40	37.32
	150m: 1:46.22	36.97	550m: 6:43.20	37.58	950m: 11:41.09	37.12	1350m: 16:40.80	37.40
	200m: 2:23.41	37.19	600m: 7:20.49	37.29	1000m: 12:18.67	37.58	1400m: 17:18.60	37.80
	250m: 3:00.21	36.80	650m: 7:57.66	37.17	1050m: 12:56.30	37.63	1450m: 17:56.02	37.42
	300m: 3:37.23	37.02	700m: 8:34.92	37.26	1100m: 13:33.80	37.50	1500m: 18:32.22	36.20
	350m: 4:14.47	37.24	750m: 9:12.20	37.28	1150m: 14:11.05	37.25		
	400m: 4:51.41	36.94	800m: 9:49.66	37.46	1200m: 14:48.53	37.48		
2.	Pascalie Neiss-Janssen	De Roersoppers	22:58.48	197300852	<b>22:44.18</b>	+1,02		
	50m: 38.85	38.85	450m: 6:41.62	45.74	850m: 12:48.66	46.07	1250m: 18:57.05	46.07
	100m: 1:22.69	43.84	500m: 7:27.41	45.79	900m: 13:34.90	46.24	1300m: 19:43.23	46.18
	150m: 2:07.77	45.08	550m: 8:12.87	45.46	950m: 14:21.00	46.10	1350m: 20:29.75	46.52
	200m: 2:53.26	45.49	600m: 8:58.55	45.68	1000m: 15:06.91	45.91	1400m: 21:15.56	45.81
	250m: 3:39.15	45.89	650m: 9:44.21	45.66	1050m: 15:52.87	45.96	1450m: 22:01.09	45.53
	300m: 4:24.74	45.59	700m: 10:30.12	45.91	1100m: 16:38.67	45.80	1500m: 22:44.18	43.09
	350m: 5:10.36	45.62	750m: 11:16.27	46.15	1150m: 17:24.84	46.17		
	400m: 5:55.88	45.52	800m: 12:02.59	46.32	1200m: 18:10.98	46.14		
3.	Ingrid Versteegen	DBD	24:17.82	197300770	<b>23:21.79</b>	+0,82		
	50m: 40.42	40.42	450m: 6:52.04	46.43	850m: 13:08.74	47.86	1250m: 19:28.77	47.34
	100m: 1:25.10	44.68	500m: 7:38.02	45.98	900m: 13:55.40	46.66	1300m: 20:16.61	47.84
	150m: 2:11.42	46.32	550m: 8:24.78	46.76	950m: 14:42.20	46.80	1350m: 21:04.02	47.41
	200m: 2:57.22	45.80	600m: 9:11.73	46.95	1000m: 15:30.08	47.88	1400m: 21:51.38	47.36
	250m: 3:44.90	47.68	650m: 9:58.29	46.56	1050m: 16:17.73	47.65	1450m: 22:37.40	46.02
	300m: 4:31.68	46.78	700m: 10:45.33	47.04	1100m: 17:05.85	48.12	1500m: 23:21.79	44.39
	350m: 5:18.89	47.21	750m: 11:32.71	47.38	1150m: 17:53.85	48.00		
	400m: 6:05.61	46.72	800m: 12:20.88	48.17	1200m: 18:41.43	47.58		





Open Nederlandse Masters Kampioenschappen 2015 korte baan  
Heerenveen, 23-25 januari 2015



Programmanr. 1, Dames, 1500m vrije slag, Masters 40+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
	AFGEM Karin Stein	ZVVS	19:12.49	197100554		

Masters 45+

1.	Laura Staal	Oceanus	21:01.87	196700358	<b>21:23.34</b>	+0,82		
	50m: 37.16	37.16	450m: 6:22.02	43.01	850m: 12:06.20	43.15	1250m: 17:50.68	43.10
	100m: 1:19.17	42.01	500m: 7:04.93	42.91	900m: 12:49.00	42.80	1300m: 18:33.68	43.00
	150m: 2:02.26	43.09	550m: 7:48.17	43.24	950m: 13:31.86	42.86	1350m: 19:17.14	43.46
	200m: 2:45.63	43.37	600m: 8:31.44	43.27	1000m: 14:14.98	43.12	1400m: 20:00.45	43.31
	250m: 3:28.97	43.34	650m: 9:14.44	43.00	1050m: 14:58.00	43.02	1450m: 20:42.84	42.39
	300m: 4:12.10	43.13	700m: 9:57.52	43.08	1100m: 15:41.09	43.09	1500m: 21:23.34	40.50
	350m: 4:55.63	43.53	750m: 10:40.23	42.71	1150m: 16:24.31	43.22		
	400m: 5:39.01	43.38	800m: 11:23.05	42.82	1200m: 17:07.58	43.27		
2.	Marion Broekhuis	WS Twente	22:11.07	196800060	<b>22:28.42</b>	+0,70		
	50m: 39.12	39.12	450m: 6:36.36	45.52	850m: 12:39.35	45.32	1250m: 18:43.40	45.50
	100m: 1:22.10	42.98	500m: 7:21.81	45.45	900m: 13:25.02	45.67	1300m: 19:28.70	45.30
	150m: 2:06.45	44.35	550m: 8:07.18	45.37	950m: 14:10.19	45.17	1350m: 20:14.55	45.85
	200m: 2:51.08	44.63	600m: 8:52.41	45.23	1000m: 14:55.70	45.51	1400m: 21:00.22	45.67
	250m: 3:35.81	44.73	650m: 9:37.73	45.32	1050m: 15:40.80	45.10	1450m: 21:45.33	45.11
	300m: 4:20.71	44.90	700m: 10:23.32	45.59	1100m: 16:26.28	45.48	1500m: 22:28.42	43.09
	350m: 5:05.79	45.08	750m: 11:08.60	45.28	1150m: 17:11.86	45.58		
	400m: 5:50.84	45.05	800m: 11:54.03	45.43	1200m: 17:57.90	46.04		
3.	Margreet van der Pol	Oceanus	22:23.90	196600276	<b>22:54.37</b>	+1,10		
	50m: 39.56	39.56	450m: 6:48.58	46.49	850m: 12:57.90	45.75	1250m: 19:09.64	46.32
	100m: 1:24.28	44.72	500m: 7:34.18	45.60	900m: 13:44.30	46.40	1300m: 19:55.49	45.85
	150m: 2:10.74	46.46	550m: 8:20.30	46.12	950m: 14:31.00	46.70	1350m: 20:41.57	46.08
	200m: 2:56.93	46.19	600m: 9:06.37	46.07	1000m: 15:18.19	47.19	1400m: 21:27.99	46.42
	250m: 3:43.19	46.26	650m: 9:53.10	46.73	1050m: 16:03.99	45.80	1450m: 22:12.84	44.85
	300m: 4:29.52	46.33	700m: 10:39.57	46.47	1100m: 16:50.45	46.46	1500m: 22:54.37	41.53
	350m: 5:15.77	46.25	750m: 11:26.03	46.46	1150m: 17:36.57	46.12		
	400m: 6:02.09	46.32	800m: 12:12.15	46.12	1200m: 18:23.32	46.75		
4.	K. van Nassau van den Heuvel	Old Dutch	23:21.29	196600188	<b>23:43.49</b>	+0,91		
	50m: 40.87	40.87	450m: 6:53.39	47.03	850m: 13:16.05	47.83	1250m: 19:40.75	48.05
	100m: 1:25.52	44.65	500m: 7:41.05	47.66	900m: 14:04.09	48.04	1300m: 20:29.01	48.26
	150m: 2:11.67	46.15	550m: 8:28.42	47.37	950m: 14:51.65	47.56	1350m: 21:16.46	47.45
	200m: 2:58.69	47.02	600m: 9:15.75	47.33	1000m: 15:40.19	48.54	1400m: 22:05.70	49.24
	250m: 3:45.74	47.05	650m: 10:03.82	48.07	1050m: 16:27.83	47.64	1450m: 22:55.03	49.33
	300m: 4:32.80	47.06	700m: 10:52.04	48.22	1100m: 17:16.07	48.24	1500m: 23:43.49	48.46
	350m: 5:19.18	46.38	750m: 11:40.25	48.21	1150m: 18:04.22	48.15		
	400m: 6:06.36	47.18	800m: 12:28.22	47.97	1200m: 18:52.70	48.48		
5.	Hetty Smalheer	SCOM	24:30.59	196700352	<b>24:51.08</b>	+1,10		
	50m: 44.56	44.56	450m: 7:23.64	50.74	850m: 14:02.08	49.76	1250m: 20:41.10	50.86
	100m: 1:32.80	48.24	500m: 8:14.23	50.59	900m: 14:52.22	50.14	1300m: 21:30.85	49.75
	150m: 2:21.98	49.18	550m: 9:02.53	48.30	950m: 15:42.38	50.16	1350m: 22:21.50	50.65
	200m: 3:11.93	49.95	600m: 9:52.08	49.55	1000m: 16:33.11	50.73	1400m: 23:12.23	50.73
	250m: 4:01.73	49.80	650m: 10:41.53	49.45	1050m: 17:21.57	48.46	1450m: 24:02.97	50.74
	300m: 4:51.79	50.06	700m: 11:31.69	50.16	1100m: 18:10.65	49.08	1500m: 24:51.08	48.11
	350m: 5:42.37	50.58	750m: 12:21.90	50.21	1150m: 19:00.30	49.65		
	400m: 6:32.90	50.53	800m: 13:12.32	50.42	1200m: 19:50.24	49.94		
DIS	Jacqueline Tuin	DAW	23:59.49	196600690		AF		
	50m:	450m:	850m:	1250m:				
	100m:	500m:	900m:	1300m:				
	150m:	550m:	950m:	1350m:				
	200m:	600m:	1000m:	1400m:				
	250m:	650m:	1050m:	1450m:				
	300m:	700m:	1100m:	1500m:				
	350m:	750m:	1150m:					
	400m:	800m:	1200m:					

Masters 55+

1.	Patty Verhagen	PSV	21:34.82	195900146	<b>21:14.97</b>	+0,82		
	<i>Nederlands Masters Record</i>							
	50m: 38.74	38.74	450m: 6:17.12	42.77	850m: 11:58.76	42.64	1250m: 17:41.09	43.09
	100m: 1:20.21	41.47	500m: 6:59.61	42.49	900m: 12:41.47	42.71	1300m: 18:24.45	43.36
	150m: 2:02.20	41.99	550m: 7:42.28	42.67	950m: 13:24.18	42.71	1350m: 19:07.58	43.13
	200m: 2:44.48	42.28	600m: 8:24.92	42.64	1000m: 14:07.02	42.84	1400m: 19:50.68	43.10
	250m: 3:26.87	42.39	650m: 9:07.63	42.71	1050m: 14:49.84	42.82	1450m: 20:33.22	42.54
	300m: 4:09.17	42.30	700m: 9:50.43	42.80	1100m: 15:32.36	42.52	1500m: 21:14.97	41.75
	350m: 4:51.62	42.45	750m: 10:33.28	42.85	1150m: 16:15.08	42.72		
	400m: 5:34.35	42.73	800m: 11:16.12	42.84	1200m: 16:58.00	42.92		



Programmanr. 1, Dames, 1500m vrije slag, Masters 55+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
2.	Irene van der Laan	ZV De Bron	21:35.41	196000096	<b>21:25.67</b> *	+0,91		
	50m: 40.34	40.34	450m: 6:25.63	43.31	850m: 12:11.04	42.96	1250m: 17:53.05	43.06
	100m: 1:22.83	42.49	500m: 7:08.86	43.23	900m: 12:54.02	42.98	1300m: 18:36.01	42.96
	150m: 2:05.93	43.10	550m: 7:52.37	43.51	950m: 13:36.47	42.45	1350m: 19:18.89	42.88
	200m: 2:49.13	43.20	600m: 8:35.51	43.14	1000m: 14:19.22	42.75	1400m: 20:01.85	42.96
	250m: 3:32.28	43.15	650m: 9:18.71	43.20	1050m: 15:01.85	42.63	1450m: 20:44.56	42.71
	300m: 4:15.75	43.47	700m: 10:02.16	43.45	1100m: 15:44.54	42.69	1500m: 21:25.67	41.11
	350m: 4:58.97	43.22	750m: 10:45.07	42.91	1150m: 16:27.09	42.55		
	400m: 5:42.32	43.35	800m: 11:28.08	43.01	1200m: 17:09.99	42.90		
3.	Monica Bakker	ZVZ	22:56.64	195600082	<b>22:54.02</b>	+1,16		
	50m: 41.80	41.80	450m: 6:46.51	46.61	850m: 12:54.95	46.40	1250m: 19:05.57	46.14
	100m: 1:25.78	43.98	500m: 7:32.72	46.21	900m: 13:41.37	46.42	1300m: 19:51.67	46.10
	150m: 2:11.02	45.24	550m: 8:18.26	45.54	950m: 14:27.75	46.38	1350m: 20:38.11	46.44
	200m: 2:56.28	45.26	600m: 9:04.37	46.11	1000m: 15:14.06	46.31	1400m: 21:24.31	46.20
	250m: 3:41.65	45.37	650m: 9:50.16	45.79	1050m: 16:00.34	46.28	1450m: 22:10.23	45.92
	300m: 4:27.25	45.60	700m: 10:36.53	46.37	1100m: 16:46.36	46.02	1500m: 22:54.02	43.79
	350m: 5:13.41	46.16	750m: 11:22.62	46.09	1150m: 17:33.13	46.77		
	400m: 5:59.90	46.49	800m: 12:08.55	45.93	1200m: 18:19.43	46.30		
4.	Katinka Elders	Oceanus	24:33.62	196000292	<b>24:39.43</b>	+0,69		
	50m: 43.67	43.67	450m: 7:14.44	49.52	850m: 13:54.27	50.25	1250m: 20:33.96	50.45
	100m: 1:30.46	46.79	500m: 8:05.00	50.56	900m: 14:44.68	50.41	1300m: 21:24.00	50.04
	150m: 2:18.49	48.03	550m: 8:54.32	49.32	950m: 15:34.72	50.04	1350m: 22:13.97	49.97
	200m: 3:07.15	48.66	600m: 9:44.21	49.89	1000m: 16:24.78	50.06	1400m: 23:04.02	50.05
	250m: 3:56.22	49.07	650m: 10:34.07	49.86	1050m: 17:13.99	49.21	1450m: 23:54.28	50.26
	300m: 4:45.24	49.02	700m: 11:24.19	50.12	1100m: 18:04.47	50.48	1500m: 24:39.43	45.15
	350m: 5:34.60	49.36	750m: 12:14.58	50.39	1150m: 18:54.02	49.55		
	400m: 6:24.92	50.32	800m: 13:04.02	49.44	1200m: 19:43.51	49.49		
5.	Marjan Spoelstra	Swol 1894	25:16.27	196000236	<b>25:28.29</b>	+0,90		
	50m: 45.27	45.27	450m: 7:31.18	51.19	850m: 14:19.64	51.10	1250m: 21:11.49	51.86
	100m: 1:34.56	49.29	500m: 8:22.26	51.08	900m: 15:10.97	51.33	1300m: 22:02.71	51.22
	150m: 2:24.83	50.27	550m: 9:13.53	51.27	950m: 16:02.33	51.36	1350m: 22:53.74	51.03
	200m: 3:15.36	50.53	600m: 10:04.68	51.15	1000m: 16:53.76	51.43	1400m: 23:45.07	51.33
	250m: 4:05.99	50.63	650m: 10:55.30	50.62	1050m: 17:45.02	51.26	1450m: 24:37.02	51.95
	300m: 4:57.14	51.15	700m: 11:46.15	50.85	1100m: 18:36.55	51.53	1500m: 25:28.29	51.27
	350m: 5:48.47	51.33	750m: 12:37.23	51.08	1150m: 19:27.75	51.20		
	400m: 6:39.99	51.52	800m: 13:28.54	51.31	1200m: 20:19.63	51.88		
6.	Pia van der Molen	HZ&PC Heerenveen	25:50.67	196000116	<b>26:58.25</b>	+0,96		
	50m: 41.26	41.26	450m: 7:45.26	54.40	850m: 15:04.37	54.90	1250m: 22:24.35	55.14
	100m: 1:29.12	47.86	500m: 8:39.90	54.64	900m: 15:59.71	55.34	1300m: 23:19.70	55.35
	150m: 2:19.70	50.58	550m: 9:34.41	54.51	950m: 16:53.91	54.20	1350m: 24:15.03	55.33
	200m: 3:12.66	52.96	600m: 10:28.80	54.39	1000m: 17:48.62	54.71	1400m: 25:10.62	55.59
	250m: 4:06.91	54.25	650m: 11:23.93	55.13	1050m: 18:43.59	54.97	1450m: 26:05.73	55.11
	300m: 5:01.62	54.71	700m: 12:19.19	55.26	1100m: 19:39.17	55.58	1500m: 26:58.25	52.52
	350m: 5:56.15	54.53	750m: 13:14.27	55.08	1150m: 20:34.45	55.28		
	400m: 6:50.86	54.71	800m: 14:09.47	55.20	1200m: 21:29.21	54.76		

Masters 60+

1.	Ineke Weekers	PSV	21:51.85	195300050	<b>22:08.47</b>	+0,74		
	50m: 42.23	42.23	450m: 6:37.93	43.98	850m: 12:30.14	44.13	1250m: 18:25.41	44.66
	100m: 1:26.51	44.28	500m: 7:21.87	43.94	900m: 13:14.28	44.14	1300m: 19:10.05	44.64
	150m: 2:11.22	44.71	550m: 8:05.88	44.01	950m: 13:58.31	44.03	1350m: 19:54.80	44.75
	200m: 2:56.15	44.93	600m: 8:49.93	44.05	1000m: 14:42.78	44.47	1400m: 20:39.64	44.84
	250m: 3:41.08	44.93	650m: 9:33.76	43.83	1050m: 15:27.18	44.40	1450m: 21:24.89	45.25
	300m: 4:25.41	44.33	700m: 10:17.91	44.15	1100m: 16:11.52	44.34	1500m: 22:08.47	43.58
	350m: 5:09.80	44.39	750m: 11:01.92	44.01	1150m: 16:55.98	44.46		
	400m: 5:53.95	44.15	800m: 11:46.01	44.09	1200m: 17:40.75	44.77		
2.	Margriet Pasma	De Pinquin	23:18.15	195500088	<b>22:53.43</b>	+0,79		
	50m: 41.92	41.92	450m: 6:50.76	45.76	850m: 12:59.32	46.26	1250m: 19:08.36	46.14
	100m: 1:27.01	45.09	500m: 7:36.15	45.39	900m: 13:45.90	46.58	1300m: 19:54.39	46.03
	150m: 2:13.35	46.34	550m: 8:22.27	46.12	950m: 14:31.71	45.81	1350m: 20:40.72	46.33
	200m: 2:59.75	46.40	600m: 9:08.41	46.14	1000m: 15:17.69	45.98	1400m: 21:26.49	45.77
	250m: 3:46.39	46.64	650m: 9:54.65	46.24	1050m: 16:03.85	46.16	1450m: 22:11.54	45.05
	300m: 4:32.97	46.58	700m: 10:40.83	46.18	1100m: 16:50.15	46.30	1500m: 22:53.43	41.89
	350m: 5:19.24	46.27	750m: 11:26.74	45.91	1150m: 17:35.91	45.76		
	400m: 6:05.00	45.76	800m: 12:13.06	46.32	1200m: 18:22.22	46.31		
3.	Gonnie Bak	PSV	28:09.38	195100064	<b>28:48.82</b>	+0,95		
	50m: 49.43	49.43	450m: 8:30.62	58.15	850m: 16:18.39	58.76	1250m: 24:03.39	57.88
	100m: 1:45.95	56.52	500m: 9:30.33	59.71	900m: 17:16.60	58.21	1300m: 25:01.38	57.99
	150m: 2:44.04	58.09	550m: 10:27.44	57.11	950m: 18:15.23	58.63	1350m: 25:59.61	58.23
	200m: 3:42.80	58.76	600m: 11:26.35	58.91	1000m: 19:13.17	57.94	1400m: 26:56.58	56.97
	250m: 4:40.06	57.26	650m: 12:23.95	57.60	1050m: 20:10.98	57.81	1450m: 27:54.66	58.08
	300m: 5:37.41	57.35	700m: 13:22.93	58.98	1100m: 21:09.29	58.31	1500m: 28:48.82	54.16
	350m: 6:35.53	58.12	750m: 14:21.52	58.59	1150m: 22:08.32	59.03		
	400m: 7:32.47	56.94	800m: 15:19.63	58.11	1200m: 23:05.51	57.19		



Open Nederlandse Masters Kampioenschappen 2015 korte baan  
Heerenveen, 23-25 januari 2015



Programmanr. 1, Dames, 1500m vrije slag

Masters 70+

1. Matty van der Veen	Old Dutch	28:11.01	194400020	<b>30:15.56</b>	
50m: 53.69	450m: 8:50.85	1:00.48	850m: 16:57.68	1:01.25	1250m: 25:12.30
100m: 1:50.69	500m: 9:50.69	59.84	900m: 17:59.92	1:02.24	1300m: 26:12.68
150m: 2:49.85	550m: 10:51.27	1:00.58	950m: 19:02.23	1:02.31	1350m: 27:12.86
200m: 3:48.84	600m: 11:51.64	1:00.37	1000m: 20:03.70	1:01.47	1400m: 28:13.45
250m: 4:49.35	650m: 12:52.61	1:00.97	1050m: 21:05.34	1:01.64	1450m: 29:14.39
300m: 5:48.88	700m: 13:53.47	1:00.86	1100m: 22:05.67	1:00.33	1500m: 30:15.56
350m: 6:49.03	750m: 14:55.20	1:01.73	1150m: 23:07.81	1:02.14	
400m: 7:50.37	800m: 15:56.43	1:01.23	1200m: 24:09.65	1:01.84	
2. Loekie v. Huissteden	AZ&PC	35:15.44	194500002	<b>35:24.27</b>	+1,15
50m: 56.88	450m: 10:19.14	1:10.05	850m: 19:53.19	1:11.44	1250m: 29:31.49
100m: 2:04.92	500m: 11:32.11	1:12.97	900m: 21:05.35	1:12.16	1300m: 30:41.66
150m: 3:15.52	550m: 12:44.15	1:12.04	950m: 22:18.68	1:13.33	1350m: 31:55.45
200m: 4:25.70	600m: 13:55.20	1:11.05	1000m: 23:30.37	1:11.69	1400m: 33:08.06
250m: 5:35.00	650m: 15:05.72	1:10.52	1050m: 24:42.64	1:12.27	1450m: 34:17.40
300m: 6:46.52	700m: 16:17.16	1:11.44	1100m: 25:54.47	1:11.83	1500m: 35:24.27
350m: 7:57.51	750m: 17:29.79	1:12.63	1150m: 27:07.17	1:12.70	
400m: 9:09.09	800m: 18:41.75	1:11.96	1200m: 28:19.68	1:12.51	

Programmanr. 2  
23-01-2015 - 11:23

Heren, 800m vrije slag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
1.	Jeffrey Camphens	DWT	9:30.45	199503113	<b>9:19.85</b>	+0,77		
	50m: 29.44	29.44	250m: 2:46.30	35.04	450m: 5:07.96	35.72	650m: 7:32.99	36.56
	100m: 1:02.78	33.34	300m: 3:21.42	35.12	500m: 5:43.68	35.72	700m: 8:09.54	36.55
	150m: 1:37.06	34.28	350m: 3:56.66	35.24	550m: 6:20.09	36.41	750m: 8:46.16	36.62
	200m: 2:11.26	34.20	400m: 4:32.24	35.58	600m: 6:56.43	36.34	800m: 9:19.85	33.69
2.	Maik Steenkamp	Montferland	9:35.58	199103847	<b>10:16.69</b>	+0,76		
	50m: 31.97	31.97	250m: 3:02.45	38.93	450m: 5:40.60	40.12	650m: 8:22.08	40.52
	100m: 1:08.24	36.27	300m: 3:41.37	38.92	500m: 6:20.76	40.16	700m: 9:02.38	40.30
	150m: 1:45.53	37.29	350m: 4:20.73	39.36	550m: 7:00.82	40.06	750m: 9:41.03	38.65
	200m: 2:23.52	37.99	400m: 5:00.48	39.75	600m: 7:41.56	40.74	800m: 10:16.69	35.66
3.	Danny Vochteloo	ZZG De Boskickers	12:32.75	199207251	<b>12:44.66</b>	+1,16		
	50m: 42.20	42.20	250m: 3:49.27	48.08	450m: 7:05.85	50.15	650m: 10:23.15	48.89
	100m: 1:27.02	44.82	300m: 4:37.40	48.13	500m: 7:55.27	49.42	700m: 11:11.78	48.63
	150m: 2:13.63	46.61	350m: 5:26.34	48.94	550m: 8:44.58	49.31	750m: 11:59.63	47.85
	200m: 3:01.19	47.56	400m: 6:15.70	49.36	600m: 9:34.26	49.68	800m: 12:44.66	45.03
1.	Wessel Everloo <i>NR Gehandicapt</i>	De Veene	9:16.22	198906597	S14	<b>9:10.36</b>	+0,93	
	50m: 30.80	30.80	250m: 2:50.13	35.70	450m: 5:10.33	34.52	650m: 7:30.77	36.15
	100m: 1:05.06	34.26	300m: 3:26.10	35.97	500m: 5:46.41	36.08	700m: 8:03.53	32.76
	150m: 1:39.54	34.48	350m: 4:00.19	34.09	550m: 6:20.01	33.60	750m: 8:38.46	34.93
	200m: 2:14.43	34.89	400m: 4:35.81	35.62	600m: 6:54.62	34.61	800m: 9:10.36	31.90
2.	Tim Bunnik	Triton	9:20.38	199000505		<b>9:25.22</b>	+0,88	
	50m: 30.18	30.18	250m: 2:52.67	36.37	450m: 5:17.86	36.51	650m: 7:40.47	36.03
	100m: 1:04.94	34.76	300m: 3:28.71	36.04	500m: 5:53.05	35.19	700m: 8:16.37	35.90
	150m: 1:40.46	35.52	350m: 4:05.29	36.58	550m: 6:28.28	35.23	750m: 8:51.33	34.96
	200m: 2:16.30	35.84	400m: 4:41.35	36.06	600m: 7:04.44	36.16	800m: 9:25.22	33.89
3.	Wesley van Diejen	PSV	10:38.94	198604551		<b>10:22.84</b>	+0,82	
	50m: 30.83	30.83	250m: 3:00.88	39.19	450m: 5:39.25	40.08	650m: 8:21.35	40.99
	100m: 1:05.89	35.06	300m: 3:40.15	39.27	500m: 6:19.35	40.10	700m: 9:03.02	41.67
	150m: 1:43.14	37.25	350m: 4:19.28	39.13	550m: 7:00.08	40.73	750m: 9:43.77	40.75
	200m: 2:21.69	38.55	400m: 4:59.17	39.89	600m: 7:40.36	40.28	800m: 10:22.84	39.07



Programmanr. 2, Heren, 800m vrije slag

Masters 30+

1. Erik Schröder	TriVia	8:47.52	198402025	<b>8:41.70</b>	+0,92
<i>Nederlands Masters Record</i>					
50m: 28.74	28.74	250m: 2:39.09	33.17	450m: 4:51.56	33.07
100m: 1:00.36	31.62	300m: 3:12.32	33.23	500m: 5:24.84	33.28
150m: 1:32.82	32.46	350m: 3:45.41	33.09	550m: 5:58.12	33.28
200m: 2:05.92	33.10	400m: 4:18.49	33.08	600m: 6:31.31	33.19
650m: 7:04.39	33.08	700m: 7:37.51	33.12	750m: 8:10.46	32.95
800m: 8:41.70	31.24				
2. Emiel Huisken	ZPC De Hof	9:09.24	198501139	<b>9:07.40</b>	+0,83
50m: 29.88	29.88	250m: 2:42.36	33.37	450m: 5:00.22	35.14
100m: 1:02.61	32.73	300m: 3:16.23	33.87	500m: 5:35.44	35.22
150m: 1:35.87	33.26	350m: 3:50.56	34.33	550m: 6:10.71	35.27
200m: 2:08.99	33.12	400m: 4:25.08	34.52	600m: 6:46.40	35.69
650m: 7:22.30	35.90	700m: 7:57.71	35.41	750m: 8:33.26	35.55
800m: 9:07.40	34.14				
3. Kristiaan Lenos	LZ 1886	8:56.84	198301331	<b>9:15.13</b>	+0,85
50m: 29.07	29.07	250m: 2:40.36	33.43	450m: 5:00.45	35.76
100m: 1:01.18	32.11	300m: 3:14.64	34.28	500m: 5:36.18	35.73
150m: 1:33.82	32.64	350m: 3:49.52	34.88	550m: 6:12.32	36.14
200m: 2:06.93	33.11	400m: 4:24.69	35.17	600m: 6:48.96	36.64
650m: 7:25.21	36.25	700m: 8:01.74	36.53	750m: 8:38.99	37.25
800m: 9:15.13	36.14				
4. Marcel Reefhuis	WS Twente	9:35.47	198101381	<b>9:25.12</b>	+0,51
50m: 31.15	31.15	250m: 2:52.63	36.06	450m: 5:15.97	35.78
100m: 1:05.48	34.33	300m: 3:28.50	35.87	500m: 5:51.55	35.58
150m: 1:40.91	35.43	350m: 4:04.58	36.08	550m: 6:27.80	36.25
200m: 2:16.57	35.66	400m: 4:40.19	35.61	600m: 7:04.12	36.32
650m: 7:40.41	36.29	700m: 8:16.63	36.22	750m: 8:52.41	35.78
800m: 9:25.12	32.71				
5. Hans Cligge	AZ&PC De Futen	12:27.18	198100315	<b>12:28.06</b>	+0,86
<i>400m*</i>					
50m: 34.98	34.98	250m: 3:32.90	46.49	450m: 6:45.05	49.38
100m: 1:15.38	40.40	300m: 4:20.83	47.93	500m: 7:35.11	50.06
150m: 1:59.88	44.50	350m: 5:07.61	46.78	550m: 8:24.03	48.92
200m: 2:46.41	46.53	400m: 5:55.67	48.06	600m: 9:14.39	50.36
650m: 10:04.62	50.23	700m: 10:55.05	50.43	750m: 11:42.06	47.01
800m: 12:28.06	46.00				
6. Remco Veerkamp	Zuiderzeewimmers	12:56.32	198102311	<b>12:36.61</b>	
50m: 37.68	37.68	250m: 3:41.19	47.78	450m: 6:57.48	48.98
100m: 1:20.65	42.97	300m: 4:30.48	49.29	500m: 7:46.55	49.07
150m: 2:06.62	45.97	350m: 5:19.25	48.77	550m: 8:35.27	48.72
200m: 2:53.41	46.79	400m: 6:08.50	49.25	600m: 9:24.10	48.83
650m: 10:12.81	48.71	700m: 11:02.08	49.27	750m: 11:51.29	49.21
800m: 12:36.61	45.32				

Masters 35+

1. Egbert Stolk	d'ELFT	9:06.95	197600889	<b>9:09.40</b>	+0,78
50m: 30.59	30.59	250m: 2:47.34	34.58	450m: 5:07.05	35.21
100m: 1:04.11	33.52	300m: 3:22.05	34.71	500m: 5:42.15	35.10
150m: 1:38.15	34.04	350m: 3:56.69	34.64	550m: 6:17.69	35.54
200m: 2:12.76	34.61	400m: 4:31.84	35.15	600m: 6:52.70	35.01
650m: 7:27.56	34.86	700m: 8:02.05	34.49	750m: 8:36.52	34.47
800m: 9:09.40	32.88				
2. Freddie Geerlings	HGN (SG)	10:00.76	197900379	<b>9:55.89</b>	+0,91
50m: 33.12	33.12	250m: 3:00.97	37.11	450m: 5:28.41	37.12
100m: 1:09.72	36.60	300m: 3:38.09	37.12	500m: 6:05.61	37.20
150m: 1:46.83	37.11	350m: 4:14.76	36.67	550m: 6:43.76	38.15
200m: 2:23.86	37.03	400m: 4:51.29	36.53	600m: 7:22.02	38.26
650m: 8:00.61	38.59	700m: 8:40.13	39.52	750m: 9:19.06	38.93
800m: 9:55.89	36.83				
3. Jeroen Vogelsang	DAW	9:53.75	198001645	<b>10:17.03</b>	+0,89
50m: 32.04	32.04	250m: 2:58.82	37.85	450m: 5:35.99	39.15
100m: 1:07.44	35.40	300m: 3:38.18	39.36	500m: 6:16.13	40.14
150m: 1:43.64	36.20	350m: 4:17.37	39.19	550m: 6:56.70	40.57
200m: 2:20.97	37.33	400m: 4:56.84	39.47	600m: 7:37.65	40.95
650m: 8:19.03	41.38	700m: 8:59.47	40.44	750m: 9:39.75	40.28
800m: 10:17.03	37.28				
4. Raymond Oosterbaan	WIDEX GZC DONK	10:47.48	197700711	<b>10:31.44</b>	+1,06
50m: 32.60	32.60	250m: 3:07.08	39.77	450m: 5:48.31	40.71
100m: 1:09.40	36.80	300m: 3:46.85	39.77	500m: 6:29.40	41.09
150m: 1:48.10	38.70	350m: 4:27.49	40.64	550m: 7:10.73	41.33
200m: 2:27.31	39.21	400m: 5:07.60	40.11	600m: 7:52.05	41.32
650m: 8:33.30	41.25	700m: 9:13.95	40.65	750m: 9:53.61	39.66
800m: 10:31.44	37.83				
5. Peter Eshuis	DBD	10:57.82	198000375	<b>10:47.07</b>	+0,92
50m: 33.22	33.22	250m: 3:11.03	40.00	450m: 5:55.50	41.33
100m: 1:11.42	38.20	300m: 3:51.78	40.75	500m: 6:36.92	41.42
150m: 1:50.82	39.40	350m: 4:32.73	40.95	550m: 7:18.72	41.80
200m: 2:31.03	40.21	400m: 5:14.17	41.44	600m: 8:01.17	42.45
650m: 8:43.47	42.30	700m: 9:25.96	42.49	750m: 10:07.46	41.50
800m: 10:47.07	39.61				
6. Okko de Haas	ZV De Bron	11:12.88	197801593	<b>10:53.16</b>	+0,86
50m: 35.31	35.31	250m: 3:17.08	40.67	450m: 6:04.06	41.56
100m: 1:15.02	39.71	300m: 3:58.93	41.85	500m: 6:45.50	41.44
150m: 1:55.57	40.55	350m: 4:40.80	41.87	550m: 7:27.13	41.63
200m: 2:36.41	40.84	400m: 5:22.50	41.70	600m: 8:08.54	41.41
650m: 8:50.54	42.00	700m: 9:31.97	41.43	750m: 10:12.79	40.82
800m: 10:53.16	40.37				



Open Nederlandse Masters Kampioenschappen 2015 korte baan  
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Programmanr. 2, Heren, 800m vrije slag

Masters 40+

1. Erwin Zuidervelt	AZ&PC De Futen	10:38.05	197501015	<b>10:36.59</b>	+0,77
50m: 33.63	33.63	250m: 3:08.20	39.58	450m: 5:48.25	40.00
100m: 1:10.81	37.18	300m: 3:47.74	39.54	500m: 6:29.03	40.78
150m: 1:49.43	38.62	350m: 4:27.73	39.99	550m: 7:10.33	41.30
200m: 2:28.62	39.19	400m: 5:08.25	40.52	600m: 7:51.75	41.42
650m: 8:34.07	42.32	700m: 9:16.28	42.21	750m: 9:58.34	42.06
800m: 10:36.59	38.25				
2. Kasper van den Berghe	Swol 1894	10:54.74	197301125	<b>10:50.24</b>	+0,73
50m: 35.21	35.21	250m: 3:14.44	40.69	450m: 5:58.63	41.39
100m: 1:13.39	38.18	300m: 3:54.86	40.42	500m: 6:40.14	41.51
150m: 1:53.53	40.14	350m: 4:35.78	40.92	550m: 7:21.67	41.53
200m: 2:33.75	40.22	400m: 5:17.24	41.46	600m: 8:02.79	41.12
650m: 8:44.17	41.38	700m: 9:27.25	43.08	750m: 10:10.18	42.93
800m: 10:50.24	40.06				
3. Albert Roosenboom	Budel	11:48.24	197101599	<b>11:26.13</b>	+1,02
50m: 35.71	35.71	250m: 3:27.26	43.96	450m: 6:23.86	44.25
100m: 1:16.03	40.32	300m: 4:11.20	43.94	500m: 7:08.12	44.26
150m: 1:59.05	43.02	350m: 4:55.76	44.56	550m: 7:52.34	44.22
200m: 2:43.30	44.25	400m: 5:39.61	43.85	600m: 8:36.52	44.18
650m: 9:20.58	44.06	700m: 10:04.13	43.55	750m: 10:47.06	42.93
800m: 11:26.13	39.07				
4. Arjan Aalbers	Swol 1894	12:05.90	197500001	<b>11:30.37</b>	+0,93
50m: 35.15	35.15	250m: 3:22.01	43.69	450m: 6:17.97	44.59
100m: 1:14.85	39.70	300m: 4:05.75	43.74	500m: 7:02.23	44.26
150m: 1:55.89	41.04	350m: 4:49.15	43.40	550m: 7:46.71	44.48
200m: 2:38.32	42.43	400m: 5:33.38	44.23	600m: 8:31.88	45.17
650m: 9:16.85	44.97	700m: 10:02.38	45.53	750m: 10:47.81	45.43
800m: 11:30.37	42.56				
5. Sander Komen	ZV De Bron	12:53.35	197201507	<b>12:35.82</b>	+1,02
50m: 40.45	40.45	250m: 3:46.10	47.57	450m: 6:58.08	48.26
100m: 1:25.18	44.73	300m: 4:33.80	47.70	500m: 7:46.09	48.01
150m: 2:11.52	46.34	350m: 5:21.90	48.10	550m: 8:34.63	48.54
200m: 2:58.53	47.01	400m: 6:09.82	47.92	600m: 9:23.38	48.75
650m: 10:12.40	49.02	700m: 11:00.98	48.58	750m: 11:49.69	48.71
800m: 12:35.82	46.13				

Masters 45+

1. Arjan Bellaart	Oceanus	9:45.55	196900079	<b>9:43.16</b>	+0,68
50m: 31.37	31.37	250m: 2:54.86	36.29	450m: 5:22.66	37.02
100m: 1:06.96	35.59	300m: 3:31.64	36.78	500m: 5:59.90	37.24
150m: 1:42.48	35.52	350m: 4:08.50	36.86	550m: 6:36.97	37.07
200m: 2:18.57	36.09	400m: 4:45.64	37.14	600m: 7:14.37	37.40
650m: 7:51.80	37.43	700m: 8:29.05	37.25	750m: 9:06.47	37.42
800m: 9:43.16	36.69				
2. Peter van Grootheest	ZPC Hatto Heim	10:15.36	197000375	<b>10:08.42</b>	
50m: 33.89	33.89	250m: 3:05.86	38.49	450m: 5:40.07	38.77
100m: 1:11.43	37.54	300m: 3:44.35	38.49	500m: 6:18.67	38.60
150m: 1:49.17	37.74	350m: 4:22.73	38.38	550m: 6:57.16	38.49
200m: 2:27.37	38.20	400m: 5:01.30	38.57	600m: 7:35.77	38.61
650m: 8:14.41	38.64	700m: 8:52.91	38.50	750m: 9:31.27	38.36
800m: 10:08.42	37.15				
3. Konstantin Sklyar	TG Lage 1862	10:50.91	321129	<b>10:12.87</b>	+0,92
50m: 34.66	34.66	250m: 3:08.59	38.77	450m: 5:44.48	38.92
100m: 1:12.62	37.96	300m: 3:47.49	38.90	500m: 6:23.39	38.91
150m: 1:51.14	38.52	350m: 4:26.74	39.25	550m: 7:02.06	38.67
200m: 2:29.82	38.68	400m: 5:05.56	38.82	600m: 7:40.72	38.66
650m: 8:19.00	38.28	700m: 8:57.35	38.35	750m: 9:36.03	38.68
800m: 10:12.87	36.84				
4. Gerko Versluis	Zuiderzeewemmers	11:19.00	196901439	<b>11:14.38</b>	+1,08
50m: 36.56	36.56	250m: 3:19.59	41.99	450m: 6:09.58	43.06
100m: 1:16.00	39.44	300m: 4:01.61	42.02	500m: 6:53.48	43.90
150m: 1:56.46	40.46	350m: 4:43.64	42.03	550m: 7:36.78	43.30
200m: 2:37.60	41.14	400m: 5:26.52	42.88	600m: 8:20.81	44.03
650m: 9:04.47	43.66	700m: 9:48.83	44.36	750m: 10:32.86	44.03
800m: 11:14.38	41.52				
5. Ramon Alsina Munoz	CNSW	11:37.56	CNSW/608/69	<b>11:25.00</b>	+1,00
50m: 38.31	38.31	250m: 3:26.28	42.35	450m: 6:18.47	43.60
100m: 1:20.02	41.71	300m: 4:08.98	42.70	500m: 7:01.50	43.03
150m: 2:01.64	41.62	350m: 4:51.76	42.78	550m: 7:45.39	43.89
200m: 2:43.93	42.29	400m: 5:34.87	43.11	600m: 8:28.98	43.59
650m: 9:12.78	43.80	700m: 9:56.76	43.98	750m: 10:40.81	44.05
800m: 11:25.00	44.19				
6. Harald Mulder	Zoetermeer	11:52.14	196701459	<b>12:08.02</b>	+1,01
50m: 41.31	41.31	250m: 3:45.33	45.84	450m: 6:50.50	46.17
100m: 1:26.84	45.53	300m: 4:31.51	46.18	500m: 7:36.33	45.83
150m: 2:13.12	46.28	350m: 5:17.73	46.22	550m: 8:22.56	46.23
200m: 2:59.49	46.37	400m: 6:04.33	46.60	600m: 9:08.41	45.85
650m: 9:53.61	45.20	700m: 10:39.74	46.13	750m: 11:25.12	45.38
800m: 12:08.02	42.90				
7. Marcel Brittijn	De Duinkickers	12:37.61	196900159	<b>12:37.83</b>	+0,86
50m: 37.63	37.63	250m: 3:39.79	47.06	450m: 6:55.30	48.98
100m: 1:20.65	43.02	300m: 4:28.17	48.38	500m: 7:44.82	49.52
150m: 2:06.23	45.58	350m: 5:17.14	48.97	550m: 8:35.58	50.76
200m: 2:52.73	46.50	400m: 6:06.32	49.18	600m: 9:26.72	51.14
650m: 10:17.12	50.40	700m: 11:07.26	50.14	750m: 11:55.96	48.70
800m: 12:37.83	41.87				
8. Arnold Jonker	HZ&PC Heerenveen	13:16.71	197000529	<b>13:02.28</b>	+1,07
50m: 44.01	44.01	250m: 3:59.22	49.20	450m: 7:14.31	48.54
100m: 1:32.09	48.08	300m: 4:48.21	48.99	500m: 8:03.35	49.04
150m: 2:20.82	48.73	350m: 5:37.09	48.88	550m: 8:52.19	48.84
200m: 3:10.02	49.20	400m: 6:25.77	48.68	600m: 9:42.34	50.15
650m: 10:31.98	49.64	700m: 11:23.03	51.05	750m: 12:13.63	50.60
800m: 13:02.28	48.65				





Programmanr. 2, Heren, 800m vrije slag

Masters 50+

1.	Gustav van den Berg	TriVia	9:54.37	196100991	<b>9:57.58</b>	+1,02		
	50m: 34.37	34.37	250m: 3:03.67	37.65	450m: 5:34.82	37.95	650m: 8:07.25	38.17
	100m: 1:10.70	36.33	300m: 3:41.17	37.50	500m: 6:12.71	37.89	700m: 8:45.62	38.37
	150m: 1:48.21	37.51	350m: 4:18.93	37.76	550m: 6:50.85	38.14	750m: 9:23.25	37.63
	200m: 2:26.02	37.81	400m: 4:56.87	37.94	600m: 7:29.08	38.23	800m: 9:57.58	34.33
2.	Johan Neevel	Deltasteur	9:48.69	196501475	<b>9:57.94</b>	+0,79		
	50m: 33.43	33.43	250m: 3:02.36	37.41	450m: 5:34.15	38.16	650m: 8:07.03	38.17
	100m: 1:09.88	36.45	300m: 3:40.08	37.72	500m: 6:12.68	38.53	700m: 8:45.18	38.15
	150m: 1:47.22	37.34	350m: 4:18.03	37.95	550m: 6:50.35	37.67	750m: 9:22.73	37.55
	200m: 2:24.95	37.73	400m: 4:55.99	37.96	600m: 7:28.86	38.51	800m: 9:57.94	35.21
3.	Jan Smalheer	SCOM	11:47.33	196400701	<b>11:44.47</b>	+1,24		
	50m: 36.96	36.96	250m: 3:29.14	44.33	450m: 6:30.06	45.43	650m: 9:32.11	45.37
	100m: 1:18.59	41.63	300m: 4:13.79	44.65	500m: 7:15.72	45.66	700m: 10:17.21	45.10
	150m: 2:01.05	42.46	350m: 4:58.84	45.05	550m: 8:01.22	45.50	750m: 11:01.74	44.53
	200m: 2:44.81	43.76	400m: 5:44.63	45.79	600m: 8:46.74	45.52	800m: 11:44.47	42.73
4.	Casper Dollekamp	Steenwijk 1934	12:05.48	196301341	<b>11:46.53</b>	+0,87		
	50m: 36.89	36.89	250m: 3:32.44	44.75	450m: 6:34.50	46.47	650m: 9:36.22	45.61
	100m: 1:18.62	41.73	300m: 4:17.55	45.11	500m: 7:20.20	45.70	700m: 10:21.62	45.40
	150m: 2:02.95	44.33	350m: 5:02.66	45.11	550m: 8:05.25	45.05	750m: 11:06.45	44.83
	200m: 2:47.69	44.74	400m: 5:48.03	45.37	600m: 8:50.61	45.36	800m: 11:46.53	40.08
5.	Fred Dijkshoorn	Zwemvereniging Westland	11:50.93	196501539	<b>11:48.83</b>			
	50m: 38.26	38.26	250m: 3:35.96	45.96	450m: 6:38.88	45.74	650m: 9:39.17	44.06
	100m: 1:20.36	42.10	300m: 4:21.66	45.70	500m: 7:24.86	45.98	700m: 10:23.50	44.33
	150m: 2:04.92	44.56	350m: 5:07.55	45.89	550m: 8:10.45	45.59	750m: 11:07.74	44.24
	200m: 2:50.00	45.08	400m: 5:53.14	45.59	600m: 8:55.11	44.66	800m: 11:48.83	41.09
6.	Eric Tijms	OEZA	12:32.98	196401125	<b>12:20.34</b>	+1,03		
	50m: 37.37	37.37	250m: 3:34.93	46.42	450m: 6:45.56	47.70	650m: 9:58.29	48.41
	100m: 1:18.92	41.55	300m: 4:22.17	47.24	500m: 7:33.91	48.35	700m: 10:46.35	48.06
	150m: 2:03.19	44.27	350m: 5:10.92	48.75	550m: 8:21.65	47.74	750m: 11:34.20	47.85
	200m: 2:48.51	45.32	400m: 5:57.86	46.94	600m: 9:09.88	48.23	800m: 12:20.34	46.14
7.	Adri Pasman	Zuiderzeezwemmers	12:50.91	196400573	<b>12:59.64</b>	+1,18		
	50m: 42.23	42.23	250m: 3:55.91	49.34	450m: 7:12.78	49.05	650m: 10:30.79	50.26
	100m: 1:28.78	46.55	300m: 4:45.18	49.27	500m: 8:01.97	49.19	700m: 11:20.65	49.86
	150m: 2:16.91	48.13	350m: 5:34.57	49.39	550m: 8:51.16	49.19	750m: 12:10.38	49.73
	200m: 3:06.57	49.66	400m: 6:23.73	49.16	600m: 9:40.53	49.37	800m: 12:59.64	49.26
8.	Marco Schoenmakers	ZVVS	13:27.86	196401375	<b>13:40.18</b>	+0,96		
	50m: 43.20	43.20	250m: 4:05.64	52.00	450m: 7:36.62	52.28	650m: 11:07.50	52.33
	100m: 1:30.34	47.14	300m: 4:59.75	54.11	500m: 8:28.89	52.27	700m: 11:59.63	52.13
	150m: 2:22.21	51.87	350m: 5:50.95	51.20	550m: 9:22.25	53.36	750m: 12:51.83	52.20
	200m: 3:13.64	51.43	400m: 6:44.34	53.39	600m: 10:15.17	52.92	800m: 13:40.18	48.35

Masters 55+

1.	Richard Broer	PLONS	11:04.45	195900077	<b>10:43.90</b>			
	50m: 34.39	34.39	250m: 3:13.97	40.20	450m: 5:57.23	40.69	650m: 8:41.42	41.43
	100m: 1:12.59	38.20	300m: 3:55.03	41.06	500m: 6:37.97	40.74	700m: 9:23.33	41.91
	150m: 1:52.57	39.98	350m: 4:35.81	40.78	550m: 7:19.12	41.15	750m: 10:04.86	41.53
	200m: 2:33.77	41.20	400m: 5:16.54	40.73	600m: 7:59.99	40.87	800m: 10:43.90	39.04
2.	Marius Ros	ZCNF'34	10:27.13	195900779	<b>11:00.36</b>	+0,83		
	50m: 37.40	37.40	250m: 3:23.14	41.95	450m: 6:10.65	42.20	650m: 8:58.28	41.96
	100m: 1:18.62	41.22	300m: 4:05.03	41.89	500m: 6:53.07	42.42	700m: 9:40.00	41.72
	150m: 1:59.72	41.10	350m: 4:46.72	41.69	550m: 7:34.77	41.70	750m: 10:21.08	41.08
	200m: 2:41.19	41.47	400m: 5:28.45	41.73	600m: 8:16.32	41.55	800m: 11:00.36	39.28
3.	Willem Zwiers	AquAmigos	11:51.39	195800505	<b>11:23.78</b>	+0,89		
	50m: 37.71	37.71	250m: 3:25.66	43.36	450m: 6:23.12	44.83	650m: 9:20.30	42.97
	100m: 1:18.24	40.53	300m: 4:09.27	43.61	500m: 7:07.73	44.61	700m: 10:03.95	43.65
	150m: 1:59.87	41.63	350m: 4:53.99	44.72	550m: 7:52.98	45.25	750m: 10:44.15	40.20
	200m: 2:42.30	42.43	400m: 5:38.29	44.30	600m: 8:37.33	44.35	800m: 11:23.78	39.63
4.	Paul Bunnik	Triton	11:37.96	195600413	<b>11:29.29</b>	+0,99		
	50m: 35.00	35.00	250m: 3:22.27	43.66	450m: 6:19.08	44.23	650m: 9:19.22	45.03
	100m: 1:14.29	39.29	300m: 4:05.65	43.38	500m: 7:04.51	45.43	700m: 10:03.46	44.24
	150m: 1:56.09	41.80	350m: 4:50.48	44.83	550m: 7:49.54	45.03	750m: 10:48.55	45.09
	200m: 2:38.61	42.52	400m: 5:34.85	44.37	600m: 8:34.19	44.65	800m: 11:29.29	40.74
5.	Lex Hoogendam	MNC Dordrecht	11:53.76	195700541	<b>12:19.78</b>	+0,90		
	50m: 37.83	37.83	250m: 3:39.23	46.70	450m: 6:48.11	47.46	650m: 9:58.55	47.72
	100m: 1:21.53	43.70	300m: 4:26.10	46.87	500m: 7:35.42	47.31	700m: 10:45.83	47.28
	150m: 2:06.90	45.37	350m: 5:13.07	46.97	550m: 8:23.03	47.61	750m: 11:33.35	47.52
	200m: 2:52.53	45.63	400m: 6:00.65	47.58	600m: 9:10.83	47.80	800m: 12:19.78	46.43

Programmanr. 2, Heren, 800m vrije slag, Masters 55+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
6.	Dirk Crok	OEZA	12:58.61	195800547	<b>13:09.57</b>	+1,21		
	50m: 41.08	41.08	250m: 3:57.26	50.21	450m: 7:18.67	50.68	650m: 10:39.52	50.23
	100m: 1:27.93	46.85	300m: 4:47.31	50.05	500m: 8:08.97	50.30	700m: 11:29.99	50.47
	150m: 2:16.86	48.93	350m: 5:37.54	50.23	550m: 8:59.17	50.20	750m: 12:20.21	50.22
	200m: 3:07.05	50.19	400m: 6:27.99	50.45	600m: 9:49.29	50.12	800m: 13:09.57	49.36

Masters 60+

1.	Henk Slomp	De Pinquin	11:11.91	195500359	<b>11:22.02</b>	+0,84		
	50m: 36.01	36.01	250m: 3:25.25	43.00	450m: 6:20.84	44.02	650m: 9:16.57	43.39
	100m: 1:16.84	40.83	300m: 4:09.10	43.85	500m: 7:05.43	44.59	700m: 10:00.67	44.10
	150m: 1:59.15	42.31	350m: 4:52.79	43.69	550m: 7:49.47	44.04	750m: 10:42.61	41.94
	200m: 2:42.25	43.10	400m: 5:36.82	44.03	600m: 8:33.18	43.71	800m: 11:22.02	39.41
2.	Hilbert Prins	OEZA	12:33.79	195100223	<b>12:56.64</b>	+1,09		
	50m: 41.31	41.31	250m: 3:51.67	48.64	450m: 7:07.38	48.91	650m: 10:25.65	50.15
	100m: 1:27.36	46.05	300m: 4:40.33	48.66	500m: 7:56.28	48.90	700m: 11:16.22	50.57
	150m: 2:14.76	47.40	350m: 5:29.42	49.09	550m: 8:45.52	49.24	750m: 12:06.47	50.25
	200m: 3:03.03	48.27	400m: 6:18.47	49.05	600m: 9:35.50	49.98	800m: 12:56.64	50.17
3.	Jos Kamps	Zwemvereniging Hoogland	13:43.21	195100085	<b>13:24.55</b>	+1,29		
	50m: 41.57	41.57	250m: 3:55.27	50.56	450m: 7:22.51	52.60	650m: 10:55.08	52.85
	100m: 1:27.74	46.17	300m: 4:45.63	50.36	500m: 8:15.80	53.29	700m: 11:47.00	51.92
	150m: 2:15.01	47.27	350m: 5:37.62	51.99	550m: 9:09.15	53.35	750m: 12:38.66	51.66
	200m: 3:04.71	49.70	400m: 6:29.91	52.29	600m: 10:02.23	53.08	800m: 13:24.55	45.89

Masters 65+

1.	Wout Hemmes	De Plons	11:59.40	194800059	<b>11:56.16</b>	+0,95		
	50m: 38.29	38.29	250m: 3:34.23	44.51	450m: 6:33.88	45.28	650m: 9:38.11	46.41
	100m: 1:20.89	42.60	300m: 4:19.63	45.40	500m: 7:19.47	45.59	700m: 10:25.44	47.33
	150m: 2:05.23	44.34	350m: 5:04.47	44.84	550m: 8:05.13	45.66	750m: 11:11.50	46.06
	200m: 2:49.72	44.49	400m: 5:48.60	44.13	600m: 8:51.70	46.57	800m: 11:56.16	44.66
2.	Piet Schop	De Bevelanders	12:09.26	195000109	<b>12:43.70</b>	+0,55		
	50m: 39.40	39.40	250m: 3:43.87	46.33	450m: 6:57.36	48.98	650m: 10:16.66	52.35
	100m: 1:24.34	44.94	300m: 4:31.93	48.06	500m: 7:45.31	47.95	700m: 11:06.78	50.12
	150m: 2:10.60	46.26	350m: 5:20.14	48.21	550m: 8:34.79	49.48	750m: 11:56.32	49.54
	200m: 2:57.54	46.94	400m: 6:08.38	48.24	600m: 9:24.31	49.52	800m: 12:43.70	47.38
3.	Ludwig Lorenz	SV Gladbeck 13	13:35.04	127866	<b>13:21.63</b>	+1,06		
	50m: 47.17	47.17	250m: 4:12.40	51.19	450m: 7:33.84	50.20	650m: 10:55.38	50.52
	100m: 1:38.15	50.98	300m: 5:03.10	50.70	500m: 8:24.25	50.41	700m: 11:45.76	50.38
	150m: 2:29.87	51.72	350m: 5:53.14	50.04	550m: 9:14.39	50.14	750m: 12:35.46	49.70
	200m: 3:21.21	51.34	400m: 6:43.64	50.50	600m: 10:04.86	50.47	800m: 13:21.63	46.17
4.	Mar van Geel	Old Dutch	14:59.41	194700135	<b>15:22.40</b>	+1,19		
	50m: 48.39	48.39	250m: 4:34.17	59.16	450m: 8:32.98	59.38	650m: 12:30.75	59.02
	100m: 1:41.26	52.87	300m: 5:34.08	59.91	500m: 9:33.57	1:00.59	700m: 13:30.76	1:00.01
	150m: 2:36.89	55.63	350m: 6:33.48	59.40	550m: 10:33.00	59.43	750m: 14:26.93	56.17
	200m: 3:35.01	58.12	400m: 7:33.60	1:00.12	600m: 11:31.73	58.73	800m: 15:22.40	55.47

Masters 70+

1.	Rob Hanou	PSV	13:03.66	194300109	<b>13:37.94</b>	+1,11		
	50m: 44.26	44.26	250m: 4:08.65	51.89	450m: 7:38.49	52.77	650m: 11:06.54	51.59
	100m: 1:33.77	49.51	300m: 5:00.80	52.15	500m: 8:30.63	52.14	700m: 11:58.42	51.88
	150m: 2:25.71	51.94	350m: 5:53.54	52.74	550m: 9:22.68	52.05	750m: 12:49.82	51.40
	200m: 3:16.76	51.05	400m: 6:45.72	52.18	600m: 10:14.95	52.27	800m: 13:37.94	48.12
2.	Geza Kaltenecker	AZC	14:02.64	194200065	<b>14:10.12</b>			
	50m: 43.03	43.03	250m: 4:11.88	53.32	450m: 7:50.17	55.03	650m: 11:31.52	53.91
	100m: 1:32.66	49.63	300m: 5:05.51	53.63	500m: 8:46.31	56.14	700m: 12:27.38	55.86
	150m: 2:26.50	53.84	350m: 5:59.81	54.30	550m: 9:42.51	56.20	750m: 13:20.49	53.11
	200m: 3:18.56	52.06	400m: 6:55.14	55.33	600m: 10:37.61	55.10	800m: 14:10.12	49.63

Masters 75+

1.	Frederik H. de Bruijn	CN Aquamasters	12:45.48	1938HEN	<b>13:05.70</b>	+1,25		
	<i>Kampioenschaps Record, Spanish Masters Record</i>							
	50m: 46.78	46.78	250m: 4:01.72	49.56	450m: 7:18.78	49.42	650m: 10:37.71	50.91
	100m: 1:34.40	47.62	300m: 4:51.03	49.31	500m: 8:07.89	49.11	700m: 11:27.67	49.96
	150m: 2:23.23	48.83	350m: 5:40.35	49.32	550m: 8:57.19	49.30	750m: 12:18.29	50.62
	200m: 3:12.16	48.93	400m: 6:29.36	49.01	600m: 9:46.80	49.61	800m: 13:05.70	47.41



Programmanr. 2, Heren, 800m vrije slag, Masters 75+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT						
2.	Frans van Enst	WS Twente	13:22.49	194000011	<b>13:34.35</b>	+1,05						
	50m:	42.27	250m:	4:08.47	52.37	450m:	7:36.86	52.11	650m:	11:04.37	51.01	
	100m:	1:32.16	49.89	300m:	5:00.38	51.91	500m:	8:29.33	52.47	700m:	11:56.37	52.00
	150m:	2:24.37	52.21	350m:	5:52.93	52.55	550m:	9:21.65	52.32	750m:	12:47.69	51.32
	200m:	3:16.10	51.73	400m:	6:44.75	51.82	600m:	10:13.36	51.71	800m:	13:34.35	46.66



2 - ONMK 2015 kb sessie 2

23-01-2015 - 14:00

Programmanr. 3  
23-01-2015 - 14:00

4 x 200m vrije slag

Masters Open  
Resultaten

rang	vereniging	inschrijftijd						tijd	RT
<b>100+, Dames</b>									
1.	De Meer	9:56.75						<b>10:33.91</b>	+0,73
	Chantal van der Horst	94	+0,73	32.42	1:07.62	1:44.35	2:21.52	2:21.52	
	Lindsey Hol	90	+0,70	36.57	1:17.37	2:00.26	2:41.99	2:41.99	
	Eline van Gemert	95	+0,36	36.22	1:17.20	1:59.24	2:39.27	2:39.27	
	Nadège van Meeteren	74	+0,81	39.80	1:23.31	2:06.68	2:51.13	2:51.13	
<b>100+, Heren</b>									
1.	MGO (SG)	9:09.73						<b>9:05.99</b>	+0,71
	Coen van der Wekken	92	+0,71	30.92	1:05.79	1:42.34	2:17.99	2:17.99	
	Frank van der Voordt	83	+0,60	31.73	1:06.36	1:42.00	2:17.58	2:17.58	
	Martijn van Hoorn	89	+0,69	30.89	1:05.11	1:42.36	2:18.39	2:18.39	
	Niels Albrechts	88	+0,26	30.17	1:03.87	1:38.34	2:12.03	2:12.03	
AFGEM	De Veene 1	8:57.28							
<b>120+, Dames</b>									
1.	HZ&PC Heerenveen	10:40.00						<b>10:35.32</b>	+1,03
	Peggi Hurenkamp	69	+1,03	37.10	1:18.93	2:02.58	2:45.02	2:45.02	
	Karin van Dijk	86	+0,52	33.88	1:12.74	1:53.04	2:33.31	2:33.31	
	Lizette van der Vegt	79	+0,67	33.55	1:11.67	1:51.51	2:30.52	2:30.52	
	Jannie Vennik	76	+0,65	37.78	1:20.30	2:04.07	2:46.47	2:46.47	
<b>120+, Heren</b>									
1.	ZPC De Hof	8:19.89						<b>8:21.26</b>	+0,75
	<i>Nederlands Masters Record</i>								
	Pieter Pickhardt	83	+0,75	28.33	59.84	1:32.25	2:04.40	2:04.40	
	Jean-Phillippe Paap	70	+0,55	30.91	1:04.42	1:39.34	2:14.49	2:14.49	
	Richard Huisken	85	+0,40	26.67	56.71	1:28.49	2:00.24	2:00.24	
	Emiel Huisken	85	+0,42	27.31	57.94	1:30.30	2:02.13	2:02.13	
2.	Steenwijk 1934	9:14.96						<b>9:02.56</b>	+0,81
	Mike Koelewijn	93	+0,81	31.02	1:05.20	1:39.76	2:12.34	2:12.34	
	Dick Huisman	75	+0,70	35.56	1:16.01	1:58.61	2:40.06	2:40.06	
	Lauren Vis	82	+0,13	27.12	58.76	1:30.80	2:03.01	2:03.01	
	Rick Driezen	86	+0,42	28.85	1:00.22	1:33.21	2:07.15	2:07.15	
3.	Sassenheim	9:07.55						<b>9:21.46</b>	+0,90
	Rene d Bruin	71	+0,90	32.09	1:07.44	1:44.34	2:21.29	2:21.29	
	Donald van Leeuwen	72	+0,52	31.48	1:07.46	1:45.86	2:25.03	2:25.03	
	Arjan Buijsse	79	+0,58	30.82	1:05.34	1:41.35	2:17.66	2:17.66	
	Walter Eikelenboom	84	+0,41	30.01	1:05.52	1:41.34	2:17.48	2:17.48	
<b>160+, Dames</b>									
1.	Oceanus	10:26.36						<b>10:29.34</b>	+0,85
	Margriet Grove-Lingeman	62	+0,85	35.65	1:15.95	1:57.61	2:39.16	2:39.16	
	Margreet van der Pol	66	+0,70	37.52	1:19.50	2:03.37	2:44.63	2:44.63	
	Laura Staal	67	+0,48	35.39	1:14.38	1:55.20	2:35.81	2:35.81	
	Annette de Visser	71	+0,60	33.86	1:11.05	1:50.56	2:29.74	2:29.74	
2.	DWK	11:25.95						<b>11:38.97</b>	+0,81
	Greta Wyma-Teitsma	71	+0,81	40.30	1:26.29	2:14.79	3:04.60	3:04.60	
	Jennie Resink-lindeboom	60	+0,36	41.81	1:28.01	2:16.18	3:02.20	3:02.20	
	Iris van Aurich	69	+0,32	36.83	1:19.77	2:03.65	2:46.47	2:46.47	
	Liesbeth van Mill	87	+0,69	37.90	1:20.43	2:03.60	2:45.70	2:45.70	

Programmanr. 3, 4 x 200m vrije slag

160+, Heren

1.	Upstream Amsterdam 1 <i>Kampioenschaps Record</i>	Upstream Amsterdam		9:00.00				<b>9:00.34</b>	+0,94
	Peter van Vuuren	60	+0,94	32.19	1:09.06	1:47.46	2:24.87	2:24.87	
	Edwin van der Meulen	81	+0,47	31.57	1:07.08	1:42.64	2:19.67	2:19.67	
	Jeroen Zelsmann	77	+0,38	27.72	1:00.65	1:35.29	2:09.01	2:09.01	
	Dennis Schouten	75	+0,27	28.88	1:01.27	1:34.08	2:06.79	2:06.79	
2.	De Gelsenberg 1	De Gelsenberg		9:12.00				<b>9:01.90</b>	
	Harold Brouwer	72		32.42	1:09.19	1:47.83	2:26.21	2:26.21	
	John Cobussen	75		28.77	1:00.74	1:35.22	2:11.12	2:11.12	
	Erik Lamers	75	+0,37	30.63	1:05.16	1:40.79	2:16.73	2:16.73	
	Geert Wijn	67		29.08	1:01.79	1:34.78	2:07.84	2:07.84	
3.	De Roersoppers 1	De Roersoppers		9:03.51				<b>9:02.18</b>	+0,83
	Charles Bos	53	+0,83	33.25	1:10.27	1:49.20	2:26.79	2:26.79	
	Remco de Veen	89	+0,55	27.86	59.19	1:31.44	2:03.93	2:03.93	
	Arno Schrauwen	65	+0,18	31.43	1:07.28	1:43.94	2:22.24	2:22.24	
	Ralf Tillmans	85	+0,41	28.31	1:00.85	1:35.29	2:09.22	2:09.22	
4.	Takas 1 <i>Lithuanian Masters Record</i>	Takas		9:48.00				<b>9:33.60</b>	+0,74
	Anvydas Burinskas	69	+0,74	32.32	1:07.88	1:44.49	2:20.10	2:20.10	
	Arturas Tuomas	61	+0,37	33.81	1:10.23	1:47.64	2:25.71	2:25.71	
	Arlandas Juodeska	61	+0,51	34.72	1:14.51	1:55.66	2:37.51	2:37.51	
	Pavel Protasciuk	79	+0,56	29.34	1:00.99	1:34.64	2:10.28	2:10.28	
5.	AZ&PC De Futen 1	AZ&PC De Futen		9:59.00				<b>9:46.57</b>	+0,78
	Mike Hereijgers	85	+0,78	30.92	1:05.17	1:41.06	2:17.35	2:17.35	
	Yoshihiro Yasumi	49	+0,52	39.22	1:23.42	2:10.45	2:55.89	2:55.89	
	Erwin Zuidervelt	75	+0,50	30.93	1:06.19	1:42.72	2:18.77	2:18.77	
	Arnold de Rover	64	+0,35	30.71	1:04.46	1:39.23	2:14.56	2:14.56	
6.	HZ&PC Heerenveen 3	HZ&PC Heerenveen		11:07.89				<b>11:11.88</b>	+0,92
	Pieter Ponne	76	+0,92	37.62	1:20.83	2:09.15	3:00.18	3:00.18	
	Gerard Eghuizen	74	+0,36	30.80	1:07.97	1:49.40	2:30.62	2:30.62	
	David van Wier	68	+0,30	36.28	1:17.55	2:01.15	2:45.14	2:45.14	
	Arnold Jonker	70	+0,56	37.23	1:21.21	2:08.71	2:55.94	2:55.94	

160+, Gemengd

1.	PLONS 1 <i>Kampioenschaps Record</i>	PLONS		10:32.00				<b>10:13.58</b>	
	Gabi Vink	84		40.38	1:24.92	2:11.06	2:57.26	2:57.26	
	Inge Wolfs	60		36.07	1:16.83	1:59.63	2:43.80	2:43.80	
	Richard Broer	59		32.16	1:09.21	1:48.21	2:26.23	2:26.23	
	Bart Groenemans	82	+0,24	29.04	1:00.68	1:33.53	2:06.29	2:06.29	
2.	Steenwijk 1934 1	Steenwijk 1934		10:23.44				<b>10:20.65</b>	+0,94
	Huyb Stegeman	67	+0,94	33.42	1:11.27	1:51.20	2:31.55	2:31.55	
	Wilna Heijman	64	+0,43	35.46	1:14.75	1:55.54	2:35.71	2:35.71	
	Casper Dollekamp	63	+0,51	34.13	1:12.95	1:54.48	2:33.45	2:33.45	
	Lonneke Oenema	91	+0,59	34.82	1:15.00	1:57.81	2:39.94	2:39.94	
3.	HZ&PC Heerenveen 2	HZ&PC Heerenveen		10:44.00				<b>10:53.71</b>	+0,78
	René Beetsma	69	+0,78	30.37	1:03.84	1:38.65	2:14.52	2:14.52	
	Pia van der Molen	60		37.89	1:22.69	2:12.96	3:07.50	3:07.50	
	Jan van der Heide	51	+0,68	42.03	1:29.78	2:21.57	3:12.13	3:12.13	
	Fraukje Puts	92	+0,74	32.97	1:08.78	1:44.14	2:19.56	2:19.56	
4.	DAW 1	DAW		10:55.80				<b>10:57.15</b>	+0,92
	Jeroen Vogelsang	80	+0,92	30.91	1:05.21	1:42.37	2:19.40	2:19.40	
	Mieke Strijbis-v.d.Kroft	45	+0,68	53.15	1:48.39	2:47.82	3:47.71	3:47.71	
	Agnes van Brug	80		32.15	1:12.30	1:54.46	2:34.96	2:34.96	
	Rene de Boer	64	+0,48	31.21	1:05.49	1:40.64	2:15.08	2:15.08	
5.	De Spatters 1	De Spatters		11:09.32				<b>11:03.38</b>	+0,81
	Roelien Speelman-Tigelaar	66	+0,81	38.13	1:20.88	2:06.17	2:51.91	2:51.91	
	René Speelman	66	+0,32	37.10	1:17.66	2:00.86	2:46.83	2:46.83	
	Roelof Broekman	68	+0,22	34.76	1:15.71	1:58.90	2:40.95	2:40.95	
	Yvette Nota-Peters	87	+0,37	36.87	1:19.57	2:03.06	2:43.69	2:43.69	
6.	Den Doorn 1	Den Doorn		11:33.93				<b>11:58.52</b>	+0,72
	Wouter van der Stelt	72	+0,72	34.01	1:12.34	1:52.76	2:33.97	2:33.97	
	Ineke Branderhorst	69	+0,46	47.38	1:45.60	2:44.95	3:47.96	3:47.96	
	Antoinette Kant	69	+0,48	37.09	1:20.20	2:09.55	2:58.88	2:58.88	
	Nico Swart	68		33.87	1:14.27	1:56.68	2:37.71	2:37.71	



Open Nederlandse Masters Kampioenschappen 2015 korte baan  
Heerenveen, 23-25 januari 2015



Programmanr. 3, 4 x 200m vrije slag

200+, Dames

1. Swol 1894 1	Swol 1894		11:40.00				<b>11:55.23</b>
Bea Swijnenberg	49		41.79	1:29.00	2:18.25	3:05.68	3:05.68
Christien Nieuwenhuis	51	+0.48	36.84	1:20.34	2:05.53	2:50.35	2:50.35
Marjan Spoelstra	60	+0.33	41.58	1:28.59	2:16.71	3:02.69	3:02.69
Annet Kootstra	71	+0.59	39.98	1:24.36	2:10.39	2:56.51	2:56.51

200+, Heren

1. RZ 1	RZ		9:40.72				<b>9:26.19</b>
<i>Nederlands Masters Record</i>							
Ralph Caster	61		32.70	1:08.47	1:46.54	2:25.91	2:25.91
Frank Rietbroek	64	+0.55	30.77	1:05.44	1:41.59	2:17.08	2:17.08
Mark van Wingerden	70	+0.50	32.07	1:09.19	1:49.59	2:31.01	2:31.01
Bert Schlicher	64		30.73	1:04.69	1:38.52	2:12.19	2:12.19
2. WS Twente 1	WS Twente		10:52.70				<b>10:51.98</b> +0,97
Jack Barends	62	+0,97	35.47	1:15.83	1:58.19	2:39.39	2:39.39
Joop Weenink	68	+0,67	37.08	1:19.08	2:03.68	2:50.38	2:50.38
Jan Willem Heuten	60	+0,33	36.27	1:16.34	2:00.76	2:41.73	2:41.73
Bart van Calker	61	+0,46	37.48	1:17.37	1:59.33	2:40.48	2:40.48

240+, Gemengd

1. WS Twente 2	WS Twente		12:11.39				<b>12:43.16</b> +1,15
Herbert Katgert	59	+1,15	42.00	1:29.09	2:21.61	3:11.34	3:11.34
Frans van Enst	40	+0,30	39.68	1:28.35	2:19.10	3:09.10	3:09.10
Antoinette Gilding-Tussaud	50	+0,76	50.81	1:48.27	2:49.10	3:47.04	3:47.04
Jeannette Ruesink	63	+0,33	36.69	1:16.44	1:56.80	2:35.68	2:35.68

280+, Gemengd

1. PSV 1	PSV		11:57.54				<b>12:07.16</b> +0,77
<i>Nederlands Masters Record, startzwemmer NMR</i>							
Corrie Verhoeven	46	+0,77	40.56	1:27.45	2:16.04	3:03.57	3:03.57
Lottie Geurts	35	+0,77	47.18	1:39.06	2:33.33	3:23.98	3:23.98
Rob Hanou	43	+0,62	41.77	1:32.69	2:23.67	3:11.53	3:11.53
Brend Brevé	52	+0,12	33.11	1:11.30	1:50.87	2:28.08	2:28.08

Programmanr. 5  
23-01-2015 - 14:51

Dames, 50m vlinderslag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
<b>Masters 20+</b>						
1.	Marjolein Maris	De Houtrib	29.28	199400210	<b>29.53</b>	+0,65
2.	Zoë van der Aart	ZPCH	29.63	199503152	<b>29.74</b>	+0,81
3.	Carmen Seesing	NDD	31.45	199406220	<b>30.26</b>	+0,74
4.	Karin Groen	Nova	30.19	199502440	<b>30.31</b>	+0,71
5.	Karen Stolk	TriVia	30.26	199403950	<b>30.53</b>	+0,83
6.	Eva Engelen	NDD	30.98	199405514	<b>30.97</b>	+0,70
7.	Anouk van der Pliigt	ZOB'66	31.21	199303296	<b>31.33</b>	+0,66
8.	Chantal Meyerink	De Grunte	31.51	199105212	<b>32.03</b>	+0,80
9.	Karin Verbeek	Nautilus	31.25	199201848	<b>32.08</b>	+0,74
10.	Marloes van der Beek	ZVV	32.63	199401364	<b>32.43</b>	+0,85
11.	Rebecca Evers	ZOB'66	34.64	199207916	<b>33.90</b>	+0,71
12.	Jacqueline Schroer	DAW	34.36	199108490	<b>34.50</b>	+0,65
13.	Larissa Beernink	De Veene	35.20	199300050	<b>35.09</b>	+0,79
14.	Myrthe Talsma	De Golfbreker	34.38	199106844	<b>35.50</b>	+0,82
15.	Stephanie van Diepen	Noord Veluwe	34.89	199500972	<b>35.60</b>	+0,81
16.	Tara Keijzer	Steenwijk 1934	37.70	199108498	<b>35.73</b>	+0,65
17.	Ramona Noordermeer	ZVVS	36.95	199401746	<b>36.84</b>	+0,77
18.	Rebecca van Eeren	SCOM	34.73	199306910	<b>36.96</b>	+0,70
19.	Daphne Meijer	Montferland	38.12	199303850	<b>37.10</b>	+1,00



## Programmanr. 5, Dames, 50m vlinderslag

## Masters 25+

1.	Jacyntha Plat	De Golfbreker	31.01	199002956	<b>30.53</b>	+0,63
2.	Sabine Lina	ZPC Woerden	31.45	198902680	<b>31.59</b>	+0,74
3.	Nienke Veenstra	Swol 1894	32.16	198605198	<b>31.64</b>	+0,87
4.	Tamara Caspers	LZ 1886	33.54	199007272	<b>32.49</b>	+0,80
5.	Annelette Reefhuis-de Vries	WS Twente	32.31	198603908	<b>32.61</b>	+0,73
6.	Elles van Leeuwen	PSV	32.88	198602240	<b>32.87</b>	+0,87
7.	Auke de Lange	ZPC	36.17	198602226	<b>33.10</b>	+0,85
8.	Mandy Verbakel	ZPC Woerden	34.58	199003908	<b>33.99</b>	+0,81
9.	Selly Swieringa	Aqualero	34.42	199008320	<b>34.38</b>	
10.	Nienke van Stipriaan	PSV	33.29	198703970	<b>34.39</b>	+0,85
11.	Lindsey Hol	De Meer	34.30	199008088	<b>35.09</b>	+0,54
12.	Yvonne Jansen	De Spatters	43.07	198907468	<b>41.84</b>	+1,01

