

1 - ONMK 2014 kb sessie 1

24-01-2014 - 9:00

Programmanr. 1
24-01-2014 - 9:00

Heren, 1500m vrije slag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
Masters 20+								
1.	Dennis Wijbenga	Stadskanaal	17:18.34	199003283	17:56.09	+0,94		
	50m: 30.85	30.85	450m: 5:14.39	35.11	850m: 10:05.77	35.96	1250m: 14:54.13	37.39
	100m: 1:05.02	34.17	500m: 5:49.74	35.35	900m: 10:40.61	34.84	1300m: 15:31.47	37.34
	150m: 1:40.17	35.15	550m: 6:25.29	35.55	950m: 11:15.56	34.95	1350m: 16:09.34	37.87
	200m: 2:15.89	35.72	600m: 7:01.53	36.24	1000m: 11:50.25	34.69	1400m: 16:46.44	37.10
	250m: 2:51.77	35.88	650m: 7:38.04	36.51	1050m: 12:25.49	35.24	1450m: 17:22.79	36.35
	300m: 3:27.64	35.87	700m: 8:15.22	37.18	1100m: 13:01.31	35.82	1500m: 17:56.09	33.30
	350m: 4:03.59	35.95	750m: 8:52.40	37.18	1150m: 13:38.91	37.60		
	400m: 4:39.28	35.69	800m: 9:29.81	37.41	1200m: 14:16.74	37.83		
2.	Tim Bunnik	Triton	17:54.17	199000505	18:20.12	+0,85		
	50m: 30.83	30.83	450m: 5:17.31	36.47	850m: 10:13.86	35.97	1250m: 15:12.13	37.19
	100m: 1:05.28	34.45	500m: 5:54.13	36.82	900m: 10:50.63	36.77	1300m: 15:49.83	37.70
	150m: 1:40.51	35.23	550m: 6:30.73	36.60	950m: 11:27.43	36.80	1350m: 16:28.62	38.79
	200m: 2:16.73	36.22	600m: 7:08.30	37.57	1000m: 12:03.82	36.39	1400m: 17:06.26	37.64
	250m: 2:52.56	35.83	650m: 7:46.33	38.03	1050m: 12:41.19	37.37	1450m: 17:43.94	37.68
	300m: 3:28.73	36.17	700m: 8:24.34	38.01	1100m: 13:18.64	37.45	1500m: 18:20.12	36.18
	350m: 4:04.95	36.22	750m: 9:01.28	36.94	1150m: 13:57.09	38.45		
	400m: 4:40.84	35.89	800m: 9:37.89	36.61	1200m: 14:34.94	37.85		
3.	Maik Steenkamp	Montferland	18:22.94	199103847	18:41.74	+0,81		
	50m: 31.86	31.86	450m: 5:23.29	37.05	850m: 10:25.72	38.01	1250m: 15:31.75	39.05
	100m: 1:07.73	35.87	500m: 6:00.55	37.26	900m: 11:03.69	37.97	1300m: 16:10.48	38.73
	150m: 1:43.84	36.11	550m: 6:38.35	37.80	950m: 11:41.86	38.17	1350m: 16:48.30	38.22
	200m: 2:19.98	36.14	600m: 7:16.17	37.82	1000m: 12:19.86	38.00	1400m: 17:27.03	38.33
	250m: 2:56.21	36.23	650m: 7:53.78	37.61	1050m: 12:57.94	38.08	1450m: 18:05.33	38.30
	300m: 3:32.78	36.57	700m: 8:31.86	38.08	1100m: 13:36.10	38.16	1500m: 18:41.74	36.41
	350m: 4:09.53	36.75	750m: 9:10.11	38.25	1150m: 14:14.20	38.10		
	400m: 4:46.24	36.71	800m: 9:47.71	37.60	1200m: 14:52.70	38.50		
Masters 25+								
1.	Richard Huisken	ZPC De Hof	17:19.47	198501141	17:24.25	+0,91		
	50m: 29.57	29.57	450m: 5:00.88	35.08	850m: 9:45.07	35.70	1250m: 14:29.91	35.58
	100m: 1:01.86	32.29	500m: 5:36.12	35.24	900m: 10:20.59	35.52	1300m: 15:05.48	35.57
	150m: 1:34.81	32.95	550m: 6:11.70	35.58	950m: 10:56.33	35.74	1350m: 15:41.25	35.77
	200m: 2:08.27	33.46	600m: 6:47.22	35.52	1000m: 11:31.88	35.55	1400m: 16:17.17	35.92
	250m: 2:42.29	34.02	650m: 7:22.88	35.66	1050m: 12:07.75	35.87	1450m: 16:51.94	34.77
	300m: 3:16.61	34.32	700m: 7:58.34	35.46	1100m: 12:43.30	35.55	1500m: 17:24.25	32.31
	350m: 3:51.02	34.41	750m: 8:33.82	35.48	1150m: 13:18.73	35.43		
	400m: 4:25.80	34.78	800m: 9:09.37	35.55	1200m: 13:54.33	35.60		
2.	Emiel Huisken	ZPC De Hof	17:33.10	198501139	17:26.15	+0,83		
	50m: 30.21	30.21	450m: 5:01.32	34.44	850m: 9:45.03	35.79	1250m: 14:29.92	35.63
	100m: 1:03.07	32.86	500m: 5:36.04	34.72	900m: 10:20.56	35.53	1300m: 15:05.64	35.72
	150m: 1:36.37	33.30	550m: 6:11.06	35.02	950m: 10:56.24	35.68	1350m: 15:41.37	35.73
	200m: 2:10.30	33.93	600m: 6:46.57	35.51	1000m: 11:31.95	35.71	1400m: 16:17.26	35.89
	250m: 2:44.15	33.85	650m: 7:22.51	35.94	1050m: 12:07.66	35.71	1450m: 16:52.52	35.26
	300m: 3:18.17	34.02	700m: 7:58.07	35.56	1100m: 12:42.71	35.05	1500m: 17:26.15	33.63
	350m: 3:52.43	34.26	750m: 8:33.47	35.40	1150m: 13:18.74	36.03		
	400m: 4:26.88	34.45	800m: 9:09.24	35.77	1200m: 13:54.29	35.55		
3.	Wessel Everloo	De Veene	17:54.21	198906597	17:56.80	+0,95		
	50m: 31.42	31.42	450m: 5:17.16	35.41	850m: 10:09.22	37.30	1250m: 14:58.00	37.28
	100m: 1:05.92	34.50	500m: 5:53.13	35.97	900m: 10:45.08	35.86	1300m: 15:34.64	36.64
	150m: 1:41.07	35.15	550m: 6:29.17	36.04	950m: 11:21.09	36.01	1350m: 16:10.86	36.22
	200m: 2:17.16	36.09	600m: 7:05.33	36.16	1000m: 11:57.51	36.42	1400m: 16:47.25	36.39
	250m: 2:53.13	35.97	650m: 7:42.04	36.71	1050m: 12:33.34	35.83	1450m: 17:23.55	36.30
	300m: 3:28.55	35.42	700m: 8:19.56	37.52	1100m: 13:10.84	37.50	1500m: 17:56.80	33.25
	350m: 4:05.09	36.54	750m: 8:55.24	35.68	1150m: 13:44.56	33.72		
	400m: 4:41.75	36.66	800m: 9:31.92	36.68	1200m: 14:20.72	36.16		
4.	Niels Albrechts	MGO (SG)	18:45.21	198800039	18:49.97	+0,77		
	50m: 32.97	32.97	450m: 5:35.15	38.57	850m: 10:41.27	38.05	1250m: 15:45.20	38.91
	100m: 1:09.74	36.77	500m: 6:13.34	38.19	900m: 11:18.87	37.60	1300m: 16:22.98	37.78
	150m: 1:46.75	37.01	550m: 6:52.63	39.29	950m: 11:56.69	37.82	1350m: 17:01.09	38.11
	200m: 2:24.30	37.55	600m: 7:30.93	38.30	1000m: 12:34.71	38.02	1400m: 17:38.61	37.52
	250m: 3:02.27	37.97	650m: 8:09.37	38.44	1050m: 13:12.09	37.38	1450m: 18:15.56	36.95
	300m: 3:40.26	37.99	700m: 8:47.53	38.16	1100m: 13:50.27	38.18	1500m: 18:49.97	34.41
	350m: 4:18.26	38.00	750m: 9:25.27	37.74	1150m: 14:28.22	37.95		
	400m: 4:56.58	38.32	800m: 10:03.22	37.95	1200m: 15:06.29	38.07		

Programmanr. 1, Heren, 1500m vrije slag, Masters 25+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
5.	Roel van Beek	Montferland	21:16.42	198905861	21:09.42	+1,07		
	50m: 36.31	36.31	450m: 6:08.32	42.66	850m: 11:58.96	43.30	1250m: 17:46.28	43.22
	100m: 1:15.02	38.71	500m: 6:51.97	43.65	900m: 12:42.76	43.80	1300m: 18:29.25	42.97
	150m: 1:55.39	40.37	550m: 7:36.45	44.48	950m: 13:26.20	43.44	1350m: 19:10.90	41.65
	200m: 2:36.55	41.16	600m: 8:20.23	43.78	1000m: 14:10.15	43.95	1400m: 19:52.18	41.28
	250m: 3:17.72	41.17	650m: 9:04.05	43.82	1050m: 14:53.75	43.60	1450m: 20:32.02	39.84
	300m: 3:59.33	41.61	700m: 9:47.64	43.59	1100m: 15:36.50	42.75	1500m: 21:09.42	37.40
	350m: 4:42.03	42.70	750m: 10:31.29	43.65	1150m: 16:19.47	42.97		
	400m: 5:25.66	43.63	800m: 11:15.66	44.37	1200m: 17:03.06	43.59		
6.	Lars Erik Beute	't Tolhekke	22:37.30	198600227	22:59.24	+0,94		
	50m: 34.61	34.61	450m: 6:26.04	46.48	850m: 12:43.01	47.51	1250m: 19:03.44	47.86
	100m: 1:14.68	40.07	500m: 7:12.95	46.91	900m: 13:30.75	47.74	1300m: 19:51.86	48.42
	150m: 1:56.62	41.94	550m: 7:59.35	46.40	950m: 14:18.36	47.61	1350m: 20:40.34	48.48
	200m: 2:40.02	43.40	600m: 8:46.88	47.53	1000m: 15:05.44	47.08	1400m: 21:28.08	47.74
	250m: 3:23.94	43.92	650m: 9:33.98	47.10	1050m: 15:52.26	46.82	1450m: 22:14.98	46.90
	300m: 4:08.40	44.46	700m: 10:20.77	46.79	1100m: 16:39.95	47.69	1500m: 22:59.24	44.26
	350m: 4:53.52	45.12	750m: 11:08.06	47.29	1150m: 17:27.81	47.86		
	400m: 5:39.56	46.04	800m: 11:55.50	47.44	1200m: 18:15.58	47.77		

Masters 30+

1.	Erik Schröder	TriVia	16:32.15	198402025	16:58.35	+0,95		
	50m: 28.97	28.97	450m: 4:56.10	34.06	850m: 9:32.04	34.55	1250m: 14:08.16	34.57
	100m: 1:01.04	32.07	500m: 5:30.17	34.07	900m: 10:06.78	34.74	1300m: 14:42.08	33.92
	150m: 1:34.33	33.29	550m: 6:04.55	34.38	950m: 10:41.27	34.49	1350m: 15:16.70	34.62
	200m: 2:07.56	33.23	600m: 6:39.04	34.49	1000m: 11:15.83	34.56	1400m: 15:51.13	34.43
	250m: 2:41.01	33.45	650m: 7:13.82	34.78	1050m: 11:50.11	34.28	1450m: 16:25.30	34.17
	300m: 3:14.74	33.73	700m: 7:48.39	34.57	1100m: 12:25.31	35.20	1500m: 16:58.35	33.05
	350m: 3:48.45	33.71	750m: 8:22.92	34.53	1150m: 12:58.95	33.64		
	400m: 4:22.04	33.59	800m: 8:57.49	34.57	1200m: 13:33.59	34.64		
2.	Pieter Pickhardt	ZPC De Hof	17:20.47	198301657	17:13.05	+0,94		
	50m: 30.57	30.57	450m: 5:00.93	34.28	850m: 9:37.70	34.54	1250m: 14:17.77	34.99
	100m: 1:03.57	33.00	500m: 5:35.49	34.56	900m: 10:12.80	35.10	1300m: 14:52.88	35.11
	150m: 1:37.13	33.56	550m: 6:10.08	34.59	950m: 10:47.51	34.71	1350m: 15:28.30	35.42
	200m: 2:11.02	33.89	600m: 6:44.68	34.60	1000m: 11:22.44	34.93	1400m: 16:03.57	35.27
	250m: 2:44.64	33.62	650m: 7:19.41	34.73	1050m: 11:57.37	34.93	1450m: 16:38.37	34.80
	300m: 3:18.49	33.85	700m: 7:54.19	34.78	1100m: 12:32.62	35.25	1500m: 17:13.05	34.68
	350m: 3:52.58	34.09	750m: 8:28.98	34.79	1150m: 13:07.62	35.00		
	400m: 4:26.65	34.07	800m: 9:03.16	34.18	1200m: 13:42.78	35.16		
3.	Ralf van der Poel	Zuiderzeewimmers	18:15.39	198401783	17:34.60	+0,79		
	50m: 30.50	30.50	450m: 5:09.59	35.32	850m: 9:51.58	35.10	1250m: 14:36.76	35.80
	100m: 1:03.84	33.34	500m: 5:44.81	35.22	900m: 10:27.11	35.53	1300m: 15:12.87	36.11
	150m: 1:38.46	34.62	550m: 6:20.03	35.22	950m: 11:02.77	35.66	1350m: 15:49.08	36.21
	200m: 2:13.50	35.04	600m: 6:55.13	35.10	1000m: 11:38.46	35.69	1400m: 16:25.31	36.23
	250m: 2:48.51	35.01	650m: 7:30.45	35.32	1050m: 12:13.80	35.34	1450m: 17:01.43	36.12
	300m: 3:23.83	35.32	700m: 8:05.73	35.28	1100m: 12:49.48	35.68	1500m: 17:34.60	33.17
	350m: 3:59.05	35.22	750m: 8:41.23	35.50	1150m: 13:25.17	35.69		
	400m: 4:34.27	35.22	800m: 9:16.48	35.25	1200m: 14:00.96	35.79		
4.	Marcel Reefhuis	WS Twente	18:21.18	198101381	18:33.01	+0,83		
	50m: 32.14	32.14	450m: 5:23.07	36.59	850m: 10:20.61	37.53	1250m: 15:26.59	38.48
	100m: 1:07.81	35.67	500m: 5:59.83	36.76	900m: 10:58.41	37.80	1300m: 16:04.63	38.04
	150m: 1:44.18	36.37	550m: 6:36.83	37.00	950m: 11:36.25	37.84	1350m: 16:42.85	38.22
	200m: 2:20.47	36.29	600m: 7:13.78	36.95	1000m: 12:14.56	38.31	1400m: 17:20.79	37.94
	250m: 2:56.81	36.34	650m: 7:51.26	37.48	1050m: 12:52.80	38.24	1450m: 17:58.22	37.43
	300m: 3:33.38	36.57	700m: 8:28.10	36.84	1100m: 13:31.18	38.38	1500m: 18:33.01	34.79
	350m: 4:10.02	36.64	750m: 9:05.47	37.37	1150m: 14:09.52	38.34		
	400m: 4:46.48	36.46	800m: 9:43.08	37.61	1200m: 14:48.11	38.59		
5.	Jeroen Vogelsang	DAW	19:27.81	198001645	19:38.04	+0,93		
	50m: 33.45	33.45	450m: 5:32.31	38.87	850m: 10:53.51	40.31	1250m: 16:21.00	41.91
	100m: 1:09.31	35.86	500m: 6:11.96	39.65	900m: 11:35.77	42.26	1300m: 17:01.04	40.04
	150m: 1:45.71	36.40	550m: 6:50.37	38.41	950m: 12:16.05	40.28	1350m: 17:40.51	39.47
	200m: 2:22.67	36.96	600m: 7:30.61	40.24	1000m: 12:57.03	40.98	1400m: 18:21.07	40.56
	250m: 2:59.04	36.37	650m: 8:11.12	40.51	1050m: 13:37.11	40.08	1450m: 19:00.77	39.70
	300m: 3:36.14	37.10	700m: 8:51.49	40.37	1100m: 14:18.21	41.10	1500m: 19:38.04	37.27
	350m: 4:14.53	38.39	750m: 9:32.09	40.60	1150m: 14:58.53	40.32		
	400m: 4:53.44	38.91	800m: 10:13.20	41.11	1200m: 15:39.09	40.56		

Masters 35+

Programmanr. 1, Heren, 1500m vrije slag, Masters 35+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
1.	Roland de Jong	Eurode KZC	18:17.54	197601513	18:59.24	+0,91		
	50m: 32.31	32.31	450m: 5:33.24	38.75	850m: 10:41.86	39.10	1250m: 15:51.36	39.00
	100m: 1:08.03	35.72	500m: 6:11.54	38.30	900m: 11:20.89	39.03	1300m: 16:30.02	38.66
	150m: 1:44.90	36.87	550m: 6:50.13	38.59	950m: 11:59.96	39.07	1350m: 17:08.85	38.83
	200m: 2:22.20	37.30	600m: 7:28.35	38.22	1000m: 12:38.94	38.98	1400m: 17:48.15	39.30
	250m: 3:00.12	37.92	650m: 8:07.17	38.82	1050m: 13:17.30	38.36	1450m: 18:26.99	38.84
	300m: 3:37.81	37.69	700m: 8:45.68	38.51	1100m: 13:55.47	38.17	1500m: 18:59.24	32.25
	350m: 4:15.98	38.17	750m: 9:24.38	38.70	1150m: 14:33.79	38.32		
	400m: 4:54.49	38.51	800m: 10:02.76	38.38	1200m: 15:12.36	38.57		

Masters 40+

1.	Peter van Grootheest	Hatto Heim	19:44.78	197000375	19:25.84	+1,16		
	50m: 34.42	34.42	450m: 5:42.69	38.93	850m: 10:54.10	38.74	1250m: 16:07.55	39.80
	100m: 1:12.60	38.18	500m: 6:21.66	38.97	900m: 11:32.72	38.62	1300m: 16:47.35	39.80
	150m: 1:50.70	38.10	550m: 7:00.91	39.25	950m: 12:11.75	39.03	1350m: 17:26.93	39.58
	200m: 2:29.37	38.67	600m: 7:39.81	38.90	1000m: 12:50.66	38.91	1400m: 18:06.85	39.92
	250m: 3:07.88	38.51	650m: 8:18.70	38.89	1050m: 13:30.00	39.34	1450m: 18:46.92	40.07
	300m: 3:46.40	38.52	700m: 8:57.86	38.96	1100m: 14:09.31	39.31	1500m: 19:25.84	38.92
	350m: 4:24.93	38.53	750m: 9:36.43	38.77	1150m: 14:48.47	39.16		
	400m: 5:03.76	38.83	800m: 10:15.36	38.93	1200m: 15:27.75	39.28		
2.	Gerald Hösl	SC Schaffhausen	21:56.78	27749	20:38.68	+0,95		
	50m: 36.12	36.12	450m: 5:59.65	41.07	850m: 11:30.76	41.61	1250m: 17:07.06	42.31
	100m: 1:14.73	38.61	500m: 6:40.57	40.92	900m: 12:12.03	41.27	1300m: 17:50.09	43.03
	150m: 1:54.85	40.12	550m: 7:21.66	41.09	950m: 12:53.79	41.76	1350m: 18:32.68	42.59
	200m: 2:35.23	40.38	600m: 8:02.89	41.23	1000m: 13:35.42	41.63	1400m: 19:14.73	42.05
	250m: 3:15.64	40.41	650m: 8:44.58	41.69	1050m: 14:17.39	41.97	1450m: 19:57.58	42.85
	300m: 3:56.26	40.62	700m: 9:26.33	41.75	1100m: 14:59.28	41.89	1500m: 20:38.68	41.10
	350m: 4:37.45	41.19	750m: 10:07.72	41.39	1150m: 15:41.68	42.40		
	400m: 5:18.58	41.13	800m: 10:49.15	41.43	1200m: 16:24.75	43.07		
3.	Kasper van den Berghe	Swol 1894	22:17.69	197301125	21:05.33	+0,78		
	50m: 35.48	35.48	450m: 5:59.79	41.36	850m: 11:38.80	43.65	1250m: 17:31.43	44.54
	100m: 1:14.16	38.68	500m: 6:41.24	41.45	900m: 12:22.33	43.53	1300m: 18:15.58	44.15
	150m: 1:54.48	40.32	550m: 7:22.60	41.36	950m: 13:06.01	43.68	1350m: 18:58.79	43.21
	200m: 2:34.99	40.51	600m: 8:04.24	41.64	1000m: 13:49.59	43.58	1400m: 19:42.39	43.60
	250m: 3:15.46	40.47	650m: 8:46.25	42.01	1050m: 14:34.02	44.43	1450m: 20:25.79	43.40
	300m: 3:56.30	40.84	700m: 9:28.11	41.86	1100m: 15:18.55	44.53	1500m: 21:05.33	39.54
	350m: 4:37.38	41.08	750m: 10:11.41	43.30	1150m: 16:02.35	43.80		
	400m: 5:18.43	41.05	800m: 10:55.15	43.74	1200m: 16:46.89	44.54		

Masters 45+

1.	Johan Neevel	Deltasteur	18:59.16	196501475	19:15.52	+1,00		
	50m: 33.95	33.95	450m: 5:38.13	38.62	850m: 10:47.83	38.79	1250m: 16:00.58	39.09
	100m: 1:11.19	37.24	500m: 6:16.59	38.46	900m: 11:26.99	39.16	1300m: 16:40.37	39.79
	150m: 1:48.62	37.43	550m: 6:55.20	38.61	950m: 12:06.10	39.11	1350m: 17:19.47	39.10
	200m: 2:26.55	37.93	600m: 7:33.83	38.63	1000m: 12:44.85	38.75	1400m: 17:58.66	39.19
	250m: 3:04.62	38.07	650m: 8:12.64	38.81	1050m: 13:24.08	39.23	1450m: 18:38.38	39.72
	300m: 3:42.90	38.28	700m: 8:51.33	38.69	1100m: 14:03.44	39.36	1500m: 19:15.52	37.14
	350m: 4:20.91	38.01	750m: 9:30.35	39.02	1150m: 14:42.27	38.83		
	400m: 4:59.51	38.60	800m: 10:09.04	38.69	1200m: 15:21.49	39.22		
2.	Philippe van der Beke	PSV	21:46.20	196801541	20:45.72	+1,24		
	50m: 36.99	36.99	450m: 6:05.05	42.04	850m: 11:40.42	41.97	1250m: 17:16.03	42.00
	100m: 1:16.65	39.66	500m: 6:46.59	41.54	900m: 12:22.42	42.00	1300m: 17:58.35	42.32
	150m: 1:57.41	40.76	550m: 7:28.35	41.76	950m: 13:04.22	41.80	1350m: 18:40.18	41.83
	200m: 2:37.52	40.11	600m: 8:10.25	41.90	1000m: 13:46.21	41.99	1400m: 19:22.22	42.04
	250m: 3:18.56	41.04	650m: 8:52.02	41.77	1050m: 14:28.34	42.13	1450m: 20:04.02	41.80
	300m: 4:00.04	41.48	700m: 9:34.05	42.03	1100m: 15:10.46	42.12	1500m: 20:45.72	41.70
	350m: 4:41.77	41.73	750m: 10:16.15	42.10	1150m: 15:52.16	41.70		
	400m: 5:23.01	41.24	800m: 10:58.45	42.30	1200m: 16:34.03	41.87		
3.	Fred Dijkshoorn	Zwemvereniging Westland	24:03.48	196501539	23:40.90	+1,08		
	50m: 40.00	40.00	450m: 7:04.99	48.34	850m: 13:31.74	48.20	1250m: 19:55.85	48.04
	100m: 1:25.77	45.77	500m: 7:53.36	48.37	900m: 14:20.05	48.31	1300m: 20:42.54	46.69
	150m: 2:13.50	47.73	550m: 8:41.69	48.33	950m: 15:08.36	48.31	1350m: 21:28.13	45.59
	200m: 3:01.78	48.28	600m: 9:30.09	48.40	1000m: 15:56.86	48.50	1400m: 22:13.47	45.34
	250m: 3:50.46	48.68	650m: 10:18.45	48.36	1050m: 16:44.69	47.83	1450m: 22:59.23	45.76
	300m: 4:39.43	48.97	700m: 11:06.82	48.37	1100m: 17:31.86	47.17	1500m: 23:40.90	41.67
	350m: 5:28.46	49.03	750m: 11:55.43	48.61	1150m: 18:19.87	48.01		
	400m: 6:16.65	48.19	800m: 12:43.54	48.11	1200m: 19:07.81	47.94		

Programmanr. 1, Heren, 1500m vrije slag

Masters 50+

1.	Jan Brink	ZPC De Zeeuwse Kust	18:41.49	196200091	18:35.36	+0,83
	<i>Kampioenschaps Record</i>					
	50m: 33.06	33.06	450m: 5:25.12	37.02	850m: 10:21.75	36.93
	100m: 1:09.58	36.52	500m: 6:02.67	37.55	900m: 10:59.02	37.27
	150m: 1:45.54	35.96	550m: 6:39.86	37.19	950m: 11:36.55	37.53
	200m: 2:22.26	36.72	600m: 7:16.96	37.10	1000m: 12:14.60	38.05
	250m: 2:58.71	36.45	650m: 7:53.82	36.86	1050m: 12:52.49	37.89
	300m: 3:35.25	36.54	700m: 8:31.03	37.21	1100m: 13:30.29	38.10
	350m: 4:11.71	36.46	750m: 9:08.20	37.17	1150m: 14:08.67	38.38
	400m: 4:48.10	36.39	800m: 9:44.82	36.62	1200m: 14:47.20	38.53
2.	Gustav van den Berg	TriVia	20:08.06	196100991	19:05.10	+0,97
	50m: 35.04	35.04	450m: 5:42.93	38.98	850m: 10:52.89	38.52
	100m: 1:12.73	37.69	500m: 6:21.39	38.46	900m: 11:30.94	38.05
	150m: 1:51.49	38.76	550m: 7:00.30	38.91	950m: 12:09.01	38.07
	200m: 2:29.72	38.23	600m: 7:39.24	38.94	1000m: 12:47.30	38.29
	250m: 3:08.30	38.58	650m: 8:18.07	38.83	1050m: 13:25.16	37.86
	300m: 3:46.69	38.39	700m: 8:56.93	38.86	1100m: 14:03.26	38.10
	350m: 4:25.32	38.63	750m: 9:35.67	38.74	1150m: 14:41.86	38.60
	400m: 5:03.95	38.63	800m: 10:14.37	38.70	1200m: 15:19.71	37.85
3.	Menno Lomans	d'ELFT WAVE (SG)	20:02.31	196101071	19:58.29	+0,99
	50m: 35.89	35.89	450m: 5:53.53	39.60	850m: 11:14.75	40.19
	100m: 1:15.05	39.16	500m: 6:33.57	40.04	900m: 11:55.15	40.40
	150m: 1:54.44	39.39	550m: 7:13.65	40.08	950m: 12:35.44	40.29
	200m: 2:34.22	39.78	600m: 7:53.42	39.77	1000m: 13:15.72	40.28
	250m: 3:14.19	39.97	650m: 8:33.70	40.28	1050m: 13:55.70	39.98
	300m: 3:54.57	40.38	700m: 9:13.95	40.25	1100m: 14:36.00	40.30
	350m: 4:34.26	39.69	750m: 9:54.36	40.41	1150m: 15:16.54	40.54
	400m: 5:13.93	39.67	800m: 10:34.56	40.20	1200m: 15:56.59	40.05
4.	Marcel Stroet	ZV De Bron	20:51.00	196400929	20:30.96	+1,39
	50m: 35.56	35.56	450m: 6:01.77	41.35	850m: 11:31.61	41.24
	100m: 1:14.63	39.07	500m: 6:42.79	41.02	900m: 12:13.05	41.44
	150m: 1:54.69	40.06	550m: 7:23.79	41.00	950m: 12:54.81	41.76
	200m: 2:35.57	40.88	600m: 8:05.06	41.27	1000m: 13:35.84	41.03
	250m: 3:16.69	41.12	650m: 8:46.61	41.55	1050m: 14:17.36	41.52
	300m: 3:57.81	41.12	700m: 9:27.80	41.19	1100m: 14:59.36	42.00
	350m: 4:38.99	41.18	750m: 10:09.10	41.30	1150m: 15:40.81	41.45
	400m: 5:20.42	41.43	800m: 10:50.37	41.27	1200m: 16:22.65	41.84
5.	Joost de Kroon	AquAmigos	20:52.63	196400999	21:14.54	
	50m: 39.59	39.59	450m: 6:19.38	42.24	850m: 12:05.55	43.56
	100m: 1:21.77	42.18	500m: 7:02.47	43.09	900m: 12:48.40	42.85
	150m: 2:03.97	42.20	550m: 7:45.38	42.91	950m: 13:31.16	42.76
	200m: 2:46.47	42.50	600m: 8:28.29	42.91	1000m: 14:14.43	43.27
	250m: 3:29.25	42.78	650m: 9:11.55	43.26	1050m: 14:57.20	42.77
	300m: 4:11.61	42.36	700m: 9:54.82	43.27	1100m: 15:40.25	43.05
	350m: 4:54.15	42.54	750m: 10:38.45	43.63	1150m: 16:22.98	42.73
	400m: 5:37.14	42.99	800m: 11:21.99	43.54	1200m: 17:05.94	42.96
6.	Jan Smalheer	SCOM	22:46.31	196400701	22:38.48	+1,22
	50m: 38.31	38.31	450m: 6:31.78	45.67	850m: 12:40.10	47.60
	100m: 1:20.43	42.12	500m: 7:17.01	45.23	900m: 13:26.04	45.94
	150m: 2:04.38	43.95	550m: 8:02.39	45.38	950m: 14:12.52	46.48
	200m: 2:49.05	44.67	600m: 8:48.44	46.05	1000m: 14:58.96	46.44
	250m: 3:33.80	44.75	650m: 9:33.15	44.71	1050m: 15:45.20	46.24
	300m: 4:16.48	42.68	700m: 10:20.19	47.04	1100m: 16:31.18	45.98
	350m: 5:02.04	45.56	750m: 11:06.57	46.38	1150m: 17:16.32	45.14
	400m: 5:46.11	44.07	800m: 11:52.50	45.93	1200m: 18:02.92	46.60
7.	Adri Pasman	Zuiderzeewimmers	24:39.49	196400573	24:49.27	+1,14
	50m: 42.71	42.71	450m: 7:18.52	50.02	850m: 13:55.84	50.22
	100m: 1:30.86	48.15	500m: 8:08.71	50.19	900m: 14:46.21	50.37
	150m: 2:20.30	49.44	550m: 8:57.78	49.07	950m: 15:35.63	49.42
	200m: 3:09.46	49.16	600m: 9:47.78	50.00	1000m: 16:24.66	49.03
	250m: 3:58.92	49.46	650m: 10:37.48	49.70	1050m: 17:14.02	49.36
	300m: 4:48.46	49.54	700m: 11:27.29	49.81	1100m: 18:04.19	50.17
	350m: 5:38.11	49.65	750m: 12:16.15	48.86	1150m: 18:55.23	51.04
	400m: 6:28.50	50.39	800m: 13:05.62	49.47	1200m: 19:45.80	50.57

Masters 55+

Programmanr. 1, Heren, 1500m vrije slag, Masters 55+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
1.	Marten de Groot	HZ&PC Heerenveen	18:45.51	195800149	18:12.52	+0,81
	<i>Nederlands Masters Record</i>					
	50m: 33.18	33.18	450m: 5:22.38	35.76	850m: 10:12.97	36.52
	100m: 1:08.89	35.71	500m: 5:58.07	35.69	900m: 10:49.19	36.22
	150m: 1:45.26	36.37	550m: 6:34.48	36.41	950m: 11:25.68	36.49
	200m: 2:22.12	36.86	600m: 7:10.77	36.29	1000m: 12:02.70	37.02
	250m: 2:58.53	36.41	650m: 7:47.15	36.38	1050m: 12:39.60	36.90
	300m: 3:34.63	36.10	700m: 8:23.49	36.34	1100m: 13:16.19	36.59
	350m: 4:10.65	36.02	750m: 8:59.88	36.39	1150m: 13:53.14	36.95
	400m: 4:46.62	35.97	800m: 9:36.45	36.57	1200m: 14:29.99	36.85
2.	Marius Ros	ZCNF'34	20:11.48	195900779	20:14.43	+0,84
	50m: 37.57	37.57	450m: 5:58.19	40.12	850m: 11:23.07	40.80
	100m: 1:17.40	39.83	500m: 6:38.54	40.35	900m: 12:03.77	40.70
	150m: 1:57.53	40.13	550m: 7:18.74	40.20	950m: 12:44.52	40.75
	200m: 2:37.48	39.95	600m: 7:59.22	40.48	1000m: 13:25.08	40.56
	250m: 3:17.23	39.75	650m: 8:40.01	40.79	1050m: 14:05.96	40.88
	300m: 3:57.33	40.10	700m: 9:20.69	40.68	1100m: 14:47.13	41.17
	350m: 4:37.83	40.50	750m: 10:01.49	40.80	1150m: 15:28.75	41.62
	400m: 5:18.07	40.24	800m: 10:42.27	40.78	1200m: 16:09.97	41.22
3.	Wim Witjes	Aqua-Novio'94	22:15.42	195800483	21:21.35	+0,89
	50m: 37.09	37.09	450m: 6:15.63	43.02	850m: 12:01.38	43.42
	100m: 1:17.49	40.40	500m: 6:58.70	43.07	900m: 12:44.85	43.47
	150m: 1:59.12	41.63	550m: 7:41.63	42.93	950m: 13:28.00	43.15
	200m: 2:41.99	42.87	600m: 8:24.60	42.97	1000m: 14:10.94	42.94
	250m: 3:24.23	42.24	650m: 9:07.99	43.39	1050m: 14:54.25	43.31
	300m: 4:06.79	42.56	700m: 9:51.16	43.17	1100m: 15:37.74	43.49
	350m: 4:49.76	42.97	750m: 10:34.43	43.27	1150m: 16:21.42	43.68
	400m: 5:32.61	42.85	800m: 11:17.96	43.53	1200m: 17:04.78	43.36
4.	Henk Slomp	De Pinquin	21:19.13	195500359	21:30.89	+1,02
	50m: 36.94	36.94	450m: 6:20.07	42.84	850m: 12:06.21	43.36
	100m: 1:19.01	42.07	500m: 7:03.44	43.37	900m: 12:49.48	43.27
	150m: 2:03.12	44.11	550m: 7:46.07	42.63	950m: 13:32.87	43.39
	200m: 2:45.70	42.58	600m: 8:29.52	43.45	1000m: 14:15.77	42.90
	250m: 3:28.51	42.81	650m: 9:12.65	43.13	1050m: 14:59.41	43.64
	300m: 4:11.44	42.93	700m: 9:55.68	43.03	1100m: 15:42.20	42.79
	350m: 4:54.32	42.88	750m: 10:39.43	43.75	1150m: 16:26.18	43.98
	400m: 5:37.23	42.91	800m: 11:22.85	43.42	1200m: 17:10.44	44.26
5.	Lex Hoogendam	MNC Dordrecht	22:54.82	195700541	22:37.34	+1,00
	50m: 36.88	36.88	450m: 6:33.25	45.51	850m: 12:39.23	45.47
	100m: 1:18.90	42.02	500m: 7:19.08	45.83	900m: 13:25.09	45.86
	150m: 2:02.98	44.08	550m: 8:04.86	45.78	950m: 14:11.13	46.04
	200m: 2:47.22	44.24	600m: 8:50.59	45.73	1000m: 14:57.20	46.07
	250m: 3:32.19	44.97	650m: 9:36.59	46.00	1050m: 15:43.88	46.68
	300m: 4:17.37	45.18	700m: 10:22.80	46.21	1100m: 16:29.98	46.10
	350m: 5:02.69	45.32	750m: 11:08.24	45.44	1150m: 17:16.20	46.22
	400m: 5:47.74	45.05	800m: 11:53.76	45.52	1200m: 18:02.30	46.10
6.	Paul Bunnik	Triton	22:29.00	195600413	22:53.92	+1,15
	50m: 37.71	37.71	450m: 6:35.75	46.80	850m: 12:47.72	46.39
	100m: 1:18.89	41.18	500m: 7:22.27	46.52	900m: 13:34.72	47.00
	150m: 2:02.74	43.85	550m: 8:09.13	46.86	950m: 14:22.20	47.48
	200m: 2:47.22	44.48	600m: 8:55.43	46.30	1000m: 15:08.59	46.39
	250m: 3:31.80	44.58	650m: 9:41.37	45.94	1050m: 15:55.43	46.84
	300m: 4:16.84	45.04	700m: 10:28.14	46.77	1100m: 16:40.69	45.26
	350m: 5:02.54	45.70	750m: 11:14.38	46.24	1150m: 17:27.47	46.78
	400m: 5:48.95	46.41	800m: 12:01.33	46.95	1200m: 18:13.85	46.38

Masters 60+

1.	Jos Kamps	De Amer	27:49.16	195100085	26:07.45	+1,34
	50m: 41.37	41.37	450m: 7:32.19	52.65	850m: 14:35.86	52.65
	100m: 1:29.34	47.97	500m: 8:25.33	53.14	900m: 15:28.39	52.53
	150m: 2:19.01	49.67	550m: 9:18.43	53.10	950m: 16:23.69	55.30
	200m: 3:10.76	51.75	600m: 10:11.44	53.01	1000m: 17:16.63	52.94
	250m: 4:03.32	52.56	650m: 11:05.17	53.73	1050m: 18:09.88	53.25
	300m: 4:54.67	51.35	700m: 11:58.04	52.87	1100m: 19:04.05	54.17
	350m: 5:46.81	52.14	750m: 12:50.13	52.09	1150m: 19:59.05	55.00
	400m: 6:39.54	52.73	800m: 13:43.21	53.08	1200m: 20:52.20	53.15

Masters 70+

Programmanr. 1, Heren, 1500m vrije slag, Masters 70+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
1.	Rob Hanou	PSV	24:05.71	194300109	25:31.04	+1,14
	50m: 42.50	42.50	450m: 7:27.82	51.50	850m: 14:22.08	52.21
	100m: 1:31.16	48.66	500m: 8:19.29	51.47	900m: 15:14.11	52.03
	150m: 2:22.16	51.00	550m: 9:10.58	51.29	950m: 16:05.57	51.46
	200m: 3:13.08	50.92	600m: 10:01.79	51.21	1000m: 16:57.38	51.81
	250m: 4:04.02	50.94	650m: 10:54.15	52.36	1050m: 17:49.06	51.68
	300m: 4:54.81	50.79	700m: 11:45.85	51.70	1100m: 18:40.06	51.00
	350m: 5:45.15	50.34	750m: 12:37.68	51.83	1150m: 19:31.72	51.66
	400m: 6:36.32	51.17	800m: 13:29.87	52.19	1200m: 20:24.13	52.41
2.	Geza Kaltenecker	AZC	27:57.09	194200065	26:25.28	+1,01
	50m: 43.56	43.56	450m: 7:47.69	54.12	850m: 14:55.93	53.29
	100m: 1:34.12	50.56	500m: 8:41.03	53.34	900m: 15:49.96	54.03
	150m: 2:27.37	53.25	550m: 9:34.28	53.25	950m: 16:43.97	54.01
	200m: 3:19.90	52.53	600m: 10:28.06	53.78	1000m: 17:37.52	53.55
	250m: 4:13.11	53.21	650m: 11:21.96	53.90	1050m: 18:31.50	53.98
	300m: 5:06.64	53.53	700m: 12:15.26	53.30	1100m: 19:25.21	53.71
	350m: 5:59.95	53.31	750m: 13:08.94	53.68	1150m: 20:19.88	54.67
	400m: 6:53.57	53.62	800m: 14:02.64	53.70	1200m: 21:12.59	52.71