## Masters 30+

1.	Pauline Gouwens	DWK	28.36	198400790	<b>27.95</b>	+0,72
	<i>Nederlands Masters Record</i>					
2.	Ina Schaafsma	PLONS	32.35	198504152	<b>31.53</b>	+0,83
3.	Esther Versteeg	Van Vliet-Barracuda	31.50	198302112	<b>32.02</b>	+0,86
4.	Roos van Esch	d'ELFT	32.09	198200468	<b>32.08</b>	+0,81
5.	Miranda Pijnenburg	De Treffers	32.79	198301216	<b>32.34</b>	+0,87
6.	Sylvia Reijers	De Gelenberg	35.26	198201360	<b>32.82</b>	+0,87
7.	Wieke Bos	De Roersoppers	32.95	198200218	<b>33.12</b>	+0,84
8.	Ramona Linting	AZC	35.77	198301274	<b>33.35</b>	+0,74
9.	Sandra Pannekeet	DAW	32.84	198403458	<b>33.51</b>	+0,74
10.	Nathalie van Velzen	WZ&PC Purmerend	34.30	198502970	<b>33.52</b>	+0,79
11.	Bianca Paape	DAW	34.53	198502262	<b>34.40</b>	+0,80
12.	Emmy Slabbers	De Roersoppers	35.50	198101386	<b>35.22</b>	+0,93
13.	Johanna Schuitema	De Spatters	36.17	198102232	<b>36.32</b>	+0,83
14.	Marloes Rebel	WS Twente	42.86	198403474	<b>46.31</b>	+1,02

## Masters 35+

1.	Heleen Spelde-Fransens	THOR	35.47	197901358	<b>35.22</b>	+0,68
2.	Inge Otter	De Bevelanders	35.95	197801242	<b>35.66</b>	+0,99
3.	Marian Nederlof	DWF	36.45	197600950	<b>36.28</b>	+0,82
4.	Paula 't Hart-Buitelaar	ZVVS	40.10	197701132	<b>40.30</b>	+0,79

## Masters 40+

1.	Gudule van der Meer	PSV	31.17	197200396	<b>31.01</b>	+0,85
2.	Edith Janssen-Koolen	TRB-RES	32.73	197300898	<b>32.57</b>	
3.	Inez Heideman	WS Twente	32.31	197500198	<b>32.90</b>	+0,84
4.	Ilona Hogerheyde	DAW	32.75	197400224	<b>33.12</b>	+0,66
5.	Marty Krans-de Weerd	ZCNF'34	34.10	197500604	<b>33.77</b>	+0,90
6.	Henriëtte Manting	GZVW	35.22	197100246	<b>35.48</b>	+0,97
7.	Mirjan den Drijver-Aarse	Zwemvereniging Westland	34.92	197500884	<b>35.66</b>	+0,86
8.	Tony de Groot	AZ&PC De Futen	36.33	197300758	<b>36.68</b>	+0,88
9.	Evelien Naatje	WS Twente	42.02	197200838	<b>42.64</b>	+0,95
10.	Ursula Spoelstra-de Groot	WS Twente	44.13	197200952	<b>44.64</b>	+0,94
11.	Wendy v.d. Linden	WZ&PC Purmerend	45.52	197300882	<b>44.76</b>	+0,94

## Masters 45+

1.	Jeanne Petit	De Dinkel	32.02	197001687	<b>31.56</b>	+0,67
2.	Marjo Goelema-Koek	De Biesboschzwemmers	33.45	196900192	<b>33.53</b>	
3.	Chita van der Goorbergh	Zoetermeer	32.65	196800762	<b>34.75</b>	+0,79
4.	Sandra Hoofs-Buil	DES	37.56	196600678	<b>35.83</b>	+0,83
5.	Caroline Schreuder	Triton	35.60	196700550	<b>35.91</b>	+0,82
6.	Talje Dijkhuis	AZ&PC	36.92	196600072	<b>36.25</b>	+0,96
7.	Esther Mijnen	WZ&PC Purmerend	38.12	196900846	<b>38.43</b>	+0,79
8.	Ageeth Boomsma	Orca	41.02	197000826	<b>41.10</b>	+0,87
9.	Miriam Stevens	Budel	42.75	196900988	<b>43.34</b>	+1,09

Programmanr. 5, Dames, 50m vlinderslag

Masters 50+

1.	Anja Tijink	De Dinkel	33.34	196400296	<b>32.87</b>	+0,85
2.	Svetlana Bezkrovnyaya	Sprut	34.13	018062	<b>34.32</b>	+0,97
3.	Margriet Grove-Lingeman	Oceanus	35.76	196200080	<b>35.26</b>	+0,81
4.	Gonnie Paas	ZVVS	45.73	196200418	<b>46.89</b>	+0,95

Masters 55+

1.	Inge Wolfs	PLONS	35.29	196000304	<b>36.18</b>	+0,87
2.	Marijke Kraak-Beckers	WS Twente	37.21	196000240	<b>37.50</b>	

Masters 60+

1.	Christien Nieuwenhuis	Swol 1894	35.78	195100022	<b>37.15</b>	+0,65
2.	Patty Krupiarz	PLONS	41.54	195400074	<b>41.88</b>	+0,76

Masters 65+

1.	Bea Swijnenberg	Swol 1894	41.79	194900010	<b>41.91</b>	
	<i>Kampioenschaps Record</i>					
2.	Annet Verhoeven	De Duinkickers	1:11.45	194600024	<b>1:04.02</b>	

Masters 70+

1.	Leny Kamp	Aquapoldro	1:15.12	194400008	<b>1:14.91</b>	+1,15
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Programmanr. 6  
23-01-2015 - 15:02

Heren, 50m vlinderslag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
<b>Masters 20+</b>						
1.	Romero Hennep	ZVVS	26.36	199304929	<b>26.58</b>	+0,72
2.	Dominique Sikkema	ZIGNEA	26.97	199500399	<b>26.99</b>	+0,67
3.	Mark Veldman	ZIGNEA	27.80	199504801	<b>28.36</b>	+0,78
4.	Wybren Heida	Borger	28.07	199404999	<b>28.69</b>	+0,73
5.	Wesley Keur	LZ 1886	29.92	199405489	<b>29.53</b>	+0,82
6.	Rens Post	WVZ	29.48	199101827	<b>29.80</b>	+0,70
AFGEM	Menno Manning	De Veene	26.39	199300333		

Masters 25+

1.	Roderik Meijers	ZOB'66	27.21	198602063	<b>27.36</b>	+0,74
2.	Rick Driezen	Steenwijk 1934	27.73	198600713	<b>27.98</b>	+0,83
3.	Sjoerd Boertien	De Houtrib	28.29	199000305	<b>28.23</b>	+0,74
4.	Klaas van Beek	ZV Haerlem	28.78	198805941	<b>28.40</b>	+0,72
5.	Hendrik Ben v/d Boon	ZPD	28.35	198804761	<b>29.34</b>	+0,65
6.	Niels van Beurden	ZPC Woerden	29.06	198805669	<b>29.74</b>	+0,77
7.	Martijn van Hoorn	MGO (SG)	29.76	198901343	<b>30.15</b>	+0,86
8.	Wesley van Diejen	PSV	30.02	198604551	<b>30.19</b>	+0,77
9.	Patrick de Jonge	ZPC Woerden	30.70	198906635	<b>30.72</b>	+0,72

Masters 30+

1.	Lauren Vis	Steenwijk 1934	26.51	198201883	<b>26.97</b>	+0,71
2.	Dennis de Groot	De Zwoer	28.25	198300785	<b>27.99</b>	+0,72
3.	Gerwin Vonk	De Spatters	28.45	198201907	<b>28.30</b>	+0,70
4.	Robert Dekker	De Veene	29.26	198400443	<b>28.60</b>	+0,80
5.	Dennis van den Berg	UZSC	28.30	198100089	<b>28.73</b>	+0,85
6.	Leander Noordijk	MGO (SG)	29.07	198101221	<b>28.92</b>	+0,79
7.	Mike Hereijgers	AZ&PC De Futen	31.28	198501007	<b>32.64</b>	+0,85





Programmanr. 6, Heren, 50m vlinderslag

Masters 35+

1.	Nol van Thull	d'ELFT	27.24	198001513	<b>27.49</b>	+0,65
2.	Michiel Beemster	WS Twente	27.79	198000063	<b>27.53</b>	+0,88
3.	Jeroen Zelsmann	Upstream Amsterdam	27.79	197701551	<b>28.09</b>	+0,71
4.	Erik Kusters	Noord Veluwe	29.53	198000837	<b>29.42</b>	+0,80
5.	Robert Hoiting	HZ&PC Heerenveen	30.21	198002369	<b>30.03</b>	+0,82
6.	Kars Luttkik	DAW	29.25	197800675	<b>30.04</b>	+0,74
7.	Peter Eshuis	DBD	32.30	198000375	<b>32.36</b>	+0,85
NG.ZA	Evgeny Ryzhov	Sprut	27.34	101628		

Masters 40+

1.	Dennis Schouten	Upstream Amsterdam	29.26	197501351	<b>28.52</b>	+0,82
2.	Marcel van Winssen	De Gelenberg	28.57	197101477	<b>28.86</b>	+0,77
3.	Alex Damen	DAW	29.21	197501371	<b>29.04</b>	+0,77
4.	Sergey Petrov	Poseidon	29.35	102211	<b>29.53</b>	+0,73
	Joeri Stoffels	AZC	30.11	197300851	<b>29.53</b>	+0,86
6.	Heiner Stevens	ZIGNEA	29.55	197201299	<b>30.10</b>	+0,76
7.	Wiljo Mackus	Budel	32.03	197101557	<b>31.90</b>	+0,91

Masters 45+

1.	Glen le Clercq	De Rog	29.29	196800177	<b>28.54</b>	+0,82
2.	Jean-Phillippe Paap	ZPC De Hof	29.17	197000791	<b>29.19</b>	+0,87
3.	Gijsbert van der Leden	PSV	30.11	196700597	<b>29.51</b>	+1,01
4.	Arvydas Burinskas	Takas	29.84	1969BUR	<b>29.94</b>	+0,76
5.	Marcel Jonkman	Aqualero	30.59	196801389	<b>30.17</b>	+0,83
6.	Jos Wensink	WS Twente	30.53	196901719	<b>30.30</b>	+0,66
7.	Kees Akershoek	De Stelle	30.53	196900009	<b>30.43</b>	+0,81
8.	Bernd Hendriksen	Aqua-Novio'94	30.16	197001491	<b>30.53</b>	+0,82
9.	Jeroen Kort	DAW	31.69	196801543	<b>30.89</b>	+0,73
10.	Stefan Holmstrom	DAW	32.04	196701671	<b>31.18</b>	+0,79
11.	Rob Verheul	TRB-RES	32.02	196601571	<b>31.86</b>	+0,81
12.	Hans Schoenmakers	DAW	32.58	196900863	<b>32.55</b>	+0,82
13.	Mark van Wingerden	RZ	31.65	197001665	<b>32.56</b>	+0,87
14.	Nico Swart	Den Doorn	33.47	196801475	<b>33.67</b>	+0,88
15.	Marcel Brittijn	De Duinkickers	33.37	196900159	<b>34.38</b>	+0,81
16.	Roelof Broekman	De Spatters	35.08	196800155	<b>35.96</b>	+0,79
17.	Edward van Nijmweegen	Budel	35.66	197001635	<b>36.38</b>	+0,97
NG	Richard Rickson	HGN (SG)	29.11	197000841		

Masters 50+

1.	Johan Remmits	ZPC Woerden	28.82	196201159	<b>28.96</b>	+0,76
2.	Bert Schlicher	RZ	29.86	196400669	<b>30.24</b>	+0,77
3.	Hans Westerhof	WS Twente	30.86	196200743	<b>30.66</b>	+0,90
4.	Fred Heemstra	DAW	31.32	196500357	<b>30.96</b>	+0,83
5.	John Stokx	DAW	31.39	196401341	<b>30.97</b>	+0,74
6.	Wiljam Nijenhuis	De IJsel	30.55	196400547	<b>31.00</b>	+0,93
7.	Erik Saan	De Duck	32.18	196500769	<b>31.69</b>	+0,92
8.	Marcel van der Lem	Vereniging Swimcademy	32.20	196500563	<b>32.26</b>	+0,82
9.	Ivo Buchholz	WS Twente	31.46	196401165	<b>32.82</b>	+0,87
10.	Wilbert Barten	Nautilus	33.78	196401373	<b>33.18</b>	
11.	Fred Dijkshoorn	Zwemvereniging Westland	33.77	196501539	<b>33.92</b>	+0,87
12.	Henry Brouwer	Aqualero	36.28	196301223	<b>34.44</b>	+0,92
13.	Henk Kuipers	UZSC	35.34	196201207	<b>34.52</b>	+0,71

Masters 55+

1.	Hugo Bregman	Albion	27.35	195800069	<b>27.54</b>	+0,79
2.	Peter van Vuuren	Upstream Amsterdam	31.26	196000641	<b>32.67</b>	+0,89
3.	Adrian Ortiz Buitrago	WIDEX GZC DONK	33.55	196000931	<b>33.09</b>	+0,81
4.	Jaap de Boer	De Duinkickers	36.99	195800691	<b>36.51</b>	+0,80

Programmanr. 6, Heren, 50m vlinderslag

Masters 60+

1.	Charles Bos	De Roersoppers	32.37	195300019	<b>32.04</b>	+0,79
	<i>Kampioenschaps Record</i>					
2.	Henk Slomp	De Pinquin	32.98	195500359	<b>33.20</b>	+0,85
3.	Fred Zanting	TriVia	33.85	195400323	<b>34.17</b>	+1,02

Masters 65+

1.	Piet Schop	De Bevelanders	36.35	195000109	<b>35.12</b>	+0,68
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Masters 70+

1.	Josep Claret	Club Nagi	31.35	1944CLA	<b>32.02</b>	+0,81
2.	Willem Putter	ZVVS	47.49	194500135	<b>48.53</b>	+1,06

Masters 75+

1.	Frans van Enst	WS Twente	38.88	194000011	<b>41.18</b>	
	<i>Nederlands Masters Record</i>					

Programmanr. 7

Dames, 200m wisselslag

Masters Open

23-01-2015 - 15:13

Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m		
<b>Masters 20+</b>										
1.	Wendan Poelstra	TriVia	2:22.56	199102496	<b>2:22.38</b>	+0,61	30.83	1:06.58	1:48.77	2:22.38
	<i>Nederlands Masters Record</i>									
2.	Yvon Versteeg	De Veene	2:25.51	199201864	<b>2:27.26</b>	+0,80	32.25	1:10.38	1:54.26	2:27.26
3.	Maike Vooren	DAW	2:29.39	199103324	<b>2:28.25</b>	+0,79	31.75	1:11.06	1:54.43	2:28.25
4.	Marjolein Maris	De Houtrib	2:26.11	199400210	<b>2:30.21</b>	+0,71	31.49	1:10.16	1:55.70	2:30.21
5.	Suzanne Brummel	LZ 1886	2:30.34	199401366	<b>2:31.24</b>	+0,67	32.58	1:13.54	1:55.19	2:31.24
6.	Kimberly Mijnen	ZV De Zaan	2:31.20	199503644	<b>2:33.24</b>	+0,75	32.30	1:11.79	1:57.67	2:33.24
7.	Pascalle Spiekerman	WZ&PC Purmerend	2:38.88	199403030	<b>2:35.39</b>	+0,92	31.09	1:10.75	1:55.97	2:35.39
8.	Wendy de Bruin	ZOB'66	2:36.77	199206320	<b>2:36.08</b>	+0,69	32.69	1:13.18	1:59.35	2:36.08
9.	Irmgard van Weeghel	Octopus	2:46.82	199204834	<b>2:45.28</b>	+0,70	35.64	1:17.30	2:06.89	2:45.28
10.	Johanna de Boer	ZPD	2:40.86	199403944	<b>2:45.67</b>	+0,73	35.91	1:19.04	2:06.47	2:45.67
<b>Masters 25+</b>										
1.	Stephanie Rombout	PSV	2:28.05	198803696	<b>2:28.29</b>	+0,76	31.48	1:10.12	1:53.86	2:28.29
2.	Larissa Brak	AZ&PC	2:29.22	198800572	<b>2:34.29</b>	+0,84	33.41	1:17.07	1:58.92	2:34.29
3.	Nienke Veenstra	Swol 1894	2:42.70	198605198	<b>2:37.55</b>	+0,89	33.23	1:13.53	2:00.89	2:37.55
4.	Ilse van den Wijngaard	ZPC Woerden	2:38.59	198904736	<b>2:37.89</b>	+0,67	34.70	1:14.85	2:01.24	2:37.89
5.	Maike de Boer	De Duinkickers	2:40.75	199000362	<b>2:42.43</b>	+0,82	36.10	1:18.49	2:04.64	2:42.43
6.	Anna Boef	LZ 1886	2:43.16	198806288	<b>2:44.29</b>	+0,66	35.71	1:15.22	2:04.51	2:44.29
7.	Linda Janssen	ZPB H&L Productions	2:42.87	198802088	<b>2:45.09</b>	+0,88	36.88	1:19.84	2:07.29	2:45.09
8.	Liesbeth van Mill	DWK	2:52.67	198702786	<b>2:56.23</b>	+0,93	37.17	1:23.59	2:14.23	2:56.23
<b>Masters 30+</b>										
1.	Nadya Putter	ZVVS	2:30.42	198301630	<b>2:32.77</b>	+0,72	33.32	1:12.57	1:57.21	2:32.77
2.	Roos van Esch	d'ELFT	2:34.73	198200468	<b>2:33.30</b>	+0,85	33.53	1:11.87	1:57.49	2:33.30
3.	Ilse Clevers	De Roersoppers	2:38.33	198503908	<b>2:39.75</b>	+0,71	32.45	1:14.06	2:01.03	2:39.75
4.	Wieke Bos	De Roersoppers	2:41.02	198200218	<b>2:43.19</b>	+0,89	34.85	1:16.80	2:03.65	2:43.19
5.	Pauline Tieleman	De Geul	2:41.58	198403348	<b>2:45.17</b>	+0,84	34.65	1:16.27	2:06.92	2:45.17
6.	Annette Vogelsang	ZV De Bron	2:58.84	198402632	<b>3:03.22</b>	* +0,93	39.98	1:26.64	2:19.97	3:03.22

## Programmanr. 7, Dames, 200m wisselslag

## Masters 35+

1. Melanie Kuiper	ZIGNEA	2:44.75	197600350	<b>2:47.25</b>	+0,86	37.18	1:18.32	2:09.86	2:47.25
2. Jolanda van Gendt	PSV	2:53.24	197800266	<b>2:54.00</b>	+0,82	40.05	1:24.52	2:15.08	2:54.00
3. Kristel Lips	ZV De Bron	2:57.26	197900562	<b>2:54.77</b>	+0,94	38.47	1:22.73	2:13.12	2:54.77
4. Inge Otter	De Bevelanders	3:04.42	197801242	<b>3:04.76</b>	+1,00	40.49	1:28.15	2:22.94	3:04.76
5. Carmen Haan	ZZG De Boskikkers	2:58.50	197901458	<b>3:06.91</b>	+0,95	40.26	1:24.91	2:20.66	3:06.91
6. Paula 't Hart-Buitelaar	ZVVS	3:10.23	197701132	<b>3:12.95</b>	+0,72	43.50	1:31.56	2:29.25	3:12.95

## Masters 40+

1. Liselotte Joling	PSV	2:35.83	197500268	<b>2:34.68</b>	+0,94	33.67	1:14.23	1:58.80	2:34.68
<i>Nederlands Masters Record</i>									
2. Gudule van der Meer	PSV	2:34.89	197200396	<b>2:34.69</b>	+0,83	32.47	1:11.89	1:58.11	2:34.69
3. Evelien van Klaarbergen	HZ&PC Heerenveen	2:48.21	197200964	<b>2:43.66</b>	+0,83	35.31	1:16.01	2:06.14	2:43.66
4. Ilona Hogerheyde	DAW	2:49.79	197400224	<b>2:45.42</b>	+0,79	34.77	1:18.86	2:08.18	2:45.42
5. Nadège van Meeteren	De Meer	2:46.77	197400736	<b>2:45.45</b>		38.61	1:22.02	2:07.30	2:45.45
6. Annette de Visser	Oceanus	2:47.93	197100602	<b>2:48.03</b>	+0,88	38.10	1:23.42	2:11.74	2:48.03
7. M. den Drijver-Aarse	Zwemvereniging Westland	2:55.49	197500884	<b>2:54.60</b>	+1,01	36.56	1:22.69	2:14.62	2:54.60
8. Henriëtte Manting	GZVW	3:00.17	197100246	<b>2:59.31</b>	+0,98	36.59	1:23.68	2:18.00	2:59.31

## Masters 45+

1. Heidi van Stein	LZ 1886	2:42.75	196900864	<b>2:47.18</b>	* +0,77	35.34	1:16.78	2:08.43	2:47.18
2. Laura Staal	Oceanus	2:52.40	196700358	<b>2:55.55</b>	+0,77	39.24	1:23.71	2:15.61	2:55.55
3. Jacqueline Tuin	DAW	3:10.08	196600690	<b>3:01.05</b>	+0,72	38.25	1:26.42	2:18.67	3:01.05
4. E. van Wingerden - Dijk	DWK	3:08.15	196900970	<b>3:04.97</b>	+1,01	39.72	1:26.23	2:22.93	3:04.97
5. Iris van Aurich	DWK	3:09.49	196900866	<b>3:06.98</b>	+0,76	42.32	1:30.65	2:24.51	3:06.98
6. Peggi Hurenkamp	HZ&PC Heerenveen	3:08.34	196900922	<b>3:07.81</b>	+0,91	40.94	1:30.66	2:26.87	3:07.81
7. K. van Nassau van den	Old Dutch	3:06.67	196600188	<b>3:08.58</b>	+0,89	39.76	1:33.60	2:24.86	3:08.58
8. Hetty Smalheer	SCOM	3:13.80	196700352	<b>3:17.48</b>	+1,04	46.57	1:37.50	2:34.61	3:17.48
9. Antoinette Kant	Den Doorn	3:19.27	196900920	<b>3:19.59</b>	* +0,99	44.61	1:35.19	2:33.03	3:19.59

## Masters 50+

1. M. Remmits-De Lange	ZPC Woerden	2:43.57	196300518	<b>2:45.25</b>		34.34	1:17.66	2:07.48	2:45.25
2. J. Rolloos-Bakker	De Lansingh	2:57.80	196300222	<b>2:56.47</b>	+0,76	37.37	1:23.50	2:15.77	2:56.47

## Masters 55+

1. Atie Pijtak-Radersma	AZ&PC	2:55.27	195600048	<b>2:57.53</b>		36.90	1:22.53	2:17.98	2:57.53
2. Patty Verhagen	PSV	3:06.32	195900146	<b>3:06.48</b>	+0,89	40.35	1:30.51	2:25.84	3:06.48
3. Monica Bakker	ZVZ	3:15.85	195600082	<b>3:11.58</b>	+0,99	44.75	1:34.63	2:30.56	3:11.58
4. Pia van der Molen	HZ&PC Heerenveen	3:19.96	196000116	<b>3:31.31</b>	+0,93	48.59	1:43.14	2:43.51	3:31.31

## Masters 60+

1. Christien Nieuwenhuis	Swol 1894	3:08.39	195100022	<b>3:15.07</b>	+0,79	40.47	1:33.15	2:32.07	3:15.07
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## Masters 65+

1. A. Gilding-Tussaud	WS Twente	3:59.54	195000038	<b>4:01.73</b>		57.74	1:54.16	3:05.83	4:01.73
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## Masters 70+

1. Matty van der Veen	Old Dutch	4:07.97	194400020	<b>4:45.89</b>	+1,23	1:08.55	2:30.50	3:48.95	4:45.89
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Programmanr. 8  
23-01-2015 - 15:37

Heren, 200m wisselslag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
<b>Masters 20+</b>								
1. Kevin Eltink	DWK	2:06.39 199100589	<b>2:06.30</b>	+0,73	27.60	1:00.45	1:37.97	2:06.30
<i>Nederlands Masters Record</i>								
2. Mateusz Kobus	ZPC Woerden	2:07.05 199505963	<b>2:06.91</b>	+0,74	27.26	1:00.49	1:36.79	2:06.91
3. Nick Cleintuar	ZVVS	2:09.89 199503781	<b>2:10.53</b>	+0,63	27.86	1:00.60	1:39.70	2:10.53
4. Sietse Wijbenga	ZPD	2:22.98 199301967	<b>2:22.68</b>	+0,76	28.99	1:05.00	1:49.84	2:22.68
5. Robin Eltink	NDD	2:26.17 199406147	<b>2:25.30</b>	+0,82	30.05	1:07.79	1:51.55	2:25.30
6. Klaas Schoute	De Dolfijn	2:31.18 199500891	<b>2:27.30</b>	+0,63	32.28	1:11.01	1:53.19	2:27.30
7. Frank Hezemans	LZ 1886	2:31.91 199200521	<b>2:30.57</b>	+0,79	31.90	1:11.01	1:55.24	2:30.57
8. Maik Steenkamp	Montferland	2:24.02 199103847	<b>2:34.05</b>	+0,75	31.77	1:13.52	1:57.13	2:34.05
<b>Masters 25+</b>								
1. Remco de Veen	De Roersoppers	2:18.60 198903247	<b>2:21.44</b>	+0,65	29.85	1:07.44	1:48.09	2:21.44
2. Tim Bunnik	Triton	2:17.27 199000505	<b>2:23.64</b>	+0,85	29.68	1:05.70	1:49.17	2:23.64
3. Niels Albrechts	MGO (SG)	2:36.88 198800039	<b>2:38.44</b>		32.93	1:12.92	2:05.96	2:38.44
4. Melano Winter	RSW (SG)	2:40.20 198703847	<b>2:40.79</b>	+0,69	32.37	1:13.77	2:02.30	2:40.79
<b>Masters 30+</b>								
1. Kristiaan Lenos	LZ 1886	2:14.10 198301331	<b>2:17.14</b>	+0,83	28.54	1:03.50	1:44.65	2:17.14
2. Rick de Greef	Budel	2:19.43 198400749	<b>2:17.40</b>	+0,80	28.29	1:04.18	1:44.42	2:17.40
3. Lauren Vis	Steenwijk 1934	2:19.43 198201883	<b>2:17.78</b>	+0,68	28.56	1:03.56	1:44.69	2:17.78
4. Pieter Pickhardt	ZPC De Hof	2:22.04 198301657	<b>2:19.26</b>	+0,90	30.10	1:07.52	1:48.02	2:19.26
5. Tommy Nickel	Van Vliet-Barracuda	2:17.61 198401627	<b>2:19.38</b>	+0,74	31.22	1:06.93	1:47.51	2:19.38
6. Richard Huisken	ZPC De Hof	2:17.60 198501141	<b>2:20.49</b>	+0,73	29.75	1:05.65	1:46.95	2:20.49
7. Robert Dekker	De Veene	2:26.17 198400443	<b>2:23.82</b>	+0,89	30.05	1:06.63	1:51.34	2:23.82
8. Rob van Vliet	AZ&PC	2:30.75 198402459	<b>2:25.70</b>	+0,87	30.36	1:09.83	1:51.34	2:25.70
9. Marcel Reefhuis	WS Twente	2:25.98 198101381	<b>2:25.81</b>	+0,52	31.22	1:09.05	1:51.58	2:25.81
10. Bart Groenemans	PLONS	2:27.02 198200551	<b>2:31.79</b>	+0,74	30.69	1:09.82	1:56.29	2:31.79
11. Frank van der Voordt	MGO (SG)	2:29.79 198302259	<b>2:31.84</b>	+0,84	31.40	1:09.54	1:54.65	2:31.84
<b>Masters 35+</b>								
1. Egbert Stolk	d'ELFT	2:12.88 197600889	<b>2:14.47</b>	+0,76	28.94	1:02.72	1:42.35	2:14.47
2. Erik Kosters	Noord Veluwe	2:29.31 198000837	<b>2:24.35</b>	+0,80	30.56	1:06.45	1:49.05	2:24.35
3. Pavel Protasciuk	Takas	2:30.39 1979PRO	<b>2:25.58</b>	+0,77	30.76	1:08.47	1:51.34	2:25.58
4. Freddie Geerlings	HGN (SG)	2:25.53 197900379	<b>2:26.50</b>	+0,64	30.20	1:09.92	1:51.58	2:26.50
5. Peter Eshuis	DBD	2:36.52 198000375	<b>2:38.15</b>	+0,98	34.01	1:17.45	2:03.24	2:38.15
6. Okko de Haas	ZV De Bron	2:39.49 197801593	<b>2:38.52</b>	+0,86	33.01	1:16.45	2:01.77	2:38.52
7. Jeroen Vogelsang	DAW	2:40.93 198001645	<b>2:39.91</b>	+0,92	34.30	1:20.45	2:05.09	2:39.91
<b>Masters 40+</b>								
1. Marcel van Winssen	De Gelenberg	2:23.11 197101477	<b>2:27.46</b>	+0,83	31.46	1:10.67	1:52.63	2:27.46
2. Antwan van Engen	De Ward	2:39.43 197101577	<b>2:33.21</b>	+0,81	31.48	1:11.32	1:57.02	2:33.21
3. Heiner Stevens	ZIGNEA	2:37.74 197201299	<b>2:35.61</b>	+0,79	32.09	1:14.10	2:00.19	2:35.61
4. Kasper van den Bergh	Swol 1894	2:38.07 197301125	<b>2:40.82</b>	+0,73	34.68	1:15.11	2:04.02	2:40.82
5. Gerard Eghuizen	HZ&PC Heerenveen	2:30.62 197400197	<b>2:44.72</b>	+0,94	33.65	1:15.73	2:05.83	2:44.72
<b>Masters 45+</b>								
1. René Beetsma	HZ&PC Heerenveen	2:25.36 196900069	<b>2:25.99</b>	+0,78	31.44	1:08.81	1:52.16	2:25.99
2. Arjan Bellaart	Oceanus	2:25.54 196900079	<b>2:26.58</b>	+0,74	31.01	1:08.47	1:52.63	2:26.58
3. Gijsbert van der Leden	PSV	2:34.36 196700597	<b>2:26.68</b>	+1,05	30.97	1:09.99	1:53.95	2:26.68
4. J. van den Berg	WVZ	2:31.86 196801575	<b>2:31.54</b>	+0,83	32.60	1:11.06	1:55.78	2:31.54
5. Stefan Holmstrom	DAW	2:41.58 196701671	<b>2:36.12</b>	+0,84	33.13	1:13.30	1:59.39	2:36.12
6. Konstantin Sklyar	TG Lage 1862	2:35.48 321129	<b>2:37.01</b>	+0,83	32.43	1:14.80	2:01.14	2:37.01
7. Marcel Brittijn	De Duinkickers	2:56.88 196900159	<b>3:04.75</b>	+0,80	37.78	1:28.09	2:22.02	3:04.75
NG Richard Ricksen	HGN (SG)	2:26.86 197000841						



Open Nederlandse Masters Kampioenschappen 2015 korte baan  
Heerenveen, 23-25 januari 2015



Programmanr. 8, Heren, 200m wisselslag

Masters 50+

1. Edwin v. Norden	AZ&PC	2:18.11	196300563	<b>2:17.09</b>	+0,70	28.92	1:03.34	1:43.49	2:17.09
<i>Europees Masters Record</i>									
2. Bert Schlicher	RZ	2:27.67	196400669	<b>2:27.83</b>	+0,84	32.12	1:11.22	1:53.85	2:27.83
3. Ron Korzelius	AZ&PC	2:29.62	196500513	<b>2:33.93</b>	+0,86	32.92	1:11.91	1:58.16	2:33.93
4. Arnold de Rover	AZ&PC De Futen	2:34.74	196400645	<b>2:34.10</b>	+0,68	33.02	1:12.97	1:59.57	2:34.10
5. Rene de Boer	DAW	2:35.65	196400087	<b>2:35.71</b>	+0,81	33.07	1:15.19	2:01.03	2:35.71
6. Wiljam Nijenhuis	De IJsel	2:38.39	196400547	<b>2:37.95</b>		33.19	1:14.73	2:01.41	2:37.95
7. Ronald Grove	Oceanus	2:37.67	196100161	<b>2:41.22</b>	+0,80	34.85	1:19.00	2:05.30	2:41.22
8. Arturas Tuomas	Takas	2:38.52	1961TUO	<b>2:42.14</b>	+0,81	34.80	1:17.40	2:04.33	2:42.14
9. Henk Kuipers	UZSC	2:58.53	196201207	<b>2:53.44</b>	+0,89	36.41	1:21.10	2:12.54	2:53.44
10. Erik Saan	De Duck	2:57.86	196500769	<b>2:55.97</b>	+1,07	38.38	1:23.26	2:15.49	2:55.97
11. Jan Smalheer	SCOM	3:01.42	196400701	<b>3:04.60</b>	+1,13	40.57	1:29.72	2:24.57	3:04.60

Masters 55+

1. Hugo Bregman	Albion	2:25.49	195800069	<b>2:23.49</b>	+0,85	30.29	1:07.11	1:49.65	2:23.49
<i>Europees Masters Record</i>									
2. Paul Bunnik	Triton	2:50.89	195600413	<b>2:52.74</b>	+1,04	35.74	1:22.33	2:12.13	2:52.74
3. Willem Zwieters	AquAmigos	2:56.26	195800505	<b>3:03.32</b>	+0,97	42.28	1:33.24	2:23.59	3:03.32
4. Jan Willem Heuten	WS Twente	3:07.06	196000883	<b>3:04.60</b>	+0,85	37.28	1:29.27	2:24.61	3:04.60
5. André Schutte	ZPC De Zeeuwse Kust	3:02.00	196000521	<b>3:07.70</b>	+0,89	38.30	1:27.73	2:24.49	3:07.70

Masters 60+

1. Brend Brevé	PSV	2:49.00	195200265	<b>2:54.35</b>	+0,94	34.17	1:20.32	2:13.38	2:54.35
2. Jos Kamps	Zwemvereniging Hoogland	3:35.42	195100085	<b>3:38.20</b>	+1,22	48.77	1:45.66	2:51.56	3:38.20

Masters 65+

1. Piet Schop	De Bevelanders	2:59.97	195000109	<b>3:11.78</b>	+0,57	37.88	1:27.36	2:22.83	3:11.78
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Masters 70+

1. Rob Hanou	PSV	3:15.56	194300109	<b>3:37.93</b>	+1,06	48.05	1:46.56	2:48.69	3:37.93
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Masters 75+

1. J. de Canales Mendoza	R.C. Mediterraneo	3:07.25	1940CAN	<b>3:10.45</b>	+1,07	39.84	1:26.89	2:26.38	3:10.45
<i>Kampioenschaps Record, Spanish Masters Record</i>									

Programmanr. 9  
23-01-2015 - 16:03

Dames, 100m schoolslag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	
<b>Masters 20+</b>							
1. Suzanne Brummel	LZ 1886	1:15.27	199401366	<b>1:16.19</b>	+0,75	37.29	1:16.19
2. Carmen Seesing	NDD	1:17.49	199406220	<b>1:16.58</b>	+0,77	36.15	1:16.58
3. Pascale Spiekerman	WZ&PC Purmerend	1:18.44	199403030	<b>1:16.64</b>	+0,84	35.54	1:16.64
4. Chantal van der Horst	De Meer	1:16.47	199400616	<b>1:18.05</b>	+0,61	36.98	1:18.05
5. Chantal Meyerink	De Grunte	1:19.84	199105212	<b>1:20.42</b>	+0,84	38.19	1:20.42
6. Karin Groen	Nova	1:23.31	199502440	<b>1:20.77</b>	+0,57	38.02	1:20.77
7. Eline van Gemert	De Meer	1:20.16	199505458	<b>1:21.73</b>	+0,75	38.59	1:21.73
8. Marloes van der Beek	ZVV	1:22.46	199401364	<b>1:22.62</b>	+0,91	38.87	1:22.62
9. Heleen Arends	TriVia	1:22.00	199404416	<b>1:22.91</b>	+0,69	38.34	1:22.91
10. Karin Verbeek	Nautilus	1:23.02	199201848	<b>1:22.93</b>	+0,64	38.85	1:22.93
11. Fraukje Puts	HZ&PC Heerenveen	1:23.72	199206470	<b>1:23.15</b>	+0,81	39.69	1:23.15
12. Rebecca Evers	ZOB'66	1:29.76	199207916	<b>1:27.50</b>	+0,71	42.29	1:27.50
13. Ramona Noordermeer	ZVVS	1:28.23	199401746	<b>1:28.32</b>	+0,79	41.95	1:28.32
14. Dorien Hein	AZ&PC De Futen	1:28.95	199503010	<b>1:31.48</b>	+0,75	43.23	1:31.48
15. Yvonne Wilts	GZVW	1:28.64	199501476	<b>1:31.77</b>	+0,76	42.61	1:31.77



Programmanr. 9, Dames, 100m schoolslag, Masters 20+

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m
16. Stephanie van Diepen	Noord Veluwe	1:32.15 199500972	<b>1:34.04</b>	+0,62	44.80	1:34.04
17. Tara Keijzer	Steenwijk 1934	1:30.60 199108498	<b>1:34.12</b>	+0,64	43.86	1:34.12
18. Daphne Meijer	Montferland	1:36.26 199303850	<b>1:34.37</b>	+1,02	44.14	1:34.37

Masters 25+

1. Larissa Brak <i>Kampioenschaps Record</i>	AZ&PC	1:12.01 198800572	<b>1:13.79</b>	+0,82	34.64	1:13.79
2. Jacyntha Plat	De Golfbreker	1:17.38 199002956	<b>1:15.43</b>	+0,71	35.62	1:15.43
3. Karin van Dijk	HZ&PC Heerenveen	1:17.50 198600850	<b>1:19.80</b>	+0,86	37.12	1:19.80
4. Marlijn Mulders	De Treffers	1:21.39 198803114	<b>1:21.06</b>	+0,64	37.60	1:21.06
5. Susanne van der Linden	DIO	1:19.65 198802736	<b>1:21.96</b>	+0,74	39.12	1:21.96
6. Linda Janssen	ZPB H&L Productions	1:25.16 198802088	<b>1:24.42</b>	+0,89	40.37	1:24.42
7. A. Reefhuis-de Vries	WS Twente	1:25.13 198603908	<b>1:24.95</b>	+0,64	38.96	1:24.95
8. Karin Hovenkamp	De Spatters	1:26.92 198701850	<b>1:28.79</b>	+0,81	42.71	1:28.79
9. Selly Swieringa	Aqualero	1:28.63 199008320	<b>1:29.75</b>	+0,86	44.00	1:29.75
10. Liesbeth van Mill	DWK	1:31.09 198702786	<b>1:32.75</b>	+0,93	44.37	1:32.75
11. Carola Hompes	Budel	1:31.23 198801868	<b>1:33.66</b>	+0,87	46.00	1:33.66
12. Yvonne Jansen	De Spatters	1:41.82 198907468	<b>1:37.58</b>	+1,01	45.55	1:37.58

Masters 30+

1. Nathalie van Velzen	WZ&PC Purmerend	1:23.75 198502970	<b>1:20.68</b>	+0,69	37.78	1:20.68
2. Laura Badoux	DAW	1:18.21 198200038	<b>1:21.06</b>	+0,76	38.32	1:21.06
3. Ilse Clevers	De Roersoppers	1:19.31 198503908	<b>1:22.35</b>	+0,62	38.45	1:22.35
4. Esther Versteeg	Van Vliet-Barracuda	1:26.21 198302112	<b>1:25.41</b>	+0,87	40.99	1:25.41
5. Renee de Kok	PSV	1:31.10 198403350	<b>1:26.98</b>	+0,61	40.54	1:26.98
6. Bianca Paape	DAW	1:25.41 198502262	<b>1:27.24</b>	+0,82	41.18	1:27.24
7. Angela Giezen	Montferland	1:37.70 198302796	<b>1:28.33</b>	+0,94	41.49	1:28.33
8. Annette Vogelsang	ZV De Bron	1:27.43 198402632	<b>1:28.82</b>	+0,87	42.42	1:28.82
9. Johanna Schuitema	De Spatters	1:33.80 198102232	<b>1:32.90</b>		43.81	1:32.90
10. Ingrid Noten	Budel	1:38.01 198504156	<b>1:39.43</b>	+0,92	46.62	1:39.43

Masters 35+

1. Angelique Boersma	De Vikings	1:24.12 198001586	<b>1:22.68</b>	+0,79	39.35	1:22.68
2. Kristel Lips	ZV De Bron	1:30.22 197900562	<b>1:29.49</b>	+0,99	42.57	1:29.49
3. Petra Versteegen	WVZ	1:34.16 197700906	<b>1:32.58</b>	+0,86	44.30	1:32.58
4. Karin Smolders	Budel	1:36.47 197601078	<b>1:33.17</b>	+0,93	44.19	1:33.17

Masters 40+

1. Nadège van Meeteren	De Meer	1:21.49 197400736	<b>1:21.29</b>	+0,81	38.79	1:21.29
2. Inez Heideman	WS Twente	1:23.10 197500198	<b>1:23.97</b>	+0,88	39.18	1:23.97
3. Pascale Neiss-Janssen	De Roersoppers	1:30.01 197300852	<b>1:29.09</b>	+0,94	41.86	1:29.09
4. Ursula Spoelstra-de Groot	WS Twente	1:43.25 197200952	<b>1:41.48</b>	+0,93	47.93	1:41.48
5. Greta Wyma-Teitsma	DWK	1:46.86 197100696	<b>1:43.42</b>	+0,83	48.71	1:43.42
AFGEM Karin Stein	ZVVS	1:19.86 197100554				

Masters 45+

1. Marjo Goelema-Koek <i>Kampioenschaps Record</i>	De Biesboschzweimmers	1:19.80 196900192	<b>1:19.87</b>		37.33	1:19.87
2. Desiree van der Lem	Vereniging Swimcademy	1:26.27 196800282	<b>1:25.78</b>	+0,87	40.17	1:25.78
3. Esther Mijnen	WZ&PC Purmerend	1:28.30 196900846	<b>1:29.66</b>	+0,84	42.23	1:29.66
4. Annette Korving-Leijenaar	Aqualero	1:30.66 196700662	<b>1:32.21</b>	+0,82	44.59	1:32.21
5. Iris van Aurich	DWK	1:31.82 196900866	<b>1:33.45</b>	+0,73	44.65	1:33.45
6. Chita van der Goorbergh	Zoetermeer	1:30.18 196800762	<b>1:35.25</b>	+0,69	44.68	1:35.25
7. Ageeth Boomsma	Orca	1:36.63 197000826	<b>1:38.12</b>	+0,93	45.58	1:38.12
8. Yvette Kilian	Zoetermeer	1:37.34 196600534	<b>1:38.58</b>	+0,80	45.39	1:38.58
9. Roelien Speelman-Tigelaar	De Spatters	1:40.79 196600664	<b>1:42.42</b>	+0,79	46.55	1:42.42
10. Gabrielle Waldram	WZ&PC Purmerend	1:52.57 196600704	<b>1:50.57</b>		52.79	1:50.57



Open Nederlandse Masters Kampioenschappen 2015 korte baan  
Heerenveen, 23-25 januari 2015



Programmanr. 9, Dames, 100m schoolslag

Masters 50+

1. Marja Bloemzaad	AZ&PC	1:20.81	196100014	<b>1:21.29</b>	+0,78	38.39	1:21.29
<i>Kampioenschaps Record</i>							
2. Tatiana Prokofjeva	Troyka	1:20.86	023013	<b>1:22.52</b>	+0,87	39.27	1:22.52
<i>Russian Masters Record</i>							
3. Gonnie Paas	ZVVS	1:43.23	196200418	<b>1:42.93</b>	+0,66	47.69	1:42.93

Masters 55+

1. Marijke Kraak-Beckers	WS Twente	1:35.94	196000240	<b>1:35.59</b>	+0,89	45.32	1:35.59
2. Marjan Spoelstra	Swol 1894	1:45.90	196000236	<b>1:46.71</b>	+0,95	51.27	1:46.71

Masters 60+

1. Ineke Weekers	PSV	1:32.45	195300050	<b>1:33.49</b>	+0,69	45.47	1:33.49
<i>Nederlands Masters Record</i>							
2. Tineke van Diggelen	ZPCH	1:56.00	195200048	<b>1:53.71</b>	+0,75	53.18	1:53.71
3. Geerdien Meerwaldt	De Geul	2:00.87	195200058	<b>2:04.06</b>	+1,15	1:00.78	2:04.06
4. Nini van Dongen-de Paepe	De Devel	2:11.27	195100044	<b>2:11.99</b>	+1,36	1:02.34	2:11.99

Masters 65+

1. Bea Swijnenberg	Swol 1894	1:37.45	194900010	<b>1:42.18</b>	+0,72	49.02	1:42.18
2. Annet Verhoeven	De Duinkickers	2:00.04	194600024	<b>1:58.61</b>	*	57.86	1:58.61

Masters 70+

1. Mieke Strijbis-v.d.Kroft	DAW	1:59.50	194500004	<b>2:01.67</b>	* +1,29	59.94	2:01.67
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Programmanr. 10  
23-01-2015 - 16:37

Heren, 100m schoolslag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m
<b>Masters 20+</b>							
1. Mateusz Kobus	ZPC Woerden	1:03.09	199505963	<b>1:04.04</b>	+0,71	30.26	1:04.04
<i>Nederlands Masters Record</i>							
2. Romero Hennep	ZVVS	1:04.33	199304929	<b>1:05.66</b>	+0,71	31.10	1:05.66
3. Roald Blok	Octopus	1:05.42	199302685	<b>1:06.33</b>	+0,72	30.93	1:06.33
4. Jeffrey van Deursen	UCAM Club Natacion Fuensanta	1:09.21	008299187	<b>1:06.91</b>	+0,74	31.48	1:06.91
5. Dominique Sikkema	ZIGNEA	1:05.98	199500399	<b>1:07.02</b>	+0,68	31.22	1:07.02
6. Mike Koelewijn	Steenwijk 1934	1:14.26	199303597	<b>1:13.14</b>	+0,74	33.75	1:13.14
7. Maik Steenkamp	Montferland	1:11.26	199103847	<b>1:16.03</b>	+0,74	35.56	1:16.03
8. Wesley Keur	LZ 1886	1:16.42	199405489	<b>1:16.05</b>	+0,78	35.69	1:16.05
9. Martino Valentijn	DIO	1:16.78	199403913	<b>1:18.48</b>	+0,76	35.91	1:18.48
10. Martin van Kammen	ZPD	1:18.72	199502687	<b>1:19.42</b>	+0,88	37.67	1:19.42
<b>Masters 25+</b>							
1. Erik Verholt	Noord Veluwe	1:06.12	198803543	<b>1:06.44</b>	+0,70	30.72	1:06.44
2. Patrick Creemers	RZ	1:07.92	199000579	<b>1:11.27</b>	+0,75	33.62	1:11.27
Hendrik Ben v/d Boon	ZPD	1:09.76	198804761	<b>1:11.27</b>	+0,67	32.51	1:11.27
4. Roderik Meijers	ZOB'66	1:08.34	198602063	<b>1:11.59</b>	+0,73	32.47	1:11.59
5. Sjoerd Boertien	De Houtrib	1:11.35	199000305	<b>1:11.60</b>	+0,64	33.27	1:11.60
6. Herman van Dijk	De Wellerobben	1:11.29	198900691	<b>1:12.82</b>	+0,95	33.36	1:12.82
7. Niels van Beurden	ZPC Woerden	1:12.96	198805669	<b>1:13.49</b>	+0,78	33.93	1:13.49
8. Remko Hooft	De Duinkickers	1:11.78	198701405	<b>1:13.86</b>	+0,74	35.28	1:13.86
9. Wouter van 't Klooster	AZ&PC	1:19.60	198806159	<b>1:19.00</b>	+0,88	37.05	1:19.00
10. Harmen Reemst	ZOB'66	1:22.19	198702715	<b>1:24.00</b>	+0,77	39.00	1:24.00
11. Robin Eggenkamp	De Duinkickers	1:26.79	198700847	<b>1:28.18</b>	+0,54	41.70	1:28.18



## Programmanr. 10, Heren, 100m schoolslag

## Masters 30+

1. Dennis van den Berg	UZSC	1:10.49	198100089	<b>1:08.22</b>	+0,93	32.03	1:08.22
2. Pieter Pickhardt	ZPC De Hof	1:11.42	198301657	<b>1:11.13</b>	+0,80	33.30	1:11.13
3. Gerwin Vonk	De Spatters	1:15.98	198201907	<b>1:15.51</b>	+0,71	35.56	1:15.51
4. Rob van Wanrooy	Gay Swim Amsterdam	1:15.04	198202627	<b>1:17.86</b>	+0,69	35.45	1:17.86
5. Hans Cligge	AZ&PC De Futen	1:23.13	198100315	<b>1:19.87</b>	+0,83	36.84	1:19.87
6. Sebastiaan Baars	WS Twente	1:22.58	198300053	<b>1:22.04</b>	+0,85	38.58	1:22.04

## Masters 35+

1. Egbert Stolk	d'ELFT	1:07.40	197600889	<b>1:08.56</b>	+0,77	32.01	1:08.56
2. Vincent Versteeg	Zwemlust-den Hommel	1:09.94	197701003	<b>1:09.56</b>	+0,72	32.39	1:09.56
3. Victor Barnar	GoSwim	1:10.40	197801805	<b>1:10.92</b>	+0,78	32.97	1:10.92
4. Freddie Geerlings	HGN (SG)	1:11.17	197900379	<b>1:11.60</b>	+0,89	34.00	1:11.60
5. Ron Langelaan	DAW	1:17.51	197800643	<b>1:15.51</b>	+0,77	35.82	1:15.51
6. Berry van Holland	TriVia	1:16.86	198000603	<b>1:16.28</b>	+0,76	35.95	1:16.28
7. Okko de Haas	ZV De Bron	1:16.85	197801593	<b>1:16.82</b>	+0,84	36.91	1:16.82
8. Stan Dekker	PLONS	1:22.62	197901823	<b>1:17.58</b>	+0,87	35.84	1:17.58
9. Marcel Tibben	ZPC Hoogeveen	1:26.60	197801857	<b>1:25.24</b>	+0,71	39.26	1:25.24
10. Marnix Cornelisse	LZ 1886	1:30.50	198002343	<b>1:30.58</b>	+0,76	42.68	1:30.58
11. Robin Roskam	De Duinkickers	1:35.23	197801831	<b>1:34.24</b>	+0,91	45.16	1:34.24

## Masters 40+

1. Dennis Schouten	Upstream Amsterdam	1:12.32	197501351	<b>1:12.49</b>	+0,81	33.84	1:12.49
2. Sergey Petrov	Poseidon	1:12.55	102211	<b>1:15.96</b>	+0,75	35.98	1:15.96
3. Sander Komen	ZV De Bron	1:25.70	197201507	<b>1:26.41</b>	+1,06	41.11	1:26.41

## Masters 45+

1. Jean-Phillippe Paap	ZPC De Hof	1:14.10	197000791	<b>1:15.29</b>	+0,55	35.14	1:15.29
2. Marcel Jonkman	Aqualero	1:15.09	196801389	<b>1:15.38</b>	+0,81	34.58	1:15.38
3. Mark van Wingerden	RZ	1:15.47	197001665	<b>1:18.65</b>	+0,89	36.12	1:18.65
4. Hans Schoenmakers	DAW	1:18.58	196900863	<b>1:18.70</b>	+0,82	36.76	1:18.70
5. Rob Janssen	De Gelenberg	1:19.15	197001467	<b>1:19.16</b>	+0,82	35.80	1:19.16
Jeroen Kort	DAW	1:21.35	196801543	<b>1:19.16</b>	+0,74	37.19	1:19.16
7. Joop Weenink	WS Twente	1:21.87	196801535	<b>1:23.90</b>	+1,01	40.05	1:23.90
8. Huyb Stegeman	Steenwijk 1934	1:22.66	196701535	<b>1:24.63</b>	+0,86	38.64	1:24.63
9. Roelof Broekman	De Spatters	1:28.45	196800155	<b>1:28.03</b>	+0,80	40.90	1:28.03
10. Gertjan van de Bosch	IJZPC	1:29.64	197001615	<b>1:29.39</b>	+1,02	41.74	1:29.39
11. Jeroen v.d. Linden	WZ&PC Purmerend	1:34.60	196601499	<b>1:30.29</b>	+1,03	43.14	1:30.29
12. Gertjan van der Vaart	ZVVS	1:31.15	196801529	<b>1:33.39</b>	+0,68	42.69	1:33.39
13. Henk van Zetten	Octopus	1:35.19	196701261	<b>1:39.61</b>	+0,79	46.62	1:39.61

## Masters 50+

1. Gert Sikkema	ZIGNEA	1:15.36	196300687	<b>1:15.47</b>	+0,65	35.59	1:15.47
2. Bertjan Schelhaas	DWT	1:16.58	196501577	<b>1:16.67</b>	+0,88	35.54	1:16.67
3. Marcel van der Lem	Vereniging Swimcademy	1:16.89	196500563	<b>1:18.37</b>	+0,84	36.39	1:18.37
4. Ralph Caster	RZ	1:18.05	196100069	<b>1:18.43</b>	+0,83	36.42	1:18.43
5. Theo Bakker	TriVia	1:17.70	196401231	<b>1:18.65</b>	+0,77	36.50	1:18.65
6. John Stokx	DAW	1:22.92	196401341	<b>1:20.70</b>	+0,68	37.45	1:20.70
7. Eric de Haas	De Treffers	1:20.66	196501275	<b>1:21.66</b>	+0,91	38.92	1:21.66
8. Arlandas Juodeska	Takas	1:21.06	1961JUO	<b>1:22.32</b>	+0,81	39.12	1:22.32
9. Ronald Grove	Oceanus	1:21.89	196100161	<b>1:23.92</b>	+0,68	39.07	1:23.92
10. Henry Brouwer	Aqualero	1:26.69	196301223	<b>1:25.15</b>	+0,90	40.11	1:25.15
11. Jack Barends	WS Twente	1:27.36	196201011	<b>1:28.27</b>	+0,90	41.90	1:28.27
12. Bart van Calker	WS Twente	1:30.01	196100067	<b>1:29.42</b>	+0,99	43.89	1:29.42
13. Wilbert Barten	Nautilus	1:35.17	196401373	<b>1:29.75</b>	+0,74	42.02	1:29.75
14. Eric Tijms	OEZA	1:31.18	196401125	<b>1:30.91</b>	+0,95	42.70	1:30.91
15. Marco Schoenmakers	ZVVS	1:35.06	196401375	<b>1:32.65</b>	+0,96	43.46	1:32.65
DIS Arno Schrauwen	De Roersoppers	1:16.88	196501355				

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Programmanr. 10, Heren, 100m schoolslag

Masters 55+

1. Adrian Ortiz Buitrago	WIDEX GZC DONK	1:23.74	196000931	<b>1:22.09</b>	+0,78	38.37	1:22.09
2. Willem Zwiers	AquAmigos	1:24.60	195800505	<b>1:24.32</b>		40.59	1:24.32
3. Paul Bunnik	Triton	1:25.76	195600413	<b>1:24.55</b>		40.28	1:24.55
4. Pier van der Sluis	Orca	1:29.07	195900757	<b>1:29.07</b>	+0,95	42.87	1:29.07
5. Joop van Dijk	Deltasteur	1:34.50	195700075	<b>1:37.34</b>	+1,16	44.63	1:37.34
6. Jan Haitsma	De Spatters	1:38.01	196000929	<b>1:38.26</b>		46.27	1:38.26
7. Jan Timmerman	IJZPC	1:41.02	195700347	<b>1:39.11</b>	+0,73	46.20	1:39.11
8. Harry Paas	ZVVS	1:31.84	195800689	<b>1:39.12</b>	+1,02	45.95	1:39.12
9. Adrie van der Gracht	OEZA	1:43.23	195700485	<b>1:47.21</b>	+1,13	50.40	1:47.21

Masters 60+

1. Charles Bos	De Roersoppers	1:20.97	195300019	<b>1:23.64</b>	+0,79	40.05	1:23.64
2. Laurens Klein Breteler	WWV	1:29.16	195400109	<b>1:28.42</b>	+0,89	41.89	1:28.42
3. Nikolay Dronov	Troyka	1:37.97	003037	<b>1:39.41</b>	+1,14	46.63	1:39.41

Masters 65+

1. Oleg Ershov	Meshera	1:33.15	1950ERS	<b>1:28.87</b>	+0,98	41.68	1:28.87
<i>Kampioenschaps Record</i>							
2. Yoshihiro Yasumi	AZ&PC De Futen	1:32.01	194900163	<b>1:38.60</b>	+0,96	45.96	1:38.60
3. Mar van Geel	Old Dutch	1:47.69	194700135	<b>1:53.18</b>	+1,25	52.80	1:53.18

Masters 70+

1. Rob Hanou	PSV	1:32.34	194300109	<b>1:37.97</b>	+1,04	46.64	1:37.97
2. Nico Baay	Old Dutch	1:38.78	194200053	<b>1:39.86</b>	+0,78	46.38	1:39.86
3. Ruud Sloof	De Rijn	1:40.94	194400073	<b>1:46.17</b>	+0,97	51.06	1:46.17

Programmanr. 11  
23-01-2015 - 16:57

Dames, 200m vrije slag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
<b>Masters 20+</b>								
1. Wendan Poelstra	TriVia	2:09.66 199102496	<b>2:10.01</b>	+0,75	30.56	1:03.87	1:37.16	2:10.01
2. Maaïke Vooren	DAW	2:11.12 199103324	<b>2:11.59</b>	+0,79	31.03	1:04.91	1:38.49	2:11.59
3. Seline Koek	LZ 1886	2:15.07 199400622	<b>2:14.94</b>		30.72	1:05.30	1:40.32	2:14.94
4. Karen Stolk	TriVia	2:13.36 199403950	<b>2:15.03</b>	+0,69	31.16	1:05.77	1:40.61	2:15.03
5. Fraukje Puts	HZ&PC Heerenveen	2:19.42 199206470	<b>2:16.92</b>	+0,81	32.58	1:07.79	1:42.44	2:16.92
6. Wendy de Bruin	ZOB'66	2:20.05 199206320	<b>2:17.92</b>	+0,72	31.24	1:06.25	1:42.37	2:17.92
7. Janine de Groot	Nova	2:19.91 199500092	<b>2:19.44</b>	+0,87	32.20	1:07.58	1:43.87	2:19.44
8. Rebecca Vroomen	Eurode KZC	2:17.08 199301772	<b>2:20.93</b>	+0,95	32.62	1:08.82	1:45.72	2:20.93
9. Chantal van der Horst	De Meer	2:18.60 199400616	<b>2:21.55</b>	+0,75	33.18	1:08.66	1:45.04	2:21.55
10. Getrude Corporaal	ZVZ	2:26.82 199200380	<b>2:24.81</b>	+0,78	32.83	1:09.68	1:47.79	2:24.81
11. Anouk van der Pligt	ZOB'66	2:28.32 199303296	<b>2:33.52</b>	+0,58	33.69	1:11.30	1:51.48	2:33.52
12. Lieke Janssen	HGN (SG)	2:37.73 199305954	<b>2:34.08</b>	+0,89	34.94	1:14.38	1:54.75	2:34.08
<b>Masters 25+</b>								
1. Stephanie Rombout	PSV	2:13.87 198803696	<b>2:17.74</b>	+0,80	30.93	1:05.65	1:41.49	2:17.74
2. Ilse van den Wijngaard	ZPC Woerden	2:23.62 198904736	<b>2:22.04</b>	+0,79	31.54	1:07.47	1:45.26	2:22.04
3. Mandy Verbakel	ZPC Woerden	2:23.65 199003908	<b>2:23.61</b>	+0,84	32.24	1:08.70	1:46.82	2:23.61
4. Tamara Caspers	LZ 1886	2:24.00 199007272	<b>2:26.45</b>	+0,79	32.33	1:09.21	1:48.17	2:26.45
5. Auke de Lange	AZC	2:29.72 198602226	<b>2:26.79</b>	+0,84	32.78	1:08.40	1:47.12	2:26.79
6. Yvonne Bruls	Eurode KZC	2:31.09 199008114	<b>2:34.95</b>	+0,77	34.63	1:13.54	1:54.23	2:34.95
7. Lindsey Hol	De Meer	2:31.76 199008088	<b>2:36.40</b>	+0,80	33.73	1:13.53	1:54.75	2:36.40
8. Yvette Nota-Peters	De Spatters	2:39.82 198703158	<b>2:37.39</b>	+0,77	35.96	1:16.56	1:57.86	2:37.39
9. Eline Schoenmaker	Zwemlust-den Hommel	2:40.73 199003322	<b>2:44.81</b>	+0,67	36.92	1:18.10	2:01.45	2:44.81
10. Annebeth van Ark	Octopus	2:48.50 198805588	<b>2:45.65</b>	+0,79	36.71	1:18.72	2:02.40	2:45.65



Programmanr. 11, Dames, 200m vrije slag

Masters 30+

1. Pauline Gouwens	DWK	2:08.60	198400790	<b>2:07.89</b>	+0,75	29.68	1:02.57	1:35.38	2:07.89
2. Nadya Putter	ZVVS	2:16.29	198301630	<b>2:15.52</b>	+0,73	31.87	1:05.86	1:40.66	2:15.52
3. Petra Benani-Wolsing	AZ&PC De Futen	2:15.06	198402796	<b>2:16.64</b>	+0,77	30.93	1:05.49	1:41.10	2:16.64
4. Ramona Linting	AZC	2:32.41	198301274	<b>2:24.23</b>	+0,65	32.86	1:09.21	1:47.04	2:24.23
5. Pauline Tieleman	De Geul	2:21.64	198403348	<b>2:24.81</b>	+0,77	32.06	1:07.77	1:45.79	2:24.81
6. Sylvia Reijers	De Gelenberg	2:33.08	198201360	<b>2:27.09</b>	+0,90	33.26	1:09.78	1:48.33	2:27.09
7. Paulien Schokker	WS Twente	2:35.14	198302876	<b>2:30.90</b>	+0,98	33.47	1:11.58	1:50.89	2:30.90
8. Linda Hoogendam	Zoetermeer	2:30.08	198300892	<b>2:34.41</b>	+0,89	34.69	1:14.27	1:55.44	2:34.41
9. Angela Giezen	Montferland	2:33.82	198302796	<b>2:39.22</b>	+1,29	35.69	1:16.30	1:59.53	2:39.22
10. Marijke Dirkse	IJZPC	2:47.91	198403480	<b>2:47.68</b>	+1,05	36.33	1:18.01	2:02.25	2:47.68

Masters 35+

1. Angelique Boersma	De Vikings	2:19.91	198001586	<b>2:18.08</b>	+0,85	32.10	1:07.56	1:43.43	2:18.08
2. Melanie Kuiper	ZIGNEA	2:22.33	197600350	<b>2:19.97</b>	+0,90	32.58	1:07.78	1:43.96	2:19.97
3. Marijke van den Berg	HZ&PC Heerenveen	2:30.75	197600046	<b>2:29.33</b>		33.11	1:10.76	1:49.98	2:29.33
4. Heleen Spelde-Fransens	THOR	2:36.08	197901358	<b>2:30.49</b>	+1,03	34.06	1:12.34	1:52.02	2:30.49
5. Karin van Dijk	THOR	2:32.11	197601066	<b>2:33.80</b>	+0,87	33.85	1:12.44	1:53.18	2:33.80
6. Marian Nederlof	DWF	2:33.84	197600950	<b>2:37.64</b>	+0,84	35.43	1:14.79	1:56.17	2:37.64
7. Carmen Haan	ZZG De Boskickers	2:33.06	197901458	<b>2:46.34</b>	+0,92	35.45	1:16.92	2:01.27	2:46.34
8. Marieke Langendonk	De Dinkel	2:39.52	197900530	<b>2:48.57</b>	+0,99	37.13	1:19.17	2:04.16	2:48.57
9. Anneke de Groot	De Fuut	2:52.87	197701140	<b>2:54.49</b>	+0,87	39.02	1:22.53	2:08.73	2:54.49

Masters 40+

1. Annette de Visser	Oceanus	2:23.01	197100602	<b>2:22.66</b>	+0,87	32.36	1:08.12	1:45.48	2:22.66
2. Marty Krans-de Weerd	ZCNF'34	2:26.60	197500604	<b>2:23.33</b>	+0,89	32.51	1:08.98	1:46.62	2:23.33
3. Evelien van Klaarbergen	HZ&PC Heerenveen	2:28.86	197200964	<b>2:27.16</b>	+0,90	33.86	1:10.67	1:49.12	2:27.16
4. Edith Janssen-Koolen	TRB-RES	2:26.77	197300898	<b>2:27.39</b>	+0,89	32.77	1:09.36	1:47.91	2:27.39
5. Tony de Groot	AZ&PC De Futen	2:44.94	197300758	<b>2:47.26</b>	+0,82	37.30	1:20.02	2:04.35	2:47.26
6. Annet Kootstra	Swol 1894	2:49.28	197100344	<b>2:54.11</b>	+0,89	39.86	1:23.88	2:09.60	2:54.11
7. Nathasja Konijn	WIDEX GZC DONK	2:59.10	197100992	<b>2:59.87</b>	+0,91	39.88	1:23.64	2:10.75	2:59.87
8. Evelien Breman-Alers	Nautilus	3:05.05	197200878	<b>3:15.62</b>	+0,90	41.19	1:28.97	2:21.71	3:15.62

Masters 45+

1. Heidi van Stein	LZ 1886	2:20.40	196900864	<b>2:21.54</b>	+0,77	32.48	1:08.25	1:44.79	2:21.54
2. Jeanne Petit	De Dinkel	2:28.31	197001687	<b>2:24.64</b>	+0,71	32.58	1:08.78	1:46.63	2:24.64
3. Caroline Schreuder	Triton	2:35.81	196700550	<b>2:36.18</b>	+0,81	35.14	1:15.05	1:56.45	2:36.18
4. Jacqueline Tuin	DAW	2:41.39	196600690	<b>2:39.19</b>	+0,81	36.70	1:17.45	1:59.49	2:39.19
5. Marion Broekhuis	WS Twente	2:33.33	196800060	<b>2:39.63</b>	+0,67	36.31	1:16.16	1:58.18	2:39.63
6. Desiree van der Lem	Vereniging Swimcademy	2:58.43	196800282	<b>2:39.77</b>	+0,98	35.24	1:15.39	1:57.68	2:39.77
7. E. van Wingerden - Dijk	DWK	2:36.65	196900970	<b>2:42.46</b>	+0,91	36.21	1:16.82	1:59.45	2:42.46
8. Sandra Hoofs-Buil	DES	2:56.44	196600678	<b>2:56.92</b>	+0,67	40.12	1:23.86	2:10.63	2:56.92
9. Hetty Smalheer	SCOM	2:57.03	196700352	<b>2:59.06</b>	+0,98	39.65	1:25.69	2:13.02	2:59.06
10. Ingeborg Stokx	DAW	3:00.60	196700666	<b>3:04.11</b>	+0,77	41.39	1:28.28	2:17.36	3:04.11

Masters 50+

1. M. Remmits-De Lange	ZPC Woerden	2:28.04	196300518	<b>2:26.88</b>		33.58	1:10.54	1:48.97	2:26.88
2. Anja Tijink	De Dinkel	2:33.60	196400296	<b>2:33.77</b>	+0,81	33.97	1:12.96	1:53.46	2:33.77
3. Wilna Heijman	Steenwijk 1934	2:33.80	196400506	<b>2:34.84</b>	+0,84	35.44	1:14.22	1:54.88	2:34.84
4. Jeannette Ruesink	WS Twente	2:33.30	196300212	<b>2:36.27</b>	+0,71	36.95	1:16.70	1:56.90	2:36.27

Masters 55+

1. Atie Pijtak-Radersma	AZ&PC	2:32.90	195600048	<b>2:30.06</b>	+0,81	34.77	1:13.13	1:51.95	2:30.06
2. Inge Wolfs	PLONS	2:39.11	196000304	<b>2:43.57</b>	+0,94	37.61	1:18.92	2:01.54	2:43.57
3. Marie-Josée Matte	WVZ	2:58.41	196000326	<b>3:05.58</b>	+0,83	39.91	1:26.63	2:16.37	3:05.58
4. J. Resink-lindeboom	DWK	3:02.02	196000142	<b>3:06.57</b>	+1,04	41.70	1:28.65	2:18.37	3:06.57





Programmanr. 11, Dames, 200m vrije slag

Masters 60+

1. Margriet Pasma De Pinquin 2:48.28 195500088 **2:46.05** +0,90 38.22 1:20.45 2:04.43 2:46.05

Masters 65+

1. Corrie Verhoeven PSV 3:03.76 194600026 **3:03.83** +0,62 41.49 1:29.12 2:17.37 3:03.83

Masters 70+

1. Loekie v. Huissteden AZ&PC 3:58.63 194500002 **4:09.05** +1,07 54.30 1:59.58 3:05.67 4:09.05

Masters 75+

AFGEM Truus Ruiters Old Dutch 4:07.31 194000004

Masters 80+

1. Lottje Geurts PSV 3:27.83 193500006 **3:37.54** +1,17 49.00 1:44.62 2:41.31 3:37.54  
*Nederlands Masters Record, 100 m. NMR*

Programmanr. 12  
23-01-2015 - 17:27

Heren, 200m vrije slag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
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Masters 20+

1. Sietse Wijbenga	ZPD	2:04.96 199301967	<b>2:05.76</b>	+0,76	28.54	1:01.11	1:34.29	2:05.76
2. Mark Veldman	ZIGNEA	2:02.61 199504801	<b>2:06.16</b>	+0,81	28.71	1:00.77	1:33.75	2:06.16
3. Jeffrey Camphens	DWT	2:08.02 199503113	<b>2:07.69</b>	+0,80	30.11	1:03.37	1:36.58	2:07.69
4. Jeffrey van Zetten	Octopus	1:59.54 199500755	<b>2:08.39</b>	+0,78	27.17	58.63	1:33.01	2:08.39
5. Rens Post	WVZ	2:10.12 199101827	<b>2:11.29</b>	+0,69	28.60	1:01.16	1:35.91	2:11.29
6. Frank Hezemans	LZ 1886	2:12.54 199200521	<b>2:12.30</b>	+0,84	29.52	1:02.33	1:36.96	2:12.30
7. Wybren Heida	Borger	2:08.06 199404999	<b>2:12.66</b>	+0,77	29.12	1:01.79	1:36.80	2:12.66

Masters 25+

1. Patrick Creemers	RZ	2:01.14 199000579	<b>2:02.67</b>	+0,86	28.30	59.47	1:31.59	2:02.67
2. Klaas van Beek	ZV Haerlem	2:02.39 198805941	<b>2:03.97</b>	+0,70	28.54	59.75	1:32.12	2:03.97
3. Remco de Veen	De Roersoppers	2:06.15 198903247	<b>2:05.45</b>	+0,50	29.36	1:01.52	1:33.89	2:05.45
4. Rick Driezen	Steenwijk 1934	2:08.42 198600713	<b>2:07.09</b>	+0,89	29.57	1:01.54	1:34.28	2:07.09
5. Tim Bunnik	Triton	2:03.98 199000505	<b>2:09.07</b>	+0,88	28.20	1:00.32	1:34.63	2:09.07
6. Wesley van Diejen	PSV	2:15.61 198604551	<b>2:15.67</b>	+0,83	30.49	1:05.21	1:40.18	2:15.67
7. Melano Winter	RSW (SG)	2:21.18 198703847	<b>2:20.38</b>	+0,84	31.97	1:08.02	1:44.21	2:20.38

Masters 30+

1. Kristiaan Lenos	LZ 1886	1:57.75 198301331	<b>2:00.64</b>	+0,78	26.50	55.97	1:27.96	2:00.64
2. Richard Huisken	ZPC De Hof	1:59.67 198501141	<b>2:00.84</b>	+0,74	27.25	57.67	1:29.43	2:00.84
3. Emiel Huisken	ZPC De Hof	2:00.94 198501139	<b>2:02.22</b>	+0,79	27.51	58.09	1:30.25	2:02.22
4. Bart Groenemans	PLONS	2:13.22 198200551	<b>2:06.91</b>	+0,74	28.78	1:00.58	1:34.23	2:06.91
5. Marcel Reefhuis	WS Twente	2:06.83 198101381	<b>2:07.20</b>		29.70	1:02.30	1:35.11	2:07.20
6. Rob van Vliet	AZ&PC	2:11.60 198402459	<b>2:11.67</b>	+0,88	29.22	1:02.21	1:36.99	2:11.67
7. Ralf Tillmans	De Roersoppers	2:08.42 198502597	<b>2:12.56</b>	+0,80	29.43	1:02.38	1:37.31	2:12.56
8. Leander Noordijk	MGO (SG)	2:14.09 198101221	<b>2:13.18</b>	+0,95	30.44	1:03.94	1:38.72	2:13.18
9. Rob van Wanrooy	Gay Swim Amsterdam	2:26.95 198202627	<b>2:31.16</b>	+0,41	33.41	1:11.62	1:51.37	2:31.16



## Programmanr. 12, Heren, 200m vrije slag

## Masters 35+

1. Nol van Thull	d'ELFT	1:57.33	198001513	<b>1:57.87</b>	+0,79	26.40	55.64	1:26.01	1:57.87
<i>Kampioenschaps Record</i>									
2. Michiel Beemster	WS Twente	2:02.26	198000063	<b>2:04.76</b>	+0,86	27.04	57.38	1:30.63	2:04.76
3. Jeroen Zelsmann	Upstream Amsterdam	2:17.11	197701551	<b>2:10.51</b>	+0,75	28.87	1:02.42	1:37.51	2:10.51
4. Raymond Oosterbaan	WIDEX GZC DONK	2:16.86	197700711	<b>2:15.52</b>	+1,04	30.26	1:05.34	1:40.51	2:15.52
5. Jeroen Vogelsang	DAW	2:16.71	198001645	<b>2:18.57</b>	+0,85	31.39	1:06.17	1:42.62	2:18.57

## Masters 40+

1. Alex Damen	DAW	2:14.23	197501371	<b>2:08.53</b>	+0,81	29.59	1:01.72	1:35.28	2:08.53
2. Joeri Stoffels	AZC	2:16.11	197300851	<b>2:10.71</b>	+0,70	30.74	1:04.63	1:38.61	2:10.71
3. Antwan van Engen	De Ward	2:23.45	197101577	<b>2:16.08</b>	+0,79	30.21	1:03.87	1:39.59	2:16.08
4. Erwin Zuidervelt	AZ&PC De Futen	2:17.13	197501015	<b>2:16.20</b>	+0,69	31.03	1:05.45	1:40.97	2:16.20
5. Erik Lamers	De Gelenberg	2:18.23	197500507	<b>2:16.31</b>	+0,70	31.05	1:05.99	1:42.02	2:16.31
6. Rogier Becker	De Dinkel	2:22.70	197301439	<b>2:22.65</b>	+0,90	31.53	1:06.86	1:44.58	2:22.65
7. Wouter van der Stelt	Den Doorn	2:25.41	197200889	<b>2:28.15</b>	+0,89	32.76	1:09.30	1:48.32	2:28.15

## Masters 45+

1. Glen le Clercq	De Rog	2:08.21	196800177	<b>2:04.56</b>	+0,80	29.54	1:01.87	1:32.76	2:04.56
2. Geert Wijn	De Gelenberg	2:06.66	196701101	<b>2:08.05</b>	+0,85	29.23	1:02.54	1:35.61	2:08.05
3. Arjan Bellaart	Oceanus	2:09.10	196900079	<b>2:09.54</b>	+0,74	29.43	1:02.32	1:35.98	2:09.54
4. René Beetsma	HZ&PC Heerenveen	2:09.56	196900069	<b>2:10.88</b>	+0,79	30.06	1:02.79	1:36.85	2:10.88
5. Kees Akershoek	De Stelle	2:16.90	196900009	<b>2:15.35</b>	+0,83	30.86	1:04.62	1:40.28	2:15.35
6. Peter van Grootheest	ZPC Hatto Heim	2:17.55	197000375	<b>2:17.48</b>	+0,93	32.00	1:07.57	1:43.60	2:17.48
7. J. van den Berg	WVZ	2:17.26	196801575	<b>2:18.73</b>	+0,83	30.54	1:05.41	1:42.16	2:18.73
8. Rob Verheul	TRB-RES	2:27.05	196601571	<b>2:21.75</b>	+0,84	32.20	1:07.22	1:44.18	2:21.75
9. Nico Swart	Den Doorn	2:34.97	196801475	<b>2:33.51</b>	+0,91	33.63	1:12.31	1:53.56	2:33.51

## Masters 50+

1. Edwin v. Norden	AZ&PC	2:04.92	196300563	<b>2:06.35</b>	+0,72	28.85	1:00.97	1:33.60	2:06.35
2. Johan Remmits	ZPC Woerden	2:10.84	196201159	<b>2:09.64</b>	+0,79	29.39	1:02.06	1:36.17	2:09.64
3. Rene de Boer	DAW	2:13.23	196400087	<b>2:12.78</b>	+0,82	30.14	1:02.95	1:38.06	2:12.78
4. Alexey Trusov	Sprut	2:14.66	018029	<b>2:13.15</b>	+0,86	30.43	1:03.65	1:37.97	2:13.15
5. Gert Sikkema	ZIGNEA	2:11.95	196300687	<b>2:15.11</b>	+0,70	31.12	1:05.47	1:40.28	2:15.11
6. Otto Jansen	LZ 1886	2:33.02	196501403	<b>2:22.55</b>	+0,71	31.29	1:06.77	1:44.78	2:22.55
7. Frank Rietbroek	RZ	2:22.25	196401433	<b>2:25.30</b>	+0,87	32.56	1:09.03	1:47.04	2:25.30
8. Ivo Buchholz	WS Twente	2:28.97	196401165	<b>2:31.00</b>	+0,95	33.35	1:10.55	1:50.91	2:31.00
9. Mark Kas	PLONS	2:32.82	196100285	<b>2:33.09</b>	+0,91	35.03	1:13.33	1:53.77	2:33.09
10. Fred Dijkshoorn	Zwemvereniging Westland	2:36.94	196501539	<b>2:34.51</b>	+0,83	33.30	1:11.18	1:52.93	2:34.51
11. Jose Serrano	DES	2:39.66	196401437	<b>2:39.41</b>	+0,90	33.78	1:12.83	1:55.14	2:39.41
12. Jan Smalheer	SCOM	2:37.74	196400701	<b>2:40.44</b>	+1,15	35.67	1:17.32	1:59.69	2:40.44

## Masters 55+

1. Richard Broer	PLONS	2:37.30	195900077	<b>2:28.79</b>	+0,92	32.76	1:10.66	1:50.60	2:28.79
2. Jan Willem Heuten	WS Twente	2:41.11	196000883	<b>2:41.87</b>	+0,87	35.95	1:16.75	2:00.28	2:41.87

## Masters 60+

1. Brend Brevé	PSV	2:28.44	195200265	<b>2:26.43</b>	+0,88	33.36	1:10.05	1:48.42	2:26.43
2. Henk Slomp	De Pinquin	2:30.10	195500359	<b>2:33.06</b>	+0,88	34.11	1:12.58	1:53.49	2:33.06
3. Fred Zanting	TriVia	2:39.98	195400323	<b>2:41.99</b>	+1,04	36.99	1:17.50	2:00.70	2:41.99
4. Laurens Klein Breteler	WWV	2:43.94	195400109	<b>2:43.15</b>	+0,93	36.17	1:17.79	1:58.26	2:43.15
5. Jos Kamps	Zwemvereniging Hoogland	2:48.08	195100085	<b>2:58.09</b>	+1,11	38.90	1:22.33	2:10.46	2:58.09
6. Hilbert Prins	OEZA	3:01.20	195100223	<b>2:58.34</b>	+1,09	40.42	1:25.85	2:12.65	2:58.34

## Masters 65+

1. Wout Hemmes	De Plons	2:43.87	194800059	<b>2:41.51</b>	+0,91	35.08	1:15.62	1:58.65	2:41.51
2. Ludwig Lorenz	SV Gladbeck 13	3:17.43	127866	<b>3:08.72</b>	+1,08	45.21	1:34.16	2:22.80	3:08.72
3. Mar van Geel	Old Dutch	3:16.62	194700135	<b>3:35.32</b>	+1,22	46.91	1:40.18	2:37.59	3:35.32

Programmanr. 12, Heren, 200m vrije slag

Masters 70+

1. Willem Putter	ZVVS	3:00.16	194500135	<b>2:57.18</b>	+1,07	39.90	1:24.57	2:11.52	2:57.18
2. Geza Kaltenecker	AZC	3:07.20	194200065	<b>3:15.61</b>	+1,02	42.58	1:31.85	2:24.83	3:15.61

Masters 75+

1. Frederik H. de Bruijn	CN Aquamasters	2:52.41	1938HEN	<b>2:58.83</b>	+1,20	41.14	1:26.17	2:13.67	2:58.83
<i>Spanish Masters Record</i>									
2. Frans van Enst	WS Twente	3:01.46	194000011	<b>3:07.66</b>	+1,01	40.77	1:27.94	2:17.94	3:07.66
3. Gregor Pompen	Aqua-Novio'94	3:15.19	193700021	<b>3:34.99</b>	+1,08	47.87	1:40.95	2:37.22	3:34.99

Programmanr. 13  
23-01-2015 - 17:58

Dames, 4 x 50m wisselslag

Masters Open  
Resultaten

rang	vereniging	inschrijftijd	tijd	RT
<b>80+</b>				
1.	TriVia	2:06.61	<b>2:05.77</b>	
<i>Kampioenschaps Record</i>				
	Heleen Arends	94	33.16	Karen Stolk 94 +0,61 30.51
	Wendan Poelstra	91 +0,29	34.80	Monique Jonker 85 +0,43 27.30
2.	LZ 1886 1	2:12.36	<b>2:13.74</b>	
	Anna Boef	88	34.69	Tamara Caspers 90 +0,61 32.68
	Suzanne Brummel	94 +0,55	36.60	Seline Koek 94 +0,33 29.77
<b>100+</b>				
1.	PSV 2	2:13.41	<b>2:13.55</b>	
	Stephanie Rombout	88	33.40	Elles van Leeuwen 86 32.57
	Renee de Kok	84 +0,25	38.16	Nienke van Stipriaan 87 +0,24 29.42
2.	DAW 1	2:15.17	<b>2:15.77</b>	
	Sandra Pannekeet	84	37.30	Maaïke Vooren 91 +0,50 31.49
	Laura Badoux	82 +0,62	35.87	Jacqueline Schroer 91 +0,26 31.11
3.	De Meer 1	2:16.50	<b>2:20.50</b>	
	Lindsey Hol	90	37.98	Nadège van Meeteren 74 +0,69 36.10
	Chantal van der Horst	94 +0,29	36.96	Eline van Gemert 95 +0,41 29.46
4.	GZVW 1	2:28.84	<b>2:25.90</b>	
	Nadine Blouw	93	37.12	Relinda Baas 89 +0,62 37.35
	Josse van Geffen	86 +0,41	40.87	Marijke Pras 92 +0,04 30.56
5.	Steenwijk 1934 1	2:27.31	<b>2:26.67</b>	
	Wilna Heijman	64	38.96	Lonneke Oenema 91 +0,50 36.71
	Tara Keijzer	91 +0,50	41.13	Lucienne v.d Linde 95 +0,41 29.87
<b>120+</b>				
1.	AZ&PC 1	2:08.96	<b>2:09.54</b>	
<i>Kampioenschaps Record</i>				
	Iris Pijtak	93	33.16	Marja Bloemzaad 61 +0,39 32.43
	Larissa Brak	88 +0,53	32.84	Talje Dijkhuis 66 +0,77 31.11
2.	ZPC Woerden 1	2:13.38	<b>2:15.20</b>	
	Ilse van den Wijngaard	89	34.72	Marjan Remmits-De Lange 63 +0,32 32.87
	Sabine Lina	89 +0,44	38.32	Mandy Verbakel 90 +0,36 29.29
3.	De Roersoppers 1	2:17.91	<b>2:18.46</b>	
	Emmy Slabbers	81	36.26	Wieke Bos 82 +0,17 32.64
	Pascalie Neiss-Janssen	73 +0,58	40.66	Ilse Clevers 85 +0,43 28.90
4.	WS Twente 1	2:20.32	<b>2:19.63</b>	
	Paulien Schokker	83	36.14	Annelette Reefhuis-de Vries 86 +0,46 32.41
	Inez Heideman	75 +0,49	38.08	Marion Broekhuis 68 +0,46 33.00
5.	HZ&PC Heerenveen 1	2:24.36	<b>2:23.16</b>	
	Evelien van Klarbergen	72	35.50	Peggi Hurenkamp 69 +0,62 37.46
	Karin van Dijk	86 +0,53	36.26	Jannie Vennik 76 +0,33 33.94

Programmanr. 13, Dames, 4 x 50m wisselslag, 120+

rang	vereniging	inschrijftijd	tijd	RT
6.	DWK	2:23.07	<b>2:24.32</b>	
	Ellen van Wingerden - Dijkhuizen	69 40.02	Pauline Gouwens 84 +0,52	28.60
	Liesbeth van Mill	87 +0,67 42.95	Iris van Aurich 69 +0,43	32.75
7.	Aqualero	2:26.25	<b>2:25.47</b>	
	Dian Enting	94 37.86	Selly Swieringa 90 +0,61	34.33
	Annette Korving-Leijenaar	67 +0,43 42.15	Manon Jellinek 89 +0,50	31.13
8.	WZ&PC Purmerend 1	2:29.40	<b>2:32.34</b>	
	Esther Mijnen	69 42.66	Pascalie Spiekerman 94 +0,63	30.35
	Nathalie van Velzen	85 +0,22 37.23	Wendy v.d. Linden 73 +0,38	42.10
9.	DAW 2	2:36.44	<b>2:35.45</b>	
	Bianca Paape	85 37.85	Ilona Hogerheyde 74 +0,50	34.29
	Ingeborg Stokx	67 +0,43 49.67	Agnes van Brug 80 +0,54	33.64

160+

1.	PLONS 1	PLONS	2:30.00	<b>2:30.74</b>	
	100m*				
	Inge Wolfs	60 40.17	Ina Schaafsma 85	30.88	
	Patty Krupiarz	54 +0,07 45.73	Gabi Vink 84 +0,38	33.96	
2.	Budel 1	Budel	2:44.76	<b>2:52.37</b>	
	50m*				
	Judith van der Heijden	70 50.10	Miriam Stevens 69 +0,69	43.50	
	Ingrid Noten	85 45.53	Karin Smolders 76 +0,77	33.24	

200+

1.	Swol 1894 1	Swol 1894	2:32.00	<b>2:33.56</b>	
	Nienke Veenstra	86 33.57	Christien Nieuwenhuis 51 +0,60	36.60	
	Bea Swijnenberg	49 +0,21 46.08	Marjan Spoelstra 60 +0,64	37.31	
2.	WS Twente 2	WS Twente	2:45.36	<b>2:46.92</b>	
	Antoinette Gilding-Tussaud	50 48.49	Jeannette Ruesink 63 +0,20	37.62	
	Ursula Spoelstra-de Groot	72 +0,25 46.83	Marijke Kraak-Beckers 60 +0,58	33.98	

240+

1.	PSV 1	PSV	2:40.41	<b>2:41.66</b>	
	Nederlands Masters Record				
	Gudule van der Meer	72 33.09	Patty Verhagen 59 +0,43	38.65	
	Corrie Verhoeven	46 +0,69 47.72	Lottie Geurts 35 +0,71	42.20	

Programmanr. 14  
23-01-2015 - 18:07

Heren, 4 x 50m wisselslag

Masters Open  
Resultaten

rang	vereniging	inschrijftijd	tijd	RT	
80+					
1.	ZPD 1	ZPD	2:00.97	<b>2:00.30</b>	
	Roelof de Jong	89 34.39	Sietse Wijbenga 93 +0,35	28.06	
	Hendrik Ben v/d Boon	88 +0,35 31.21	Martin van Kammen 95 +0,49	26.64	
100+					
1.	MGO (SG) 1	MGO (SG)	2:05.74	<b>2:06.85</b>	
	Niels Albrechts	88 33.85	Frank van der Voordt 83 +0,57	30.40	
	Coen van der Wekken	92 +0,26 36.60	Martijn van Hoorn 89 +0,60	26.00	
AFGEM	De Veene 1	De Veene	2:01.87		

Programmanr. 14, Heren, 4 x 50m wisselslag

120+

1. ZIGNEA 1 Dominique Sikkema Heiner Stevens	ZIGNEA 95 72 +0,31	28.20 33.52	Mark Veldman Gert Sikkema	95 63	+0,41 +0,44	27.83 26.68	<b>1:56.23</b>
2. ZPC De Hof 1 Richard Huisken Pieter Pickhardt	ZPC De Hof 85 83 +0,51	30.31 32.55	Jean-Phillippe Paap Emiel Huisken	70 85	+0,43 +0,15	28.91 24.55	<b>1:56.32</b>
3. Steenwijk 1934 1 Casper Dollekamp Lauren Vis	Steenwijk 1934 63 82 +0,25	35.34 32.02	Rick Driezen Mike Koelewijn	86 93	+0,47 +0,41	27.85 24.74	<b>1:59.95</b>
4. AZ&PC 1 Edwin v. Norden Rob van Vliet	AZ&PC 63 84 +0,39	30.04 33.00	Mark Pijtak Ron Korzelius	90 65	+0,40 +0,19	29.64 27.37	<b>2:00.05</b>
5. De Zwoer 1 Pieter Ytsma Matthijs Mulder	De Zwoer 95 95 +0,12	29.37 33.64	Dennis de Groot Joan Mulder	83 64	+0,39 +0,08	27.17 30.46	<b>2:00.64</b>
6. ZPC Woerden 1 Michiel van Vliet Niels van Beurden	ZPC Woerden 95 88 +0,35	32.87 32.93	Johan Remmits Patrick de Jonge	62 89	+0,34 +0,05	29.01 26.80	<b>2:01.61</b>
7. HZ&PC Heerenveen 1 René Beetsma Casper Tichelaar	HZ&PC Heerenveen 69 79 +0,49	31.17 31.65	Gerard Eghuizen Robert Hoiting	74 80	+0,57 +0,34	30.26 28.85	<b>2:01.93</b>
8. LZ 1886 1 Otto Jansen Kristiaan Lenos	LZ 1886 65 83 +0,50	34.17 32.62	Wesley Keur Frank Hezemans	94 92	+0,29 +0,31	29.11 26.29	<b>2:02.19</b>
9. WS Twente 1 Marcel Reefhuis Michiel Beemster	WS Twente 81 80 +0,14	31.44 32.02	Jos Wensink Sebastiaan Baars	69 83	+0,41 +0,18	30.76 29.33	<b>2:03.55</b>
10. DAW 1 Stefan Holmstrom Ron Langelaan	DAW 67 78 +0,52	32.69 33.83	Kars Luttk Jeroen Vogelsang	78 80	+0,11 +0,46	30.24 28.86	<b>2:05.62</b>
11. Octopus 1 Roald Blok Albert van Piekeren	Octopus 93 84 +0,11	30.50 31.93	Jeffry van Zetten Henk van Zetten	95 67	+0,32 +0,06	29.81 35.05	<b>2:07.29</b>

160+

1. De Gelenberg 1 John Cobussen Rob Janssen	De Gelenberg 75 70 +0,44	31.22 35.31	Marcel van Winssen Geert Wijn	71 67	+0,44 +0,28	28.68 26.24	<b>2:01.45</b>
2. Upstream Amsterdam 1 Dennis Schouten Jeroen Zelsmann	Upstream Amsterdam 75 77 +0,28	30.26 33.64	Peter van Vuuren Edwin van der Meulen	60 81	+0,26 +0,31	31.74 27.07	<b>2:02.71</b>
3. De Roersoppers 1 Ralf Tillmans Arno Schrauwen	De Roersoppers 85 65 +0,38	32.01 34.53	Remco de Veen Charles Bos	89 53	+0,30 +0,32	27.85 28.92	<b>2:03.31</b>
4. DAW 2 John Stokx Jeroen Kort	DAW 64 68 +0,38	32.76 35.82	Fred Heemstra Alex Damen	65 75	+0,43 +0,33	31.21 26.26	<b>2:06.05</b>
5. Takas 1 Arlandas Juodeska Arturas Tuomas	Takas 61 61 +0,29	33.32 36.83	Arvydas Burinskas Pavel Protasciuk	69 79	+0,44 +0,55	30.30 25.89	<b>2:06.34</b>
6. Budel 1 Rick de Greef Joost van Eerd	Budel 84 69 +0,38	29.40 38.56	Albert Roosenboom Wiljo Mackus	71 71	+0,33 +0,73	33.14 28.83	<b>2:09.93</b>
7. AZ&PC De Futen 1 Mike Hereijgers Yoshihiro Yasumi	AZ&PC De Futen 85 49 +0,46	33.96 42.84	Arnold de Rover Erwin Zuidervelt	64 75	+0,16 +0,51	31.02 27.46	<b>2:15.28</b>
8. De Duinkickers 1 Robin Eggenkamp Robin Roskam	De Duinkickers 87 78 +0,71	36.31 41.28	Jaap de Boer Marcel Brittijn	58 69	+0,43 +0,30	37.21 30.75	<b>2:25.55</b>
9. Steenwijk 1934 2 Korstaan de Boer Hans van Scheepen	Steenwijk 1934 71 62 +0,61	36.85 43.65	Huyb Stegeman Dick Huisman	67 75	+0,63 +0,27	34.65 31.34	<b>2:26.49</b>

Programmanr. 14, Heren, 4 x 50m wisselslag

200+

1. RZ 1	RZ		2:06.65	<b>2:06.84</b>
Bert Schlicher	64		31.12	70 +0,15 32.39
Ralph Caster	61 +0,42	35.61	Mark van Wingerden Frank Rietbroek	64 +0,42 27.72
2. PSV 1	PSV		2:14.27	<b>2:14.41</b>
Brend Brevé	52	35.26	Wesley van Diejen	86 +0,35 30.23
Rob Hanou	43 +0,69	42.61	Gijsbert van der Leden	67 +0,39 26.31
3. WS Twente 2	WS Twente		2:15.23	<b>2:16.11</b>
Jack Barends	62	38.81	Ivo Buchholz	64 +0,57 32.94
Joop Weenink	68 +0,56	37.57	Hans Westerhof	62 +0,53 26.79
4. PLONS 1	PLONS		2:12.00	<b>2:16.15</b>
Evertjan Masurel	56	38.42	Mark Kas	61 +0,44 34.56
Stan Dekker	79 +0,39	34.61	Richard Broer	59 +0,35 28.56
5. Budel 2	Budel		2:43.28	<b>2:38.22</b>
Jos Zentjens	57	42.61	Edward van Nijmweegen	70 36.90
Jan-Pieter Broos	68 +0,87	48.69	Ruud Kennis	65 +0,13 30.02
6. OEZA 1	OEZA		2:58.65	<b>2:56.76</b>
Adrie van der Gracht	57	56.66	Eric Tijms	64 +0,46 39.36
Dirk Crok	58 +0,30	44.23	Hilbert Prins	51 +0,26 36.51

240+

1. WS Twente 3	WS Twente		2:30.53	<b>2:34.23</b>
<i>Startzwemmer NMR 50 m. rugslag</i>				
Frans van Enst	40	39.72	Jan Willem Heuten	60 +0,60 36.36
Bart van Calker	61	41.83	Herbert Katgert	59 +0,66 36.32



3 - ONMK 2015 kb sessie 3

24-01-2015 - 9:00

Programmanr. 16  
24-01-2015 - 9:00

Heren, 400m vrije slag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
<b>Masters 20+</b>								
1.	Joost van den Berg	Borger	4:25.20	199405289	<b>4:26.50</b>	+0,74		
	50m: 29.27 29.27	150m: 1:35.24 33.46	250m: 2:43.64 34.46	350m: 3:53.20 34.90	100m: 1:01.78 32.51	200m: 2:09.18 33.94	300m: 3:18.30 34.66	400m: 4:26.50 33.30
2.	Jeffrey Camphens	DWT	4:26.73	199503113	<b>4:31.50</b>	+0,74		
	50m: 29.65 29.65	150m: 1:37.30 34.40	250m: 2:46.43 34.61	350m: 3:51.84 31.57	100m: 1:02.90 33.25	200m: 2:11.82 34.52	300m: 3:20.27 33.84	400m: 4:31.50 39.66
3.	Maik Steenkamp	Montferland	4:36.19	199103847	<b>4:49.88</b>	+0,77		
	50m: 31.39 31.39	150m: 1:43.13 36.26	250m: 2:57.12 37.05	350m: 4:13.45 38.22	100m: 1:06.87 35.48	200m: 2:20.07 36.94	300m: 3:35.23 38.11	400m: 4:49.88 36.43
4.	Thijs van den End	ZPC Woerden	4:45.29	199306803	<b>4:53.07</b>	+0,95		
	50m: 32.25 32.25	150m: 1:42.47 34.91	250m: 2:55.64 37.11	350m: 4:14.20 39.98	100m: 1:07.56 35.31	200m: 2:18.53 36.06	300m: 3:34.22 38.58	400m: 4:53.07 38.87
<b>Masters 25+</b>								
1.	Alex Schelvis	De Geul	4:02.28	198702927	<b>4:12.26</b>	+0,80		
	50m: 28.52 28.52	150m: 1:31.77 32.00	250m: 2:37.09 32.80	350m: 3:41.20 31.69	100m: 59.77 31.25	200m: 2:04.29 32.52	300m: 3:09.51 32.42	400m: 4:12.26 31.06
2.	Erik Simons	d'ELFT	4:10.02	198902845	<b>4:13.46</b> *	+0,79		
	<i>alle tijden zijn back-up tijden</i>	150m: 1:32.78 32.25	250m: 2:37.36 31.94	350m: 3:42.30 32.35	100m: 1:00.53 31.91	200m: 2:05.42 32.64	300m: 3:09.95 32.59	400m: 4:13.46 31.16
3.	Klaas van Beek	ZV Haerlem	4:25.95	198805941	<b>4:28.15</b> *	+0,71		
	<i>alle tijden zijn back-up tijden</i>	150m: 1:36.93 33.99	250m: 2:45.35 34.23	350m: 3:54.36 34.41	100m: 1:02.94 32.84	200m: 2:11.12 34.19	300m: 3:19.95 34.60	400m: 4:28.15 33.79
4.	Remco de Veen	De Roersoppers	4:24.02	198903247	<b>4:30.04</b>	+0,64		
	50m: 29.59 29.59	150m: 1:36.14 33.63	250m: 2:44.34 34.45	350m: 3:54.72 35.50	100m: 1:02.51 32.92	200m: 2:09.89 33.75	300m: 3:19.22 34.88	400m: 4:30.04 35.32
5.	Wessel Everloo	De Veene	4:31.38	198906597	<b>4:34.56</b>	+0,82		
	50m: 31.10 31.10	150m: 1:40.92 35.17	250m: 2:51.73 34.83	350m: 4:02.27 34.36	100m: 1:05.75 34.65	200m: 2:16.90 35.98	300m: 3:27.91 36.18	400m: 4:34.56 32.29
6.	Tim Bunnik	Triton	4:28.08	199000505	<b>4:37.39</b>	+0,89		
	50m: 30.14 30.14	150m: 1:40.11 36.00	250m: 2:51.11 35.17	350m: 4:02.25 35.93	100m: 1:04.11 33.97	200m: 2:15.94 35.83	300m: 3:26.32 35.21	400m: 4:37.39 35.14
7.	Hjalmar de Ruiter	NDD	4:59.75	198902695	<b>4:43.83</b>	+0,75		
	50m: 30.35 30.35	150m: 1:41.19 36.17	250m: 2:55.15 36.81	350m: 4:08.44 36.70	100m: 1:05.02 34.67	200m: 2:18.34 37.15	300m: 3:31.74 36.59	400m: 4:43.83 35.39
8.	Sverre Oelen	WZ&PC Purmerend	4:39.44	199002147	<b>4:44.49</b> *	+1,11		
	<i>alle tijden zijn back-up tijden</i>	150m: 1:48.00 37.61	250m: 2:59.65 34.11	350m: 4:09.04 34.87	100m: 1:10.39 36.82	200m: 2:25.54 37.54	300m: 3:34.17 34.52	400m: 4:44.49 35.45
9.	Wesley van Diejen	PSV	5:09.16	198604551	<b>4:54.27</b>	+0,80		
	50m: 31.28 31.28	150m: 1:42.62 36.18	250m: 2:58.97 38.84	350m: 4:16.68 39.21	100m: 1:06.44 35.16	200m: 2:20.13 37.51	300m: 3:37.47 38.50	400m: 4:54.27 37.59
AFGEM	Peter van den Dool	GoSwim	5:02.79	198704973				
<b>Masters 30+</b>								
1.	Erik Schröder	TriVia	4:07.08	198402025	<b>4:10.97</b>	+0,79		
	<i>Nederlands Masters Record</i>	150m: 1:31.93 31.59	250m: 2:36.29 32.14	350m: 3:40.41 31.90	100m: 28.38 28.38	200m: 2:04.15 32.22	300m: 3:08.51 32.22	400m: 4:10.97 30.56
2.	Richard Huisken	ZPC De Hof	4:16.57	198501141	<b>4:19.60</b>	+0,75		
	50m: 28.86 28.86	150m: 1:34.01 32.83	250m: 2:40.77 33.45	350m: 3:48.35 33.80	100m: 1:01.18 32.32	200m: 2:07.32 33.31	300m: 3:14.55 33.78	400m: 4:19.60 31.25

Programmanr. 16, Heren, 400m vrije slag, Masters 30+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
3.	Kristiaan Lenos	LZ 1886	4:15.02	198301331	<b>4:20.54</b>	+0,85		
	50m: 28.76	28.76	150m: 1:33.27	32.60	250m: 2:39.95	33.57	350m: 3:48.04	34.33
	100m: 1:00.67	31.91	200m: 2:06.38	33.11	300m: 3:13.71	33.76	400m: 4:20.54	32.50
4.	Emiel Huisken	ZPC De Hof	4:16.26	198501139	<b>4:23.62</b>	+0,68		
	50m: 28.77	28.77	150m: 1:33.99	33.04	250m: 2:40.97	33.73	350m: 3:49.44	34.30
	100m: 1:00.95	32.18	200m: 2:07.24	33.25	300m: 3:15.14	34.17	400m: 4:23.62	34.18
5.	Marcel Reefhuis	WS Twente	4:32.61	198101381	<b>4:33.54</b>	+0,52		
	50m: 31.01	31.01	150m: 1:40.06	34.98	250m: 2:50.51	35.15	350m: 4:00.61	35.02
	100m: 1:05.08	34.07	200m: 2:15.36	35.30	300m: 3:25.59	35.08	400m: 4:33.54	32.93
6.	Mathijs Lenos	HFC	4:43.00	198401407	<b>4:49.61</b>	+0,77		
	50m: 32.39	32.39	150m: 1:44.94	36.96	250m: 3:00.78	37.80	350m: 4:13.11	36.21
	100m: 1:07.98	35.59	200m: 2:22.98	38.04	300m: 3:36.90	36.12	400m: 4:49.61	36.50
7.	Frank van der Voordt	MGO (SG)	4:48.11	198302259	<b>4:49.85</b>	+0,86		
	50m: 31.98	31.98	150m: 1:43.24	36.10	250m: 2:57.69	37.45	350m: 4:13.14	37.57
	100m: 1:07.14	35.16	200m: 2:20.24	37.00	300m: 3:35.57	37.88	400m: 4:49.85	36.71
8.	Bas v.d. Laan	WVZ	4:51.31	198302471	<b>5:02.74</b>	+0,87		
	50m: 32.19	32.19	150m: 1:46.15	37.97	250m: 3:04.71	38.35	350m: 4:23.71	39.66
	100m: 1:08.18	35.99	200m: 2:26.36	40.21	300m: 3:44.05	39.34	400m: 5:02.74	39.03

Masters 35+

1.	Egbert Stolk	d'ELFT	4:19.15	197600889	<b>4:22.86</b>	+0,81		
	<i>Kampioenschaps Record</i>							
	50m: 29.60	29.60	150m: 1:35.55	33.49	250m: 2:43.28	33.77	350m: 3:50.76	33.53
	100m: 1:02.06	32.46	200m: 2:09.51	33.96	300m: 3:17.23	33.95	400m: 4:22.86	32.10
2.	Ivo Roozeboom	WVZ	4:24.75	197700801	<b>4:29.58</b>	+0,82		
	50m: 30.30	30.30	150m: 1:39.17	34.53	250m: 2:48.28	34.45	350m: 3:57.45	34.42
	100m: 1:04.64	34.34	200m: 2:13.83	34.66	300m: 3:23.03	34.75	400m: 4:29.58	32.13
3.	Jeroen Vogelsang	DAW	4:53.63	198001645	<b>4:52.77</b>	+0,83		
	50m: 31.86	31.86	150m: 1:44.28	36.87	250m: 3:00.21	38.14	350m: 4:15.72	37.48
	100m: 1:07.41	35.55	200m: 2:22.07	37.79	300m: 3:38.24	38.03	400m: 4:52.77	37.05
4.	Raymond Oosterbaan	WIDEX GZC DONK	5:07.45	197700711	<b>4:56.14</b>	+1,05		
	50m: 32.17	32.17	150m: 1:45.56	37.80	250m: 3:01.71	38.22	350m: 4:18.30	38.19
	100m: 1:07.76	35.59	200m: 2:23.49	37.93	300m: 3:40.11	38.40	400m: 4:56.14	37.84
5.	Peter Eshuis	DBD	5:09.48	198000375	<b>5:13.61</b>	+0,94		
	50m: 33.68	33.68	150m: 1:53.03	40.27	250m: 3:14.96	41.25	350m: 4:35.91	39.50
	100m: 1:12.76	39.08	200m: 2:33.71	40.68	300m: 3:56.41	41.45	400m: 5:13.61	37.70
6.	Steven Prins	PLONS	5:16.80	197901833	<b>5:16.96</b>	+0,80		
	50m: 35.52	35.52	150m: 1:54.47	40.30	250m: 3:15.77	41.10	350m: 4:38.17	40.83
	100m: 1:14.17	38.65	200m: 2:34.67	40.20	300m: 3:57.34	41.57	400m: 5:16.96	38.79

Masters 40+

1.	Antwan van Engen	De Ward	5:11.73	197101577	<b>4:53.93</b>	+0,80		
	50m: 33.39	33.39	150m: 1:46.21	36.78	250m: 3:01.16	37.49	350m: 4:16.66	37.66
	100m: 1:09.43	36.04	200m: 2:23.67	37.46	300m: 3:39.00	37.84	400m: 4:53.93	37.27
2.	Erwin Zuidervelt	AZ&PC De Futen	5:08.33	197501015	<b>4:56.91</b>	+0,81		
	50m: 32.51	32.51	150m: 1:46.90	37.97	250m: 3:03.43	38.06	350m: 4:20.15	37.70
	100m: 1:08.93	36.42	200m: 2:25.37	38.47	300m: 3:42.45	39.02	400m: 4:56.91	36.76
3.	Machiel Stolk	Swol 1894	4:57.04	197400779	<b>4:59.54</b>	+0,93		
	50m: 34.46	34.46	150m: 1:49.97	37.91	250m: 3:06.56	38.41	350m: 4:22.70	38.13
	100m: 1:12.06	37.60	200m: 2:28.15	38.18	300m: 3:44.57	38.01	400m: 4:59.54	36.84
4.	Kasper van den Berghe	Swol 1894	5:14.94	197301125	<b>5:15.62</b>	+0,84		
	50m: 33.94	33.94	150m: 1:49.47	38.79	250m: 3:10.82	41.40	350m: 4:35.32	42.65
	100m: 1:10.68	36.74	200m: 2:29.42	39.95	300m: 3:52.67	41.85	400m: 5:15.62	40.30
5.	Wouter van der Stelt	Den Doorn	5:18.60	197200889	<b>5:24.26</b>	+0,55		
	50m: 34.79	34.79	150m: 1:53.85	40.40	250m: 3:17.30	41.85	350m: 4:42.24	42.72
	100m: 1:13.45	38.66	200m: 2:35.45	41.60	300m: 3:59.52	42.22	400m: 5:24.26	42.02

Programmanr. 16, Heren, 400m vrije slag

Masters 45+

1.	Arjan Bellaart	Oceanus	4:40.25	196900079	<b>4:37.17</b>	+0,70		
	50m: 30.84	30.84	150m: 1:40.91	35.39	250m: 2:52.21	35.41	350m: 4:03.09	35.26
	100m: 1:05.52	34.68	200m: 2:16.80	35.89	300m: 3:27.83	35.62	400m: 4:37.17	34.08
2.	Geert Wijn	De Gelenberg	4:36.60	196701101	<b>4:39.54</b>	+0,69		
	50m: 32.27	32.27	150m: 1:43.53	35.53	250m: 2:54.74	35.08	350m: 4:05.11	35.21
	100m: 1:08.00	35.73	200m: 2:19.66	36.13	300m: 3:29.90	35.16	400m: 4:39.54	34.43
3.	Peter van Grootheest	ZPC Hatto Heim	4:55.36	197000375	<b>4:51.83</b>	+0,92		
	50m: 32.57	32.57	150m: 1:46.15	37.34	250m: 3:01.04	37.73	350m: 4:16.29	37.61
	100m: 1:08.81	36.24	200m: 2:23.31	37.16	300m: 3:38.68	37.64	400m: 4:51.83	35.54
4.	Konstantin Sklyar	TG Lage 1862	5:00.94	321129	<b>4:52.03</b>	+0,86		
	50m: 32.61	32.61	150m: 1:45.71	37.17	250m: 3:00.88	37.75	350m: 4:15.82	37.19
	100m: 1:08.54	35.93	200m: 2:23.13	37.42	300m: 3:38.63	37.75	400m: 4:52.03	36.21
5.	Harold Matla	PSV	5:00.20	196800591	<b>4:58.54</b>	+0,89		
	50m: 32.51	32.51	150m: 1:46.98	37.95	250m: 3:04.29	38.88	350m: 4:21.84	38.32
	100m: 1:09.03	36.52	200m: 2:25.41	38.43	300m: 3:43.52	39.23	400m: 4:58.54	36.70
6.	Richard Ricksen	HGN (SG)	4:45.01	197000841	<b>4:59.28</b>	+0,89		
	50m: 33.14	33.14	150m: 1:47.74	38.18	250m: 3:04.99	38.63	350m: 4:21.04	38.21
	100m: 1:09.56	36.42	200m: 2:26.36	38.62	300m: 3:42.83	37.84	400m: 4:59.28	38.24
7.	Kees Akershoek <i>alle tijden zijn back-up tijden</i>	De Stelle	5:13.73	196900009	<b>5:00.74</b> *	+0,82		
	50m: 33.19	33.19	150m: 1:46.44	37.01	250m: 3:03.10	38.74	350m: 4:21.49	39.54
	100m: 1:09.43	36.24	200m: 2:24.36	37.92	300m: 3:41.95	38.85	400m: 5:00.74	39.25
8.	Philippe van der Beke	PSV	5:18.37	196801541	<b>5:11.67</b>	+1,05		
	50m: 34.01	34.01	150m: 1:51.40	40.04	250m: 3:12.50	40.71	350m: 4:33.39	40.43
	100m: 1:11.36	37.35	200m: 2:31.79	40.39	300m: 3:52.96	40.46	400m: 5:11.67	38.28
9.	Sander Nieuwenhuys	De Fuut	5:22.84	196801423	<b>5:27.34</b>	+0,78		
	50m: 36.38	36.38	150m: 1:57.61	41.14	250m: 3:21.69	42.03	350m: 4:46.10	42.12
	100m: 1:16.47	40.09	200m: 2:39.66	42.05	300m: 4:03.98	42.29	400m: 5:27.34	41.24
10.	Ramon Alsina Munoz	CNSW	5:38.66	CNSW/608/69	<b>5:33.48</b>	+1,00		
	50m: 37.53	37.53	150m: 1:59.29	41.12	250m: 3:23.49	42.17	350m: 4:49.78	43.50
	100m: 1:18.17	40.64	200m: 2:41.32	42.03	300m: 4:06.28	42.79	400m: 5:33.48	43.70

Masters 50+

1.	Johan Remmits	ZPC Woerden	4:36.89	196201159	<b>4:37.24</b>	+0,81		
	50m: 31.76	31.76	150m: 1:42.39	35.55	250m: 2:52.41	34.92	350m: 4:03.19	35.32
	100m: 1:06.84	35.08	200m: 2:17.49	35.10	300m: 3:27.87	35.46	400m: 4:37.24	34.05
2.	Rene de Boer <i>alle tijden zijn back-up tijden</i>	DAW	4:51.81	196400087	<b>4:49.64</b> *	+0,82		
	50m: 32.55	32.55	150m: 1:44.54	36.30	250m: 2:58.92	37.45	350m: 4:13.81	37.46
	100m: 1:08.24	35.69	200m: 2:21.47	36.93	300m: 3:36.35	37.43	400m: 4:49.64	35.83
3.	Gustav van den Berg	TriVia	4:47.20	196100991	<b>4:51.53</b>	+0,95		
	50m: 33.05	33.05	150m: 1:46.47	37.18	250m: 3:01.58	37.40	350m: 4:16.14	37.00
	100m: 1:09.29	36.24	200m: 2:24.18	37.71	300m: 3:39.14	37.56	400m: 4:51.53	35.39
4.	Gert Sikkema	ZIGNEA	4:57.05	196300687	<b>4:56.60</b> *	+0,89		
	50m: 33.10	33.10	150m: 1:46.69	37.10	250m: 3:01.86	37.53	350m: 4:18.09	38.17
	100m: 1:09.59	36.49	200m: 2:24.33	37.64	300m: 3:39.92	38.06	400m: 4:56.60	38.51
5.	Otto Jansen	LZ 1886	5:16.45	196501403	<b>5:12.02</b>	+0,79		
	50m: 33.57	33.57	150m: 1:51.22	39.58	250m: 3:12.96	41.02	350m: 4:34.02	39.82
	100m: 1:11.64	38.07	200m: 2:31.94	40.72	300m: 3:54.20	41.24	400m: 5:12.02	38.00
6.	Henk Kuipers	UZSC	5:32.94	196201207	<b>5:17.04</b>	+0,93		
	50m: 36.28	36.28	150m: 1:57.46	41.01	250m: 3:19.69	40.97	350m: 4:39.41	39.47
	100m: 1:16.45	40.17	200m: 2:38.72	41.26	300m: 3:59.94	40.25	400m: 5:17.04	37.63
7.	Mark Kas	PLONS	5:37.39	196100285	<b>5:31.98</b>	+0,82		
	50m: 37.97	37.97	150m: 2:02.62	42.78	250m: 3:26.64	42.83	350m: 4:50.74	42.24
	100m: 1:19.84	41.87	200m: 2:43.81	41.19	300m: 4:08.50	41.86	400m: 5:31.98	41.24
8.	Fred Dijkshoorn	Zwemvereniging Westland	5:37.86	196501539	<b>5:36.86</b>	+1,00		
	50m: 36.64	36.64	150m: 2:03.17	44.41	250m: 3:32.12	44.17	350m: 4:57.90	43.05
	100m: 1:18.76	42.12	200m: 2:47.95	44.78	300m: 4:14.85	42.73	400m: 5:36.86	38.96
9.	Jan Smalheer	SCOM	5:36.13	196400701	<b>5:37.66</b>	+1,19		
	50m: 36.27	36.27	150m: 1:59.84	42.52	250m: 3:28.34	44.53	350m: 4:57.21	44.50
	100m: 1:17.32	41.05	200m: 2:43.81	43.97	300m: 4:12.71	44.37	400m: 5:37.66	40.45
10.	Bart van Calker	WS Twente	5:42.19	196100067	<b>5:52.67</b>	+0,95		
	50m: 38.58	38.58	150m: 2:04.53	43.39	250m: 3:35.84	45.69	350m: 5:08.73	46.58
	100m: 1:21.14	42.56	200m: 2:50.15	45.62	300m: 4:22.15	46.31	400m: 5:52.67	43.94

Programmanr. 16, Heren, 400m vrije slag, Masters 50+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
11.	Eric Tijms	OEZA	5:56.04	196401125	<b>5:58.43</b>	+0,92		
	50m: 37.98	37.98	150m: 2:03.94	44.76	250m: 3:38.43	47.71	350m: 5:14.16	47.75
	100m: 1:19.18	41.20	200m: 2:50.72	46.78	300m: 4:26.41	47.98	400m: 5:58.43	44.27
AFGEM	Edzo Huisman	Aquapoldro	5:38.15	196301029				

Masters 55+

1.	Richard Broer	PLONS	5:11.64	195900077	<b>5:11.84</b>	+1,03		
	50m: 33.30	33.30	150m: 1:51.84	40.78	250m: 3:13.09	40.26	350m: 4:32.76	39.89
	100m: 1:11.06	37.76	200m: 2:32.83	40.99	300m: 3:52.87	39.78	400m: 5:11.84	39.08
2.	Marius Ros	ZCNF'34	5:07.35	195900779	<b>5:17.08</b>	+0,82		
	50m: 37.28	37.28	150m: 1:57.69	40.54	250m: 3:18.90	40.43	350m: 4:38.42	39.66
	100m: 1:17.15	39.87	200m: 2:38.47	40.78	300m: 3:58.76	39.86	400m: 5:17.08	38.66
3.	John Dam	ZIGNEA	5:48.02	196000915	<b>5:37.78</b>	+0,95		
	50m: 35.84	35.84	150m: 1:58.69	42.44	250m: 3:26.75	44.49	350m: 4:56.71	45.31
	100m: 1:16.25	40.41	200m: 2:42.26	43.57	300m: 4:11.40	44.65	400m: 5:37.78	41.07
4.	Lex Hoogendam	MNC Dordrecht	5:44.05	195700541	<b>5:58.58</b>	+1,02		
	50m: 37.86	37.86	150m: 2:06.34	45.07	250m: 3:39.02	46.25	350m: 5:12.23	46.69
	100m: 1:21.27	43.41	200m: 2:52.77	46.43	300m: 4:25.54	46.52	400m: 5:58.58	46.35

Masters 60+

1.	Brend Brevé	PSV	5:27.04	195200265	<b>5:21.44 *</b>	+0,83		
	<i>alle tijden zijn back-up tijden</i>							
	50m: 36.45	36.45	150m: 1:58.90	42.48	250m: 3:23.76	42.44	350m: 4:42.90	38.44
	100m: 1:16.42	39.97	200m: 2:41.32	42.42	300m: 4:04.46	40.70	400m: 5:21.44	38.54
2.	Henk Slomp	De Pinquin	5:21.41	195500359	<b>5:28.48</b>	+0,87		
	50m: 35.93	35.93	150m: 1:59.45	42.52	250m: 3:24.66	42.73	350m: 4:48.11	41.06
	100m: 1:16.93	41.00	200m: 2:41.93	42.48	300m: 4:07.05	42.39	400m: 5:28.48	40.37
3.	Hilbert Prins	OEZA	6:10.10	195100223	<b>6:20.63</b>	+1,10		
	50m: 42.25	42.25	150m: 2:17.69	48.58	250m: 3:55.48	48.80	350m: 5:33.07	48.57
	100m: 1:29.11	46.86	200m: 3:06.68	48.99	300m: 4:44.50	49.02	400m: 6:20.63	47.56
4.	Jos Kamps	Zwemvereniging Hoogland	6:18.26	195100085	<b>6:22.87 *</b>	+0,92		
	<i>alle tijden zijn back-up tijden</i>							
	50m: 41.04	41.04	150m: 2:16.06	48.54	250m: 3:53.85	49.38	350m: 5:35.53	50.78
	100m: 1:27.52	46.48	200m: 3:04.47	48.41	300m: 4:44.75	50.90	400m: 6:22.87	47.34

Masters 65+

1.	Wout Hemmes	De Plons	5:42.24	194800059	<b>5:49.83 *</b>	+0,91		
	<i>alle tijden zijn back-up tijden</i>							
	50m: 37.09	37.09	150m: 2:04.22	44.78	250m: 3:35.08	45.87	350m: 5:06.69	45.18
	100m: 1:19.44	42.35	200m: 2:49.21	44.99	300m: 4:21.51	46.43	400m: 5:49.83	43.14
2.	Piet Schop	De Bevelanders	5:55.10	195000109	<b>6:16.08</b>	+0,66		
	50m: 38.30	38.30	150m: 2:08.16	46.82	250m: 3:46.69	50.86	350m: 5:27.41	50.11
	100m: 1:21.34	43.04	200m: 2:55.83	47.67	300m: 4:37.30	50.61	400m: 6:16.08	48.67
3.	Ludwig Lorenz	SV Gladbeck 13	6:44.04	127866	<b>6:37.64</b>	+1,07		
	50m: 47.79	47.79	150m: 2:30.09	51.52	250m: 4:11.33	50.21	350m: 5:51.42	49.51
	100m: 1:38.57	50.78	200m: 3:21.12	51.03	300m: 5:01.91	50.58	400m: 6:37.64	46.22
4.	Mar van Geel	Old Dutch	7:05.99	194700135	<b>7:34.60</b>	+1,21		
	50m: 48.98	48.98	150m: 2:41.24	58.38	250m: 4:38.38	58.71	350m: 6:38.19	1:00.48
	100m: 1:42.86	53.88	200m: 3:39.67	58.43	300m: 5:37.71	59.33	400m: 7:34.60	56.41

Masters 70+

1.	Willem Putter	ZVVS	6:34.20	194500135	<b>6:28.79</b>	+1,09		
	50m: 43.37	43.37	150m: 2:21.59	50.54	250m: 4:02.33	51.01	350m: 5:43.11	49.91
	100m: 1:31.05	47.68	200m: 3:11.32	49.73	300m: 4:53.20	50.87	400m: 6:28.79	46.68
2.	Geza Kaltenecker	AZC	6:47.34	194200065	<b>6:55.91</b>	+1,09		
	50m: 44.41	44.41	150m: 2:30.13	53.99	250m: 4:18.10	53.50	350m: 6:05.32	53.31
	100m: 1:36.14	51.73	200m: 3:24.60	54.47	300m: 5:12.01	53.91	400m: 6:55.91	50.59

Programmanr. 16, Heren, 400m vrije slag

Masters 75+

1.	Joaquin de Canales Mendoza	R.C. Mediterraneo	5:45.85	1940CAN	<b>5:49.81</b>	+0,93
	<i>Europees Masters Record</i>					
	50m: 39.50	39.50	150m: 2:07.48	45.00	250m: 3:38.07	45.19
	100m: 1:22.48	42.98	200m: 2:52.88	45.40	300m: 4:24.01	45.94
					350m: 5:08.92	44.91
					400m: 5:49.81	40.89
2.	Frederik H. de Bruijn	CN Aquamasters	6:02.89	1938HEN	<b>6:22.72</b>	+1,23
	50m: 44.39	44.39	150m: 2:21.30	48.77	250m: 3:59.31	48.49
	100m: 1:32.53	48.14	200m: 3:10.82	49.52	300m: 4:48.55	49.24
					350m: 5:37.65	49.10
					400m: 6:22.72	45.07
3.	Gregor Pompen	Aqua-Novio'94	6:58.89	193700021	<b>7:43.43</b>	+1,20
	50m: 50.80	50.80	150m: 2:46.85	58.91	250m: 4:45.62	59.37
	100m: 1:47.94	57.14	200m: 3:46.25	59.40	300m: 5:45.37	59.75
					350m: 6:45.53	1:00.16
					400m: 7:43.43	57.90

Programmanr. 17  
24-01-2015 - 9:53

Dames, 400m vrije slag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
<b>Masters 20+</b>						
1.	Maaïke Vooren	DAW	4:37.62	199103324	<b>4:38.15</b> *	+0,82
	<i>alle tijden zijn back-up tijden</i>					
	50m: 32.07	32.07	150m: 1:41.81	35.13	250m: 2:52.06	35.12
	100m: 1:06.68	34.61	200m: 2:16.94	35.13	300m: 3:27.28	35.22
					350m: 4:02.98	35.70
					400m: 4:38.15	35.17
2.	Melissa van der Geld	AquAmigos	4:51.83	199506250	<b>4:46.83</b>	+0,73
	50m: 31.26	31.26	150m: 1:43.44	36.79	250m: 2:58.35	37.79
	100m: 1:06.65	35.39	200m: 2:20.56	37.12	300m: 3:35.92	37.57
					350m: 4:13.22	37.30
					400m: 4:46.83	33.61
3.	Iris Pijtak	AZ&PC	4:33.69	199300602	<b>4:48.24</b>	+0,81
	50m: 32.17	32.17	150m: 1:44.02	36.16	250m: 2:57.81	37.09
	100m: 1:07.86	35.69	200m: 2:20.72	36.70	300m: 3:35.14	37.33
					350m: 4:12.44	37.30
					400m: 4:48.24	35.80
4.	Arlette de Vegt	ESCA Zwemmen	4:46.13	199505930	<b>4:48.79</b>	+0,79
	50m: 31.77	31.77	150m: 1:43.56	36.54	250m: 2:58.73	37.67
	100m: 1:07.02	35.25	200m: 2:21.06	37.50	300m: 3:36.31	37.58
					350m: 4:12.97	36.66
					400m: 4:48.79	35.82
5.	Seline Koek	LZ 1886	4:48.13	199400622	<b>4:51.81</b>	+0,75
	50m: 31.38	31.38	150m: 1:41.87	36.06	250m: 2:57.41	37.95
	100m: 1:05.81	34.43	200m: 2:19.46	37.59	300m: 3:36.12	38.71
					350m: 4:14.71	38.59
					400m: 4:51.81	37.10
6.	Rebecca Vroomen	Eurode KZC	4:44.40	199301772	<b>4:52.21</b>	+0,97
	50m: 33.16	33.16	150m: 1:47.90	37.64	250m: 3:02.18	36.90
	100m: 1:10.26	37.10	200m: 2:25.28	37.38	300m: 3:39.73	37.55
					350m: 4:16.92	37.19
					400m: 4:52.21	35.29
7.	Sigrit Aarten	Deltasteur	4:52.48	199302868	<b>4:55.50</b>	+0,96
	50m: 32.31	32.31	150m: 1:45.50	37.38	250m: 3:02.10	38.50
	100m: 1:08.12	35.81	200m: 2:23.60	38.10	300m: 3:40.79	38.69
					350m: 4:19.05	38.26
					400m: 4:55.50	36.45
8.	Wendy de Bruin	ZOB'66	4:55.40	199206320	<b>4:56.56</b>	+0,68
	50m: 33.11	33.11	150m: 1:47.88	37.99	250m: 3:04.08	38.21
	100m: 1:09.89	36.78	200m: 2:25.87	37.99	300m: 3:42.11	38.03
					350m: 4:20.47	38.36
					400m: 4:56.56	36.09
9.	Maike Korthout	TRB-RES	5:01.65	199406034	<b>5:01.35</b>	+0,73
	50m: 32.58	32.58	150m: 1:46.86	37.72	250m: 3:04.58	39.09
	100m: 1:09.14	36.56	200m: 2:25.49	38.63	300m: 3:43.97	39.39
					350m: 4:23.42	39.45
					400m: 5:01.35	37.93
10.	Janine de Groot	Nova	5:02.19	199500092	<b>5:03.04</b> *	+0,79
	<i>alle tijden zijn back-up tijden</i>					
	50m: 33.78	33.78	150m: 1:48.75	38.03	250m: 3:07.03	39.50
	100m: 1:10.72	36.94	200m: 2:27.53	38.78	300m: 3:46.49	39.46
					350m: 4:25.65	39.16
					400m: 5:03.04	37.39
11.	Irmgard van Weeghel	Octopus	5:12.83	199204834	<b>5:11.08</b> *	+0,73
	<i>alle tijden zijn back-up tijden</i>					
	50m: 33.77	33.77	150m: 1:50.76	39.15	250m: 3:10.70	40.19
	100m: 1:11.61	37.84	200m: 2:30.51	39.75	300m: 3:50.85	40.15
					350m: 4:30.57	39.72
					400m: 5:11.08	40.51
12.	Lieke Janssen	HGN (SG)	5:25.76	199305954	<b>5:22.43</b>	+0,93
	50m: 35.76	35.76	150m: 1:56.26	40.84	250m: 3:19.92	41.86
	100m: 1:15.42	39.66	200m: 2:38.06	41.80	300m: 4:01.67	41.75
					350m: 4:42.73	41.06
					400m: 5:22.43	39.70
13.	Heleen ten Have	De Pinquin	5:38.93	199403000	<b>5:43.58</b>	+0,74
	50m: 38.26	38.26	150m: 2:03.42	43.18	250m: 3:31.67	43.98
	100m: 1:20.24	41.98	200m: 2:47.69	44.27	300m: 4:15.77	44.10
					350m: 5:00.66	44.89
					400m: 5:43.58	42.92

Programmanr. 17, Dames, 400m vrije slag

Masters 25+

1.	Lisanne Andeweg	Zuiderzeewimmers	4:37.29	198800092	<b>4:44.52</b>	+0,95		
	50m: 32.11	32.11	150m: 1:43.59	35.98	250m: 2:56.34	36.39	350m: 4:09.37	36.46
	100m: 1:07.61	35.50	200m: 2:19.95	36.36	300m: 3:32.91	36.57	400m: 4:44.52	35.15
2.	Stephanie Rombout	PSV	4:55.02	198803696	<b>4:48.40</b>	+0,82		
	50m: 30.59	30.59	150m: 1:41.05	36.04	250m: 2:55.54	37.55	350m: 4:11.53	37.99
	100m: 1:05.01	34.42	200m: 2:17.99	36.94	300m: 3:33.54	38.00	400m: 4:48.40	36.87
3.	Charlotte Six	CNSW	5:11.76	CNSW/681/88	<b>5:02.19</b>	+0,94		
	50m: 34.92	34.92	150m: 1:50.24	38.13	250m: 3:06.99	38.60	350m: 4:24.82	38.87
	100m: 1:12.11	37.19	200m: 2:28.39	38.15	300m: 3:45.95	38.96	400m: 5:02.19	37.37
4.	Ilse van den Wijngaard	ZPC Woerden	5:05.71	198904736	<b>5:11.16</b>	+0,80		
	50m: 32.67	32.67	150m: 1:49.62	39.34	250m: 3:10.50	40.63	350m: 4:31.99	40.75
	100m: 1:10.28	37.61	200m: 2:29.87	40.25	300m: 3:51.24	40.74	400m: 5:11.16	39.17
5.	Mandy Verbakel	ZPC Woerden	5:11.88	199003908	<b>5:12.57</b>	+0,72		
	50m: 33.83	33.83	150m: 1:50.53	38.92	250m: 3:11.46	41.04	350m: 4:33.37	41.06
	100m: 1:11.61	37.78	200m: 2:30.42	39.89	300m: 3:52.31	40.85	400m: 5:12.57	39.20
6.	Tamara Caspers	LZ 1886	5:16.65	199007272	<b>5:13.42</b>	+0,80		
	50m: 34.44	34.44	150m: 1:52.33	39.25	250m: 3:12.89	40.42	350m: 4:33.96	40.61
	100m: 1:13.08	38.64	200m: 2:32.47	40.14	300m: 3:53.35	40.46	400m: 5:13.42	39.46
7.	Rita Spithoff	RSW (SG)	5:19.03	198804124	<b>5:16.00</b>	+0,75		
	50m: 34.67	34.67	150m: 1:52.56	39.52	250m: 3:12.93	40.32	350m: 4:35.16	41.25
	100m: 1:13.04	38.37	200m: 2:32.61	40.05	300m: 3:53.91	40.98	400m: 5:16.00	40.84
8.	Yvonne Bruls	Eurode KZC	5:24.51	199008114	<b>5:28.05</b> *	+0,73		
	<i>alle tijden zijn back-up tijden</i>							
	50m: 36.55	36.55	150m: 1:58.36	41.63	250m: 3:22.79	42.16	350m: 4:47.08	42.27
	100m: 1:16.73	40.18	200m: 2:40.63	42.27	300m: 4:04.81	42.02	400m: 5:28.05	40.97
9.	Auke de Lange	AZC	5:45.20	198602226	<b>5:29.56</b>	+0,88		
	50m: 36.75	36.75	150m: 1:57.30	40.94	250m: 3:22.24	42.84	350m: 4:47.60	43.06
	100m: 1:16.36	39.61	200m: 2:39.40	42.10	300m: 4:04.54	42.30	400m: 5:29.56	41.96
10.	Cora Vinagre Sendino	CNSW	5:35.11	CNSW/682/88	<b>5:32.30</b>			
	50m: 35.07	35.07	150m: 1:57.07	41.72	250m: 3:22.75	43.20	350m: 4:49.46	43.33
	100m: 1:15.35	40.28	200m: 2:39.55	42.48	300m: 4:06.13	43.38	400m: 5:32.30	42.84
11.	Yvette Nota-Peters	De Spatters	5:32.72	198703158	<b>5:39.73</b>	+0,84		
	50m: 36.97	36.97	150m: 2:02.54	43.52	250m: 3:30.28	43.84	350m: 4:57.80	43.64
	100m: 1:19.02	42.05	200m: 2:46.44	43.90	300m: 4:14.16	43.88	400m: 5:39.73	41.93
12.	Wieteke Jansen	Montferland	6:00.18	199001750	<b>5:48.56</b>	+0,84		
	50m: 35.73	35.73	150m: 2:00.14	44.17	250m: 3:31.59	45.76	350m: 5:04.55	46.67
	100m: 1:15.97	40.24	200m: 2:45.83	45.69	300m: 4:17.88	46.29	400m: 5:48.56	44.01
13.	Liesbeth van Mill	DWK	5:38.73	198702786	<b>5:49.93</b>	+0,97		
	50m: 39.38	39.38	150m: 2:06.57	43.94	250m: 3:35.08	43.93	350m: 5:05.65	45.78
	100m: 1:22.63	43.25	200m: 2:51.15	44.58	300m: 4:19.87	44.79	400m: 5:49.93	44.28
14.	Channe Noort	DAW	5:21.39	198605032	<b>5:50.88</b> *	+0,80		
	50m: 35.81	35.81	150m: 1:58.87	42.98	250m: 3:30.09	45.95	350m: 5:03.44	47.27
	100m: 1:15.89	40.08	200m: 2:44.14	45.27	300m: 4:16.17	46.08	400m: 5:50.88	47.44

Masters 30+

1.	Petra Benani-Wolsing	AZ&PC De Futen	4:43.92	198402796	<b>4:50.58</b>	+0,81		
	50m: 32.38	32.38	150m: 1:44.57	36.61	250m: 2:58.89	37.07	350m: 4:14.34	37.85
	100m: 1:07.96	35.58	200m: 2:21.82	37.25	300m: 3:36.49	37.60	400m: 4:50.58	36.24
2.	Nadya Putter	ZVVS	4:58.37	198301630	<b>4:52.31</b>	+0,63		
	50m: 32.97	32.97	150m: 1:44.59	36.15	250m: 2:58.37	36.93	350m: 4:14.47	38.35
	100m: 1:08.44	35.47	200m: 2:21.44	36.85	300m: 3:36.12	37.75	400m: 4:52.31	37.84
3.	Roos van Esch	d'ELFT	4:59.08	198200468	<b>4:57.33</b>	+0,89		
	50m: 34.12	34.12	150m: 1:48.50	37.51	250m: 3:04.47	37.84	350m: 4:20.41	38.07
	100m: 1:10.99	36.87	200m: 2:26.63	38.13	300m: 3:42.34	37.87	400m: 4:57.33	36.92
4.	Pauline Tieleman	De Geul	5:04.05	198403348	<b>5:03.53</b>	+0,65		
	50m: 34.08	34.08	150m: 1:49.65	38.38	250m: 3:07.52	39.13	350m: 4:25.94	39.25
	100m: 1:11.27	37.19	200m: 2:28.39	38.74	300m: 3:46.69	39.17	400m: 5:03.53	37.59
5.	Ramona Linting	AZC	5:14.86	198301274	<b>5:04.71</b>	+0,71		
	50m: 33.85	33.85	150m: 1:50.27	38.73	250m: 2:58.96	38.96	350m: 4:27.09	39.42
	100m: 1:11.54	37.69	200m: 2:29.47	39.20	300m: 3:47.67	39.24	400m: 5:04.71	37.62
6.	Paulien Schokker	WS Twente	5:31.57	198302876	<b>5:26.66</b> *	+0,96		
	<i>alle tijden zijn back-up tijden</i>							
	50m: 35.08	35.08	150m: 1:56.37	41.23	250m: 3:21.16	42.47	350m: 4:45.26	41.80
	100m: 1:15.14	40.06	200m: 2:38.69	42.32	300m: 4:03.46	42.30	400m: 5:26.66	41.40

Programmanr. 17, Dames, 400m vrije slag, Masters 30+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
7.	Linda Hoogendam	Zoetermeer	5:08.37	198300892	<b>5:28.61</b>	+0,76		
	50m: 35.33	35.33	150m: 1:58.21	42.40	250m: 3:23.35	42.11	350m: 4:48.17	42.14
	100m: 1:15.81	40.48	200m: 2:41.24	43.03	300m: 4:06.03	42.68	400m: 5:28.61	40.44
8.	Denise de Riet	De Devel	5:30.59	198402040	<b>5:43.52</b>	+1,10		
	50m: 38.17	38.17	150m: 2:03.75	43.26	250m: 3:31.37	43.87	350m: 5:00.28	44.61
	100m: 1:20.49	42.32	200m: 2:47.50	43.75	300m: 4:15.67	44.30	400m: 5:43.52	43.24
9.	Marijke Dirkse	IJZPC	5:52.04	198403480	<b>6:01.23</b>	+0,94		
	50m: 38.40	38.40	150m: 2:07.78	45.84	250m: 3:41.49	46.86	350m: 5:15.60	46.65
	100m: 1:21.94	43.54	200m: 2:54.63	46.85	300m: 4:28.95	47.46	400m: 6:01.23	45.63
AFGEM	Rianne in 't Hout	RSW (SG)	6:25.48	198403512				

Masters 35+

1.	Melanie Kuiper	ZIGNEA	4:59.34	197600350	<b>4:57.29</b>	+0,89		
	50m: 33.30	33.30	150m: 1:46.68	37.43	250m: 3:02.81	37.79	350m: 4:19.85	38.64
	100m: 1:09.25	35.95	200m: 2:25.02	38.34	300m: 3:41.21	38.40	400m: 4:57.29	37.44
2.	Marijke van den Berg	HZ&PC Heerenveen	5:24.54	197600046	<b>5:10.83</b>			
	50m: 34.28	34.28	150m: 1:52.46	39.82	250m: 3:13.06	40.35	350m: 4:32.90	39.49
	100m: 1:12.64	38.36	200m: 2:32.71	40.25	300m: 3:53.41	40.35	400m: 5:10.83	37.93
3.	Lizette van der Vegt	HZ&PC Heerenveen	5:26.62	197901440	<b>5:11.56</b>	+0,89		
	50m: 34.39	34.39	150m: 1:52.09	39.55	250m: 3:12.47	40.37	350m: 4:32.91	39.97
	100m: 1:12.54	38.15	200m: 2:32.10	40.01	300m: 3:52.94	40.47	400m: 5:11.56	38.65
4.	Karin van Dijk	THOR	5:20.04	197601066	<b>5:23.06</b>	+0,89		
	50m: 34.59	34.59	150m: 1:54.82	40.59	250m: 3:17.73	41.63	350m: 4:43.09	42.75
	100m: 1:14.23	39.64	200m: 2:36.10	41.28	300m: 4:00.34	42.61	400m: 5:23.06	39.97
5.	Yvonne Gerritsen	WVZ	5:21.18	198000342	<b>5:31.67</b>	+0,90		
	50m: 36.21	36.21	150m: 1:59.24	42.12	250m: 3:23.81	42.29	350m: 4:49.30	42.67
	100m: 1:17.12	40.91	200m: 2:41.52	42.28	300m: 4:06.63	42.82	400m: 5:31.67	42.37
6.	Agnes van Brug	DAW	5:56.88	198001726	<b>5:37.60</b>	+1,03		
	50m: 37.97	37.97	150m: 2:02.41	42.63	250m: 3:29.20	43.49	350m: 4:56.31	43.38
	100m: 1:19.78	41.81	200m: 2:45.71	43.30	300m: 4:12.93	43.73	400m: 5:37.60	41.29
7.	Jannie Vennik	HZ&PC Heerenveen	5:48.43	197601006	<b>5:39.59</b>	+0,86		
	50m: 37.97	37.97	150m: 2:02.78	42.78	250m: 3:29.25	43.48	350m: 4:57.28	44.30
	100m: 1:20.00	42.03	200m: 2:45.77	42.99	300m: 4:12.98	43.73	400m: 5:39.59	42.31
8.	Eveline Hacquebord	IJZPC	5:45.26	197901206	<b>5:44.56</b>	+0,97		
	50m: 38.01	38.01	150m: 2:03.62	43.81	250m: 3:32.38	44.68	350m: 5:01.99	44.96
	100m: 1:19.81	41.80	200m: 2:47.70	44.08	300m: 4:17.03	44.65	400m: 5:44.56	42.57
9.	Anneke Veenstra	't Tolhekke	5:37.84	197900882	<b>5:45.38</b>	+0,89		
	50m: 38.43	38.43	150m: 2:05.77	44.29	250m: 3:34.22	44.29	350m: 5:02.21	44.00
	100m: 1:21.48	43.05	200m: 2:49.93	44.16	300m: 4:18.21	43.99	400m: 5:45.38	43.17
10.	Severine Bayre	CNSW	5:59.62	CNSW/711/78	<b>5:49.73</b>			
	50m: 40.71	40.71	150m: 2:07.90	44.20	250m: 3:38.00	45.24	350m: 5:06.73	43.57
	100m: 1:23.70	42.99	200m: 2:52.76	44.86	300m: 4:23.16	45.16	400m: 5:49.73	43.00
11.	Inge Otter	De Bevelanders	6:03.73	197801242	<b>5:50.08</b>	+1,08		
	50m: 37.79	37.79	150m: 2:05.61	44.89	250m: 3:37.40	45.81	350m: 5:07.58	44.89
	100m: 1:20.72	42.93	200m: 2:51.59	45.98	300m: 4:22.69	45.29	400m: 5:50.08	42.50
12.	Babette Rens	Swol 1894	5:47.05	197801200	<b>5:50.10</b>	+0,78		
	50m: 37.55	37.55	150m: 2:02.17	43.44	250m: 3:32.60	45.55	350m: 5:04.48	46.21
	100m: 1:18.73	41.18	200m: 2:47.05	44.88	300m: 4:18.27	45.67	400m: 5:50.10	45.62
13.	Monique Harlaar	De Houtrib	6:03.21	197901474	<b>6:08.89</b> *	+0,90		
	<i>alle tijden zijn back-up tijden</i>							
	50m: 39.14	39.14	150m: 2:10.12	46.60	250m: 3:45.82	47.67	350m: 5:22.38	48.66
	100m: 1:23.52	44.38	200m: 2:58.15	48.03	300m: 4:33.72	47.90	400m: 6:08.89	46.51
14.	Anneke de Groot	De Fuut	6:06.93	197701140	<b>6:12.95</b>	+0,89		
	50m: 40.77	40.77	150m: 2:13.02	47.22	250m: 3:49.18	48.59	350m: 5:26.88	48.79
	100m: 1:25.80	45.03	200m: 3:00.59	47.57	300m: 4:38.09	48.91	400m: 6:12.95	46.07

Masters 40+

1.	Liselotte Joling	PSV	4:46.27	197500268	<b>4:50.12</b>	+0,96		
	50m: 32.48	32.48	150m: 1:46.24	37.29	250m: 3:00.06	36.33	350m: 4:14.22	37.12
	100m: 1:08.95	36.47	200m: 2:23.73	37.49	300m: 3:37.10	37.04	400m: 4:50.12	35.90
2.	Annette de Visser	Oceanus	5:03.45	197100602	<b>5:04.80</b>	+0,88		
	50m: 33.65	33.65	150m: 1:48.25	38.05	250m: 3:06.38	39.20	350m: 4:26.00	39.82
	100m: 1:10.20	36.55	200m: 2:27.18	38.93	300m: 3:46.18	39.80	400m: 5:04.80	38.80

Programmanr. 17, Dames, 400m vrije slag, Masters 40+

rang	naam	vereniging	inschrijftijd			startnr.			tijd		RT
3.	Annet Kootstra <i>alle tijden zijn back-up tijden</i>	Swol 1894	5:53.03			197100344			<b>6:08.49</b> *		+0,98
	50m: 41.04	41.04	150m: 2:12.34	46.27	250m: 3:46.74	47.04	350m: 5:21.89	47.64	400m: 6:08.49	46.60	
	100m: 1:26.07	45.03	200m: 2:59.70	47.36	300m: 4:34.25	47.51					
4.	Claudia Broeke	De Fuut	6:02.40			197300058			<b>6:15.91</b>		+0,92
	50m: 42.68	42.68	150m: 2:17.84	48.29	250m: 3:54.18	47.99	350m: 5:30.47	48.06	400m: 6:15.91	45.44	
	100m: 1:29.55	46.87	200m: 3:06.19	48.35	300m: 4:42.41	48.23					
AFGEM	Karin Stein	ZVVS	4:53.40			197100554					

Masters 45+

1.	Heidi van Stein	LZ 1886	4:58.82			196900864			<b>5:01.88</b>		+0,66
	50m: 33.13	33.13	150m: 1:47.46	37.82	250m: 3:04.68	38.89	350m: 4:23.13	39.47	400m: 5:01.88	38.75	
	100m: 1:09.64	36.51	200m: 2:25.79	38.33	300m: 3:43.66	38.98					
2.	Jeanne Petit	De Dinkel	5:10.10			197001687			<b>5:08.26</b>		+0,70
	50m: 33.09	33.09	150m: 1:49.51	38.65	250m: 3:08.97	39.90	350m: 4:28.94	39.82	400m: 5:08.26	39.32	
	100m: 1:10.86	37.77	200m: 2:29.07	39.56	300m: 3:49.12	40.15					
3.	Chita van der Goorbergh	Zoetermeer	5:12.88			196800762			<b>5:33.99</b>		+0,83
	50m: 36.12	36.12	150m: 2:00.27	43.44	250m: 3:26.68	43.27	350m: 4:52.04	42.55	400m: 5:33.99	41.95	
	100m: 1:16.83	40.71	200m: 2:43.41	43.14	300m: 4:09.49	42.81					
4.	Laura Staal	Oceanus	5:24.96			196700358			<b>5:36.89</b>		+0,81
	50m: 36.82	36.82	150m: 2:00.16	42.37	250m: 3:26.27	43.10	350m: 4:53.99	44.26	400m: 5:36.89	42.90	
	100m: 1:17.79	40.97	200m: 2:43.17	43.01	300m: 4:09.73	43.46					
5.	Marion Broekhuis	WS Twente	5:29.54			196800060			<b>5:41.43</b>		+0,65
	50m: 38.35	38.35	150m: 2:03.41	43.27	250m: 3:31.54	44.20	350m: 4:59.75	44.03	400m: 5:41.43	41.68	
	100m: 1:20.14	41.79	200m: 2:47.34	43.93	300m: 4:15.72	44.18					
6.	E. van Wingerden - Dijkhuizen	DWK	5:40.82			196900970			<b>5:43.47</b>		+1,02
	50m: 37.50	37.50	150m: 2:02.43	43.21	250m: 3:30.77	44.67	350m: 5:00.47	45.05	400m: 5:43.47	43.00	
	100m: 1:19.22	41.72	200m: 2:46.10	43.67	300m: 4:15.42	44.65					
7.	Jacqueline Tuin	DAW	6:09.44			196600690			<b>5:51.44</b>		+0,83
	50m: 38.48	38.48	150m: 2:05.50	44.94	250m: 3:37.04	45.82	350m: 5:07.86	45.05	400m: 5:51.44	43.58	
	100m: 1:20.56	42.08	200m: 2:51.22	45.72	300m: 4:22.81	45.77					
8.	Hetty Smalheer	SCOM	6:18.14			196700352			<b>6:26.71</b>		+1,00
	50m: 42.87	42.87	150m: 2:21.20	49.77	250m: 4:01.29	49.87	350m: 5:39.88	48.80	400m: 6:26.71	46.83	
	100m: 1:31.43	48.56	200m: 3:11.42	50.22	300m: 4:51.08	49.79					
9.	Ingeborg Stokx	DAW	6:32.64			196700666			<b>6:29.17</b> *		+0,90
	50m: 42.28	42.28	150m: 2:21.29	50.41	250m: 4:02.80	50.70	350m: 5:42.48	49.57	400m: 6:29.17	46.69	
	100m: 1:30.88	48.60	200m: 3:12.10	50.81	300m: 4:52.91	50.11					
10.	Sandra Daamen-Posma	AZC	6:57.92			196800854			<b>6:47.04</b>		+1,24
	50m: 43.30	43.30	150m: 2:23.89	51.55	250m: 4:08.99	52.53	350m: 5:56.53	54.38	400m: 6:47.04	50.51	
	100m: 1:32.34	49.04	200m: 3:16.46	52.57	300m: 5:02.15	53.16					

Masters 50+

1.	Jacqueline Rolloos-Bakker	De Lansingh	5:26.54			196300222			<b>5:28.95</b>		+0,73
	50m: 37.02	37.02	150m: 2:00.34	42.29	250m: 3:24.95	42.39	350m: 4:48.66	41.81	400m: 5:28.95	40.29	
	100m: 1:18.05	41.03	200m: 2:42.56	42.22	300m: 4:06.85	41.90					
2.	Jantine Braakman-Dol <i>alle tijden zijn back-up tijden</i>	ZV De Bron	5:40.64			196500036			<b>5:37.83</b> *		+0,88
	50m: 37.55	37.55	150m: 2:02.44	43.27	250m: 3:29.82	43.80	350m: 4:57.10	43.80	400m: 5:37.83	40.73	
	100m: 1:19.17	41.62	200m: 2:46.02	43.58	300m: 4:13.30	43.48					
3.	Petra Tossings	DAW	5:55.17			196100376			<b>5:46.64</b>		+0,86
	50m: 38.42	38.42	150m: 2:05.76	44.18	250m: 3:33.89	44.18	350m: 5:03.17	44.78	400m: 5:46.64	43.47	
	100m: 1:21.58	43.16	200m: 2:49.71	43.95	300m: 4:18.39	44.50					
4.	Jeannette Ruesink	WS Twente	5:45.70			196300212			<b>5:47.60</b>		+0,72
	50m: 39.20	39.20	150m: 2:04.36	43.07	250m: 3:32.65	44.22	350m: 5:02.90	45.39	400m: 5:47.60	44.70	
	100m: 1:21.29	42.09	200m: 2:48.43	44.07	300m: 4:17.51	44.86					

Masters 55+

1.	Patty Verhagen	PSV	5:32.72			195900146			<b>5:36.52</b>		+0,83
	50m: 39.49	39.49	150m: 2:04.54	42.62	250m: 3:29.99	42.77	350m: 4:55.54	42.80	400m: 5:36.52	40.98	
	100m: 1:21.92	42.43	200m: 2:47.22	42.68	300m: 4:12.74	42.75					
2.	Monica Bakker	ZVZ	5:55.22			195600082			<b>6:00.03</b>		+1,04
	50m: 41.35	41.35	150m: 2:11.40	45.48	250m: 3:43.85	46.49	350m: 5:16.62	46.13	400m: 6:00.03	43.41	
	100m: 1:25.92	44.57	200m: 2:57.36	45.96	300m: 4:30.49	46.64					



Programmanr. 17, Dames, 400m vrije slag, Masters 55+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
3.	Jennie Resink-lindeboom	DWK	6:40.31	196000142	<b>6:29.93</b>	+1,04		
	50m: 43.55	43.55	150m: 2:21.10	49.87	250m: 4:03.47	51.53	350m: 5:43.64	49.13
	100m: 1:31.23	47.68	200m: 3:11.94	50.84	300m: 4:54.51	51.04	400m: 6:29.93	46.29
4.	Marie-Josée Matte	WVZ	6:21.07	196000326	<b>6:31.43</b>	+1,02		
	50m: 40.44	40.44	150m: 2:15.12	48.34	250m: 3:57.00	51.51	350m: 5:41.53	52.01
	100m: 1:26.78	46.34	200m: 3:05.49	50.37	300m: 4:49.52	52.52	400m: 6:31.43	49.90

Masters 60+

1.	Ineke Weekers	PSV	5:34.32	195300050	<b>5:40.38</b>	+0,70		
	50m: 40.92	40.92	150m: 2:08.09	44.04	250m: 3:34.21	43.00	350m: 4:59.02	42.59
	100m: 1:24.05	43.13	200m: 2:51.21	43.12	300m: 4:16.43	42.22	400m: 5:40.38	41.36
2.	Margriet Pasma	De Pinquin	5:55.30	195500088	<b>5:49.89</b>	+0,93		
	50m: 39.86	39.86	150m: 2:07.94	44.71	250m: 3:38.31	45.28	350m: 5:08.03	44.70
	100m: 1:23.23	43.37	200m: 2:53.03	45.09	300m: 4:23.33	45.02	400m: 5:49.89	41.86
3.	Carla Hensen <i>alle tijden zijn back-up tijden</i>	PSV	6:33.76	195300062	<b>6:39.70</b> *	+1,07		
	50m: 42.65	42.65	150m: 2:22.74	51.38	250m: 4:05.67	51.49	350m: 5:49.06	51.14
	100m: 1:31.36	48.71	200m: 3:14.18	51.44	300m: 4:57.92	52.25	400m: 6:39.70	50.64
4.	Fernande Blondeel	CNSW	7:26.06	CNSW/011/52	<b>7:44.70</b>	+0,94		
	50m: 46.71	46.71	150m: 2:34.66	55.86	250m: 4:34.50	100.91	350m: 6:41.75	1:02.62
	100m: 1:38.80	52.09	200m: 3:33.59	58.93	300m: 5:39.13	104.63	400m: 7:44.70	1:02.95

Masters 70+

1.	Matty van der Veen	Old Dutch	7:03.40	194400020	<b>7:31.72</b>	+1,23		
	50m: 49.80	49.80	150m: 2:40.25	56.06	250m: 4:35.64	58.06	350m: 6:33.11	58.47
	100m: 1:44.19	54.39	200m: 3:37.58	57.33	300m: 5:34.64	59.00	400m: 7:31.72	58.61
2.	Mieke Strijbis-v.d.Kroft	DAW	7:50.09	194500004	<b>7:41.63</b> *	+1,18		
	50m: 54.06	54.06	150m: 2:50.27	59.05	250m: 4:46.67	57.77	350m: 6:43.94	57.23
	100m: 1:51.22	57.16	200m: 3:48.90	58.63	300m: 5:46.71	100.04	400m: 7:41.63	57.69

Programmanr. 18  
24-01-2015 - 10:56

Heren, 50m rugslag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
<b>Masters 20+</b>						
1.	Nick Cleintuar	ZVVS	27.10	199503781	<b>27.10</b>	
2.	David Koers	AquAmigos	28.24	199501229	<b>29.41</b>	
3.	Joey Stokx	DAW	28.19	199301251	<b>29.78</b> *	
4.	Robin Eltink	NDD	31.13	199406147	<b>31.36</b> *	
5.	Thijs van den End	ZPC Woerden	31.78	199306803	<b>32.65</b>	S9
6.	Michiel van Vliet	ZPC Woerden	32.33	199503875	<b>32.86</b>	

Masters 25+

1.	Hjalmar de Ruiters	NDD	28.10	198902695	<b>28.80</b>
2.	Erik van der Heide	Zuiderzeezwemmers	30.27	198801337	<b>29.73</b>
3.	Sverre Oelen	WZ&PC Purmerend	29.82	199002147	<b>30.06</b>
4.	Lorenzo Cavallini	AZ&PC De Futen	30.66	199007465	<b>30.29</b>
5.	Robert Braad	Steenwijk 1934	30.13	198600407	<b>30.75</b>
6.	Patrick de Jonge	ZPC Woerden	32.87	198906635	<b>34.25</b>
7.	Harmen Reemst	ZOB'66	34.96	198702715	<b>35.31</b>
8.	Robin Eggenkamp	De Duinkickers	36.25	198700847	<b>36.30</b>
NG	Daniël Kunne	UZSC	33.23	199001709	