Masters 75+

1.	Nico Geers	Z&PC De Gouwe	23:21.02	193800007	25:37.44	+1,16
	50m: 44.54	44.54	450m: 7:30.99	50.88	850m: 14:28.23	52.02
	100m: 1:33.81	49.27	500m: 8:23.22	52.23	900m: 15:19.43	51.20
	150m: 2:24.95	51.14	550m: 9:14.54	51.32	950m: 16:11.89	52.46
	200m: 3:16.01	51.06	600m: 10:06.85	52.31	1000m: 17:04.96	53.07
	250m: 4:07.29	51.28	650m: 10:59.49	52.64	1050m: 17:56.77	51.81
	300m: 4:58.14	50.85	700m: 11:52.04	52.55	1100m: 18:48.99	52.22
	350m: 5:49.05	50.91	750m: 12:44.71	52.67	1150m: 19:40.77	51.78
	400m: 6:40.11	51.06	800m: 13:36.21	51.50	1200m: 20:32.82	52.05

Masters 80+

NG	Bob Berg	PSV	33:19.98	193300011
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Programmanr. 2
24-01-2014 - 11:14

Dames, 800m vrije slag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
Masters 20+						
1.	Rebecca Vroomen	Eurode KZC	9:54.95	199301772	9:33.69	+0,90
	50m: 32.96	32.96	250m: 2:57.31	36.32	450m: 5:22.32	36.18
	100m: 1:08.53	35.57	300m: 3:33.59	36.28	500m: 5:58.55	36.23
	150m: 1:44.93	36.40	350m: 4:10.12	36.53	550m: 6:34.83	36.28
	200m: 2:20.99	36.06	400m: 4:46.14	36.02	600m: 7:11.35	36.52
2.	Sigrit Aarten	Deltasteur	10:23.16	199302868	10:20.09	+0,97
	50m: 32.60	32.60	250m: 3:05.78	39.62	450m: 5:44.35	40.05
	100m: 1:08.89	36.29	300m: 3:45.34	39.56	500m: 6:24.58	40.23
	150m: 1:47.32	38.43	350m: 4:25.12	39.78	550m: 7:04.83	40.25
	200m: 2:26.16	38.84	400m: 5:04.30	39.18	600m: 7:45.03	40.20
3.	Johanna de Boer	ZPD	10:18.70	199403944	10:28.98	+0,59
	50m: 33.75	33.75	250m: 3:06.50	38.91	450m: 5:46.75	40.35
	100m: 1:10.82	37.07	300m: 3:46.05	39.55	500m: 6:27.46	40.71
	150m: 1:48.96	38.14	350m: 4:26.37	40.32	550m: 7:08.37	40.91
	200m: 2:27.59	38.63	400m: 5:06.40	40.03	600m: 7:49.33	40.96
4.	Eline Roobol	De Lansingh	10:55.07	199106414	10:32.64 *	+0,86
	50m: 33.62	33.62	250m: 3:10.24	40.19	450m: 5:52.47	40.63
	100m: 1:10.96	37.34	300m: 3:50.72	40.48	500m: 6:32.79	40.32
	150m: 1:50.31	39.35	350m: 4:31.38	40.66	550m: 7:13.27	40.48
	200m: 2:30.05	39.74	400m: 5:11.84	40.46	600m: 7:53.03	39.76
5.	Chantal van der Horst	De Meer	10:39.47	199400616	10:39.19	+0,73
	50m: 33.41	33.41	250m: 3:09.35	40.18	450m: 5:51.29	40.82
	100m: 1:10.60	37.19	300m: 3:49.41	40.06	500m: 6:31.96	40.67
	150m: 1:49.42	38.82	350m: 4:30.01	40.60	550m: 7:13.12	41.16
	200m: 2:29.17	39.75	400m: 5:10.47	40.46	600m: 7:54.79	41.67

Programmanr. 2, Dames, 800m vrije slag, Masters 20+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
6.	Irmgard van Weeghel	Octopus	10:40.59	199204834	10:57.10	+0,73		
	50m: 34.96	34.96	250m: 3:13.31	40.96	450m: 5:59.99	42.35	650m: 8:50.83	42.88
	100m: 1:12.84	37.88	300m: 3:54.50	41.19	500m: 6:42.55	42.56	700m: 9:33.45	42.62
	150m: 1:52.32	39.48	350m: 4:35.98	41.48	550m: 7:25.43	42.88	750m: 10:15.46	42.01
	200m: 2:32.35	40.03	400m: 5:17.64	41.66	600m: 8:07.95	42.52	800m: 10:57.10	41.64
7.	Yvonne Bruls	Eurode KZC	11:51.11	199008114	11:17.76	+0,88		
	50m: 35.24	35.24	250m: 3:18.30	42.23	450m: 6:12.60	43.43	650m: 9:07.63	44.07
	100m: 1:13.70	38.46	300m: 4:02.15	43.85	500m: 6:56.06	43.46	700m: 9:51.77	44.14
	150m: 1:54.49	40.79	350m: 4:45.64	43.49	550m: 7:39.74	43.68	750m: 10:35.83	44.06
	200m: 2:36.07	41.58	400m: 5:29.17	43.53	600m: 8:23.56	43.82	800m: 11:17.76	41.93
8.	Lindsey Hol	De Meer	11:41.07	199008088	11:38.14	+0,78		
	50m: 35.88	35.88	250m: 3:20.59	43.05	450m: 6:19.88	45.65	650m: 9:22.74	46.20
	100m: 1:14.67	38.79	300m: 4:04.46	43.87	500m: 7:05.54	45.66	700m: 10:08.68	45.94
	150m: 1:55.45	40.78	350m: 4:49.25	44.79	550m: 7:51.12	45.58	750m: 10:54.12	45.44
	200m: 2:37.54	42.09	400m: 5:34.23	44.98	600m: 8:36.54	45.42	800m: 11:38.14	44.02
9.	Claudia Creemers	De Roersoppers	12:57.60	199202864	12:54.40	+0,90		
	50m: 39.17	39.17	250m: 3:42.44	47.92	450m: 7:02.31	51.67	650m: 10:27.11	51.25
	100m: 1:22.22	43.05	300m: 4:30.86	48.42	500m: 7:53.77	51.46	700m: 11:17.10	49.99
	150m: 2:07.83	45.61	350m: 5:19.98	49.12	550m: 8:45.53	51.76	750m: 12:06.14	49.04
	200m: 2:54.52	46.69	400m: 6:10.64	50.66	600m: 9:35.86	50.33	800m: 12:54.40	48.26
10.	Rebecca van Eeren	SCOM	12:20.38	199306910	13:25.39	+0,82		
	50m: 38.02	38.02	250m: 3:46.67	50.08	450m: 7:13.88	53.16	650m: 10:48.96	53.97
	100m: 1:21.74	43.72	300m: 4:35.70	49.03	500m: 8:07.22	53.34	700m: 11:42.52	53.56
	150m: 2:08.43	46.69	350m: 5:28.74	53.04	550m: 9:00.99	53.77	750m: 12:35.54	53.02
	200m: 2:56.59	48.16	400m: 6:20.72	51.98	600m: 9:54.99	54.00	800m: 13:25.39	49.85
11.	Jen-Ai van Soelen	Zuiderzeezwemmers	12:53.30	199003510	13:57.20 *	+0,72		
	50m: 40.61	40.61	250m: 4:06.57	53.10	450m: 7:46.71	54.95	650m: 11:22.56	53.66
	100m: 1:29.84	49.23	300m: 5:00.77	54.20	500m: 8:41.15	54.44	700m: 12:17.67	55.11
	150m: 2:21.21	51.37	350m: 5:56.22	55.45	550m: 9:35.16	54.01	750m: 13:06.96	49.29
	200m: 3:13.47	52.26	400m: 6:51.76	55.54	600m: 10:28.90	53.74	800m: 13:57.20	50.24
12.	Liesbeth Bruinekool	Zuiderzeezwemmers	16:23.37	199007958	16:59.91	+0,94		
	50m: 52.95	52.95	250m: 5:11.00	1:05.43	450m: 9:32.22	1:05.25	650m: 13:50.14	1:04.00
	100m: 1:54.95	1:02.00	300m: 6:16.76	1:05.76	500m: 10:36.94	1:04.72	700m: 14:55.66	1:05.52
	150m: 2:59.96	1:05.01	350m: 7:22.11	1:05.35	550m: 11:41.06	1:04.12	750m: 15:59.47	1:03.81
	200m: 4:05.57	1:05.61	400m: 8:26.97	1:04.86	600m: 12:46.14	1:05.08	800m: 16:59.91	1:00.44

Masters 25+

1.	Lisanne Andeweg	Zuiderzeezwemmers	9:35.66	198800092	9:33.80	+0,87		
	50m: 32.07	32.07	250m: 2:55.26	36.05	450m: 5:20.73	36.70	650m: 7:47.12	36.51
	100m: 1:07.10	35.03	300m: 3:31.46	36.20	500m: 5:57.30	36.57	700m: 8:23.51	36.39
	150m: 1:42.94	35.84	350m: 4:07.74	36.28	550m: 6:33.90	36.60	750m: 8:59.75	36.24
	200m: 2:19.21	36.27	400m: 4:44.03	36.29	600m: 7:10.61	36.71	800m: 9:33.80	34.05
2.	Samantha van Eijk	De Geul	10:27.08	198806826	9:58.52	+0,80		
	50m: 33.48	33.48	250m: 3:00.61	36.94	450m: 5:31.30	37.83	650m: 8:05.56	38.58
	100m: 1:09.95	36.47	300m: 3:37.92	37.31	500m: 6:09.75	38.45	700m: 8:44.21	38.65
	150m: 1:46.85	36.90	350m: 4:15.78	37.86	550m: 6:48.30	38.55	750m: 9:22.32	38.11
	200m: 2:23.67	36.82	400m: 4:53.47	37.69	600m: 7:26.98	38.68	800m: 9:58.52	36.20
3.	Sunanda van Heteren	De Geul	10:54.57	198901728	10:42.44	+0,85		
	50m: 34.56	34.56	250m: 3:12.87	40.56	450m: 5:56.78	41.07	650m: 8:43.13	41.81
	100m: 1:12.66	38.10	300m: 3:53.86	40.99	500m: 6:37.98	41.20	700m: 9:24.26	41.13
	150m: 1:52.15	39.49	350m: 4:34.73	40.87	550m: 7:19.64	41.66	750m: 10:04.49	40.23
	200m: 2:32.31	40.16	400m: 5:15.71	40.98	600m: 8:01.32	41.68	800m: 10:42.44	37.95

Masters 30+

1.	Petra Benani-Wolsing	De Futen	11:08.80	198402796	10:44.29	+1,05		
	50m: 36.45	36.45	250m: 3:18.44	41.29	450m: 6:02.38	40.93	650m: 8:45.40	40.51
	100m: 1:16.09	39.64	300m: 3:59.52	41.08	500m: 6:43.66	41.28	700m: 9:25.66	40.26
	150m: 1:56.20	40.11	350m: 4:40.43	40.91	550m: 7:24.51	40.85	750m: 10:06.22	40.56
	200m: 2:37.15	40.95	400m: 5:21.45	41.02	600m: 8:04.89	40.38	800m: 10:44.29	38.07
2.	Pauline Tieleman	De Geul	10:31.47	198403348	10:50.01 *	+0,81		
	50m: 34.58	34.58	250m: 3:14.92	40.92	450m: 6:00.84	41.24	650m: 8:47.21	41.48
	100m: 1:13.30	38.72	300m: 3:56.27	41.35	500m: 6:42.71	41.87	700m: 9:28.48	41.27
	150m: 1:53.26	39.96	350m: 4:37.69	41.42	550m: 7:23.91	41.20	750m: 10:09.90	41.42
	200m: 2:34.00	40.74	400m: 5:19.60	41.91	600m: 8:05.73	41.82	800m: 10:50.01	40.11

Programmanr. 2, Dames, 800m vrije slag, Masters 30+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
3.	Denise de Riet	De Devel	11:32.43	198402040	11:18.69	+1,04		
	50m: 36.23	36.23	250m: 3:22.70	42.32	450m: 6:14.84	43.56	650m: 9:09.89	43.52
	100m: 1:16.64	40.41	300m: 4:05.53	42.83	500m: 6:58.49	43.65	700m: 9:53.99	44.10
	150m: 1:58.51	41.87	350m: 4:48.05	42.52	550m: 7:42.66	44.17	750m: 10:37.51	43.52
	200m: 2:40.38	41.87	400m: 5:31.28	43.23	600m: 8:26.37	43.71	800m: 11:18.69	41.18
4.	Annette Vogelsang	ZV De Bron	11:32.03	198402632	11:26.15	+0,88		
	50m: 35.38	35.38	250m: 3:18.49	42.58	450m: 6:14.61	44.17	650m: 9:12.73	44.63
	100m: 1:13.93	38.55	300m: 4:02.22	43.73	500m: 6:58.68	44.07	700m: 9:56.96	44.23
	150m: 1:54.35	40.42	350m: 4:46.22	44.00	550m: 7:43.42	44.74	750m: 10:42.09	45.13
	200m: 2:35.91	41.56	400m: 5:30.44	44.22	600m: 8:28.10	44.68	800m: 11:26.15	44.06
5.	Rianne van Vegchelen	Deltasteur	13:34.02	198101530	13:54.04	+1,08		
	50m: 44.84	44.84	250m: 4:10.29	52.71	450m: 7:44.01	53.51	650m: 11:18.93	54.24
	100m: 1:34.30	49.46	300m: 5:03.29	53.00	500m: 8:37.61	53.60	700m: 12:11.77	52.84
	150m: 2:25.55	51.25	350m: 5:56.92	53.63	550m: 9:31.24	53.63	750m: 13:04.90	53.13
	200m: 3:17.58	52.03	400m: 6:50.50	53.58	600m: 10:24.69	53.45	800m: 13:54.04	49.14

Masters 35+

1.	Melanie Kuiper	Zignea	10:36.36	197600350	10:21.04	+1,04		
	50m: 34.71	34.71	250m: 3:09.11	39.42	450m: 5:48.69	39.82	650m: 8:27.45	39.50
	100m: 1:12.18	37.47	300m: 3:48.77	39.66	500m: 6:28.40	39.71	700m: 9:07.05	39.60
	150m: 1:50.82	38.64	350m: 4:28.74	39.97	550m: 7:08.00	39.60	750m: 9:45.80	38.75
	200m: 2:29.69	38.87	400m: 5:08.87	40.13	600m: 7:47.95	39.95	800m: 10:21.04	35.24
2.	Karin van Dijk	H2Oldambt	11:10.96	197600806	11:10.72 *	+0,96		
	50m: 35.95	35.95	250m: 3:20.07	41.95	450m: 6:10.95	43.24	650m: 9:04.02	43.57
	100m: 1:15.94	39.99	300m: 4:02.50	42.43	500m: 6:53.77	42.82	700m: 9:47.44	43.42
	150m: 1:56.70	40.76	350m: 4:45.12	42.62	550m: 7:36.51	42.74	750m: 10:30.78	43.34
	200m: 2:38.12	41.42	400m: 5:27.71	42.59	600m: 8:20.45	43.94	800m: 11:10.72	39.94
3.	Diane Scholing	Het Ravijn	11:39.35	197701090	11:28.36	+0,73		
	50m: 36.87	36.87	250m: 3:27.06	43.51	450m: 6:22.75	43.91	650m: 9:19.66	44.27
	100m: 1:17.98	41.11	300m: 4:10.69	43.63	500m: 7:06.95	44.20	700m: 10:03.20	43.54
	150m: 2:00.08	42.10	350m: 4:54.67	43.98	550m: 7:51.36	44.41	750m: 10:46.88	43.68
	200m: 2:43.55	43.47	400m: 5:38.84	44.17	600m: 8:35.39	44.03	800m: 11:28.36	41.48
4.	Carmen Haan	De Spatters	11:36.25	197901458	11:38.36	+1,05		
	50m: 36.62	36.62	250m: 3:27.42	43.70	450m: 6:26.15	45.25	650m: 9:24.94	45.45
	100m: 1:17.50	40.88	300m: 4:11.38	43.96	500m: 7:10.10	43.95	700m: 10:10.66	45.72
	150m: 2:00.03	42.53	350m: 4:55.82	44.44	550m: 7:54.66	44.56	750m: 10:55.38	44.72
	200m: 2:43.72	43.69	400m: 5:40.90	45.08	600m: 8:39.49	44.83	800m: 11:38.36	42.98
5.	Jannie Vennik	HZ&PC Heerenveen	11:56.10	197601006	11:56.41	+0,91		
	50m: 39.40	39.40	250m: 3:38.16	45.39	450m: 6:38.91	45.32	650m: 9:41.99	46.07
	100m: 1:22.66	43.26	300m: 4:23.40	45.24	500m: 7:24.04	45.13	700m: 10:28.16	46.17
	150m: 2:07.57	44.91	350m: 5:08.61	45.21	550m: 8:09.59	45.55	750m: 11:13.83	45.67
	200m: 2:52.77	45.20	400m: 5:53.59	44.98	600m: 8:55.92	46.33	800m: 11:56.41	42.58
6.	Babette Rens	Dedemvaart-AC	11:55.87	197801200	11:58.72 *	+0,80		
	50m: 38.08	38.08	250m: 3:30.89	44.67	450m: 6:33.91	45.83	650m: 9:39.91	46.68
	100m: 1:19.45	41.37	300m: 4:16.12	45.23	500m: 7:20.74	46.83	700m: 10:26.80	46.89
	150m: 2:02.32	42.87	350m: 5:02.33	46.21	550m: 8:07.01	46.27	750m: 11:13.40	46.60
	200m: 2:46.22	43.90	400m: 5:48.08	45.75	600m: 8:53.23	46.22	800m: 11:58.72	45.32
7.	Anneke de Groot	De Fuut	12:37.35	197701140	12:37.12	+0,85		
	50m: 40.03	40.03	250m: 3:45.82	47.57	450m: 6:59.57	48.92	650m: 10:14.85	48.61
	100m: 1:24.63	44.60	300m: 4:33.59	47.77	500m: 7:48.75	49.18	700m: 11:03.43	48.58
	150m: 2:10.79	46.16	350m: 5:22.06	48.47	550m: 8:37.74	48.99	750m: 11:51.37	47.94
	200m: 2:58.25	47.46	400m: 6:10.65	48.59	600m: 9:26.24	48.50	800m: 12:37.12	45.75
8.	Clementine van Bruxvoort	ZPB H&L Productions	13:50.91	197700138	13:51.73	+0,96		
	50m: 44.59	44.59	250m: 4:10.66	52.35	450m: 7:43.74	53.44	650m: 11:17.51	53.60
	100m: 1:36.10	51.51	300m: 5:03.78	53.12	500m: 8:36.97	53.23	700m: 12:10.94	53.43
	150m: 2:27.30	51.20	350m: 5:56.92	53.14	550m: 9:30.16	53.19	750m: 13:03.13	52.19
	200m: 3:18.31	51.01	400m: 6:50.30	53.38	600m: 10:23.91	53.75	800m: 13:51.73	48.60

Masters 40+

1.	Grith Sigsgaard	Zwemlust-den Hommel	9:39.49	197200772	9:33.98	+0,95		
	<i>Nederlands Masters Record, tt 400m NMR</i>							
	50m: 32.08	32.08	250m: 2:54.66	35.78	450m: 5:19.79	36.46	650m: 7:47.27	36.88
	100m: 1:07.27	35.19	300m: 3:30.81	36.15	500m: 5:56.44	36.65	700m: 8:23.47	36.20
	150m: 1:42.81	35.54	350m: 4:07.00	36.19	550m: 6:33.51	37.07	750m: 8:59.89	36.42
	200m: 2:18.88	36.07	400m: 4:43.33	36.33	600m: 7:10.39	36.88	800m: 9:33.98	34.09

Programmanr. 2, Dames, 800m vrije slag, Masters 40+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
2.	Karin Stein	ZVVS	9:55.33	197100554	10:00.17	+0,84		
	50m: 34.22	34.22	250m: 3:03.07	37.38	450m: 5:34.03	37.74	650m: 8:06.82	38.36
	100m: 1:10.93	36.71	300m: 3:40.59	37.52	500m: 6:12.19	38.16	700m: 8:45.24	38.42
	150m: 1:48.29	37.36	350m: 4:18.22	37.63	550m: 6:50.18	37.99	750m: 9:23.50	38.26
	200m: 2:25.69	37.40	400m: 4:56.29	38.07	600m: 7:28.46	38.28	800m: 10:00.17	36.67
3.	Annette de Visser	Oceanus	10:42.73	197100602	10:24.42 *	+0,93		
	50m: 34.73	34.73	250m: 3:09.68	39.45	450m: 5:49.13	39.88	650m: 8:28.16	39.80
	100m: 1:12.44	37.71	300m: 3:49.70	40.02	500m: 6:29.07	39.94	700m: 9:07.68	39.52
	150m: 1:51.07	38.63	350m: 4:29.36	39.66	550m: 7:08.77	39.70	750m: 9:46.76	39.08
	200m: 2:30.23	39.16	400m: 5:09.25	39.89	600m: 7:48.36	39.59	800m: 10:24.42	37.66
4.	Pascalie Neiss-Janssen	De Roersoppers	12:09.47	197300852	11:58.72	+1,06		
	50m: 37.69	37.69	250m: 3:34.98	45.48	450m: 6:39.03	45.90	650m: 9:42.98	46.15
	100m: 1:20.21	42.52	300m: 4:21.05	46.07	500m: 7:24.70	45.67	700m: 10:29.58	46.60
	150m: 2:04.67	44.46	350m: 5:06.91	45.86	550m: 8:11.00	46.30	750m: 11:15.56	45.98
	200m: 2:49.50	44.83	400m: 5:53.13	46.22	600m: 8:56.83	45.83	800m: 11:58.72	43.16
5.	Renata van Essen	Zuiderzeewimmers	12:25.10	197300740	12:16.86	+0,75		
	50m: 38.88	38.88	250m: 3:40.02	46.33	450m: 6:46.16	46.62	650m: 9:55.65	47.73
	100m: 1:22.66	43.78	300m: 4:26.58	46.56	500m: 7:32.79	46.63	700m: 10:43.19	47.54
	150m: 2:07.77	45.11	350m: 5:13.45	46.87	550m: 8:20.19	47.40	750m: 11:30.60	47.41
	200m: 2:53.69	45.92	400m: 5:59.54	46.09	600m: 9:07.92	47.73	800m: 12:16.86	46.26
6.	Greta Wyma-Teitsma	DWK	13:52.70	197100696	13:26.77	+0,95		
	50m: 43.15	43.15	250m: 4:04.85	51.56	450m: 7:30.32	51.48	650m: 10:55.80	51.64
	100m: 1:31.28	48.13	300m: 4:55.82	50.97	500m: 8:21.28	50.96	700m: 11:47.68	51.88
	150m: 2:21.52	50.24	350m: 5:47.17	51.35	550m: 9:12.63	51.35	750m: 12:38.69	51.01
	200m: 3:13.29	51.77	400m: 6:38.84	51.67	600m: 10:04.16	51.53	800m: 13:26.77	48.08
DIS	Annet Kootstra	Swol 1894	12:01.67	197100344		AF		
	50m:		250m:		450m:		650m:	
	100m:		300m:		500m:		700m:	
	150m:		350m:		550m:		750m:	
	200m:		400m:		600m:		800m:	

Masters 45+

1.	Lisenka Kornet-van den Akker	ZPC Woerden	10:47.32	196900914	10:43.39	+0,88		
	50m: 35.17	35.17	250m: 3:14.25	40.26	450m: 5:56.69	40.70	650m: 8:41.42	41.09
	100m: 1:13.96	38.79	300m: 3:54.56	40.31	500m: 6:38.18	41.49	700m: 9:22.67	41.25
	150m: 1:53.77	39.81	350m: 4:35.21	40.65	550m: 7:19.25	41.07	750m: 10:04.06	41.39
	200m: 2:33.99	40.22	400m: 5:15.99	40.78	600m: 8:00.33	41.08	800m: 10:43.39	39.33
2.	Laura Staal	Oceanus	10:55.23	196700358	10:56.92	+0,82		
	50m: 36.09	36.09	250m: 3:20.93	41.66	450m: 6:08.41	41.88	650m: 8:54.79	40.97
	100m: 1:16.18	40.09	300m: 4:02.54	41.61	500m: 6:50.32	41.91	700m: 9:35.91	41.12
	150m: 1:57.41	41.23	350m: 4:44.38	41.84	550m: 7:32.37	42.05	750m: 10:16.96	41.05
	200m: 2:39.27	41.86	400m: 5:26.53	42.15	600m: 8:13.82	41.45	800m: 10:56.92	39.96
3.	Margreet van der Pol	Oceanus	11:41.76	196600276	11:44.95	+1,11		
	50m: 39.22	39.22	250m: 3:34.65	44.23	450m: 6:33.61	44.40	650m: 9:32.59	45.34
	100m: 1:21.49	42.27	300m: 4:19.31	44.66	500m: 7:17.91	44.30	700m: 10:17.29	44.70
	150m: 2:05.75	44.26	350m: 5:04.37	45.06	550m: 8:02.59	44.68	750m: 11:02.18	44.89
	200m: 2:50.42	44.67	400m: 5:49.21	44.84	600m: 8:47.25	44.66	800m: 11:44.95	42.77
4.	Iris van Aurich	DWK	12:17.55	196900866	11:52.86	+0,55		
	50m: 35.96	35.96	250m: 3:29.61	45.48	450m: 6:33.03	46.36	650m: 9:39.63	46.81
	100m: 1:16.65	40.69	300m: 4:15.49	45.88	500m: 7:19.24	46.21	700m: 10:24.98	45.35
	150m: 2:00.15	43.50	350m: 5:00.68	45.19	550m: 8:05.98	46.74	750m: 11:10.35	45.37
	200m: 2:44.13	43.98	400m: 5:46.67	45.99	600m: 8:52.82	46.84	800m: 11:52.86	42.51
5.	Karin van den Heuvel	Old Dutch	11:55.86	196600188	12:07.01	+0,87		
	50m: 39.67	39.67	250m: 3:38.63	45.44	450m: 6:42.15	45.54	650m: 9:47.88	46.55
	100m: 1:23.23	43.56	300m: 4:24.39	45.76	500m: 7:28.40	46.25	700m: 10:34.90	47.02
	150m: 2:07.81	44.58	350m: 5:10.52	46.13	550m: 8:14.77	46.37	750m: 11:22.40	47.50
	200m: 2:53.19	45.38	400m: 5:56.61	46.09	600m: 9:01.33	46.56	800m: 12:07.01	44.61
6.	Hetty Smalheer	SCOM	12:40.08	196700352	12:49.23	+1,07		
	50m: 43.39	43.39	250m: 3:56.23	49.33	450m: 7:14.03	48.76	650m: 10:28.56	48.18
	100m: 1:30.23	46.84	300m: 4:46.10	49.87	500m: 8:03.16	49.13	700m: 11:17.41	48.85
	150m: 2:18.80	48.57	350m: 5:35.72	49.62	550m: 8:51.57	48.41	750m: 12:04.52	47.11
	200m: 3:06.90	48.10	400m: 6:25.27	49.55	600m: 9:40.38	48.81	800m: 12:49.23	44.71
7.	Ymke Snellen van Vollenhoven	PSV	14:05.74	196800836	13:42.60	+1,11		
	50m: 46.09	46.09	250m: 4:11.06	51.63	450m: 7:41.73	53.06	650m: 11:12.03	52.46
	100m: 1:35.74	49.65	300m: 5:04.03	52.97	500m: 8:33.48	51.75	700m: 12:03.66	51.63
	150m: 2:27.25	51.51	350m: 5:55.92	51.89	550m: 9:26.44	52.96	750m: 12:54.94	51.28
	200m: 3:19.43	52.18	400m: 6:48.67	52.75	600m: 10:19.57	53.13	800m: 13:42.60	47.66

Programmanr. 2, Dames, 800m vrije slag, Masters 45+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
8.	Betty van Kemenade	PSV	14:04.13	196800832	14:38.11 *	+1,21		
	50m: 46.78	46.78	250m: 4:24.46	55.85	450m: 8:08.42	55.74	650m: 11:50.62	55.89
	100m: 1:38.95	52.17	300m: 5:20.59	56.13	500m: 9:03.81	55.39	700m: 12:46.69	56.07
	150m: 2:33.56	54.61	350m: 6:16.63	56.04	550m: 9:59.42	55.61	750m: 13:43.44	56.75
	200m: 3:28.61	55.05	400m: 7:12.68	56.05	600m: 10:54.73	55.31	800m: 14:38.11	54.67

Masters 50+

1.	Christine Moerkerken	Poseidon'56	11:14.91	196300524	10:48.97	+0,97		
	50m: 36.44	36.44	250m: 3:18.05	40.59	450m: 6:01.43	40.79	650m: 8:45.94	41.40
	100m: 1:16.85	40.41	300m: 3:58.73	40.68	500m: 6:42.49	41.06	700m: 9:27.08	41.14
	150m: 1:56.89	40.04	350m: 4:39.85	41.12	550m: 7:23.68	41.19	750m: 10:08.52	41.44
	200m: 2:37.46	40.57	400m: 5:20.64	40.79	600m: 8:04.54	40.86	800m: 10:48.97	40.45
2.	Jacqueline Rolloos-Bakker	De Lansingh	11:05.46	196300222	11:27.91	+1,04		
	50m: 37.47	37.47	250m: 3:28.61	43.35	450m: 6:23.50	43.95	650m: 9:19.35	44.09
	100m: 1:19.50	42.03	300m: 4:12.09	43.48	500m: 7:07.57	44.07	700m: 10:02.99	43.64
	150m: 2:02.31	42.81	350m: 4:55.71	43.62	550m: 7:51.74	44.17	750m: 10:46.26	43.27
	200m: 2:45.26	42.95	400m: 5:39.55	43.84	600m: 8:35.26	43.52	800m: 11:27.91	41.65
3.	Marjan Spoelstra	Swol 1894	13:51.04	196000236	13:10.05	+0,89		
	50m: 44.17	44.17	250m: 4:01.72	49.79	450m: 7:21.86	50.26	650m: 10:42.20	50.51
	100m: 1:32.48	48.31	300m: 4:51.59	49.87	500m: 8:11.43	49.57	700m: 11:32.32	50.12
	150m: 2:22.17	49.69	350m: 5:41.44	49.85	550m: 9:01.14	49.71	750m: 12:22.39	50.07
	200m: 3:11.93	49.76	400m: 6:31.60	50.16	600m: 9:51.69	50.55	800m: 13:10.05	47.66
4.	Uschi Koster	WWV	13:24.89	196400372	13:24.35	+1,33		
	50m: 44.29	44.29	250m: 4:02.16	50.38	450m: 7:26.21	51.16	650m: 10:56.06	51.47
	100m: 1:31.69	47.40	300m: 4:52.14	49.98	500m: 8:19.12	52.91	700m: 11:47.30	51.24
	150m: 2:21.30	49.61	350m: 5:43.44	51.30	550m: 9:11.79	52.67	750m: 12:38.52	51.22
	200m: 3:11.78	50.48	400m: 6:35.05	51.61	600m: 10:04.59	52.80	800m: 13:24.35	45.83
5.	Jennie Resink-lindeboom	DWK	13:56.68	196000142	13:28.00	+1,06		
	50m: 44.55	44.55	250m: 4:08.08	51.94	450m: 7:36.82	51.72	650m: 11:01.44	50.81
	100m: 1:33.94	49.39	300m: 5:00.43	52.35	500m: 8:28.61	51.79	700m: 11:51.45	50.01
	150m: 2:24.51	50.57	350m: 5:52.87	52.44	550m: 9:19.76	51.15	750m: 12:41.21	49.76
	200m: 3:16.14	51.63	400m: 6:45.10	52.23	600m: 10:10.63	50.87	800m: 13:28.00	46.79
6.	Ellen Parma	Triton	13:12.97	196200366	13:28.92	+1,05		
	50m: 41.70	41.70	250m: 4:04.17	51.25	450m: 7:31.52	52.09	650m: 10:59.44	52.15
	100m: 1:30.31	48.61	300m: 4:56.72	52.55	500m: 8:23.48	51.96	700m: 11:51.50	52.06
	150m: 2:21.09	50.78	350m: 5:47.58	50.86	550m: 9:15.76	52.28	750m: 12:41.98	50.48
	200m: 3:12.92	51.83	400m: 6:39.43	51.85	600m: 10:07.29	51.53	800m: 13:28.92	46.94
7.	Irene Hoenderdos 50m*	Aquapoldro	16:57.83	196300428	17:17.18	+1,02		
	50m: 53.60	53.60	250m: 5:07.59	1:05.60	450m: 9:33.38	1:04.54	650m: 14:01.72	1:06.50
	100m: 1:54.34	1:00.74	300m: 6:13.63	1:06.04	500m: 10:40.61	1:07.23	700m: 15:10.49	1:08.77
	150m: 2:58.11	1:03.77	350m: 7:20.51	1:06.88	550m: 11:48.69	1:08.08	750m: 16:15.19	1:04.70
	200m: 4:01.99	1:03.88	400m: 8:28.84	1:08.33	600m: 12:55.22	1:06.53	800m: 17:17.18	1:01.99

Masters 55+

1.	Patty Verhagen <i>Kampioenschaps Record</i>	PSV	11:10.08	195900146	11:19.82	+0,87		
	50m: 39.25	39.25	250m: 3:27.93	42.85	450m: 6:20.62	43.15	650m: 9:13.39	43.02
	100m: 1:20.62	41.37	300m: 4:10.94	43.01	500m: 7:03.92	43.30	700m: 9:56.37	42.98
	150m: 2:02.74	42.12	350m: 4:54.09	43.15	550m: 7:47.17	43.25	750m: 10:39.29	42.92
	200m: 2:45.08	42.34	400m: 5:37.47	43.38	600m: 8:30.37	43.20	800m: 11:19.82	40.53
2.	Mathilde Vink	Swol 1894	12:18.38	195800128	12:02.13	+1,03		
	50m: 41.40	41.40	250m: 3:44.68	46.00	450m: 6:47.39	46.21	650m: 9:51.03	45.25
	100m: 1:26.45	45.05	300m: 4:30.16	45.48	500m: 7:33.83	46.44	700m: 10:35.76	44.73
	150m: 2:12.95	46.50	350m: 5:15.63	45.47	550m: 8:19.77	45.94	750m: 11:20.81	45.05
	200m: 2:58.68	45.73	400m: 6:01.18	45.55	600m: 9:05.78	46.01	800m: 12:02.13	41.32
3.	Monica Bakker	ZVZ	12:04.74	195600082	12:13.20	+1,20		
	50m: 40.68	40.68	250m: 3:40.13	45.64	450m: 6:46.35	46.79	650m: 9:54.48	46.83
	100m: 1:24.59	43.91	300m: 4:26.57	46.44	500m: 7:33.49	47.14	700m: 10:41.51	47.03
	150m: 2:09.36	44.77	350m: 5:12.86	46.29	550m: 8:20.66	47.17	750m: 11:28.62	47.11
	200m: 2:54.49	45.13	400m: 5:59.56	46.70	600m: 9:07.65	46.99	800m: 12:13.20	44.58
4.	Margriet Pasma	De Pinquin	12:28.63	195500088	12:13.87	+1,03		
	50m: 40.92	40.92	250m: 3:46.18	46.84	450m: 6:51.13	45.76	650m: 9:56.00	46.46
	100m: 1:25.90	44.98	300m: 4:32.53	46.35	500m: 7:37.04	45.91	700m: 10:42.57	46.57
	150m: 2:12.37	46.47	350m: 5:19.00	46.47	550m: 8:23.08	46.04	750m: 11:29.05	46.48
	200m: 2:59.34	46.97	400m: 6:05.37	46.37	600m: 9:09.54	46.46	800m: 12:13.87	44.82

Programmanr. 2, Dames, 800m vrije slag, Masters 55+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
5.	Karien Musters	Old Dutch	16:31.56	195800236	16:28.45			
	50m: 50.41	50.41	250m: 4:54.08	1:03.62	450m: 9:10.43	1:03.47	650m: 13:22.02	1:02.14
	100m: 1:47.63	57.22	300m: 5:58.72	1:04.64	500m: 10:13.48	1:03.05	700m: 14:23.83	1:01.81
	150m: 2:47.94	1:00.31	350m: 7:02.59	1:03.87	550m: 11:16.83	1:03.35	750m: 15:27.11	1:03.28
	200m: 3:50.46	1:02.52	400m: 8:06.96	1:04.37	600m: 12:19.88	1:03.05	800m: 16:28.45	1:01.34
DIS	Cindy Cencen	Han Batur Spor Kulübü	20:09.14	1958CENC		AF		
	50m:		250m:		450m:		650m:	
	100m:		300m:		500m:		700m:	
	150m:		350m:		550m:		750m:	
	200m:		400m:		600m:		800m:	

Masters 60+

1.	Ineke Weekers	PSV	11:40.95	195300050	11:27.68	+0,83		
	50m: 41.15	41.15	250m: 3:33.02	42.82	450m: 6:26.66	43.52	650m: 9:19.39	43.23
	100m: 1:23.85	42.70	300m: 4:16.44	43.42	500m: 7:09.79	43.13	700m: 10:02.83	43.44
	150m: 2:07.22	43.37	350m: 4:59.92	43.48	550m: 7:52.67	42.88	750m: 10:46.26	43.43
	200m: 2:50.20	42.98	400m: 5:43.14	43.22	600m: 8:36.16	43.49	800m: 11:27.68	41.42
2.	Conny Boer-Buys	ZVVS	11:26.90	195000006	11:47.61	+1,24		
	50m: 39.19	39.19	250m: 3:39.14	45.73	450m: 6:38.95	45.11	650m: 9:38.17	44.77
	100m: 1:22.44	43.25	300m: 4:24.34	45.20	500m: 7:23.47	44.52	700m: 10:22.74	44.57
	150m: 2:07.74	45.30	350m: 5:09.40	45.06	550m: 8:08.15	44.68	750m: 11:07.10	44.36
	200m: 2:53.41	45.67	400m: 5:53.84	44.44	600m: 8:53.40	45.25	800m: 11:47.61	40.51
3.	Carla Hensen	PSV	13:32.17	195300062	13:11.61	+0,98		
	50m: 45.99	45.99	250m: 4:07.09	50.31	450m: 7:25.65	49.49	650m: 10:44.93	49.20
	100m: 1:34.98	48.99	300m: 4:57.08	49.99	500m: 8:15.31	49.66	700m: 11:35.24	50.31
	150m: 2:25.74	50.76	350m: 5:46.26	49.18	550m: 9:05.34	50.03	750m: 12:24.56	49.32
	200m: 3:16.78	51.04	400m: 6:36.16	49.90	600m: 9:55.73	50.39	800m: 13:11.61	47.05
4.	Ineke Meijer	HZ&PC Heerenveen	13:47.56	195200034	13:49.14	+0,96		
	50m: 45.83	45.83	250m: 4:12.32	52.22	450m: 7:43.31	53.59	650m: 11:15.76	53.25
	100m: 1:36.58	50.75	300m: 5:04.35	52.03	500m: 8:36.73	53.42	700m: 12:08.64	52.88
	150m: 2:28.62	52.04	350m: 5:56.96	52.61	550m: 9:29.99	53.26	750m: 13:01.18	52.54
	200m: 3:20.10	51.48	400m: 6:49.72	52.76	600m: 10:22.51	52.52	800m: 13:49.14	47.96