## Programmanr. 18, Heren, 50m rugslag

## Masters 30+

1.	Martijn Giezen	Montferland	28.28	198500813	<b>28.79</b>
2.	Lauren Vis	Steenwijk 1934	29.34	198201883	<b>29.63</b>
3.	Emiel Huisken	ZPC De Hof	29.53	198501139	<b>29.96</b>
4.	Richard Huisken	ZPC De Hof	29.38	198501141	<b>30.24</b>
5.	Kevin Lebis	WZ&PC Purmerend	29.99	198101037	<b>30.47</b>
6.	Robert Dekker	De Veene	31.32	198400443	<b>30.62</b>
7.	Gerwin Vonk	De Spatters	30.78	198201907	<b>30.94</b>
8.	Leander Noordijk	MGO (SG)	32.29	198101221	<b>30.97</b>
9.	Marcel Reefhuis	WS Twente	31.07	198101381	<b>32.74</b>
10.	Hidde Ottens	ZOB'66	33.34	198301613	<b>32.98 *</b>
11.	Mike Hereijgers	AZ&PC De Futen	32.42	198501007	<b>33.43</b>
12.	Rob van Wanrooy	Gay Swim Amsterdam	33.92	198202627	<b>34.25</b>

## Masters 35+

1.	Casper Hut	HZ&PC Heerenveen	28.75	197800471	<b>28.05</b>
	<i>Nederlands Masters Record</i>				
2.	Nol van Thull	d'ELFT	28.64	198001513	<b>29.04</b>
3.	Reinier Ellenkamp	De Rog	29.77	198002109	<b>29.76</b>
4.	Ivo Roozeboom	WVZ	29.54	197700801	<b>29.99 *</b>
5.	Pavel Protasciuk	Takas	31.05	1979PRO	<b>31.28</b>
6.	Stan Dekker	PLONS	31.00	197901823	<b>31.54</b>
7.	Raymond Oosterbaan	WIDEX GZC DONK	32.61	197700711	<b>33.12</b>
8.	Gino Martijn	RZ	33.65	197901865	<b>34.41</b>
9.	Steven Prins	PLONS	37.20	197901833	<b>36.01</b>

## Masters 40+

1.	John Cobussen	De Gelenberg	31.78	197501323	<b>31.11</b>
2.	Alex Damen	DAW	31.91	197501371	<b>32.28</b>
3.	Machiel Stolk	Swol 1894	32.45	197400779	<b>33.19</b>
4.	Gerard Eghuizen	HZ&PC Heerenveen	32.36	197400197	<b>33.20</b>
5.	Dennis van Markesteijn	TZC-Vahalis	38.36	197201333	<b>40.08</b>

## Masters 45+

1.	Guido Keutgen	AZC	29.80	196801551	<b>30.33</b>
2.	René Beetsma	HZ&PC Heerenveen	31.33	196900069	<b>31.40</b>
3.	Jan-Willem van den Berg	WVZ	31.50	196801575	<b>31.66</b>
4.	Glen le Clercq	De Rog	31.92	196800177	<b>31.72 *</b>
5.	Jean-Phillippe Paap	ZPC De Hof	31.49	197000791	<b>32.24</b>
6.	Martin Kaptein	DWK	32.60	196701677	<b>32.26</b>
7.	Stefan Holmstrom	DAW	34.06	196701671	<b>32.42</b>
8.	Nico Swart	Den Doorn	33.28	196801475	<b>34.15</b>
9.	Eric Blaauw	OEZA	35.86	196701619	<b>34.98</b>
10.	Gerco Schakel	DWK	36.83	196900849	<b>35.28 *</b>

## Masters 50+

1.	Peter Bernsen	De Rog	30.65	196301119	<b>30.31 *</b>
2.	Bert Schlicher	RZ	30.62	196400669	<b>30.79</b>
3.	Iurii Perin	Spartak	31.00	030044	<b>31.89</b>
4.	Arlandas Juodeska	Takas	33.08	1961JUO	<b>32.66</b>
5.	Hans Westerhof	WS Twente	33.20	196200743	<b>33.25</b>
6.	John Stokx	DAW	32.63	196401341	<b>33.42 *</b>
7.	Marcel van der Lem	Vereniging Swimcademy	32.85	196500563	<b>33.45</b>
8.	Fred Heemstra	DAW	34.05	196500357	<b>34.32</b>
9.	Otto Jansen	LZ 1886	34.02	196501403	<b>34.46</b>
10.	Fred Dijkshoorn	Zwemvereniging Westland	35.36	196501539	<b>34.99</b>
11.	Casper Dollekamp	Steenwijk 1934	35.58	196301341	<b>36.19</b>
12.	Jack Barends	WS Twente	38.41	196201011	<b>38.88</b>
13.	Hans Maas	PLONS	37.50	196501433	<b>41.33</b>



Programmanr. 18, Heren, 50m rugslag

Masters 55+

1.	Hugo Bregman	Albion	34.09	195800069	<b>29.93</b>
	<i>Nederlands Masters Record</i>				
2.	Clemens de Waal	De Ward	33.03	196001063	<b>33.12</b>
3.	Mark Nuijten	Zwemvereniging Westland	33.63	196000411	<b>33.67</b>
4.	Rudolf Meijer	Zwemvereniging Hoogland	36.29	196000995	<b>39.25</b>
5.	Evertjan Masurel	PLONS	36.64	195600495	<b>39.77</b>
6.	John Dam	ZIGNEA	41.35	196000915	<b>40.44</b>
7.	Jos Zentjens	Budel	41.97	195700569	<b>44.00</b>
AFGEM	Albert Boonstra	Aqua-Novio'94	30.76	195700425	

Masters 60+

1.	Brend Brevé	PSV	34.34	195200265	<b>35.17</b> *
2.	Henk Slomp	De Pinquin	37.10	195500359	<b>38.26</b>
3.	Jos Kamps	Zwemvereniging Hoogland	42.10	195100085	<b>43.52</b>
4.	Sjoerd van de Berg	De Rog	45.23	195400355	<b>46.62</b>

Masters 65+

1.	Pieter Schillemans	WZ&PC Purmerend	41.90	194600141	<b>40.23</b> *
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Masters 70+

1.	Rob Hanou	PSV	44.74	194300109	<b>46.04</b>
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Masters 75+

1.	Frans van Enst	WS Twente	37.58	194000011	<b>37.87</b>
	<i>Europees Masters Record</i>				

Masters 85+

1.	Klaas Prins	Steenwijk 1934	1:04.18	192800001	<b>1:04.99</b>
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Programmanr. 19  
24-01-2015 - 11:08

Dames, 50m rugslag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
<b>Masters 20+</b>						
1.	Suzanne Mosch	MSV-Zeemacht	32.23	199400548	<b>32.49</b> *	
2.	Kimberley Kranenberg	ZPC De Hof	33.16	199400292	<b>32.68</b> *	
	Kimberly Mijnen	ZV De Zaan	32.20	199503644	<b>32.68</b>	
4.	Eva Engelen	NDD	32.29	199405514	<b>32.72</b>	
5.	Heleen Arends	TriVia	32.39	199404416	<b>33.13</b>	
6.	Tessa Mosch	MSV-Zeemacht	33.74	199102172	<b>34.03</b>	
7.	Iris Pijtak	AZ&PC	32.32	199300602	<b>34.24</b>	
8.	Joyce Raemaekers	Budel	34.73	199106106	<b>34.82</b>	
9.	Simone de Boer	LZ 1886	34.93	199306858	<b>34.88</b> *	
10.	Eline van Gemert	De Meer	35.34	199505458	<b>35.56</b> *	
11.	Getrude Corporaal	ZVZ	35.03	199200380	<b>35.63</b>	
12.	Naomi van Gool	De Geul	34.19	199505166	<b>35.68</b>	
13.	Lonneke Oenema	Steenwijk 1934	38.45	199102314	<b>36.97</b>	
14.	Myrthe Talsma	De Golfbreker	36.45	199106844	<b>37.04</b>	
15.	Jacoline van den Beukel	Zwemvereniging Westland	37.18	199100238	<b>37.07</b>	
16.	Dorien Hein	AZ&PC De Futen	37.91	199503010	<b>37.88</b>	
17.	Elly Scheepers	Budel	40.23	199102728	<b>38.09</b>	
18.	Lisette van der Lende	WWV	38.14	199204258	<b>38.17</b>	
19.	Rebecca van Eeren	SCOM	39.15	199306910	<b>38.45</b> *	
20.	Margot van de Rakt	Nautilus	38.90	199300618	<b>38.51</b>	
21.	Daniëlle de Klein	DWF	40.50	199404786	<b>40.07</b>	
22.	Talitha Boelen	DWF	43.15	199502910	<b>43.38</b>	



## Programmanr. 19, Dames, 50m rugslag

## Masters 25+

1.	Aleksandra Bezakrovnaya	Sprut	33.12	018061	<b>31.89</b>
2.	Elmi Roelofsen	ZVV	32.12	199008198	<b>32.26</b>
3.	Jacyntha Plat	De Golfbreker	32.67	199002956	<b>32.36</b>
4.	Sabine Lina	ZPC Woerden	33.00	198902680	<b>32.54</b>
5.	Aniek Huijsman	De Lansingh	33.58	198801932	<b>33.01</b>
6.	Stephanie Rombout	PSV	32.56	198803696	<b>33.68</b>
7.	Ilse van den Wijngaard	ZPC Woerden	34.36	198904736	<b>35.05</b>
8.	Diana Lammers	De Veene	37.15	198902572	<b>36.21</b>
9.	Linda van den Berg	Dedemsvaart-AC	36.61	199000230	<b>36.60</b> *
10.	Eline Schoenmaker	Zwemlust-den Hommel	36.29	199003322	<b>36.68</b> *
11.	Gerlinde van de Wetering	Deltasteur	37.25	198904678	<b>37.05</b> *
12.	Linda Janssen	ZPB H&L Productions	36.73	198802088	<b>37.12</b>
13.	Lindsey Hol	De Meer	35.91	199008088	<b>37.31</b>
14.	Joyce Geschiere	WZ&PC Purmerend	38.87	199007526	<b>38.00</b>
15.	Whitley Rens	MGO (SG)	36.80	199007520	<b>38.15</b>
16.	Annebeth van Ark	Octopus	40.90	198805588	<b>41.25</b>

## Masters 30+

1.	Monique Jonker	TriVia	33.49	198501472	<b>32.72</b>
2.	Roos van Esch	d'ELFT	33.52	198200468	<b>33.25</b>
3.	Marije Jansen	Montferland	33.90	198504088	<b>33.87</b>
4.	Esther Versteeg	Van Vliet-Barracuda	35.32	198302112	<b>34.69</b>
5.	Emmy Slabbers	De Roersoppers	34.55	198101386	<b>35.77</b>
6.	Angela Giezen	Montferland	36.83	198302796	<b>36.44</b>
7.	Bianca Paape	DAW	36.38	198502262	<b>36.50</b>
8.	Patricia Strohm	De Dinkel	37.22	198102110	<b>39.33</b>
NG	Laura van Manen	WIDEX GZC DONK	39.87	198403288	

## Masters 35+

1.	Melanie Kuiper	ZIGNEA	35.14	197600350	<b>35.24</b>
2.	Petra Versteegen	WVZ	36.57	197700906	<b>36.25</b>
3.	Kristel Lips	ZV De Bron	39.20	197900562	<b>37.90</b>
4.	Inge Otter	De Bevelanders	38.84	197801242	<b>39.31</b>
5.	Babette Rens	Swol 1894	38.58	197801200	<b>40.00</b>
6.	Nancy Peeters	De Rog	42.77	197901496	<b>42.61</b>

## Masters 40+

1.	Edith Janssen-Koolen	TRB-RES	34.47	197300898	<b>33.70</b> *
2.	Evelien van Klaarbergen	HZ&PC Heerenveen	35.66	197200964	<b>35.54</b>
3.	Mirjan den Drijver-Aarse	Zwemvereniging Westland	37.77	197500884	<b>37.14</b>
4.	Jule Verschoor-Holland	RZC	41.21	197500874	<b>40.16</b>
5.	Natasja Linderhof	De Dinkel	42.16	197500786	<b>43.64</b>
6.	Rinette van der Vliet	Swol 1894	42.97	197300518	<b>47.01</b>
7.	Marleen Prins	De Fuut	50.23	197300864	<b>47.17</b>
8.	Andrea Groeneveld	De Dinkel	47.49	197200936	<b>47.98</b> *
9.	Wendy v.d. Linden	WZ&PC Purmerend	49.29	197300882	<b>48.89</b>

## Masters 45+

1.	Monique Tuijp	WZ&PC Purmerend	35.27	196900800	<b>33.93</b>
	<i>Nederlands Masters Record</i>				
2.	Lidia v. Bon-Rosenbrand	AZ&PC	35.41	197000054	<b>36.66</b>
3.	Caroline Schreuder	Triton	37.27	196700550	<b>36.97</b>
4.	Desiree van der Lem	Vereniging Swimcademy	37.96	196800282	<b>37.51</b>
5.	Rita van der Horst	RZC	38.15	196900260	<b>38.11</b>
6.	E. van Wingerden - Dijkhuizen	DWK	39.57	196900970	<b>40.48</b>
7.	Antoinette Kant	Den Doorn	42.01	196900920	<b>41.34</b>
8.	Gabrielle Waldram	WZ&PC Purmerend	53.75	196600704	<b>52.83</b>



Programmanr. 19, Dames, 50m rugslag

Masters 50+

1.	Wilna Heijman	Steenwijk 1934	37.48	196400506	<b>37.74</b>
2.	Jacqueline Rolloos-Bakker	De Lansingh	36.87	196300222	<b>38.31</b>
3.	Gonnie Paas	ZVVS	44.66	196200418	<b>44.36</b>

Masters 55+

1.	Atie Pijtak-Radersma	AZ&PC	38.17	195600048	<b>37.63</b> *
2.	Pia van der Molen	HZ&PC Heerenveen	39.13	196000116	<b>38.69</b>
3.	Inge Wolfs	PLONS	38.29	196000304	<b>40.07</b> *
4.	Marijke Kraak-Beckers	WS Twente	41.44	196000240	<b>40.26</b>
5.	Marie-Josée Matte	WVZ	41.14	196000326	<b>42.45</b> *
6.	Lies Hartman	PSV	58.74	195600116	<b>58.32</b>

Masters 60+

1.	Patty Krupiarz	PLONS	40.82	195400074	<b>42.09</b>
2.	Tineke Brouwer-Maat	Zwemvereniging Westland	46.12	195300074	<b>46.53</b>
3.	Tineke van Diggelen	ZPCH	50.30	195200048	<b>50.22</b>

Masters 65+

1.	Corrie Verhoeven	PSV	44.36	194600026	<b>44.99</b> *
	<i>Kampioenschaps Record</i>				
2.	Antoinette Gilding-Tussaud	WS Twente	46.68	195000038	<b>48.81</b>
3.	Annet Verhoeven	De Duinkickers	58.91	194600024	<b>1:00.33</b> *
4.	Adrie Oostendorp-De Beer	ZV De Bron	1:11.54	194900024	<b>1:12.52</b>

Masters 70+

1.	Leny Kamp	Aquapoldro	55.98	194400008	<b>56.89</b>
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Masters 80+

1.	Lottie Geurts	PSV	52.27	193500006	<b>57.95</b> *
	<i>Nederlands Masters Record</i>				

Programmanr. 20  
24-01-2015 - 11:22

Heren, 200m schoolslag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m		
<b>Masters 20+</b>										
1.	Mateusz Kobus	ZPC Woerden	2:18.47	199505963	<b>2:20.69</b>	+0,73	31.29	1:07.03	1:43.87	2:20.69
	<i>Nederlands Masters Record</i>									
2.	Kevin Eltink	DWK	2:23.29	199100589	<b>2:22.06</b>	+0,75	31.19	1:07.50	1:45.76	2:22.06
3.	Jeffrey van Deursen	UCAM Club Natacion Fuens	2:22.05	008299187	<b>2:25.61</b>	+0,73	32.63	1:08.92	1:46.89	2:25.61
4.	Romero Hennep	ZVVS	2:25.64	199304929	<b>2:26.74</b>	+0,73	32.97	1:10.16	1:49.72	2:26.74
5.	Roald Blok	Octopus	2:22.90	199302685	<b>2:27.34</b>	* +0,74	33.09	1:10.26	1:48.33	2:27.34
	<i>alle tijden zijn back-up tijden</i>									
6.	Klaas Schoute	De Dolfijn	2:48.34	199500891	<b>2:42.13</b>	+0,84	36.62	1:17.68	1:59.95	2:42.13
7.	Jos Terlouw	MGO (SG)	2:43.46	199400601	<b>2:42.96</b>	+0,80	35.58	1:17.05	2:00.12	2:42.96
8.	Maik Steenkamp	Montferland	2:35.74	199103847	<b>2:49.53</b>	* +0,75	36.39	1:19.52	2:04.50	2:49.53
	<i>alle tijden zijn back-up tijden</i>									

## Programmanr. 20, Heren, 200m schoolslag

## Masters 25+

1. Erik Verholt	Noord Veluwe	2:27.12	198803543	<b>2:26.95</b>	+0,81	31.51	1:08.73	1:47.36	2:26.95
2. Patrick Creemers	RZ	2:33.34	199000579	<b>2:38.53</b>	+0,76	34.61	1:14.57	1:56.11	2:38.53
3. Herman van Dijk	De Wellerobben	2:40.64	198900691	<b>2:38.88</b>	+0,91	34.66	1:14.62	1:56.63	2:38.88
4. Stefan van de Grift	Octopus	2:37.05	198701121	<b>2:42.81</b>	+0,81	35.38	1:16.42	1:59.01	2:42.81
5. Niels van Beurden	ZPC Woerden	2:41.93	198805669	<b>2:44.52</b>	* +0,77	35.04	1:15.47	1:58.93	2:44.52
<i>alle tijden zijn back-up tijden</i>									
NG Remko Hoofd	De Duinkickers	2:41.29	198701405						

## Masters 30+

1. Kristiaan Lenos	LZ 1886	2:31.21	198301331	<b>2:34.03</b>	+0,78	33.26	1:11.71	1:52.57	2:34.03
2. Yuri van Omme	Zwemvereniging Hoogland	2:39.77	198501887	<b>2:44.45</b>	+0,80	37.17	1:18.56	2:01.79	2:44.45
3. Mathijs Lenos	HPC	2:50.09	198401407	<b>2:49.73</b>	+0,94	38.44	1:22.25	2:05.92	2:49.73
4. Sebastiaan Baars	WS Twente	2:54.64	198300053	<b>2:56.65</b>	+0,96	39.45	1:24.03	2:10.52	2:56.65
5. Rob van Wanrooy	Gay Swim Amsterdam	3:00.44	198202627	<b>3:00.92</b>	+0,82	40.27	1:26.36	2:14.11	3:00.92
6. Hans Cligge	AZ&PC De Futen	3:05.31	198100315	<b>3:03.56</b>	* +0,86	38.91	1:24.40	2:13.17	3:03.56
<i>alle tijden zijn back-up tijden</i>									
7. Mark Brinkhuis	TriVia	3:00.91	198302609	<b>3:04.54</b>	+0,82	40.83	1:27.26	2:15.48	3:04.54
AFGEM Ferry Blangé	ZOB'66	2:49.92	198300185						

## Masters 35+

1. Vincent Versteeg	Zwemlust-den Hommel	2:35.51	197701003	<b>2:33.88</b>	+0,76	34.38	1:14.60	1:55.74	2:33.88
2. Freddie Geerlings	HGN (SG)	2:37.40	197900379	<b>2:39.92</b>	+1,01	36.05	1:16.74	1:58.15	2:39.92
3. Okko de Haas	ZV De Bron	2:47.97	197801593	<b>2:48.49</b>	+0,83	38.43	1:20.76	2:04.43	2:48.49
4. Ron Langelaan	DAW	2:51.88	197800643	<b>2:50.90</b>	+0,76	37.82	1:20.03	2:04.63	2:50.90
5. Peter Eshuis	DBD	2:51.87	198000375	<b>2:56.03</b>	+0,93	39.10	1:23.93	2:10.27	2:56.03

## Masters 40+

1. Marcel van Winssen	De Gelenberg	2:39.27	197101477	<b>2:42.31</b>	+0,65	36.83	1:17.99	1:59.40	2:42.31
2. Wibo Mooibroek	ZV De Zaan	2:58.82	197401339	<b>2:56.74</b>	* +1,01	38.87	1:23.27	2:09.72	2:56.74
<i>alle tijden zijn back-up tijden</i>									
3. Sander Komen	ZV De Bron	3:10.34	197201507	<b>3:10.64</b>	+1,04	41.28	1:28.35	2:19.11	3:10.64
4. Korstiaan de Boer	Steenwijk 1934	3:15.86	197101629	<b>3:14.64</b>	+0,86	43.63	1:32.46	2:23.59	3:14.64

## Masters 45+

1. Jan Gert Notenbomer	Upstream Amsterdam	2:44.87	196600557	<b>2:34.30</b>	+0,81	35.25	1:14.48	1:53.92	2:34.30
<i>Kampioenschaps Record</i>									
2. Harold Matla	PSV	2:36.75	196800591	<b>2:38.66</b>	+0,88	35.67	1:16.78	1:58.29	2:38.66
3. Igor Penchukov	Sprut	2:45.77	102154	<b>2:43.27</b>	+0,77	37.82	1:18.74	2:01.39	2:43.27
4. J. van den Berg	WVZ	2:48.91	196801575	<b>2:47.23</b>	+0,83	38.06	1:21.08	2:04.06	2:47.23
5. Kees Akershoeke	De Stelle	2:59.19	196900009	<b>2:50.14</b>	+0,80	37.97	1:20.75	2:04.89	2:50.14
6. Hans Schoenmakers	DAW	2:57.15	196900863	<b>2:52.53</b>	+0,85	37.95	1:22.46	2:08.77	2:52.53
7. Guido Keutgen	AZC	2:56.83	196801551	<b>2:55.49</b>	+0,84	37.98	1:22.21	2:09.15	2:55.49
8. Marcel Jonkman	Aqualero	2:52.23	196801389	<b>2:55.60</b>	+0,79	39.56	1:26.09	2:12.86	2:55.60
9. Joop Weenink	WS Twente	3:02.50	196801535	<b>3:07.11</b>	+1,03	41.92	1:28.92	2:18.44	3:07.11
10. Henk van Zetten	Octopus	3:26.14	196701261	<b>3:39.08</b>	+0,80	48.90	1:43.79	2:41.21	3:39.08
DIS Bert de Weerd	RZC	3:00.63	196701283		SJ				

## Masters 50+

1. Edwin v. Norden	AZ&PC	2:34.84	196300563	<b>2:34.43</b>	+0,71	34.66	1:13.59	1:53.91	2:34.43
<i>Nederlands Masters Record</i>									
2. Gert Sikkema	ZIGNEA	2:47.33	196300687	<b>2:48.90</b>	+0,69	37.39	1:19.50	2:03.16	2:48.90
3. Bertjan Schelhaas	DWT	3:02.89	196501577	<b>2:51.69</b>	+0,84	38.85	1:22.58	2:07.10	2:51.69
4. Arno Schrauwen	De Roersoppers	2:52.61	196501355	<b>2:51.89</b>	+0,88	38.32	1:21.56	2:06.50	2:51.89
5. Ron Korzelius	AZ&PC	2:55.22	196500513	<b>2:54.53</b>	+0,84	38.33	1:22.48	2:08.00	2:54.53
6. Dirk Römer	TSV Ottersberg	2:54.51	248312	<b>2:56.20</b>	+0,89	38.20	1:23.05	2:09.65	2:56.20
7. Marcel van der Lem	Vereniging Swimcademy	2:55.40	196500563	<b>2:56.60</b>		40.78	1:26.26	2:11.88	2:56.60
8. Arturas Tuomas	Takas	2:54.87	1961TUO	<b>2:56.67</b>	* +0,79	39.88	1:24.48	2:11.78	2:56.67
<i>alle tijden zijn back-up tijden</i>									
9. Theo Bakker	TriVia	2:58.78	196401231	<b>2:57.24</b>	+0,77	40.82	1:28.55	2:14.65	2:57.24

## Programmanr. 20, Heren, 200m schoolslag, Masters 50+

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
10. Geert van Duinhoven	RZC	2:57.60 196401263	<b>2:57.71</b>	+0,84	38.51	1:23.38	2:10.32	2:57.71
11. Ronald Grove	Oceanus	2:57.03 196100161	<b>3:02.21</b>	+0,79	39.66	1:26.97	2:15.01	3:02.21
12. Jack Barends	WS Twente	3:11.11 196201011	<b>3:16.72</b>	+0,93	43.69	1:33.07	2:25.60	3:16.72
13. Bart van Calker	WS Twente	3:18.92 196100067	<b>3:23.10</b> *	+0,94	45.93	1:37.15	2:30.87	3:23.10
<i>alle tijden zijn back-up tijden</i>								
14. Marco Schoenmakers	ZVVS	3:31.35 196401375	<b>3:40.47</b>	+0,54	45.56	1:40.94	2:41.22	3:40.47

## Masters 55+

1. Willem Zwiers	AquAmigos	3:04.40 195800505	<b>3:03.54</b>		41.47	1:28.73	2:16.70	3:03.54
2. Pier van der Sluis	Orca	3:14.25 195900757	<b>3:14.19</b>	+0,96	44.35	1:33.69	2:23.95	3:14.19
3. Paul Bunnik	Triton	3:14.51 195600413	<b>3:14.25</b>	+0,95	43.43	1:32.04	2:24.54	3:14.25
4. Jan Haitsma	De Spatters	3:35.13 196000929	<b>3:38.17</b>	+0,97	50.05	1:45.43	2:42.46	3:38.17
5. Harry Paas	ZVVS	3:31.09 195800689	<b>3:38.77</b>	+0,97	47.60	1:43.75	2:42.21	3:38.77
6. John Tersteeg	De Fuut	3:39.28 196001039	<b>3:44.32</b>	+0,94	49.19	1:47.15	2:46.92	3:44.32
7. Jan Timmerman	IJZPC	3:41.70 195700347	<b>3:53.01</b>	+0,66	47.80	1:47.43	2:51.79	3:53.01

## Masters 60+

1. Laurens Klein Breteler	WWV	3:13.03 195400109	<b>3:12.08</b>	+0,85	42.79	1:31.84	2:22.86	3:12.08
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## Masters 65+

1. Oleg Ershov	Meshera	3:27.67 1950ERS	<b>3:20.11</b>	+0,95	44.12	1:35.95	2:28.96	3:20.11
2. Piet Schop	De Bevelanders	3:14.77 195000109	<b>3:25.16</b>	+0,60	43.16	1:35.19	2:29.93	3:25.16
3. Mar van Geel	Old Dutch	3:56.68 194700135	<b>4:07.71</b>	+1,24	56.27	1:59.14	3:03.68	4:07.71
4. Henk Oostendorp	ZV De Bron	4:14.90 194800093	<b>4:15.14</b>	+1,13	55.78	2:00.24	3:08.56	4:15.14

## Masters 70+

1. Rob Hanou	PSV	3:23.49 194300109	<b>3:37.70</b>	+1,10	48.10	1:43.86	2:42.40	3:37.70
2. Nico Baay	Old Dutch	3:36.71 194200053	<b>3:43.43</b>	+0,77	49.84	1:47.31	2:47.31	3:43.43
3. Ruud Sloof	De Rijn	3:37.92 194400073	<b>3:53.45</b> *	+0,96	53.18	1:53.00	2:54.90	3:53.45
<i>alle tijden zijn back-up tijden</i>								

## Masters 75+

1. Frederik H. de Bruijn	CN Aquamasters	4:18.60 1938HEN	<b>3:53.02</b>	+1,21	53.78	1:53.94	2:54.39	3:53.02
<i>Kampioenschaps Record</i>								

Programmanr. 21  
24-01-2015 - 11:55

## Dames, 200m schoolslag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
<b>Masters 20+</b>								
1. Suzanne Brummel	LZ 1886	2:43.40 199401366	<b>2:43.02</b>	+0,76	37.09	1:19.11	2:00.07	2:43.02
2. Chantal van der Horst	De Meer	2:44.25 199400616	<b>2:45.75</b> *	+0,63	37.29	1:18.79	2:01.71	2:45.75
<i>alle tijden zijn back-up tijden</i>								
3. Karin Verbeek	Nautilus	2:55.84 199201848	<b>2:59.79</b>	+0,73	40.89	1:26.59	2:13.24	2:59.79
4. Sanne de Roo	De Devel	3:05.21 199501934	<b>3:09.80</b>	+0,82	41.55	1:29.75	2:19.50	3:09.80
<b>Masters 25+</b>								
1. Larissa Brak	AZ&PC	2:41.37 198800572	<b>2:42.12</b>	+0,86	36.06	1:18.08	2:00.32	2:42.12
<i>Nederlands Masters Record</i>								
2. Jacyntha Plat	De Golfbreker	2:45.42 199002956	<b>2:48.45</b>	+0,81	36.98	1:19.28	2:03.47	2:48.45
3. Karin van Dijk	HZ&PC Heerenveen	2:47.81 198600850	<b>2:52.66</b> *	+0,86	38.64	1:22.38	2:07.31	2:52.66
4. Aniek Huijsman	De Lansingh	2:55.63 198801932	<b>2:52.81</b> *	+0,75	39.07	1:22.44	2:06.93	2:52.81
<i>alle tijden zijn back-up tijden</i>								
5. Désirée Hulsmeijer	Het Ravijn	2:56.51 199001656	<b>2:56.15</b>	+0,61	40.07	1:24.67	2:10.24	2:56.15
6. Susanne van der Linden	DIO	2:50.89 198802736	<b>2:57.66</b>	+0,76	40.38	1:24.97	2:11.09	2:57.66

Programmanr. 21, Dames, 200m schoolslag, Masters 25+

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
7. Anne Duijst	Zwemvereniging Hoogland	2:55.47 198901030	<b>2:57.87</b>	+0,86	40.32	1:24.98	2:11.99	2:57.87
8. Charlotte Six	CNSW	3:01.77 CNSW/681/88	<b>2:58.95</b>	+0,95	40.85	1:26.57	2:13.19	2:58.95
9. Marlijn Mulders	De Treffers	3:03.70 198803114	<b>3:00.43</b>	+0,69	39.23	1:25.36	2:13.37	3:00.43
10. Maaike de Boer	De Duinkickers	2:59.18 199000362	<b>3:01.57</b>	+0,87	41.07	1:27.19	2:14.16	3:01.57
11. Linda Janssen	ZPB H&L Productions	3:04.48 198802088	<b>3:02.45</b>		41.37	1:27.91	2:15.02	3:02.45
12. Eline Roeland	MGO (SG)	3:10.77 198805970	<b>3:08.43</b>	* +0,92	42.81	1:31.19	2:20.56	3:08.43
<i>alle tijden zijn back-up tijden</i>								
13. Karin Hovenkamp	De Spatters	3:08.03 198701850	<b>3:10.15</b>	+0,73	43.97	1:33.31	2:23.20	3:10.15
14. Liesbeth van Mill	DWK	3:16.38 198702786	<b>3:14.05</b>	+0,90	43.70	1:32.85	2:23.07	3:14.05
15. Margriet Aan het Rot	Octopus	3:19.60 198603088	<b>3:19.05</b>	+0,77	44.57	1:35.14	2:26.77	3:19.05
16. Janneke Wynia	WS Twente	3:34.21 199005500	<b>3:30.70</b>	+1,08	47.96	1:42.48	2:37.75	3:30.70

Masters 30+

1. Laura Badoux	DAW	2:51.12 198200038	<b>2:53.57</b>	+0,75	38.63	1:22.66	2:08.41	2:53.57
2. Ilse Clevers	De Roersoppers	2:55.06 198503908	<b>3:01.68</b>	+0,60	39.91	1:25.75	2:12.71	3:01.68
3. Esther Versteeg	Van Vliet-Barracuda	3:06.09 198302112	<b>3:03.75</b>		43.44	1:29.72	2:16.39	3:03.75
4. Angela Giezen	Montferland	3:21.16 198302796	<b>3:12.42</b>	+0,81	43.16	1:33.06	2:23.88	3:12.42
5. Annette Vogelsang	ZV De Bron	3:13.55 198402632	<b>3:12.59</b>	+0,91	42.62	1:30.16	2:20.50	3:12.59
6. Bertine Flokstra-de Blok	De Spatters	3:14.02 198200146	<b>3:12.61</b>	+0,90	42.90	1:32.29	2:21.66	3:12.61
7. Renee de Kok	PSV	3:17.69 198403350	<b>3:12.70</b>	+0,77	42.99	1:32.43	2:23.19	3:12.70

Masters 35+

1. Lizette van der Vegt	HZ&PC Heerenveen	3:08.48 197901440	<b>3:07.85</b>	+0,89	42.48	1:30.51	2:19.06	3:07.85
2. Yvonne Gerritsen	WVZ	3:11.22 198000342	<b>3:10.86</b>	* +0,90	43.66	1:32.39	2:22.59	3:10.86
3. Kristel Lips	ZV De Bron	3:13.93 197900562	<b>3:12.55</b>	+0,99	43.22	1:32.03	2:22.33	3:12.55
4. Eveline Hacquebord	IJZPC	3:18.12 197901206	<b>3:13.60</b>	+0,96	44.75	1:34.42	2:24.64	3:13.60
5. Marian Nederlof	DWF	3:17.48 197600950	<b>3:21.21</b>	* +0,87	44.71	1:35.40	2:27.81	3:21.21
<i>alle tijden zijn back-up tijden</i>								
6. Karin Smolders	Budel	3:25.16 197601078	<b>3:23.02</b>	+0,98	47.84	1:37.98	2:32.10	3:23.02
7. Anneke Veenstra	't Tolhekke	3:19.90 197900882	<b>3:24.38</b>	+0,88	45.40	1:37.01	2:30.62	3:24.38

Masters 40+

1. Karin Stein	ZVVS	2:54.31 197100554	<b>2:56.76</b>	+0,79	40.16	1:25.23	2:10.97	2:56.76
2. Nadège van Meeteren	De Meer	2:58.10 197400736	<b>2:57.65</b>	+0,88	40.78	1:26.27	2:12.74	2:57.65
3. Miranda Straetmans	ZIGNEA	3:01.85 197400514	<b>3:03.26</b>	* +0,82	41.10	1:27.49	2:15.29	3:03.26
<i>alle tijden zijn back-up tijden</i>								
4. Pascalle Neiss-Janssen	De Roersoppers	3:14.48 197300852	<b>3:13.99</b>	+0,98	44.37	1:34.18	2:24.33	3:13.99
5. Jule Verschoor-Holland	RZC	3:23.98 197500874	<b>3:24.80</b>	+0,89	46.81	1:38.17	2:31.52	3:24.80

Masters 45+

1. Marjo Goelema-Koek	De Biesboschwimmers	2:58.79 196900192	<b>3:01.07</b>	+0,79	40.10	1:27.04	2:14.07	3:01.07
2. Desiree van der Lem	Vereniging Swimcademy	3:10.66 196800282	<b>3:10.83</b>	+0,92	42.13	1:30.33	2:20.80	3:10.83
3. A. Korving-Leijenaar	Aqualero	3:14.30 196700662	<b>3:18.73</b>	+0,82	44.72	1:34.96	2:26.46	3:18.73
4. Iris van Aurich	DWK	3:19.05 196900866	<b>3:22.10</b>	+0,81	45.18	1:35.53	2:30.16	3:22.10
5. K. van Nassau van den Old Dutch	Old Dutch	3:23.24 196600188	<b>3:23.19</b>	* +0,75	46.10	1:37.57	2:30.39	3:23.19
<i>alle tijden zijn back-up tijden</i>								

Masters 50+

1. Tatiana Prokofjeva	Troyka	2:58.63 023013	<b>2:59.18</b>	+0,82	41.05	1:26.26	2:12.70	2:59.18
<i>Kampioenschaps Record, Russian Masters Record</i>								
2. Petra Tossings	DAW	3:20.52 196100376	<b>3:22.29</b>	+0,63	46.43	1:38.90	2:31.29	3:22.29
3. Yoka de Vegt- van Dijk	ESCA Zwemmen	3:35.57 196200420	<b>3:40.31</b>	+0,88	48.90	1:43.52	2:41.36	3:40.31

Masters 55+

1. Marjan Spoelstra	Swol 1894	3:45.92 196000236	<b>3:48.19</b>	+0,94	52.76	1:50.85	2:49.71	3:48.19
2. Mies Kuipers	Old Dutch	4:16.70 195800202	<b>4:34.13</b>	+0,84	1:04.41	2:14.22	3:26.23	4:34.13



Programmanr. 21, Dames, 200m schoolslag

Masters 60+

1. Ineke Weekers	PSV	3:28.37	195300050	<b>3:22.44</b>	+0,87	48.21	1:39.91	2:31.85	3:22.44
<i>Nederlands Masters Record</i>									
2. Tineke van Diggelen	ZPCH	4:11.17	195200048	<b>4:08.12</b>	+0,74	55.94	1:59.78	3:05.85	4:08.12
3. Corine Kalbfleisch	DWT	4:03.28	195200024	<b>4:23.72</b>	* +1,15	55.58	2:02.27	3:13.51	4:23.72
<i>alle tijden zijn back-up tijden</i>									
4. Geerdien Meerwaldt	De Geul	4:28.90	195200058	<b>4:30.80</b>	+1,16	1:02.08	2:10.27	3:19.33	4:30.80

Masters 65+

1. Bea Swijnenberg	Swol 1894	3:35.80	194900010	<b>3:36.81</b>		51.07	1:47.23	2:43.11	3:36.81
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Masters 70+

1. Loekie v. Huissteden	AZ&PC	4:15.64	194500002	<b>4:18.32</b>	+1,05	1:00.02	2:06.05	3:13.49	4:18.32
2. Mieke Strijbis-v.d.Kroft	DAW	4:16.21	194500004	<b>4:18.71</b>	+1,11	1:00.62	2:07.14	3:14.09	4:18.71

Programmanr. 22  
24-01-2015 - 12:28

4 x 100m wisselslag

Masters Open  
Resultaten

rang	vereniging	inschrijftijd		tijd	RT
<b>80+, Dames</b>					
1.	DIO 1	4:37.36		<b>4:42.06</b>	
<i>Nederlands Masters Record</i>					
	Aniek Resink	33.17	1:09.57	+0,54	33.78 1:11.30
	Susanne van der Linden	+0,48 38.76	1:22.21	+0,14	27.84 58.98
2.	LZ 1886 1	4:40.57		<b>4:46.46</b>	
	Anna Boef	35.60	1:13.23	+0,43	32.27 1:11.34
	Suzanne Brummel	+0,57 37.63	1:18.68		30.45 1:03.21
3.	Nova 1	4:51.54		<b>4:52.59</b>	
	Janine de Groot	35.86	1:14.53	+0,20	32.24 1:13.95
	Gea Hagting	+0,50 38.82	1:23.12	+0,32	29.05 1:00.99
<b>80+, Heren</b>					
1.	Borger 1	4:16.37		<b>4:12.29</b>	
	Kieran Keen	32.07	1:06.66	+0,51	28.28 1:02.63
	Rowan Keen	+0,25 30.20	1:05.84	+0,26	26.61 57.16
<b>80+, Gemengd</b>					
1.	NDD 1	4:20.35		<b>4:20.02</b>	
<i>Nederlands Masters Record</i>					
	Hjalmar de Ruiter	29.86	1:00.83	+0,50	28.52 1:02.57
	Carmen Seesing	+0,39 34.94	1:16.46	+0,45	28.54 1:00.16
2.	AZ&PC De Futen 1	4:46.50		<b>4:43.15</b>	
	Dorien Hein	39.73	1:21.80	+0,45	28.03 1:04.22
	Thomas Bruning	+0,46 33.86	1:14.23	+0,49	29.86 1:02.90
3.	De Veene 1	4:34.52		<b>4:44.10</b>	
	Diana Lammers	38.18	1:19.02	+0,55	31.18 1:09.56
	Yvon Versteeg	+0,18 35.01	1:15.58	+0,25	27.79 59.94
4.	MGO (SG) 2	4:51.85		<b>4:53.08</b>	
	Ramon van Huizen	33.29	1:07.31	+0,42	36.15 1:21.60
	Eline Roeland	+0,69 40.96	1:26.46	+0,72	27.25 57.71

Programmanr. 22, 4 x 100m wisselslag

100+, Dames

1.	De Dinkel 1 <i>Wereld Masters Record</i> Silke Oude Weemink Karin Hidding	De Dinkel		4:24.88		<b>4:24.86</b>	
			32.08	1:05.75	Anique Willeme	+0,32	30.90 1:07.05
		+0,25	33.50	1:13.40	Marlies Reinders	+0,28	27.92 58.66
2.	De Meer 1 Eline van Gemert Chantal van der Horst	De Meer		5:04.12		<b>5:13.61</b>	
			38.20	1:18.10	Lindsey Hol	+0,55	36.84 1:23.63
		+0,49	37.96	1:19.50	Nadège van Meeteren	+0,68	34.94 1:12.38
3.	Zwemvereniging Hoogland 1 Renske Eilers Tessa Huijsing	Zwemvereniging Hoogland		5:18.42		<b>5:34.91</b>	
			40.10	1:22.49	Anne Duijst	+0,57	37.81 1:22.26
			46.40	1:38.84	Sabine Duijst	+0,30	33.53 1:11.32
4.	Budel 1 <i>alle tijden zijn back-up tijden</i> Joyce Raemaekers Ingrid Noten	Budel		5:33.43		<b>5:38.52 *</b>	
			37.83	1:18.73	Carola Hompes	+0,22	37.34 1:25.19
		+0,37	46.61	1:39.86	Elly Scheepers	+0,19	34.99 1:14.74

100+, Heren

1.	Montferland 1 Martijn Giezen Dennis Bosma	Montferland		4:16.92		<b>4:24.41</b>	
			30.38	1:03.01	Maik Steenkamp	+0,23	31.31 1:07.83
		+0,34	32.69	1:12.09	Roel van Beek	+0,30	29.03 1:01.48
2.	MGO (SG) 1 Frank van der Voordt Jos Terlouw	MGO (SG)		4:23.58		<b>4:28.54</b>	
			33.97	1:11.04	Bastian Zoon	+0,18	29.04 1:05.01
		+0,53	33.59	1:13.54	Niels Albrechts	+0,18	27.48 58.95

100+, Gemengd

1.	LZ 1886 2 Simone de Boer Kristiaan Lenos	LZ 1886		4:29.65		<b>4:35.68</b>	
			35.95	1:14.51	Thomas Hansen	+0,17	29.38 1:04.85
		+0,46	32.57	1:10.21	Tamara Caspers	+0,44	31.36 1:06.11
2.	Octopus 1 Margriet Aan het Rot Roald Blok	Octopus		4:50.83		<b>4:53.90</b>	
			42.19	1:26.66	Stefan van de Grift	+0,40	31.87 1:12.65
		+0,47	30.44	1:06.49	Irmgard van Weeghel	+0,26	32.19 1:08.10
3.	ZOB'66 1 Hidde Ottens Harmen Reemst	ZOB'66		4:54.48		<b>4:53.97</b>	
			35.63	1:13.27	Anouk van der Pligt	+0,62	33.80 1:14.77
		+0,19	37.84	1:23.12	Wendy de Bruin	+0,46	29.83 1:02.81
DIS	ZPC Woerden 1 <i>4e zwemmer</i> Ilse van den Wijngaard Niels van Beurden	ZPC Woerden		4:34.92		EA	
			36.19	1:14.77	Patrick de Jonge	+0,12	31.52 1:16.99
		+0,19	33.38	1:13.50	Mandy Verbakel	-0,14	

120+, Dames

1.	PSV 2 Jolanda van Gendt Liselotte Joling	PSV		4:52.60		<b>5:01.31</b>	
			39.09	1:21.03	Stephanie Rombout	+0,53	31.43 1:09.89
		+0,60	38.27	1:23.34	Nienke van Stipriaan	+0,38	31.70 1:07.05
2.	HZ&PC Heerenveen 2 Jannie Vennik Karin van Dijk	HZ&PC Heerenveen		5:23.46		<b>5:21.96</b>	
			45.00	1:32.39	Evelien van Klarbergen	+0,46	35.15 1:18.27
		+0,51	37.82	1:21.82	Lizette van der Vegt	+0,24	32.59 1:09.48
3.	DAW 2 Bianca Paape Ingeborg Stokx	DAW		5:24.72		<b>5:33.23</b>	
			38.69	1:19.24	Sandra Zwaanswijk	+0,12	33.57 1:16.92
		+0,20	50.17	1:46.42	Channe Noort	+0,39	33.30 1:10.65

Programmanr. 22, 4 x 100m wisselslag

120+, Heren

1.	d'ELFT 1 <i>Nederlands Masters Record</i>	d'ELFT	4:10.88			<b>4:09.60</b>		
	Egbert Stolk	31.69	1:03.64	Marc Bleeker	+0,50	31.57	1:07.62	
	Erik Simons	+0,42	30.55	1:06.06	Nol van Thull	+0,56	25.54	52.28
2.	Zwemlust-den Hommel 1	Zwemlust-den Hommel	4:05.90			<b>4:09.76</b>		
	Aziz Nosairi	28.38	58.98	Mark Musch	+0,34	28.74	1:04.70	
	Vincent Versteeg	31.54	1:09.13	Mark Zwart	+0,45	27.23	56.95	
3.	HZ&PC Heerenveen 1	HZ&PC Heerenveen	4:16.19			<b>4:14.88</b>		
	Richard Koehoorn	31.18	1:06.48	René Beetsma	+0,43	30.99	1:06.80	
	Casper Tichelaar	+0,46	31.50	1:08.22	Casper Hut	+0,41	25.40	53.38
4.	ZPC De Hof 1 <i>alle tijden zijn back-up tijden</i>	ZPC De Hof	4:14.86			<b>4:17.96 *</b>		
	Richard Huisken	31.40	1:04.90	Jean-Phillippe Paap	+0,44	29.95	1:06.53	
	Pieter Pickhardt	+0,21	32.74	1:10.74	Emiel Huisken	+0,20	25.67	55.79
5.	DWK 1	DWK	4:44.36			<b>4:33.62</b>		
	Geroo Schakel	38.05	1:17.37	Kevin Eltink	+0,33	26.55	57.18	
	Jeroen Dellebeke	+0,22	35.39	1:16.26	Martin Kaptein	+0,41	28.33	1:02.81
6.	Zwemvereniging Hoogland 3	Zwemvereniging Hoogland	4:52.07			<b>4:44.34</b>		
	Erik Smink	36.41	1:15.66	Eric Kalee	+0,54	32.55	1:13.49	
	Yuri van Omme	+0,35	34.74	1:13.43	Rutger Stam	+0,45	28.07	1:01.76
7.	Budel 1 <i>alle tijden zijn back-up tijden</i>	Budel	4:55.92			<b>4:57.06 *</b>		
	Dyon de Greef	36.64	1:16.84	Rick de Greef	+0,17	28.12	1:02.56	
	Albert Roosenboom	+0,16	41.27	1:32.96	Wiljo Mackus	+0,49	29.90	1:04.70
DIS	DAW 1 <i>dis 4e zwemmer / alle tijden zijn back-up tijden</i>	DAW	4:49.60				EA	
	Fred Heemstra	35.95	1:14.14	Joey Stokx	+0,56	31.41	1:08.89	
	Jeroen Kort	+0,31	38.43	1:21.45	Jeroen Vogelsang	-0,51		

120+, Gemengd

1.	ZVVS 1 <i>Nederlands Masters Record</i>	ZVVS	4:24.66			<b>4:25.22</b>		
	Nick Cleintuar	28.82	58.94	Nadya Putter		31.24	1:08.21	
	Karin Stein	+0,41	37.78	1:20.15	Bas v.d. Nouwelant	+0,73	27.52	57.92
2.	AZ&PC 1 <i>startzwemmer NMR 100 rug</i>	AZ&PC	4:26.09			<b>4:25.65</b>		
	Edwin v. Norden	31.02	1:03.87	Rob van Vliet	+0,30	28.98	1:04.68	
	Larissa Brak	+0,46	34.42	1:14.42	Iris Pijtak	+0,22	29.66	1:02.68
3.	WZ&PC Purmerend 1	WZ&PC Purmerend	4:31.79			<b>4:28.48</b>		
	Sverre Oelen	31.80	1:06.61	Kevin Lebis	+0,32	27.09	59.79	
	Nathalie van Velzen	+0,65	36.74	1:20.36	Monique Tuijp	+0,38	29.17	1:01.72
4.	De Roersoppers 2	De Roersoppers	4:46.21			<b>4:46.48</b>		
	Ralf Tillmans	34.38	1:10.69	Remco de Veen	+0,22	28.38	1:01.95	
	Pascalie Neiss-Janssen	+0,32	41.51	1:29.68	Ilse Clevers	+0,38	29.70	1:04.16
5.	Steenwijk 1934 1	Steenwijk 1934	4:58.71			<b>4:58.33</b>		
	Wilna Heijman	40.52	1:21.85	Lonneke Oenema	+0,38	38.08	1:24.62	
	Mike Koelewijn	+0,54	34.41	1:14.28	Robert Braad		26.84	57.58

160+, Dames

1.	DWK 1	DWK	5:51.49			<b>5:56.09</b>		
	Greta Wyma-Teitsma	43.43	1:30.72	Liesbeth van Mill	+0,83	39.53	1:27.45	
	Iris van Aurich	+0,45	44.16	1:33.62	Jennie Resink-lindeboom	+0,38	40.45	1:24.30
2.	Zwemvereniging Westland 1	Zwemvereniging Westland	6:01.86			<b>5:59.46</b>		
	Tineke Brouwer-Maat	50.57	1:45.73	Jacoline van den Beukel	+0,24	38.98	1:28.31	
	Mirjan den Drijver-Aarse	+0,57	43.52	1:30.94	Petra Schoon-Spaans	+0,50	34.07	1:14.48
3.	De Fuut 1	De Fuut	6:19.06			<b>6:23.83</b>		
	Anneke de Groot	43.98	1:29.93	Claudia Broeke		12.42	1:44.52	
	Margriet de Hoop	+0,90	51.73	1:46.16	Myra Vink	+0,42	38.85	1:23.22
DIS	De Dinkel 2 <i>3e zwemmer</i>	De Dinkel	5:24.85				VE	
	Marieke Langendonk	42.74	1:28.21	Patricia Strohm	+0,44			
	Judith Heijdens-Schasfoort	43.07	1:36.43	Anja Tijink	+0,31			

Programmanr. 22, 4 x 100m wisselslag

160+, Heren

1.	Upstream Amsterdam 1 <i>Nederlands Masters Record, alle tijden zijn back-up tijden</i>	Upstream Amsterdam	4:25.00		<b>4:21.36</b> *
	Jan Gert Notenbomer	31.96	1:06.19	Jeroen Zelsmann	+0,02 28.63 1:03.35
	Dennis Schouten	33.30	1:11.85	Joost Roelofs	+0,21 27.80 59.97
2.	De Gelsenberg 1 <i>alle tijden zijn back-up tijden</i>	De Gelsenberg	4:39.00		<b>4:35.24</b> *
	John Cobussen	32.85	1:09.10	Geert Wijn	+0,17 30.51 1:06.74
	Rob Janssen	+0,22 36.20	1:19.36	Erik Lamers	+0,40 28.71 1:00.04
3.	ZV Haerlem 1	ZV Haerlem	4:43.71		<b>4:36.33</b>
	Imre Esser	35.92	1:15.31	Simon Franken	+0,40 31.27 1:11.24
	Ron Dekker	+0,25 32.80	1:10.62	Hans Kroes	28.01 59.16
4.	Steenwijk 1934 1	Steenwijk 1934	4:35.72		<b>4:37.55</b>
	Casper Dollekamp	37.59	1:18.01	Rick Driezen	28.23 1:01.39
	Huyb Stegeman	+0,42	1:23.69	Lauren Vis	+0,29 25.71 54.46
5.	Takas 1	Takas	4:40.00		<b>4:45.10</b>
	Arlandas Juodeska	35.73	1:14.38	Arvydas Burinskas	+0,44 33.06 1:10.74
	Arturas Tuomas	+0,50 38.96	1:21.59	Pavel Protasciuk	+0,48 28.29 58.39
6.	AZ&PC De Futen 2	AZ&PC De Futen	4:54.34		<b>5:03.08</b>
	Mike Hereijgers	35.52	1:12.83	Arnold de Rover	+0,27 33.34 1:13.13
	Yoshihiro Yasumi	+0,38 45.05	1:37.07	Erwin Zuijdervelt	+0,51 28.11 1:00.05

160+, Gemengd

1.	De Roersoppers 1	De Roersoppers	4:58.37		<b>4:55.88</b>
	Emmy Slabbers	37.41	1:20.20	Wieke Bos	+0,43 33.82 1:14.91
	Arno Schrauwen	+0,47 36.11	1:17.37	Charles Bos	+0,03 30.01 1:03.40
2.	Oceanus 1	Oceanus	5:03.74		<b>4:58.71</b>
	Arjan Bellaart	33.08	1:07.80	Margriet Grove-Lingeman	+0,53 37.23 1:21.52
	Ronald Grove	+0,39 38.31	1:24.13	Annette de Visser	+0,59 30.73 1:05.26
3.	Swol 1894 1	Swol 1894	5:12.00		<b>5:09.14</b>
	Machiel Stolk	35.54	1:13.11	Nienke Veenstra	+0,53 32.94 1:11.44
	Bea Swijnenberg	+0,24 48.01	1:41.32	Kasper van den Berghe	+0,61 30.01 1:03.27
4.	RZC 1	RZC	5:10.16		<b>5:12.28</b>
	Jule Verschoor-Holland	43.53	1:27.33	Geert van Duinhoven	+0,50 34.56 1:15.12
	Bert de Weerd	+0,55 39.13	1:22.19	Rita van der Horst	+0,44 31.77 1:07.64
5.	Swol 1894 2	Swol 1894	5:53.00		<b>5:44.11</b>
	Arjan Aalbers	36.78	1:15.55	Annet Kootstra	+0,54 45.54 1:37.31
	Marjan Spoelstra	+0,79 50.31	1:46.29	Johan Wezenberg	+0,50 30.02 1:04.96
6.	Den Doorn 1	Den Doorn	5:56.30		<b>5:56.85</b>
	Nico Swart	36.88	1:16.20	Wouter van der Stelt	+0,44 36.03 1:22.59
	Antoinette Kant	+0,79 47.81	1:39.52	Ineke Branderhorst	+0,36 45.50 1:38.54

AFGEM WIDEX GZC DONK 2

WIDEX GZC DONK

5:59.19

200+, Dames

1.	AZ&PC 1 <i>Europees Masters Record, startzwemmer NMR 100 rug</i>	AZ&PC	5:07.18		<b>5:07.69</b>
	Atie Pijtak-Radersma	39.28	1:20.51	Lidia v. Bon-Rosenbrand	+0,53 34.76 1:18.54
	Marja Bloemzaad	+0,21 37.73	1:21.22	Petra Casteleijn	+0,45 31.91 1:07.42
2.	WS Twente 2	WS Twente	5:38.05		<b>5:42.54</b>
	Jeannette Ruesink	42.08	1:25.53	Marijke Kraak-Beckers	+0,54 39.47 1:27.91
	Elly Wynia	+0,45 45.03	1:35.94	Marion Broekhuis	+0,38 34.69 1:13.16



Open Nederlandse Masters Kampioenschappen 2015 korte baan  
Heerenveen, 23-25 januari 2015



Programmanr. 22, 4 x 100m wisselslag

200+, Heren

1.	RZ 1	RZ		4:48.62		<b>4:44.04</b>	
	<i>Nederlands Masters Record</i>						
	Bert Schlicher		33.76	1:08.16	Ralph Caster	+0,23	35.02 1:17.63
	Mark van Wingerden	+0,60	34.59	1:16.25	Frank Rietbroek	+0,54	29.54 1:02.00
2.	WS Twente 1	WS Twente		5:18.42		<b>5:22.55</b>	
	Jack Barends		41.55	1:24.35	Jan Willem Heuten	+0,62	37.74 1:22.84
	Joop Weenink	+0,62	40.02	1:23.23	Bart van Calker	+0,49	35.68 1:12.13
3.	Zwemvereniging Hoogland 2	Zwemvereniging Hoogland		5:25.09		<b>5:45.00</b>	
	Jos Kamps		48.12	1:40.42	Rudolf Meijer	+0,66	40.32 1:26.47
	Paul de Boer	+0,73	38.01	1:24.12	Jan Vonk	+0,58	35.89 1:13.99

200+, Gemengd

1.	WIDEX GZC DONK 1	WIDEX GZC DONK		5:56.42		<b>5:53.82</b>	
	Feikje Wittermans		39.50	1:22.68	Adrian Ortiz Buitrago	+0,58	36.40 1:20.35
	Lia Bijkerk	+0,50	50.80	1:49.82	Peter Coffeng	+0,31	36.01 1:20.97
2.	HZ&PC Heerenveen 3	HZ&PC Heerenveen		6:14.56		<b>6:11.00</b>	*
	<i>alle tijden zijn back-up tijden</i>						
	Pia van der Molen		45.39	1:32.98	Gerard Eghuizen	-0,02	33.00 1:16.07
	Jan van der Heide	+0,65	50.46	1:48.59	Ineke Meijer	+0,30	44.48 1:33.36
DIS	PLONS 1	PLONS		5:32.00			RD
	Hans Maas		65		Ina Schaafsma	85	
	Evertjan Masurel		56		Patty Krupiarz	54	

240+, Gemengd

1.	PSV 1	PSV		5:12.00		<b>5:12.61</b>	
	<i>Europees Masters Record, eindtijd is middelste van 3 handtijden</i>						
	Brend Brevé		37.79	1:16.21	Gijsbert van der Leden	+0,33	30.13 1:05.14
	Ineke Weekers	+0,32	44.03	1:32.13	Corrie Verhoeven	+0,22	36.55 1:19.13
2.	Old Dutch 1	Old Dutch		6:44.07		<b>7:08.51</b>	
	Mies Kuipers		1:06.36	2:11.55	Karin van Nassau van den Heuvel	+0,44	42.50 1:34.23
	Nico Baay	+0,75	49.98	1:46.73	Mar van Geel	+1,12	45.42 1:36.00

4 - ONMK 2015 kb sessie 4

24-01-2015 - 13:30

Programmanr. 24  
24-01-2015 - 13:30

Heren, 4 x 50m vrije slag

Masters Open  
Resultaten

rang	vereniging	inschrijftijd	tijd	RT
80+				
1.	AZ&PC De Futen 2	AZ&PC De Futen	1:46.25	<b>1:43.34</b> * +0,77
	<i>alle tijden zijn back-up tijden</i>			
	Erwin Sneek	91 +0,77	26.17	95 25.74
	Thomas Bruning	95 +0,10	25.33	85 26.10
2.	LZ 1886 1	LZ 1886	1:44.36	<b>1:43.60</b> +0,71
	Thomas Hansen	92 +0,71	26.45	92 +0,40 26.40
	Wesley Keur	94 +0,29	26.04	83 +0,39 24.71
3.	ZPC Woerden 1	ZPC Woerden	1:52.79	<b>1:45.12</b> +0,84
	Patrick de Jonge	89 +0,84	27.83	93 +0,44 27.09
	Niels van Beurden	88 +0,22	27.16	95 +0,31 23.04
4.	ZPD 1	ZPD	1:49.30	<b>1:47.26</b> +0,86
	Wiebe Wijbenga	91 +0,86	28.81	93 +0,22 25.35
	Hendrik Ben v/d Boon	88 +0,40	26.47	95 +0,39 26.63
5.	MGO (SG) 2	MGO (SG)	1:55.83	<b>1:52.42</b> +0,69
	Coen van der Wekken	92 +0,69	27.88	94 +0,40 28.01
	Frank van der Voordt	83 +0,41	28.30	94 +0,34 28.23



Programmanr. 24, Heren, 4 x 50m vrije slag

100+

1. Steenwijk 1934 2	Steenwijk 1934	1:42.60	<b>1:40.46</b>	+0,74
Mike Koelewijn	93 +0,74	24.98	86 +0,43	25.99
Rick Driezen	86 +0,33	25.23	82 +0,29	24.26
2. MGO (SG) 1	MGO (SG)	1:45.92	<b>1:44.78</b>	+0,73
Bastian Zoon	87 +0,73	25.99	81 +0,45	26.10
Niels Albrechts	88	26.83	89 +0,63	25.86
3. Montferland 1	Montferland	1:45.97	<b>1:47.07</b>	+0,68
Martijn Giezen	85 +0,68	26.10	89 +0,18	27.88
Maik Steenkamp	91 +0,46	27.78	94 +0,08	25.31
4. Merlet 1	Merlet	1:48.23	<b>1:49.55</b>	+0,91
Ronald Vullings	87 +0,91	26.68	95 +0,22	25.09
Mark Effing	86 +0,30	27.51	92 +0,44	30.27
5. De Ward 1	De Ward	1:50.32	<b>1:50.55</b>	+1,11
Clemens de Waal	60 +1,11	29.48	94 +0,54	27.22
Sascha van den Hurk	92 +0,37	26.99	95 +0,37	26.86
6. RSW (SG) 1	RSW (SG)	1:52.39	<b>1:53.49</b>	+0,79
Jelle Hatenboer	92 +0,79	31.62	88 +0,59	29.10
Melano Winter	87 +0,34	27.11	83 +0,58	25.66

120+

1. Zwemlust-den Hommel 1	Zwemlust-den Hommel	1:40.64	<b>1:40.59</b>	+0,77
Mark Musch	84 +0,77	25.49	79 +0,40	26.56
Vincent Versteeg	77 +0,18	26.19	91 +0,42	22.35
2. HZ&PC Heerenveen 1	HZ&PC Heerenveen	1:45.46	<b>1:41.10</b>	+0,69
Casper Hut	78 +0,69	24.15	79 +0,49	25.06
Casper Tichelaar	79 +0,33	25.40	69 +0,43	26.49
3. ZVVS 1	ZVVS	1:42.68	<b>1:42.14</b> *	+0,68
<i>alle tijden zijn back-up tijden</i>				
Nick Cleintuar	95 +0,68	23.96	80	26.01
Rene de Jong	66	28.00	93 +0,36	24.17
4. WVZ 1	WVZ	1:51.57	<b>1:46.66</b> *	+0,71
<i>alle tijden zijn back-up tijden</i>				
Rens Post	91 +0,71	26.63	68 +0,14	26.98
Bas v.d. Laan	83	27.23	77	25.82
5. DWK 1	DWK	1:54.82	<b>1:48.20</b>	+0,91
Gerco Schakel	69 +0,91	30.73	67 +0,27	27.47
Jeroen Dellebeke	81 +0,30	26.68	91 +0,17	23.32
6. ZIGNEA 1	ZIGNEA	1:51.39	<b>1:53.14</b>	+0,99
John Dam	60 +0,99	31.80	86 +0,47	26.95
Mark Veldman	95 +0,49	28.25	63 +0,55	26.14
7. Budel 1	Budel	1:56.43	<b>1:55.10</b>	+0,72
Ruud Kennis	65 +0,72	30.79	71 +0,37	30.76
Dyon de Greef	82 +0,27	29.24	84 +0,26	24.31
8. Octopus 1	Octopus	1:56.23	<b>1:57.28</b>	+0,83
Stefan van de Grift	87 +0,83	29.46	67 +0,29	35.14
Albert van Piekeren	84 +0,22	27.24	93 +0,34	25.44
9. Zwemvereniging Hoogland 2	Zwemvereniging Hoogland	1:54.26	<b>1:57.29</b>	+0,99
Rudolf Meijer	60 +0,99	30.91	90 +0,58	28.83
Erik Smink	73 +0,45	30.06	85 +0,35	27.49
10. Deltasteur 1	Deltasteur	2:00.54	<b>2:02.30</b>	+0,87
Bob Potkamp	94 +0,87	31.22	57 +0,50	34.26
René Beens	78 +0,31	28.22	93 +0,74	28.60

Programmanr. 24, Heren, 4 x 50m vrije slag

160+

1.	AZ&PC De Futen 1 <i>Nederlands Masters Record</i> Lorenzo Cavallini Arnold de Rover	AZ&PC De Futen	1:44.23			1:41.70	+0,68
		90 +0,68 24.60	Dennis Kos	74 +0,32 25.26			
		64 +0,24 26.50	Gert de Groot	70 +0,39 25.34			
2.	Upstream Amsterdam 1 Jeroen Zelsmann Jan Gert Notenbomer	Upstream Amsterdam	1:45.00			1:43.60	+0,72
		77 +0,72 24.78	Dennis Schouten	75 +0,29 25.75			
		66 +0,27 26.84	Joost Roelofs	76 +0,48 26.23			
3.	De Rog 1 Peter Bernsen Erik Kamphuis	De Rog	1:46.90			1:44.83	+0,66
		63 +0,66 25.49	Reinier Ellenkamp	80 +0,37 25.72			
		60 +0,30 28.61	Glen le Clercq	68 +0,48 25.01			
4.	De Gelenberg 1 John Cobussen Erik Lamers	De Gelenberg	1:45.78			1:48.03	+0,87
		75 +0,87 27.62	Marcel van Winssen	71 +0,35 26.32			
		75 +0,43 27.72	Geert Wijn	67 +0,26 26.37			
5.	PLONS 1 Steven Prins Richard Broer	PLONS	1:52.00			1:49.00	+0,83
		79 +0,83 28.77	Stan Dekker	79 +0,39 26.25			
		59 +0,27 28.38	Bart Groenemans	82 +0,23 25.60			
6.	Zwemvereniging Westland 1 Stefan Oostdijk Fred Dijkshoorn	Zwemvereniging Westland	1:51.20			1:49.52	+0,86
		73 +0,86 26.80	Mark Nuijten	60 +0,39 28.03			
		65 +0,55 29.05	Ronald Koeckhoven	81 +0,27 25.64			
7.	DAW 2 Fred Heemstra Joey Stokx	DAW	1:49.73			1:49.93	+0,84
		65 +0,84 28.58	John Stokx	64 +0,47 28.42			
		93 +0,37 26.35	Alex Damen	75 26.58			
8.	ZV Haerlem 1 <i>alle tijden zijn back-up tijden</i> Hans Kroes Simon Franken	ZV Haerlem	1:56.00			1:50.17 *	+0,80
		65 +0,80 26.81	Imre Esser	66 29.25			
		66 28.59	Ron Dekker	66 +0,26 25.52			
9.	De Roersoppers 1 Charles Bos Arno Schrauwen	De Roersoppers	1:56.44			1:50.46	+0,83
		53 +0,83 30.13	Remco de Veen	89 +0,26 25.70			
		65 +0,05 29.30	Ralf Tillmans	85 +0,26 25.33			
10.	Takas 1 Pavel Protasciuk Arturas Tuomas	Takas	1:57.00			1:53.69	+0,75
		79 +0,75 26.30	Arlandas Juodeska	61 +0,27 28.98			
		61 +0,18 30.16	Arvydas Burinskas	69 +0,28 28.25			
11.	HZ&PC Heerenveen 2 Robert Holting Gerard Eghuizen	HZ&PC Heerenveen	2:12.00			2:09.00	+0,86
		80 +0,86 28.53	Arnold Jonker	70 +0,30 34.28			
		74 +0,51 28.26	Jan van der Heide	51 +0,49 37.93			
DIS	Budel 2 <i>3e zwemmer</i> Jan-Pieter Broos Joost van Eerd	Budel	2:15.77				EA
		68 37.81	Jos Zentjens	57 -0,07			
		69 32.44	Edward van Nijmweegen	70 +0,47			
NG	Steenwijk 1934 3	Steenwijk 1934	2:07.43				

200+

1.	RZ 1 Ralph Caster Frank Rietbroek	RZ	1:57.14			1:52.83	+0,91
		61 +0,91 30.26	Mark van Wingerden	70 +0,41 28.30			
		64 +0,34 27.62	Bert Schlicher	64 +0,35 26.65			
2.	PSV 1 Gijsbert van der Leden Roeland van der Heijden	PSV	1:55.05			1:52.87	+1,09
		67 +1,09 27.21	Brend Brevé	52 +0,49 29.32			
		67 +0,34 28.76	Harold Matla	68 27.58			
3.	De Dinkel 1 Richard Lucas Gudo Hemeltjen	De Dinkel	2:01.89			1:57.36	+0,90
		70 +0,90 27.64	Edwin Hagel	55 +0,54 34.13			
		61 +0,26 27.55	Rogier Becker	73 +0,50 28.04			
4.	DAW 1 Jeroen Kort Jaap Kwakkel	DAW	1:59.00			1:57.94	+0,78
		68 +0,78 29.04	Stefan Holmstrom	67 +0,62 28.31			
		47 +0,34 33.46	Kars Luttk	78 +0,27 27.13			
5.	AZC 1 <i>alle tijden zijn back-up tijden</i> Joeri Stoffels Geza Kaltenecker	AZC	2:00.30			1:59.11 *	+0,96
		73 +0,96 26.43	Michael Go	75 +0,08 29.30			
		42 +0,42 36.29	Guido Keutgen	68 27.09			
6.	Zwemvereniging Hoogland 1 Paul de Boer Jos Kamps	Zwemvereniging Hoogland	1:58.80			2:00.36	+0,86
		68 +0,86 29.26	Jan Vonk	54 +0,64 31.55			
		51 +0,56 33.13	Rutger Stam	81 +0,40 26.42			
7.	WIDEX GZC DONK 1 Pierre de Groot Peter Coffeng	WIDEX GZC DONK	2:06.86			2:06.68	+0,87
		64 +0,87 31.86	Willem Jan Ribberink	65 +0,45 30.81			
		57 +0,69 34.81	Adrian Ortiz Buitrago	60 +0,51 29.20			

Programmanr. 24, Heren, 4 x 50m vrije slag, 200+

rang	vereniging	inschrijftijd	tijd	RT
8.	OEZA 1	2:17.64	<b>2:13.07</b>	+1,04
	Eric Tijms	33.02	+0,68	33.56
	Eric Blaauw	31.21	+0,36	35.28
		Dirk Crok	58	
		Hilbert Prins	51	

240+

1.	Steenwijk 1934 1	2:45.87	<b>2:53.55</b> *	
	<i>alle tijden zijn back-up tijden</i>			
	Klaas Prins	1:05.82	+0,58	36.00
	Hans van Scheepen	39.28	+0,50	32.45
		Sierd Tilma	53	
		Casper Dollekamp	63	

Programmanr. 25  
24-01-2015 - 13:46

Dames, 4 x 50m vrije slag

Masters Open  
Resultaten

rang	vereniging	inschrijftijd	tijd	RT
80+				
1.	Nova 1	1:55.22	<b>1:55.44</b>	+0,67
	<i>Kampioenschaps Record</i>			
	Karin Groen	27.91	+0,41	29.27
	Janine de Groot	29.68	+0,32	28.58
		Gea Hagting	88	
		Rianne Hooiveld	90	
2.	LZ 1886 1	1:57.14	<b>1:56.51</b>	+0,82
	Seline Koek	29.94	+0,44	29.55
	Suzanne Brummel	28.97	+0,31	28.05
		Simone de Boer	93	
		Janet van der Poel	93	
3.	Merlet 1	2:00.34	<b>2:03.08</b>	+0,81
	Merel Siroen	30.07	+0,41	34.77
	Julie Thomassen	31.05	+0,40	27.19
		Hildy Siroen	95	
		Kim Loeffen	94	
4.	GZVW 2	2:12.01	<b>2:09.07</b>	+0,82
	Yvonne Wilts	32.19	+0,48	33.08
	Claudia Meijer	33.25	+0,34	30.55
		Relinda Baas	89	
		Marijke Pras	92	

100+

1.	De Dinkel 1	1:57.63	<b>1:50.34</b> *	+0,66
	<i>Kampioenschaps Record, alle tijden zijn back-up tijden</i>			
	Karin Hidding	27.90	+0,36	28.29
	Silke Oude Weernink	27.02	+0,39	27.13
		Anique Willeme	86	
		Marlies Reinders	86	
2.	PSV 2	1:59.43	<b>2:00.21</b>	+0,76
	Stephanie Rombout	28.39		31.17
	Nienke van Stipriaan	29.50	+0,32	31.15
		Elles van Leeuwen	86	
		Renee de Kok	84	
3.	De Meer 1	2:02.31	<b>2:02.95</b>	+0,63
	Chantal van der Horst	30.76	+0,62	31.61
	Lindsey Hol	31.03	+0,32	29.55
		Nadège van Meeteren	74	
		Eline van Gemert	95	
4.	Zwemvereniging Hoogland 1	2:03.26	<b>2:05.33</b>	+0,84
	Renske Eilers	32.17	+0,25	31.76
	Sabine Duijst	32.03	+0,54	29.37
		Tessa Huijsing	92	
		Anne Duijst	89	
5.	Montferland 1	2:08.56	<b>2:06.25</b>	+0,81
	Kelly Bocking	34.15	+0,26	32.23
	Wieteke Jansen	31.68	+0,33	28.19
		Daphne Meijer	93	
		Marije Jansen	85	
6.	Budel 1	2:08.27	<b>2:09.26</b>	+0,96
	Ingrid Noten	33.95	+0,26	31.37
	Elly Scheepers	33.82	+0,34	30.12
		Carola Hompes	88	
		Joyce Raemaekers	91	
7.	Steenwijk 1934 1	2:07.98	<b>2:09.42</b> *	+0,85
	<i>alle tijden zijn back-up tijden</i>			
	Wilna Heijman	33.55	+0,28	29.70
	Tara Keijzer	34.55		31.62
		Lucienne v.d Linde	95	
		Lonneke Oerema	91	
8.	De Spatters 1	2:22.21	<b>2:17.79</b>	+0,78
	Yvette Nota-Peters	32.67	+0,59	34.39
	Yvonne Jansen	38.61	+0,37	32.12
		Johanna Schuitema	81	
		Serima Veen	86	
9.	RSW (SG) 1	2:20.57	<b>2:20.58</b>	+0,89
	Sara Daoudi	44.28	+0,74	34.91
	Christa Stam	30.66	+0,47	30.73
		Rianne in 't Hout	84	
		Rita Spithoff	88	



Programmanr. 25, Dames, 4 x 50m vrije slag

120+

1. DAW 2	DAW		1:58.37		<b>2:00.57</b>	+0,77	
Channe Noort	86	+0,77	32.05	Sandra Pannekeet	84	+0,47	30.23
Sandra Zwaanswijk	85	+0,52	29.72	Bianca Paape	85	+0,41	28.57
2. De Roersoppers 1	De Roersoppers		2:06.42		<b>2:02.48</b>	+0,94	
Emmy Slabbers	81	+0,94	30.85	Wieke Bos	82	+0,36	30.36
Pascalie Neiss-Janssen	73	+0,45	32.77	Ilse Clevers	85	+0,49	28.50
3. WS Twente 1	WS Twente		2:05.79		<b>2:05.77</b>	+0,98	
Paulien Schokker	83	+0,98	30.20	Marion Broekhuis	68		32.89
Janneke Wynia	90	+0,60	34.54	Annelette Reefhuis-de Vries	86	+0,01	28.14
4. WVZ 1	WVZ		2:12.52		<b>2:07.24</b>	+0,88	
Petra Versteegen	77	+0,88	31.43	Yvonne Gerritsen	80	+0,85	31.75
Marie-Josée Matte	60	+0,13	36.48	Isabelle Massar	91	+0,05	27.58
5. AZC 1	AZC		2:11.42		<b>2:08.08</b>	+0,88	
Auke de Lange	86	+0,88	29.47	Kirsten Savelberg	79	+0,30	31.51
Sandra Daamen-Posma	68	+0,26	36.51	Ramona Linting	83	+0,21	30.59
6. Deltasteur 1	Deltasteur		2:17.69		<b>2:17.67</b>	+0,84	
Fabiola Bosman	77	+0,84	33.45	Gerlinde van de Wetering	89	+0,22	32.52
Jannica Lieste	90		36.15	Margriet Leeffers	78	+0,47	35.55
7. De Dinkel 3	De Dinkel		2:26.27		<b>2:21.20</b>	+0,77	
Patricia Strohm	81	+0,77	32.16	Natasja van de Schaaf	82	+0,57	35.11
Natasja Linderhof	75	+0,56	36.77	Karin Rikhof	66	+0,55	37.16

160+

1. HZ&PC Heerenveen 1	HZ&PC Heerenveen		2:10.61		<b>2:05.35</b>	+0,76	
Fraukje Puts	92	+0,76	28.19	Evelien van Klaarbergen	72	+0,38	30.46
Peggi Hurenkamp	69	+0,53	32.87	Pia van der Molen	60	+0,40	33.83
2. Swol 1894 1	Swol 1894		2:13.00		<b>2:12.43</b> *	+0,89	
<i>alle tijden zijn back-up tijden</i>							
Nienke Veenstra	86	+0,89	29.71	Nienke Nieuwenhuis	81	+0,21	32.79
Annet Kootstra	71	+0,33	37.34	Christien Nieuwenhuis	51	+0,07	32.59
3. PLONS 1	PLONS		2:17.00		<b>2:13.57</b>	+0,81	
Ina Schaafsma	85	+0,81	30.14	Gabi Vink	84		34.86
Patty Krupiarz	54	+0,51	35.40	Inge Wolfs	60	+0,44	33.17
4. WIDEX GZC DONK 1	WIDEX GZC DONK		2:09.08		<b>2:15.16</b>	+0,68	
Jacqueline de Ruiter-Wijnolst	74	+0,68	30.76	Laura van Manen	84	+0,59	33.35
Nathasja Konijn	71	+0,43	36.09	Feikje Wittermans	64	+0,21	34.96
5. DAW 1	DAW		2:29.08		<b>2:16.28</b>	+0,93	
Agnes van Brug	80	+0,93	33.40	Ingeborg Stokk	67	+0,41	37.66
Jacqueline Tuin	66	+0,31	31.57	Petra Tossings	61	+0,52	33.65
6. Zwemvereniging Westland 1	Zwemvereniging Westland		2:51.49		<b>2:16.63</b>	+0,89	
Mirjan den Drijver-Aarse	75	+0,89	33.18	Petra Schoon-Spaans	69	+0,63	33.52
Tineke Brouwer-Maat	53		39.07	Jacoline van den Beukel	91	+0,21	30.86
7. DWK 1	DWK		2:26.23		<b>2:22.41</b> *	+1,06	
<i>alle tijden zijn back-up tijden</i>							
Jennie Resink-lindeboom	60	+1,06	38.76	Ellen van Wingerden - Dijkhuizen	69	+0,40	33.34
Greta Wyma-Teitsma	71	+0,20	37.68	Iris van Aurich	69	+0,13	32.63
8. De Fuut 1	De Fuut		2:29.10		<b>2:29.30</b>	+0,80	
Marleen Prins	73	+0,80	38.16	Myra Vink	66	+0,45	35.99
Margriet de Hoop	68	+0,68	42.97	Annet Miltenburg	73	+0,36	32.18

200+

1. De Dinkel 2	De Dinkel		2:18.75		<b>2:15.25</b>	+0,86	
<i>Kampioenschaps Record, Startzwemmer NMR 50 vrij</i>							
Anja Tijink	64	+0,86	29.38	Judith Heijdens-Schasfoort	65	+0,52	31.73
Karin Oude Ophuis	60	+0,23	36.30	Annette Rikhof	59	+0,47	37.84
2. WS Twente 2	WS Twente		2:18.89		<b>2:33.72</b>	+0,71	
Jeannette Ruesink	63	+0,71	34.80	Antoinette Gilding-Tussaud	50	+0,81	47.80
Evelien Naatje	72	+0,59	36.68	Marijke Kraak-Beckers	60	+0,43	34.44

Programmanr. 25, Dames, 4 x 50m vrije slag

240+

1. PSV 1	PSV		2:20.62		<b>2:21.98</b>	+0,73
<i>Nederlands Masters Record</i>						
Corrie Verhoeven	46	+0,73	35.79	Lottie Geurts	35	+0,43
Ineke Weekers	53		35.31	Liselotte Joling	75	+0,67
						40.57
						30.31

Programmanr. 26  
24-01-2015 - 14:03

Heren, 200m vlinderslag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
<b>Masters 20+</b>								
1. Christiaan Zwaal	MSV-Zeemacht	2:19.00 199503881	<b>2:21.31</b>	* +0,72	29.77	1:04.49	1:42.23	2:21.31
<i>alle tijden zijn back-up tijden</i>								
2. Sietse Wijbenga	ZPD	2:21.77 199301967	<b>2:22.70</b>	+0,76	30.68	1:06.67	1:44.22	2:22.70
3. Maik Steenkamp	Montferland	2:21.01 199103847	<b>2:34.10</b>	+0,77	33.68	1:12.68	1:53.35	2:34.10
<b>Masters 25+</b>								
1. Alex Schelvis	De Geul	2:08.77 198702927	<b>2:13.23</b>	+0,80	29.64	1:02.90	1:37.10	2:13.23
2. Herman Hofman	ZZG De Boskikkers	2:20.44 199001229	<b>2:19.24</b>	+0,85	30.92	1:06.17	1:43.25	2:19.24
3. Erik Simons	d'ELFT	2:27.87 198902845	<b>2:23.44</b>	+0,88	30.00	1:05.23	1:42.26	2:23.44
4. Rick Driezen	Steenwijk 1934	2:27.98 198600713	<b>2:28.80</b>	* +0,93	32.04	1:09.05	1:48.25	2:28.80
<i>alle tijden zijn back-up tijden</i>								
5. Tim Bunnik	Triton	2:26.01 199000505	<b>2:29.84</b>	+0,97	31.56	1:07.57	1:46.90	2:29.84
6. Bastian Zoon	MGO (SG)	2:30.34 198703929	<b>2:30.80</b>	+0,73	31.59	1:10.67	1:50.78	2:30.80
DIS Melano Winter	RSW (SG)	2:48.16 198703847		VH				
<b>Masters 30+</b>								
1. Pieter Pickhardt	ZPC De Hof	2:21.48 198301657	<b>2:19.14</b>	+0,86	31.29	1:05.98	1:42.63	2:19.14
2. Thommy Nickel	Van Vliet-Barracuda	2:25.25 198401627	<b>2:27.22</b>	+0,76	33.59	1:11.54	1:49.65	2:27.22
3. Rob van Wanrooy	Gay Swim Amsterdam	3:42.92 198202627	<b>3:08.99</b>	+0,93	41.83	1:30.35	2:21.68	3:08.99
<b>Masters 35+</b>								
1. Erik Kusters	Noord Veluwe	2:28.03 198000837	<b>2:30.84</b>	+0,82	30.57	1:06.34	1:46.26	2:30.84
2. Freddie Geerlings	HGN (SG)	2:43.02 197900379	<b>2:42.38</b>	+0,91	35.56	1:16.94	1:59.49	2:42.38
3. Jeroen Vogelsang	DAW	2:58.46 198001645	<b>2:55.30</b>	* +0,94	36.81	1:22.41	2:09.98	2:55.30
<i>alle tijden zijn back-up tijden</i>								
<b>Masters 40+</b>								
1. Mario Verbeek	ZVVS	2:29.78 197300913	<b>2:31.77</b>	+1,04	33.33	1:12.60	1:52.97	2:31.77
2. Antwan van Engen	De Ward	2:44.46 197101577	<b>2:34.09</b>	+0,85	33.46	1:11.43	1:51.66	2:34.09
3. Heiner Stevens	ZIGNEA	2:46.58 197201299	<b>2:47.67</b>	+0,85	34.64	1:14.57	1:59.46	2:47.67
4. Gerard Eghuizen	HZ&PC Heerenveen	2:42.04 197400197	<b>3:03.11</b>	+1,00	37.74	1:24.79	2:13.74	3:03.11
5. Kasper van den Berghe	Swol 1894	2:51.35 197301125	<b>3:08.38</b>	+0,79	40.72	1:26.87	2:17.20	3:08.38
<b>Masters 45+</b>								
1. René Beetsma	HZ&PC Heerenveen	2:29.71 196900069	<b>2:29.21</b>	+0,83	32.20	1:10.52	1:50.09	2:29.21
2. Arvydas Burinskas	Takas	2:42.71 1969BUR	<b>2:45.76</b>	* +0,95	38.82	1:22.70	2:04.94	2:45.76
<i>alle tijden zijn back-up tijden</i>								
3. Konstantin Sklyar	TG Lage 1862	2:48.44 321129	<b>2:50.17</b>	* +0,93	37.08	1:20.21	2:05.49	2:50.17
<b>Masters 50+</b>								
1. Johan Remmits	ZPC Woerden	2:29.63 196201159	<b>2:34.35</b>	+0,86	33.10	1:11.33	1:52.32	2:34.35
2. Rene de Boer	DAW	2:34.62 196400087	<b>2:36.72</b>	+0,82	34.72	1:14.28	1:55.37	2:36.72
3. Arturas Tuomas	Takas	2:45.56 1961TUO	<b>2:51.20</b>	+0,88	41.47	1:27.59	2:13.63	2:51.20



Open Nederlandse Masters Kampioenschappen 2015 korte baan  
Heerenveen, 23-25 januari 2015



Programmanr. 26, Heren, 200m vlinderslag

Masters 55+

1. Hugo Bregman	Albion	2:15.97	195800069	<b>2:17.43</b>	+0,70	30.17	1:04.28	1:40.26	2:17.43
2. Jan Willem Heuten	WS Twente	3:17.99	196000883	<b>3:19.66</b>	+0,99	43.01	1:34.93	2:28.50	3:19.66

Masters 70+

1. Rob Hanou	PSV	3:34.71	194300109	<b>3:56.97</b>	+1,11	48.51	1:51.40	2:55.67	3:56.97
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Programmanr. 27  
24-01-2015 - 14:16

Dames, 200m vlinderslag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
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Masters 20+

1. Marjolein Maris	De Houtrib	2:28.46	199400210	<b>2:30.57</b>	+0,72	32.16	1:09.76	1:49.73	2:30.57
2. Arlette de Vegt	ESCA Zwemmen	2:27.74	199505930	<b>2:33.32</b>	+0,81	31.91	1:08.58	1:50.09	2:33.32
3. Yvon Versteeg	De Veene	2:29.24	199201864	<b>2:36.78</b>	* +0,81	33.60	1:12.24	1:54.42	2:36.78
<i>alle tijden zijn back-up tijden</i>									
4. Kimberley Kranenberg	ZPC De Hof	2:54.70	199400292	<b>2:37.78</b>	* +0,87	35.01	1:15.18	1:56.17	2:37.78
<i>alle tijden zijn back-up tijden</i>									
5. Maike Korthout	TRB-RES	2:46.61	199406034	<b>2:37.99</b>	+0,76	34.29	1:14.71	1:56.18	2:37.99
6. Suzanne Brummel	LZ 1886	2:35.16	199401366	<b>2:39.89</b>	+0,81	34.09	1:14.79	1:55.87	2:39.89
7. Whitney van Hoeckel	DIO	2:43.14	199402390	<b>2:43.58</b>	+0,80	34.76	1:15.81	1:59.74	2:43.58

Masters 25+

1. Karin Hovenkamp	De Spatters	2:56.93	198701850	<b>2:53.38</b>	+0,81	36.38	1:19.90	2:07.30	2:53.38
2. Whitley Rens	MGO (SG)	3:06.03	199007520	<b>3:07.90</b>	+0,77	39.63	1:27.21	2:16.21	3:07.90
3. Liesbeth van Mill	DWK	3:17.22	198702786	<b>3:11.73</b>	* +1,01	40.90	1:29.99	2:20.96	3:11.73
<i>alle tijden zijn back-up tijden</i>									

Masters 30+

1. Roos van Esch	d'ELFT	2:32.14	198200468	<b>2:31.66</b>	+0,77	33.69	1:11.86	1:51.48	2:31.66
2. Nadya Putter	ZVVS	2:35.14	198301630	<b>2:38.64</b>	+0,58	34.47	1:13.64	1:55.07	2:38.64
3. Linda Hoogendam	Zoetermeer	3:04.52	198300892	<b>3:11.16</b>	+0,83	38.88	1:28.22	2:20.43	3:11.16
DIS Annette Vogelsang	ZV De Bron	3:20.76	198402632		AA				

Masters 35+

DIS Paula 't Hart-Buitelaar	ZVVS	3:33.91	197701132		AF				
NG Babette Rens	Swol 1894	3:16.48	197801200						

Masters 40+

1. Liselotte Joling	PSV	2:36.90	197500268	<b>2:38.48</b>	+0,96	35.22	1:16.54	1:58.22	2:38.48
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Masters 45+

1. Jeanne Petit	De Dinkel	2:52.17	197001687	<b>2:51.89</b>	+0,73	36.14	1:18.46	2:05.39	2:51.89
2. Janine Horsthuis	De Granaet	3:04.74	196900890	<b>2:59.71</b>	+0,94	38.37	1:22.54	2:09.84	2:59.71
3. Caroline Schreuder	Triton	3:19.44	196700550	<b>3:16.50</b>	+0,81	42.67	1:33.91	2:25.70	3:16.50
4. Hetty Smalheer	SCOM	3:33.91	196700352	<b>3:42.82</b>	+1,02	49.92	1:47.88	2:45.40	3:42.82

Masters 50+

1. M. Grove-Lingeman	Oceanus	2:57.19	196200080	<b>2:59.25</b>	+0,88	38.60	1:24.37	2:11.49	2:59.25
2. Miranda Keijl	ZIGNEA	3:42.36	196500588	<b>3:37.72</b>	* +1,05	45.59	1:41.69	2:38.50	3:37.72



Programmanr. 27, Dames, 200m vlinderslag

Masters 55+

1. Inge Wolfs PLONS 3:04.13 196000304 **3:05.93** +0,95 40.57 1:26.02 2:15.10 3:05.93

Programmanr. 28  
24-01-2015 - 14:28

Heren, 100m vrije slag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m
<b>Masters 20+</b>						
1. Mateusz Kobus	ZPC Woerden	51.02 199505963	<b>51.95</b>	+0,75	24.67	51.95
2. David Koers	AquAmigos	54.96 199501229	<b>56.13</b>	+0,75	26.72	56.13
3. Joost van den Berg	Borger	55.49 199405289	<b>56.20</b> *	+0,71	27.07	56.20
<i>alle tijden zijn back-up tijden</i>						
4. Mike Koelewijn	Steenwijk 1934	56.31 199303597	<b>56.22</b>	+0,72	26.71	56.22
5. Jelte Schuurmans	Merlet	55.78 199104841	<b>56.57</b>	+0,70	26.71	56.57
6. Erwin Sneek	AZ&PC De Futen	57.61 199102153	<b>57.72</b>	+0,79	26.97	57.72
7. Rens Post	WVZ	57.96 199101827	<b>58.00</b>	+0,75	27.48	58.00
8. Wybren Heida	Borger	57.19 199404999	<b>58.15</b>	+0,77	28.05	58.15
9. Thomas Bruning	AZ&PC De Futen	1:02.73 199501161	<b>58.40</b>	+0,70	27.29	58.40
10. Mark Veldman	ZIGNEA	55.93 199504801	<b>58.42</b>	+0,76	27.79	58.42
11. Dennis Bosma	Montferland	56.55 199403851	<b>58.66</b>	+0,68	27.53	58.66
12. Frank Hezemans	LZ 1886	58.44 199200521	<b>58.70</b>	+0,84	28.16	58.70
13. Thomas Hansen	LZ 1886	57.46 199204327	<b>58.84</b>	+0,72	28.03	58.84
14. Wesley Keur	LZ 1886	58.02 199405489	<b>59.13</b>	+0,85	28.09	59.13
15. Niels Versteeg	De Ward	58.55 199502697	<b>59.31</b>	+0,78	28.41	59.31
16. Yorick Kreuwel	De Veene	1:02.07 199402225	<b>59.72</b>	+0,85	28.67	59.72
17. Martin van Kammen	ZPD	1:00.18 199502687	<b>59.77</b>	+0,88	28.46	59.77
18. Thijs van den End	ZPC Woerden	59.61 199306803	<b>1:00.49</b>	+0,95	28.66	1:00.49
19. Rens Wijnia	De Ward	59.71 199402513	<b>1:00.55</b>	+0,87	29.20	1:00.55
20. Joey Stokx	DAW	56.67 199301251	<b>1:01.13</b>	+0,60	28.08	1:01.13
21. Arwin Stoop	Zuiderzeezwimmers	1:00.33 199306811	<b>1:01.19</b>	+0,81	28.71	1:01.19
22. Ramon van Huizen	MGO (SG)	1:01.84 199400945	<b>1:01.26</b>	+0,76	29.56	1:01.26
23. Coen van der Wekken	MGO (SG)	1:01.62 199202965	<b>1:01.28</b>	+0,74	29.39	1:01.28
24. Klaas Schoute	De Dolfijn	1:02.24 199500891	<b>1:01.50</b> *	+0,82	29.72	1:01.50
<i>alle tijden zijn back-up tijden</i>						
25. Sascha van den Hurk	De Ward	1:00.94 199207249	<b>1:02.97</b>	+0,73	30.33	1:02.97
26. Mark van Damme	't Tolhekke	1:02.07 199100435	<b>1:03.01</b>	+0,79	28.25	1:03.01
27. Michiel van Vliet	ZPC Woerden	1:04.31 199503875	<b>1:03.25</b>	+0,71	29.39	1:03.25
28. Thomas Grudelbach	ZVVS	1:02.79 199500355	<b>1:05.55</b>	+0,91	31.21	1:05.55
29. Ruben de Boer	De Duinkickers	1:06.72 199301419	<b>1:08.28</b>	+0,80	31.76	1:08.28
NG.ZA Harry Dijkstra	Isis	59.79 199100487				

Masters 25+

1. Alex Schelvis	De Geul	53.10 198702927	<b>54.74</b> *	+0,80	27.69	54.74
<i>alle tijden zijn back-up tijden</i>						
2. Hjalmar de Ruiters	NDD	54.25 198902695	<b>55.58</b>	+0,57	26.72	55.58
3. Klaas van Beek	ZV Haerlem	54.78 198805941	<b>55.59</b>	+0,55	26.68	55.59
Erik van der Heide	Zuiderzeezwimmers	55.93 198801337	<b>55.59</b>	+0,76	26.51	55.59
5. Lorenzo Cavallini	AZ&PC De Futen	56.15 199007465	<b>56.11</b>	+0,72	26.60	56.11
6. Herman Hofman	ZZG De Boskickers	55.74 199001229	<b>56.27</b>	+0,80	27.33	56.27
7. Sjoerd Boertien	De Houtrib	56.29 199000305	<b>56.38</b>	+0,64	26.72	56.38
8. Rick Driezen	Steenwijk 1934	56.90 198600713	<b>57.36</b>	+0,83	27.24	57.36
9. Sverre Oelen	WZ&PC Purmerend	56.72 199002147	<b>58.10</b> *	+0,83	29.53	58.10
<i>alle tijden zijn back-up tijden</i>						
10. Martijn van Hoorn	MGO (SG)	58.58 198901343	<b>58.32</b>	+0,85	27.51	58.32
11. Ronald Vullings	Merlet	58.31 198703655	<b>1:00.10</b>	+0,77	28.94	1:00.10
12. Wesley van Diejen	PSV	1:00.22 198604551	<b>1:01.24</b>	+0,78	28.87	1:01.24
13. Mark Pijtak	AZ&PC	1:02.96 199002287	<b>1:01.36</b>	+0,79	28.64	1:01.36
14. Arjen van der Boom	ZIGNEA	1:00.69 198604449	<b>1:01.57</b>	+0,80	29.31	1:01.57
15. Roel van Beek	Montferland	59.83 198905861	<b>1:01.77</b>	+0,79	29.53	1:01.77
16. Hendrik Ben v/d Boon	ZPD	58.17 198804761	<b>1:01.93</b>	+0,66	28.28	1:01.93

Programmanr. 28, Heren, 100m vrije slag, Masters 25+

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m
17. Mark Effing <i>alle tijden zijn back-up tijden</i>	Merlet	1:00.74	198600761	<b>1:02.09</b> *	+0,82	29.59	1:02.09
18. Ferdy van Mastrigt	RSW (SG)	1:02.96	198802315	<b>1:03.25</b>	+0,76	30.62	1:03.25
19. Patrick de Jonge	ZPC Woerden	1:03.57	198906635	<b>1:05.32</b>	+0,82	29.98	1:05.32
20. Rene Knijpstra	Isis	1:09.50	198806181	<b>1:07.04</b>	+0,73	32.12	1:07.04
21. Wouter van 't Klooster	AZ&PC	1:09.66	198806159	<b>1:10.20</b>	+0,80	32.61	1:10.20
22. Robin Eggenkamp	De Duinkickers	1:12.38	198700847	<b>1:14.47</b>	+0,81	34.05	1:14.47
AFGEM Peter van den Dool	GoSwim	1:00.49	198704973				

Masters 30+

1. Kristiaan Lenos	LZ 1886	53.64	198301331	<b>54.56</b>	+0,81	25.96	54.56
2. Lauren Vis	Steenwijk 1934	54.62	198201883	<b>55.19</b>	+0,70	26.02	55.19
3. Richard Huisken	ZPC De Hof	55.02	198501141	<b>55.95</b>	+0,75	26.85	55.95
4. Robert Dekker	De Veene	57.24	198400443	<b>56.05</b>	+0,81	27.20	56.05
5. Kevin Lebis	WZ&PC Purmerend	55.44	198101037	<b>56.11</b>	+0,83	26.78	56.11
6. Emiel Huisken	ZPC De Hof	55.11	198501139	<b>56.37</b>	+0,75	27.16	56.37
7. Jim Geestman	RSW (SG)	56.10	198300699	<b>56.78</b>	+0,86	27.56	56.78
8. Mark Musch	Zwemlust-den Hommel	56.74	198401609	<b>56.93</b>	+0,75	27.03	56.93
9. Bart Groenemans	PLONS	59.13	198200551	<b>57.47</b>	+0,73	27.53	57.47
10. Ralf Tillmans	De Roersoppers	57.58	198502597	<b>58.04</b>	+0,88	28.43	58.04
11. Ronald Koeckhoven	Zwemvereniging Westland	58.73	198102017	<b>58.97</b>	+0,84	27.68	58.97
12. Mike Hereijgers <i>alle tijden zijn back-up tijden</i>	AZ&PC De Futen	59.57	198501007	<b>1:01.35</b> *	+0,80	29.10	1:01.35
13. David Verlek <i>alle tijden zijn back-up tijden</i>	De Geul	1:04.72	198402381	<b>1:02.13</b> *	+0,88	29.32	1:02.13
14. Mathijs Lenos <i>alle tijden zijn back-up tijden</i>	HPC	1:01.65	198401407	<b>1:02.42</b> *	+0,93	30.63	1:02.42
15. Bas v.d. Laan	WVZ	1:00.18	198302471	<b>1:03.43</b>	+0,90	28.92	1:03.43
16. Dyon de Greef	Budel	1:05.67	198202385	<b>1:06.46</b>	+0,78	32.17	1:06.46
17. Hans Cligge	AZ&PC De Futen	1:08.68	198100315	<b>1:07.22</b>	+0,79	31.45	1:07.22
AFGEM Ferry Blangé	ZOB'66	58.51	198300185				

Masters 35+

1. Nol van Thull <i>Kampioenschaps Record</i>	d'ELFT	52.62	198001513	<b>52.56</b>	+0,85	25.54	52.56
2. Michiel Beemster	WS Twente	54.95	198000063	<b>55.34</b>	+0,92	26.50	55.34
3. Jeroen Zelsmann <i>alle tijden zijn back-up tijden</i>	Upstream Amsterdam	56.09	197701551	<b>56.46</b> *	+0,71	27.13	56.46
4. Pavel Protasciuk	Takas	58.95	1979PRO	<b>57.71</b>	+0,53	27.36	57.71
5. Victor Barnar	GoSwim	58.80	197801805	<b>58.35</b>	+0,79	27.79	58.35
6. Raymond Oosterbaan	WIDEX GZC DONK	1:00.98	197700711	<b>59.45</b>	+0,89	27.90	59.45
7. Markus van Rest	Zoetermeer	1:01.50	197701197	<b>1:00.29</b>	+0,81	29.19	1:00.29
8. Kelvin Isselt	RZ	1:03.45	197601119	<b>1:00.97</b>	+0,72	28.42	1:00.97
9. Steven Prins	PLONS	1:03.23	197901833	<b>1:03.95</b>	+0,85	30.31	1:03.95
10. Robert Hoiting	HZ&PC Heerenveen	1:04.57	198002369	<b>1:04.14</b>	+0,87	30.67	1:04.14
11. Kars Luttkik	DAW	59.76	197800675	<b>1:04.50</b>	+0,73	29.76	1:04.50
12. Gino Martijn <i>alle tijden zijn back-up tijden</i>	RZ	1:05.74	197901865	<b>1:05.03</b> *	+0,70	30.20	1:05.03
13. Bas v.d. Nouwelant	ZVVS	57.76	198001103	<b>1:07.08</b>	+0,88	31.76	1:07.08
14. Marcel Tibben	ZPC Hoozeveen	1:09.86	197801857	<b>1:07.39</b>	+0,73	30.86	1:07.39
15. Tom Bandsma	Aquapoldro	1:10.04	197701625	<b>1:11.97</b>	+0,89	31.33	1:11.97
16. Marnix Cornelisse <i>alle tijden zijn back-up tijden</i>	LZ 1886	1:12.13	198002343	<b>1:15.18</b> *	+0,80	35.58	1:15.18

Masters 40+

1. Dennis Schouten	Upstream Amsterdam	57.93	197501351	<b>57.42</b>	+0,80	27.36	57.42
2. Alex Damen	DAW	58.31	197501371	<b>57.67</b>	+0,83	27.78	57.67
3. Marcel van Winssen	De Gelenberg	57.62	197101477	<b>58.50</b>	+0,82	27.94	58.50
4. Joeri Stoffels	AZC	1:05.15	197300851	<b>58.53</b>	+0,83	28.67	58.53
5. John Cobussen	De Gelenberg	1:02.05	197501323	<b>59.97</b>	+0,95	28.64	59.97
6. Tom Van De Cruys	Embourg Natation	1:03.67	EMBOU/505/72	<b>1:00.47</b>	+0,77	28.17	1:00.47
7. Erik Lamers	De Gelenberg	58.76	197500507	<b>1:00.63</b>	+0,72	29.62	1:00.63

Programmanr. 28, Heren, 100m vrije slag, Masters 40+

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m
8. Machiel Stolk	Swol 1894	1:01.13 197400779	<b>1:01.01</b>	+0,86	29.09	1:01.01
9. Rogier Becker	De Dinkel	1:04.11 197301439	<b>1:03.71</b>	+0,89	30.58	1:03.71
10. Wiljo Mackus	Budel	1:04.39 197101557	<b>1:04.23</b>	+0,93	30.38	1:04.23
11. Arjan Aalbers	Swol 1894	1:04.08 197500001	<b>1:05.65</b>	+0,94	30.39	1:05.65
12. Wouter van der Stelt	Den Doorn	1:05.36 197200889	<b>1:07.14</b>	+0,75	31.76	1:07.14
13. Albert Roosenboom	Budel	1:08.22 197101599	<b>1:08.50</b>	+1,02	31.89	1:08.50
14. Dick Huisman	Steenwijk 1934	1:17.12 197501409	<b>1:11.54</b>	+0,96	34.82	1:11.54
AFGEM Roan Doves	ZVVS	1:17.48 197501427				
NG Arnold Kiburg	Steenwijk 1934	1:13.68 197501423				

Masters 45+

1. Glen le Clercq	De Rog	55.87 196800177	<b>55.46</b>	+0,81	26.82	55.46
2. Gert de Groot	AZ&PC De Futen	58.26 197000373	<b>57.98</b>	* +1,01	27.94	57.98
<i>alle tijden zijn back-up tijden</i>						
3. Geert Wijn	De Gelsenberg	57.22 196701101	<b>58.07</b>	+0,65	28.07	58.07
4. Gijsbert van der Leden	PSV	58.93 196700597	<b>58.42</b>	+0,96	27.88	58.42
5. Arjan Bellaart	Oceanus	58.57 196900079	<b>58.85</b>	+0,65	28.24	58.85
6. Richard Ricksen	HGN (SG)	58.69 197000841	<b>58.90</b>	* +0,85	28.00	58.90
<i>alle tijden zijn back-up tijden</i>						
7. Kees Akershoek	De Stelle	1:01.10 196900009	<b>59.48</b>	+0,81	28.72	59.48
8. Peter van Grootheest	ZPC Hatto Heim	1:04.96 197000375	<b>1:01.58</b>	+0,90	29.67	1:01.58
9. Stefan Holmstrom	DAW	1:02.93 196701671	<b>1:02.01</b>	+0,69	29.14	1:02.01
10. Bert de Weerd	RZC	59.88 196701283	<b>1:02.32</b>	+0,79	29.88	1:02.32
11. Jos Wensink	WS Twente	1:04.10 196901719	<b>1:02.39</b>	+0,61	29.95	1:02.39
12. Marc Bleeker	d'ELFT	1:01.85 196901729	<b>1:03.14</b>	+0,89	30.71	1:03.14
13. Martin Kaptein	DWK	1:05.02 196701677	<b>1:03.70</b>	+0,94	29.51	1:03.70
14. Freddy v.d. Veen	ZVVS	1:04.42 196601161	<b>1:03.91</b>	+1,13	29.97	1:03.91
15. Jeroen Kort	DAW	1:04.78 196801543	<b>1:03.96</b>	+0,82	30.74	1:03.96
16. Mark van Wingerden	RZ	1:03.82 197001665	<b>1:06.06</b>	+0,84	30.70	1:06.06
17. Hans Schoenmakers	DAW	1:06.80 196900863	<b>1:06.11</b>	+0,79	31.41	1:06.11
18. Erwin Beringen	GoSwim	1:05.11 196601515	<b>1:06.36</b>	+0,62	30.63	1:06.36
19. Jeroen v.d. Linden	WZ&PC Purmerend	1:10.07 196601499	<b>1:09.81</b>	+0,97	33.62	1:09.81
20. Sander Nieuwenhuys	De Fuut	1:07.47 196801423	<b>1:10.40</b>	+0,73	33.71	1:10.40
Marcel Brittijn	De Duinkickers	1:08.51 196900159	<b>1:10.40</b>	+0,79	32.20	1:10.40
22. Edward van Nijmweegen	Budel	1:12.08 197001635	<b>1:12.98</b>	+0,96	34.59	1:12.98
23. Ramon Alsina Munoz	CNSW	1:13.30 CNSW/608/69	<b>1:13.92</b>	+0,94	35.01	1:13.92
24. René Speelman	De Spatters	1:14.18 196601521	<b>1:13.99</b>	+0,88	33.19	1:13.99
25. Gertjan van der Vaart	ZVVS	1:16.71 196801529	<b>1:14.99</b>	+0,88	35.50	1:14.99
26. David van 't Hooft	PSV	1:18.85 196901595	<b>1:18.73</b>	* +0,90	37.68	1:18.73
DIS Joost van Eerd	Budel	1:13.78 196901723		AA		
NG Bernd Hendriksen	Aqua-Novio'94	1:03.50 197001491				

Masters 50+

1. Peter Bernsen	De Rog	1:00.06 196301119	<b>57.22</b>	+0,65	26.98	57.22
2. Arnold de Rover	AZ&PC De Futen	58.08 196400645	<b>58.76</b>	+0,79	28.11	58.76
3. Edwin v. Norden	AZ&PC	56.12 196300563	<b>59.78</b>	+0,71	27.64	59.78
4. Alexey Trusov	Sprut	59.70 018029	<b>1:00.00</b>	+0,83	27.97	1:00.00
5. Gert Sikkema	ZIGNEA	59.92 196300687	<b>1:00.02</b>	* +0,85	28.74	1:00.02
<i>alle tijden zijn back-up tijden</i>						
6. Hans Westerhof	WS Twente	1:01.37 196200743	<b>1:01.64</b>	+0,87	28.61	1:01.64
7. Robert Vink	WWV	1:01.82 196301075	<b>1:02.61</b>	+0,91	29.91	1:02.61
8. Marcel van der Lem	Vereniging Swimcademy	1:01.95 196500563	<b>1:02.95</b>	+0,86	29.60	1:02.95
9. Eric de Haas	De Treffers	1:02.75 196501275	<b>1:03.78</b>	+0,96	30.74	1:03.78
10. John Stokx	DAW	1:03.38 196401341	<b>1:04.01</b>	* +0,80	30.58	1:04.01
<i>alle tijden zijn back-up tijden</i>						
11. Ivo Buchholz	WS Twente	1:05.84 196401165	<b>1:04.27</b>	+0,90	31.01	1:04.27
12. Ronald Grove	Oceanus	1:03.98 196100161	<b>1:04.50</b>	+0,81	30.30	1:04.50
13. Edzo Huisman	Aquapoldro	1:04.03 196301029	<b>1:05.94</b>	* +0,94	31.35	1:05.94
<i>alle tijden zijn back-up tijden</i>						
14. Fred Dijkshoorn	Zwemvereniging Westland	1:06.04 196501539	<b>1:06.31</b>	+0,83	31.61	1:06.31
15. Geert van Duinhoven	RZC	1:08.03 196401263	<b>1:06.95</b>	+0,89	31.50	1:06.95
16. Erik Saan	De Duck	1:07.94 196500769	<b>1:07.00</b>	* +0,95	30.41	1:07.00
<i>alle tijden zijn back-up tijden</i>						

## Programmanr. 28, Heren, 100m vrije slag, Masters 50+

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m
17. Henry Brouwer	Aqualero	1:08.06 196301223	<b>1:07.05</b>	+0,91	31.09	1:07.05
18. John Stoffer	Zoetermeer	1:09.06 196300725	<b>1:07.08</b> *	+0,73	31.17	1:07.08
<i>alle tijden zijn back-up tijden</i>						
19. Ruud Kennis	Budel	1:10.03 196501555	<b>1:07.79</b>	+0,82	32.36	1:07.79
20. Willem Jan Ribberink	WIDEX GZC DONK	1:09.18 196501327	<b>1:07.81</b>	+0,89	32.45	1:07.81
21. Henk Kuipers	UZSC	1:08.91 196201207	<b>1:07.82</b>	+0,73	32.95	1:07.82
22. Jose Serrano	DES	1:15.01 196401437	<b>1:09.16</b>	+0,94	33.17	1:09.16
23. Roy le Clercq	De Rog	1:10.70 196401041	<b>1:09.70</b>	+0,90	32.51	1:09.70
24. Mark Kas	PLONS	1:09.78 196100285	<b>1:11.79</b>	+0,87	33.56	1:11.79
25. Eric Tijms	OEZA	1:12.49 196401125	<b>1:13.76</b>	+0,89	35.11	1:13.76
26. Peter Schielen	De Fuut	1:11.99 196501531	<b>1:15.12</b>	+0,76	35.13	1:15.12

## Masters 55+

1. Mark Nuijten	Zwemvereniging Westland	1:03.90 196000411	<b>1:03.10</b>	+0,91	30.15	1:03.10
2. Adrian Ortiz Buitrago	WIDEX GZC DONK	1:06.76 196000931	<b>1:05.65</b>	+0,83	31.46	1:05.65
3. Richard Broer	PLONS	1:15.20 195900077	<b>1:06.10</b>	+0,83	32.10	1:06.10
4. Evertjan Masurel	PLONS	1:07.95 195600495	<b>1:09.11</b>	+0,85	32.96	1:09.11
5. John Dam	ZIGNEA	1:09.98 196000915	<b>1:09.96</b> *	+0,97	33.73	1:09.96
<i>alle tijden zijn back-up tijden</i>						
6. Jos Zentjens	Budel	1:20.48 195700569	<b>1:13.91</b>	+0,88	35.34	1:13.91
7. John Tersteeg	De Fuut	1:19.76 196001039	<b>1:17.23</b>	+0,92	36.18	1:17.23
8. Dirk Crok	OEZA	1:15.45 195800547	<b>1:19.60</b>	+1,20	37.57	1:19.60
9. Peter Coffeng	WIDEX GZC DONK	1:21.72 195700063	<b>1:23.79</b>	+1,07	39.50	1:23.79
AFGEM Albert Boonstra	Aqua-Novio'94	59.55 195700425				

## Masters 60+

1. Brend Brevé	PSV	1:05.95 195200265	<b>1:06.29</b>	+0,89	32.05	1:06.29
2. Jan Vonk	Zwemvereniging Hoogland	1:09.38 195400237	<b>1:12.14</b>	+0,90	35.09	1:12.14
3. Laurens Klein Breteler	WWV	1:14.16 195400109	<b>1:14.17</b> *	+0,85	35.41	1:14.17
<i>alle tijden zijn back-up tijden</i>						
4. Jos Kamps	Zwemvereniging Hoogland	1:14.38 195100085	<b>1:20.45</b>	+1,10	38.03	1:20.45
5. Hilbert Prins	OEZA	1:27.27 195100223	<b>1:22.44</b>	+1,03	40.04	1:22.44
6. Nello Spiteri	DAW	1:23.67 195200295	<b>1:23.59</b>	+0,95	38.98	1:23.59

## Masters 65+

1. Piet Schop	De Bevelanders	1:09.58 195000109	<b>1:10.22</b>	+0,53	33.11	1:10.22
2. Wout Hemmes	De Plons	1:12.57 194800059	<b>1:12.37</b>	+0,67	33.34	1:12.37
3. Pieter Schillemans	WZ&PC Purmerend	1:21.26 194600141	<b>1:19.17</b>	+0,86	38.11	1:19.17
4. Jaap Kwakkel	DAW	1:17.70 194700157	<b>1:19.39</b>	+0,90	37.05	1:19.39
5. Mar van Geel	Old Dutch	1:28.28 194700135	<b>1:35.56</b>	+1,30	44.72	1:35.56

## Masters 70+

1. Han Roos	ZV De Bron	1:12.37 194500081	<b>1:13.92</b>	+0,93	35.31	1:13.92
2. Willem Putter	ZVVS	1:17.09 194500135	<b>1:17.14</b> *	+1,09	37.38	1:17.14
<i>alle tijden zijn back-up tijden</i>						
3. Geza Kaltenecker	AZC	1:23.26 194200065	<b>1:22.14</b>	+0,97	39.41	1:22.14
4. Ruud Sloof	De Rijn	1:21.65 194400073	<b>1:27.74</b> *	+0,94	42.82	1:27.74
<i>alle tijden zijn back-up tijden</i>						

## Masters 75+

1. J. de Canales Mendoza	R.C. Mediterraneo	1:10.68 1940CAN	<b>1:12.63</b>	+0,73	34.57	1:12.63
<i>Kampioenschaps Record, Spanish Masters Record</i>						
2. Frans van Enst	WS Twente	1:17.00 194000011	<b>1:22.74</b>	+0,93	39.23	1:22.74

Programmanr. 29  
24-01-2015 - 15:06

Dames, 100m vrije slag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m
<b>Masters 20+</b>						
1. Kim Loeffen	Merlet	57.41 199403432	<b>59.27</b>	+0,87	28.80	59.27
2. Pascale Spiekerman	WZ&PC Purmerend	1:01.70 199403030	<b>1:00.49</b>	+0,85	28.90	1:00.49
3. Fraukje Puts	HZ&PC Heerenveen	1:01.93 199206470	<b>1:00.67</b>	+0,78	29.50	1:00.67
4. Zoë van der Aart	ZPCH	1:01.25 199503152	<b>1:00.90</b>	+0,83	29.15	1:00.90
5. Karin Groen	Nova	1:01.37 199502440	<b>1:01.27</b>	+0,69	28.99	1:01.27
6. Karen Stolk	TriVia	1:01.01 199403950	<b>1:01.42</b>	+0,82	29.46	1:01.42
7. Isabelle Massar	WVZ	1:02.70 199102034	<b>1:02.31</b>	+0,77	29.41	1:02.31
8. Janet van der Poel	LZ 1886	1:02.09 199301842	<b>1:02.70</b>	+0,66	29.74	1:02.70
9. Wendy de Bruin	ZOB'66	1:03.73 199206320	<b>1:03.67</b>	+0,70	30.48	1:03.67
10. Seline Koek	LZ 1886	1:03.23 199400622	<b>1:03.88</b>	+0,72	31.13	1:03.88
11. Karin Verbeek	Nautilus	1:03.03 199201848	<b>1:04.53</b> *	+0,73	31.01	1:04.53
<i>alle tijden zijn back-up tijden</i>						
12. Janine de Groot	Nova	1:04.24 199500092	<b>1:05.43</b>	+0,88	31.55	1:05.43
13. Saskia Bergsma	De Wellerobben	1:05.54 199301686	<b>1:05.52</b>	+0,81	30.42	1:05.52
14. Anouk van der Pliigt	ZOB'66	1:03.35 199303296	<b>1:06.03</b>	+0,65	31.04	1:06.03
15. Getrude Corporaal	ZVZ	1:05.84 199200380	<b>1:06.89</b>	+0,79	32.33	1:06.89
16. Larissa Beernink	De Veene	1:05.51 199300050	<b>1:07.16</b>	+0,77	31.56	1:07.16
17. Lucienne v.d Linde	Steenwijk 1934	1:06.88 199503452	<b>1:07.22</b>	+0,90	31.95	1:07.22
18. Marije Onnink	WWV	1:08.23 199102344	<b>1:07.90</b>	+0,89	32.70	1:07.90
19. Rebecca Evers	ZOB'66	1:08.22 199207916	<b>1:08.12</b>	+0,80	32.66	1:08.12
20. Cynthia-Maria de Galan	Vereniging Swimcademy	1:05.29 199203416	<b>1:09.09</b>		31.54	1:09.09
21. Ramona Noordermeer	ZVVS	1:08.42 199401746	<b>1:09.62</b>	+0,76	33.52	1:09.62
22. Jacqueline van den Beukel	Zwemvereniging Westland	1:11.21 199100238	<b>1:09.83</b> *	+0,90	32.95	1:09.83
<i>alle tijden zijn back-up tijden</i>						
23. Anouk Kuin	UZSC	1:12.48 199108168	<b>1:10.28</b> *	+0,80	33.01	1:10.28
<i>50m*</i>						
24. Rebecca van Eeren	SCOM	1:13.43 199306910	<b>1:10.97</b>	+0,80	33.31	1:10.97
25. Marijke Pras	GZVW	1:08.11 199203700	<b>1:11.24</b> *	+1,09	34.23	1:11.24
<i>alle tijden zijn back-up tijden</i>						
26. Margot van de Rakt	Nautilus	1:13.12 199300618	<b>1:11.35</b>		34.25	1:11.35
27. Lieke Janssen	HGN (SG)	1:10.81 199305954	<b>1:11.37</b>	+0,91	33.90	1:11.37
28. Lonneke Oenema	Steenwijk 1934	1:12.07 199102314	<b>1:11.55</b>	+0,84	34.52	1:11.55
29. Kelly Bockting	Montferland	1:14.01 199104050	<b>1:12.44</b>	+0,89	34.80	1:12.44
30. Stephanie van Diepen	Noord Veluwe	1:11.11 199500972	<b>1:12.48</b>	+0,77	35.05	1:12.48
31. Daphne Meijer	Montferland	1:10.70 199303850	<b>1:12.50</b>	+0,95	34.61	1:12.50
32. Lisette van der Lende	WWV	1:11.89 199204258	<b>1:13.04</b>	+1,03	35.13	1:13.04
33. Elly Scheepers	Budel	1:13.00 199102728	<b>1:14.31</b>	+0,98	34.79	1:14.31
34. Talitha Boelen	DWF	1:17.15 199502910	<b>1:17.34</b>	+0,92	37.04	1:17.34
35. Tara Keijzer	Steenwijk 1934	1:11.77 199108498	<b>1:17.74</b>	+0,64	36.31	1:17.74
NG Sietske Veldkamp	ZPC De Hof	1:00.10 199501628				

**Masters 25+**

1. Silke Oude Weernink	De Dinkel	58.56 199002854	<b>59.45</b> *	+0,92	28.84	59.45
<i>alle tijden zijn back-up tijden</i>						
2. Jolanda Post	DIO	58.97 199004848	<b>1:00.08</b>	+0,75	29.24	1:00.08
3. Stephanie Rombout	PSV	1:00.42 198803696	<b>1:01.53</b>	+0,80	29.31	1:01.53
4. Sabine Lina	ZPC Woerden	1:00.60 198902680	<b>1:02.00</b>	+0,79	29.62	1:02.00
5. Anne Duijst	Zwemvereniging Hoogland	1:02.54 198901030	<b>1:03.49</b>	+0,85	30.91	1:03.49
6. Mandy Verbakel	ZPC Woerden	1:04.67 199003908	<b>1:03.62</b>	+0,87	30.62	1:03.62
7. A. Reefhuis-de Vries	WS Twente	1:03.86 198603908	<b>1:03.68</b>	+0,77	30.32	1:03.68
8. Elmi Roelofsen	ZVV	1:01.65 199008198	<b>1:03.73</b> *	+0,75	29.19	1:03.73
<i>alle tijden zijn back-up tijden</i>						
9. Ilse van den Wijngaard	ZPC Woerden	1:04.41 198904736	<b>1:04.32</b>	+0,74	30.44	1:04.32
10. Lisanne Andeweg	Zuiderzeezwemmers	1:02.47 198800092	<b>1:04.35</b>	+0,82	30.94	1:04.35
11. Gea Hagting	Nova	1:04.36 198801584	<b>1:05.10</b>	+0,86	31.59	1:05.10
12. Auke de Lange	AZC	1:11.84 198602226	<b>1:05.75</b>	+0,86	31.87	1:05.75
13. Tamara Caspers	LZ 1886	1:05.14 199007272	<b>1:05.96</b>	+0,80	31.30	1:05.96
14. Marlijn Mulders	De Treffers	1:06.45 198803114	<b>1:06.97</b>	+0,68	31.26	1:06.97
15. Nienke van Stipriaan	PSV	1:06.37 198703970	<b>1:07.33</b>	+0,87	32.80	1:07.33



## Programmanr. 29, Dames, 100m vrije slag, Masters 25+

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m
16. Lindsey Hol	De Meer	1:07.97 199008088	<b>1:09.06</b>	+0,61	32.90	1:09.06
17. Joyce Geschiere	WZ&PC Purmerend	1:11.38 199007526	<b>1:09.18</b>	+0,85	33.66	1:09.18
18. Diana Lammers	De Veene	1:07.51 198902572	<b>1:09.19</b>	+0,71	33.19	1:09.19
19. Anna Boef	LZ 1886	1:08.98 198806288	<b>1:09.46</b>	+0,82	33.24	1:09.46
20. Wieteke Jansen	Montferland	1:13.65 199001750	<b>1:10.31</b>	+0,96	33.95	1:10.31
21. Cora Vinagre Sendino	CNSW	1:14.20 CNSW/682/88	<b>1:10.88</b> *	+0,87	33.43	1:10.88
<i>alle tijden zijn back-up tijden</i>						
22. Channe Noort	DAW	1:07.60 198605032	<b>1:10.94</b>	+0,79	33.39	1:10.94
23. Serima Veen	De Spatters	1:11.30 198604104	<b>1:12.99</b>	+0,85	34.64	1:12.99
24. Renske Eilers	Zwemvereniging Hoogland	1:11.04 198806072	<b>1:14.21</b>	+0,81	34.83	1:14.21
25. Eline Schoenmaker	Zwemlust-den Hommel	1:12.72 199003322	<b>1:14.47</b>	+0,72	35.98	1:14.47
26. Annebeth van Ark	Octopus	1:16.45 198805588	<b>1:15.46</b>	+0,79	36.08	1:15.46
27. Marieke Weering	ZPC Hoogeveen	1:19.42 198704550	<b>1:18.14</b>	+0,75	37.08	1:18.14
28. Jannica Lieste	Deltasteur	1:20.16 199008348	<b>1:20.23</b>	+1,02	38.21	1:20.23

## Masters 30+

1. Pauline Gouwens	DWK	57.53 198400790	<b>57.55</b>	+0,75	27.69	57.55
2. Marije Jansen	Montferland	1:03.38 198504088	<b>1:03.86</b>	+0,83	30.43	1:03.86
3. Bianca Paape	DAW	1:05.15 198502262	<b>1:04.26</b>	+0,78	30.60	1:04.26
4. Pauline Tieleman	De Geul	1:05.76 198403348	<b>1:06.28</b> *	+0,80	31.25	1:06.28
<i>alle tijden zijn back-up tijden</i>						
5. Miranda Pijnenburg	De Treffers	1:07.29 198301216	<b>1:06.49</b>	+0,88	31.79	1:06.49
6. Ina Schaafsma	PLONS	1:07.64 198504152	<b>1:07.00</b>		32.60	1:07.00
7. Sandra Zwaanswijk	DAW	1:04.39 198503934	<b>1:07.39</b>	+0,65	31.90	1:07.39
8. Sandra Pannekeet	DAW	1:04.92 198403458	<b>1:08.82</b> *	+0,74	31.30	1:08.82
<i>alle tijden zijn back-up tijden</i>						
9. Renee de Kok	PSV	1:11.55 198403350	<b>1:10.49</b>	+0,66	33.49	1:10.49
10. Suzan van den Hoogen	WIDEX GZC DONK	1:15.10 198501308	<b>1:13.52</b>		34.92	1:13.52
11. Laura van Manen	WIDEX GZC DONK	1:13.15 198403288	<b>1:14.80</b>	+0,85	35.98	1:14.80
12. Marijke Dirkse	IJZPC	1:15.43 198403480	<b>1:15.59</b>	+1,03	34.52	1:15.59
13. Nienke Nieuwenhuis	Swol 1894	1:11.34 198101850	<b>1:15.84</b>	+0,77	35.39	1:15.84
14. Johanna Schuitema	De Spatters	1:16.26 198102232	<b>1:16.54</b> *	+0,82	36.48	1:16.54
<i>alle tijden zijn back-up tijden</i>						
15. Denise de Riet	De Devel	1:13.32 198402040	<b>1:17.36</b> *	+1,14	36.19	1:17.36
<i>alle tijden zijn back-up tijden</i>						
16. Rianne in 't Hout	RSW (SG)	1:23.74 198403512	<b>1:18.36</b>	+0,90	37.37	1:18.36
17. Natasja van de Schaaf	De Dinkel	1:19.20 198202404	<b>1:21.82</b> *	+1,01	39.04	1:21.82
<i>alle tijden zijn back-up tijden</i>						

## Masters 35+

1. Angelique Boersma	De Vikings	1:04.11 198001586	<b>1:01.84</b>	+0,77	29.70	1:01.84
2. Heleen Spelde-Fransens	THOR	1:09.31 197901358	<b>1:08.26</b>		32.67	1:08.26
3. Marian Nederlof	DWF	1:07.08 197600950	<b>1:09.59</b>	+0,83	32.98	1:09.59
4. Kirsten Savelberg	AZC	1:12.69 197901192	<b>1:11.58</b>	+0,72	33.45	1:11.58
5. Inge Otter	De Bevelanders	1:12.12 197801242	<b>1:13.12</b>	+0,99	34.66	1:13.12
6. Agnes van Brug	DAW	1:15.45 198001726	<b>1:13.57</b>	+0,95	35.20	1:13.57
7. Fabiola Bosman	Deltasteur	1:13.11 197701148	<b>1:14.05</b>	+0,83	35.65	1:14.05
8. Monique Harlaar	De Houtrib	1:14.07 197901474	<b>1:15.24</b>	+0,91	35.72	1:15.24
9. Marieke Langendonk	De Dinkel	1:11.09 197900530	<b>1:16.21</b>	+0,93	36.03	1:16.21
10. Karin Smolders	Budel	1:17.90 197601078	<b>1:16.49</b>	+0,96	36.61	1:16.49
11. Anneke de Groot	De Fuut	1:21.15 197701140	<b>1:19.75</b>	+0,86	37.99	1:19.75
12. Clementine van Bruxvoort	ZPB H&L Productions	1:25.32 197700138	<b>1:28.64</b>	+0,96	41.97	1:28.64

## Masters 40+

1. Marty Krans-de Weerd	ZCNF'34	1:11.98 197500604	<b>1:03.98</b>	+0,92	30.16	1:03.98
2. Edith Janssen-Koolen	TRB-RES	1:04.21 197300898	<b>1:04.53</b>	+0,84	30.67	1:04.53
3. Inez Heideman	WS Twente	1:04.84 197500198	<b>1:06.01</b>	+0,88	31.69	1:06.01
4. Annette de Visser	Oceanus	1:05.26 197100602	<b>1:06.22</b>	+0,88	31.90	1:06.22
5. J. de Ruiter-Wijnolst	WIDEX GZC DONK	1:06.17 197400446	<b>1:08.05</b>	+0,67	32.29	1:08.05
6. Chanita Koekoek	Dedemsvaart-AC	1:10.49 197300930	<b>1:08.57</b>	+0,90	32.86	1:08.57
7. Tony de Groot	AZ&PC De Futen	1:11.54 197300758	<b>1:11.65</b>	+0,89	33.92	1:11.65
8. Annet Miltenburg	De Fuut	1:14.32 197300926	<b>1:13.77</b>	+0,68	33.93	1:13.77

## Programmanr. 29, Dames, 100m vrije slag, Masters 40+

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m
9. Jule Verschoor-Holland	RZC	1:13.77	197500874	<b>1:14.13</b>	+0,84	35.59	1:14.13
10. Nathasja Konijn	WIDEX GZC DONK	1:22.69	197100992	<b>1:21.55</b>	+0,88	38.02	1:21.55
11. Evelien Breman-Alers	Nautilus	1:24.54	197200878	<b>1:21.87</b>	+0,95	38.66	1:21.87
12. Claudia Broeke	De Fuut	1:17.02	197300058	<b>1:21.95</b>	+0,94	39.05	1:21.95
13. Evelien Naatje	WS Twente	1:26.32	197200838	<b>1:22.38</b>	+1,05	40.05	1:22.38
14. Natasja Linderhof	De Dinkel	1:21.53	197500786	<b>1:25.45</b> *	+1,07	39.35	1:25.45
15. Marleen Prins	De Fuut	1:28.73	197300864	<b>1:27.86</b>	+0,89	40.42	1:27.86
16. Rinette van der Vliet	Swol 1894	1:26.22	197300518	<b>1:28.37</b>	+0,92	40.13	1:28.37
17. Wendy v.d. Linden	WZ&PC Purmerend	1:33.16	197300882	<b>1:35.58</b>	+0,65	43.65	1:35.58

## Masters 45+

1. Monique Tuijp	WZ&PC Purmerend	1:02.16	196900800	<b>1:02.44</b>	+0,89	29.78	1:02.44
2. Heidi van Stein	LZ 1886	1:04.22	196900864	<b>1:05.73</b> *	+0,78	31.44	1:05.73
<i>alle tijden zijn back-up tijden</i>							
3. Marjo Goelema-Koek	De Biesboschzwemmers	1:04.51	196900192	<b>1:06.04</b>	+0,75	31.53	1:06.04
4. Lidia v. Bon-Rosenbrand	AZ&PC	1:07.36	197000054	<b>1:08.12</b>	+0,89	32.41	1:08.12
5. Chita van der Goorbergh	Zoetermeer	1:08.93	196800762	<b>1:09.99</b>	+0,77	32.84	1:09.99
6. Rita van der Horst	RZC	1:07.20	196900260	<b>1:10.14</b> *	+0,81	32.55	1:10.14
<i>alle tijden zijn back-up tijden</i>							
7. Jacqueline Tuin	DAW	1:26.58	196600690	<b>1:10.45</b>	+0,75	33.67	1:10.45
8. Marja Verwoerd	ZPC Woerden	1:12.18	196900954	<b>1:11.48</b>	+0,82	33.68	1:11.48
9. Marion Broekhuis	WS Twente	1:10.76	196800060	<b>1:12.70</b>		34.59	1:12.70
10. E. van Wingerden - Dijkhuizen	DWK	1:13.78	196900970	<b>1:13.52</b>	+0,88	35.24	1:13.52
11. Iris van Aurich	DWK	1:11.82	196900866	<b>1:14.22</b> *	+0,81	34.86	1:14.22
<i>alle tijden zijn back-up tijden</i>							
12. Roelien Speelman-Tigelaar	De Spatters	1:17.17	196600664	<b>1:15.72</b>	+0,74	35.74	1:15.72
13. Yvette Kilian	Zoetermeer	1:15.64	196600534	<b>1:16.88</b>	+0,83	36.21	1:16.88
14. Sandra Hoofs-Buil	DES	1:17.61	196600678	<b>1:17.69</b>	+0,82	35.95	1:17.69
15. Miriam Stevens	Budel	1:24.16	196900988	<b>1:21.36</b>	+1,08	37.72	1:21.36
16. Ingeborg Stokx	DAW	1:22.06	196700666	<b>1:23.12</b> *	+0,77	40.09	1:23.12
<i>alle tijden zijn back-up tijden</i>							
17. Myra Vink	De Fuut	1:26.71	196600526	<b>1:24.81</b>	+0,87	40.25	1:24.81
18. Remona Dekker	ZV De Bron	1:24.23	196600620	<b>1:25.27</b>	+1,15	40.97	1:25.27
19. Sandra Daamen-Posma	AZC	1:22.46	196800854	<b>1:26.14</b>	+1,11	40.79	1:26.14
20. Gabrielle Waldram	WZ&PC Purmerend	1:33.91	196600704	<b>1:34.22</b>	+1,07	45.04	1:34.22

## Masters 50+

1. Anja Tijink	De Dinkel	1:07.44	196400296	<b>1:06.20</b>	+0,83	31.71	1:06.20
2. Marjan Remmits-De Lange	ZPC Woerden	1:05.75	196300518	<b>1:06.76</b>	+0,73	32.31	1:06.76
3. Svetlana Bezkravnaya	Sprut	1:10.69	018062	<b>1:10.58</b> *	+0,92	32.63	1:10.58
<i>alle tijden zijn back-up tijden</i>							
4. Jantine Braakman-Dol	ZV De Bron	1:10.94	196500036	<b>1:12.22</b>	+0,82	34.09	1:12.22
5. Wilna Heijman	Steenwijk 1934	1:12.17	196400506	<b>1:13.08</b>		34.94	1:13.08
6. Judith Heijdens-Schasfoort	De Dinkel	1:12.68	196500112	<b>1:14.33</b>	+0,98	34.51	1:14.33
7. Feikje Wittermans	WIDEX GZC DONK	1:16.58	196400408	<b>1:17.41</b>		36.49	1:17.41

## Masters 55+

1. Atie Pijtak-Radersma	AZ&PC	1:06.88	195600048	<b>1:08.38</b>	+0,79	32.89	1:08.38
2. Marijke Kraak-Beckers	WS Twente	1:13.36	196000240	<b>1:14.42</b>	+0,92	35.49	1:14.42
3. Janny van Eijk	ZV De Bron	1:15.96	195800022	<b>1:17.93</b>	+0,95	36.67	1:17.93
4. Pia van der Molen	HZ&PC Heerenveen	1:14.32	196000116	<b>1:18.68</b>	+0,92	36.45	1:18.68
5. Jennie Resink-lindeboom	DWK	1:24.20	196000142	<b>1:24.41</b>	+0,98	40.49	1:24.41
6. Marie-Josée Matte	WVZ	1:20.62	196000326	<b>1:26.45</b>	+0,90	40.68	1:26.45
7. Lia Bijkerk	WIDEX GZC DONK	1:33.00	196000014	<b>1:35.83</b> *		44.12	1:35.83
<i>alle tijden zijn back-up tijden</i>							



Programmanr. 29, Dames, 100m vrije slag

Masters 60+

1. Christien Nieuwenhuis	Swol 1894	1:11.53	195100022	<b>1:12.72</b>	+0,72	34.31	1:12.72
2. Patty Krupiarz	PLONS	1:21.92	195400074	<b>1:23.21</b>	+0,83	38.32	1:23.21
3. Tineke Brouwer-Maat	Zwemvereniging Westland	1:25.27	195300074	<b>1:31.08</b> *	+1,13	42.31	1:31.08
<i>alle tijden zijn back-up tijden</i>							
4. Corine Kalbfeisch	DWT	1:28.98	195200024	<b>1:33.09</b>	+1,00	43.73	1:33.09
5. Fernande Blondeel	CNSW	1:34.51	CNSW/011/52	<b>1:35.40</b>		44.51	1:35.40

Masters 65+

1. Corrie Verhoeven	PSV	1:20.33	194600026	<b>1:22.16</b>	+0,68	39.37	1:22.16
<i>Kampioenschaps Record</i>							

Masters 70+

1. Loekie v. Huissteden	AZ&PC	1:47.32	194500002	<b>1:52.83</b>	+1,07	51.70	1:52.83
<i>50m*</i>							

Masters 80+

1. Lottie Geurts	PSV	1:34.36	193500006	<b>1:41.54</b>	+1,19	48.25	1:41.54
<i>Nederlands Masters Record, 50m NMR 50 vrije slag</i>							

Programmanr. 30  
24-01-2015 - 15:40

Heren, 50m schoolslag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
<b>Masters 20+</b>						
1.	Roald Blok	Octopus	29.70	199302685	<b>30.03</b>	+0,71
<i>Kampioenschaps Record</i>						
2.	Romero Hennep	ZVVS	29.56	199304929	<b>30.04</b>	+0,72
3.	Jos Terlouw	MGO (SG)	32.85	199400601	<b>32.23</b>	+0,75
4.	Dennis Bosma	Montferland	31.36	199403851	<b>32.30</b>	+0,71
5.	Arwin Stoop	Zuiderzeezwemmers	32.71	199306811	<b>32.50</b>	+0,80
6.	Mark van Damme	't Tolhekke	32.06	199100435	<b>33.11</b> *	+0,80
7.	Dieder Schuurmans	Merlet	33.32	199500447	<b>33.30</b>	+0,69
8.	Martino Valentijn	DIO	34.13	199403913	<b>33.99</b> *	+0,76
9.	Thomas Hansen	LZ 1886	33.31	199204327	<b>34.07</b>	+0,71
10.	Wybren Heida	Borger	34.23	199404999	<b>34.85</b>	+0,75
11.	Tom de Lange	Deltasteur	33.64	199300303	<b>35.01</b>	+0,91
12.	Rens Post	WVZ	33.78	199101827	<b>35.32</b>	+0,71
13.	Martin van Kammen	ZPD	37.58	199502687	<b>35.83</b>	+0,87
14.	Wesley Keur	LZ 1886	34.46	199405489	<b>36.38</b>	+0,81
15.	Daniel van den Wildenberg	Eurode KZC	37.88	199206491	<b>36.82</b>	+0,76
16.	Yorick Kreuwel	De Veene	37.70	199402225	<b>37.48</b>	+0,78
17.	Bob Potkamp	Deltasteur	37.10	199403189	<b>38.31</b>	+0,95
<b>Masters 25+</b>						
1.	Erik Verholt	Noord Veluwe	29.90	198803543	<b>29.89</b> *	+0,75
<i>Kampioenschaps Record</i>						
2.	Hendrik Ben v/d Boon	ZPD	30.95	198804761	<b>31.89</b>	+0,67
3.	Herman van Dijk	De Wellerobben	32.32	198900691	<b>32.40</b>	+0,88
4.	Patrick Creemers	RZ	31.41	199000579	<b>32.52</b>	+0,75
5.	Sjoerd Boertien	De Houtrib	32.29	199000305	<b>32.59</b>	+0,68
6.	Remco de Veen	De Roersoppers	32.73	198903247	<b>33.16</b>	+0,65
7.	Bastian Zoon	MGO (SG)	33.17	198703929	<b>33.51</b>	+0,72
8.	Niels van Beurden	ZPC Woerden	33.74	198805669	<b>33.58</b>	+0,76
9.	Stefan van de Grift	Octopus	33.86	198701121	<b>34.01</b>	+0,80
10.	Wouter van 't Klooster	AZ&PC	36.02	198806159	<b>35.16</b> *	+0,94
11.	Harmen Reemst	ZOB'66	36.92	198702715	<b>37.76</b>	+0,80
12.	Ronald Vullings	Merlet	36.72	198703655	<b>37.81</b>	+0,84





Programmanr. 30, Heren, 50m schoolslag, Masters 25+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
13.	Mark Effing	Merlet	39.34	198600761	<b>39.33</b>	+0,81
14.	Eric Kalee	Zwemvereniging Hoogland	38.48	199005307	<b>39.38</b>	+1,05
NG	Daniël Kunne	UZSC	34.23	199001709		
NG	Remko Hooft	De Duinkickers	32.44	198701405		

Masters 30+

1.	Rick de Greef	Budel	30.57	198400749	<b>30.64</b>	+0,79
2.	Dennis van den Berg	UZSC	33.02	198100089	<b>30.94</b>	+0,79
3.	Lauren Vis	Steenwijk 1934	32.13	198201883	<b>32.72</b>	+0,70
4.	Rob van Wanrooy	Gay Swim Amsterdam	33.17	198202627	<b>33.07</b>	+0,70
5.	Rob van Vliet	AZ&PC	34.43	198402459	<b>33.09</b>	+0,86
6.	Gerwin Vonk	De Spatters	33.66	198201907	<b>33.77</b>	+0,67
7.	Kevin Lebis	WZ&PC Purmerend	34.22	198101037	<b>34.29</b>	+0,83
8.	David Verlek	De Geul	34.54	198402381	<b>35.32</b>	+0,84
9.	Mathijs Lenos	HFC	34.53	198401407	<b>35.52</b> *	+0,77
10.	Hans Cligge	AZ&PC De Futen	37.06	198100315	<b>35.91</b> *	+0,84
11.	Sebastiaan Baars	WS Twente	38.67	198300053	<b>37.61</b>	+0,87
12.	Mark Brinkhuis	TriVia	36.89	198302609	<b>38.90</b>	+0,80
AFGEM	Ferry Blangé	ZOB'66	34.14	198300185		

Masters 35+

1.	Evgeny Ryzhov	Sprut	29.92	101628	<b>31.36</b>	+0,76
2.	Vincent Versteeg	Zwemlust-den Hommel	31.60	197701003	<b>31.66</b>	+0,74
3.	Victor Barnar	GoSwim	32.73	197801805	<b>32.11</b>	+0,77
4.	Mark Zwart	Zwemlust-den Hommel	32.62	197901461	<b>32.65</b>	+0,84
5.	Ron Langelaan	DAW	32.28	197800643	<b>34.33</b>	+0,73
6.	Okko de Haas	ZV De Bron	35.00	197801593	<b>34.42</b>	+0,75
7.	Johan Wezenberg	Swol 1894	39.66	197601023	<b>41.08</b>	+0,98
8.	Marnix Cornelisse	LZ 1886	41.41	198002343	<b>41.63</b>	+0,86
DIS	Reinier Ellenkamp	De Rog	32.56	198002109		AA
NG	Tom Bandsma	Aquapoldro	39.16	197701625		

Masters 40+

1.	Stefan Oostdijk	Zwemvereniging Westland	32.87	197301423	<b>32.34</b>	+0,82
2.	Sergey Petrov	Poseidon	32.53	102211	<b>33.29</b>	+0,72
3.	Marcel van Winssen	De Gelenberg	32.30	197101477	<b>33.40</b>	+0,63
4.	Wibo Mooibroek	ZV De Zaan	35.41	197401339	<b>36.09</b>	+0,98
5.	Wiljo Mackus	Budel	37.01	197101557	<b>37.99</b>	+0,97
6.	Joeri Stoffels	AZC	38.05	197300851	<b>38.20</b>	+0,92
7.	Erik Huisman	De Biesboschwemmers	40.13	197401405	<b>39.32</b>	+0,81
8.	Dick Huisman	Steenwijk 1934	41.63	197501409	<b>42.21</b>	+0,79

Masters 45+

1.	Harold Matla	PSV	30.86	196800591	<b>31.59</b>	+0,84
2.	Glen le Clercq	De Rog	33.10	196800177	<b>32.95</b> *	+0,80
3.	Marcel Jonkman	Aqualero	33.32	196801389	<b>33.00</b>	+0,79
4.	Geert Wijn	De Gelenberg	33.76	196701101	<b>34.05</b>	+0,64
5.	Jean-Phillippe Paap	ZPC De Hof	33.64	197000791	<b>34.30</b> *	+0,82
6.	Mark van Wingerden	RZ	33.57	197001665	<b>34.39</b>	+0,83
7.	Roeland van der Heijden	PSV	33.70	196701389	<b>34.61</b>	+0,77
8.	Hans Schoenmakers	DAW	35.39	196900863	<b>35.09</b> *	+0,87
9.	Rene de Jong	ZVVS	35.33	196600351	<b>35.80</b>	+0,91
10.	Rob Janssen	De Gelenberg	35.60	197001467	<b>35.97</b>	+0,86
11.	Jeroen Kort	DAW	36.43	196801543	<b>36.30</b>	+0,73
12.	Bert de Weerd	RZC	35.36	196701283	<b>36.75</b>	+0,83
13.	Joop Weenink	WS Twente	37.85	196801535	<b>37.67</b> *	+1,04
14.	Huyb Stegeman	Steenwijk 1934	37.46	196701535	<b>38.50</b>	+0,94
15.	Joost van Eerd	Budel	39.42	196901723	<b>39.95</b>	+0,93
16.	Jeroen v.d. Linden	WZ&PC Purmerend	46.32	196601499	<b>40.61</b>	+1,06
17.	Gertjan van der Vaart	ZVVS	39.56	196801529	<b>40.98</b> *	+0,81
18.	Marcel Brittijn	De Duinkickers	39.19	196900159	<b>41.24</b>	+0,75



## Programmanr. 30, Heren, 50m schoolslag, Masters 45+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
19.	Henk van Zetten	Octopus	42.54	196701261	<b>44.30</b>	+0,92
20.	René Speelman	De Spatters	43.51	196601521	<b>44.46</b>	+0,92
21.	Oebele Boomsma	Orca	48.76	197001659	<b>47.44</b> *	+1,02
22.	Jan-Pieter Broos	Budel	56.25	196801597	<b>48.13</b>	+1,02
NG.ZA	Bernd Hendriksen	Aqua-Novio'94	35.88	197001491		

## Masters 50+

1.	Gert Sikkema	ZIGNEA	33.92	196300687	<b>34.41</b>	+0,73
2.	Marcel van der Lem	Vereniging Swimcademy	34.47	196500563	<b>34.70</b>	+0,82
3.	Bertjan Schelhaas	DWT	35.37	196501577	<b>34.85</b>	+0,83
4.	Theo Bakker	TriVia	34.64	196401231	<b>34.97</b>	+0,78
5.	Arno Schrauwen	De Roersoppers	34.86	196501355	<b>35.34</b>	+0,86
6.	Arlandas Juodeska	Takas	35.47	1961JUO	<b>35.97</b>	+0,81
7.	Dirk Römer	TSV Ottersberg	35.74	248312	<b>36.09</b>	+0,87
8.	Geert van Duinhoven	RZC	35.45	196401263	<b>36.13</b>	+0,80
9.	Gudo Hemeltjen	De Dinkel	40.60	196100187	<b>36.83</b>	+0,74
10.	Ralph Caster	RZ	35.47	196100069	<b>36.92</b>	+0,84
11.	Eric de Haas	De Treffers	36.44	196501275	<b>37.05</b>	+0,90
12.	Ivo Buchholz	WS Twente	37.65	196401165	<b>38.09</b>	+1,00
13.	Erik Saan	De Duck	38.80	196500769	<b>38.20</b>	+0,96
	Cees Kersten	De Rog	39.67	196401435	<b>38.20</b>	+0,80
15.	Jan Smalheer	SCOM	38.33	196400701	<b>39.04</b>	+1,13
16.	Jan van Rennes	Isis	38.29	196200539	<b>39.38</b>	+0,88
17.	John Stoffer	Zoetermeer	37.99	196300725	<b>39.40</b>	+0,76
18.	Wilbert Barten	Nautilus	38.77	196401373	<b>39.48</b> *	+0,83
19.	Roy le Clercq	De Rog	39.39	196401041	<b>39.55</b>	+0,91
20.	Jack Barends	WS Twente	40.04	196201011	<b>39.97</b>	+0,80
21.	Pierre de Groot	WIDEX GZC DONK	41.91	196401431	<b>41.00</b>	+0,85
22.	Arie van Damme	't Tolhekke	40.05	196101029	<b>42.42</b>	+0,80
23.	Hans van Scheepen	Steenwijk 1934	45.16	196201245	<b>44.34</b>	+1,10
24.	Perry Dekker	ZV De Bron	43.38	196201081	<b>44.57</b>	+1,24

## Masters 55+

1.	Adrian Ortiz Buitrago	WIDEX GZC DONK	37.77	196000931	<b>36.88</b>	+0,80
2.	Willem Zwiers	AquAmigos	41.01	195800505	<b>38.51</b> *	
3.	Paul Bunnik	Triton	37.66	195600413	<b>38.58</b>	+0,95
4.	Joop van Dijk	Deltasteur	41.57	195700075	<b>42.06</b>	+1,09
5.	Harry Paas	ZVVS	41.25	195800689	<b>42.39</b>	+0,94
6.	John Tersteeg	De Fuut	43.37	196001039	<b>43.19</b>	+0,89
7.	Jan Timmerman	IJZPC	44.30	195700347	<b>43.51</b>	+0,76
8.	Peter Coffeng	WIDEX GZC DONK	44.01	195700063	<b>44.23</b>	+0,93
9.	Dirk Crok	OEZA	43.93	195800547	<b>44.65</b> *	+1,00
10.	Adrie van der Gracht	OEZA	45.00	195700485	<b>45.23</b>	+1,15
11.	Herbert Katgert	WS Twente	46.23	195900739	<b>47.63</b>	+1,19

## Masters 60+

1.	Charles Bos	De Roersoppers	36.36	195300019	<b>37.15</b>	+0,77
2.	Laurens Klein Breteler	WWV	39.36	195400109	<b>40.45</b>	+1,01
3.	Nikolay Dronov	Troyka	42.44	003037	<b>42.81</b> *	+1,14
4.	Jan van der Heide	HZ&PC Heerenveen	53.57	195100059	<b>49.64</b>	+1,18

## Masters 65+

1.	Oleg Ershov	Meshera	41.36	1950ERS	<b>39.66</b>	+0,92
2.	Yoshihiro Yasumi	AZ&PC De Futen	41.90	194900163	<b>41.32</b>	+0,95
3.	Jaap Kwakkel	DAW	42.53	194700157	<b>45.41</b>	+0,91
4.	Nico van Dongen	De Devel	52.31	194800159	<b>53.22</b>	+0,99
DIS	Piet Schop	De Bevelanders	39.90	195000109		SR



Programmanr. 30, Heren, 50m schoolslag

Masters 70+

1.	Nico Baay	Old Dutch	43.85	194200053	<b>43.99</b>	+0,72
2.	Willem Putter	ZVVS	43.03	194500135	<b>45.11</b>	+1,09
3.	Ruud Sloof	De Rijn	44.47	194400073	<b>48.65</b>	+0,77

Masters 75+

1.	Gregor Pompen	Aqua-Novio'94	49.64	193700021	<b>56.43</b>	+1,05
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Masters 85+

1.	Klaas Prins	Steenwijk 1934	1:13.17	192800001	<b>1:25.33</b>	+1,28
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Programmanr. 31  
24-01-2015 - 16:01

Dames, 50m schoolslag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
<b>Masters 20+</b>						
1.	Yvon Versteeg	De Veene	34.63	199201864	<b>33.75</b>	+0,75
2.	Carmen Seesing	NDD	34.06	199406220	<b>34.01</b>	+0,80
3.	Pascalie Spiekerman	WZ&PC Purmerend	33.91	199403030	<b>34.58</b> *	+0,80
4.	Karin Groen	Nova	36.88	199502440	<b>35.82</b>	+0,69
5.	Eline van Gemert	De Meer	35.83	199505458	<b>36.86</b> *	+0,58
6.	Chantal van der Horst	De Meer	35.99	199400616	<b>36.92</b>	+0,76
7.	Isabelle Massar	WVZ	35.41	199102034	<b>37.16</b>	+0,75
8.	Eva Engelen	NDD	36.89	199405514	<b>37.42</b>	+0,77
9.	Karin Verbeek	Nautilus	36.76	199201848	<b>38.12</b>	+0,68
10.	Marije Onnink	WWV	38.19	199102344	<b>39.26</b>	+0,92
11.	Sanne de Roo	De Devel	39.39	199501934	<b>40.05</b>	+0,83
12.	Yvonne Wilts	GZVW	41.64	199501476	<b>41.30</b>	+0,80
13.	Myrthe Talsma	De Golfbreker	42.03	199106844	<b>41.81</b>	+0,82
14.	Wendy Mets	De Lansingh	42.27	199105176	<b>41.85</b> *	+0,72
15.	Tara Keijzer	Steenwijk 1934	40.25	199108498	<b>42.68</b>	+0,76
16.	Stephanie van Diepen	Noord Veluwe	42.39	199500972	<b>42.95</b>	+0,66
17.	Dorien Hein	AZ&PC De Futen	41.09	199503010	<b>43.31</b>	+0,81

Masters 25+

1.	Larissa Brak	AZ&PC	32.71	198800572	<b>33.19</b>	+0,83
<i>Nederlands Masters Record</i>						
2.	Jacyntha Plat	De Golfbreker	34.69	199002956	<b>34.97</b>	+0,76
3.	Karin van Dijk	HZ&PC Heerenveen	35.35	198600850	<b>36.02</b>	+0,82
4.	Désirée Hulsmeyer	Het Ravijn	36.07	199001656	<b>36.63</b>	+0,71
5.	Aniek Huijsman	De Lansingh	36.66	198801932	<b>36.69</b>	+0,77
6.	Susanne van der Linden	DIO	38.06	198802736	<b>37.95</b>	+0,91
7.	Annelette Reefhuis-de Vries	WS Twente	38.55	198603908	<b>38.94</b> *	+0,80
8.	Charlotte Six	CNSW	41.03	CNSW/681/88	<b>39.03</b>	+0,88
9.	Christa Stam	RSW (SG)	39.97	198806790	<b>39.33</b>	+0,84
10.	Eline Roeland	MGO (SG)	40.33	198805970	<b>39.41</b>	+0,83
11.	Linda Janssen	ZPB H&L Productions	39.89	198802088	<b>39.73</b>	+0,88
12.	Selly Swieringa	Aqualero	40.26	199008320	<b>39.78</b>	+0,76
13.	Auke de Lange	AZC	38.97	198602226	<b>39.81</b>	+0,88
14.	Petra Zandstra	Isis	42.94	199006248	<b>41.25</b>	+0,73
15.	Josse van Geffen	GZVW	41.78	198604730	<b>41.27</b>	+0,86
16.	Carola Hompes	Budel	41.11	198801868	<b>42.29</b>	+0,92
17.	Margriet Aan het Rot	Octopus	42.96	198603088	<b>42.32</b>	+0,77
18.	Channe Noort	DAW	41.26	198605032	<b>43.31</b>	+0,67
19.	Janneke Wynia	WS Twente	44.20	199005500	<b>44.33</b>	+0,99
20.	Yvonne Jansen	De Spatters	44.62	198907468	<b>44.74</b>	+0,84



## Programmanr. 31, Dames, 50m schoolslag

## Masters 30+

1.	Karin Hidding	De Dinkel	33.61	198400970	<b>33.03</b>	+0,63
	<i>Nederlands Masters Record</i>					
2.	Nathalie van Velzen	WZ&PC Purmerend	36.82	198502970	<b>36.15</b>	+0,75
3.	Laura Badoux	DAW	34.12	198200038	<b>36.58</b>	+0,82
4.	Renee de Kok	PSV	40.06	198403350	<b>39.18</b>	+0,79
5.	Ilse Clevers	De Roersoppers	37.65	198503908	<b>39.28</b>	+0,74
6.	Angela Giezen	Montferland	41.26	198302796	<b>40.88</b>	+0,54
7.	Annette Vogelsang	ZV De Bron	41.06	198402632	<b>41.68</b>	+0,96
8.	Johanna Schuitema	De Spatters	42.19	198102232	<b>42.85</b>	+0,79
9.	Ingrid Noten	Budel	44.77	198504156	<b>46.98</b>	+0,90
10.	Natasja van de Schaaf	De Dinkel	47.70	198202404	<b>48.73</b>	+0,96

## Masters 35+

1.	Yvonne Gerritsen	WVZ	37.93	198000342	<b>38.83</b>	+0,86
2.	Kristel Lips	ZV De Bron	40.01	197900562	<b>40.57</b> *	+0,93
3.	Marian Nederlof	DWF	40.23	197600950	<b>41.45</b>	+0,88
4.	Anneke Veenstra	't Tolhekke	41.29	197900882	<b>41.77</b>	+0,86
5.	Kirsten Savelberg	AZC	42.22	197901192	<b>42.19</b>	+0,75
6.	Nancy Peeters	De Rog	44.06	197901496	<b>43.98</b> *	+0,88
7.	Willemien Ekkelkamp	De Dinkel	49.15	197801304	<b>48.38</b>	+0,88