Masters 65+

1.	Loekie v. Huissteden	AZ&PC	17:00.83	194500002	17:31.88	+1,05		
	<i>50+100m*</i>							
	50m: 54.70	54.70	250m: 5:16.10	1:07.11	450m: 9:45.37	1:07.12	650m: 14:14.82	1:07.48
	100m: 1:56.79	1:02.09	300m: 6:23.05	1:06.95	500m: 10:52.38	1:07.01	700m: 15:22.39	1:07.57
	150m: 3:02.70	1:05.91	350m: 7:30.43	1:07.38	550m: 11:59.89	1:07.51	750m: 16:29.41	1:07.02
	200m: 4:08.99	1:06.29	400m: 8:38.25	1:07.82	600m: 13:07.34	1:07.45	800m: 17:31.88	1:02.47

Masters 75+

1.	Bep van Riessen	Aquapoldro	18:43.21	193700006	18:42.82 *	+1,30		
	50m: 1:02.06	1:02.06	250m: 5:43.93	1:08.25	450m: 10:26.02	1:09.78	650m: 15:10.64	1:11.28
	100m: 2:13.04	1:10.98	300m: 6:54.40	1:10.47	500m: 11:37.76	1:11.74	700m: 16:22.80	1:12.16
	150m: 3:24.62	1:11.58	350m: 8:05.28	1:10.88	550m: 12:48.72	1:10.96	750m: 17:34.76	1:11.96
	200m: 4:35.68	1:11.06	400m: 9:16.24	1:10.96	600m: 13:59.36	1:10.64	800m: 18:42.82	1:08.06

Masters 80+

1.	Annie de Vos	Old Dutch	17:34.34	193400004	20:03.63			
	<i>Kampioenschaps Record, 50m*</i>							
	50m: 1:04.60	1:04.60	250m: 6:09.79	1:17.09	450m: 11:14.78	1:16.62	650m: 16:16.93	1:15.27
	100m: 2:17.84	1:13.24	300m: 7:26.22	1:16.43	500m: 12:30.76	1:15.98	700m: 17:33.29	1:16.36
	150m: 3:34.92	1:17.08	350m: 8:41.48	1:15.26	550m: 13:46.25	1:15.49	750m: 18:49.31	1:16.02
	200m: 4:52.70	1:17.78	400m: 9:58.16	1:16.68	600m: 15:01.66	1:15.41	800m: 20:03.63	1:14.32

2 - ONMK 2014 kb sessie 2

24-01-2014 - 14:00

Programmanr. 3
24-01-2014 - 14:00

4 x 200m vrije slag

Masters Open
Resultaten

rang	vereniging	inschrijftijd	tijd	RT
80+, Heren				
1.	ESCA Zwemmen 1	ESCA Zwemmen	8:31.71	8:21.82 +0,86
	Mike Schel	94 +0,86	27.42 57.87 1:29.52 2:00.11	2:00.11
	Sander de Vrugt	89 +0,42	27.42 58.08 1:29.77 2:01.26	2:01.26
	Tim de Vrugt	93 +0,53	29.46 1:02.69 1:38.09 2:12.91	2:12.91
	Bram Meijlis	94 +0,38	27.00 58.64 1:32.60 2:07.54	2:07.54
80+, Gemengd				
1.	LZ 1886 1 <i>Nederlands Masters Record</i>	LZ 1886	8:36.48	8:47.30 +0,81
	Simone de Boer	93 +0,81	32.10 1:07.84 1:45.44 2:22.58	2:22.58
	Lars Sieval	93 +0,40	27.77 58.92 1:30.67 2:01.23	2:01.23
	Seline Koek	94 +0,37	30.63 1:04.81 1:40.76 2:16.82	2:16.82
	Joost Rijntjes	91 +0,47	27.96 1:00.03 1:33.13 2:06.67	2:06.67
100+, Heren				
1.	ZPC De Hof 1 <i>Nederlands Masters Record</i>	ZPC De Hof	8:12.45	8:10.47 +0,96
	Pieter Pickhardt	83 +0,96	28.84 1:00.19 1:32.53 2:04.93	2:04.93
	Jasper de Boer	93 +0,75	28.55 59.70 1:32.32 2:05.71	2:05.71
	Emiel Huisken	85 +0,45	27.34 57.73 1:29.14 2:00.16	2:00.16
	Richard Huisken	85 +0,65	27.32 57.48 1:28.58 1:59.67	1:59.67
2.	MGO (SG) 1	MGO (SG)	8:54.13	9:13.70 +0,73
	Bastian Zoon	87 +0,73	29.36 1:02.69 1:37.59 2:12.26	2:12.26
	Coen van der Wekken	92 +0,37	31.53 1:07.77 1:45.73 2:23.07	2:23.07
	Martijn van Hoorn	89 +0,84	31.03 1:06.27 1:44.75 2:24.62	2:24.62
	Niels Albrechts	88 +0,43	30.65 1:04.36 1:39.82 2:13.75	2:13.75
120+, Dames				
1.	Het Y 1 <i>Nederlands Masters Record</i>	Het Y	9:16.94	9:20.10 +0,84
	Alice Bravo	87 +0,84	30.03 1:03.78 1:38.70 2:12.50	2:12.50
	Cynthia Noordermeer	70 +0,38	34.90 1:13.10 1:52.24 2:30.54	2:30.54
	Ana-Lara da Silva	80 +0,62	33.13 1:09.22 1:46.31 2:24.27	2:24.27
	Evelien Sohl	86 +0,38	30.45 1:04.08 1:38.38 2:12.79	2:12.79
120+, Heren				
1.	Steenwijk 1934 1	Steenwijk 1934	9:04.75	9:05.53 +0,93
	Mike Koelewijn	93 +0,93	29.68 1:02.61 1:37.67 2:14.06	2:14.06
	Casper Dollekamp	63 +0,50	34.39 1:13.17 1:54.33 2:32.63	2:32.63
	Rick Driezen	86 +0,53	29.78 1:02.78 1:38.30 2:13.82	2:13.82
	Lauren Vis	82 +0,50	28.18 1:00.03 1:33.01 2:05.02	2:05.02
120+, Gemengd				
1.	PSV 2	PSV	9:37.24	9:29.78 +0,73
	Stephanie Rombout	88 +0,73	30.74 1:05.66 1:43.33 2:20.78	2:20.78
	Gudule van der Meer	72 +0,37	32.52 1:09.96 1:48.31 2:26.97	2:26.97
	Harold Matla	68 +0,34	32.16 1:08.42 1:46.34 2:22.39	2:22.39
	Wesley van Diejen	86 +0,72	31.18 1:06.27 1:42.95 2:19.64	2:19.64

Programmanr. 3, 4 x 200m vrije slag

160+, Dames

1. Oceanus 1	Oceanus			10:24.00				10:26.36	+0,83
Margriet Grove-Lingeman		62	+0,83	35.62	1:15.52	1:57.47	2:39.26	2:39.26	
Margreet van der Pol		66	+0,77	37.58	1:18.66	2:02.76	2:44.16	2:44.16	
Laura Staal		67	+0,64	35.97	1:15.85	1:56.32	2:35.83	2:35.83	
Annette de Visser		71	+0,60	34.33	1:11.79	1:49.94	2:27.11	2:27.11	

160+, Gemengd

1. De Futen 1	De Futen			9:43.75				10:16.06	
<i>Kampioenschaps Record</i>									
Erwin Sneek		91		29.17	1:03.33	1:37.90	2:11.70	2:11.70	
Alison Gilbert		53	+0,71	43.56	1:31.97	2:21.34	3:10.47	3:10.47	
Petra Benani-Wolsing		84	+0,85	35.01	1:14.11	1:54.97	2:34.69	2:34.69	
Arnold de Rover		64	+0,39	31.64	1:06.73	1:42.62	2:19.20	2:19.20	

200+, Dames

1. Swol 1894 1	Swol 1894			11:20.00				11:00.88	+0,98
<i>Nederlands Masters Record</i>									
Diewertje Hoekstra		81	+0,98	35.10	1:14.11	1:56.11	2:40.97	2:40.97	
Christien Nieuwenhuis		51	+0,44	37.19	1:20.12	2:04.67	2:47.93	2:47.93	
Mathilde Vink		58	+0,53	39.40	1:22.93	2:05.16	2:46.76	2:46.76	
Annemarie Vuisst		63	+0,49	38.50	1:21.04	2:03.55	2:45.22	2:45.22	
2. HZ&PC Heerenveen 1	HZ&PC Heerenveen			12:12.86				12:41.01	+0,88
Pia van der Molen		60	+0,88	39.94	1:24.82	2:14.10	3:06.57	3:06.57	
Alie Visser		64	+0,63	48.21	1:43.68	2:41.33	3:36.08	3:36.08	
Ineke Meijer		52	+0,36	42.55	1:30.65	2:22.08	3:11.41	3:11.41	
Jannie Vennik		76	+0,54	37.44	1:19.88	2:04.27	2:46.95	2:46.95	

200+, Gemengd

1. Takas 1	Takas			10:15.00				10:58.07	+0,86
<i>LMR</i>									
Ramune Ivanauskaitė		64	+0,86	33.71	1:12.30	1:52.87	2:35.98	2:35.98	
Arturas Tuomas		61	+0,46	42.14	1:28.47	2:16.79	3:03.32	3:03.32	
Loreta Kabasinskiene		63	+0,62	38.94	1:22.69	2:07.55	2:51.80	2:51.80	
Arlandas Antanas Juodeska		61	+0,38	34.45	1:11.90	1:49.94	2:26.97	2:26.97	
2. PSV 3	PSV			11:35.11				11:48.32	+1,07
Carla Hensen		53	+1,07	43.17	1:32.45	2:23.29	3:12.24	3:12.24	
Gonnie Bak		51	+0,47	45.72	1:38.12	2:33.19	3:25.11	3:25.11	
Rob Penninks		60	+0,54	34.47	1:14.23	1:54.93	2:35.21	2:35.21	
Philippe van der Beke		68	+1,31	34.21	1:13.32	1:55.35	2:35.76	2:35.76	

240+, Heren

1. WWV 1	WWV			11:00.00				10:26.62	+0,86
<i>Nederlands Masters Record</i>									
Kees-Jan van Overbeeke		62	+0,86	32.21	1:08.37	1:44.88	2:19.36	2:19.36	
Laurens Klein Breteler		54	+0,21	36.31	1:18.45	2:01.81	2:42.03	2:42.03	
Theo Schouten		46	+0,38	38.66	1:23.76	2:09.56	2:52.61	2:52.61	
Ruud Ruiters		53	+0,37	35.29	1:14.37	1:55.17	2:32.62	2:32.62	

240+, Gemengd

1. PSV 1	PSV			10:57.01				12:41.68	+0,95
<i>Nederlands Masters Record</i>									
Corrie Verhoeven		46	+0,95	39.53	1:24.88	2:15.36	3:08.33	3:08.33	
Rob Hanou		43	+0,13	39.02	1:26.23	2:15.39	3:02.44	3:02.44	
Patty Verhagen		59	+0,51	38.62	1:19.93	2:02.03	2:43.32	2:43.32	
Bob Berg		33	+1,31	48.65	1:47.80	2:48.58	3:47.59	3:47.59	

Programmanr. 5
24-01-2014 - 14:28

Heren, 50m schoolslag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
Masters 20+						
1.	Roald Blok <i>Kampioenschaps Record</i>	Octopus	30.57	199302685	30.16	+0,68
2.	Dennis Wijbenga	Stadskanaal	30.86	199003283	31.72	+0,87
3.	Patrick Creemers	RZ	31.45	199000579	31.75	+0,72
4.	Mark van Damme	't Tolhekke	32.18	199100435	32.06	+0,80
5.	Maik Steenkamp	Montferland	32.67	199103847	32.71	+0,73
6.	Jos Terlouw	MGO (SG)	32.88	199400601	32.85	+0,77
7.	Rens Post	WVZ	35.17	199101827	34.82	+0,71
8.	Mark Huijsman	De Lansingh	34.57	199001305	34.88	+0,79
9.	Bas Zierikzee	LZ 1886	36.55	199204321	37.57	+0,78
10.	Bob Potkamp	Deltasteur	38.05	199403189	37.62	+0,98
11.	Yorick Kreuwel	De Veene	38.95	199402225	38.23	+0,86
12.	Daniel van den Wildenberg	Eurode KZC	37.88	199206491	38.44	+0,74
DIS	Danny Vochtelo	ZZG de Boskickers (SG)	44.74	199207251		SJ

Masters 25+

1.	Erik Verholt	Noord Veluwe	30.45	198803543	30.08	+0,73
2.	Roderik Meijers	ZOB'66	30.87	198602063	30.83	+0,71
3.	Remko Hooft	De Duinkickers	32.24	198701405	33.25	+0,76
4.	Boy Heijnekamp	LZ 1886	34.73	198901161	34.42	+0,75
5.	Wouter van 't Klooster	AZ&PC	36.94	198806159	36.02	+0,81
6.	Harmen Reemst	ZOB'66	36.92	198702715	37.34	+0,79
7.	Patrick de Jonge	ZPC Woerden	38.73	198906635	40.18	+0,90

Masters 30+

1.	Thijs van Valkengoed	WVZ	29.65	198302141	30.05	+0,66
2.	Rick de Greef	Budel	31.83	198400749	30.57	+0,82
3.	Guido Jansen	De Fuut	31.04	198202639	31.29	+0,90
4.	Simon van Ravesteijn	Zoetermeer	31.42	198002263	31.47	+0,77
5.	Gerwin Vonk	De Spatters	34.25	198201907	33.66	+0,68
6.	Erik Kusters	Noord Veluwe	34.29	198000837	33.81	+0,79
7.	John Meijdam	DAW	34.76	198301439	34.53	+0,81
8.	Dennis Klop	De Biesboschwimmers	35.12	198302643	35.14	+0,67
9.	Rob van Wanrooy	Gay Swim Amsterdam	36.08	198202627	35.66	+0,79
10.	Hans Cligge	De Futen	37.06	198100315	37.14	+0,87

Masters 35+

1.	Evgeny Ryzhov	Sprut	29.35	101628	30.37	+0,79
2.	Vincent Versteeg	Zwemlust-den Hommel	31.61	197701003	31.60	+0,75
3.	Mark Zwart	Zwemlust-den Hommel	32.89	197901461	32.68	+0,84
4.	Victor Barnar	GoSwim	32.99	197801805	32.73	+0,73
5.	Okko de Haas	ZV De Bron	34.63	197801593	35.57	+0,88
6.	Ivo Verdonschot	Budel	37.67	197500903	36.44	+0,78
7.	Gino Martijn	RZ	38.58	197901865	37.87	+0,72
DIS	Bas Spoelstra	De Futen	34.09	197701573		SD

Masters 40+

1.	Harry Cornet	De Biesboschwimmers	30.84	197100175	31.28	+0,76
2.	Marcel van Winssen	De Gelenberg	32.91	197101477	32.30	+0,81
3.	Heiner Stevens	Zignea	34.69	197201299	34.65	+0,87
4.	Marco van den Wildenberg	Van Vliet-Barracuda	34.88	197300991	35.18	+0,87
5.	Rob Janssen	De Gelenberg	35.48	197001467	35.60	+0,89
6.	Sander Komen	ZV De Bron	38.28	197201507	39.45	+1,02
7.	Gertjan van de Bosch	IJZPC	39.81	197001615	39.65	+1,04
8.	Marco de Bat	De Schelde	39.83	197101467	39.95	+0,87
9.	Gerald Hösl	SC Schaffhausen	40.79	27749	40.81	+0,97

Programmanr. 5, Heren, 50m schoolslag

Masters 45+

1.	Harold Matla	PSV	30.86	196800591	31.10	+0,82
	<i>Kampioenschaps Record</i>					
2.	Marcel Jonkman	Aqualero	33.48	196801389	33.36	+0,84
3.	Roeland van der Heijden	PSV	34.11	196701389	33.70	+0,79
4.	Igor Penchukov	Sprut	36.30	102154	34.37	+0,82
5.	Arno Schrauwen	De Roersoppers	37.30	196501355	35.05	+0,85
6.	Hans Schoenmakers	DAW	35.39	196900863	35.67	+0,85
7.	Vladimir Semenov	Spartak	36.54	102393	36.14	+1,17
8.	Eric de Haas	De Treffers	36.60	196501275	36.44	+0,96
9.	Sander van den Berg	WS Twente	36.32	196801357	36.93	+0,84
10.	Huyb Stegeman	Steenwijk 1934	37.60	196701535	37.46	+0,93
11.	Joop Weenink	WS Twente	37.87	196801535	37.85	+1,04
12.	Erwin Beringen	GoSwim	38.78	196601515	37.97	+0,72
13.	Marcel Brittijn	De Duinkickers	39.74	196900159	39.19	+0,75
14.	Maarten de Pooter	De Schelde	38.74	196600615	39.20	+0,79
15.	Willem Jannink	Swol 1894	41.00	196500423	40.06	+1,20
16.	Maarten van Nunen	Nautilus	43.87	196601463	41.57	+1,26
17.	Marco Pijpelink	De Schelde	42.36	196901635	43.50	+0,85
18.	Henk van Zetten	Octopus	42.54	196701261	44.30	+1,01
DIS	Gertjan van der Vaart	ZVVS	41.74	196801529		SJ
DIS	René Speelman	De Spatters	43.51	196601521		SA

Masters 50+

1.	Cees van Houwelingen	De Schelde	32.52	196300351	33.07	+0,94
2.	Gert Sikkema	Zignea	33.81	196300687	34.49	+0,87
3.	Theo Bakker	TriVia	35.32	196401231	34.86	+0,88
4.	Erich Reschke	Barmstedter MTV	34.41	249912	35.52	+0,87
5.	Ralph Caster	RZ	34.55	196100069	35.61	+0,84
6.	Arlandas Antanas Juodeska	Takas	35.47	19611226	35.93	+0,81
7.	Peter Fölker	Aqua-Novio'94	36.92	196401021	37.18	+0,79
8.	Jan Smalheer	SCOM	38.35	196400701	38.49	+1,07
9.	Henry Brouwer	Aqualero	44.23	196301223	38.57	+0,96
10.	Jack Barends	WS Twente	40.04	196201011	40.55	+0,88
11.	Arie van Damme	't Tolhekke	40.05	196101029	40.98	+0,86
12.	Edzo Huisman	Aquapoldro	39.69	196301029	41.66	+0,99
13.	Ger de Hoop	Zwemclub Polaris	40.86	196401367	41.91	+1,27
14.	Jan Haitsma	De Spatters	45.69	196000929	43.92	+0,88

Masters 55+

1.	Paul Bunnik	Triton	37.03	195600413	37.66	+1,00
2.	Gerrit Rijkens	Zwemclub Polaris	40.82	195800549	38.70	+1,00
3.	Joop van Dijk	Deltasteur	40.39	195700075	41.90	+1,11
4.	Dre Klaassen	ZOB'66	44.13	195600141	42.30	+1,11
5.	Jan Timmerman	IJZPC	43.31	195700347	44.20	+0,79
6.	Herbert Katgert	WS Twente	45.10	195900739	46.23	+1,19

Masters 60+

1.	Charles Bos	De Roersoppers	37.66	195300019	36.36	+0,86
	<i>Nederlands Masters Record</i>					
2.	Laurens klein Breteler	WWV	40.37	195400109	39.36	+0,87
3.	Nikolay Dronov	Troyka	42.44	003037	43.88	+1,22

Masters 65+

1.	Ale van der Veen	HPC	40.70	194900159	37.92	+0,80
	<i>Nederlands Masters Record</i>					
2.	Willem Putter	ZVVS	43.03	194500135	43.27	+0,93
3.	Jaap Kwakkel	DAW	42.53	194700157	43.71	+0,98
4.	Mar van Geel	Old Dutch	44.19	194700135	47.34	+1,12
5.	Nico van Dongen	De Devel	52.81	194800159	52.31	+0,98