## Masters 40+

1.	Nadège van Meeteren	De Meer	37.53	197400736	<b>37.31</b>	
2.	Karin Stein	ZVVS	37.17	197100554	<b>37.49</b> *	+0,85
3.	Inez Heideman	WS Twente	38.57	197500198	<b>38.68</b>	+0,88
4.	Miranda Straetemans	ZIGNEA	38.67	197400514	<b>38.82</b>	+0,90
5.	Pascalie Neiss-Janssen	De Roersoppers	40.84	197300852	<b>41.39</b>	+0,93
6.	Mirjan den Drijver-Aarse	Zwemvereniging Westland	42.27	197500884	<b>41.97</b>	+0,87
7.	Tony de Groot	AZ&PC De Futen	42.57	197300758	<b>42.92</b>	+0,85
8.	Ursula Spoelstra-de Groot	WS Twente	45.81	197200952	<b>46.25</b>	+0,88
9.	Rinette van der Vliet	Swol 1894	45.39	197300518	<b>47.87</b> *	+0,76
10.	Evelien Naatje	WS Twente	48.55	197200838	<b>49.02</b>	+1,02

## Masters 45+

1.	Marjo Goelema-Koek	De Biesboschwemmers	35.32	196900192	<b>35.91</b>	+0,77
2.	Desiree van der Lem	Vereniging Swimcademy	38.45	196800282	<b>39.21</b>	+0,94
3.	Monique Tuijp	WZ&PC Purmerend	39.17	196900800	<b>39.67</b>	+0,88
4.	Esther Mijnen	WZ&PC Purmerend	41.02	196900846	<b>40.82</b> *	+0,84
5.	Petra Casteleijn	AZ&PC	41.30	196600098	<b>41.25</b> *	+0,81
6.	Annette Korving-Leijenaar	Aqualero	41.66	196700662	<b>42.78</b>	+0,87
7.	Ageeth Boomsma	Orca	43.18	197000826	<b>45.14</b>	+0,83
8.	Roelien Speelman-Tigelaar	De Spatters	45.29	196600664	<b>45.84</b>	+0,77
9.	Remona Dekker	ZV De Bron	44.39	196600620	<b>46.20</b>	+1,05
10.	Sandra Daamen-Posma	AZC	45.43	196800854	<b>47.45</b>	+1,18
11.	Margriet de Hoop	De Fuut	49.25	196800848	<b>48.60</b>	+0,88
12.	Ingeborg Stokx	DAW	47.19	196700666	<b>49.36</b>	+0,68

## Masters 50+

1.	Tatiana Prokofjeva	Troyka	37.23	023013	<b>37.97</b>	+0,92
	<i>Rusian Masters Record</i>					
2.	Jacqueline Rolloos-Bakker	De Lansingh	40.81	196300222	<b>41.43</b>	+0,67
3.	Gonnie Paas	ZVVS	45.12	196200418	<b>45.67</b>	+0,89



Programmanr. 31, Dames, 50m schoolslag

Masters 55+

1.	Marijke Kraak-Beckers	WS Twente	42.38	196000240	<b>43.33</b>	+0,83
2.	Elly Wynia	WS Twente	43.06	195900232	<b>44.46</b>	+1,04
3.	Karin Oude Ophuis	De Dinkel	45.80	196000132	<b>45.41</b>	+0,90
4.	Annette Rikhof	De Dinkel	47.56	195900268	<b>47.21</b>	
5.	Janny van Eijk	ZV De Bron	46.61	195800022	<b>48.05</b>	+1,01
6.	Lia Bijkerk	WIDEX GZC DONK	47.81	196000014	<b>48.86</b>	+0,95
7.	Elly de Galan Sepers	Vereniging Swimcademy	54.55	195800208	<b>53.77</b>	+1,19

Masters 60+

1.	Patty Krupiarz	PLONS	45.13	195400074	<b>47.38</b>	+0,80
2.	Corine Kalbfleisch	DWT	47.43	195200024	<b>49.87</b> *	+1,02
3.	Tineke van Diggelen	ZPCH	51.70	195200048	<b>52.68</b>	
4.	Geerdien Meerwaldt	De Geul	55.80	195200058	<b>56.05</b>	+1,22
5.	Nini van Dongen-de Paepe	De Devel	1:00.70	195100044	<b>1:00.02</b>	+1,34

Masters 65+

1.	Bea Swijnenberg	Swol 1894	45.45	194900010	<b>46.26</b>	+0,85
2.	Corrie Verhoeven	PSV	46.58	194600026	<b>47.43</b>	+0,85
3.	Annet Verhoeven	De Duinkickers	52.47	194600024	<b>50.37</b> *	
4.	Adrie Oostendorp-De Beer	ZV De Bron	1:08.32	194900024	<b>1:10.88</b>	+1,11

Masters 70+

1.	Mieke Strijbis-v.d.Kroft	DAW	55.48	194500004	<b>55.45</b>	+1,25
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Programmanr. 32  
24-01-2015 - 16:17

Heren, 100m rugslag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m
<b>Masters 20+</b>						
1.	Nick Cleintuar	ZVVS	58.78 199503781	<b>58.80</b> *	28.35	58.80
	<i>50m*</i>					
2.	David Koers	AquAmigos	59.23 199501229	<b>1:01.09</b>	29.82	1:01.09
3.	Dieder Schuurmans	Merlet	1:02.41 199500447	<b>1:03.14</b>	31.34	1:03.14
4.	Sietse Wijbenga	ZPD	1:03.51 199301967	<b>1:04.30</b>	30.68	1:04.30
5.	Jelte Schuurmans	Merlet	1:02.92 199104841	<b>1:04.78</b> *	31.83	1:04.78
	<i>50m*</i>					
6.	Joost van den Berg	Borger	1:04.68 199405289	<b>1:05.88</b>	32.81	1:05.88
7.	Ramon van Huizen	MGO (SG)	1:09.13 199400945	<b>1:07.52</b>	33.41	1:07.52
8.	Thijs van den End	ZPC Woerden	1:07.45 199306803	S9 <b>1:09.17</b>	33.43	1:09.17
9.	Joey Stokx	DAW	1:02.31 199301251	<b>1:09.30</b> *	33.26	1:09.30
10.	Frank Hezemans	LZ 1886	1:09.15 199200521	<b>1:09.74</b>	33.80	1:09.74
11.	Coen van der Wekken	MGO (SG)	1:11.57 199202965	<b>1:12.96</b>	35.18	1:12.96
12.	Wiebe Wijbenga	ZPD	1:13.41 199103263	<b>1:12.98</b>	35.70	1:12.98
13.	Thomas Grudelbach	ZVVS	1:13.71 199500355	<b>1:17.78</b>	36.94	1:17.78
14.	Ruben de Boer	De Duinkickers	1:14.71 199301419	<b>1:18.83</b>	38.29	1:18.83

Masters 25+

1.	Hjalmar de Ruiter	NDD	59.80 198902695	<b>1:01.77</b> *	30.05	1:01.77
	<i>50m*</i>					
2.	Joppe Schuurmans	Merlet	1:01.80 198905447	<b>1:02.96</b>	31.01	1:02.96
3.	Robert Braad	Steenwijk 1934	1:04.16 198600407	<b>1:05.21</b>	31.56	1:05.21
4.	Klaas van Beek	ZV Haerlem	1:07.14 198805941	<b>1:05.25</b>	31.45	1:05.25
5.	Erik van der Heide	Zuiderzeezwemmers	1:05.15 198801337	<b>1:05.46</b> *	32.21	1:05.46
	<i>50m*</i>					
6.	Wessel Everloo	De Veene	1:04.51 198906597	S14 <b>1:07.03</b>	33.33	1:07.03



Programmanr. 32, Heren, 100m rugslag, Masters 25+

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m
7. Arjen van der Boom 50m*	ZIGNEA	1:10.42	198604449	<b>1:11.73</b> *		35.17	1:11.73
8. Gerben Rozie 50m*	MSV-Zeemacht	1:12.47	199002507	<b>1:12.58</b> *		34.40	1:12.58
9. Sverre Oelen	WZ&PC Purmerend	1:06.09	199002147	<b>1:12.62</b>		36.81	1:12.62
10. Harmen Reemst	ZOB'66	1:15.97	198702715	<b>1:18.56</b>		38.26	1:18.56
11. Robin Eggenkamp	De Duinkickers	1:19.80	198700847	<b>1:19.85</b>		39.09	1:19.85
NG Daniël Kunne	UZSC	1:12.38	199001709				

Masters 30+

1. Martijn Giezen	Montferland	1:01.71	198500813	<b>1:03.32</b>		30.49	1:03.32
2. Thommy Nickel	Van Vliet-Barracuda	1:04.14	198401627	<b>1:04.42</b>		31.70	1:04.42
3. Leander Noordijk	MGO (SG)	1:07.22	198101221	<b>1:05.87</b>		31.82	1:05.87
4. Marcel Reefhuis	WS Twente	1:05.80	198101381	<b>1:06.56</b>		32.34	1:06.56
5. Bart Groenemans	PLONS	1:10.22	198200551	<b>1:10.85</b>		34.64	1:10.85
6. Bas v.d. Laan	WVZ	1:10.98	198302471	<b>1:13.26</b>		34.92	1:13.26
7. Hidde Ottens 50m*	ZOB'66	1:14.71	198301613	<b>1:14.09</b> *		36.84	1:14.09
8. Rudy de Jong	Isis	1:14.19	198301061	<b>1:15.51</b>		36.64	1:15.51
9. Dyon de Greef	Budel	1:16.55	198202385	<b>1:17.14</b>		37.87	1:17.14

Masters 35+

1. Egbert Stolk	d'ELFT	1:00.41	197600889	<b>1:01.66</b>		30.37	1:01.66
2. Nol van Thull	d'ELFT	1:02.09	198001513	<b>1:02.25</b>		30.51	1:02.25
3. Ivo Roozeboom	WVZ	1:03.19	197700801	<b>1:04.43</b>		31.88	1:04.43
4. Michiel Beemster	WS Twente	1:06.16	198000063	<b>1:06.64</b>		32.22	1:06.64
5. Erik Kusters	Noord Veluwe	1:04.30	198000837	<b>1:07.56</b>		32.11	1:07.56
6. Stan Dekker 50m*	PLONS	1:07.16	197901823	<b>1:07.70</b> *		32.85	1:07.70
7. Jeroen Zelsmann	Upstream Amsterdam	1:10.23	197701551	<b>1:10.41</b>		34.03	1:10.41
8. Raymond Oosterbaan	WIDEX GZC DONK	1:10.59	197700711	<b>1:13.32</b>		34.58	1:13.32
9. Gino Martijn	RZ	1:16.50	197901865	<b>1:19.00</b>		39.19	1:19.00
10. Steven Prins	PLONS	1:20.61	197901833	<b>1:20.70</b>		38.24	1:20.70

Masters 40+

1. Dennis Schouten 50m*	Upstream Amsterdam	1:07.05	197501351	<b>1:05.09</b> *		31.34	1:05.09
2. Alex Damen	DAW	1:08.10	197501371	<b>1:08.09</b>		33.79	1:08.09
3. Ramon de Bondt	ZPB H&L Productions	1:10.01	197300105	<b>1:10.11</b>		33.74	1:10.11
4. John Cobussen	De Gelenberg	1:10.27	197501323	<b>1:10.50</b>		33.88	1:10.50
5. Machiel Stolk	Swol 1894	1:12.51	197400779	<b>1:12.15</b>		34.79	1:12.15
6. Arjan Aalbers	Swol 1894	1:14.32	197500001	<b>1:15.30</b>		36.76	1:15.30
7. Korstiaan de Boer	Steenwijk 1934	1:22.20	197101629	<b>1:20.61</b>		39.48	1:20.61

Masters 45+

1. Guido Keutgen	AZC	1:07.27	196801551	<b>1:07.61</b>		32.48	1:07.61
2. Arjan Bellaart	Oceanus	1:07.47	196900079	<b>1:08.28</b>		33.24	1:08.28
3. Jan-Willem van den Berg	WVZ	1:09.37	196801575	<b>1:08.74</b>		33.74	1:08.74
4. Stefan Holmstrom	DAW	1:11.77	196701671	<b>1:11.88</b>		34.82	1:11.88
5. Nico Swart	Den Doorn	1:15.45	196801475	<b>1:17.19</b>		37.88	1:17.19
6. Gerco Schakel	DWK	1:17.73	196900849	<b>1:17.72</b>		38.55	1:17.72
7. Eric Blaauw	OEZA	1:16.81	196701619	<b>1:17.92</b> *		37.25	1:17.92
8. Erwin Beringen	GoSwim	1:20.27	196601515	<b>1:20.54</b>		39.45	1:20.54
9. Freddy v.d. Veen	ZVVS	1:18.74	196601161	<b>1:20.56</b>		38.67	1:20.56
10. Ramon Alsina Munoz	CNSW	1:27.78	CNSW/608/69	<b>1:29.16</b>		44.14	1:29.16



Programmanr. 32, Heren, 100m rugslag

Masters 50+

1. Edwin v. Norden	AZ&PC	1:02.20	196300563	<b>1:04.30</b>	31.16	1:04.30
2. Peter Bernsen	De Rog	1:07.60	196301119	<b>1:05.83</b>	31.70	1:05.83
3. Bert Schlicher	RZ	1:05.35	196400669	<b>1:07.18</b>	33.21	1:07.18
4. Iurii Perin	Spartak	1:06.32	030044	<b>1:07.61</b>	33.22	1:07.61
5. Johan Remmits	ZPC Woerden	1:08.22	196201159	<b>1:08.30</b>	33.20	1:08.30
6. John Stokx	DAW	1:11.95	196401341	<b>1:12.21</b>	35.70	1:12.21
7. Otto Jansen	LZ 1886	1:12.33	196501403	<b>1:13.40</b> *	36.00	1:13.40
8. Fred Heemstra	DAW	1:17.56	196500357	<b>1:14.31</b> *	35.61	1:14.31
50m*						
9. Fred Dijkshoorn	Zwemvereniging Westland	1:19.11	196501539	<b>1:18.80</b>	37.65	1:18.80
10. Jack Barends	WS Twente	1:23.06	196201011	<b>1:25.41</b>	42.50	1:25.41
11. Bart van Calker	WS Twente	1:25.48	196100067	<b>1:28.89</b>	42.80	1:28.89
50m*						
12. Hans Maas	PLONS	1:27.57	196501433	<b>1:30.95</b>	44.12	1:30.95
50m*						
AFGEM Casper Dollekamp	Steenwijk 1934	1:17.28	196301341			

Masters 55+

1. Clemens de Waal	De Ward	1:13.39	196001063	<b>1:12.43</b>	35.87	1:12.43
2. Andre Storm	Zoetermeer	1:25.19	195600407	<b>1:19.43</b>	38.40	1:19.43
3. Evertjan Masurel	PLONS	1:19.09	195600495	<b>1:21.81</b>	39.45	1:21.81
4. John Dam	ZIGNEA	1:28.80	196000915	<b>1:29.71</b> *	44.74	1:29.71
50m*						
AFGEM Albert Boonstra	Aqua-Novio'94	1:08.84	195700425			

Masters 60+

1. Brend Brevé	PSV	1:16.67	195200265	<b>1:20.66</b>	39.86	1:20.66
2. Jos Kamps	Zwemvereniging Hoogland	1:36.92	195100085	<b>1:42.67</b>	49.11	1:42.67

Masters 65+

1. Pieter Schillemans	WZ&PC Purmerend	1:32.59	194600141	<b>1:31.38</b>	43.96	1:31.38
2. Ludwig Lorenz	SV Gladbeck 13	1:38.37	127866	<b>1:38.73</b>	49.31	1:38.73
50m*						
3. Mar van Geel	Old Dutch	2:08.59	194700135	<b>2:18.06</b>	1:05.29	2:18.06

Masters 75+

1. J. de Canales Mendoza	R.C. Mediterraneo	1:21.94	1940CAN	<b>1:23.59</b> *	39.72	1:23.59
<i>Kampioenschaps Record, 50m* Spanish Masters Record</i>						
2. Frans van Enst	WS Twente	1:22.71	194000011	<b>1:24.58</b>	41.92	1:24.58
<i>Nederlands Masters Record</i>						

Masters 85+

1. Klaas Prins	Steenwijk 1934	2:23.09	192800001	<b>2:35.77</b> *	1:14.71	2:35.77
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Programmanr. 33  
24-01-2015 - 16:38

Dames, 100m rugslag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m
<b>Masters 20+</b>						
1. Suzanne Mosch	MSV-Zeemacht	1:09.28	199400548	<b>1:09.63</b>	33.42	1:09.63
2. Aniek Resink	DIO	1:08.06	199500738	<b>1:10.54</b>	33.91	1:10.54
3. Kimberley Kranenberg	ZPC De Hof	1:11.21	199400292	<b>1:10.55</b>	33.67	1:10.55
4. Heleen Arends	TriVia	1:09.85	199404416	<b>1:10.76</b>	34.36	1:10.76
5. Iris Pijtak	AZ&PC	1:09.20	199300602	<b>1:11.94</b>	35.08	1:11.94
6. Janet van der Poel	LZ 1886	1:13.30	199301842	<b>1:12.62</b>	35.43	1:12.62

Programmanr. 33, Dames, 100m rugslag, Masters 20+

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m
7. Maike Korthout 50m*	TRB-RES	1:13.30	199406034	<b>1:13.27</b> *		36.08	1:13.27
8. Eva Engelen	NDD	1:11.30	199405514	<b>1:14.16</b>		35.65	1:14.16
9. Simone de Boer	LZ 1886	1:12.74	199306858	<b>1:14.54</b>		36.43	1:14.54
10. Tessa Mosch	MSV-Zeemacht	1:13.86	199102172	<b>1:14.76</b>		36.98	1:14.76
11. Janine de Groot	Nova	1:13.91	199500092	<b>1:15.61</b>		36.37	1:15.61
12. Getrude Corporaal	ZVZ	1:15.12	199200380	<b>1:15.68</b>		36.93	1:15.68
13. Cynthia-Maria de Galan	Vereniging Swimcademy	1:11.14	199203416	<b>1:16.52</b> *		36.40	1:16.52
14. Naomi van Gool	De Geul	1:13.23	199505166	<b>1:17.07</b>		37.18	1:17.07
15. Lucienne v.d Linde	Steenwijk 1934	1:15.82	199503452	<b>1:17.50</b>		37.34	1:17.50
16. Saskia Bergsma	De Wellerobben	1:15.08	199301686	<b>1:17.88</b>		36.61	1:17.88
17. Eline van Gemert	De Meer	1:18.45	199505458	<b>1:17.90</b>		38.11	1:17.90
18. Larissa Beernink	De Veene	1:16.23	199300050	<b>1:18.79</b>		38.15	1:18.79
19. Joyce Raemaekers	Budel	1:17.75	199106106	<b>1:19.10</b> *		37.73	1:19.10
20. Nadine Blouw	GZVW	1:19.47	199302314	<b>1:19.87</b>		38.54	1:19.87
21. Ramona Noordermeer	ZVVS	1:22.03	199401746	<b>1:20.55</b>		39.41	1:20.55
22. Lonneke Oenema	Steenwijk 1934	1:19.86	199102314	<b>1:21.54</b>		39.25	1:21.54
23. Rebecca van Eeren	SCOM	1:22.99	199306910	<b>1:21.83</b>		40.07	1:21.83
24. Myrthe Talsma	De Golfbreker	1:18.78	199106844	<b>1:23.03</b>		39.76	1:23.03
25. Heleen ten Have	De Pinquin	1:19.91	199403000	<b>1:23.85</b>		40.63	1:23.85
26. Lieke Janssen	HGN (SG)	1:24.16	199305954	<b>1:24.03</b>		40.31	1:24.03
27. Elly Scheepers	Budel	1:23.26	199102728	<b>1:25.12</b>		40.90	1:25.12
28. Dorien Hein 50m*	AZ&PC De Futen	1:19.55	199503010	<b>1:26.50</b> *		42.93	1:26.50
29. Daniëlle de Klein 50m*	DWF	1:26.71	199404786	<b>1:26.68</b>		41.44	1:26.68
30. Kelly Bockting	Montferland	1:28.62	199104050	<b>1:27.22</b>		43.17	1:27.22

Masters 25+

1. Silke Oude Weernink	De Dinkel	1:04.39	199002854	<b>1:07.42</b>		32.67	1:07.42
2. Sabine Lina 50m*	ZPC Woerden	1:09.02	198902680	<b>1:09.77</b> *		33.70	1:09.77
3. Aniek Huijsman	De Lansingh	1:11.55	198801932	<b>1:11.63</b>		34.95	1:11.63
4. Jacyntha Plat 50m*	De Golfbreker	1:11.32	199002956	<b>1:12.24</b> *		34.89	1:12.24
5. Nienke Veenstra	Swol 1894	1:14.24	198605198	<b>1:12.63</b>		35.33	1:12.63
6. Anna Boef	LZ 1886	1:12.52	198806288	<b>1:13.54</b>		36.00	1:13.54
7. Jolanda Crossen	Neptunia'24	1:17.41	198600712	<b>1:16.13</b>		37.16	1:16.13
8. Linda Janssen	ZPB H&L Productions	1:17.89	198802088	<b>1:18.18</b>		38.56	1:18.18
9. Tessa Lukassen	GoSwim	1:20.68	198702620	<b>1:18.23</b>		38.27	1:18.23
10. Linda van den Berg	Dedemsvaart-AC	1:18.94	199000230	<b>1:18.93</b>		38.20	1:18.93
11. Ilse van den Wijngaard	ZPC Woerden	1:12.54	198904736	<b>1:19.13</b>		38.09	1:19.13
12. Yvette Nota-Peters	De Spatters	1:14.36	198703158	<b>1:19.69</b>		38.96	1:19.69
13. Gerlinde van de Wetering	Deltasteur	1:20.57	198904678	<b>1:20.18</b>		39.44	1:20.18
14. Eline Schoenmaker	Zwemlust-den Hommel	1:17.17	199003322	<b>1:20.37</b>		39.33	1:20.37
15. Diana Lammers	De Veene	1:17.17	198902572	<b>1:21.52</b>		39.31	1:21.52
16. Cora Vinagre Sendino	CNSW	1:27.40	CNSW/682/88	<b>1:21.64</b>		38.91	1:21.64
17. Joyce Geschiere	WZ&PC Purmerend	1:21.53	199007526	<b>1:21.75</b>		39.75	1:21.75
18. Liesbeth van Mill	DWK	1:20.83	198702786	<b>1:22.57</b>		39.96	1:22.57
19. Relinda Baas 50m*	GZVW	1:24.97	198900144	<b>1:24.44</b> *		41.70	1:24.44
20. Serima Veen	De Spatters	1:24.68	198604104	<b>1:24.58</b> *		41.77	1:24.58
21. Marieke Weering	ZPC Hoogeveen	1:27.72	198704550	<b>1:25.63</b>		42.42	1:25.63
22. Jannica Lieste	Deltasteur	1:28.79	199008348	<b>1:29.34</b>		44.01	1:29.34
23. Annebeth van Ark	Octopus	1:27.31	198805588	<b>1:29.47</b>		44.11	1:29.47
AFGEM Lindsey Hol	De Meer	1:16.65	199008088				

Programmanr. 33, Dames, 100m rugslag

Masters 30+

1. Roos van Esch	d'ELFT	1:09.60	198200468	<b>1:11.19</b>	35.04	1:11.19
2. Monique Jonker	TriVia	1:12.86	198501472	<b>1:12.89</b>	35.52	1:12.89
3. Sylvia Reijers	De Gelenberg	1:13.40	198201360	<b>1:13.43</b>	35.67	1:13.43
4. Marije Jansen	Montferland	1:13.38	198504088	<b>1:14.28</b>	36.21	1:14.28
5. Esther Versteeg	Van Vliet-Barracuda	1:14.91	198302112	<b>1:15.22</b> *	37.15	1:15.22
<i>50m*</i>						
6. Paulien Schokker	WS Twente	1:17.93	198302876	<b>1:16.31</b>	36.95	1:16.31
7. Ramona Linting	AZC	1:26.84	198301274	<b>1:17.60</b>	37.10	1:17.60
8. Emmy Slabbers	De Roersoppers	1:18.66	198101386	<b>1:18.89</b>	37.50	1:18.89
9. Wieke Bos	De Roersoppers	1:15.94	198200218	<b>1:19.23</b>	37.93	1:19.23
10. Angela Giezen	Montferland	1:20.00	198302796	<b>1:20.01</b>	40.50	1:20.01
11. Suzanne Mol	Aqualero	1:24.73	198202408	<b>1:26.04</b>	42.52	1:26.04
12. Marijke Dirkse	IJZPC	1:25.17	198403480	<b>1:31.16</b>	45.39	1:31.16

Masters 35+

1. Melanie Kuiper	ZIGNEA	1:15.20	197600350	<b>1:14.82</b>	36.17	1:14.82
2. Petra Verstegen	WVZ	1:18.32	197700906	<b>1:19.94</b> *	39.10	1:19.94
<i>50m*</i>						
3. Carmen Haan	ZZG De Boskickers	1:21.00	197901458	<b>1:20.83</b>	38.75	1:20.83
4. Jolanda van Gendt	PSV	1:20.16	197800266	<b>1:21.49</b>	39.49	1:21.49
5. Heleen Spelde-Fransens	THOR	1:21.56	197901358	<b>1:22.29</b>	40.27	1:22.29
6. Kristel Lips	ZV De Bron	1:23.14	197900562	<b>1:25.01</b>	41.40	1:25.01
7. Inge Otter	De Bevelanders	1:24.61	197801242	<b>1:28.11</b>	43.06	1:28.11
8. Fabiola Bosman	Deltasteur	1:27.79	197701148	<b>1:28.24</b>	43.30	1:28.24
9. Anneke de Groot	De Fuut	1:28.25	197701140	<b>1:29.11</b>	44.15	1:29.11
10. Clementine van Bruxvoort	ZPB H&L Productions	1:35.20	197700138	<b>1:43.38</b>	49.93	1:43.38
<i>50m*</i>						
NG Babette Rens	Swol 1894	1:26.62	197801200			

Masters 40+

1. Edith Janssen-Koolen	TRB-RES	1:14.75	197300898	<b>1:15.70</b>	37.24	1:15.70
2. Evelien van Klaarbergen	HZ&PC Heerenveen	1:17.00	197200964	<b>1:15.97</b>	37.27	1:15.97
3. J. de Ruiters-Wijnolst	WIDEX GZC DONK	1:18.76	197400446	<b>1:19.45</b>	38.44	1:19.45
4. Mirjan den Drijver-Aarse	Zwemvereniging Westland	1:20.36	197500884	<b>1:21.42</b> *	40.23	1:21.42
<i>50m*</i>						
5. Henriëtte Manting	GZVW	1:23.13	197100246	<b>1:24.29</b> *	40.15	1:24.29
<i>50m*</i>						
6. Annet Miltenburg	De Fuut	1:28.29	197300926	<b>1:25.89</b>	41.47	1:25.89
7. Jule Verschoor-Holland	RZC	1:25.66	197500874	<b>1:26.78</b>	42.42	1:26.78
8. Marleen Prins	De Fuut	1:44.25	197300864	<b>1:45.30</b>	51.45	1:45.30

Masters 45+

1. Heidi van Stein	LZ 1886	1:16.63	196900864	<b>1:17.62</b>	38.11	1:17.62
2. Janine Horsthuis	De Granaet	1:20.34	196900890	<b>1:18.90</b>	38.52	1:18.90
3. Lidia v. Bon-Rosenbrand	AZ&PC	1:20.25	197000054	<b>1:21.18</b>	39.86	1:21.18
4. Caroline Schreuder	Triton	1:22.15	196700550	<b>1:22.82</b>	40.25	1:22.82
5. Laura Staal	Oceanus	1:20.01	196700358	<b>1:22.90</b>	40.75	1:22.90
6. Desiree van der Lem	Vereniging Swimcademy	1:23.13	196800282	<b>1:24.17</b>	41.07	1:24.17
7. E. van Wingerden - Dijkhuizen	DWK	1:23.91	196900970	<b>1:29.28</b>	42.41	1:29.28
8. Esther Mijnen	WZ&PC Purmerend	1:26.25	196900846	<b>1:29.36</b>	44.03	1:29.36
9. Annette van Dok	MSV-Zeemacht	1:30.36	196800742	<b>1:30.52</b>	44.86	1:30.52
10. Ageeth Boomsma	Orca	1:26.24	197000826	<b>1:31.13</b>	44.52	1:31.13
11. Antoinette Kant	Den Doorn	1:33.95	196900920	<b>1:36.68</b> *	46.76	1:36.68

Masters 50+

1. Margriet Grove-Lingeman	Oceanus	1:21.63	196200080	<b>1:22.32</b>	39.88	1:22.32
2. Wilna Heijman	Steenwijk 1934	1:19.34	196400506	<b>1:22.68</b>	40.95	1:22.68
3. Feikje Wittermans	WIDEX GZC DONK	1:22.82	196400408	<b>1:22.87</b>	40.29	1:22.87
4. Jacqueline Rolloos-Bakker	De Lansingh	1:21.81	196300222	<b>1:23.96</b> *	40.80	1:23.96
<i>50m*</i>						



Programmanr. 33, Dames, 100m rugslag, Masters 50+

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m
5. Jeannette Ruesink	WS Twente	1:22.89 196300212	<b>1:25.83</b>		41.53	1:25.83

Masters 55+

1. Atie Pijtak-Radersma	AZ&PC	1:22.52 195600048	<b>1:23.24</b>		40.46	1:23.24
2. Monica Bakker	ZVZ	1:31.71 195600082	<b>1:33.35</b>		46.71	1:33.35
3. Marie-Josée Matte 50m*	WVZ	1:28.74 196000326	<b>1:33.36</b> *		44.51	1:33.36
4. Pia van der Molen 50m*	HZ&PC Heerenveen	1:26.86 196000116	<b>1:37.36</b> *		47.25	1:37.36
5. Jennie Resink-lindeboom 50m*	DWK	1:37.30 196000142	<b>1:41.59</b> *		49.31	1:41.59

Masters 60+

1. Christien Nieuwenhuis	Swol 1894	1:32.57 195100022	<b>1:31.96</b>		45.61	1:31.96
2. Carla Hensen	PSV	1:37.12 195300062	<b>1:37.36</b>		48.34	1:37.36
3. Tineke van Diggelen	ZPCH	1:48.92 195200048	<b>1:48.74</b>		53.28	1:48.74
NG.ZA Tineke Brouwer-Maat	Zwemvereniging Westland	1:39.87 195300074				

Masters 65+

1. Antoinette Gilding-Tussaud	WS Twente	1:42.12 195000038	<b>1:45.59</b>		51.22	1:45.59
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Masters 70+

1. Loekie v. Huissteden	AZ&PC	2:01.72 194500002	<b>2:09.69</b>		1:01.75	2:09.69
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Programmanr. 34  
24-01-2015 - 17:11

Gemengd, 4 x 50m wisselslag

Masters Open  
Resultaten

rang	vereniging	inschrijftijd	tijd	RT	
<b>80+</b>					
1. NDD 1 50m*	NDD	1:58.83	<b>1:58.70</b>		
Hjalmar de Ruiter	89	28.38	Robin Eltink	94	27.85
Carmen Seesing	94 +0,49	34.06	Eva Engelen	94	28.41
2. Merlet 1 <i>alle tussentijden zijn back-up tijden</i>	Merlet	2:01.18	<b>2:01.74</b> *		
Jelte Schuurmans	91	30.12	Joppe Schuurmans	89	+0,33 28.10
Kim Loeffen	94 +0,09	34.58	Merel Siroen	88	+0,42 28.94
3. LZ 1886 2	LZ 1886	2:02.72	<b>2:06.34</b>		
Thomas Hansen	92	31.52	Janet van der Poel	93	+0,46 31.71
Suzanne Brummel	94 +0,61	36.72	Wesley Keur	94	+0,18 26.39
4. AZ&PC De Futen 1	AZ&PC De Futen	2:13.86	<b>2:08.04</b>		
Dorien Hein	95	38.49	Erwin Sneeck	91	+0,06 27.31
Thomas Bruning	95 +0,34	32.65	Petra Benani-Wolsing	84	+0,27 29.59
5. ZPD 1	ZPD	2:08.48	<b>2:10.24</b>		
Jannie de Boer	92	37.08	Johanna de Boer	94	+0,49 34.47
Hendrik Ben v/d Boon	88 +0,50	31.73	Martin van Kammen	95	+0,55 26.96
6. Merlet 2	Merlet	2:32.12	<b>2:28.72</b>		
Hildy Siroen	95	40.99	Julie Thomassen	88	+0,48 36.52
Rens Mahler	92	38.29	Tom Pijnappel	89	+0,42 32.92

Programmanr. 34, Gemengd, 4 x 50m wisselslag

100+

1. WZ&PC Purmerend 1	WZ&PC Purmerend		2:00.99		<b>2:00.82</b>
Sverre Oelen	90		30.47	Kevin Lebis	81 +0,30 26.61
Nathalie van Velzen	85 +0,60	36.32		Pascalie Spiekerman	94 +0,55 27.42
2. Montferland 1	Montferland		2:06.10		<b>2:04.06</b>
Martijn Giezen	85	29.10		Angela Giezen	83 +0,47 34.88
Dennis Bosma	94 +0,34	31.88		Marije Jansen	85 +0,07 28.20
3. DAW 1	DAW		2:05.46		<b>2:06.17</b>
Joey Stokx	93	29.98		Kars Luttk	78 +0,33 29.36
Sandra Zwaanswijk	85 +0,36	38.26		Bianca Paape	85 +0,45 28.57
4. Steenwijk 1934 3	Steenwijk 1934		2:11.82		<b>2:09.35</b>
Lonneke Oenema	91	37.19		Lauren Vis	82 +0,18 26.68
Mike Koelewijn	93 +0,41	31.92		Tara Keijzer	91 +0,53 33.56
5. MGO (SG) 1	MGO (SG)		2:13.27		<b>2:12.13</b>
Ramon van Huizen	94	31.86		Bastian Zoon	87 +0,31 28.48
Eline Roeland	88 +0,68	39.87		Whitley Rens	90 +0,52 31.92
6. De Veene 1	De Veene		2:13.52		<b>2:13.37 *</b>
<i>alle tussentijden zijn back-up tijden</i>					
Larissa Beemink	93	36.37		Robert Dekker	84 +0,34 28.45
Yorick Kreuwel	94 +0,33	37.09		Diana Lammers	89 +0,22 31.46
7. ZOB'66 1	ZOB'66		2:11.21		<b>2:13.41</b>
Hidde Ottens	83	33.35		Rebecca Evers	92 +0,57 34.02
Harmen Reemst	87 +0,43	37.21		Wendy de Bruin	92 +0,19 28.83
8. Zwemvereniging Hoogland 1	Zwemvereniging Hoogland		2:10.62		<b>2:16.05</b>
Renske Eilers	88	38.47		Anne Duijst	89 +0,57 34.50
Yuri van Omme	85 +0,38	36.48		Rutger Stam	81 +0,39 26.60
9. Octopus 1	Octopus		2:18.16		<b>2:18.80</b>
Roald Blok	93	30.81		Annebeth van Ark	88 +0,37 39.31
Stefan van de Griff	87 +0,30	33.37		Margriet Aan het Rot	86 +0,30 35.31

120+

1. ZVVS 1	ZVVS		2:01.70		<b>2:00.95</b>
Nick Cleintuar	95	27.64		Nadya Putter	83 +0,32 30.85
Karin Stein	71 +0,47	36.75		Bas v.d. Nouwelant	80 +0,51 25.71
2. WS Twente 1	WS Twente		2:04.16		<b>2:03.81</b>
Marcel Reefhuis	81	31.40		Inez Heideman	75 +0,43 32.60
Michiel Beemster	80 +0,17	31.62		Annelette Reefhuis-de Vries	86 +0,53 28.19
3. AZ&PC 1	AZ&PC		2:03.42		<b>2:04.03</b>
Edwin v. Norden	63	29.97		Lidia v. Bon-Rosenbrand	70 +0,35 35.23
Larissa Brak	88 +0,35	32.83		Mark Pijtak	90 -0,02 26.00
4. LZ 1886 1	LZ 1886		2:08.13		<b>2:08.61</b>
Anna Boef	88	35.24		Tamara Caspers	90 +0,55 33.29
Kristiaan Lenos	83 +0,36	32.53		Otto Jansen	65 +0,11 27.55
5. PSV 3	PSV		2:05.78		<b>2:08.66</b>
<i>50m*</i>					
Stephanie Rombout	88	33.04		Wesley van Diejen	86 30.12
Roeland van der Heijden	67 +0,29	35.59		Nienke van Stipriaan	87 29.91
6. AZC 1	AZC		2:10.79		<b>2:09.56 *</b>
<i>alle tussentijden zijn back-up tijden</i>					
Guido Keutgen	68	30.65		Ramona Linting	83 +0,30 33.47
Auke de Lange	86 +0,36	39.48		Joeri Stoffels	73 +0,21 25.96
7. WVZ 1	WVZ		2:08.10		<b>2:09.87</b>
Jan-Willem van den Berg	68	31.36		Yvonne Gerritsen	80 +0,61 35.25
Isabelle Massar	91 +0,46	36.89		Rens Post	91 +0,33 26.37
8. Budel 1	Budel		2:09.42		<b>2:11.93</b>
Joyce Raemaekers	91	35.30		Carola Hompes	88 +0,39 36.39
Rick de Greef	84 +0,60	30.81		Wiljo Mackus	71 +0,82 29.43
9. DAW 2	DAW		2:10.35		<b>2:14.36</b>
Sandra Pannekeet	84	37.73		Alex Damen	75 29.89
Ron Langelaan	78 +0,08	34.30		Channe Noort	86 32.44
10. Aqualero 1	Aqualero		2:16.81		<b>2:16.38</b>
Dian Enting	94	38.19		Selly Swieringa	90 +0,44 34.75
Marcel Jonkman	68 +0,65	33.21		Henry Brouwer	63 +0,71 30.23

Programmanr. 34, Gemengd, 4 x 50m wisselslag, 120+

rang	vereniging	inschrijftijd	tijd	RT
11.	Deltasteur	2:15.33	<b>2:20.61</b>	
	René Beens	78 33.02	Gerlinde van de Wetering	89 +0,15 36.44
	Tom de Lange	93 +0,77 35.08	Margriet Leeffers	78 +0,55 36.07
12.	De Spatters	2:21.79	<b>2:22.83</b>	
	Gerwin Vonk	82 31.93	Karin Hovenkamp	87 +0,50 35.08
	Roelien Speelman-Tigelaar	66 +0,27 44.26	René Speelman	66 +0,74 31.56
13.	ZVVS 2	2:25.38	<b>2:28.36</b>	
	Ramona Noordmeer	94 37.64	Paula 't Hart-Buitelaar	77 +0,45 41.91
	Gerjjan van der Vaart	68 +0,52 40.15	Thomas Grudelbach	95 +0,10 28.66
DIS	De Roersoppers 2 <i>dis startzwemmer</i>	2:10.86		RC
	Ilse Clevers	85	Remco de Veen	89
	Pascalie Neiss-Janssen	73	Ralf Tillmans	85

160+

1.	ZPC Woerden 1	ZPC Woerden	2:06.15	<b>2:05.96</b> *	
	<i>alle tussentijden zijn back-up tijden</i>				
	Johan Remmits	62 32.28	Marjan Remmits-De Lange	63 +0,26 32.43	
	Mateusz Kobus	95 29.24	Marja Verwoerd	69 +0,35 32.01	
2.	De Dinkel 1	De Dinkel	2:11.13	<b>2:09.92</b>	
	Gudo Hemeltjen	61 35.24	Anja Tijink	64 +0,38 32.66	
	Karin Hidding	84 +0,26 33.34	Rogier Becker	73 +0,60 28.68	
	ZIGNEA 1	ZIGNEA	2:11.64	<b>2:09.92</b>	
	Melanie Kuiper	76 35.18	Arjen van der Boom	86 30.66	
	Miranda Straetemans	74 +0,42 37.62	Gert Sikkema	63 +0,36 26.46	
4.	Zwemvereniging Westland 1	Zwemvereniging Westland	2:12.01	<b>2:10.97</b>	
	Mirjan den Drijver-Aarse	75 37.48	Ronald Koeckhoven	81 +0,42 27.64	
	Stefan Oostdijk	73 32.70	Petra Schoon-Spaans	69 33.15	
5.	PLONS 1	PLONS	2:10.00	<b>2:11.25</b>	
	Stan Dekker	79 31.31	Ina Schaafsma	85 +0,02 31.20	
	Bart Groenemans	82 +0,16 33.59	Patty Krupiarz	54 +0,46 35.15	
6.	De Roersoppers 1	De Roersoppers	2:14.56	<b>2:12.87</b>	
	Emmy Slabbers	81 35.81	Wieke Bos	82 +0,37 32.93	
	Arno Schrauwen	65 +0,41 35.32	Charles Bos	53 +0,35 28.81	
7.	DWK 1	DWK	2:19.92	<b>2:15.52</b> *	
	<i>alle tussentijden zijn back-up tijden</i>				
	Gerco Schakel	69 36.00	Pauline Gouwens	84 +0,53 28.90	
	Martin Kaptein	67 +0,21 37.61	Ellen van Wingerden - Dijkhuizen	69 +0,41 33.01	
8.	DAW 3	DAW	2:20.98	<b>2:15.64</b>	
	Fred Heemstra	65 34.35	Jeroen Kort	68 +0,54 31.11	
	Laura Badoux	82 +0,45 37.14	Agnes van Brug	80 +0,61 33.04	
9.	De Rog 1	De Rog	2:18.90	<b>2:15.90</b>	
	Peter Bernsen	63 31.64	Nancy Peeters	79 +0,56 37.71	
	Glen le Clercq	68 +0,34 32.13	Catarina Matos	72 +0,38 34.42	
10.	WWV 1	WWV	2:20.69	<b>2:21.74</b>	
	Lisette van der Lende	92 38.12	Robert Vink	63 +0,40 33.15	
	Laurens Klein Breteler	54 +0,42 39.91	Marije Onnink	91 +0,53 30.56	
11.	RZC 1	RZC	2:18.62	<b>2:21.86</b>	
	Jule Verschoor-Holland	75 41.06	Rita van der Horst	69 +0,18 36.17	
	Geert van Duinhoven	64 36.10	Bert de Weerd	67 +0,39 28.53	
12.	WIDEX GZC DONK 2	WIDEX GZC DONK	2:24.43	<b>2:23.78</b> *	
	<i>alle tussentijden zijn back-up tijden</i>				
	Jacqueline de Ruiters-Wijnolst	74 38.00	Laura van Manen	84 41.66	
	Adrian Ortiz Buitrago	60 37.29	Raymond Oosterbaan	77 +0,15 26.83	
13.	Steenwijk 1934 1	Steenwijk 1934	2:22.86	<b>2:24.92</b>	
	Lucienne v.d Linde	95 35.08	Wilna Heijman	64 +0,47 37.99	
	Korstiaan de Boer	71 +0,64 40.82	Huyb Stegeman	67 +0,23 31.03	
14.	Zoetermeer 1	Zoetermeer	2:23.23	<b>2:25.68</b>	
	Andre Storm	56 36.38	Harald Mulder	67 +0,46 33.55	
	Yvette Kilian	66 43.87	Linda Hoogendam	83 +0,60 31.88	
15.	Swol 1894 2	Swol 1894	2:23.00	<b>2:27.94</b>	
	Machiel Stolk	74 33.52	Johan Wezenberg	76 +0,82 33.34	
	Rinette van der Vliet	73 +0,34 47.17	Christien Nieuwenhuis	51 +0,57 33.91	

Programmanr. 34, Gemengd, 4 x 50m wisselslag, 160+

rang	vereniging	inschrijftijd	tijd	RT
16.	Zwemvereniging Westland 2 Jacoline van den Beukel Mark Nuijten	Zwemvereniging Westland 91 37.99 60 +0,15 38.27	2:26.68 Fred Dijkshoorn 65 +0,56 33.62 Tineke Brouwer-Maat 53 38.69	<b>2:28.57</b>
17.	WZ&PC Purmerend 2 Esther Mijnen Jeroen v.d. Linden	WZ&PC Purmerend 69 40.98 66 +0,76 19.33	2:43.65 Joyce Geschiere 90 57.95 Pieter Schillemans 46 34.29	<b>2:32.55</b>
18.	Zwemvereniging Hoogland 2 Rudolf Meijer Tessa Huijsing	Zwemvereniging Hoogland 60 37.50 92 +0,25 43.22	2:25.03 Jan Vonk 54 +0,61 40.83 Sabine Duijst 87 +0,49 32.09	<b>2:33.64</b>
19.	Budel 2 50m* Dyon de Greef Karin Smolders	Budel 82 36.77 76 +0,43 42.83	2:32.84 Miriam Stevens 69 43.45 Ruud Kennis 65 +0,38 30.62	<b>2:33.67</b>
20.	Swol 1894 1 Arjan Aalbers Marjan Spoelstra	Swol 1894 75 35.81 60 +0,61 48.54	2:33.00 Kasper van den Berghe 73 +0,57 33.11 Annet Kootstra 71 +0,56 36.71	<b>2:34.17</b>
21.	Den Doorn 1 Nico Swart Wouter van der Stelt	Den Doorn 68 34.47 72 +0,48 39.27	2:35.67 Antoinette Kant 69 +0,46 42.04 Ineke Branderhorst 69 +0,74 45.75	<b>2:41.53</b>
22.	De Dinkel 2 Andrea Groeneveld Willemien Ekkelkamp	De Dinkel 72 49.02 78 +0,68 47.94	2:42.42 Richard Lucas 70 +0,16 32.63 Edwin Hagel 55 +0,26 33.89	<b>2:43.48</b>
23.	Budel 3 Elly Scheepers Jan-Pieter Broos	Budel 91 40.19 68 +1,13 47.51	2:50.16 Edward van Nijmweegen 70 36.46 Judith van der Heijden 70 +0,39 40.72	<b>2:44.88</b>

200+

1.	PSV 2 Carla Hensen Harold Matla	PSV 53 45.34 68 +0,50 31.68	2:24.00 Gijsbert van der Leden 67 +0,54 30.51 Ineke Weekers 53 +0,59 35.08	<b>2:22.61</b>
2.	HZ&PC Heerenveen 1 Pia van der Molen Jan van der Heide	HZ&PC Heerenveen 60 41.80 51 +0,03 49.83	2:29.99 René Beetsma 69 +0,29 29.24 Ineke Meijer 52 41.25	<b>2:42.12</b>
3.	WIDEX GZC DONK 1 Nathasja Konijn Pierre de Groot	WIDEX GZC DONK 71 43.77 64 +0,85 41.60	2:42.98 Lia Bijkerk 60 +0,51 47.73 Willem Jan Ribberink 65 +0,77 30.89	<b>2:43.99</b>
4.	DAW 4 <i>alle tussentijden zijn back-up tijden</i> Jacqueline Tuin Ingeborg Stokx	DAW 66 39.04 67 +0,50 48.83	2:52.69 Jaap Kwakkel 47 +0,27 40.82 Nello Spiteri 52 +0,43 37.74	<b>2:46.43 *</b>
5.	De Fuut 1 John Tersteeg Margriet de Hoop	De Fuut 60 47.01 68 +0,54 48.34	2:55.76 Peter Schielen 65 +0,66 39.44 Myra Vink 66 +0,58 36.52	<b>2:51.31</b>

240+

1.	WS Twente 2 <i>alle tussentijden zijn back-up tijden</i> Antoinette Gilding-Tussaud Marijke Kraak-Beckers	WS Twente 50 49.71 60 +0,45 43.45	2:33.36 Hans Westerhof 62 +0,43 30.71 Frans van Enst 40 +0,35 35.66	<b>2:39.53 *</b>
2.	ZV De Bron 1 100m* Jantine Braakman-Dol Henk Oostendorp	ZV De Bron 65 39.53 48 +0,49 51.46	2:50.60 Janny van Eijk 58 41.27 Han Roos 45 32.73	<b>2:44.99</b>
3.	Steenwijk 1934 2 Klaas Prins Riekje Schra	Steenwijk 1934 28 1:08.22 64 +0,83 59.53	3:37.91 Sierd Tilma 53 +0,86 55.00 Ciska Wagter 70 +1,10 45.22	<b>3:47.97</b>

280+

1.	PSV 1 <i>Nederlands Masters Record</i> Corrie Verhoeven Rob Hanou	PSV 46 45.82 43 +0,55 42.59	2:40.08 Brend Brevé 52 +0,45 32.58 Lottie Geurts 35 +0,62 41.02	<b>2:42.01</b>
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Programmanr. 36  
24-01-2015 - 17:40

Heren, 400m wisselslag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
<b>Masters 20+</b>						
1.	Kevin Eltink <i>Nederlands Masters Record</i>	DWK	4:30.27	199100589	<b>4:33.61</b>	+0,79
	50m: 28.42 28.42 100m: 1:01.08 32.66	150m: 1:36.62 35.54 200m: 2:11.56 34.94	250m: 2:51.88 40.32 300m: 3:32.35 40.47	350m: 4:03.86 31.51 400m: 4:33.61 29.75		
2.	Jeffrey van Deursen	UCAM Club Natacion Fuensanta	4:42.14	008299187	<b>4:47.95</b>	+0,77
	50m: 29.39 29.39 100m: 1:04.19 34.80	150m: 1:41.31 37.12 200m: 2:18.72 37.41	250m: 2:59.14 40.42 300m: 3:40.37 41.23	350m: 4:14.59 34.22 400m: 4:47.95 33.36		
3.	Jeffrey Camphens	DWT	5:12.74	199503113	<b>5:00.55</b>	+0,81
	50m: 31.81 31.81 100m: 1:10.31 38.50	150m: 1:50.19 39.88 200m: 2:29.63 39.44	250m: 3:11.37 41.74 300m: 3:54.02 42.65	350m: 4:28.91 34.89 400m: 5:00.55 31.64		
NG	Maik Steenkamp	Montferland	5:11.60	199103847		
<b>Masters 25+</b>						
1.	Erik Simons	d'ELFT	4:46.91	198902845	<b>4:42.86</b>	+0,81
	50m: 29.92 29.92 100m: 1:04.87 34.95	150m: 1:42.50 37.63 200m: 2:19.92 37.42	250m: 2:59.07 39.15 300m: 3:38.89 39.82	350m: 4:11.26 32.37 400m: 4:42.86 31.60		
2.	Tim Bunnik	Triton	4:55.32	199000505	<b>5:03.07</b>	+0,84
	50m: 30.22 30.22 100m: 1:06.23 36.01	150m: 1:43.98 37.75 200m: 2:22.62 38.64	250m: 3:07.35 44.73 300m: 3:54.44 47.09	350m: 4:29.20 34.76 400m: 5:03.07 33.87		
3.	Niels Albrechts	MGO (SG)	5:34.62	198800039	<b>5:37.31</b>	+0,77
	50m: 34.94 34.94 100m: 1:18.75 43.81	150m: 2:01.18 42.43 200m: 2:41.94 40.76	250m: 3:35.57 53.63 300m: 4:29.58 54.01	350m: 5:04.73 35.15 400m: 5:37.31 32.58		
4.	Melano Winter <i>Alle tijden zijn back-up tijden</i>	RSW (SG)	5:53.09	198703847	<b>5:44.56 *</b>	+0,86
	50m: 34.73 34.73 100m: 1:16.52 41.79	150m: 2:01.76 45.24 200m: 2:45.49 43.73	250m: 3:35.35 49.86 300m: 4:25.94 50.59	350m: 5:05.96 40.02 400m: 5:44.56 38.60		
5.	Ferdy van Mastrigt	RSW (SG)	5:47.07	198802315	<b>5:45.26</b>	+0,67
	50m: 36.03 36.03 100m: 1:18.43 42.40	150m: 2:05.11 46.68 200m: 2:50.59 45.48	250m: 3:40.43 49.84 300m: 4:32.04 51.61	350m: 5:09.51 37.47 400m: 5:45.26 35.75		
6.	Roel van Beek	Montferland	5:46.97	198905861	<b>5:50.27</b>	+0,90
	50m: 34.58 34.58 100m: 1:16.68 42.10	150m: 2:02.71 46.03 200m: 2:46.91 44.20	250m: 3:40.35 53.44 300m: 4:34.61 54.26	350m: 5:12.30 37.69 400m: 5:50.27 37.97		
<b>Masters 30+</b>						
1.	Kristiaan Lenos	LZ 1886	4:50.22	198301331	<b>5:01.35</b>	+0,96
	50m: 30.74 30.74 100m: 1:07.38 36.64	150m: 1:46.47 39.09 200m: 2:26.36 39.89	250m: 3:08.56 42.20 300m: 3:51.93 43.37	350m: 4:27.18 35.25 400m: 5:01.35 34.17		
2.	Rob van Vliet <i>Alle tijden zijn back-up tijden</i>	AZ&PC	5:14.95	198402459	<b>5:11.09 *</b>	+0,89
	50m: 32.23 32.23 100m: 1:10.65 38.42	150m: 1:52.03 41.38 200m: 2:32.49 40.46	250m: 3:15.09 42.60 300m: 3:58.67 43.58	350m: 4:35.70 37.03 400m: 5:11.09 35.39		
3.	Yuri van Omme	Zwemvereniging Hoogland	5:17.05	198501887	<b>5:21.64</b>	+0,87
	50m: 34.90 34.90 100m: 1:17.37 42.47	150m: 1:59.10 41.73 200m: 2:40.46 41.36	250m: 3:24.05 43.59 300m: 4:08.95 44.90	350m: 4:46.35 37.40 400m: 5:21.64 35.29		
4.	Martijn Giezen	Montferland	5:26.74	198500813	<b>5:22.48</b>	+0,73
	50m: 33.16 33.16 100m: 1:13.87 40.71	150m: 1:54.96 41.09 200m: 2:36.42 41.46	250m: 3:23.98 47.56 300m: 4:11.30 47.32	350m: 4:47.86 36.56 400m: 5:22.48 34.62		
5.	Frank van der Voordt	MGO (SG)	5:34.90	198302259	<b>5:23.87</b>	+0,84
	50m: 32.33 32.33 100m: 1:11.21 38.88	150m: 1:52.66 41.45 200m: 2:33.29 40.63	250m: 3:19.58 46.29 300m: 4:06.24 46.66	350m: 4:45.68 39.44 400m: 5:23.87 38.19		
DIS	Jim Geestman	RSW (SG)	5:17.34	198300699		V/G
	50m: 100m:	150m: 200m:	250m: 300m:	350m: 400m:		

Programmanr. 36, Heren, 400m wisselslag

Masters 35+

1.	Egbert Stolk	d'ELFT	4:46.30	197600889	<b>4:56.03</b> *	+0,85
	<i>Alle tijden zijn back-up tijden</i>					
	50m: 30.74	30.74	150m: 1:46.94	40.08	250m: 3:06.93	41.58
	100m: 1:06.86	36.12	200m: 2:25.35	38.41	300m: 3:48.24	41.31
					350m: 4:22.61	34.37
					400m: 4:56.03	33.42
2.	Freddie Geerlings	HGN (SG)	5:13.34	197900379	<b>5:21.42</b>	+0,95
	50m: 33.95	33.95	150m: 1:58.67	42.59	250m: 3:24.21	43.50
	100m: 1:16.08	42.13	200m: 2:40.71	42.04	300m: 4:08.94	44.73
					350m: 4:46.02	37.08
					400m: 5:21.42	35.40
3.	Markus van Rest	Zoetermeer	5:39.65	197701197	<b>5:37.95</b>	+0,88
	50m: 32.35	32.35	150m: 1:57.60	45.29	250m: 3:32.38	50.39
	100m: 1:12.31	39.96	200m: 2:41.99	44.39	300m: 4:23.79	51.41
					350m: 5:02.37	38.58
					400m: 5:37.95	35.58
4.	Okko de Haas	ZV De Bron	5:44.52	197801593	<b>5:41.07</b>	+0,79
	50m: 33.80	33.80	150m: 2:00.36	46.69	250m: 3:33.27	46.55
	100m: 1:13.67	39.87	200m: 2:46.72	46.36	300m: 4:21.17	47.90
					350m: 5:01.39	40.22
					400m: 5:41.07	39.68
5.	Jeroen Vogelsang	DAW	5:40.68	198001645	<b>5:43.23</b> *	+0,89
	<i>Alle tijden zijn back-up tijden</i>					
	50m: 34.34	34.34	150m: 2:06.48	48.55	250m: 3:42.34	47.58
	100m: 1:17.93	43.59	200m: 2:54.76	48.28	300m: 4:30.67	48.33
					350m: 5:07.16	36.49
					400m: 5:43.23	36.07
6.	Peter Eshuis	DBD	5:41.77	198000375	<b>5:47.47</b>	+0,92
	50m: 34.59	34.59	150m: 2:07.25	48.86	250m: 3:42.14	48.66
	100m: 1:18.39	43.80	200m: 2:53.48	46.23	300m: 4:30.62	48.48
					350m: 5:09.37	38.75
					400m: 5:47.47	38.10

Masters 40+

1.	Antwan van Engen	De Ward	5:51.28	197101577	<b>5:35.36</b>	+0,87
	50m: 33.01	33.01	150m: 1:56.25	45.17	250m: 3:28.54	49.14
	100m: 1:11.08	38.07	200m: 2:39.40	43.15	300m: 4:18.02	49.48
					350m: 4:57.32	39.30
					400m: 5:35.36	38.04
2.	Heiner Stevens	ZIGNEA	5:43.66	197201299	<b>5:41.01</b>	+0,80
	50m: 33.23	33.23	150m: 1:58.17	45.39	250m: 3:33.37	50.07
	100m: 1:12.78	39.55	200m: 2:43.30	45.13	300m: 4:22.89	49.52
					350m: 5:03.03	40.14
					400m: 5:41.01	37.98
3.	Erwin Zuidervelt	AZ&PC De Futen	5:40.93	197501015	<b>5:41.99</b>	+0,87
	50m: 35.82	35.82	150m: 2:03.91	44.78	250m: 3:37.42	49.55
	100m: 1:19.13	43.31	200m: 2:47.87	43.96	300m: 4:28.40	50.98
					350m: 5:07.36	38.96
					400m: 5:41.99	34.63
4.	Gerard Eghuizen	HZ&PC Heerenveen	5:36.18	197400197	<b>6:06.98</b>	+0,93
	50m: 35.79	35.79	150m: 2:08.04	45.93	250m: 3:47.97	54.01
	100m: 1:22.11	46.32	200m: 2:53.96	45.92	300m: 4:42.71	54.74
					350m: 5:24.77	42.06
					400m: 6:06.98	42.21

Masters 45+

1.	René Beetsma	HZ&PC Heerenveen	5:14.36	196900069	<b>5:17.85</b>	+0,87
	50m: 33.13	33.13	150m: 1:52.52	40.39	250m: 3:20.21	46.86
	100m: 1:12.13	39.00	200m: 2:33.35	40.83	300m: 4:06.32	46.11
					350m: 4:42.85	36.53
					400m: 5:17.85	35.00
2.	Gijsbert van der Leden	PSV	5:31.40	196700597	<b>5:23.76</b>	+1,05
	50m: 31.97	31.97	150m: 1:53.11	43.98	250m: 3:23.69	46.98
	100m: 1:09.13	37.16	200m: 2:36.71	43.60	300m: 4:11.48	47.79
					350m: 4:48.96	37.48
					400m: 5:23.76	34.80
3.	Richard Ricksen	HGN (SG)	5:25.81	197000841	<b>5:33.20</b>	+1,07
	50m: 34.61	34.61	150m: 1:59.10	44.69	250m: 3:29.05	47.21
	100m: 1:14.41	39.80	200m: 2:41.84	42.74	300m: 4:17.59	48.54
					350m: 4:56.04	38.45
					400m: 5:33.20	37.16
4.	Harold Matla	PSV	5:34.19	196800591	<b>5:35.67</b> *	+0,95
	<i>Alle tijden zijn back-up tijden</i>					
	50m: 35.95	35.95	150m: 2:04.58	45.76	250m: 3:34.76	45.17
	100m: 1:18.82	42.87	200m: 2:49.59	45.01	300m: 4:20.52	45.76
					350m: 4:59.01	38.49
					400m: 5:35.67	36.66
5.	Konstantin Sklyar	TG Lage 1862	5:36.55	321129	<b>5:39.86</b>	+0,91
	50m: 34.90	34.90	150m: 2:04.54	45.86	250m: 3:38.44	48.64
	100m: 1:18.68	43.78	200m: 2:49.80	45.26	300m: 4:26.60	48.16
					350m: 5:03.99	37.39
					400m: 5:39.86	35.87

Masters 50+

1.	Bert Schlicher	RZ	5:26.45	196400669	<b>5:25.64</b>	
	50m: 35.48	35.48	150m: 1:59.94	41.00	250m: 3:26.12	46.40
	100m: 1:18.94	43.46	200m: 2:39.72	39.78	300m: 4:12.46	46.34
					350m: 4:50.16	37.70
					400m: 5:25.64	35.48
2.	Arnold de Rover	AZ&PC De Futen	5:37.00	196400645	<b>5:37.92</b>	+0,77
	50m: 34.92	34.92	150m: 2:00.89	42.60	250m: 3:31.73	48.45
	100m: 1:18.29	43.37	200m: 2:43.28	42.39	300m: 4:20.75	49.02
					350m: 4:59.13	38.38
					400m: 5:37.92	38.79

Programmanr. 36, Heren, 400m wisselslag, Masters 50+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
3.	Ron Korzelius	AZ&PC	5:28.21	196500513	<b>5:41.41</b>	+0,86		
	50m: 35.81	35.81	150m: 2:04.10	43.24	250m: 3:35.60	48.74	350m: 5:03.97	38.62
	100m: 1:20.86	45.05	200m: 2:46.86	42.76	300m: 4:25.35	49.75	400m: 5:41.41	38.62
4.	Ronald Grove	Oceanus	5:40.36	196100161	<b>5:54.09</b>	+0,82		
	50m: 36.26	36.26	150m: 2:09.96	47.92	250m: 3:45.64	49.16	350m: 5:15.13	39.58
	100m: 1:22.04	45.78	200m: 2:56.48	46.52	300m: 4:35.55	49.91	400m: 5:54.09	38.96
5.	Ralph Caster	RZ	6:26.49	196100069	<b>6:17.25</b>	+0,89		
	50m: 40.11	40.11	150m: 2:20.08	52.66	250m: 4:02.59	50.40	350m: 5:35.59	41.92
	100m: 1:27.42	47.31	200m: 3:12.19	52.11	300m: 4:53.67	51.08	400m: 6:17.25	41.66
6.	Jan Smalheer	SCOM	6:25.10	196400701	<b>6:50.12</b>	+1,26		
	50m: 44.64	44.64	150m: 2:29.24	53.66	250m: 4:22.56	59.09	350m: 6:06.22	44.59
	100m: 1:35.58	50.94	200m: 3:23.47	54.23	300m: 5:21.63	59.07	400m: 6:50.12	43.90

Masters 55+

1.	Paul Bunnik	Triton	6:16.48	195600413	<b>6:27.49</b>	+1,06		
	50m: 40.04	40.04	150m: 2:20.91	51.55	250m: 4:05.89	53.94	350m: 5:45.07	43.77
	100m: 1:29.36	49.32	200m: 3:11.95	51.04	300m: 5:01.30	55.41	400m: 6:27.49	42.42
2.	Jan Willem Heuten	WS Twente	6:35.95	196000883	<b>6:44.23</b>	+0,95		
	50m: 41.80	41.80	150m: 2:30.18	56.69	250m: 4:23.45	58.49	350m: 6:03.12	45.43
	100m: 1:33.49	51.69	200m: 3:24.96	54.78	300m: 5:17.69	54.24	400m: 6:44.23	41.11

Masters 70+

1.	Rob Hanou	PSV	7:02.20	194300109	<b>7:43.05</b>	+1,11		
	50m: 50.54	50.54	150m: 2:57.26	1:03.62	250m: 5:00.07	1:02.43	350m: 6:53.22	50.68
	100m: 1:53.64	1:03.10	200m: 3:57.64	1:00.38	300m: 6:02.54	1:02.47	400m: 7:43.05	49.83

Programmanr. 37  
24-01-2015 - 18:12

Dames, 400m wisselslag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
<b>Masters 20+</b>								
1.	Wendan Poelstra	TriVia	5:06.93	199102496	<b>5:04.85</b>	+0,64		
	<i>Nederlands Masters Record</i>							
	50m: 32.26	32.26	150m: 1:49.86	37.68	250m: 3:11.77	43.38	350m: 4:30.57	34.97
	100m: 1:12.18	39.92	200m: 2:28.39	38.53	300m: 3:55.60	43.83	400m: 5:04.85	34.28
2.	Maaïke Vooren	DAW	5:20.41	199103324	<b>5:18.43</b>	+0,82		
	50m: 33.37	33.37	150m: 1:56.43	42.67	250m: 3:22.63	43.12	350m: 4:43.63	35.70
	100m: 1:13.76	40.39	200m: 2:39.51	43.08	300m: 4:07.93	45.30	400m: 5:18.43	34.80
3.	Henriëke ten Bokkel	NDD	5:27.01	199402764	<b>5:21.84</b>	+0,81		
	50m: 33.72	33.72	150m: 1:55.76	41.54	250m: 3:22.75	46.70	350m: 4:47.03	38.10
	100m: 1:14.22	40.50	200m: 2:36.05	40.29	300m: 4:08.93	46.18	400m: 5:21.84	34.81
4.	Suzanne Brummel	LZ 1886	5:21.16	199401366	<b>5:21.88</b>	+0,75		
	50m: 33.38	33.38	150m: 1:55.30	42.39	250m: 3:22.33	43.23	350m: 4:44.34	37.57
	100m: 1:12.91	39.53	200m: 2:39.10	43.80	300m: 4:06.77	44.44	400m: 5:21.88	37.54
5.	Wendy de Bruin	ZOB'66	5:37.05	199206320	<b>5:32.40</b>	+0,60		
	50m: 34.61	34.61	150m: 1:59.19	42.81	250m: 3:29.48	47.41	350m: 4:55.78	38.40
	100m: 1:16.38	41.77	200m: 2:42.07	42.88	300m: 4:17.38	47.90	400m: 5:32.40	36.62
6.	Johanna de Boer	ZPD	5:38.10	199403944	<b>5:53.96</b>	+0,75		
	50m: 36.71	36.71	150m: 2:07.21	46.18	250m: 3:41.57	49.11	350m: 5:13.98	42.27
	100m: 1:21.03	44.32	200m: 2:52.46	45.25	300m: 4:31.71	50.14	400m: 5:53.96	39.98
7.	Irmgard van Weeghel	Octopus	5:45.26	199204834	<b>5:58.70</b>	+0,76		
	50m: 37.73	37.73	150m: 2:10.32	45.61	250m: 3:45.52	51.19	350m: 5:18.68	41.44
	100m: 1:24.71	46.98	200m: 2:54.33	44.01	300m: 4:37.24	51.72	400m: 5:58.70	40.02
8.	Sanne de Roo	De Devel	6:19.42	199501934	<b>6:17.79</b>	+0,83		
	50m: 38.45	38.45	150m: 2:18.05	51.16	250m: 3:59.31	51.02	350m: 5:35.71	44.44
	100m: 1:26.89	48.44	200m: 3:08.29	50.24	300m: 4:51.27	51.96	400m: 6:17.79	42.08
NG	Sietske Veldkamp	ZPC De Hof	5:18.89	199501628				

Programmanr. 37, Dames, 400m wisselslag

Masters 25+

1.	Stephanie Rombout	PSV	5:19.49	198803696	<b>5:21.65</b> *	+0,68
	<i>Alle tijden zijn back-up tijden</i>					
	50m: 32.34	34.52	150m: 1:53.50	43.01	250m: 3:22.23	46.43
	100m: 1:10.49	38.15	200m: 2:35.80	42.30	300m: 4:09.40	47.17
					350m: 4:46.20	36.80
					400m: 5:21.65	35.45
2.	Nienke Veenstra	Swol 1894	5:43.18	198605198	<b>5:44.27</b> *	+0,96
	<i>Alle tijden zijn back-up tijden</i>					
	50m: 34.52	42.41	150m: 2:00.99	44.06	250m: 3:34.24	50.32
	100m: 1:16.93	42.41	200m: 2:43.92	42.93	300m: 4:25.09	50.85
					350m: 5:05.85	40.76
					400m: 5:44.27	38.42
3.	Rita Spithoff	RSW (SG)	5:58.97	198804124	<b>5:57.67</b>	+0,82
	50m: 36.33	41.84	150m: 2:07.24	49.07	250m: 3:46.36	51.00
	100m: 1:18.17	41.84	200m: 2:55.36	48.12	300m: 4:37.71	51.35
					350m: 5:18.61	40.90
					400m: 5:57.67	39.06
4.	Janneke Wynia	WS Twente	7:02.47	199005500	<b>6:57.91</b>	+1,07
	50m: 48.13	57.44	150m: 2:39.94	54.37	250m: 4:31.06	56.77
	100m: 1:45.57	57.44	200m: 3:34.29	54.35	300m: 5:29.30	58.24
					350m: 6:14.61	45.31
					400m: 6:57.91	43.30

Masters 30+

1.	Nadya Putter	ZVVS	5:27.57	198301630	<b>5:33.08</b>	
	50m: 34.71	39.95	150m: 1:58.63	43.97	250m: 3:29.34	47.39
	100m: 1:14.66	39.95	200m: 2:41.95	43.32	300m: 4:16.98	47.64
					350m: 4:55.63	38.65
					400m: 5:33.08	37.45
2.	Suzanne Mol	Aqualero	6:41.82	198202408	<b>6:37.75</b>	+0,87
	50m: 42.60	53.46	150m: 2:24.81	48.75	250m: 4:10.37	56.03
	100m: 1:36.06	53.46	200m: 3:14.34	49.53	300m: 5:05.88	55.51
					350m: 5:52.17	46.29
					400m: 6:37.75	45.58
3.	Rianne van Vegchelen	Deltasteur	7:26.50	198101530	<b>7:57.44</b>	+1,11
	50m: 54.47	54.47	150m: 3:06.16	1:07.14	250m: 5:13.98	1:02.59
	100m: 1:59.02	1:04.55	200m: 4:11.39	1:05.23	300m: 6:17.29	1:03.31
					350m: 7:07.46	50.17
					400m: 7:57.44	49.98

Masters 35+

1.	Melanie Kuiper	ZIGNEA	5:48.39	197600350	<b>5:56.63</b>	+0,95
	50m: 38.10	46.58	150m: 2:08.53	43.85	250m: 3:45.46	52.74
	100m: 1:24.68	46.58	200m: 2:52.72	44.19	300m: 4:39.30	53.84
					350m: 5:18.86	39.56
					400m: 5:56.63	37.77
2.	Jolanda van Gendt	PSV	6:12.12	197800266	<b>6:12.74</b>	+0,83
	50m: 41.08	50.02	150m: 2:17.16	46.06	250m: 3:56.25	53.14
	100m: 1:31.10	50.02	200m: 3:03.11	45.95	300m: 4:49.43	53.18
					350m: 5:31.94	42.51
					400m: 6:12.74	40.80
3.	Carmen Haan	ZZG De Boskikkers	6:59.48	197901458	<b>6:47.04</b>	+1,14
	50m: 44.01	58.03	150m: 2:31.63	49.59	250m: 4:16.27	56.68
	100m: 1:42.04	58.03	200m: 3:19.59	47.96	300m: 5:15.40	59.13
					350m: 6:01.79	46.39
					400m: 6:47.04	45.25
4.	Paula 't Hart-Buitelaar	ZVVS	7:09.40	197701132	<b>6:52.50</b> *	+0,85
	50m: 43.92	54.22	150m: 2:28.49	50.35	250m: 4:16.30	57.77
	100m: 1:38.14	54.22	200m: 3:18.53	50.04	300m: 5:15.39	59.09
					350m: 6:03.57	48.18
					400m: 6:52.50	48.93

Masters 40+

1.	Liselotte Joling	PSV	5:30.11	197500268	<b>5:30.28</b>	+0,96
	<i>Nederlands Masters Record</i>					
	50m: 34.60	40.86	150m: 1:59.23	43.77	250m: 3:29.46	48.06
	100m: 1:15.46	40.86	200m: 2:41.40	42.17	300m: 4:16.12	46.66
					350m: 4:54.24	38.12
					400m: 5:30.28	36.04
2.	Evelien van Klaarbergen	HZ&PC Heerenveen	5:52.67	197200964	<b>5:52.29</b>	+0,88
	50m: 37.71	37.71	150m: 2:08.79	44.77	250m: 3:43.85	51.66
	100m: 1:24.02	46.31	200m: 2:52.19	43.40	300m: 4:35.94	52.09
					350m: 5:15.37	39.43
					400m: 5:52.29	36.92
3.	Nadège van Meeteren	De Meer	6:11.41	197400736	<b>6:04.60</b> *	
	<i>Alle tijden zijn back-up tijden</i>					
	50m: 41.53	41.53	150m: 2:21.58	48.92	250m: 3:56.40	47.08
	100m: 1:32.66	51.13	200m: 3:09.32	47.74	300m: 4:44.13	47.73
					350m: 5:25.14	41.01
					400m: 6:04.60	39.46
4.	Greta Wyma-Teitsma	DWK	7:26.02	197100696	<b>7:30.94</b>	+0,85
	50m: 54.89	54.89	150m: 2:52.13	52.35	250m: 4:46.87	1:00.58
	100m: 1:59.78	1:04.89	200m: 3:46.29	54.16	300m: 5:47.57	1:00.70
					350m: 6:41.07	53.50
					400m: 7:30.94	49.87

Programmanr. 37, Dames, 400m wisselslag

Masters 45+

1.	Jeanne Petit	De Dinkel	6:00.73	197001687	<b>6:02.01</b>	+0,84
	<i>Kampioenschaps Record</i>					
	50m: 35.07	35.07	150m: 2:07.87	49.74	250m: 3:47.01	49.93
	100m: 1:18.13	43.06	200m: 2:57.08	49.21	300m: 4:40.17	53.16
					350m: 5:21.61	41.44
					400m: 6:02.01	40.40
2.	Laura Staal	Oceanus	6:01.29	196700358	<b>6:19.51</b>	
	50m: 42.56	42.56	150m: 2:20.96	47.74	250m: 4:04.17	54.74
	100m: 1:33.22	50.66	200m: 3:09.43	48.47	300m: 4:57.02	52.85
					350m: 5:38.69	41.67
					400m: 6:19.51	40.82
3.	Peggi Hurenkamp	HZ&PC Heerenveen	6:48.10	196900922	<b>6:43.45</b>	* +0,95
	<i>Alle tijden zijn back-up tijden</i>					
	50m: 41.88	41.88	150m: 2:23.56	52.92	250m: 4:14.52	58.10
	100m: 1:30.64	48.76	200m: 3:16.42	52.86	300m: 5:12.60	58.08
					350m: 5:59.70	47.10
					400m: 6:43.45	43.75
4.	K. van Nassau van den Heuvel	Old Dutch	6:31.20	196600188	<b>6:51.69</b>	+0,90
	50m: 44.28	44.28	150m: 2:31.68	55.78	250m: 4:18.25	53.24
	100m: 1:35.90	51.62	200m: 3:25.01	53.33	300m: 5:13.89	55.64
					350m: 6:03.21	49.32
					400m: 6:51.69	48.48
5.	Hetty Smalheer	SCOM	6:54.21	196700352	<b>7:07.24</b>	+1,02
	50m: 51.29	51.29	150m: 2:44.55	53.08	250m: 4:38.22	59.96
	100m: 1:51.47	1:00.18	200m: 3:38.26	53.71	300m: 5:37.33	59.11
					350m: 6:22.69	45.36
					400m: 7:07.24	44.55
6.	Annette van Dok	MSV-Zeemacht	7:11.26	196800742	<b>7:08.95</b>	+0,94
	50m: 47.81	47.81	150m: 2:35.58	52.35	250m: 4:30.13	1:03.04
	100m: 1:43.23	55.42	200m: 3:27.09	51.51	300m: 5:32.94	1:02.81
					350m: 6:21.59	48.65
					400m: 7:08.95	47.36

Masters 50+

1.	Marjan Remmits-De Lange	ZPC Woerden	6:10.30	196300518	<b>5:59.10</b>	+0,84
	<i>Kampioenschaps Record</i>					
	50m: 36.62	36.62	150m: 2:09.07	47.67	250m: 3:46.66	51.42
	100m: 1:21.40	44.78	200m: 2:55.24	46.17	300m: 4:38.37	51.71
					350m: 5:19.34	40.97
					400m: 5:59.10	39.76
2.	Petra Tossings	DAW	6:34.27	196100376	<b>6:37.71</b>	+0,84
	50m: 42.35	42.35	150m: 2:27.87	53.09	250m: 4:16.03	55.42
	100m: 1:34.78	52.43	200m: 3:20.61	52.74	300m: 5:11.56	55.53
					350m: 5:55.81	44.25
					400m: 6:37.71	41.90
3.	Miranda Keijl	ZIGNEA	7:15.51	196500588	<b>7:04.55</b>	+0,74
	50m: 47.44	47.44	150m: 2:38.47	53.56	250m: 4:34.66	1:04.84
	100m: 1:44.91	57.47	200m: 3:29.82	51.35	300m: 5:33.15	58.49
					350m: 6:19.27	46.12
					400m: 7:04.55	45.28

Masters 55+

1.	Inge Wolfs	PLONS	6:27.36	196000304	<b>6:27.64</b>	+0,94
	<i>Nederlands Masters Record</i>					
	50m: 38.18	38.18	150m: 2:15.00	50.12	250m: 3:59.71	55.33
	100m: 1:24.88	46.70	200m: 3:04.38	49.38	300m: 4:55.73	56.02
					350m: 5:42.74	47.01
					400m: 6:27.64	44.90
2.	Patty Verhagen	PSV	6:28.50	195900146	<b>6:34.43</b>	+0,70
	50m: 40.72	40.72	150m: 2:23.76	51.84	250m: 4:12.58	58.96
	100m: 1:31.92	51.20	200m: 3:13.62	49.86	300m: 5:09.16	56.58
					350m: 5:51.91	42.75
					400m: 6:34.43	42.52
3.	Marjan Spoelstra	Swol 1894	7:21.95	196000236	<b>7:31.44</b>	+0,98
	50m: 53.28	53.28	150m: 2:54.65	1:00.44	250m: 4:53.85	59.64
	100m: 1:54.21	1:00.93	200m: 3:54.21	59.56	300m: 5:53.98	1:00.13
					350m: 6:44.34	50.36
					400m: 7:31.44	47.10
4.	Mies Kuipers	Old Dutch	8:57.54	195800202	<b>9:31.57</b>	+0,98
	50m: 1:04.67	1:04.67	150m: 3:37.88	1:17.18	250m: 6:05.05	1:13.14
	100m: 2:20.70	1:16.03	200m: 4:51.91	1:14.03	300m: 7:18.09	1:13.04
					350m: 8:29.65	1:11.56
					400m: 9:31.57	1:01.92