Programmanr. 5, Heren, 50m schoolslag

Masters 70+

1.	Ruud Sloof	De Rijn	44.47	194400073	46.25	+0,96
2.	Kevork Boyrazian	CNSW	51.24	CNSW/609/44	53.11	+1,77

Masters 75+

1.	Jan Eichhorn	ZV Haerlem	50.77	193700015	51.17	+1,14
DIS	Gregor Pompen	Aqua-Novio'94	49.64	193700021	SA	

Masters 85+

1.	Klaas Prins	Steenwijk 1934	1:13.17	192800001	1:14.91	
	<i>Kampioenschaps Record</i>					

Programmanr. 6
24-01-2014 - 14:43

Dames, 50m schoolslag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
Masters 20+						
1.	Sharon Gelmers	Octopus	34.46	199400416	34.02	+0,75
2.	Carmen Seesing	NDD	34.68	199406220	34.33	+0,77
3.	Chantal Meyerink	De Grunte	37.01	199105212	36.12	+0,76
4.	Erika Aan het Rot	Octopus	35.65	199000010	36.16	+0,77
5.	Désirée Hulsmeijer	Het Ravijn	36.23	199001656	36.75	+0,72
6.	Chantal van der Horst	De Meer	35.99	199400616	36.84	+0,74
7.	Karin Verbeek	Nautilus	36.76	199201848	38.69	+0,72
8.	Melina Dejonckheere	CNSW	44.42	CNSW/525/91	39.80	+0,93
9.	Maartje Lenten	De Spatters	39.46	199204286	40.16	+0,77
10.	Ramona Noordermeer	ZVVS	41.51	199401746	41.25	+0,75
11.	Tara Keijzer	Steenwijk 1934	40.25	199108498	41.51	+0,74
12.	Natasja Dammer	GZVW	46.70	199203698	44.61	+0,99
13.	Rebecca van Eeren	SCOM	41.75	199306910	45.16	+0,81
DIS	Jacyntha Plat	TriVia	35.24	199002956	SR	

Masters 25+

1.	Larissa Brak	AZ&PC	32.95	198800572	33.78	+0,75
	<i>Kampioenschaps Record</i>					
2.	Karin van Dijk	HZ&PC Heerenveen	35.47	198600850	35.35	+0,81
3.	Tonny Klop-Methorst	De Biesboschzwemmers	35.86	198802998	36.73	+0,84
4.	Esther van Maastrigt	Montferland	36.06	198802836	36.82	+0,80
5.	Wieteke Elzinga	DAW	36.91	198601038	37.26	+0,94
6.	Maryse Lampe	Van Vliet-Barracuda	38.76	198702458	38.20	+0,78
7.	Annelette de Vries	WS Twente	39.33	198603908	38.55	+0,74
8.	Bianca Paape	DAW	39.62	198502262	39.17	+0,84
9.	Sandra Zwaanswijk	DAW	37.55	198503934	39.80	+0,78
10.	Carola Hompes	Budel	41.11	198801868	41.49	+0,90
11.	Esther Steltenpohl	DAW	43.72	198504116	41.61	+0,75
12.	Josse van Geffen	GZVW	42.06	198604730	41.78	+0,82
13.	Maaïke van Diggele	ZPB H&L Productions	41.75	198700868	41.79	+0,85
14.	Karin Hovenkamp	De Spatters	43.67	198701850	42.07	+0,54
15.	Gerlinde van de Wetering	Deltasteur	43.78	198904678	44.31	+1,03
16.	Dian van Pelt	De Biesboschzwemmers	44.37	198502296	45.02	+0,83

Masters 30+

1.	Laura Badoux	DAW	34.45	198200038	35.64	+0,83
2.	Roos Lemmen	Eurode KZC	38.25	198403078	39.60	+0,95
3.	Annette Vogelsang	ZV De Bron	41.06	198402632	41.82	+0,86

Programmanr. 6, Dames, 50m schoolslag

Masters 35+

1.	Kristel Lips	ZV De Bron	41.22	197900562	40.01	+0,95
2.	Marian Nederlof	DWF	41.07	197600950	40.23	+0,78
3.	Petra Verstegen	WVZ	41.89	197700906	41.28	+0,83

Masters 40+

1.	Karin Stein	ZVVS	36.74	197100554	37.17	+0,71
2.	Nadège van Meeteren	De Meer	38.13	197400736	37.83	+0,88
3.	Miranda Straetemans	Zignea	38.67	197400514	38.81	+0,81
4.	Dorette Vogels	PSV	39.84	197000938	39.31	+0,81
5.	Pascalie Neiss-Janssen	De Roersoppers	42.72	197300852	41.64	+1,01
6.	Ursula Spoelstra-de Groot	WS Twente	48.65	197200952	46.86	+0,98
7.	Esther de Jong	Eurode KZC	49.64	197200962	48.75	+1,22

Masters 45+

1.	Marjo Goelema-Koek	De Biesboschwimmers	35.52	196900192	35.32	+0,80
	<i>Nederlands Masters Record</i>					
2.	Annette Wijnja-Visser	De Biesboschwimmers	37.39	196700528	36.79	+0,77
3.	Tatiana Prokofjeva	Troyka	37.25	023013	37.23	+0,89
4.	Irina Shulgina	Spartak	37.61	030042	37.63	+0,81
5.	Petra Casteleijn	AZ&PC	41.30	196600098	42.21	+0,94
6.	Roelien Speelman-Tigelaar	De Spatters	45.56	196600664	45.64	+0,84
7.	Sandra Daamen-Posma	AZC	45.43	196800854	46.06	+1,17
8.	Ingeborg Stokx	DAW	48.56	196700666	47.19	+0,66
9.	Margriet de Hoop	De Fuut	50.58	196800848	49.25	+0,94

Masters 50+

1.	Marja Bloemzaad	AZ&PC	37.06	196100014	37.07	+0,77
	<i>Kampioenschaps Record</i>					
2.	Jacqueline Rolloos-Bakker	De Lansingh	41.06	196300222	40.94	+1,02
3.	Marijke Kraak-Beckers	WS Twente	42.52	196000240	42.38	+0,89
4.	Annemarie Vuist	Swol 1894	42.86	196300282	43.98	+1,03
5.	Yoka de Vegt- van Dijk	ESCA Zwemmen	44.66	196200420	44.76	+0,96
6.	Svetlana Kiilo	Spartak	46.28	101094	46.07	+1,03

Masters 55+

1.	Claire Anthony	CNSW	47.08	CNSW/487/57	44.96	+0,90
2.	Susanne Sailer-Lehrum	SG Neumünster	45.10	163629	46.03	+0,84
3.	Willy Schoenmaker-ter Veer	DWK	51.49	195900254	51.91	+1,09
4.	Karien Musters	Old Dutch	59.63	195800236	1:00.39	+0,94

Masters 60+

1.	Patty Krupiarz	PSV	45.13	195400074	45.68	+0,81
2.	Gonnie Bak	PSV	49.37	195100064	50.52	+0,95
3.	Tineke van Diggelen	Oceanus	50.05	195200048	51.70	+0,87
4.	Tineke Brouwer-Maat	Zwemvereniging Westland	52.52	195300074	52.84	+0,91
5.	Geerdien Meerwaldt	De Geul	56.52	195200058	55.80	+0,98
6.	Nini van Dongen-de Paepe	De Devel	1:01.96	195100044	1:02.68	+1,36

Masters 65+

1.	Bea Swijnenberg	Swol 1894	44.94	194900010	45.05	+0,83
	<i>Nederlands Masters Record</i>					
2.	Annet Verhoeven	De Duinkickers	52.38	194600024	53.17	+1,17
3.	Mieke Strijbis-v.d.Kroft	DAW	56.14	194500004	55.48	+1,24

Programmanr. 6, Dames, 50m schoolslag

Masters 85+

1. Marianne Maandonks	PSV	1:31.81	192600004	1:30.34	+1,10
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Nederlands Masters Record

Programmanr. 7
24-01-2014 - 14:55

Heren, 200m wisselslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
Masters 20+								
1. Kevin Eltink	DWK	2:06.46 199100589	2:07.40	+0,85	27.62	1:00.67	1:37.81	2:07.40
<i>Nederlands Masters Record</i>								
2. Tim Bunnik	Triton	2:17.04 199000505	2:17.52	+0,80	28.56	1:03.10	1:44.50	2:17.52
3. Dennis Wijbenga	Stadskanaal	2:16.47 199003283	2:19.29	+0,89	30.61	1:08.03	1:47.09	2:19.29
4. Bart Kiesewetter	TRB-RES	2:22.96 199101203	2:22.08	+0,73	30.41	1:06.68	1:50.02	2:22.08
5. Maik Steenkamp	Montferland	2:24.57 199103847	2:25.54	+0,73	30.97	1:10.61	1:51.70	2:25.54
6. Michael Schlijper	Eurode KZC	2:47.07 199303691	2:44.67	+0,88	35.65	1:19.65	2:08.29	2:44.67
Masters 25+								
1. Boy Heijnekamp	LZ 1886	2:31.14 198901161	2:29.13	+0,76	31.41	1:10.59	1:54.96	2:29.13
Masters 30+								
1. Nol van Thull	ZOB'66	2:18.32 198001513	2:15.66	+0,80	28.39	1:03.41	1:44.62	2:15.66
2. Ralf van der Poel	Zuiderzeezwemmers	2:18.30 198401783	2:16.64	+0,81	29.81	1:05.85	1:44.66	2:16.64
3. Thommy Nickel	Van Vliet-Barracuda	2:19.53 198401627	2:17.61	+0,79	30.28	1:05.72	1:45.17	2:17.61
4. Thijs van Valkengoed	WVZ	2:16.71 198302141	2:23.25	+0,70	30.44	1:08.33	1:46.34	2:23.25
5. Robert Dekker	De Veene	2:28.16 198400443	2:26.17	+0,80	30.94	1:08.73	1:52.38	2:26.17
6. Marcel Reefhuis	WS Twente	2:25.96 198101381	2:26.27	+0,79	30.82	1:08.37	1:51.32	2:26.27
7. Erik Drewes	De Biesboschzwemmers	2:26.80 198400543	2:28.65	+0,84	29.89	1:09.34	1:52.22	2:28.65
8. Peter Eshuis	DBD	2:39.48 198000375	2:36.52	+0,64	32.41	1:14.77	1:59.46	2:36.52
9. Jeroen Vogelsang	DAW	2:36.91 198001645	2:37.86	+0,90	33.94	1:17.59	2:02.46	2:37.86
10. Rob van Wanrooy	Gay Swim Amsterdam	2:44.06 198202627	2:46.46	+0,87	37.39	1:20.01	2:08.51	2:46.46
Masters 35+								
1. Egbert Stolk	d'ELFT WAVE (SG)	2:15.34 197600889	2:13.37	+0,82	28.31	1:02.40	1:41.16	2:13.37
<i>Kampioenschaps Record</i>								
2. Evgeny Ryzhov	Sprut	2:14.55 101628	2:18.63	+0,81	28.52	1:05.49	1:43.87	2:18.63
3. Mark Hensen	Van Vliet-Barracuda	2:23.71 197900497	2:19.71	+0,84	29.09	1:04.72	1:46.06	2:19.71
4. Kars Luttk	DAW	2:26.25 197800675	2:29.92	+0,79	30.47	1:10.00	1:54.42	2:29.92
5. Victor Barnar	GoSwim	2:35.31 197801805	2:32.69	+0,81	32.27	1:13.97	1:55.92	2:32.69
6. M. van Walt van Praag	Gay Swim Amsterdam	3:40.88 197501425	3:25.40	+0,85	40.84	1:42.38	2:39.36	3:25.40
DIS Vincent Versteeg	Zwemlust-den Hommel	2:24.80 197701003		VE				
Masters 40+								
1. Marcel van Winssen	De Gelenberg	2:24.78 197101477	2:23.11	+0,84	30.97	1:08.77	1:50.08	2:23.11
2. Stefan Dortmund	AZ&PC	2:38.67 197201167	2:29.96	+0,88	30.36	1:09.37	1:52.59	2:29.96
3. Gerard Eghuizen	HZ&PC Heerenveen	2:31.33 197400197	2:30.62	+0,79	31.05	1:09.13	1:54.43	2:30.62
4. M. van den Wildenberg	Van Vliet-Barracuda	2:34.14 197300991	2:30.63	+0,69	31.65	1:12.38	1:55.02	2:30.63
5. Linas Kersevicius	Takas	2:40.19 19710618	2:32.22	+0,86	31.64	1:11.80	1:55.93	2:32.22
6. Kasper van den Berghe	Swol 1894	2:40.74 197301125	2:39.71	+0,79	35.22	1:15.27	2:03.69	2:39.71

Programmanr. 7, Heren, 200m wisselslag

Masters 45+

1. Arjan Bellaart	Oceanus	2:28.31	196900079	2:25.54	+0,71	30.81	1:07.35	1:51.20	2:25.54
2. René Beetsma	HZ&PC Heerenveen	2:25.36	196900069	2:26.47	+0,77	30.76	1:08.37	1:52.00	2:26.47
3. Geert Wijn	De Gelenberg	2:32.82	196701101	2:29.16	+0,81	32.03	1:12.30	1:55.98	2:29.16
4. Ron Korzelius	AZ&PC	2:32.33	196500513	2:29.62	+0,86	32.10	1:09.30	1:54.81	2:29.62
5. Harold Matla	PSV	2:33.16	196800591	2:30.14	+0,94	33.64	1:14.47	1:56.28	2:30.14
6. Frank v Nobelen	Sassenheim	2:34.55	196900753	2:35.32	+0,87	32.88	1:12.74	1:59.56	2:35.32
7. Konstantin Sklyar	TG Lage 1862	2:39.61	321129	2:35.48	+0,84	32.96	1:14.70	2:00.31	2:35.48
8. Guido Keutgen	AZC	2:42.82	196801551	2:37.72	+0,86	33.12	1:11.49	1:58.95	2:37.72
9. Otto Jansen	LZ 1886	2:44.91	196501403	2:41.67	+0,96	35.40	1:16.30	2:04.91	2:41.67
10. Marcel Brittijn	De Duinkickers	3:03.24	196900159	2:56.88	+0,75	35.67	1:24.62	2:16.37	2:56.88
11. Erik Saan	De Duck	2:58.95	196500769	2:57.86	+0,97	36.67	1:24.13	2:15.24	2:57.86

Masters 50+

1. Edwin v. Norden	AZ&PC	2:24.63	196300563	2:18.11	+0,69	29.34	1:05.62	1:45.63	2:18.11
<i>Europees Masters Record</i>									
2. Rene de Boer	DAW	2:37.73	196400087	2:35.65	+0,83	33.16	1:14.57	2:00.37	2:35.65
3. Ronald Grove	Oceanus	2:36.48	196100161	2:40.70	+0,80	34.16	1:18.04	2:04.52	2:40.70
4. Arturas Tuomas	Takas	2:38.52	19610925	2:41.02	+0,84	35.14	1:17.17	2:02.99	2:41.02
5. Hans Vloedgraven	Old Dutch	2:45.03	196400917	2:42.44	+0,91	33.46	1:15.64	2:04.71	2:42.44
6. Erich Reschke	Barmstedter MTV	2:42.35	249912	2:49.06	+0,94	37.71	1:22.59	2:08.47	2:49.06
7. André Schutte	ZPC De Zeeuwse Kust	2:57.96	196000521	3:02.00	+0,99	39.15	1:26.89	2:20.94	3:02.00
DIS Wiljam Nijenhuis	De IJsel	2:36.70	196400547						SK/VH

Masters 55+

1. Jan Timmerman	IJZPC	3:35.26	195700347	3:35.13	+0,91	44.98	1:44.35	2:46.22	3:35.13
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Masters 60+

1. Jos Kamps	De Amer	3:35.42	195100085	3:36.79	+1,10	48.18	1:43.93	2:50.35	3:36.79
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Masters 65+

1. Donald Uijtenbogaart	Het Y	2:52.21	194700107	2:50.78	+0,85	38.44	1:23.99	2:12.95	2:50.78
<i>Nederlands Masters Record</i>									

Masters 70+

1. Rob Hanou	PSV	3:12.29	194300109	3:19.87	+1,08	45.15	1:39.69	2:36.13	3:19.87
2. Frans van Enst	WS Twente	3:20.16	194000011	3:24.88	+1,05	41.49	1:29.05	2:33.44	3:24.88

Masters 75+

1. Nico Geers	Z&PC De Gouwe	3:31.84	193800007	3:44.90	+0,99	51.83	1:48.18	3:01.01	3:44.90
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Programmanr. 8
24-01-2014 - 15:18

Dames, 200m wisselslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m	
1. Wendan Poelstra	TriVia	2:25.38	199102496	2:22.56	+0,76	31.68	1:07.52	1:49.31	2:22.56
<i>Nederlands Masters Record</i>									
2. Maaike Vooren	DAW	2:35.21	199103324	2:29.39	+0,84	32.03	1:12.88	1:55.65	2:29.39
3. Jacyntha Plat	TriVia	2:31.55	199002956	2:34.20	+0,64	32.88	1:13.96	1:57.73	2:34.20
4. Janet van der Poel	LZ 1886	2:33.03	199301842	2:34.92	+0,76	32.13	1:12.36	1:58.34	2:34.92
5. Ilse Noorlander	d'ELFT WAVE (SG)	2:44.74	199307810	2:39.14		35.06	1:14.67	2:01.99	2:39.14
6. Simone de Boer	LZ 1886	2:37.64	199306858	2:41.42	+0,80	34.95	1:15.65	2:04.24	2:41.42
7. Chantal van der Horst	De Meer	2:43.90	199400616	2:41.88	+0,79	37.49	1:20.80	2:05.02	2:41.88

Programmanr. 8, Dames, 200m wisselslag, Masters 20+

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
8. Maaike de Boer	De Duinkickers	2:40.75 199000362	2:43.50	+0,84	35.86	1:18.66	2:05.22	2:43.50
9. Lindsey Hol	De Meer	3:01.51 199008088	2:55.19	+0,63	36.94	1:19.91	2:13.11	2:55.19
10. Naomi Habing	De Grunte	2:57.52 199402742	2:59.95	+0,82	38.24	1:25.35	2:19.60	2:59.95
11. Eline Schoenmaker	Zwemlust-den Hommel	2:54.77 199003322	3:00.94	+0,71	40.30	1:25.61	2:18.57	3:00.94
12. Eline Molle	De Geul	3:00.94 199404276	3:10.65	+0,87	40.05	1:31.92	2:27.45	3:10.65
13. Claudia Creemers	De Roersoppers	3:09.26 199202864	3:11.16	+0,78	38.63	1:29.31	2:26.78	3:11.16

Masters 25+

1. Stephanie Rombout	PSV	2:27.40 198803696	2:32.47	+0,74	31.85	1:11.95	1:57.24	2:32.47
2. Samantha van Eijk	De Geul	2:33.75 198806826	2:33.31	+0,77	34.85	1:13.36	1:58.72	2:33.31
3. Larissa Brak	AZ&PC	2:27.89 198800572	2:34.90	+0,81	33.74	1:16.97	1:58.76	2:34.90
4. Tonny Klop-Methorst	De Biesboschzwemmers	2:38.69 198802998	2:37.09	+0,84	33.86	1:15.34	2:00.03	2:37.09
5. Ilse van den Wijngaard	ZPC Woerden	2:34.26 198904736	2:39.70	+0,83	35.39	1:15.82	2:02.68	2:39.70
6. Anna Boef	LZ 1886	2:46.05 198806288	2:44.41	+0,88	35.50	1:16.12	2:04.71	2:44.41
7. Karin van Dijk	HZ&PC Heerenveen	2:42.48 198600850	2:46.16	+0,87	34.90	1:21.96	2:05.51	2:46.16
8. Liset de Veer	Aqua-Novio'94	2:47.97 198704190	2:48.37	+0,71	35.57	1:18.40	2:09.08	2:48.37
9. Bianca Paape	DAW	2:47.36 198502262	2:49.32	+0,85	36.53	1:20.95	2:11.09	2:49.32
10. Liesbeth van Mill	DWK	2:52.67 198702786	2:52.70	+1,02	37.12	1:22.34	2:10.93	2:52.70
11. Sandra Koenig	CNSW	3:02.29 CNSW/612/86	2:56.60	+0,91	38.10	1:23.17	2:14.89	2:56.60
12. Isaline Manchel	CNSW	2:58.96 CNSW/475/85	2:58.01	+0,88	37.83	1:24.53	2:15.57	2:58.01
13. G. van de Wetering	Deltasteur	3:01.05 198904678	3:05.03	+1,01	39.60	1:26.94	2:20.89	3:05.03
14. Serima Veen	De Spatters	3:01.00 198604104	3:08.43	+0,77	38.97	1:24.35	2:26.74	3:08.43