Masters 60+

1.	Ineke Weekers	PSV	6:53.12	195300050	<b>6:43.43</b>	+0,87
	<i>Nederlands Masters Record</i>					
	50m: 48.87	48.87	150m: 2:38.71	53.65	250m: 4:25.28	53.11
	100m: 1:45.06	56.19	200m: 3:32.17	53.46	300m: 5:18.95	53.67
					350m: 6:02.41	43.46
					400m: 6:43.43	41.02
2.	Carla Hensen	PSV	7:20.70	195300062	<b>7:36.31</b>	* +1,07
	<i>Alle tijden zijn back-up tijden</i>					
	50m: 45.96	45.96	150m: 2:43.35	1:00.49	250m: 4:48.32	1:07.59
	100m: 1:42.86	56.90	200m: 3:40.73	57.38	300m: 5:55.41	1:07.09
					350m: 6:46.06	50.65
					400m: 7:36.31	50.25



Open Nederlandse Masters Kampioenschappen 2015 korte baan  
Heerenveen, 23-25 januari 2015



Programmanr. 37, Dames, 400m wisselslag

Masters 65+

1. Antoinette Gilding-Tussaud	WS Twente	8:22.70	195000038	<b>8:42.91</b>	+1,18
50m: 1:00.75	1:00.75	150m: 3:19.91	58.64	250m: 5:34.69	1:16.40
100m: 2:21.27	1:20.52	200m: 4:18.29	58.38	300m: 6:47.43	1:12.74
				350m: 7:46.33	58.90
				400m: 8:42.91	56.58

5 - ONMK 2015 kb sessie 5

25-01-2015 - 9:00

Programmanr. 39  
25-01-2015 - 9:00

Dames, 800m vrije slag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
<b>Masters 20+</b>						
1.	Maaïke Vooren	DAW	10:02.67	199103324	<b>9:42.06</b>	+0,79
	50m: 33.33	33.33	250m: 3:00.38	36.87	450m: 5:28.11	36.79
	100m: 1:09.70	36.37	300m: 3:37.45	37.07	500m: 6:04.94	36.83
	150m: 1:46.47	36.77	350m: 4:14.56	37.11	550m: 6:41.74	36.80
	200m: 2:23.51	37.04	400m: 4:51.32	36.76	600m: 7:18.45	36.71
					650m: 7:54.86	36.41
					700m: 8:31.47	36.61
					750m: 9:07.66	36.19
					800m: 9:42.06	34.40
2.	Iris Pijtak	AZ&PC	9:28.86	199300602	<b>9:48.05</b>	+0,80
	50m: 32.97	32.97	250m: 3:01.49	37.80	450m: 5:30.59	37.15
	100m: 1:09.19	36.22	300m: 3:38.71	37.22	500m: 6:07.79	37.20
	150m: 1:46.16	36.97	350m: 4:15.90	37.19	550m: 6:45.28	37.49
	200m: 2:23.69	37.53	400m: 4:53.44	37.54	600m: 7:22.85	37.57
					650m: 7:59.79	36.94
					700m: 8:36.79	37.00
					750m: 9:13.70	36.91
					800m: 9:48.05	34.35
3.	Rebecca Vroomen	Eurode KZC	9:33.69	199301772	<b>9:48.32</b>	+0,95
	50m: 33.88	33.88	250m: 3:02.73	37.16	450m: 5:31.83	37.37
	100m: 1:11.05	37.17	300m: 3:39.91	37.18	500m: 6:09.10	37.27
	150m: 1:48.34	37.29	350m: 4:17.25	37.34	550m: 6:46.47	37.37
	200m: 2:25.57	37.23	400m: 4:54.46	37.21	600m: 7:23.92	37.45
					650m: 8:00.79	36.87
					700m: 8:37.77	36.98
					750m: 9:14.23	36.46
					800m: 9:48.32	34.09
4.	Melissa van der Geld	AquAmigos	9:59.36	199506250	<b>9:50.40</b>	+0,72
	50m: 31.66	31.66	250m: 2:58.46	37.50	450m: 5:29.95	37.71
	100m: 1:06.87	35.21	300m: 3:36.48	38.02	500m: 6:08.06	38.11
	150m: 1:43.58	36.71	350m: 4:14.22	37.74	550m: 6:46.14	38.08
	200m: 2:20.96	37.38	400m: 4:52.24	38.02	600m: 7:24.14	38.00
					650m: 8:01.86	37.72
					700m: 8:39.44	37.58
					750m: 9:16.24	36.80
					800m: 9:50.40	34.16
5.	Irmgard van Weeghel	Octopus	10:41.99	199204834	<b>10:41.00</b>	+0,77
	50m: 35.07	35.07	250m: 3:14.06	40.11	450m: 5:56.84	41.09
	100m: 1:13.42	38.35	300m: 3:54.56	40.50	500m: 6:38.00	41.16
	150m: 1:53.51	40.09	350m: 4:34.96	40.40	550m: 7:18.88	40.88
	200m: 2:33.95	40.44	400m: 5:15.75	40.79	600m: 7:59.79	40.91
					650m: 8:40.78	40.99
					700m: 9:21.68	40.90
					750m: 10:02.27	40.59
					800m: 10:41.00	38.73
6.	Johanna de Boer	ZPD	10:18.70	199403944	<b>11:05.05</b>	+0,77
	50m: 34.57	34.57	250m: 3:20.50	42.16	450m: 6:10.74	42.87
	100m: 1:14.21	39.64	300m: 4:02.77	42.27	500m: 6:53.57	42.83
	150m: 1:56.23	42.02	350m: 4:45.40	42.63	550m: 7:36.08	42.51
	200m: 2:38.34	42.11	400m: 5:27.87	42.47	600m: 8:19.52	43.44
					650m: 9:02.12	42.60
					700m: 9:44.34	42.22
					750m: 10:26.10	41.76
					800m: 11:05.05	38.95
7.	Lieke Janssen	HGN (SG)	11:23.38	199305954	<b>11:07.52</b>	+0,96
	50m: 36.68	36.68	250m: 3:25.42	42.54	450m: 6:16.53	43.03
	100m: 1:17.81	41.13	300m: 4:07.92	42.50	500m: 6:58.79	42.26
	150m: 2:00.31	42.50	350m: 4:51.11	43.19	550m: 7:40.86	42.07
	200m: 2:42.88	42.57	400m: 5:33.50	42.39	600m: 8:22.92	42.06
					650m: 9:05.06	42.14
					700m: 9:47.12	42.06
					750m: 10:28.74	41.62
					800m: 11:07.52	38.78
8.	Sanne de Roo	De Devel	11:20.15	199501934	<b>11:18.98</b>	+0,85
	50m: 37.70	37.70	250m: 3:27.59	42.87	450m: 6:19.08	43.20
	100m: 1:19.00	41.30	300m: 4:10.43	42.84	500m: 7:02.30	43.22
	150m: 2:01.67	42.67	350m: 4:53.28	42.85	550m: 7:44.95	42.65
	200m: 2:44.72	43.05	400m: 5:35.88	42.60	600m: 8:27.84	42.89
					650m: 9:10.74	42.90
					700m: 9:54.09	43.35
					750m: 10:37.02	42.93
					800m: 11:18.98	41.96
9.	Marjan Rikken	ZVV	11:50.40	199206114	<b>11:32.03</b>	+0,72
	50m: 38.29	38.29	250m: 3:30.86	43.76	450m: 6:27.61	44.48
	100m: 1:20.70	42.41	300m: 4:14.73	43.87	500m: 7:12.01	44.40
	150m: 2:03.65	42.95	350m: 4:58.85	44.12	550m: 7:56.35	44.34
	200m: 2:47.10	43.45	400m: 5:43.13	44.28	600m: 8:40.61	44.26
					650m: 9:25.06	44.45
					700m: 10:08.77	43.71
					750m: 10:51.81	43.04
					800m: 11:32.03	40.22
10.	Claudia Creemers	RZ	12:54.40	199202864	<b>13:15.14</b>	+0,90
	50m: 39.84	39.84	250m: 3:53.14	51.35	450m: 7:20.65	51.75
	100m: 1:24.56	44.72	300m: 4:43.88	50.74	500m: 8:12.41	51.76
	150m: 2:12.25	47.69	350m: 5:36.33	52.45	550m: 9:03.87	51.46
	200m: 3:01.79	49.54	400m: 6:28.90	52.57	600m: 9:55.09	51.22
					650m: 10:46.26	51.17
					700m: 11:37.41	51.15
					750m: 12:28.49	51.08
					800m: 13:15.14	46.65









## Programmanr. 39, Dames, 800m vrije slag

## Masters 40+

1. Grith Sigsgaard	Aquarijn	9:33.98	197200772	<b>9:44.91</b>	+0,97	
50m: 33.94	250m: 3:00.20	36.92	450m: 5:28.73	37.05	650m: 7:56.20	36.77
100m: 1:10.07	300m: 3:37.27	37.07	500m: 6:05.59	36.86	700m: 8:33.00	36.80
150m: 1:46.53	350m: 4:14.54	37.27	550m: 6:42.47	36.88	750m: 9:09.59	36.59
200m: 2:23.28	400m: 4:51.68	37.14	600m: 7:19.43	36.96	800m: 9:44.91	35.32
2. Liselotte Joling	PSV	9:50.95	197500268	<b>10:04.31</b>	+0,97	
50m: 34.03	250m: 3:05.75	38.22	450m: 5:38.52	37.30	650m: 8:10.98	38.37
100m: 1:11.47	300m: 3:44.07	38.32	500m: 6:16.88	38.36	700m: 8:49.33	38.35
150m: 1:49.53	350m: 4:22.56	38.49	550m: 6:54.42	37.54	750m: 9:27.50	38.17
200m: 2:27.53	400m: 5:01.22	38.66	600m: 7:32.61	38.19	800m: 10:04.31	36.81
3. Annette de Visser	Oceanus	10:24.42	197100602	<b>10:37.71</b>	+0,90	
50m: 34.27	250m: 3:12.70	40.46	450m: 5:55.97	40.85	650m: 8:38.31	40.54
100m: 1:12.48	300m: 3:53.85	41.15	500m: 6:36.59	40.62	700m: 9:18.72	40.41
150m: 1:52.29	350m: 4:34.32	40.47	550m: 7:17.15	40.56	750m: 9:58.66	39.94
200m: 2:32.24	400m: 5:15.12	40.80	600m: 7:57.77	40.62	800m: 10:37.71	39.05
4. Pascale Neiss-Janssen	De Roersoppers	11:58.72	197300852	<b>11:59.11</b>	+0,97	
50m: 38.54	250m: 3:38.87	45.83	450m: 6:43.58	45.98	650m: 9:47.26	45.86
100m: 1:22.25	300m: 4:24.93	46.06	500m: 7:29.24	45.66	700m: 10:33.17	45.91
150m: 2:07.34	350m: 5:11.25	46.32	550m: 8:15.39	46.15	750m: 11:17.50	44.33
200m: 2:53.04	400m: 5:57.60	46.35	600m: 9:01.40	46.01	800m: 11:59.11	41.61
5. Ingrid Versteegen	DBD	12:38.66	197300770	<b>12:06.65</b>		
50m: 40.61	250m: 3:42.84	46.38	450m: 6:47.90	46.14	650m: 9:51.75	45.91
100m: 1:24.81	300m: 4:29.03	46.19	500m: 7:33.66	45.76	700m: 10:37.41	45.66
150m: 2:10.45	350m: 5:15.53	46.50	550m: 8:19.61	45.95	750m: 11:23.03	45.62
200m: 2:56.46	400m: 6:01.76	46.23	600m: 9:05.84	46.23	800m: 12:06.65	43.62
6. Greta Wyma-Teitsma	DWK	13:26.77	197100696	<b>13:33.94</b>	+0,93	
50m: 42.24	250m: 4:02.55	51.65	450m: 7:29.48	51.94	650m: 11:00.25	53.22
100m: 1:30.44	300m: 4:53.63	51.08	500m: 8:21.71	52.23	700m: 11:52.64	52.39
150m: 2:20.56	350m: 5:45.29	51.66	550m: 9:13.91	52.20	750m: 12:44.24	51.60
200m: 3:10.90	400m: 6:37.54	52.25	600m: 10:07.03	53.12	800m: 13:33.94	49.70

## Masters 45+

1. Jeanne Petit	De Dinkel	10:41.28	197001687	<b>10:36.16</b>	+0,84	
50m: 35.19	250m: 3:13.60	40.09	450m: 5:54.23	40.00	650m: 8:35.70	40.64
100m: 1:13.91	300m: 3:53.82	40.22	500m: 6:34.25	40.02	700m: 9:16.47	40.77
150m: 1:53.70	350m: 4:34.22	40.40	550m: 7:14.69	40.44	750m: 9:56.75	40.28
200m: 2:33.51	400m: 5:14.23	40.01	600m: 7:55.06	40.37	800m: 10:36.16	39.41
2. Cynthia Noordermeer	Het Y	10:46.77	197000358	<b>10:52.99</b>	+1,00	
50m: 37.49	250m: 3:20.43	41.03	450m: 6:05.98	41.61	650m: 8:51.14	41.17
100m: 1:17.45	300m: 4:01.65	41.22	500m: 6:47.27	41.29	700m: 9:32.77	41.63
150m: 1:58.33	350m: 4:43.09	41.44	550m: 7:28.71	41.44	750m: 10:13.81	41.04
200m: 2:39.40	400m: 5:24.37	41.28	600m: 8:09.97	41.26	800m: 10:52.99	39.18
3. Laura Staal	Oceanus	10:56.92	196700358	<b>11:09.83</b>	+0,84	
50m: 36.95	250m: 3:26.01	42.46	450m: 6:16.21	42.65	650m: 9:05.99	41.93
100m: 1:18.65	300m: 4:08.52	42.51	500m: 6:59.01	42.80	700m: 9:47.79	41.80
150m: 2:00.83	350m: 4:50.96	42.44	550m: 7:41.66	42.65	750m: 10:29.49	41.70
200m: 2:43.55	400m: 5:33.56	42.60	600m: 8:24.06	42.40	800m: 11:09.83	40.34
4. Marion Broekhuis	WS Twente	11:36.20	196800060	<b>11:49.58</b>		
50m: 39.25	250m: 3:36.56	44.79	450m: 6:36.83	44.83	650m: 9:36.79	45.18
100m: 1:22.37	300m: 4:21.75	45.19	500m: 7:21.74	44.91	700m: 10:21.87	45.08
150m: 2:06.77	350m: 5:06.89	45.14	550m: 8:06.76	45.02	750m: 11:06.80	44.93
200m: 2:51.77	400m: 5:52.00	45.11	600m: 8:51.61	44.85	800m: 11:49.58	42.78
5. Jacqueline Tuin	DAW	12:38.06	196600690	<b>12:05.51</b>	+0,90	
50m: 39.20	250m: 3:39.93	46.19	450m: 6:45.39	46.35	650m: 9:48.89	45.80
100m: 1:21.77	300m: 4:26.52	46.59	500m: 7:31.68	46.29	700m: 10:34.64	45.75
150m: 2:07.45	350m: 5:12.75	46.23	550m: 8:17.78	46.10	750m: 11:20.57	45.93
200m: 2:53.74	400m: 5:59.04	46.29	600m: 9:03.09	45.31	800m: 12:05.51	44.94
6. Iris van Aurich	DWK	11:52.86	196900866	<b>12:20.48</b>	+0,94	
50m: 38.73	250m: 3:47.55	47.72	450m: 6:57.17	48.01	650m: 10:05.85	47.36
100m: 1:24.28	300m: 4:35.39	47.84	500m: 7:43.51	46.34	700m: 10:52.21	46.36
150m: 2:11.78	350m: 5:22.56	47.17	550m: 8:31.02	47.51	750m: 11:38.85	46.64
200m: 2:59.83	400m: 6:09.16	46.60	600m: 9:18.49	47.47	800m: 12:20.48	41.63
7. Peggi Hurenkamp	HZ&PC Heerenveen	12:43.98	196900922	<b>12:21.31</b>	+1,04	
50m: 40.60	250m: 3:45.51	47.05	450m: 6:53.86	46.69	650m: 10:02.40	47.25
100m: 1:25.46	300m: 4:32.85	47.34	500m: 7:40.54	46.68	700m: 10:49.74	47.34
150m: 2:11.74	350m: 5:20.05	47.20	550m: 8:27.98	47.44	750m: 11:36.48	46.74
200m: 2:58.46	400m: 6:07.17	47.12	600m: 9:15.15	47.17	800m: 12:21.31	44.83





Open Nederlandse Masters Kampioenschappen 2015 korte baan  
Heerenveen, 23-25 januari 2015



Programmanr. 39, Dames, 800m vrije slag

Masters 70+

1. Matty van der Veen	Old Dutch	14:40.97	194400020	<b>15:29.88</b>	+1,25	
50m: 51.77	250m: 4:41.30	57.65	450m: 8:35.00	58.83	650m: 12:32.08	59.53
100m: 1:48.32	300m: 5:39.37	58.07	500m: 9:34.04	59.04	700m: 13:31.38	59.30
150m: 2:45.68	350m: 6:37.67	58.30	550m: 10:33.23	59.19	750m: 14:31.05	59.67
200m: 3:43.65	400m: 7:36.17	58.50	600m: 11:32.55	59.32	800m: 15:29.88	58.83
2. Loekie v. Huissteden	AZ&PC	17:31.88	194500002	<b>18:24.19</b>	+1,04	
50m: 55.56	250m: 5:34.96	1:11.59	450m: 10:15.44	1:08.53	650m: 14:58.37	1:09.93
100m: 2:05.00	300m: 6:45.53	1:10.57	500m: 11:28.09	1:12.65	700m: 16:07.63	1:09.26
150m: 3:14.54	350m: 7:56.88	1:11.35	550m: 12:37.23	1:09.14	750m: 17:19.81	1:12.18
200m: 4:23.37	400m: 9:06.91	1:10.03	600m: 13:48.44	1:11.21	800m: 18:24.19	1:04.38

Masters 75+

1. Bep van Riessen	Aquapoldro	18:42.82	193700006	<b>19:23.40</b>	+1,24	
50m: 1:01.12	250m: 5:49.94	1:12.78	450m: 10:46.79	1:14.63	650m: 15:46.54	1:15.88
100m: 2:12.20	300m: 7:04.99	1:15.05	500m: 12:01.86	1:15.07	700m: 16:58.76	1:12.22
150m: 3:26.11	350m: 8:20.32	1:15.33	550m: 13:16.46	1:14.60	750m: 18:12.68	1:13.92
200m: 4:37.16	400m: 9:32.16	1:11.84	600m: 14:30.66	1:14.20	800m: 19:23.40	1:10.72

Programmanr. 40  
25-01-2015 - 11:01

Heren, 1500m vrije slag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
1.	Wessel Everloo	De Veene	17:54.21	198906597	<b>17:46.64</b> *	+0,86
<i>800m en eindtijd back-up tijd</i>						
	50m: 31.29	31.29	450m: 5:16.57	35.08	850m: 10:02.65	35.30
	100m: 1:06.52	35.23	500m: 5:52.39	35.82	900m: 10:39.42	36.77
	150m: 1:42.67	36.15	550m: 6:27.87	35.48	950m: 11:15.78	36.36
	200m: 2:18.04	35.37	600m: 7:03.75	35.88	1000m: 11:52.32	36.54
	250m: 2:53.41	35.37	650m: 7:39.94	36.19	1050m: 12:28.01	35.69
	300m: 3:30.01	36.60	700m: 8:15.76	35.82	1100m: 13:03.43	35.42
	350m: 4:05.98	35.97	750m: 8:51.70	35.94	1150m: 13:39.87	36.44
	400m: 4:41.49	35.51	800m: 9:27.35	35.65	1200m: 14:15.25	35.38
2.	Tim Bunnik	Triton	17:54.17	199000505	<b>18:11.21</b>	+0,80
	50m: 30.74	30.74	450m: 5:17.30	36.67	850m: 10:12.74	37.43
	100m: 1:04.93	34.19	500m: 5:54.25	36.95	900m: 10:50.57	37.83
	150m: 1:40.23	35.30	550m: 6:31.67	37.42	950m: 11:27.46	36.89
	200m: 2:16.19	35.96	600m: 7:08.77	37.10	1000m: 12:04.73	37.27
	250m: 2:51.69	35.50	650m: 7:45.83	37.06	1050m: 12:42.84	38.11
	300m: 3:27.76	36.07	700m: 8:22.68	36.85	1100m: 13:20.11	37.27
	350m: 4:04.13	36.37	750m: 8:59.26	36.58	1150m: 13:57.41	37.30
	400m: 4:40.63	36.50	800m: 9:35.31	36.05	1200m: 14:34.79	37.38
3.	Niels Albrechts	MGO (SG)	18:45.21	198800039	<b>18:27.76</b>	+0,78
	50m: 33.62	33.62	450m: 5:29.14	37.49	850m: 10:27.64	36.69
	100m: 1:09.79	36.17	500m: 6:06.67	37.53	900m: 11:04.35	36.71
	150m: 1:46.79	37.00	550m: 6:44.02	37.35	950m: 11:41.15	36.80
	200m: 2:23.62	36.83	600m: 7:21.69	37.67	1000m: 12:18.84	37.69
	250m: 3:00.54	36.92	650m: 7:59.33	37.64	1050m: 12:55.80	36.96
	300m: 3:37.22	36.68	700m: 8:36.63	37.30	1100m: 13:33.12	37.32
	350m: 4:14.28	37.06	750m: 9:13.80	37.17	1150m: 14:11.10	37.98
	400m: 4:51.65	37.37	800m: 9:50.95	37.15	1200m: 14:48.42	37.32
4.	Wesley van Diejen	PSV	20:20.66	198604551	<b>19:34.41</b>	+0,83
	50m: 31.96	31.96	450m: 5:38.96	39.68	850m: 10:55.63	39.83
	100m: 1:08.27	36.31	500m: 6:17.99	39.03	900m: 11:35.01	39.38
	150m: 1:45.87	37.60	550m: 6:57.25	39.26	950m: 12:14.88	39.87
	200m: 2:24.16	38.29	600m: 7:36.40	39.15	1000m: 12:54.85	39.97
	250m: 3:02.79	38.63	650m: 8:16.30	39.90	1050m: 13:34.91	40.06
	300m: 3:41.58	38.79	700m: 8:56.14	39.84	1100m: 14:15.02	40.11
	350m: 4:20.41	38.83	750m: 9:35.69	39.55	1150m: 14:55.43	40.41
	400m: 4:59.28	38.87	800m: 10:15.80	40.11	1200m: 15:35.65	40.22







## Programmanr. 40, Heren, 1500m vrije slag, Masters 50+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
DIS	Johan Neevel	Deltasteur	18:59.16	196501475	A A	
	50m:	450m:	850m:	1250m:		
	100m:	500m:	900m:	1300m:		
	150m:	550m:	950m:	1350m:		
	200m:	600m:	1000m:	1400m:		
	250m:	650m:	1050m:	1450m:		
	300m:	700m:	1100m:	1500m:		
	350m:	750m:	1150m:			
	400m:	800m:	1200m:			

## Masters 55+

1.	Richard Broer	PLONS	20:56.78	195900077	<b>20:25.17</b>	+0,99		
	50m: 35.30	35.30	450m: 6:00.61	40.85	850m: 11:28.12	41.05	1250m: 17:00.25	41.88
	100m: 1:14.69	39.39	500m: 6:41.39	40.78	900m: 12:09.38	41.26	1300m: 17:41.39	41.14
	150m: 1:54.70	40.01	550m: 7:22.22	40.83	950m: 12:51.10	41.72	1350m: 18:22.73	41.34
	200m: 2:35.89	41.19	600m: 8:03.12	40.90	1000m: 13:32.65	41.55	1400m: 19:04.98	42.25
	250m: 3:16.75	40.86	650m: 8:43.97	40.85	1050m: 14:13.97	41.32	1450m: 19:46.34	41.36
	300m: 3:57.76	41.01	700m: 9:24.60	40.63	1100m: 14:55.73	41.76	1500m: 20:25.17	38.83
	350m: 4:38.84	41.08	750m: 10:05.57	40.97	1150m: 15:37.38	41.65		
	400m: 5:19.76	40.92	800m: 10:47.07	41.50	1200m: 16:18.37	40.99		
2.	Wim Witjes	Aqua-Novio'94	21:21.35	195800483	<b>20:59.72</b>	+0,85		
	50m: 36.27	36.27	450m: 6:07.33	42.38	850m: 11:49.14	42.69	1250m: 17:30.24	42.41
	100m: 1:15.91	39.64	500m: 6:49.78	42.45	900m: 12:31.79	42.65	1300m: 18:12.93	42.69
	150m: 1:56.70	40.79	550m: 7:32.29	42.51	950m: 13:14.38	42.59	1350m: 18:55.26	42.33
	200m: 2:38.23	41.53	600m: 8:15.00	42.71	1000m: 13:57.44	43.06	1400m: 19:37.73	42.47
	250m: 3:19.65	41.42	650m: 8:58.01	43.01	1050m: 14:40.27	42.83	1450m: 20:19.75	42.02
	300m: 4:01.32	41.67	700m: 9:40.89	42.88	1100m: 15:22.63	42.36	1500m: 20:59.72	39.97
	350m: 4:42.91	41.59	750m: 10:23.81	42.92	1150m: 16:05.21	42.58		
	400m: 5:24.95	42.04	800m: 11:06.45	42.64	1200m: 16:47.83	42.62		
3.	Marius Ros	ZCNF'34	20:11.48	195900779	<b>21:01.18</b>	+0,76		
	50m: 37.76	37.76	450m: 6:11.90	41.97	850m: 11:52.93	42.61	1250m: 17:33.57	43.29
	100m: 1:18.92	41.16	500m: 6:54.58	42.68	900m: 12:34.34	41.41	1300m: 18:16.37	42.80
	150m: 2:00.82	41.90	550m: 7:36.82	42.24	950m: 13:16.48	42.14	1350m: 18:58.30	41.93
	200m: 2:42.31	41.49	600m: 8:18.46	41.64	1000m: 13:59.12	42.64	1400m: 19:40.00	41.70
	250m: 3:23.78	41.47	650m: 9:00.92	42.46	1050m: 14:41.82	42.70	1450m: 20:21.37	41.37
	300m: 4:05.50	41.72	700m: 9:44.09	43.17	1100m: 15:24.87	43.05	1500m: 21:01.18	39.81
	350m: 4:48.12	42.62	750m: 10:27.09	43.00	1150m: 16:08.01	43.14		
	400m: 5:29.93	41.81	800m: 11:10.32	43.23	1200m: 16:50.28	42.27		
4.	Jan Willem Heuten	WS Twente	23:02.04	196000883	<b>22:55.85</b>	+0,96		
	50m: 39.24	39.24	450m: 6:42.76	45.87	850m: 12:53.80	46.48	1250m: 19:06.39	46.55
	100m: 1:22.25	43.01	500m: 7:29.40	46.64	900m: 13:39.97	46.17	1300m: 19:52.75	46.36
	150m: 2:06.93	44.68	550m: 8:15.64	46.24	950m: 14:26.53	46.56	1350m: 20:39.49	46.74
	200m: 2:52.41	45.48	600m: 9:02.01	46.37	1000m: 15:13.36	46.83	1400m: 21:25.82	46.33
	250m: 3:37.99	45.58	650m: 9:48.48	46.47	1050m: 15:59.93	46.57	1450m: 22:11.87	46.05
	300m: 4:23.92	45.93	700m: 10:34.39	45.91	1100m: 16:46.52	46.59	1500m: 22:55.85	43.98
	350m: 5:10.16	46.24	750m: 11:21.07	46.68	1150m: 17:33.41	46.89		
	400m: 5:56.89	46.73	800m: 12:07.32	46.25	1200m: 18:19.84	46.43		
5.	Lex Hoogendam	MNC Dordrecht	22:37.34	195700541	<b>23:26.02</b>	+1,02		
	50m: 37.88	37.88	450m: 6:44.02	46.60	850m: 13:04.57	47.82	1250m: 19:27.29	46.74
	100m: 1:21.21	43.33	500m: 7:31.65	47.63	900m: 13:52.47	47.90	1300m: 20:15.62	48.33
	150m: 2:07.02	45.81	550m: 8:18.57	46.92	950m: 14:40.98	48.51	1350m: 21:03.76	48.14
	200m: 2:52.74	45.72	600m: 9:05.84	47.27	1000m: 15:27.38	46.40	1400m: 21:51.68	47.92
	250m: 3:38.59	45.85	650m: 9:53.28	47.44	1050m: 16:15.45	48.07	1450m: 22:39.47	47.79
	300m: 4:24.76	46.17	700m: 10:41.36	48.08	1100m: 17:04.07	48.62	1500m: 23:26.02	46.55
	350m: 5:11.03	46.27	750m: 11:28.86	47.50	1150m: 17:52.81	48.74		
	400m: 5:57.42	46.39	800m: 12:16.75	47.89	1200m: 18:40.55	47.74		

## Masters 60+

1.	Henk Slomp	De Pinquin	21:30.89	195500359	<b>21:45.78</b>	+0,86		
	50m: 36.22	36.22	450m: 6:20.91	43.78	850m: 12:13.59	44.31	1250m: 18:11.75	45.50
	100m: 1:17.48	41.26	500m: 7:04.20	43.29	900m: 12:58.06	44.47	1300m: 18:55.91	44.16
	150m: 2:00.59	43.11	550m: 7:48.46	44.26	950m: 13:42.50	44.44	1350m: 19:40.93	45.02
	200m: 2:44.19	43.60	600m: 8:32.36	43.90	1000m: 14:26.89	44.39	1400m: 20:24.46	43.53
	250m: 3:26.95	42.76	650m: 9:15.73	43.37	1050m: 15:11.91	45.02	1450m: 21:07.26	42.80
	300m: 4:10.49	43.54	700m: 9:59.97	44.24	1100m: 15:57.03	45.12	1500m: 21:45.78	38.52
	350m: 4:53.72	43.23	750m: 10:44.87	44.90	1150m: 16:41.56	44.53		
	400m: 5:37.13	43.41	800m: 11:29.28	44.41	1200m: 17:26.25	44.69		

## Masters 65+





6 - ONMK 2015 kb sessie 6

25-01-2015 - 14:00

Programmanr. 41  
25-01-2015 - 14:00

4 x 100m vrije slag

Masters Open  
Resultaten

rang	vereniging	inschrijftijd		tijd	RT
<b>80+, Dames</b>					
1.	TriVia 1 <i>Nederlands Masters Record</i>	TriVia		4:11.64	4:07.52 +0,83
	Heleen Arends +0,83 30.21 1:03.60 Anita Scheper +0,21 30.37 1:04.34	Karen Stolk Wendan Poelstra		+0,43 29.10 1:01.43 +0,32 27.65 58.15	
2.	Nova 1	Nova		4:12.56	4:12.90 +0,88
	Rianne Hooiveld +0,88 29.47 1:03.50 Gea Hagting +0,34 30.19 1:03.83	Janine de Groot Karin Groen		+0,49 30.30 1:04.13 +0,49 28.63 1:01.44	
3.	LZ 1886 1	LZ 1886		4:13.95	4:14.16 +0,82
	Janet van der Poel +0,82 29.79 1:02.27 Simone de Boer +0,47 30.63 1:05.18	Suzanne Brummel Seline Koek		+0,32 29.77 1:04.14 +0,37 30.17 1:02.57	
4.	GZVW 3	GZVW		4:44.89	4:47.73 +0,76
	Yvonne Wilts +0,76 33.51 1:10.18 Relinda Baas +0,46 34.50 1:13.92	Nadine Blouw Josse van Geffen		+0,54 33.10 1:10.02 +0,46 35.08 1:13.61	
<b>80+, Heren</b>					
1.	Borger 1	Borger		3:45.17	3:42.82 +0,72
	Joost van den Berg +0,72 26.82 56.01 Kieran Keen +0,48 27.90 58.07	Wybren Heida Rowan Keen		+0,33 26.72 57.00 +0,21 24.87 51.74	
2.	LZ 1886 2	LZ 1886		3:47.56	3:48.79 +0,68
	Thomas Hansen +0,68 27.53 58.37 Frank Hezemans +0,56 28.02 58.31	Wesley Keur Kristiaan Lenos		+0,45 27.12 57.85 +0,36 25.28 54.26	
NG.ZA	Merlet 1	Merlet		3:50.24	
<b>80+, Gemengd</b>					
1.	NDD 1	NDD		3:56.32	4:00.55 +0,79
	Robin Eltink +0,79 27.45 57.45 Eva Engelen +0,59 30.47 1:03.95	Carmen Seesing Hjalmar de Ruiter		+0,41 28.92 1:01.42 +0,42 26.88 57.73	
2.	De IJsel 1	De IJsel		4:11.14	4:06.99 +0,86
	Frank Beijering +0,86 27.11 58.20 Robert-Kaj Meenhorst +0,52 27.34 58.37	Martje Godschalk Nikki Hoogeboom		+0,37 31.36 1:06.06 +0,23 30.13 1:04.36	
3.	Octopus 1	Octopus		4:08.43	4:14.36 +0,72
	Roald Blok +0,72 26.86 56.35 Miriam Visserman +0,14 34.22 1:12.15	Irmgard van Weeghel Jeffry van Zetten		+0,46 32.80 1:09.07 +0,22 26.16 56.79	
<b>100+, Dames</b>					
1.	De Meer 1	De Meer		4:29.35	4:29.77 +0,62
	Chantal van der Horst +0,62 31.56 1:05.37 Lindsey Hol +0,52 32.44 1:08.50	Nadège van Meeteren Eline van Gemert		+0,68 33.63 1:09.96 +0,21 31.63 1:05.94	
2.	Montferland 1 100m*	Montferland		4:37.60	4:37.43 +0,77
	Marjie Jansen +0,77 29.32 1:03.73 Kelly Bocking 34.69 1:12.78	Angela Giezen Daphne Meijer		+0,38 19.26 1:10.09 +0,44 33.52 1:10.83	

Programmanr. 41, 4 x 100m vrije slag

100+, Heren

1.	ZPC De Hof <i>Nederlands Masters Record</i> Pieter Pickhardt Emiel Huisken	ZPC De Hof		3:43.74			<b>3:41.98</b>	+0,85
		+0,85	27.37	56.65	Richard Huisken	+0,38	26.14	55.55
		+0,35	26.39	55.38	Jorden Theijink	+0,28	25.60	54.40
2.	Zwemlust-den Hommel 1 Vincent Versteeg Mark Zwart	Zwemlust-den Hommel		3:44.36			<b>3:42.36</b>	+0,76
		+0,76	27.87	57.51	Donny van den Bosch	+0,41	26.39	57.08
		+0,48	27.41	57.86	Aziz Nosairi	+0,29	23.28	49.91
3.	ZIGNEA 1 Vincent Bakker Mark Veldman	ZIGNEA		3:53.16			<b>3:50.32</b>	+0,90
		+0,90	27.76	59.29	Maurijn Bakker	+0,46	27.09	58.94
		+0,48	26.58	56.40	Sebastian Bakker	+0,28	26.27	55.69
4.	AZ&PC De Futen 1 Lorenzo Cavallini Thomas Bruning	AZ&PC De Futen		3:59.42			<b>3:52.78</b>	+0,69
		+0,69	26.08	56.23	Erwin Zuidervelt	+0,36	28.02	59.70
		+0,38	26.54	57.47	Mike Hereijgers	+0,27	27.60	59.38
5.	MGO (SG) 1 Coen van der Wekken Martijn van Hoorn	MGO (SG)		3:55.95			<b>3:59.37</b>	+0,70
		+0,70	28.87	1:01.37	Niels Albrechts	+0,32	27.85	58.99
		+0,72	29.15	59.91	Bastian Zoon	+0,19	27.91	59.10
6.	De Zwoer 1 Pieter Ytsma Matthijs Mulder	De Zwoer		3:46.64			<b>4:00.42</b>	+0,75
		+0,75	27.04	56.91	Joan Mulder	+0,21	32.48	1:10.44
			26.55	56.23	Auke Koops	+0,14	25.83	56.84

100+, Gemengd

1.	ZPC Woerden 1 Ilse van den Wijngaard Patrick de Jonge	ZPC Woerden		4:16.74			<b>4:13.94</b>	+0,76
		+0,76	30.59	1:04.46	Mandy Verbakel	+0,46	30.87	1:04.28
		+0,48	29.83	1:03.34	Niels van Beurden	+0,50	28.58	1:01.86
2.	ZOB'66 1 Hidde Ottens Rebecca Evers	ZOB'66		4:24.52			<b>4:32.17</b>	+0,86
		+0,86	30.29	1:04.59	Harmen Reemst	+0,30	32.45	1:10.06
		+0,65	33.67	1:09.98	Anouk van der Pliigt	+0,39	31.52	1:07.54

120+, Dames

1.	DAW 1 Sandra Pannekeet Petra Tossings	DAW		4:40.90			<b>4:42.89</b>	+0,71
		+0,71	32.04	1:08.41	Sandra Zwaanswijk		32.75	1:07.47
		+0,62	35.64	1:14.52	Agnes van Brug	+0,60	34.03	1:12.49

120+, Heren

1.	d'ELFT 1 Erik Simons Marc Bleeker	d'ELFT		3:45.03			<b>3:43.06</b>	+0,80
		+0,80	25.11	52.39	Egbert Stolk	+0,57	26.81	56.52
		+0,56	29.72	1:02.01	Nol van Thull	+0,42	24.83	52.14
2.	HZ&PC Heerenveen 1 Casper Hut René Beetsma	HZ&PC Heerenveen		3:47.56			<b>3:45.12</b>	+0,69
		+0,69	25.58	52.94	Richard Koehoorn	+0,42	26.29	56.35
		+0,41	28.08	1:00.02	Casper Tichelaar	+0,30	26.02	55.81
3.	Steenwijk 1934 1 Mike Koelewijn Huyb Stegeman	Steenwijk 1934		3:55.77			<b>3:53.92</b>	+0,78
		+0,78	27.34	56.56	Rick Driezen	+0,31	26.59	56.00
		+0,40	31.18	1:06.79	Lauren Vis	+0,12	25.36	54.57
4.	RZ 1 Kelvin Isselt Mark van Wingerden	RZ		4:14.01			<b>4:06.68</b>	+0,72
		+0,72	28.98	1:01.04	Gino Martijn	+0,16	29.36	1:04.23
		+0,21	29.70	1:04.44	Patrick Creemers	+0,36	26.87	56.97

120+, Gemengd

1.	HZ&PC Heerenveen 3 Fraukje Puts Robert Hoiting	HZ&PC Heerenveen		4:28.71			<b>4:22.49</b>	+0,79
		+0,79	29.64	1:01.10	Jannie Vennik	+0,35	35.97	1:15.39
		+0,40	30.13	1:03.90	Gerard Eghuizen	+0,40	28.89	1:02.10
2.	Budel 1 Dyon de Greef Carola Hompes	Budel		4:30.26			<b>4:32.68</b>	+0,79
		+0,79	31.56	1:06.80	Joyce Raemaekers	+0,16	32.47	1:08.14
		+0,41	34.41	1:13.40	Wijjo Mackus	+0,83	30.15	1:04.34
DIS	Steenwijk 1934 1 Lucienne v.d Linde Korstaan de Boer	Steenwijk 1934		4:44.33			AF	
			95		Tara Keijzer		91	
			71		Dick Huisman		75	

Programmanr. 41, 4 x 100m vrije slag

160+, Dames

1. DWK 1	DWK		4:46.15		<b>4:53.68</b>	+0,82	
Iris van Aurich	+0,82	34.06	1:14.69	Liesbeth van Mill	+0,73	35.59	1:15.98
Jennie Resink-lindeboom	+0,40	40.57	1:24.56	Pauline Gouwens	+0,56	27.61	58.45
2. ESCA Zwemmen 1	ESCA Zwemmen		5:37.02		<b>5:35.94</b>	+0,85	
Kiona Peters	+0,85	31.58	1:06.99	Yoka de Vegt- van Dijk	+0,74	41.86	1:31.75
Karin van der Star-Verhoeven	+0,29	34.66	1:15.23	Ria Peters-Veurman	+0,46	48.00	1:41.97

160+, Heren

1. De Gelenberg 1	De Gelenberg		3:57.93		<b>3:53.12 *</b>	+0,94	
<i>Nederlands Masters Record</i>							
John Cobussen	+0,94	28.18	1:00.21	Marcel van Winssen	+0,31	26.41	56.80
Erik Lamers	+0,62	28.59	59.28	Geert Wijn	+0,08	26.56	56.83
2. Upstream Amsterdam 1	Upstream Amsterdam		4:00.00		<b>3:56.59</b>	+0,92	
Peter van Vuuren	+0,92	30.45	1:03.84	Dennis Schouten	+0,24	26.87	56.66
Joost Roelofs	+0,39	28.76	59.55	Jeroen Zelsmann	+0,18	26.49	56.54
3. Zwemvereniging Hoogland 1	Zwemvereniging Hoogland		4:28.34		<b>4:34.05</b>	+0,87	
Paul de Boer	+0,87	30.95	1:06.47	Eric Kalee	+0,90	30.95	1:06.51
Jos Kamps	+0,82	37.45	1:18.90	Rutger Stam	+0,50	28.82	1:02.17

160+, Gemengd

1. WWV 1	WWV		4:36.10		<b>4:37.52</b>	+0,85	
Robert Vink	+0,85	30.75	1:03.84	Laurens Klein Breteler	+0,27	33.61	1:12.07
Lisette van der Lende	+0,53	35.63	1:13.95	Marije Onnink		31.83	1:07.66
2. WIDEX GZC DONK 1	WIDEX GZC DONK		4:45.62		<b>4:47.78</b>	+0,84	
Pierre de Groot	+0,84	34.28	1:10.40	Nathasja Konijn	+0,36	37.10	1:20.19
Jacqueline de Ruiter-Wijnolst	+0,51	32.64	1:08.91	Adrian Ortiz Buitrago	+0,59	31.73	1:08.28
3. Budel 2	Budel		5:09.11		<b>5:13.69</b>	+1,11	
<i>100m*</i>							
Judith van der Heijden	+1,11	42.24	1:37.70	Elly Scheepers	+0,23	35.11	1:15.22
Edward van Nijmweegen	+0,47	33.65	1:12.20	Ruud Kennis	+0,74	32.19	1:08.57

200+, Dames

1. AZ&PC 1	AZ&PC		4:28.96		<b>4:27.71</b>	+0,89	
<i>Nederlands Masters Record</i>							
Petra Casteleijn	+0,89	31.82	1:07.44	Atie Pijtak-Radersma	+0,47	32.41	1:07.60
Marja Bloemzaad	+0,41	31.56	1:06.31	Lidia v. Bon-Rosenbrand	+0,32	31.19	1:06.36

200+, Gemengd

1. Swol 1894 1	Swol 1894		4:47.00		<b>4:45.31</b>	+0,82	
<i>100m*</i>							
Christien Nieuwenhuis	+0,82	34.50	1:13.47	Johan Wezenberg	+0,39	29.67	1:04.52
Marjan Spoelstra	+0,33	39.36	1:23.75	Kasper van den Berghe	+0,64	29.64	1:03.57
2. PSV 3	PSV		4:56.47		<b>5:05.37</b>	+1,07	
Rob Hanou	+1,07	38.12	1:23.10	Patty Verhagen	+0,53	37.15	1:16.92
Philippe van der Beke	+0,70	32.34	1:09.50	Jolanda van Gendt	+0,45	35.42	1:15.85
3. HZ&PC Heerenveen 2	HZ&PC Heerenveen		5:13.14		<b>5:14.72</b>	+0,91	
Peggi Hurenkamp	+0,91	35.04	1:13.59	Pia van der Molen	+0,36	36.63	1:18.78
Arnold Jonker	+0,58	36.01	1:17.57	Jan van der Heide	+0,61	40.03	1:24.78

240+, Dames

1. PSV 4	PSV		6:09.41		<b>6:27.05</b>	+1,04	
Lies Hartman	+1,04	58.04	2:13.17	Lottie Geurts		46.31	1:37.49
Carla Hensen		41.56	1:28.91	Liselotte Joling	+0,62	32.49	1:07.48

Programmanr. 41, 4 x 100m vrije slag

240+, Gemengd

1. PSV 1	PSV	4:46.03	<b>4:40.75</b>	+0,70
<i>Nederlands Masters Record, startzwemmer NMR 100 m. vrije slag</i>				
Corrie Verhoeven	+0,70	36.87	1:18.80	Brend Brevé
Ineke Weekers	+0,51	37.43	1:16.35	Harold Matla
				+0,28
				31.44
				1:04.72
				+0,29
				28.74
				1:00.88

Programmanr. 43  
25-01-2015 - 14:37

Dames, 200m rugslag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
<b>Masters 20+</b>								
1. Wendan Poelstra	TriVia	2:21.52 199102496	<b>2:25.03</b>		33.47	1:10.51	1:48.02	2:25.03
2. Sigrid Dogger	De Zwoer	2:27.06 199200452	<b>2:26.43</b>		34.04	1:11.21	1:49.11	2:26.43
3. Marjolein Maris	De Houtrib	2:24.93 199400210	<b>2:26.83</b>		34.62	1:11.50	1:49.29	2:26.83
4. Suzanne Mosch	MSV-Zeemacht	2:31.82 199400548	<b>2:27.98</b>		34.23	1:11.52	1:49.91	2:27.98
5. Henrieke ten Bokkel	NDD	2:29.26 199402764	<b>2:28.17</b>		34.86	1:13.07	1:51.56	2:28.17
6. Manon van Strien	WVZ	2:31.98 199400770	<b>2:30.27</b>		33.83	1:11.37	1:50.39	2:30.27
7. Kimberly Mijnen	ZV De Zaan	2:28.97 199503644	<b>2:33.42</b>		34.93	1:13.17	1:53.29	2:33.42
8. Aniek Resink	DIO	2:31.89 199500738	<b>2:33.80</b>		35.41	1:14.18	1:53.30	2:33.80
9. Maike Korhouth	TRB-RES	2:43.55 199406034	<b>2:36.18</b>		36.48	1:16.49	1:56.97	2:36.18
10. Tessa Mosch	MSV-Zeemacht	2:38.05 199102172	<b>2:38.52</b>		37.19	1:18.12	1:59.13	2:38.52
11. Getrude Corporaal	ZVZ	2:47.36 199200380	<b>2:42.38</b>		37.38	1:18.05	2:00.39	2:42.38
12. Simone de Boer	LZ 1886	2:35.34 199306858	<b>2:43.69</b>		37.56	1:18.37	2:01.29	2:43.69
13. Lonneke Oenema	Steenwijk 1934	2:58.89 199102314	<b>2:54.45</b>		40.20	1:24.52	2:10.49	2:54.45
14. Rebecca van Eeren	SCOM	3:09.45 199306910	<b>3:02.80</b>		42.80	1:28.86	2:16.83	3:02.80
15. Annemiek van Veen	Dedemsvaart-AC	3:36.64 199305566	<b>3:32.64</b>		51.19	1:45.83	2:40.65	3:32.64
<b>Masters 25+</b>								
1. Rianne Hofland	Sassenheim	2:37.52 198801820	<b>2:34.06</b> *		36.26	1:14.53	1:54.06	2:34.06
2. Anna Boef	LZ 1886	2:33.15 198806288	<b>2:35.44</b>		36.21	1:15.32	1:55.25	2:35.44
3. Ilse van den Wijngaard	ZPC Woerden	2:37.40 198904736	<b>2:37.12</b>		37.04	1:16.75	1:57.05	2:37.12
4. Maaike de Boer	De Duinkickers	2:38.33 199000362	<b>2:43.51</b>		37.48	1:18.99	2:01.57	2:43.51
5. Linda Janssen	ZPB H&L Productions	2:44.10 198802088	<b>2:46.97</b>		40.15	1:21.78	2:04.56	2:46.97
6. Diana Lammers	De Veene	3:02.52 198902572	<b>2:50.72</b>		38.55	1:21.57	2:06.51	2:50.72
7. Joyce Geschiere	WZ&PC Purmerend	2:57.28 199007526	<b>2:51.66</b> *		39.89	1:22.68	2:06.87	2:51.66
8. Cora Vinagre Sendino	CNSW	3:07.23 CNSW/682/88	<b>2:52.52</b>		38.71	1:22.72	2:08.39	2:52.52
9. Lindsey Hol	De Meer	2:46.00 199008088	<b>2:53.07</b> *		40.88	1:23.92	2:08.59	2:53.07
10. Yvonne Bruls	Eurode KZC	2:48.73 199008114	<b>2:53.56</b>		41.00	1:25.32	2:10.68	2:53.56
11. G. van de Wetering	Deltasteur	2:56.57 198904678	<b>2:53.87</b>		40.96	1:24.56	2:09.83	2:53.87
12. Eline Schoenmaker	Zwemlust-den Hommel	2:56.07 199003322	<b>2:55.51</b>		40.78	1:25.75	2:11.70	2:55.51
NG Yvette Nota-Peters	De Spatters	2:46.41 198703158						
<b>Masters 30+</b>								
1. Roos van Esch	d'ELFT	2:32.47 198200468	<b>2:30.90</b>		36.45	1:15.05	1:53.32	2:30.90
2. Sylvia Reijers	De Gelenberg	2:41.59 198201360	<b>2:39.18</b>		36.74	1:16.29	1:57.87	2:39.18
3. Ramona Linting	AZC	3:00.05 198301274	<b>2:46.92</b>		38.04	1:19.46	2:03.49	2:46.92
4. Paulien Schokker	WS Twente	2:49.76 198302876	<b>2:47.12</b>		39.02	1:21.59	2:05.57	2:47.12
5. Angela Giezen	Montferland	3:01.86 198302796	<b>2:52.83</b> *		42.27	1:27.07	2:11.40	2:52.83
6. Linda Hoogendam	Zoetermeer	2:58.27 198300892	<b>2:57.97</b>		41.18	1:26.20	2:12.48	2:57.97
7. Marijke Dirkse	IJZPC	3:09.13 198403480	<b>3:10.18</b>		44.22	1:31.74	2:21.76	3:10.18
8. Rianne van Vegchelen	Deltasteur	3:39.60 198101530	<b>3:54.78</b>		57.89	1:58.45	2:58.11	3:54.78
<b>Masters 35+</b>								
1. Melanie Kuiper	ZIGNEA	2:40.63 197600350	<b>2:38.59</b>		36.74	1:16.97	1:58.08	2:38.59
2. Karin van Dijk	THOR	2:59.18 197601066	<b>2:54.58</b>		40.48	1:24.20	2:10.14	2:54.58
3. Jolanda van Gendt	PSV	2:52.07 197800266	<b>2:55.31</b>		41.14	1:25.69	2:11.04	2:55.31
4. Carmen Haan	ZZG De Boskickers	2:53.52 197901458	<b>2:56.42</b> *		41.12	1:27.58	2:13.76	2:56.42
5. C. van Bruxvoort	ZPB H&L Productions	3:26.91 197700138	<b>3:35.35</b>		50.72	1:44.65	2:40.29	3:35.35



Programmanr. 43, Dames, 200m rugslag

Masters 40+

1. Liselotte Joling	PSV	2:40.67	197500268	<b>2:37.84</b>	37.46	1:18.56	1:58.83	2:37.84
2. Evelien van Klaarbergen	HZ&PC Heerenveen	2:49.39	197200964	<b>2:39.65</b> *	38.03	1:17.77	1:59.09	2:39.65
3. Nadège van Meeteren	De Meer	2:58.07	197400736	<b>2:57.90</b>	42.06	1:26.51	2:12.21	2:57.90
4. Henriëtte Manting	GZVW	3:01.49	197100246	<b>3:00.48</b>	41.91	1:27.79	2:14.80	3:00.48
5. Ingrid Versteegen	DBD	3:17.48	197300770	<b>3:19.17</b>	47.44	1:38.40	2:29.37	3:19.17

Masters 45+

1. Heidi van Stein	LZ 1886	2:46.70	196900864	<b>2:47.40</b>	39.26	1:21.19	2:04.94	2:47.40
2. Janine Horsthuis	De Granaet	2:53.65	196900890	<b>2:49.21</b>	38.89	1:20.79	2:04.54	2:49.21
3. Laura Staal	Oceanus	2:49.79	196700358	<b>2:54.05</b>	41.12	1:25.27	2:09.90	2:54.05
4. Esther Mijnen	WZ&PC Purmerend	3:09.71	196900846	<b>3:10.75</b>	44.78	1:32.53	2:22.89	3:10.75
5. Annette van Dok	MSV-Zeemacht	3:25.03	196800742	<b>3:14.77</b>	47.13	1:37.23	2:27.36	3:14.77
6. Hetty Smalheer	SCOM	3:14.49	196700352	<b>3:25.50</b>	49.49	1:41.58	2:33.56	3:25.50
7. Haya van Blommestein	Aquapoldro	3:53.86	196600482	<b>4:03.81</b>	55.49	1:56.99	3:01.33	4:03.81

Masters 50+

1. Wilna Heijman	Steenwijk 1934	2:48.25	196400506	<b>2:52.85</b>	41.10	1:24.50	2:09.23	2:52.85
2. M. Grove-Lingeman	Oceanus	2:56.30	196200080	<b>2:57.16</b>	40.42	1:25.16	2:11.16	2:57.16
3. Jeannette Ruesink	WS Twente	2:53.91	196300212	<b>2:58.56</b>	43.34	1:28.74	2:14.78	2:58.56

Masters 55+

1. Inge Wolfs	PLONS	3:00.30	196000304	<b>3:03.46</b>	43.38	1:30.16	2:17.60	3:03.46
2. Patty Verhagen	PSV	3:11.59	195900146	<b>3:09.57</b>	47.38	1:36.06	2:24.20	3:09.57
3. Monica Bakker	ZVZ	3:22.36	195600082	<b>3:16.68</b>	46.94	1:36.13	2:26.97	3:16.68
4. Marie-Josée Matte	WVZ	3:17.62	196000326	<b>3:19.59</b>	45.96	1:35.96	2:27.84	3:19.59
5. Pia van der Molen	HZ&PC Heerenveen	3:13.51	196000116	<b>3:28.90</b>	50.04	1:42.22	2:35.78	3:28.90
6. Lies Hartman	PSV	4:38.96	195600116	<b>4:46.53</b>	1:04.34	2:19.17	3:31.99	4:46.53

Masters 60+

1. Margriet Pasma	De Pinquin	3:14.27	195500088	<b>3:10.67</b>	45.11	1:33.04	2:21.86	3:10.67
<i>Nederlands Masters Record</i>								
2. Carla Hensen	PSV	3:25.36	195300062	<b>3:34.66</b>	50.71	1:46.17	2:41.26	3:34.66
3. Tineke van Diggelen	ZPCH	3:53.85	195200048	<b>3:55.30</b>	55.67	1:54.24	2:55.41	3:55.30
4. Fernande Blondeel	CNSW	4:06.35	CNSW/011/52	<b>4:06.48</b> *	58.53	2:01.58	3:05.24	4:06.48

Masters 65+

1. A. Gilding-Tussaud	WS Twente	3:41.24	195000038	<b>3:50.25</b> *	52.64	1:51.59	2:51.96	3:50.25
<i>Kampioenschaps Record</i>								

Masters 70+

1. Loekie v. Huissteden	AZ&PC	4:21.65	194500002	<b>4:26.92</b>	1:03.08	2:11.21	3:19.89	4:26.92
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Programmanr. 44  
25-01-2015 - 15:10

Heren, 200m rugslag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
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Programmanr. 44, Heren, 200m rugslag

Masters 20+

1. Kevin Eltink	DWK	2:10.14	199100589	<b>2:08.41</b>	30.52	1:02.93	1:36.05	2:08.41
2. Nick Cleintuar	ZVVS	2:10.37	199503781	<b>2:09.99</b>	29.78	1:02.44	1:36.38	2:09.99
3. David Koers	AquAmigos	2:12.21	199501229	<b>2:12.09</b>	31.20	1:04.28	1:37.97	2:12.09
4. Pieter Ytsma	De Zwoer	2:14.73	199501809	<b>2:25.32</b>	32.81	1:09.95	1:48.18	2:25.32
5. Ramon van Huizen	MGO (SG)	2:29.80	199400945	<b>2:26.95</b>	35.02	1:11.70	1:49.65	2:26.95
6. Harry Dijkma	Isis	2:36.04	199100487	<b>2:40.19</b>	38.02	1:18.71	1:59.75	2:40.19
DIS Ruben de Boer	De Duinkickers	2:42.99	199301419					
AFGEM Sietse Wijbenga	ZPD	2:19.02	199301967					

RD

Masters 25+

1. Hjalmar de Ruiter	NDD	2:15.57	198902695	<b>2:14.24</b>	31.18	1:05.37	1:40.58	2:14.24
2. Herman Hofman	ZZG De Boskickers	2:16.48	199001229	<b>2:14.95</b>	32.53	1:06.91	1:41.80	2:14.95
3. Erik van der Heide	Zuiderzeewemmers	2:21.20	198801337	<b>2:21.02</b>	32.49	1:08.12	1:44.42	2:21.02
4. Rick Driezen	Steenwijk 1934	2:24.01	198600713	<b>2:21.87</b>	34.50	1:10.02	1:46.07	2:21.87
5. Robert Braad	Steenwijk 1934	2:22.89	198600407	<b>2:22.30</b>	32.56	1:09.08	1:46.27	2:22.30
6. Sverre Oelen	WZ&PC Purmerend	2:27.45	199002147	<b>2:24.64</b>	34.99	1:11.85	1:48.50	2:24.64
7. Bastian Zoon	MGO (SG)	2:29.95	198703929	<b>2:29.62</b>	34.96	1:13.00	1:51.71	2:29.62
8. Melano Winter	RSW (SG)	2:43.94	198703847	<b>2:44.29</b>	37.95	1:19.57	2:02.47	2:44.29

Masters 30+

1. Martijn Giezen	Montferland	2:17.36	198500813	<b>2:17.30</b>	31.62	1:06.47	1:42.12	2:17.30
2. Thommy Nickel	Van Vliet-Barracuda	2:17.28	198401627	<b>2:17.65</b>	32.74	1:07.05	1:42.46	2:17.65
3. Leander Noordijk	MGO (SG)	2:26.85	198101221	<b>2:24.05</b>	32.58	1:07.71	1:46.10	2:24.05
4. Jim Geestman	RSW (SG)	2:29.35	198300699	<b>2:27.80</b>	34.96	1:11.45	1:50.34	2:27.80
5. Marcel Reefhuis	WS Twente	2:22.23	198101381	<b>2:28.70</b>	34.18	1:11.35	1:49.86	2:28.70
6. Rudy de Jong	Isis	2:42.40	198301061	<b>2:45.95</b>	37.75	1:17.91	2:00.40	2:45.95

Masters 35+

1. Egbert Stolk	d'ELFT	2:15.55	197600889	<b>2:12.14</b>	31.47	1:04.45	1:38.46	2:12.14
<i>Kampioenschaps Record</i>								
2. Ivo Roozeboom	WVZ	2:16.99	197700801	<b>2:18.83</b>	32.71	1:08.16	1:43.96	2:18.83
3. Erik Kosters	Noord Veluwe	2:26.02	198000837	<b>2:26.20</b>	33.68	1:11.05	1:49.31	2:26.20
4. Stan Dekker	PLONS	2:26.98	197901823	<b>2:26.60</b>	33.46	1:10.70	1:48.92	2:26.60
5. Arjan Buijsse	Sassenheim	2:25.94	197901767	<b>2:27.65</b>	34.31	1:11.28	1:49.64	2:27.65
6. Markus van Rest	Zoetermeer	2:32.20	197701197	<b>2:32.27</b>	36.27	1:15.21	1:54.65	2:32.27
7. Gino Martijn	RZ	2:57.05	197901865	<b>2:57.39</b>	40.65	1:24.27	2:10.67	2:57.39

100m\*

Masters 40+

1. Tjakko Ruinemans	De Dinkel	2:18.80	197400687	<b>2:15.54</b>	31.88	1:06.79	1:41.85	2:15.54
2. Erwin Zuidervelt	AZ&PC De Futen	2:41.19	197501015	<b>2:37.24</b>	36.80	1:15.89	1:56.29	2:37.24
3. Gerard Eghuizen	HZ&PC Heerenveen	2:29.34	197400197	<b>2:42.99</b>	36.88	1:17.30	2:00.39	2:42.99
4. Korstiaan de Boer	Steenwijk 1934	2:58.03	197101629	<b>2:54.79</b>	40.00	1:23.29	2:08.10	2:54.79

Masters 45+

1. René Beetsma	HZ&PC Heerenveen	2:31.78	196900069	<b>2:28.14</b> *	34.99	1:12.27	1:50.45	2:28.14
2. Guido Keutgen	AZC	2:30.23	196801551	<b>2:28.90</b>	33.65	1:10.92	1:50.08	2:28.90
3. J. van den Berg	WVZ	2:32.29	196801575	<b>2:29.14</b>	34.14	1:11.40	1:50.10	2:29.14

Masters 50+

1. Edwin v. Norden	AZ&PC	2:16.23	196300563	<b>2:21.67</b>	32.16	1:06.69	1:43.73	2:21.67
2. Peter Bernsen	De Rog	2:32.15	196301119	<b>2:26.25</b>	32.82	1:09.20	1:47.08	2:26.25
3. Johan Remmits	ZPC Woerden	2:27.40	196201159	<b>2:26.53</b>	34.59	1:11.41	1:49.44	2:26.53
4. Iurii Perin	Spartak	2:24.68	030044	<b>2:26.62</b>	34.14	1:10.84	1:48.57	2:26.62
5. Ron Korzelius	AZ&PC	2:35.48	196500513	<b>2:36.85</b>	36.15	1:14.83	1:55.55	2:36.85
6. Otto Jansen	LZ 1886	2:39.00	196501403	<b>2:38.73</b>	37.53	1:17.13	1:58.37	2:38.73
7. Fred Heemstra	DAW	2:43.29	196500357	<b>2:46.81</b>	38.25	1:20.07	2:03.98	2:46.81
8. Casper Dollekamp	Steenwijk 1934	2:51.26	196301341	<b>2:52.24</b>	39.60	1:22.08	2:07.91	2:52.24



Open Nederlandse Masters Kampioenschappen 2015 korte baan  
Heerenveen, 23-25 januari 2015



Programmanr. 44, Heren, 200m rugslag, Masters 50+

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
9. Bart van Calker	WS Twente	3:07.09 196100067	<b>3:11.66</b>		45.54	1:33.89	2:23.83	3:11.66
10. Jan Smalheer	SCOM	3:06.09 196400701	<b>3:14.51</b>		46.86	1:35.84	2:25.69	3:14.51
11. Hans Maas	PLONS	3:19.12 196501433	<b>3:22.36</b>		47.87	1:38.81	2:31.46	3:22.36

Masters 55+

1. Andre Storm	Zoetermeer	3:02.01 195600407	<b>2:55.79</b>		40.82	1:26.35	2:13.07	2:55.79
2. Evertjan Masurel	PLONS	2:53.26 195600495	<b>2:57.61</b>		41.08	1:27.05	2:12.98	2:57.61
3. Harry Paas	ZVVS	3:21.99 195800689	<b>3:21.17</b>		43.65	1:34.07	2:27.85	3:21.17
4. Jan Willem Heuten	WS Twente	3:32.01 196000883	<b>3:28.84</b>		49.56	1:43.77	2:39.06	3:28.84

Masters 60+

1. Brend Brevé	PSV	2:51.19 195200265	<b>2:44.81</b>		38.86	1:20.47	2:03.30	2:44.81
2. Jos Kamps	Zwemvereniging Hoogland	3:31.18 195100085	<b>3:40.78</b>		51.64	1:47.05	2:44.58	3:40.78

Masters 65+

1. Ludwig Lorenz	SV Gladbeck 13	3:29.12 127866	<b>3:25.84</b>		49.81	1:41.53	2:35.14	3:25.84
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Masters 70+

1. Rob Hanou	PSV	3:27.10 194300109	<b>3:37.40</b>		50.52	1:46.51	2:42.34	3:37.40
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Masters 75+

1. Frans van Enst	WS Twente	3:03.33 194000011	<b>3:03.13</b>		41.73	1:27.20	2:15.41	3:03.13
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Programmanr. 45  
25-01-2015 - 15:33

Dames, 100m wisselslag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m
1. Yvon Versteeg	De Veene	1:06.17 199201864	<b>1:06.03</b>	+0,74	30.30	1:06.03
2. Pascale Spiekerman	WZ&PC Purmerend	1:08.99 199403030	<b>1:08.55</b>	+0,83	30.60	1:08.55
3. Maaike Vooren	DAW	1:10.55 199103324	<b>1:09.87</b>	+0,80	32.87	1:09.87
4. Whitney van Hoeckel	DIO	1:11.28 199402390	<b>1:10.38</b>	+0,78	33.00	1:10.38
5. Kimberley Kranenberg	ZPC De Hof	1:11.82 199400292	<b>1:11.43</b>	+0,84	32.35	1:11.43
6. Janet van der Poel	LZ 1886	1:10.99 199301842	<b>1:11.64</b>	+0,80	32.43	1:11.64
7. Manon van Strien	WVZ	1:11.64 199400770	<b>1:11.96</b>	+0,86	32.59	1:11.96
8. Isabelle Massar	WVZ	1:10.02 199102034	<b>1:11.98</b>	+0,74	33.20	1:11.98
9. Heleen Arends	TriVia	1:12.65 199404416	<b>1:13.26</b>	+0,86	33.45	1:13.26
10. Cynthia-Maria de Galan	Vereniging Swimcademy	1:12.35 199203416	<b>1:13.55</b>		32.96	1:13.55
11. Chantal van der Horst	De Meer	1:14.10 199400616	<b>1:14.29</b>	+0,74	36.48	1:14.29
12. Simone de Boer	LZ 1886	1:14.10 199306858	<b>1:14.53</b>	+0,80	33.82	1:14.53
13. Janine de Groot	Nova	1:13.79 199500092	<b>1:14.67</b>	+0,87	34.28	1:14.67
14. Seline Koek	LZ 1886	1:15.01 199400622	<b>1:14.68</b>	+0,71	36.45	1:14.68
15. Eline van Gemert	De Meer	1:15.69 199505458	<b>1:15.07</b>	+0,77	35.41	1:15.07
16. Eva Kattouw	De Ward	1:16.43 199407168	<b>1:16.53</b>	+0,75	33.64	1:16.53
17. Ramona Noordermeer	ZVVS	1:19.76 199401746	<b>1:19.07</b>	+0,77	37.57	1:19.07
18. Rebecca Evers	ZOB'66	1:20.29 199207916	<b>1:19.20</b>	+0,72	38.09	1:19.20
19. Jacqueline van den Beukel	Zwemvereniging Westland	1:23.04 199100238	<b>1:20.06</b>	+0,89	35.48	1:20.06
20. Stephanie van Diepen	Noord Veluwe	1:21.09 199500972	<b>1:20.75</b>	+0,71	37.31	1:20.75
21. Wendy Mets	De Lansingh	1:21.77 199105176	<b>1:21.47</b>	+0,63	36.74	1:21.47
22. Daphne Meijer	Montferland	1:24.07 199303850	<b>1:21.54</b>	+0,95	38.05	1:21.54
23. Lisette van der Lende	WWV	1:20.36 199204258	<b>1:21.70</b>	+1,00	37.35	1:21.70
24. Yvonne Wilts	GZVW	1:20.51 199501476	<b>1:21.90</b>	+0,78	39.49	1:21.90
25. Lieke Janssen	HGN (SG)	1:22.74 199305954	<b>1:23.24</b>	+0,95	38.16	1:23.24



## Programmanr. 45, Dames, 100m wisselslag, Masters 20+

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m
26. Sanne de Roo	De Devel	1:23.04 199501934	<b>1:24.53</b>	+0,83	39.71	1:24.53
27. Rebecca van Eeren	SCOM	1:22.13 199306910	<b>1:25.16</b>	+0,82	38.52	1:25.16
28. Daniëlle de Klein	DWF	1:28.49 199404786	<b>1:25.81</b>	+0,80	39.16	1:25.81
29. Hildy Siroen	Merlet	1:26.92 199502154	<b>1:27.05</b>	+0,68	38.28	1:27.05
30. Claudia Creemers	RZ	1:28.05 199202864	<b>1:30.00</b>	+0,81	40.76	1:30.00
31. Taliitha Boelen	DWF	1:31.00 199502910	<b>1:30.24</b>	+0,86	40.97	1:30.24

## Masters 25+

1. Jolanda Post	DIO	1:07.00 199004848	<b>1:07.66</b>	+0,76	31.04	1:07.66
<i>Nederlands Masters Record</i>						
2. Stephanie Rombout	PSV	1:07.99 198803696	<b>1:08.62</b>	+0,77	31.66	1:08.62
3. Jacyntha Plat	De Golfbreker	1:09.21 199002956	<b>1:08.97</b>	+0,75	32.27	1:08.97
4. Sabine Lina	ZPC Woerden	1:08.55 198902680	<b>1:09.77</b>	+0,73	31.78	1:09.77
5. Larissa Brak	AZ&PC	1:09.27 198800572	<b>1:10.55</b>	+0,86	34.61	1:10.55
6. Aniek Huijsman	De Lansingh	1:10.63 198801932	<b>1:10.60</b>	+0,77	32.21	1:10.60
7. Gea Hagting	Nova	1:13.42 198801584	<b>1:14.37</b>	+0,91	34.66	1:14.37
8. Nienke van Stipriaan	PSV	1:15.38 198703970	<b>1:14.87</b>	+0,87	34.84	1:14.87
9. A. Reefhuis-de Vries	WS Twente	1:15.87 198603908	<b>1:15.08</b>	+0,70	34.81	1:15.08
10. Karin van Dijk	HZ&PC Heerenveen	1:16.51 198600850	<b>1:17.10</b>	+0,86	37.84	1:17.10
11. Anna Boef	LZ 1886	1:16.52 198806288	<b>1:17.99</b>	+0,82	34.97	1:17.99
12. Liesbeth van Mill	DWK	1:21.02 198702786	<b>1:21.07</b>	+0,92	36.93	1:21.07
13. Karin Hovenkamp	De Spatters	1:20.46 198701850	<b>1:21.84</b>	+0,59	38.64	1:21.84
14. Eline Schoenmaker	Zwemlust-den Hommel	1:21.60 199003322	<b>1:22.27</b>	+0,70	38.22	1:22.27
15. Julie Thomassen	Merlet	1:20.00 198804278	<b>1:22.29</b>	+0,90	35.91	1:22.29
16. Gerlinde van de Wetering	Deltasteur	1:21.29 198904678	<b>1:22.35</b>	+1,06	37.72	1:22.35
17. Miriam Visserman	Octopus	1:21.17 198704364	<b>1:23.82</b>	+0,75	38.55	1:23.82
18. Margriet Aan het Rot	Octopus	1:25.20 198603088	<b>1:25.73</b>	+0,79	40.25	1:25.73
19. Annebeth van Ark	Octopus	1:27.51 198805588	<b>1:26.69</b>	+0,81	40.07	1:26.69
20. Marieke Weering	ZPC Hoogeveen	1:28.61 198704550	<b>1:27.27</b>	+0,79	40.47	1:27.27
21. Nathalie Bouwmeester	ZPC Hoogeveen	1:32.09 198806894	<b>1:29.88</b>	+0,81	43.04	1:29.88
22. Yvonne Jansen	De Spatters	1:35.77 198907468	<b>1:33.42</b>	+0,94	43.37	1:33.42

## Masters 30+

1. Monique Jonker	TriVia	1:11.78 198501472	<b>1:10.47</b>	+0,78	32.70	1:10.47
2. Nadya Putter	ZVVS	1:10.32 198301630	<b>1:10.71</b>	+0,74	32.53	1:10.71
3. Esther Versteeg	Van Vliet-Barracuda	1:14.93 198302112	<b>1:13.60</b>	+0,86	33.74	1:13.60
4. Wieke Bos	De Roersoppers	1:15.56 198200218	<b>1:15.22</b>	+0,82	34.64	1:15.22
5. Pauline Tieleman	De Geul	1:15.47 198403348	<b>1:17.36</b>	+0,62	35.83	1:17.36
6. Suzan van den Hoogen	WIDEX GZC DONK	1:25.41 198501308	<b>1:24.31</b>		39.05	1:24.31
NG Ingrid Noten	Budel	1:28.01 198504156				

## Masters 35+

1. Claudia van Druen	AquAmigos	1:15.94 197700810	<b>1:15.75</b>	+0,82	35.67	1:15.75
2. Melanie Kuiper	ZIGNEA	1:23.39 197600350	<b>1:17.18</b>	+0,81	35.62	1:17.18
3. Petra Versteegen	WVZ	1:19.73 197700906	<b>1:19.90</b>	+0,91	36.05	1:19.90
4. Heleen Spelde-Fransens	THOR	1:19.35 197901358	<b>1:20.04</b>	+0,98	38.00	1:20.04
5. Kirsten Savelberg	AZC	1:22.86 197901192	<b>1:21.65</b>	+0,75	37.54	1:21.65
6. Marian Nederlof	DWF	1:21.93 197600950	<b>1:21.78</b>	+0,85	39.05	1:21.78
7. Jolanda van Gendt	PSV	1:19.54 197800266	<b>1:22.40</b>	+0,74	38.70	1:22.40
8. Fabiola Bosman	Deltasteur	1:25.82 197701148	<b>1:24.27</b>	+0,81	39.88	1:24.27
9. Inge Otter	De Bevelanders	1:23.05 197801242	<b>1:25.12</b>	+1,00	38.91	1:25.12
10. Paula 't Hart-Buitelaar	ZVVS	1:29.49 197701132	<b>1:26.39</b>	+0,80	40.01	1:26.39

## Masters 40+

1. Edith Janssen-Koolen	TRB-RES	1:14.12 197300898	<b>1:14.46</b>	+0,83	33.55	1:14.46
2. Nadège van Meeteren	De Meer	1:16.90 197400736	<b>1:18.15</b>	+0,88	38.17	1:18.15
3. Evelien Meeuwissen	Sassenheim	1:19.86 197500360	<b>1:20.13</b>	+0,64	36.86	1:20.13
4. Henriëtte Manting	GZVW	1:20.81 197100246	<b>1:20.63</b>	+0,95	37.66	1:20.63
5. Nathasja Konijn	WIDEX GZC DONK	1:32.75 197100992	<b>1:32.33</b>	+0,98	42.41	1:32.33
6. Greta Wyma-Teitsma	DWK	1:36.76 197100696	<b>1:34.87</b>	+0,86	43.57	1:34.87



Programmanr. 45, Dames, 100m wisselslag, Masters 40+

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m
7. Evelien Naatje	WS Twente	1:43.66 197200838	<b>1:36.54</b>	+0,79	46.67	1:36.54
8. Ursula Spoelstra-de Groot	WS Twente	1:37.13 197200952	<b>1:37.00</b>	+0,90	46.64	1:37.00
9. Wendy v.d. Linden	WZ&PC Purmerend	1:40.67 197300882	<b>1:40.43</b>	+0,88	46.00	1:40.43

Masters 45+

1. Monique Tuijp	WZ&PC Purmerend	1:14.26 196900800	<b>1:14.31</b>	+0,85	34.29	1:14.31
2. Heidi van Stein	LZ 1886	1:15.06 196900864	<b>1:16.22</b>	+0,79	34.89	1:16.22
3. Lidia v. Bon-Rosenbrand	AZ&PC	1:14.75 197000054	<b>1:17.50</b>	+0,91	36.19	1:17.50
4. Iris van Aurich	DWK	1:22.37 196900866	<b>1:25.97</b>	+0,77	40.22	1:25.97
5. Annette Korving-Leijenaar	Aqualero	1:25.92 196700662	<b>1:26.02</b>	+0,80	40.55	1:26.02
6. Sandra Hoofs-Buil	DES	1:25.67 196600678	<b>1:27.74</b>	+0,82	39.99	1:27.74
7. Roelien Speelman-Tigelaar	De Spatters	1:30.69 196600664	<b>1:31.49</b>	+0,83	41.72	1:31.49
8. Ingeborg Stokx	DAW	1:40.45 196700666	<b>1:41.25</b>	+0,81	51.13	1:41.25

Masters 50+

1. Marjan Remmits-De Lange	ZPC Woerden	1:16.19 196300518	<b>1:15.86</b>	+0,65	35.72	1:15.86
2. Tatiana Prokofjeva	Troyka	1:21.60 023013	<b>1:20.38</b>	+0,81	38.22	1:20.38
3. Jacqueline Rolloos-Bakker	De Lansingh	1:19.74 196300222	<b>1:21.90</b>	+0,70	37.25	1:21.90
4. Petra Tossings	DAW	1:23.40 196100376	<b>1:25.45</b>	+0,81	40.32	1:25.45
5. K. van der Star-Verhoeven	ESCA Zwemmen	1:27.64 196100382	<b>1:27.12</b> *		39.62	1:27.12
6. Gonnie Paas	ZVVS	1:32.36 196200418	<b>1:34.77</b>	+0,86	45.06	1:34.77

Masters 55+

1. Marijke Kraak-Beckers	WS Twente	1:23.55 196000240	<b>1:24.64</b>	+0,89	40.41	1:24.64
2. Jennie Resink-lindeboom	DWK	1:36.31 196000142	<b>1:37.93</b>	+0,98	45.95	1:37.93
3. Lia Bijkerk	WIDEX GZC DONK	1:41.85 196000014	<b>1:44.48</b>	+0,79	50.18	1:44.48

Masters 60+

1. Christien Nieuwenhuis	Swol 1894	1:25.23 195100022	<b>1:26.25</b>	+0,76	41.21	1:26.25
2. Patty Krupiarz	PLONS	1:32.10 195400074	<b>1:34.82</b>	+0,79	42.66	1:34.82
3. Tineke van Diggelen	ZPCH	1:48.74 195200048	<b>1:49.70</b>		54.66	1:49.70