Masters 30+

1. Nadya Putter	ZVVS	2:32.05 198301630	2:31.94	+0,56	32.72	1:12.44	1:56.66	2:31.94
2. Roos van Esch	TRB-RES	2:37.72 198200468	2:34.73	+0,84	33.94	1:14.07	1:59.43	2:34.73
3. Wieke Bos	De Roersoppers	2:48.67 198200218	2:41.02	+0,84	34.37	1:16.26	2:03.19	2:41.02
4. Anke Lambooj	AZL	2:43.15 198001182	2:43.10	+0,50	34.15	1:17.84	2:05.81	2:43.10
5. Pauline Tieleman	De Geul	2:41.58 198403348	2:48.17	+0,82	35.46	1:19.08	2:09.24	2:48.17
6. Annette Vogelsang	ZV De Bron	2:55.54 198402632	2:58.84	+0,86	38.73	1:25.95	2:19.28	2:58.84
7. Rianne van Vegchelen	Deltasteur	3:26.76 198101530	3:44.69	+1,09	52.82	1:53.95	2:56.28	3:44.69

Masters 35+

1. Nathalie Blondeel BMR	CNSW	2:35.94 CNSW/012/77	2:35.25	+0,82	33.58	1:17.54	2:01.46	2:35.25
2. Melanie Kuiper	Zignea	2:52.02 197600350	2:44.75	+0,86	37.13	1:18.24	2:08.08	2:44.75
3. M. den Drijver-Aarse	Zwemvereniging Westland	2:57.88 197500884	2:55.73	+0,96	36.21	1:21.90	2:14.89	2:55.73
4. Kristel Lips	ZV De Bron	2:56.73 197900562	2:57.87	+0,82	38.82	1:25.30	2:15.90	2:57.87
5. Anneke de Groot	De Fuut	3:16.11 197701140	3:18.86	+0,82	44.42	1:32.84	2:30.99	3:18.86
6. Paula 't Hart-Buitelaar	ZVVS	3:20.05 197701132	3:22.78	+0,56	44.96	1:36.14	2:35.02	3:22.78

Masters 40+

1. Karin Stein	ZVVS	2:40.05 197100554	2:41.56	+0,84	35.49	1:20.99	2:05.20	2:41.56
2. Grith Sigsgaard	Zwemlust-den Hommel	2:42.83 197200772	2:45.90	+0,93	37.69	1:20.61	2:08.50	2:45.90
3. Nadège van Meeteren	De Meer	2:51.21 197400736	2:50.49	+0,93	38.60	1:24.50	2:10.83	2:50.49
4. Ageeth Boomsma	Orca	3:09.38 197000826	3:09.65	+0,96	42.44	1:31.75	2:26.79	3:09.65
5. Greta Wyma-Teitsma	DWK	3:34.08 197100696	3:30.30	+0,95	50.93	1:40.18	2:39.46	3:30.30

Masters 45+

1. Heidi van Stein	LZ 1886	2:46.33 196900864	2:42.75	+0,84	35.15	1:16.72	2:05.06	2:42.75
2. Laura Staal	Oceanus	2:51.23 196700358	2:53.84	+0,65	38.46	1:22.54	2:14.46	2:53.84
3. Karin van den Heuvel	Old Dutch	3:07.12 196600188	3:06.67	+0,85	38.87	1:30.06	2:21.80	3:06.67
4. Hetty Smalheer	SCOM	3:13.80 196700352	3:16.36	+1,05	46.55	1:36.73	2:32.16	3:16.36

Programmanr. 8, Dames, 200m wisselslag

Masters 50+

1. M. Remmits-De Lange	ZPC Woerden	2:48.91	196300518	2:43.57	+0,62	33.90	1:17.48	2:06.23	2:43.57
<i>Nederlands Masters Record</i>									
2. Petra Tossings	DAW	3:20.88	196100376	3:00.74	+0,82	36.96	1:26.07	2:18.15	3:00.74
3. Annemarie Vuist	Swol 1894	3:01.00	196300282	3:04.90	+1,02	41.32	1:30.35	2:22.92	3:04.90
4. Ramune Ivanauskaitė	Takas	3:02.07	19641018	3:09.39	+0,71	43.28	1:30.67	2:25.66	3:09.39

Masters 55+

1. Atie Pijtak-Radersma	AZ&PC	2:55.27	195600048	2:58.00	+0,81	37.22	1:22.82	2:16.72	2:58.00
2. Patty Verhagen	PSV	3:03.08	195900146	3:07.23	+0,97	40.87	1:30.04	2:25.43	3:07.23
3. Susanne Sailer-Lehrum	SG Neumünster	3:28.05	163629	3:32.13	+0,88	49.40	1:46.20	2:43.55	3:32.13

Masters 60+

1. Christien Nieuwenhuis	Swol 1894	3:08.39	195100022	3:11.17	+0,82	38.86	1:30.27	2:29.04	3:11.17
2. Gonnie Bak	PSV	3:51.24	195100064	3:46.92	+1,02	56.46	1:56.26	2:56.32	3:46.92
3. A. Gilding-Tussaud	WS Twente	4:00.10	195000038	3:59.54	+1,11	58.32	1:53.46	3:06.52	3:59.54

Programmanr. 9

Heren, 100m vlinderslag

Masters Open

24-01-2014 - 15:47

Resultaten

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m
Masters 20+							
1. Emile Manni	Octopus	58.27	199001901	57.95	+0,63	26.39	57.95
<i>Nederlands Masters Record</i>							
2. Lars Sieval	LZ 1886	58.44	199300723	58.96	+0,73	27.47	58.96
3. Joost Rijntjes	LZ 1886	59.99	199101899	1:00.68	+0,76	27.47	1:00.68
4. Menno Manning	De Veene	58.03	199300333	1:00.69	+0,73	27.54	1:00.69
5. Thomas Hansen	LZ 1886	1:02.77	199204327	1:02.90	+0,76	29.08	1:02.90
6. Erwin Sneek	De Futen	1:04.40	199102153	1:04.16	+0,85	29.39	1:04.16
7. Ruben Stolk	ZOB'66	1:04.77	199005665	1:04.20	+0,80	29.98	1:04.20
8. Dennis Hoogstraten	De Veene	1:04.82	199303731	1:04.63	+0,78	28.61	1:04.63
9. Coen van der Wekken	MGO (SG)	1:11.11	199202965	1:12.68	+0,74	32.92	1:12.68
Masters 25+							
1. Philipp Müller	Piranha	56.62	198604633	55.85	+0,71	25.89	55.85
<i>Nederlands Masters Record</i>							
2. Rick Driezen	Steenwijk 1934	1:00.47	198600713	1:01.16	+0,89	28.71	1:01.16
3. Raoul Engelenburg	Zwemlust-den Hommel	1:01.45	198900843	1:01.92	+0,72	29.00	1:01.92
4. Bastian Zoon	MGO (SG)	1:01.82	198703929	1:02.15	+0,71	29.20	1:02.15
5. Wesley van Diejen	PSV	1:09.25	198604551	1:15.13	+0,87	33.40	1:15.13
6. Harmen Reemst	ZOB'66	1:23.25	198702715	1:18.84	+0,80	35.36	1:18.84
Masters 30+							
1. Lauren Vis	Steenwijk 1934	1:01.39	198201883	1:01.66	+0,76	27.69	1:01.66
2. Erik Drewes	De Biesboschzwemmers	1:04.02	198400543	1:03.64	+0,76	29.02	1:03.64
3. Pieter Pickhardt	ZPC De Hof	1:04.70	198301657	1:03.83	+0,93	29.79	1:03.83
4. Thommy Nickel	Van Vliet-Barracuda	1:04.04	198401627	1:04.00	+0,81	30.21	1:04.00
5. Erik Kusters	Noord Veluwe	1:03.87	198000837	1:04.44	+0,82	29.58	1:04.44
6. Leander Noordijk	De Schotejil	1:07.11	198101221	1:06.99	+1,04	30.38	1:06.99
7. Robert Dekker	De Veene	1:08.07	198400443	1:09.19	+0,81	31.74	1:09.19
8. Peter Eshuis	DBD	1:11.68	198000375	1:12.98	+0,85	33.04	1:12.98
9. Hans Cligge	De Futen	1:28.49	198100315	1:32.60	+0,87	39.88	1:32.60
NG Simon van Ravesteijn	Zoetermeer	1:08.60	198002263				

Programmanr. 9, Heren, 100m vlinderslag

Masters 35+

1. Alex Damen	DAW	1:07.71	197501371	1:06.87	+0,76	30.95	1:06.87
2. Kars Luttkik	DAW	1:05.47	197800675	1:07.60	+0,79	30.83	1:07.60
3. Bas Spoelstra	De Futen	1:12.99	197701573	1:09.59	+0,69	33.05	1:09.59

Masters 40+

1. Harry Cornet	De Biesboschzwemmers	1:02.88	197100175	1:03.00	+0,76	28.89	1:03.00
2. Stefan Dortmond	AZ&PC	1:08.49	197201167	1:07.69	+0,86	31.18	1:07.69
3. Peter ter Horst	Swol 1894	1:10.07	197201261	1:08.65	+0,88	32.67	1:08.65
4. Heiner Stevens	Zignea	1:07.19	197201299	1:08.84	+0,79	30.61	1:08.84
5. Marco de Bat	De Schelde	1:19.12	197101467	1:19.87	+0,83	33.98	1:19.87

Masters 45+

1. Marcel Molendijk	De Vrije Slag	1:12.02	196501117	1:08.56	+0,81	30.92	1:08.56
2. Arvydas Burinskas	Takas	1:08.71	19690822	1:10.27	+0,71	32.56	1:10.27
3. Frank v Nobelen	Sassenheim	1:08.84	196900753	1:10.34	+0,87	32.66	1:10.34
4. Konstantin Sklyar	TG Lage 1862	1:10.15	321129	1:10.77	+0,82	33.41	1:10.77
5. Sander van den Berg	WS Twente	1:09.86	196801357	1:14.46	+0,85	32.66	1:14.46
6. Danny Zulver	ZVVS	1:17.62	196701617	1:14.91	+0,78	34.04	1:14.91
7. Hans Schoenmakers	DAW	1:15.07	196900863	1:18.90	+0,95	34.91	1:18.90
8. Eric de Haas	De Treffers	1:24.22	196501275	1:19.20	+0,95	35.02	1:19.20
NG Harald Mulder	Zoetermeer	1:15.28	196701459				

Masters 50+

1. Johan Remmits	ZPC Woerden	1:06.18	196201159	1:05.85	+0,80	29.95	1:05.85
2. Hans Vloedgraven	Old Dutch	1:11.35	196400917	1:10.80	+0,83	33.27	1:10.80
3. Wiljam Nijenhuis	De IJssel	1:09.95	196400547	1:11.69	+0,96	32.53	1:11.69
4. Sergey Meskin	Spartak	1:13.40	101449	1:13.29	+0,88	32.55	1:13.29
5. Arnold de Rover	De Futen	1:09.14	196400645	1:13.78	+0,86	32.68	1:13.78
6. John Stokx	DAW	1:13.86	196401341	1:13.93	+0,78	32.68	1:13.93
7. Wilbert Barten	Nautilus	1:23.00	196401373	1:20.04	+0,96	36.46	1:20.04
8. Ralph Caster	RZ	1:21.33	196100069	1:21.34	+0,86	37.22	1:21.34
9. Jan Smalheer	SCOM	1:23.91	196400701	1:23.75	+1,14	39.60	1:23.75

Masters 55+

1. Paul Bunnik	Triton	1:20.34	195600413	1:24.36	+1,07	39.73	1:24.36
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Masters 60+

1. Brend Brevé	PSV	1:17.19	195200265	1:13.69	+0,94	33.91	1:13.69
<i>Nederlands Masters Record</i>							
2. Fred Zanting	TriVia	1:22.25	195400323	1:34.30	+1,03	42.89	1:34.30

Masters 65+

DIS Jaap Kwakkel	DAW	1:38.37	194700157			VC	
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Masters 70+

1. Josep Claret	Club Nagi	1:11.78	39276092	1:12.02	+0,81	32.94	1:12.02
<i>Wereld Masters Record</i>							

Programmanr. 10
24-01-2014 - 16:14

Dames, 100m vlinderslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m
Masters 20+							
1. Janet van der Poel	LZ 1886	1:10.12	199301842	1:09.63	+0,79	32.32	1:09.63
2. Anouk van der Plijt	ZOB'66	1:14.27	199303296	1:13.85	+0,64	33.96	1:13.85
3. Nadine Blouw	GZVW	1:24.85	199302314	1:22.84	+0,84	37.01	1:22.84
4. Eline Molle	De Geul	1:20.79	199404276	1:24.44	+0,89	39.91	1:24.44
5. Rebecca van Eeren	SCOM	1:19.44	199306910	1:30.33	+0,81	38.84	1:30.33
DIS Jen-Ai van Soelen	Zuiderzeezwimmers	1:08.33	199003510		AF		
Masters 25+							
1. Fanny Koenig	CNSW	1:14.98	CNSW/636/89	1:11.24	+0,75	32.78	1:11.24
2. Maryse Lampe	Van Vliet-Barracuda	1:12.35	198702458	1:11.26	+0,45	32.27	1:11.26
3. Wieteke Elzinga	DAW	1:14.20	198601038	1:15.17	+0,89	34.96	1:15.17
4. Liset de Veer	Aqua-Novio'94	1:15.76	198704190	1:16.66	+0,88	35.29	1:16.66
5. Karin Hovenkamp	De Spatters	1:18.61	198701850	1:18.54	+0,60	36.58	1:18.54
6. Maaïke van Diggele	ZPB H&L Productions	1:19.68	198700868	1:19.52	+0,85	36.73	1:19.52
7. Liesbeth van Mill	DWK	1:20.73	198702786	1:22.24	+0,97	37.55	1:22.24
8. Sandra Koenig	CNSW	1:24.79	CNSW/612/86	1:23.21	+0,84	38.79	1:23.21
Masters 30+							
1. Pauline Gouwens	DWK	1:02.61	198400790	1:03.12	+0,70	29.18	1:03.12
<i>Nederlands Masters Record</i>							
2. Delia Badoux	Zoetermeer	1:08.01	198000042	1:08.35	+0,72	31.62	1:08.35
3. Nadya Putter	ZVVS	1:08.26	198301630	1:09.25	+0,57	32.63	1:09.25
4. Roos van Esch	TRB-RES	1:10.50	198200468	1:11.51	+0,86	33.94	1:11.51
5. Esther Versteeg	Van Vliet-Barracuda	1:10.84	198302112	1:11.76	+0,82	33.59	1:11.76
6. Miranda Pijnenburg	De Treffers	1:13.08	198301216	1:16.90	+0,91	35.56	1:16.90
Masters 35+							
1. Elvira Jonkers	De Pinquin	1:08.18	197900420	1:08.38	+0,93	31.20	1:08.38
<i>Nederlands Masters Record</i>							
2. Diane Scholing	Het Ravijn	1:20.36	197701090	1:21.70	+0,70	37.97	1:21.70
3. Babette Rens	Dedemsvaart-AC	1:23.52	197801200	1:25.80	+0,77	39.70	1:25.80
4. Inge Otter	De Bevelanders	1:31.89	197801242	1:26.97	+1,01	37.59	1:26.97
Masters 40+							
1. Ingrid Boot-De Groot	De Aalscholver	1:10.89	197000168	1:09.49	+0,81	31.29	1:09.49
2. Gudule van der Meer	PSV	1:13.42	197200396	1:11.79	+0,85	32.73	1:11.79
3. Ilona Hogerheyde	DAW	1:15.23	197400224	1:15.22	+0,41	33.23	1:15.22
4. Jeanne Petit	Maxwell SC	1:17.74	1112847	1:15.26	+0,83	33.70	1:15.26
5. Cynthia Noordermeer	Het Y	1:17.07	197000358	1:24.63	+0,93	38.53	1:24.63
6. Miranda Straetemans	Zignea	1:21.45	197400514	1:25.47	+0,89	37.69	1:25.47
Masters 45+							
1. Lesley Cordial	Neptunus	1:09.96	196700684	1:11.28	+0,84	33.10	1:11.28
<i>Nederlands Masters Record</i>							
2. Christien Pieterse	De Vrije Slag	1:12.44	196700538	1:12.08	+0,77	34.12	1:12.08
Masters 50+							
1. Marjan Remmits-De Lange	ZPC Woerden	1:16.49	196300518	1:14.75	+0,67	34.72	1:14.75
2. Margriet Grove-Lingeman	Oceanus	1:18.96	196200080	1:20.55	+0,82	36.50	1:20.55
3. Marijke Kraak-Beckers	WS Twente	1:23.78	196000240	1:27.66	+0,95	39.24	1:27.66
4. Loreta Kabasinskiene	Takas	1:37.61	19630410	1:37.97	+0,87	45.18	1:37.97
5. Marjan Spoelstra	Swol 1894	1:45.70	196000236	1:46.65	+0,92	49.64	1:46.65

Programmanr. 10, Dames, 100m vlinderslag

Masters 55+

1. Mathilde Vink	Swol 1894	1:15.20	195800128	1:17.04	+1,09	36.43	1:17.04
<i>Nederlands Masters Record</i>							
2. Claire Anthony	CNSW	1:22.67	CNSW/487/57	1:25.85	+0,86	38.98	1:25.85

Masters 60+

1. Carla Hensen	PSV	1:41.67	195300062	1:35.50	+1,06	45.03	1:35.50
2. Antoinette Gilding-Tussaud	WS Twente	2:05.97	195000038	2:11.84	+1,22	1:00.34	2:11.84

Programmanr. 11
24-01-2014 - 16:26

Heren, 200m vrije slag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
Masters 20+								
1. Mark Costeris	WVZ	2:06.83 199202327	1:57.64	+0,70	27.30	57.42	1:27.47	1:57.64
2. Patrick Creemers	RZ	2:01.67 199000579	2:01.14	+0,74	27.49	58.40	1:29.79	2:01.14
3. Bart Kiesewetter	TRB-RES	2:08.64 199101203	2:03.66	+0,72	28.43	59.84	1:32.73	2:03.66
4. Tim Bunnik	Triton	2:03.98 199000505	2:04.13	+0,83	27.49	58.07	1:30.85	2:04.13
5. Sjoerd Sieval	LZ 1886	2:08.15 199002663	2:07.51	+0,68	28.94	1:01.30	1:34.64	2:07.51
6. Mike Koelewijn	Steenwijk 1934	2:15.77 199303597	2:10.84	+0,67	29.61	1:02.32	1:36.96	2:10.84
7. Rens Post	WVZ	2:11.30 199101827	2:12.37	+0,67	28.86	1:02.40	1:37.30	2:12.37
8. Ruben de Boer	De Duinkickers	2:25.11 199301419	2:26.26	+1,09	33.34	1:10.49	1:48.07	2:26.26
9. Danny Vochteloo	ZZG de Boskickers (SG)	2:59.26 199207251	2:57.14	+1,01	41.92	1:26.75	2:13.29	2:57.14
Masters 25+								
1. Raoul Engelenburg	Zwemlust-den Hommel	1:57.95 198900843	1:57.64	+0,69	27.59	57.91	1:28.45	1:57.64
<i>Kampioenschaps Record</i>								
2. Richard Huisken	ZPC De Hof	2:00.29 198501141	1:59.67	+0,74	27.59	58.01	1:29.31	1:59.67
3. Emiel Huisken	ZPC De Hof	2:00.94 198501139	2:01.42	+0,79	27.86	58.36	1:29.89	2:01.42
4. Klaas van Beek	ZV Haerlem	2:03.35 198805941	2:02.39	+0,71	27.33	56.96	1:28.49	2:02.39
5. Remko Hooft	De Duinkickers	2:10.01 198701405	2:15.35	+0,78	30.89	1:05.43	1:40.62	2:15.35
6. Lars Erik Beute	't Tolhekke	2:23.39 198600227	2:30.79	+0,91	32.73	1:09.53	1:48.89	2:30.79
Masters 30+								
1. Nol van Thull	ZOB'66	1:57.33 198001513	1:57.49	+0,54	27.21	57.37	1:27.89	1:57.49
2. John Meijdam	DAW	2:07.59 198301439	2:07.74	+0,81	29.60	1:02.08	1:35.66	2:07.74
3. Marcel Reefhuis	WS Twente	2:06.83 198101381	2:08.25	+0,51	29.62	1:01.86	1:35.29	2:08.25
4. Jeroen Vogelsang	DAW	2:16.71 198001645	2:18.83	+0,89	31.54	1:06.50	1:42.79	2:18.83
5. Tjerk Peijnenborg	ZV Haerlem	2:32.72 198201329	2:32.00	+1,02	33.57	1:10.48	1:50.01	2:32.00
Masters 35+								
1. Mark Hensen	Van Vliet-Barracuda	2:06.36 197900497	2:03.25	+0,49	27.62	59.04	1:30.55	2:03.25
2. Roland de Jong	Eurode KZC	2:03.37 197601513	2:05.49	+0,75	28.14	58.67	1:31.50	2:05.49
3. Mark Zwart	Zwemlust-den Hommel	2:13.64 197901461	2:08.28	+0,90	29.15	1:01.20	1:34.82	2:08.28
4. Erwin Zuidervelt	De Futen	2:19.01 197501015	2:17.24	+0,84	31.36	1:05.29	1:40.40	2:17.24
5. Okko de Haas	ZV De Bron	2:23.72 197801593	2:26.02	+0,87	33.18	1:09.93	1:47.87	2:26.02
6. Gino Martijn	RZ	2:35.35 197901865	2:36.02	+0,74	32.90	1:11.17	1:52.79	2:36.02