Masters 65+

1. Corrie Verhoeven	PSV	1:33.32 194600026	<b>1:33.62</b>	+0,68	45.60	1:33.62
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Masters 70+

1. Mieke Strijbis-v.d.Kroft	DAW	2:00.54 194500004	<b>2:01.75</b> *	+1,19	1:05.03	2:01.75
2. Matty van der Veen	Old Dutch	1:54.32 194400020	<b>2:03.94</b>		1:02.99	2:03.94

Programmanr. 46  
25-01-2015 - 16:13

Heren, 100m wisselslag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m
<b>Masters 20+</b>						
1. Mateusz Kobus	ZPC Woerden	57.70 199505963	<b>58.67</b>	+0,75	26.94	58.67
<i>Kampioenschaps Record</i>						
2. Nick Cleintuar	ZVVS	58.78 199503781	<b>59.27</b>	+0,68	27.19	59.27
3. Jeffrey van Deursen	UCAM Club Natacion Fuensanta	59.44 008299187	<b>59.63</b>	+0,73	27.85	59.63
4. Romero Hennep	ZVVS	1:00.14 199304929	<b>1:00.66</b>	+0,71	28.43	1:00.66
5. Roald Blok	Octopus	1:02.05 199302685	<b>1:02.67</b>	+0,75	29.93	1:02.67
6. Christiaan Zwaal	MSV-Zeemacht	1:03.47 199503881	<b>1:04.56</b>	+0,70	29.34	1:04.56
7. Robin Eltink	NDD	1:07.09 199406147	<b>1:05.13</b>	+0,78	29.84	1:05.13
8. Dennis Bosma	Montferland	1:03.60 199403851	<b>1:05.20</b>	+0,70	30.31	1:05.20
9. Jelte Schuurmans	Merlet	1:04.67 199104841	<b>1:05.79</b>	+0,83	29.67	1:05.79
10. Thomas Hansen	LZ 1886	1:04.32 199204327	<b>1:05.81</b>	+0,67	29.70	1:05.81

Programmanr. 46, Heren, 100m wisselslag, Masters 20+

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m
11. Dieder Schuurmans	Merlet	1:04.08	199500447	<b>1:06.35</b>	+0,71	29.70	1:06.35
12. Joey Stokx	DAW	1:04.12	199301251	<b>1:06.97</b>	+0,68	29.23	1:06.97
13. Jorden Theijink	ZPC De Hof	1:01.80	199400323	<b>1:07.16</b>	+0,76	30.19	1:07.16
14. Auke Koops	De Zwoer	1:06.11	199502455	<b>1:07.78</b>	+0,79	30.66	1:07.78
15. Jeffry van Zetten	Octopus	1:03.87	199500755	<b>1:08.42</b>	+0,66	29.96	1:08.42
16. Klaas Schoute	De Dolfijn	1:12.17	199500891	<b>1:08.72</b>	+0,82	32.96	1:08.72
17. Rens Post	WVZ	1:11.32	199101827	<b>1:09.37</b>	+0,71	31.82	1:09.37
18. Frank Hezemans	LZ 1886	1:09.03	199200521	<b>1:09.82</b>	+0,78	31.94	1:09.82
19. Thijs van den End	ZPC Woerden	1:09.80	199306803	<b>1:10.28</b>	+0,90	30.83	1:10.28
20. Mark van Damme	't Tolhekke	1:08.36	199100435	<b>1:10.48</b>	+0,79	32.11	1:10.48
21. Martin van Kammen	ZPD	1:12.10	199502687	<b>1:11.45</b>	+0,84	33.84	1:11.45
22. Yorick Kreuwel	De Veene	1:15.82	199402225	<b>1:12.80</b>	+0,83	34.78	1:12.80
23. Daniel van den Wildenberg	Eurode KZC	1:15.58	199206491	<b>1:15.50</b>	+0,76	34.17	1:15.50
24. Rens Mahler	Merlet	1:19.86	199206411	<b>1:22.36</b>	+0,73	35.95	1:22.36
25. Bob Potkamp	Deltasteur	1:23.45	199403189	<b>1:23.60</b>	+0,92	43.28	1:23.60
DIS Danny Vochteloo	ZZG De Boskickers	1:27.42	199207251				

AF

Masters 25+

1. Erik Simons	d'ELFT	1:02.58	198902845	<b>1:00.34</b>	+0,75	28.91	1:00.34
2. Tim Bunnik	Triton	1:02.47	199000505	<b>1:04.16</b>	+0,82	29.67	1:04.16
3. Patrick Creemers	RZ	1:02.52	199000579	<b>1:04.39</b>	+0,64	29.93	1:04.39
4. Hendrik Ben v/d Boon	ZPD	1:06.12	198804761	<b>1:06.33</b>	+0,63	29.98	1:06.33
5. Joppe Schuurmans	Merlet	1:07.63	198905447	<b>1:06.49</b>	+0,78	30.39	1:06.49
6. Alex Vermeulen	WZK Zwemmen	1:06.47	198905811	<b>1:06.53</b>	+0,81	30.28	1:06.53
7. Vincent Bakker	ZIGNEA	1:05.70	198600107	<b>1:08.50</b>	+0,85	31.43	1:08.50
8. Martijn van Hoor	MGO (SG)	1:09.24	198901343	<b>1:09.01</b>	+0,85	31.99	1:09.01
9. Gerben Rozie	MSV-Zeemacht	1:10.06	199002507	<b>1:09.63</b>	+0,74	31.36	1:09.63
10. Niels van Beurden	ZPC Woerden	1:08.56	198805669	<b>1:10.20</b>	+0,77	33.02	1:10.20
11. Ferdie van Mastrigt	RSW (SG)	1:12.69	198802315	<b>1:11.55</b>	+0,84	32.81	1:11.55
12. Wesley van Diejen	PSV	1:10.28	198604551	<b>1:11.62</b>	+0,79	31.74	1:11.62
13. Ronald Vullings	Merlet	1:09.53	198703655	<b>1:12.14</b>	+0,84	33.36	1:12.14
14. Patrick de Jonge	ZPC Woerden	1:14.10	198906635	<b>1:13.68</b>	+0,79	31.30	1:13.68
15. Harmen Reemst	ZOB'66	1:15.63	198702715	<b>1:17.97</b>	+0,82	35.02	1:17.97
16. Rene Knijpstra	Isis	1:20.10	198806181	<b>1:20.84</b>	+0,74	36.96	1:20.84
DIS Robert Braad	Steenwijk 1934	1:05.81	198600407				

SR

Masters 30+

1. Rick de Greef	Budel	1:01.09	198400749	<b>1:00.71</b>	+0,79	28.44	1:00.71
2. Lauren Vis	Steenwijk 1934	1:01.52	198201883	<b>1:02.57</b>	+0,69	28.49	1:02.57
3. Kristiaan Lenos	LZ 1886	1:01.48	198301331	<b>1:03.16</b>	+0,85	29.15	1:03.16
4. Rob van Vliet	AZ&PC	1:07.51	198402459	<b>1:04.05</b>	+0,86	30.13	1:04.05
5. Robert Dekker	De Veene	1:06.11	198400443	<b>1:04.19</b>	+0,79	29.33	1:04.19
6. Thommy Nickel	Van Vliet-Barracuda	1:04.50	198401627	<b>1:04.32</b>	+0,74	30.05	1:04.32
7. Kevin Lebis	WZ&PC Purmerend	1:05.32	198101037	<b>1:04.58</b>	+0,81	28.99	1:04.58
8. Martijn Giezen	Montferland	1:04.54	198500813	<b>1:04.71</b>	+0,69	28.95	1:04.71
9. Pieter Pickhardt	ZPC De Hof	1:05.82	198301657	<b>1:05.16</b>	+0,83	30.50	1:05.16
10. Gerwin Vonk	De Spatters	1:06.12	198201907	<b>1:06.55</b>	+0,70	30.02	1:06.55
11. Bart Groenemans	PLONS	1:07.34	198200551	<b>1:06.73</b>	+0,73	31.14	1:06.73
12. Mathijs Lenos	HPC	1:10.18	198401407	<b>1:10.89</b>	+0,76	33.02	1:10.89
13. Sebastiaan Baars	WS Twente	1:13.78	198300053	<b>1:14.62</b>	+0,92	34.58	1:14.62
14. Hans Cligge	AZ&PC De Futen	1:16.98	198100315	<b>1:15.28</b>	+0,91	36.02	1:15.28
15. Dyon de Greef	Budel	1:15.33	198202385	<b>1:17.96</b>	+0,76	35.74	1:17.96

Masters 35+

1. Nol van Thull	d'ELFT	1:01.80	198001513	<b>1:00.79</b>	+0,82	28.17	1:00.79
2. Vincent Versteeg	Zwemlust-den Hommel	1:05.84	197701003	<b>1:04.84</b>	+0,76	31.64	1:04.84
3. Mark Zwart	Zwemlust-den Hommel	1:06.35	197901461	<b>1:07.00</b>	+0,84	32.26	1:07.00
4. Freddie Geerlings	HGN (SG)	1:06.03	197900379	<b>1:08.53</b>	+0,90	31.74	1:08.53
5. Arjan Buijsse	Sassenheim	1:10.48	197901767	<b>1:10.10</b>	+0,76	32.60	1:10.10
6. Marnix Cornelisse	LZ 1886	1:25.13	198002343	<b>1:23.47</b>	+0,81	38.76	1:23.47
DIS Evgeny Ryzhov	Sprut	1:00.21	101628				

SK

Programmanr. 46, Heren, 100m wisselslag

Masters 40+

1. Tjakko Ruinemans	De Dinkel	1:02.27	197400687	<b>1:01.80</b>	+0,89	28.11	1:01.80
2. Dennis Schouten	Upstream Amsterdam	1:04.27	197501351	<b>1:04.76</b>	+0,74	29.58	1:04.76
3. Marcel van Winssen	De Gelenberg	1:05.38	197101477	<b>1:05.95</b>	+0,82	30.84	1:05.95
4. Alex Damen	DAW	1:07.73	197501371	<b>1:08.52</b>	+0,79	32.17	1:08.52
5. Joeri Stoffels	AZC	1:09.81	197300851	<b>1:09.70</b>	+0,80	33.06	1:09.70
6. John Cobussen	De Gelenberg	1:10.89	197501323	<b>1:10.21</b>	+0,88	31.89	1:10.21
7. Heiner Stevens	ZIGNEA	1:10.03	197201299	<b>1:11.16</b>	+0,78	33.10	1:11.16
8. Erik Lamers	De Gelenberg	1:11.41	197500507	<b>1:13.20</b>	+0,71	34.16	1:13.20
9. Korstiaan de Boer	Steenwijk 1934	1:21.27	197101629	<b>1:20.89</b>	+0,85	37.92	1:20.89

Masters 45+

1. Glen le Clercq	De Rog	1:05.39	196800177	<b>1:04.73</b>	+0,78	30.29	1:04.73
2. Geert Wijn	De Gelenberg	1:07.42	196701101	<b>1:07.45</b>	+0,72	31.11	1:07.45
3. Richard Ricksen	HGN (SG)	1:06.08	197000841	<b>1:07.73</b>	+0,59	32.33	1:07.73
4. Harold Matla	PSV	1:07.37	196800591	<b>1:07.84</b>	+0,85	33.14	1:07.84
5. Guido Keutgen	AZC	1:09.96	196801551	<b>1:11.22</b>	+0,83	31.83	1:11.22
6. Jos Wensink	WS Twente	1:12.70	196901719	<b>1:11.43</b>	+0,67	32.55	1:11.43
7. Jeroen Kort	DAW	1:14.31	196801543	<b>1:13.09</b>	+0,74	33.80	1:13.09
8. Rob Janssen	De Gelenberg	1:17.30	197001467	<b>1:15.67</b>	+0,83	35.61	1:15.67
9. Danny Zulver	ZVVS	1:16.63	196701617	<b>1:17.12</b>	+0,72	35.29	1:17.12
10. Hans Schoenmakers	DAW	1:16.53	196900863	<b>1:18.23</b>	+0,89	38.41	1:18.23
11. Roelof Broekman	De Spatters	1:17.70	196800155	<b>1:18.87</b>	+0,79	36.76	1:18.87
12. Freddy v.d. Veen	ZVVS	1:17.60	196601161	<b>1:19.12</b>	+1,09	36.30	1:19.12
13. Marcel Brittijn	De Duinkickers	1:18.46	196900159	<b>1:19.93</b>	+0,79	37.37	1:19.93
14. Joop Weenink	WS Twente	1:23.11	196801535	<b>1:21.67</b>	+1,03	39.48	1:21.67
15. René Speelman	De Spatters	1:28.67	196601521	<b>1:30.19</b>	+0,82	42.46	1:30.19
16. Henk van Zetten	Octopus	1:26.93	196701261	<b>1:32.17</b>	+0,84	44.69	1:32.17

Masters 50+

1. Edwin v. Norden	AZ&PC	1:01.21	196300563	<b>1:03.96</b>	+0,71	29.15	1:03.96
2. Wiljam Nijenhuis	De IJsel	1:11.38	196400547	<b>1:10.40</b>	+0,91	33.26	1:10.40
3. John Stokx	DAW	1:10.89	196401341	<b>1:11.37</b>	+0,77	32.45	1:11.37
4. Marcel van der Lem	Vereniging Swimcademy	1:11.73	196500563	<b>1:12.03</b>	+0,89	33.86	1:12.03
5. Fred Heemstra	DAW	1:14.34	196500357	<b>1:12.96</b>	+0,88	32.89	1:12.96
6. Theo Bakker	TriVia	1:14.02	196401231	<b>1:13.55</b>	+0,76	34.83	1:13.55
7. Ronald Grove	Oceanus	1:11.27	196100161	<b>1:15.33</b>	+0,81	35.42	1:15.33
8. Erik Saan	De Duck	1:16.04	196500769	<b>1:17.17</b>	+0,98	34.23	1:17.17
9. Roy le Clercq	De Rog	1:20.06	196401041	<b>1:18.45</b>	+0,91	36.69	1:18.45
10. Otto Jansen	LZ 1886	1:13.20	196501403	<b>1:19.08</b>	+0,84	34.50	1:19.08
11. John Stoffer	Zoetermeer	1:20.95	196300725	<b>1:20.64</b>	+0,76	38.10	1:20.64
12. Mark Kas	PLONS	1:21.11	196100285	<b>1:20.98</b>	+0,94	39.41	1:20.98
13. Jack Barends	WS Twente	1:21.16	196201011	<b>1:21.03</b>	+0,86	38.41	1:21.03
14. Fred Dijkshoorn	Zwemvereniging Westland	1:22.60	196501539	<b>1:21.43</b>	+0,82	36.06	1:21.43
15. Willem Jan Ribberink	WIDEX GZC DONK	1:30.61	196501327	<b>1:28.74</b>	+0,97	45.44	1:28.74

Masters 55+

1. Paul Bunnik	Triton	1:14.96	195600413	<b>1:16.24</b>	+0,98	37.05	1:16.24
2. Adrian Ortiz Buitrago	WIDEX GZC DONK	1:15.50	196000931	<b>1:17.45</b>	+0,79	36.13	1:17.45
3. Willem Zwiers	AquAmigos	1:19.80	195800505	<b>1:20.18</b>	+0,88	39.39	1:20.18
4. Jan Timmerman	IJZPC	1:33.25	195700347	<b>1:34.80</b>	+0,78	44.06	1:34.80
5. Herbert Katgert	WS Twente	1:38.36	195900739	<b>1:38.52</b>	+1,25	48.22	1:38.52
6. Peter Coffeng	WIDEX GZC DONK	1:31.47	195700063	<b>1:38.84</b>	+1,04	49.51	1:38.84

Masters 60+

1. Laurens Klein Breteler	WWV	1:26.18	195400109	<b>1:26.97</b>	+0,79	41.18	1:26.97
2. Nikolay Dronov	Troyka	1:38.01	003037	<b>1:39.18</b>	+1,20	50.78	1:39.18
3. Nello Spiteri	DAW	1:46.58	195200295	<b>1:42.76</b>	+0,91	52.77	1:42.76

Programmanr. 46, Heren, 100m wisselslag

Masters 65+

1. Piet Schop	De Bevelanders	1:20.04	195000109	<b>1:21.90</b>	+0,60	38.69	1:21.90
2. Jaap Kwakkel	DAW	1:28.02	194700157	<b>1:32.44</b>	+0,88	43.39	1:32.44
3. Nico van Dongen	De Devel	2:08.78	194800159	<b>2:13.43</b>	+1,07	1:07.37	2:13.43

Masters 70+

1. Willem Putter	ZVVS	1:30.24	194500135	<b>1:32.87</b>	+1,10	44.81	1:32.87
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Masters 75+

1. J. de Canales Mendoza	R.C. Mediterraneo	1:20.41	1940CAN	<b>1:22.73</b>	+0,90	36.05	1:22.73
<i>Europees Masters Record, Spanish Masters Record</i>							
2. Frans van Enst	WS Twente	1:29.47	194000011	<b>1:32.70</b>	+1,07	42.85	1:32.70

Programmanr. 47  
25-01-2015 - 16:39

Dames, 50m vrije slag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
<b>Masters 20+</b>						
1.	Carmen Seesing	NDD	27.54	199406220	<b>27.57</b>	+0,76
2.	Pascalie Spiekerman	WZ&PC Purmerend	27.61	199403030	<b>27.59</b>	+0,81
3.	Karin Groen	Nova	27.62	199502440	<b>27.78</b>	+0,63
4.	Aniek Resink	DIO	27.58	199500738	<b>27.87</b>	+0,62
5.	Karen Stolk	TriVia	28.08	199403950	<b>28.38</b>	+0,82
6.	Melissa van der Geld	AquAmigos	28.13	199506250	<b>28.40</b>	+0,72
7.	Fraukje Puts	HZ&PC Heerenveen	29.97	199206470	<b>28.41</b>	+0,80
8.	Tessa Mosch	MSV-Zeemacht	27.80	199102172	<b>28.52</b>	+0,68
9.	Isabelle Massar	WVZ	27.82	199102034	<b>28.64</b>	+0,74
10.	Eva Kattouw	De Ward	28.97	199407168	<b>28.95</b>	+0,72
11.	Eva Engelen	NDD	28.33	199405514	<b>29.13</b>	+0,73
12.	Anouk van der Pligt	ZOB'66	28.68	199303296	<b>29.21</b>	+0,65
13.	Suzanne Brummel	LZ 1886	29.67	199401366	<b>29.31</b>	+0,75
14.	Eline van Gemert	De Meer	29.62	199505458	<b>29.82</b>	+0,72
15.	Marije Onnink	WWV	30.88	199102344	<b>29.97</b>	+0,91
16.	Larissa Beernink	De Veene	30.02	199300050	<b>29.99</b>	+0,80
17.	Joyce Raemaekers	Budel	30.29	199106106	<b>30.24</b>	+0,68
18.	Getrude Corporaal	ZVZ	30.67	199200380	<b>30.76</b>	+0,66
19.	Myrthe Talsma	De Golfbreker	30.64	199106844	<b>30.86</b>	+0,79
20.	Rebecca Evers	ZOB'66	31.40	199207916	<b>31.03</b>	+0,81
21.	Marijke Pras	GZVW	31.45	199203700	<b>31.12</b>	+0,92
22.	Jacqueline Schroer	DAW	31.59	199108490	<b>31.45</b>	+0,54
23.	Jacoline van den Beukel	Zwemvereniging Westland	32.27	199100238	<b>31.46</b>	+0,90
24.	Nadine Blouw	GZVW	31.45	199302314	<b>31.52</b>	+0,72
25.	Wendy Mets	De Lansingh	31.52	199105176	<b>31.97</b>	+0,78
26.	Johanna de Boer	ZPD	30.95	199403944	<b>32.02</b>	+0,72
27.	Ramona Noordermeer	ZVVS	31.66	199401746	<b>32.37</b>	+0,79
28.	Lisette van der Lende	WWV	32.37	199204258	<b>33.11</b>	+0,96
29.	Elly Scheepers	Budel	34.71	199102728	<b>33.26</b>	+0,96
30.	Daphne Meijer	Montferland	33.43	199303850	<b>33.34</b>	+0,95
31.	Tara Keijzer	Steenwijk 1934	32.00	199108498	<b>33.37</b>	+0,72
32.	Claudia Meijer	GZVW	34.77	199303016	<b>33.65</b>	+0,84
33.	Daniëlle de Klein	DWF	34.41	199404786	<b>33.83</b>	+0,87
34.	Maaïke Hofland	Sassenheim	34.35	199203754	<b>34.26</b>	+0,59
35.	Hildy Siroen	Merlet	33.66	199502154	<b>35.38</b>	+0,90
36.	Talitha Boelen	DWF	34.80	199502910	<b>35.50</b>	+0,87
37.	Annemiek van Veen	Dedemsvaart-AC	37.87	199305566	<b>35.58</b>	+0,88
38.	Sara Daoudi	RSW (SG)	44.04	199207932	<b>43.51</b>	+0,81

## Programmanr. 47, Dames, 50m vrije slag

## Masters 25+

1.	Elmi Roelofsen	ZVV	27.83	199008198	<b>27.72</b>	+0,86
2.	Stephanie Rombout	PSV	27.95	198803696	<b>27.98</b>	+0,76
3.	Jacyntha Plat	De Golfbreker	28.26	199002956	<b>28.29</b>	+0,77
4.	Aleksandra Bezkravnaya	Sprut	28.31	018061	<b>28.30</b>	+0,94
5.	Sabine Lina	ZPC Woerden	28.06	198902680	<b>28.35</b>	+0,70
6.	Annelette Reefhuis-de Vries	WS Twente	28.50	198603908	<b>28.52</b>	+0,73
7.	Rianne Hooiveld	Nova	28.38	199001572	<b>28.64</b>	+0,65
8.	Auke de Lange	AZC	29.80	198602226	<b>29.13</b>	+0,84
9.	Mandy Verbakel	ZPC Woerden	29.64	199003908	<b>29.21</b>	+0,84
10.	Rianne Hofland	Sassenheim	29.18	198801820	<b>29.24</b>	+0,73
11.	Kirsten Oosterhuis	Eemsrobben	29.40	198903136	<b>29.31</b>	+0,89
12.	Merel Siroen	Merlet	28.75	198804006	<b>29.33</b>	+0,88
13.	Lisanne Andeweg	Zuiderzeezwemmers	29.10	198800092	<b>29.40</b>	+0,77
14.	Aniek Huijsman	De Lansingh	29.86	198801932	<b>29.90</b>	+0,70
15.	Kiona Peters	ESCA Zwemmen	30.90	198903272	<b>29.98</b>	+0,88
16.	Marlijn Mulders	De Treffers	30.65	198803114	<b>30.00</b>	+0,69
17.	Linda Janssen	ZPB H&L Productions	29.95	198802088	<b>30.17</b>	+0,84
18.	Nienke van Stipriaan	PSV	29.69	198703970	<b>30.20</b>	+0,87
19.	Christa Stam	RSW (SG)	30.85	198806790	<b>30.73</b>	+0,79
20.	Selly Swieringa	Aqualero	31.01	199008320	<b>30.79</b>	+0,84
21.	Diana Lammers	De Veene	31.10	198902572	<b>30.92</b>	+0,73
22.	Lindsey Hol	De Meer	31.14	199008088	<b>31.00</b>	+0,76
23.	Joyce Geschiere	WZ&PC Purmerend	31.97	199007526	<b>31.66</b>	+0,81
24.	Carola Hompes	Budel	31.28	198801868	<b>31.88</b>	+0,82
25.	Josse van Geffen	GZVW	31.87	198604730	<b>32.10</b>	+0,87
26.	Serima Veen	De Spatters	31.45	198604104	<b>32.17</b>	+0,86
27.	Petra Zandstra	Isis	33.43	199006248	<b>32.35</b>	+0,71
28.	Miriam Visserman	Octopus	31.84	198704364	<b>33.45</b>	+0,74
29.	Julie Thomassen	Merlet	31.39	198804278	<b>34.22</b>	+0,95
30.	Annebeth van Ark	Octopus	34.32	198805588	<b>34.67</b>	+0,81
31.	Marieke Weering	ZPC Hoogeveen	34.31	198704550	<b>34.96</b>	+0,63
32.	Maaïke Hiemstra	Aqualero	35.85	199008318	<b>35.35</b>	+0,99
33.	Margriet Aan het Rot	Octopus	35.04	198603088	<b>35.44</b>	+0,85
34.	Yvonne Jansen	De Spatters	40.19	198907468	<b>37.19</b>	+0,84

## Masters 30+

1.	Pauline Gouwens	DWK	26.46	198400790	<b>26.49</b>	+0,68
	<i>Nederlands Masters Record</i>					
2.	Monique Jonker	TriVia	28.49	198501472	<b>27.62</b>	+0,77
3.	Marije Jansen	Montferland	28.30	198504088	<b>28.60</b>	+0,76
4.	Sandra Zwaanswijk	DAW	28.58	198503934	<b>29.84</b>	+0,76
5.	Sandra Pannekeet	DAW	29.28	198403458	<b>30.02</b>	+0,71
6.	Ina Schaafsma	PLONS	30.54	198504152	<b>30.08</b>	
7.	Miranda Pijnenburg	De Treffers	30.52	198301216	<b>30.34</b>	+0,87
8.	Emmy Slabbers	De Roersoppers	30.43	198101386	<b>30.68</b>	+0,87
9.	Pauline Tieleman	De Geul	30.00	198403348	<b>30.73</b>	+0,61
10.	Renee de Kok	PSV	32.29	198403350	<b>31.26</b>	+0,76
11.	Angela Giezen	Montferland	32.70	198302796	<b>31.71</b>	+0,83
12.	Suzan van den Hoogen	WIDEX GZC DONK	33.29	198501308	<b>32.94</b>	
13.	Marijke Dirkse	IJZPC	34.73	198403480	<b>33.33</b>	+0,94
NG	Ingrid Noten	Budel	33.70	198504156		

## Masters 35+

1.	Claudia van Drunen	AquAmigos	28.92	197700810	<b>29.62</b>	+0,81
2.	Heleen Spelde-Fransens	THOR	30.50	197901358	<b>30.40</b>	+0,93
3.	Marian Nederlof	DWF	30.92	197600950	<b>31.25</b>	+0,84
4.	Petra Verstegen	WVZ	31.45	197700906	<b>31.92</b>	+0,86
5.	Kirsten Savelberg	AZC	32.95	197901192	<b>32.71</b>	+0,72
6.	Inge Otter	De Bevelanders	32.44	197801242	<b>32.73</b>	+0,90
7.	Fabiola Bosman	Deltasteur	33.46	197701148	<b>32.86</b>	+0,79
8.	Karin Smolders	Budel	36.65	197601078	<b>32.94</b>	+0,90
9.	Patricia Vos	TRB-RES	33.96	198001730	<b>32.98</b>	+0,81
10.	Agnes van Brug	DAW	40.12	198001726	<b>33.18</b>	+0,87

## Programmanr. 47, Dames, 50m vrije slag

## Masters 40+

1.	Marty Krans-de Weerd	ZCNF'34	29.36	197500604	<b>29.19</b>	+0,92
2.	Edith Janssen-Koolen	TRB-RES	29.90	197300898	<b>29.48</b>	+0,85
3.	Inez Heideman	WS Twente	29.37	197500198	<b>29.60</b>	+0,85
4.	Liselotte Joling	PSV	29.74	197500268	<b>29.74</b>	+0,92
5.	Jacqueline de Ruiter-Wijnolst	WIDEX GZC DONK	29.87	197400446	<b>30.64</b>	+0,84
6.	Evelien Meeuwissen	Sassenheim	31.42	197500360	<b>32.27</b>	+0,64
7.	Catarina Matos	De Rog	36.25	197200976	<b>33.92</b>	+0,87
8.	Natasja Linderhof	De Dinkel	35.90	197500786	<b>36.58</b>	+0,89
9.	Evelien Naatje	WS Twente	36.07	197200838	<b>36.71</b>	+0,93
10.	Wendy v.d. Linden	WZ&PC Purmerend	41.50	197300882	<b>41.69</b>	+0,89

## Masters 45+

1.	Monique Tuijp	WZ&PC Purmerend	27.69	196900800	<b>27.91</b>	+0,87
	<i>Nederlands Masters Record</i>					
2.	Petra Casteleijn	AZ&PC	31.73	196600098	<b>30.81</b>	+0,85
3.	Lidia v. Bon-Rosenbrand	AZ&PC	29.64	197000054	<b>30.98</b>	+0,92
4.	Marja Verwoerd	ZPC Woerden	32.08	196900954	<b>31.60</b>	+0,64
5.	Jacqueline Tuin	DAW	36.16	196600690	<b>31.91</b>	+0,63
6.	Marion Broekhuis	WS Twente	32.28	196800060	<b>32.27</b>	+0,58
7.	Roelien Speelman-Tigelaar	De Spatters	34.35	196600664	<b>33.76</b>	+0,68
8.	Sandra Hoofs-Buil	DES	33.32	196600678	<b>33.79</b>	+0,77
9.	Yvette Kilian	Zoetermeer	33.46	196600534	<b>34.28</b>	+0,86
10.	Miriam Stevens	Budel	37.17	196900988	<b>36.11</b>	+1,06
11.	Ingeborg Stokx	DAW	36.40	196700666	<b>36.59</b>	+0,76
12.	Sandra Daamen-Posma	AZC	35.78	196800854	<b>36.81</b>	+1,19
13.	Hetty Smalheer	SCOM	36.77	196700352	<b>37.35</b>	+0,95
14.	Cora Smulders	ESCA Zwemmen	40.61	196600668	<b>41.36</b>	+0,77
15.	Judith van der Heijden	Budel	42.65	197001012	<b>41.42</b>	+1,03
16.	Ciska Wagter	Steenwijk 1934	44.25	197000978	<b>44.82</b>	+0,86
17.	Haya van Blommestein	Aquapoldro	45.05	196600482	<b>48.07</b>	

## Masters 50+

1.	Marja Bloemzaad	AZ&PC	29.45	196100014	<b>29.74</b>	+0,79
2.	Svetlana Bezkravnaya	Sprut	30.80	018062	<b>30.89</b>	+0,95
3.	Wilna Heijman	Steenwijk 1934	32.83	196400506	<b>33.22</b>	+0,81
4.	Karin van der Star-Verhoeven	ESCA Zwemmen	32.93	196100382	<b>33.27</b>	+0,84
5.	Yoka de Vegt- van Dijk	ESCA Zwemmen	37.55	196200420	<b>39.68</b>	+0,89
6.	Riekje Schra	Steenwijk 1934	52.10	196400404	<b>53.60</b>	+1,40

## Masters 55+

1.	Atie Pijtak-Radersma	AZ&PC	30.81	195600048	<b>31.00</b>	+0,78
2.	Marijke Kraak-Beckers	WS Twente	33.08	196000240	<b>33.75</b>	+0,81
3.	Pia van der Molen	HZ&PC Heerenveen	33.72	196000116	<b>34.02</b>	+0,89
4.	Lia Bijkerk	WIDEX GZC DONK	38.68	196000014	<b>40.39</b>	
5.	Ria Peters-Veurman	ESCA Zwemmen	44.10	195800242	<b>43.81</b>	
6.	Ely de Galan Sepers	Vereniging Swimcademy	45.39	195800208	<b>47.13</b>	+1,22
7.	Lies Hartman	PSV	52.46	195600116	<b>54.07</b>	+1,08
DIS	Marion Kolkman-Pluim	ESCA Zwemmen	42.80	196000330		AA
NG	Marie-Josée Matte	WVZ	38.77	196000326		

## Masters 60+

1.	Christien Nieuwenhuis	Swol 1894	32.31	195100022	<b>32.74</b>	+0,74
2.	Patty Krupiarz	PLONS	34.83	195400074	<b>35.35</b>	+0,78
3.	Geerdien Meerwaldt	De Geul	50.16	195200058	<b>50.64</b>	+0,98
4.	Nini van Dongen-de Paepe	De Devel	1:03.31	195100044	<b>1:08.79</b>	+1,40

Programmanr. 47, Dames, 50m vrije slag

Masters 65+

1.	Corrie Verhoeven	PSV	34.29	194600026	<b>35.20</b>	+0,90
2.	Annet Verhoeven	De Duinkickers	44.50	194600024	<b>45.21</b>	

Masters 70+

1.	Loekie v. Huissteden	AZ&PC	45.19	194500002	<b>47.26</b>	+1,05
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Masters 80+

1.	Lottie Geurts	PSV	40.23	193500006	<b>43.62</b>	+1,23
	<i>Nederlands Masters Record</i>					

Programmanr. 48  
25-01-2015 - 17:00

Heren, 50m vrije slag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
<b>Masters 20+</b>						
1.	Mateusz Kobus	ZPC Woerden	23.29	199505963	<b>23.61</b>	+0,73
2.	Romero Hennep	ZVVS	24.43	199304929	<b>24.35</b>	+0,67
3.	Mike Koelewijn	Steenwijk 1934	25.71	199303597	<b>25.04</b>	+0,69
4.	Erwin Sneek	AZ&PC De Futen	25.97	199102153	<b>25.56</b>	+0,72
5.	David Koers	AquAmigos	25.37	199501229	<b>25.68</b>	+0,73
6.	Jelte Schuurmans	Merlet	25.52	199104841	<b>25.75</b>	+0,80
7.	Dieder Schuurmans	Merlet	25.39	199500447	<b>25.88</b>	+0,54
8.	Thomas Bruning	AZ&PC De Futen	27.20	199501161	<b>25.90</b>	+0,67
9.	Mark Veldman	ZIGNEA	25.46	199504801	<b>25.97</b>	+0,63
10.	Dennis Bosma	Montferland	25.54	199403851	<b>25.98</b>	+0,68
11.	Wybren Heida	Borger	25.95	199404999	<b>26.26</b>	+0,70
12.	Rens Post	WVZ	26.33	199101827	<b>26.81</b>	+0,74
13.	Martin van Kammen	ZPD	27.77	199502687	<b>27.18</b>	+0,89
14.	Wesley Keur	LZ 1886	26.29	199405489	<b>27.23</b>	+0,83
15.	Mark van Damme	't Tolhekke	27.12	199100435	<b>27.24</b>	+0,78
16.	Yorick Kreuwel	De Veene	27.84	199402225	<b>27.32</b>	+0,77
17.	Coen van der Wekken	MGO (SG)	28.48	199202965	<b>28.14</b>	+0,75
18.	Michiel van Vliet	ZPC Woerden	28.88	199503875	<b>28.35</b>	+0,75
19.	Ramon van Huizen	MGO (SG)	29.20	199400945	<b>28.64</b>	+0,75
20.	Daniel van den Wildenberg	Eurode KZC	29.73	199206491	<b>30.04</b>	+0,72
21.	Rens Mahler	Merlet	29.56	199206411	<b>30.40</b>	+0,59
22.	Jelle Hatendoer	RSW (SG)	31.80	199207309	<b>31.06</b>	+0,77
23.	Bob Potkamp	Deltasteur	30.50	199403189	<b>31.35</b>	+0,91

Masters 25+

1.	Hjalmar de Rooter	NDD	23.98	198902695	<b>24.06</b>	+0,67
2.	Lorenzo Cavallini	AZ&PC De Futen	24.33	199007465	<b>25.00</b>	+0,71
3.	Sjoerd Boertien	De Houtrib	25.50	199000305	<b>25.21</b>	+0,67
4.	Erik van der Heide	Zuiderzeezwemmers	25.42	198801337	<b>25.60</b>	+0,75
5.	Martijn van Hoorn	MGO (SG)	25.82	198901343	<b>25.83</b>	+0,80
6.	Sverre Oelen	WZ&PC Purmerend	25.64	199002147	<b>26.11</b>	+0,83
7.	Mark Pijtak	AZ&PC	27.26	199002287	<b>26.38</b>	+0,74
8.	Joppe Schuurmans	Merlet	26.00	198905447	<b>26.55</b>	+0,72
9.	Ronald Vullings	Merlet	25.92	198703655	<b>26.78</b>	+0,86
10.	Roel van Beek	Montferland	26.96	198905861	<b>27.53</b>	+0,88
11.	Patrick de Jonge	ZPC Woerden	27.79	198906635	<b>27.61</b>	+0,78
12.	Niels van Beurden	ZPC Woerden	28.48	198805669	<b>27.74</b>	+0,77
13.	Gerben Rozie	MSV-Zeemacht	29.03	199002507	<b>27.88</b>	+0,70
14.	Wesley van Diejen	PSV	27.97	198604551	<b>28.09</b>	+0,73
15.	Mark Effing	Merlet	27.36	198600761	<b>28.24</b>	+0,78
16.	Eric Kalee	Zwemvereniging Hoogland	28.48	199005307	<b>29.55</b>	+0,98
17.	Wouter van 't Klooster	AZ&PC	30.00	198806159	<b>29.98</b>	+0,78
18.	Sven Schutte	Zwemlust-den Hommel	29.36	198604713	<b>30.75</b>	+0,63



Programmanr. 48, Heren, 50m vrije slag, Masters 25+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
19.	Tom Pijnappel	Merlet	35.63	198906837	<b>35.07</b>	+1,02
NG	Bart Drechsel	WZK Zwemmen	25.15	198604135		

Masters 30+

1.	Emiel Huisken	ZPC De Hof	25.50	198501139	<b>25.33</b>	+0,73
2.	Robert Dekker	De Veene	25.97	198400443	<b>25.59</b>	+0,83
3.	Richard Huisken	ZPC De Hof	25.50	198501141	<b>25.93</b>	+0,74
4.	Jim Geestman	RSW (SG)	25.42	198300699	<b>25.94</b>	+0,86
5.	Bart Groenemans	PLONS	26.64	198200551	<b>25.98</b>	+0,72
6.	Ralf Tillmans	De Roersoppers	25.72	198502597	<b>26.25</b>	+0,85
7.	Gerwin Vonk	De Spatters	26.37	198201907	<b>26.46</b>	+0,68
8.	Mike Hereijgers	AZ&PC De Futen	25.98	198501007	<b>26.80</b>	+0,54
9.	Hans Cligge	AZ&PC De Futen	29.52	198100315	<b>29.87</b>	+0,87
10.	Rudy de Jong	Isis	29.65	198301061	<b>30.18</b>	+0,91
11.	Jordy Arendsen	AZ&PC De Futen	32.71	198200039	<b>30.29</b>	+0,78
12.	Remco Veerkamp	Zuiderzeezwemmers	33.18	198102311	<b>33.37</b>	+0,96

Masters 35+

1.	Nol van Thull	d'ELFT	24.37	198001513	<b>24.25</b>	+0,82
2.	Casper Hut	HZ&PC Heerenveen	24.26	197800471	<b>24.30</b>	+0,73
3.	Jeroen Zelsmann	Upstream Amsterdam	24.65	197701551	<b>24.78</b>	+0,76
4.	Bas v.d. Nouwelant	ZVVS	26.72	198001103	<b>25.96</b>	+0,81
5.	Stan Dekker	PLONS	26.35	197901823	<b>26.19</b>	+0,83
6.	Victor Barnar	GoSwim	26.82	197801805	<b>26.50</b>	+0,80
7.	Vincent Versteeg	Zwemlust-den Hommel	26.36	197701003	<b>26.65</b>	+0,74
8.	Mark Zwart	Zwemlust-den Hommel	26.44	197901461	<b>26.96</b>	+0,86
9.	Kelvin Isselt	RZ	26.87	197601119	<b>27.05</b>	+0,85
10.	Berry van Holland	TriVia	27.56	198000603	<b>27.28</b>	+0,76
11.	Robert Hoiting	HZ&PC Heerenveen	29.39	198002369	<b>27.56</b>	+0,83
12.	Gino Martijn	RZ	28.43	197901865	<b>28.68</b>	+0,73
13.	Marcel Tibben	ZPC Hoogeveen	29.14	197801857	<b>28.87</b>	+0,62
14.	Johan Wezenberg	Swol 1894	29.09	197601023	<b>29.06</b>	+0,99
15.	Marnix Cornelisse	LZ 1886	31.73	198002343	<b>32.63</b>	+0,79
NG.ZA	Reinier Ellenkamp	De Rog	26.45	198002109		
NG	Raymond Oosterbaan	WIDEX GZC DONK	27.64	197700711		

Masters 40+

1.	Joeri Stoffels	AZC	26.20	197300851	<b>25.92</b>	+0,86
2.	Marcel van Winssen	De Gelenberg	25.84	197101477	<b>26.36</b>	+0,65
3.	Erik Lamers	De Gelenberg	27.05	197500507	<b>27.02</b>	+0,69
4.	John Cobussen	De Gelenberg	27.89	197501323	<b>27.30</b>	+0,83
5.	Rogier Becker	De Dinkel	28.72	197301439	<b>29.14</b>	+0,85
	Wiljo Mackus	Budel	28.62	197101557	<b>29.14</b>	+0,87
7.	Dick Huisman	Steenwijk 1934	32.27	197501409	<b>31.80</b>	+0,81
NG	Arnold Kiburg	Steenwijk 1934	30.77	197501423		

Masters 45+

1.	Glen le Clercq	De Rog	25.59	196800177	<b>25.47</b>	+0,78
2.	Gijsbert van der Leden	PSV	28.33	196700597	<b>26.48</b>	+0,93
3.	Martin Kaptein	DWK	28.02	196701677	<b>27.39</b>	+0,85
4.	Gerko Versluis	Zuiderzeezwemmers	28.30	196901439	<b>28.02</b>	+0,94
5.	Rob Verheul	TRB-RES	28.99	196601571	<b>28.05</b>	+0,86
6.	Jos Wensink	WS Twente	28.60	196901719	<b>28.33</b>	+0,64
7.	Jeroen Kort	DAW	28.61	196801543	<b>28.90</b>	+0,71
8.	Freddy v.d. Veen	ZVVS	28.79	196601161	<b>29.00</b>	+1,12
9.	Mark van Wingerden	RZ	28.64	197001665	<b>29.12</b>	+0,88
10.	Marcel Tuerlings	TRB-RES	30.09	196601577	<b>30.12</b>	+0,75
11.	Rob Janssen	De Gelenberg	30.42	197001467	<b>30.66</b>	+0,89
12.	Edward van Nijmweegen	Budel	31.11	197001635	<b>31.17</b>	+0,92
13.	Jeroen v.d. Linden	WZ&PC Purmerend	34.60	196601499	<b>31.34</b>	+1,02
14.	René Speelman	De Spatters	31.23	196601521	<b>31.66</b>	+0,78





## Programmanr. 48, Heren, 50m vrije slag, Masters 45+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
15.	Roelof Broekman	De Spatters	31.06	196800155	<b>31.68</b>	+0,78
16.	Joost van Eerd	Budel	32.41	196901723	<b>32.96</b>	+0,85
17.	Ramon Alsina Munoz	CNSW	33.57	CNSW/608/69	<b>33.15</b>	+0,96
18.	Gertjan van der Vaart	ZVVS	32.98	196801529	<b>33.28</b>	+0,79
19.	Gertjan van de Bosch	IJZPC	33.99	197001615	<b>33.40</b>	+0,77
20.	David van 't Hooft	PSV	35.11	196901595	<b>34.25</b>	+0,96
21.	Jan-Pieter Broos	Budel	40.20	196801597	<b>36.83</b>	+1,16

## Masters 50+

1.	Peter Bernsen	De Rog	26.50	196301119	<b>26.07</b>	+0,67
2.	Iurii Perin	Spartak	26.72	030044	<b>26.83</b>	+0,99
3.	Hans Westerhof	WS Twente	27.51	196200743	<b>27.40</b>	+0,89
4.	Marcel van der Lem	Vereniging Swimcademy	27.60	196500563	<b>27.71</b>	+0,81
5.	Robert Vink	WWV	27.79	196301075	<b>28.10</b>	+0,89
6.	Ivo Buchholz	WS Twente	28.76	196401165	<b>28.56</b>	+0,88
7.	Erik Saan	De Duck	28.33	196500769	<b>28.92</b>	+0,96
8.	Eric de Haas	De Treffers	28.33	196501275	<b>28.95</b>	+0,88
9.	Fred Dijkshoorn	Zwemvereniging Westland	29.77	196501539	<b>29.59</b>	+0,83
10.	Henry Brouwer	Aqualero	30.18	196301223	<b>29.77</b>	+0,89
11.	Ruud Kennis	Budel	30.65	196501555	<b>29.87</b>	+0,93
12.	Casper Dollekamp	Steenwijk 1934	30.60	196301341	<b>30.59</b>	+0,77
13.	Joost de Kroon	AquAmigos	29.37	196400999	<b>30.63</b>	+0,84
14.	Cees Kersten	De Rog	31.80	196401435	<b>30.71</b>	+0,93
15.	Willem Jan Ribberink	WIDEX GZC DONK	30.56	196501327	<b>30.97</b>	+0,94
16.	Jose Serrano	DES	30.98	196401437	<b>31.07</b>	+0,90
17.	Jack Barends	WS Twente	30.96	196201011	<b>31.57</b>	+0,92
18.	Theo Bakker	TriVia	28.59	196401231	<b>32.07</b>	+0,76
19.	Arie van Damme	't Tolhekke	34.09	196101029	<b>35.79</b>	+0,84
20.	Hans van Scheepen	Steenwijk 1934	38.87	196201245	<b>38.65</b>	+0,99

## Masters 55+

1.	Richard Broer	PLONS	29.99	195900077	<b>28.53</b>	+0,81
2.	Adrian Ortiz Buitrago	WIDEX GZC DONK	29.00	196000931	<b>29.18</b>	+0,83
3.	Peter van Vuuren	Upstream Amsterdam	29.68	196000641	<b>29.26</b>	+0,90
4.	Andre Storm	Zoetermeer	30.19	195600407	<b>29.65</b>	+0,75
5.	Durand Lammers	ESCA Zwemmen	30.57	196001071	<b>30.55</b>	+1,00
6.	Willem Zwiers	AquAmigos	31.52	195800505	<b>31.14</b>	
7.	Jos Zentjens	Budel	32.05	195700569	<b>31.93</b>	+0,82
8.	Evertjan Masurel	PLONS	30.52	195600495	<b>32.00</b>	
9.	Peter Coffeng	WIDEX GZC DONK	33.65	195700063	<b>34.29</b>	+0,93
10.	Jan Timmerman	IJZPC	35.04	195700347	<b>35.43</b>	+0,67
11.	Herbert Katgert	WS Twente	36.89	195900739	<b>36.01</b>	+1,27

## Masters 60+

1.	Laurens Klein Breteler	WWV	31.53	195400109	<b>32.51</b>	+0,83
2.	Jos Kamps	Zwemvereniging Hoogland	33.16	195100085	<b>33.79</b>	+1,16
3.	Sjoerd van de Berg	De Rog	36.23	195400355	<b>36.93</b>	+0,94
4.	Jan van der Heide	HZ&PC Heerenveen	42.26	195100059	<b>38.36</b>	+1,08

## Masters 65+

1.	Piet Schop	De Bevelanders	31.01	195000109	<b>31.77</b>	+0,64
2.	Wout Hemmes	De Plons	32.38	194800059	<b>32.68</b>	+0,83
3.	Jaap Kwakkel	DAW	32.17	194700157	<b>33.42</b>	+0,92
4.	Nico van Dongen	De Devel	40.53	194800159	<b>42.83</b>	+1,22

## Masters 70+

1.	Willem Putter	ZVVS	33.59	194500135	<b>34.72</b>	+1,02
2.	Geza Kaltenecker	AZC	36.17	194200065	<b>36.08</b>	+0,88
3.	Ruud Sloof	De Rijn	35.73	194400073	<b>36.98</b>	+0,75

Programmanr. 48, Heren, 50m vrije slag

Masters 75+

1. Gregor Pompen	Aqua-Novio'94	39.16	193700021	<b>42.69</b>	+1,01
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Programmanr. 49  
25-01-2015 - 17:18

Dames, 100m vlinderslag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m
<b>Masters 20+</b>							
1. Marjolein Maris	De Houtrib	1:04.98	199400210	<b>1:06.39</b>	+0,66	30.64	1:06.39
2. Zoë van der Aart	ZPCH	1:06.71	199503152	<b>1:07.10</b>	+0,83	31.48	1:07.10
3. Suzanne Mosch	MSV-Zeemacht	1:08.71	199400548	<b>1:07.85</b>	+0,76	30.76	1:07.85
4. Karen Stolk	TriVia	1:07.14	199403950	<b>1:08.86</b>	+0,85	32.64	1:08.86
5. Maïke Korthout	TRB-RES	1:10.54	199406034	<b>1:09.70</b>	+0,74	32.06	1:09.70
6. Fraukje Puts	HZ&PC Heerenveen	1:14.66	199206470	<b>1:10.24</b>	+0,87	32.83	1:10.24
7. Whitney van Hoeckel	DIO	1:10.68	199402390	<b>1:10.31</b>	+0,83	33.55	1:10.31
8. Janet van der Poel	LZ 1886	1:09.55	199301842	<b>1:11.06</b>	+0,80	31.87	1:11.06
9. Kimberley Kranenberg	ZPC De Hof	1:11.42	199400292	<b>1:11.38</b>	+0,82	33.18	1:11.38
10. Suzanne Brummel	LZ 1886	1:11.42	199401366	<b>1:11.65</b>	+0,73	32.75	1:11.65
11. Karin Groen	Nova	1:13.97	199502440	<b>1:14.74</b>	+0,67	34.05	1:14.74
12. Eva Engelen	NDD	1:12.91	199405514	<b>1:15.63</b>	+0,70	33.82	1:15.63
13. Chantal van der Horst	De Meer	1:16.70	199400616	<b>1:16.69</b>	+0,82	35.73	1:16.69
14. Anouk van der Pligt	ZOB'66	1:13.85	199303296	<b>1:17.42</b> *	+0,74	34.31	1:17.42
15. Janine de Groot	Nova	1:17.96	199500092	<b>1:17.99</b>	+0,88	35.06	1:17.99
16. Cynthia-Maria de Galan	Vereniging Swimcademy	1:13.70	199203416	<b>1:19.57</b>		35.53	1:19.57
17. Jacqueline Schroer	DAW	1:22.40	199108490	<b>1:22.37</b>	+0,64	38.65	1:22.37
18. Stephanie van Diepen	Noord Veluwe	1:21.96	199500972	<b>1:24.13</b>	+0,59	38.18	1:24.13
19. Lonneke Oenema	Steenwijk 1934	1:27.57	199102314	<b>1:24.56</b>	+0,78	38.32	1:24.56
20. Kelly Bockting	Montferland	1:35.96	199104050	<b>1:29.44</b>	+0,83	41.26	1:29.44
21. Maaïke Hofland	Sassenheim	1:32.78	199203754	<b>1:37.40</b>	+0,54	42.70	1:37.40

Masters 25+

1. Jolanda Post	DIO	1:07.70	199004848	<b>1:08.33</b>	+0,71	31.51	1:08.33
2. Kirsten Oosterhuis	Eemsrobben	1:10.63	198903136	<b>1:10.96</b>	+0,91	32.66	1:10.96
3. Larissa Brak	AZ&PC	1:12.33	198800572	<b>1:12.55</b>	+0,89	33.76	1:12.55
4. Anita Scheper	TriVia	1:13.78	198803862	<b>1:14.23</b>	+0,91	33.66	1:14.23
5. Tamara Caspers	LZ 1886	1:13.24	199007272	<b>1:14.40</b>	+0,75	33.63	1:14.40
6. Karin Hovenkamp	De Spatters	1:16.34	198701850	<b>1:14.81</b>	+0,74	35.32	1:14.81
7. Auke de Lange	AZC	1:18.88	198602226	<b>1:15.79</b>	+0,82	34.96	1:15.79
8. Rita Spithoff	RSW (SG)	1:14.28	198804124	<b>1:16.24</b>	+0,79	35.38	1:16.24
9. Ilse van den Wijngaard	ZPC Woerden	1:16.11	198904736	<b>1:18.21</b>	+0,76	35.25	1:18.21
10. Liesbeth van Mill	DWK	1:20.73	198702786	<b>1:20.09</b>	+0,88	36.01	1:20.09
11. Karin van Dijk	HZ&PC Heerenveen	1:14.78	198600850	<b>1:21.08</b>	+0,84	35.53	1:21.08

Masters 30+

1. Pauline Gouwens	DWK	1:02.61	198400790	<b>1:03.37</b>	+0,76	29.36	1:03.37
2. Nadya Putter	ZVVS	1:08.26	198301630	<b>1:09.05</b>	+0,73	32.08	1:09.05
3. Roos van Esch	d'ELFT	1:10.50	198200468	<b>1:09.57</b>	+0,72	32.33	1:09.57
4. Esther Versteeg	Van Vliet-Barracuda	1:10.87	198302112	<b>1:11.00</b>	+0,90	33.24	1:11.00
5. Ina Schaafsma	PLONS	1:13.70	198504152	<b>1:12.02</b>		33.98	1:12.02
6. Sylvia Reijers	De Gelenberg	1:19.54	198201360	<b>1:15.78</b>	+0,90	35.02	1:15.78
7. Wieke Bos	De Roersoppers	1:15.48	198200218	<b>1:18.85</b> *	+0,90	35.77	1:18.85
8. Rianne van Vegchelen	Deltasteur	1:42.13	198101530	<b>1:57.69</b>	+1,13	54.29	1:57.69

Masters 35+

1. Paula 't Hart-Buitelaar	ZVVS	1:35.44	197701132	<b>1:33.81</b>	+0,85	42.17	1:33.81
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Open Nederlandse Masters Kampioenschappen 2015 korte baan  
Heerenveen, 23-25 januari 2015



Programmanr. 49, Dames, 100m vlinderslag

Masters 40+

1. Evelien van Klarbergen	HZ&PC Heerenveen	1:19.16	197200964	<b>1:16.10</b>	+0,80	35.96	1:16.10
2. Inez Heideman	WS Twente	1:15.55	197500198	<b>1:17.22</b>	+0,90	35.28	1:17.22
3. Marty Krans-de Weerd	ZCNF'34	1:19.76	197500604	<b>1:18.65</b>	+0,89	36.02	1:18.65

Masters 45+

1. Janine Horsthuis	De Granaet	1:21.83	196900890	<b>1:20.53</b>		37.07	1:20.53
2. Peggi Hurenkamp	HZ&PC Heerenveen	1:30.46	196900922	<b>1:26.42</b>	+0,92	40.59	1:26.42
3. Annette van Dok	MSV-Zeemacht	1:40.51	196800742	<b>1:42.31</b>	+0,87	46.98	1:42.31

Masters 50+

1. Marjan Remmits-De Lange	ZPC Woerden	1:14.75	196300518	<b>1:14.86</b>	+0,80	33.79	1:14.86
2. Margriet Grove-Lingeman	Oceanus	1:19.02	196200080	<b>1:22.24</b>	+0,86	36.14	1:22.24
3. Petra Tossings	DAW	1:32.07	196100376	<b>1:30.16</b>	+0,95	42.78	1:30.16

Masters 55+

1. Inge Wolfs	PLONS	1:21.39	196000304	<b>1:23.06</b>	+0,93	39.45	1:23.06
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Masters 60+

1. Carla Hensen	PSV	1:35.50	195300062	<b>1:38.24</b>	+1,05	45.21	1:38.24
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Masters 65+

1. Antoinette Gilding-Tussaud	WS Twente	2:05.97	195000038	<b>2:06.49</b>		58.56	2:06.49
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Programmanr. 50  
25-01-2015 - 17:31

Heren, 100m vlinderslag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m
<b>Masters 20+</b>						
1. Jeffrey van Deursen	UCAM Club Natacion Fuensanta	58.76 008299187	<b>58.01</b>	+0,72	27.25	58.01
2. Christiaan Zwaal	MSV-Zeemacht	59.59 199503881	<b>1:01.19</b>	+0,68	27.63	1:01.19
3. Erwin Sneek	AZ&PC De Futen	1:04.16 199102153	<b>1:03.60</b>	+0,76	29.60	1:03.60
4. Joost van den Berg	Borger	1:02.56 199405289	<b>1:03.65</b>	+0,68	29.01	1:03.65
5. Jorden Theijink	ZPC De Hof	1:01.35 199400323	<b>1:04.51</b>	+0,77	29.28	1:04.51
6. Donny van den Bosch	Zwemlust-den Hommel	1:02.83 199502001	<b>1:05.34</b>	+0,78	30.24	1:05.34
7. Thomas Hansen	LZ 1886	1:02.77 199204327	<b>1:06.40</b>	+0,72	31.04	1:06.40
8. Wybren Heida	Borger	1:03.42 199404999	<b>1:06.85</b>	+0,75	30.90	1:06.85
9. Wesley Keur	LZ 1886	1:07.78 199405489	<b>1:08.19</b>	+0,80	30.50	1:08.19
10. Frank Hezemans	LZ 1886	1:08.89 199200521	<b>1:08.55</b>	+0,84	31.66	1:08.55
11. Thijs van den End <i>NR Gehandicapt</i>	ZPC Woerden	1:09.15 199306803	<b>1:08.72</b>	+0,94	31.67	1:08.72
12. Joey Stokx	DAW	1:04.89 199301251	<b>1:10.77</b>	+0,65	31.88	1:10.77
13. Coen van der Wekken	MGO (SG)	1:10.61 199202965	<b>1:13.15</b>	+0,74	33.63	1:13.15
AFGEM Sietse Wijbenga	ZPD	1:03.68 199301967				

Masters 25+

1. Herman Hofman	ZZG De Boskickers	1:00.54 199001229	<b>1:00.66</b>	+0,79	28.22	1:00.66
2. Erik Simons	d'ELFT	1:04.10 198902845	<b>1:01.85</b>	+0,81	28.26	1:01.85
3. Rick Driezen	Steenwijk 1934	1:01.16 198600713	<b>1:02.11</b>	+0,86	29.06	1:02.11
4. Bastian Zoon	MGO (SG)	1:01.82 198703929	<b>1:03.32</b>	+0,75	29.38	1:03.32
5. Sjoerd Boertien	De Houtrib	1:02.73 199000305	<b>1:03.50</b>	+0,64	28.59	1:03.50
6. Tim Bunnik	Triton	1:02.63 199000505	<b>1:05.38</b>	+0,86	29.26	1:05.38
7. Hendrik Ben v/d Boon	ZPD	1:05.57 198804761	<b>1:06.30</b>	+0,64	30.63	1:06.30
8. Roel van Beek	Montferland	1:09.73 198905861	<b>1:08.93</b>	+0,81	32.53	1:08.93
9. Alex Vermeulen	WZK Zwemmen	1:08.56 198905811	<b>1:09.28</b>	+0,79	30.76	1:09.28



## Programmanr. 50, Heren, 100m vlinderslag, Masters 25+

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m
10. Ferdy van Mastrigt	RSW (SG)	1:13.15 198802315	<b>1:11.71</b>	+0,81	31.94	1:11.71
11. Melano Winter	RSW (SG)	1:11.56 198703847	<b>1:11.87</b>	+0,96	33.56	1:11.87
NG Bart Drechsel	WZK Zwemmen	1:03.79 198604135				

## Masters 30+

1. Kevin Lebis	WZ&PC Purmerend	59.79 198101037	<b>1:01.21</b>	+0,81	28.00	1:01.21
2. Lauren Vis	Steenwijk 1934	1:00.73 198201883	<b>1:02.63</b>	+0,70	28.32	1:02.63
3. Pieter Pickhardt	ZPC De Hof	1:03.83 198301657	<b>1:03.28</b>	+0,83	29.47	1:03.28
4. Leander Noordijk	MGO (SG)	1:06.47 198101221	<b>1:04.78</b>	+0,94	29.55	1:04.78
5. Rob van Vliet	AZ&PC	1:09.16 198402459	<b>1:04.88</b>	+0,87	29.54	1:04.88
6. Maurijn Bakker	ZIGNEA	1:03.95 198300061	<b>1:06.87</b>	+0,79	30.82	1:06.87
7. Mathijs Lenos	HPC	1:11.39 198401407	<b>1:13.48</b>	+0,76	33.56	1:13.48

## Masters 35+

1. Egbert Stolk	d'ELFT	1:00.48 197600889	<b>1:01.16</b>	+0,84	28.34	1:01.16
2. Erik Kusters	Noord Veluwe	1:03.87 198000837	<b>1:04.23</b>	+0,84	30.01	1:04.23
3. Kelvin Isselt	RZ	1:05.19 197601119	<b>1:04.73</b>	+0,76	30.05	1:04.73
4. Ivo Roozeboom	WVZ	1:05.18 197700801	<b>1:07.12</b>	+0,81	31.04	1:07.12
5. Markus van Rest	Zoetermeer	1:06.24 197701197	<b>1:07.21</b>	+0,85	30.77	1:07.21
6. Jeroen Zelsmann	Upstream Amsterdam	1:04.85 197701551	<b>1:07.29</b>	+0,72	30.87	1:07.29
7. Freddie Geerlings	HGN (SG)	1:07.34 197900379	<b>1:11.21</b>	+0,89	31.88	1:11.21

## Masters 40+

1. Dennis Schouten	Upstream Amsterdam	1:03.83 197501351	<b>1:04.10</b>	+0,76	29.70	1:04.10
2. Antwan van Engen	De Ward	1:08.84 197101577	<b>1:06.79</b>	+0,77	30.67	1:06.79
3. Alex Damen	DAW	1:06.87 197501371	<b>1:07.71</b>	+0,84	31.32	1:07.71
4. Heiner Stevens	ZIGNEA	1:07.19 197201299	<b>1:08.00</b>	+0,81	30.88	1:08.00

## Masters 45+

1. Gijsbert van der Leden	PSV	1:10.09 196700597	<b>1:04.67</b>	+0,98	30.25	1:04.67
2. Jean-Philippe Paap	ZPC De Hof	1:04.98 197000791	<b>1:05.12</b>	+0,84	30.04	1:05.12
3. René Beetsma	HZ&PC Heerenveen	1:05.67 196900069	<b>1:07.10</b>	+0,78	30.43	1:07.10
4. Marc Bleeker	d'ELFT	1:06.99 196901729	<b>1:08.59</b>	+0,82	30.90	1:08.59
5. Richard Rickson	HGN (SG)	1:06.18 197000841	<b>1:08.86</b>	+0,82	31.91	1:08.86
6. Harold Matla	PSV	1:10.64 196800591	<b>1:11.00</b>	+0,91	33.91	1:11.00
7. Konstantin Sklyar	TG Lage 1862	1:10.77 321129	<b>1:11.10</b>	+0,86	32.96	1:11.10
8. Hans Schoenmakers	DAW	1:15.07 196900863	<b>1:16.51</b>	+0,87	34.28	1:16.51
9. Danny Zulver	ZVVS	1:14.57 196701617	<b>1:16.82</b>	+0,76	34.40	1:16.82

## Masters 50+

1. Johan Remmits	ZPC Woerden	1:05.85 196201159	<b>1:06.10</b>	+0,87	30.89	1:06.10
2. Wiljam Nijenhuis	De IJsel	1:11.59 196400547	<b>1:10.47</b>	+0,86	32.91	1:10.47
3. John Stokx	DAW	1:13.93 196401341	<b>1:13.37</b>	+0,75	33.80	1:13.37
4. Roy le Clercq	De Rog	1:28.23 196401041	<b>1:23.78</b>	+0,91	37.54	1:23.78
5. Jan Smalheer	SCOM	1:23.75 196400701	<b>1:26.07</b>	+1,23	39.87	1:26.07

## Masters 55+

1. Hugo Bregman	Albion	1:00.58 195800069	<b>1:01.26</b>	+0,79	28.66	1:01.26
2. Paul Bunnik	Triton	1:19.19 195600413	<b>1:26.69</b>	+1,02	37.86	1:26.69

## Masters 60+

1. Brend Brevé	PSV	1:13.69 195200265	<b>1:13.11</b>	+0,90	33.93	1:13.11
<i>Nederlands Masters Record</i>						
2. Charles Bos	De Roersoppers	1:17.26 195300019	<b>1:15.80</b>	+0,81	35.38	1:15.80



Open Nederlandse Masters Kampioenschappen 2015 korte baan  
Heerenveen, 23-25 januari 2015



Programmanr. 50, Heren, 100m vlinderslag

Masters 70+

1. Josep Claret	Club Nagi	1:12.02	1944CLA	<b>1:14.13</b>	+0,78	33.75	1:14.13
2. Rob Hanou	PSV	1:34.70	194300109	<b>1:51.30</b>	+1,14	49.84	1:51.30

Programmanr. 51  
25-01-2015 - 17:50

Gemengd, 4 x 50m vrije slag

Masters Open  
Resultaten

rang	vereniging	inschrijftijd	tijd	RT
<b>80+</b>				
1.	NDD 1	NDD	1:44.38	<b>1:45.60</b> +0,77
	<i>Nederlands Masters Record</i>			
	Robin Eltink	94 +0,77	26.17	Hjalmar de Ruiter
	Henriette ten Bokkel	94 +0,44	27.63	Carmen Seesing
				89 +0,40 24.68
				94 +0,47 27.12
2.	De Veene 1	De Veene	1:49.79	<b>1:48.87</b> +0,80
	Robert Dekker	84 +0,80	25.40	Yorick Kreuwel
	Yvon Versteeg	92 +0,26	26.83	Larissa Beernink
				94 +0,49 26.98
				93 29.66
3.	LZ 1886 2	LZ 1886	1:50.58	<b>1:50.44</b> +0,66
	Thomas Hansen	92 +0,66	26.36	Wesley Keur
	Seline Koek	94 +0,41	29.63	Janet van der Poel
				94 +0,25 26.14
				93 +0,25 28.31
4.	ZPD 1	ZPD	1:54.90	<b>1:56.45</b> +0,66
	Jannie de Boer	92 +0,66	31.69	Hendrik Ben v/d Boon
	Johanna de Boer	94 +0,47	31.63	Martin van Kammen
				88 +0,49 26.64
				95 +0,41 26.49
DIS	De Zwoer 1	De Zwoer	1:54.25	EA +0,89
	Sigrid Dogger	92 +0,89	28.92	Suzanne Lange
	Pieter Ytsma	95 -0,09		Auke Koops
				92
				95
<b>100+</b>				
1.	WVZ 1	WVZ	1:49.72	<b>1:47.88</b> +0,76
	Isabelle Massar	91 +0,76	28.60	Rens Post
	Manon van Strien	94 +0,52	28.35	Ivo Roozeboom
				91 +0,17 25.99
				77 +0,26 24.94
2.	DAW 1	DAW	1:50.79	<b>1:51.35</b> +0,69
	Sandra Zwaanswijk	85 +0,69	29.72	Maaïke Vooren
	Joey Stokx	93 +0,26	26.26	Kars Luttk
				91 +0,46 28.44
				78 +0,31 26.93
3.	ZPC Woerden 1	ZPC Woerden	1:53.97	<b>1:52.19</b> +0,76
	Ilse van den Wijngaard	89 +0,76	29.35	Sabine Lina
	Niels van Beurden	88 +0,28	27.50	Patrick de Jonge
				89 +0,36 28.51
				89 +0,01 26.83
4.	AZ&PC 2	AZ&PC	1:55.01	<b>1:53.83</b> +0,75
	Mark Pijtak	90 +0,75	27.09	Iris Pijtak
	Larissa Brak	88 +0,54	29.03	Wouter van 't Klooster
				93 +0,33 28.42
				88 +0,22 29.29
5.	RSW (SG) 1	RSW (SG)	1:53.46	<b>1:54.72</b> +0,52
	Christa Stam	88 +0,52	31.29	Rita Spithoff
	Melano Winter	87 +0,44	27.01	Jim Geestman
				88 +0,45 30.69
				83 +0,70 25.73
6.	Montferland 1	Montferland	1:58.79	<b>1:58.00</b> +0,67
	Dennis Bosma	94 +0,67	25.92	Angela Giezen
	Daphne Meijer	93 +0,46	32.38	Roel van Beek
				83 +0,40 31.96
				89 +0,49 27.74
7.	Octopus 2	Octopus	2:00.58	<b>1:59.49</b> +0,74
	Imgard van Weeghel	92 +0,74	32.03	Annebeth van Ark
	Albert van Piekeren	84 +0,16	27.29	Roald Blok
				88 -0,01 34.29
				93 +0,33 25.88
8.	Merlet 1	Merlet	2:03.13	<b>2:04.52</b> +0,72
	Julie Thomassen	88 +0,72	34.45	Mark Effing
	Merlet Siroen	88 +0,52	29.68	Tom Pijnappel
				86 +0,23 27.16
				89 +0,36 33.23
NG.ZA	ZPC De Hof 1	ZPC De Hof	1:47.46	
AFGEM	Steenwijk 1934 3	Steenwijk 1934	1:53.59	



Programmanr. 51, Gemengd, 4 x 50m vrije slag

120+

1.	WZ&PC Purmerend 1 Pascalie Spiekerman Monique Tuijp	WZ&PC Purmerend 94 +0,81 27.97 69 +0,36 27.98	1:46.81 Sverre Oelen Kevin Lebis	90 +0,41 25.13 81 +0,27 25.28	<b>1:46.36</b>	+0,81
2.	DWK 1 Liesbeth van Mill Martin Kaptein	DWK 87 +0,90 32.96 67 +0,35 26.74	1:50.96 Pauline Gouwens Kevin Eltink	84 +0,54 26.76 91 +0,26 23.38	<b>1:49.84</b>	+0,90
3.	TriVia 1 Theo Bakker Karen Stolk	TriVia 64 +0,78 28.84 94 +0,67 28.17	1:52.72 Monique Jonker Berry van Holland	85 +0,44 27.20 80 +0,32 26.49	<b>1:50.70</b>	+0,78
4.	PSV 2 Nienke van Stipriaan Gijsbert van der Leden	PSV 87 +0,90 29.70 67 +0,27 26.05	1:53.94 Wesley van Diejen Stephanie Rombout	86 +0,26 27.29 88 +0,33 27.69	<b>1:50.73</b>	+0,90
5.	LZ 1886 1 Kristiaan Lenos Tamara Caspers	LZ 1886 83 +0,78 25.14 90 +0,31 29.30	1:53.96 Otto Jansen Heidi van Stein	65 +0,32 27.67 69 +0,27 29.27	<b>1:51.38</b>	+0,78
6.	WS Twente 1 Sebastiaan Baars Inez Heideman	WS Twente 83 +0,89 29.86 75 +0,31 29.39	1:54.44 Annelette Reefhuis-de Vries Marcel Reefhuis	86 +0,35 27.95 81 +0,23 26.66	<b>1:53.86</b>	+0,89
7.	AZC 2 Auke de Lange Michael Go	AZC 86 +0,88 29.43 75 +0,41 29.26	1:58.26 Ramona Linting Joeri Stoffels	83 +0,25 30.68 73 +0,17 25.32	<b>1:54.69</b>	+0,88
8.	HZ&PC Heerenveen 1 Karin van Dijk Robert Holting	HZ&PC Heerenveen 86 +0,81 31.59 80 +0,37 27.64	2:06.78 Fraukje Puts Pieter Ponne	92 +0,37 28.66 76 +0,30 30.22	<b>1:58.11</b>	+0,81
9.	De Spatters 1 Roelof Broekman Serima Veen	De Spatters 68 +0,77 31.98 86 +0,40 31.03	2:01.83 Karin Hovenkamp Gerwin Vonk	87 +0,44 31.83 82 +0,35 25.73	<b>2:00.57</b>	+0,77
10.	DAW 2 Sandra Pannekeet Hans Schoenmakers	DAW 84 +0,76 30.53 69 +0,34 31.06	2:06.45 Agnes van Brug Alex Damen	80 +0,64 33.19 75 +0,30 26.25	<b>2:01.03</b>	+0,76
11.	Aqualero 1 Selly Swieringa Henry Brouwer	Aqualero 90 +0,73 31.19 63 +0,61 29.98	2:02.48 Dian Enting Marcel Jonkman	94 +0,44 32.24 68 +0,64 27.76	<b>2:01.17</b>	+0,73
12.	Budel 1 Wijlo Mackus Carola Hompes	Budel 71 +0,95 29.23 88 +0,45 31.76	2:00.84 Joyce Raemaekers Ruud Kennis	91 +0,17 30.50 65 +0,29 29.87	<b>2:01.36</b>	+0,95
13.	Octopus 1 Margriet Aan het Rot Henk van Zetten	Octopus 86 +0,79 35.98 67 +0,11 34.68	2:06.61 Miriam Visserman Jeffry van Zetten	87 +0,36 33.53 95 +0,45 26.10	<b>2:10.29</b>	+0,79
14.	Budel 2 Elly Scheepers Dyon de Greef	Budel 91 +0,92 34.52 82 +0,59 29.54	2:08.75 Karin Smolders Jan-Pieter Broos	76 +0,60 32.90 68 +0,85 36.25	<b>2:13.21</b>	+0,92

160+

1.	ZPC Woerden 2 Michiel van Vliet Marjan Remmits-De Lange	ZPC Woerden 95 +0,70 27.92 63 +0,50 30.23	1:52.91 Marja Verwoerd Johan Remmits	69 +0,52 31.45 62 +0,46 26.52	<b>1:56.12</b>	+0,70
2.	De Roersoppers 1 Emmy Slabbers Wieke Bos	De Roersoppers 81 +0,82 31.02 82 +0,35 30.48	2:06.77 Charles Bos Arno Schrauwen	53 +0,45 28.87 65 +0,26 28.81	<b>1:59.18</b>	+0,82
3.	TRB-RES 1 Marcel Tuerlings Patricia Vos	TRB-RES 66 +0,90 30.27 80 +0,10 32.27	2:02.94 Edith Janssen-Koolen Rob Verheul	73 +0,42 29.12 66 +0,47 27.73	<b>1:59.39</b>	+0,90
4.	HZ&PC Heerenveen 2 Evelien van Klaarbergen René Beetsma	HZ&PC Heerenveen 72 +0,82 31.02 69 +0,48 26.52	2:01.02 Jannie Vennik Gerard Eghuizen	76 +0,45 34.43 74 +0,57 27.58	<b>1:59.55</b>	+0,82
5.	WWV 1 Robert Vink Laurens Klein Breteler	WWV 63 +0,84 28.41 54 +0,47 32.72	2:02.57 Lisette van der Lende Marije Onnink	92 +0,66 32.75 91 +0,55 29.80	<b>2:03.68</b>	+0,84
6.	WIDEX GZC DONK 2 Jacqueline de Ruiter-Wijnolst Adrian Ortiz Buitrago	WIDEX GZC DONK 74 +0,70 31.27 60 +0,55 29.17	2:08.83 Nathasja Konijn Pierre de Groot	71 +0,45 36.40 64 +0,62 31.80	<b>2:08.64</b>	+0,70

Programmanr. 51, Gemengd, 4 x 50m vrije slag, 160+

rang	vereniging	inschrijftijd	tijd	RT
7.	Budel 3 100m*	Budel 2:18.72	2:20.19	+0,85
	Joost van Eerd Judith van der Heijden	69 +0,85 32.91 70 +0,52 40.24	71 30.45 85 +0,35 36.59	
8.	WIDEX GZC DONK 1	WIDEX GZC DONK 2:16.18	2:20.32	+0,89
	Suzan van den Hoogen Peter Coffeng	85 +0,89 32.91 57 +0,52 35.82	60 +0,43 41.29 65 +0,39 30.30	
9.	WS Twente 3	WS Twente 2:25.00	2:22.83	+1,17
	Herbert Katgert Evelien Naatje	59 +1,17 35.83 72 +0,67 36.81	84 +0,23 37.73 61 32.46	
10.	Steenwijk 1934 2	Steenwijk 1934 2:25.94	2:28.36	+0,85
	Huyb Stegeman Riekje Schra	67 +0,85 30.84 64 +0,88 54.61	75 +0,21 31.25 91 +0,54 31.66	

200+

1.	AZ&PC 1 <i>Nederlands Masters Record</i>	AZ&PC 1:55.46	1:53.79	+0,88
	Petra Casteleijn Ron Korzelius	66 +0,88 31.09 65 +0,16 27.18	56 +0,38 30.50 63 +0,22 25.02	
2.	WS Twente 2	WS Twente 2:01.79	2:00.80	+0,91
	Hans Westerhof Jeannette Ruesink	62 +0,91 27.24 63 +0,23 32.92	68 +0,40 32.36 64 +0,61 28.28	
3.	PLONS 1	PLONS 2:02.00	2:02.98	+0,78
	Ina Schaafsma Inge Wolfs	85 +0,78 30.34 60 +0,50 33.81	56 30.64 59 +0,44 28.19	
4.	DAW 3	DAW 2:08.10	2:09.07	+0,72
	Jeroen Kort Ingeborg Stokx	68 +0,72 28.63 67 +0,45 37.27	64 +0,29 28.73 61 +0,39 34.44	
5.	HZ&PC Heerenveen 3	HZ&PC Heerenveen 2:09.95	2:10.58	+0,71
	Casper Hut Pia van der Molen	78 +0,71 24.07 60 +0,26 34.53	51 +0,39 38.37 69 +0,67 33.61	
6.	AZC 1	AZC 2:13.46	2:12.47	+0,74
	Kirsten Savelberg Geza Kaltenecker	79 +0,74 32.56 42 +0,47 35.82	68 +0,36 36.87 68 +0,05 27.22	
7.	ESCA Zwemmen 1	ESCA Zwemmen 2:32.34	2:25.25	+0,89
	Edwin Woeltjes Marion Kolkman-Pluim	71 +0,89 30.75 60 +0,37 41.33	60 +0,54 31.62 66 +0,40 41.55	
8.	Steenwijk 1934 1	Steenwijk 1934 2:26.55	2:27.51	+0,82
	Wilna Heijman Ciska Wagter	64 +0,82 33.77 70 44.19	62 +0,57 38.32 63 +0,46 31.23	

240+

1.	PSV 1	PSV 2:08.67	2:10.96	+0,79
	Corrie Verhoeven Liselotte Joling	46 +0,79 35.28 75 +0,44 29.94	43 +0,54 36.36 52 +0,31 29.38	
2.	WS Twente 4	WS Twente 2:19.91	2:23.51	
	Antoinette Gilding-Tussaud Frans van Enst	50 45.92 40 +0,30 35.73	60 +0,53 33.88 69 +0,42 27.98	
3.	DAW 4	DAW 2:32.21	2:29.22	+0,74
	Jacqueline Tuin Nello Spiteri	66 +0,74 32.32 52 +0,47 36.92	45 +0,47 46.60 47 +0,36 33.38	