Programmanr. 11, Heren, 200m vrije slag

Masters 40+

1. Gerald Hösl	SC Schaffhausen	2:22.43	27749	2:17.18	+0,95	31.72	1:06.49	1:41.86	2:17.18
2. Peter van Grootheest	Hatto Heim	2:31.06	197000375	2:17.55	+0,95	30.89	1:04.96	1:40.68	2:17.55
3. Rogier Becker	De Dinkel	2:25.56	197301439	2:22.70	+0,91	31.87	1:07.51	1:44.42	2:22.70
4. Wouter van der Stelt	Den Doorn	2:24.81	197200889	2:25.41	+0,74	32.50	1:08.59	1:46.58	2:25.41
5. Marcel Hoeksel	ZVVS	2:33.73	197001655	2:30.13	+0,99	34.36	1:12.04	1:51.28	2:30.13
6. Albert Roosenboom	Budel	2:45.11	197101599	2:40.16	+1,04	35.03	1:15.47	1:58.89	2:40.16
7. Sander Komen	ZV De Bron	2:55.70	197201507	2:51.64	+1,05	37.60	1:20.32	2:06.29	2:51.64

Masters 45+

1. Geert Wijn	De Gelenberg	2:06.29	196701101	2:06.70	+0,81	28.61	1:00.08	1:33.01	2:06.70
2. Arjan Bellaart	Oceanus	2:09.96	196900079	2:09.10	+0,76	29.03	1:01.49	1:34.88	2:09.10
3. René Beetsma	HZ&PC Heerenveen	2:13.08	196900069	2:09.56	+0,76	29.76	1:02.06	1:35.62	2:09.56
4. Marc van den Broeke	Deltasteur	2:12.26	196601485	2:10.15	+0,87	29.67	1:02.49	1:36.98	2:10.15
5. Ron Korzelius	AZ&PC	2:17.00	196500513	2:14.27	+0,90	30.34	1:04.37	1:39.89	2:14.27
6. Henk de Raad	Deltasteur	2:20.23	196501503	2:19.21	+0,87	31.42	1:05.64	1:41.95	2:19.21
7. Maarten de Pooter	De Schelde	2:29.44	196600615	2:27.79	+0,82	33.37	1:10.52	1:49.84	2:27.79
8. Marc Wouters	PSV	2:38.12	196501501	2:27.97	+0,93	33.10	1:09.96	1:49.06	2:27.97
9. Sander Nieuwenhuys	De Fuut	2:31.93	196801423	2:30.03	+0,74	33.19	1:09.96	1:49.39	2:30.03
10. Pieter-Sjoerd de Wijn	Aqua-Novio'94	2:30.84	196501027	2:30.54	+0,72	34.17	1:12.97	1:53.35	2:30.54
11. Nico Swart	Den Doorn	2:34.97	196801475	2:35.13	+0,79	33.03	1:11.86	1:53.54	2:35.13
12. Huyb Stegeman	Steenwijk 1934	2:32.98	196701535	2:35.60	+0,92	34.59	1:13.08	1:53.76	2:35.60
13. Ramon Alsina Munoz	CNSW	2:56.77	CNSW/608/69	2:50.03	+0,46	38.53	1:19.99	2:04.67	2:50.03
14. René Speelman	De Spatters	2:56.51	196601521	2:59.71	+0,72	38.28	1:22.65	2:10.06	2:59.71
15. Maarten van Nunen	Nautilus	3:05.41	196601463	3:00.77	+0,96	39.13	1:24.88	2:13.42	3:00.77

Masters 50+

1. Cees van Houweligen	De Schelde	2:04.19	196300351	2:06.05	+0,99	28.66	1:00.24	1:33.11	2:06.05
2. Edwin v. Norden	AZ&PC	2:10.43	196300563	2:08.32	+0,77	28.33	1:02.43	1:35.27	2:08.32
3. Jan Brink	ZPC De Zeeuwse Kust	2:09.07	196200091	2:09.72	+0,80	28.84	1:01.47	1:35.67	2:09.72
4. Gert Sikkema	Zignea	2:11.95	196300687	2:13.16	+0,86	31.21	1:05.02	1:39.06	2:13.16
5. Rene de Boer	DAW	2:16.56	196400087	2:13.23	+0,42	30.68	1:03.86	1:38.64	2:13.23
6. Dmitry Kromskiy	Poseidon	2:20.49	037011	2:13.87	+0,95	30.62	1:03.73	1:38.40	2:13.87
7. Gustav van den Berg	TriVia	2:17.54	196100991	2:15.52	+0,92	31.02	1:05.65	1:41.35	2:15.52
8. Jan Wierenga	De Aalscholter	2:19.60	196400843	2:19.99	+0,87	31.13	1:05.52	1:42.21	2:19.99
9. Ronald Grove	Oceanus	2:28.66	196100161	2:23.21	+0,85	32.56	1:10.05	1:47.23	2:23.21
10. Edzo Huisman	Aquapoldro	2:24.06	196301029	2:28.76	+1,01	34.63	1:12.84	1:51.31	2:28.76
11. Rob Penninks	PSV	2:31.09	196000897	2:30.87	+0,78	34.35	1:13.25	1:52.71	2:30.87
12. Bob Nieuwenhuys	De Fuut	2:35.28	196201227	2:37.01	+0,77	33.50	1:11.40	1:53.32	2:37.01
13. Jack Barends	WS Twente	2:33.42	196201011	2:39.08	+0,85	35.92	1:16.19	1:57.97	2:39.08
14. Marco Schoenmakers	ZVVS	3:03.53	196401375	3:02.10	+0,86	39.30	1:25.40	2:14.79	3:02.10
15. Jan Haitsma	De Spatters	3:02.91	196000929	3:04.69	+0,97	42.11	1:29.11	2:17.87	3:04.69

Masters 55+

1. Marten de Groot	HZ&PC Heerenveen	2:07.86	195800149	2:05.07	+0,82	28.45	59.91	1:32.39	2:05.07
<i>Europees Masters Record</i>									
2. Henk Slomp	De Pinquin	2:30.10	195500359	2:30.54	+0,86	34.02	1:12.34	1:52.33	2:30.54
DIS Dre Klaassen	ZOB'66	3:09.49	195600141		AA				

Masters 60+

1. Brend Brevé	PSV	2:29.73	195200265	2:28.44	+0,91	35.01	1:14.06	1:53.15	2:28.44
2. Jos Kamps	De Amer	2:48.08	195100085	2:56.14	+1,03	37.60	1:21.51	2:09.41	2:56.14

Masters 65+

1. Ale van der Veen	HPC	2:27.53	194900159	2:26.47	+0,78	32.95	1:09.28	1:47.46	2:26.47
<i>Nederlands Masters Record</i>									
2. Donald Uijtenbogaart	Het Y	2:28.74	194700107	2:29.34	+0,85	35.27	1:13.11	1:51.57	2:29.34
3. Mar van Geel	Old Dutch	3:14.51	194700135	3:30.57	+1,12	44.95	1:36.93	2:33.73	3:30.57

Programmanr. 11, Heren, 200m vrije slag

Masters 70+

1. J. Canales de Mendoza	RC MEDITERRANEO	2:41.38	24983334	2:38.47	+0,78	36.48	1:16.26	1:58.48	2:38.47
<i>SMR</i>									
2. Rob Hanou	PSV	2:48.34	194300109	3:00.79	+1,11	39.47	1:25.66	2:14.66	3:00.79
3. Frans van Enst	WS Twente	3:00.49	194000011	3:01.46	+1,08	40.03	1:26.40	2:15.45	3:01.46
4. Geza Kaltenecker	AZC	3:07.20	194200065	3:07.66	+1,16	40.32	1:28.39	2:18.62	3:07.66
5. Ruud Sloof	De Rijn	3:03.64	194400073	3:15.66	+1,06	43.68	1:33.39	2:25.30	3:15.66

Masters 75+

1. Nico Geers	Z&PC De Gouwe	2:44.19	193800007	2:51.74	+0,98	40.77	1:24.77	2:10.63	2:51.74
<i>Nederlands Masters Record</i>									
2. Pavelas Bezzubovas	Takas	3:35.71	19390108	3:11.84	+1,15	43.16	1:31.54	2:21.80	3:11.84
<i>LMR</i>									
3. Gregor Pompen	Aqua-Novio'94	3:13.47	193700021	3:25.04	+1,12	47.07	1:37.86	2:31.66	3:25.04

Masters 80+

1. Bob Berg	PSV	3:40.07	193300011	3:54.10	+1,32	51.03	1:50.61	2:54.00	3:54.10
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Programmanr. 12
24-01-2014 - 16:57

Dames, 200m vrije slag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m	
Masters 20+									
1. Wendan Poelstra	TriVia	2:09.13	199102496	2:09.66	+0,79	30.79	1:04.19	1:36.69	2:09.66
2. Maaike Vooren	DAW	2:17.55	199103324	2:11.12	+0,84	30.93	1:04.55	1:37.77	2:11.12
3. Seline Koek	LZ 1886	2:15.45	199400622	2:15.07	+0,90	30.56	1:04.96	1:40.20	2:15.07
4. Karin Verbeek	Nautilus	2:24.06	199201848	2:18.19	+0,69	31.26	1:05.97	1:42.40	2:18.19
5. Ilse Noorlander	d'ELFT WAVE (SG)	2:25.90	199307810	2:20.10	+0,80	30.65	1:06.01	1:42.92	2:20.10
6. Wendy de Bruin	ZOB'66	2:18.92	199206320	2:21.72	+0,68	31.32	1:06.72	1:43.95	2:21.72
7. Eline Roobol	De Lansingh	2:20.60	199106414	2:21.99		31.30	1:07.31	1:45.75	2:21.99
8. Kim Wijnja	De Biesboschzweimmers	2:26.61	199107812	2:26.32	+0,79	33.20	1:10.90	1:49.36	2:26.32
9. Chantal Meyerink	De Grunte	2:26.70	199105212	2:27.54	+0,59	33.53	1:11.68	1:50.24	2:27.54
10. Ramona Noordermeer	ZVVS	2:32.32	199401746	2:30.09	+0,78	34.80	1:12.84	1:53.29	2:30.09
11. Yvonne Bruls	Eurode KZC	2:38.33	199008114	2:31.09	+0,80	34.48	1:12.17	1:51.34	2:31.09
12. Maartje Lenten	De Spatters	2:34.73	199204286	2:32.34	+0,70	33.71	1:11.65	1:51.93	2:32.34
13. Irmgard van Weeghel	Octopus	2:24.86	199204834	2:32.41	+0,73	33.91	1:12.11	1:52.18	2:32.41
14. Lindsey Hol	De Meer	2:31.76	199008088	2:34.60	+0,62	33.75	1:12.35	1:53.40	2:34.60
15. Naomi Habing	De Grunte	2:36.02	199402742	2:41.36	+0,84	36.41	1:17.52	2:00.39	2:41.36
16. Eline Schoenmaker	Zwemlust-den Hommel	2:40.73	199003322	2:43.01	+0,69	37.19	1:19.33	2:02.04	2:43.01

Masters 25+

1. Lisanne Andeweg	Zuiderzeezweimmers	2:13.08	198800092	2:13.20	+0,49	31.11	1:04.86	1:39.19	2:13.20
2. Samantha van Eijk	De Geul	2:17.66	198806826	2:17.41	+0,76	32.34	1:07.44	1:42.80	2:17.41
3. Stephanie Rombout	PSV	2:11.25	198803696	2:17.99	+0,77	30.68	1:05.09	1:40.69	2:17.99
4. Ilse van den Wijngaard	ZPC Woerden	2:19.31	198904736	2:25.25	+0,85	32.89	1:09.36	1:47.23	2:25.25
5. Marije van Manen	AZ&PC	2:36.26	198602386	2:29.97	+0,64	34.22	1:12.30	1:52.12	2:29.97
6. Channe Noort	DAW	2:28.41	198605032	2:34.64	+0,80	33.82	1:11.96	1:53.39	2:34.64
7. Relinda Baas	GZVW	2:35.69	198900144	2:44.66	+0,86	36.12	1:17.20	2:00.94	2:44.66
8. Esther Steltenpohl	DAW	2:46.79	198504116	2:54.25	+0,73	34.83	1:17.09	2:04.37	2:54.25

Programmanr. 12, Dames, 200m vrije slag

Masters 30+

1. Anke Lambooij	AZL	2:23.07	198001182	2:21.92	+0,82	31.18	1:06.71	1:44.44	2:21.92
2. Esther Versteeg	Van Vliet-Barracuda	2:20.36	198302112	2:25.09	+0,84	34.23	1:11.42	1:48.51	2:25.09
3. Petra Benani-Wolsing	De Futen	2:26.78	198402796	2:26.20	+0,80	32.57	1:09.71	1:48.08	2:26.20
4. Denise de Riet	De Devel	2:36.59	198402040	2:39.36	+1,00	36.22	1:16.65	1:58.59	2:39.36
5. Diewertje Hoekstra	Swol 1894	2:43.47	198102208	2:41.30	+0,69	35.87	1:16.83	1:59.58	2:41.30
6. Rianne van Vegchelen	Deltasteur	3:01.32	198101530	3:16.53	+1,15	42.67	1:32.66	2:25.53	3:16.53

Masters 35+

1. Melanie Kuiper	Zignea	2:27.38	197600350	2:22.33	+0,94	33.56	1:09.69	1:46.19	2:22.33
2. Carmen Haan	De Spatters	2:36.22	197901458	2:33.06	+1,01	35.06	1:14.22	1:54.57	2:33.06
3. Marian Nederlof	DWF	2:35.82	197600950	2:33.84	+0,89	35.38	1:13.50	1:53.27	2:33.84
4. Marieke Langendonk	De Dinkel	2:45.16	197900530	2:39.52	+0,94	35.96	1:16.29	1:58.47	2:39.52
5. Larisa Alekseeva	Sprut	2:39.89	018046	2:43.68	+0,83	37.32	1:17.90	2:00.75	2:43.68
6. Jannie Vennik	HZ&PC Heerenveen	2:42.65	197601006	2:47.85	+0,96	38.41	1:20.98	2:05.61	2:47.85
7. Anneke de Groot	De Fuut	2:52.87	197701140	2:54.09	+0,85	38.48	1:21.96	2:07.78	2:54.09
8. C. van Bruxvoort	ZPB H&L Productions	3:10.97	197700138	3:09.85	+0,98	41.42	1:30.11	2:21.20	3:09.85

Masters 40+

1. Grith Sigsgaard	Zwemlust-den Hommel	2:17.25	197200772	2:17.34	+0,92	31.59	1:06.62	1:42.22	2:17.34
<i>Nederlands Masters Record</i>									
2. Annette de Visser	Oceanus	2:25.42	197100602	2:23.01	+0,84	32.76	1:08.89	1:46.23	2:23.01
3. Pascalie Neiss-Janssen	De Roersoppers	2:43.49	197300852	2:41.54	+0,87	35.58	1:16.68	1:59.25	2:41.54
4. Renata van Essen	Zuiderzeezwemmers	2:39.88	197300740	2:43.02	+0,72	35.72	1:16.05	1:59.44	2:43.02
5. Ageeth Boomsma	Orca	2:42.61	197000826	2:45.44	+0,88	36.52	1:17.91	2:01.56	2:45.44
6. D. Hoeksel-Verveen	ZVVS	2:56.12	197300724	2:56.77	+0,97	39.04	1:23.32	2:10.92	2:56.77
7. Evelien Breman-Alers	Nautilus	3:05.05	197200878	3:09.35	+0,94	40.15	1:26.33	2:18.00	3:09.35
8. Greta Wyma-Teitsma	DWK	3:08.16	197100696	3:13.12	+0,92	42.78	1:32.48	2:24.85	3:13.12

Masters 45+

1. Heidi van Stein	LZ 1886	2:21.40	196900864	2:20.40	+0,81	31.95	1:07.42	1:43.82	2:20.40
2. Annette Wijnja-Visser	De Biesboschzwemmers	2:28.53	196700528	2:26.99	+0,77	32.48	1:09.67	1:48.24	2:26.99
3. Petra Casteleijn	AZ&PC	2:29.46	196600098	2:30.32	+0,89	34.05	1:11.95	1:51.35	2:30.32
4. Paulina van der Zouw	De Dolfijn	2:33.80	196900972	2:33.06	+0,95	33.66	1:11.71	1:51.89	2:33.06
5. Marion Broekhuis	WS Twente	2:34.69	196800060	2:33.33	+0,76	35.27	1:13.76	1:53.77	2:33.33
6. E. van Wingerden - Dijkhuizen	DWK	2:36.65	196900970	2:40.33	+0,99	35.75	1:15.38	1:58.25	2:40.33
7. R. Speelman-Tigelaar	De Spatters	2:59.43	196600664	2:52.73	+0,98	39.91	1:22.84	2:08.29	2:52.73
8. Hetty Smalheer	SCOM	2:56.89	196700352	2:59.07	+1,02	40.84	1:25.93	2:13.61	2:59.07
9. Ingeborg Stokx	DAW	3:06.80	196700666	3:03.80	+0,73	42.38	1:29.46	2:17.90	3:03.80
10. Y. Snellen van Vollenhov	PSV	3:08.60	196800836	3:05.45	+0,99	41.21	1:27.98	2:18.96	3:05.45
11. Sandra Daamen-Posma	AZC	3:11.94	196800854	3:08.27	+1,07	41.04	1:28.66	2:19.39	3:08.27

Masters 50+

1. Christine Moerkerken	Poseidon'56	2:33.03	196300524	2:30.92	+0,88	34.42	1:12.89	1:52.10	2:30.92
2. Wilna Heijman	't Tolhekke	2:37.16	196400506	2:33.81	+0,90	35.64	1:14.70	1:54.38	2:33.81
3. Katrin Pennings	PSV	2:30.51	196400570	2:34.13	+0,66	34.01	1:12.34	1:53.01	2:34.13
4. Petra Tossings	DAW	2:48.19	196100376	2:43.53	+0,79	36.71	1:18.21	2:01.36	2:43.53
5. Marlien Wijnhof	Nat Utrecht	2:46.63	196100300	2:46.01	+0,75	38.61	1:21.13	2:04.07	2:46.01
6. Ramune Ivanauskaite	Takas	2:43.34	19641018	2:47.84	+0,81	38.57	1:20.57	2:04.38	2:47.84
7. Monique Munnik	AZC	2:50.81	196200328	2:51.18	+0,97	37.52	1:19.70	2:04.94	2:51.18
8. Ellen Parma	Triton	2:59.92	196200366	3:07.21	+0,98	39.86	1:27.33	2:18.17	3:07.21
9. Pia van der Molen	HZ&PC Heerenveen	2:52.57	196000116	3:08.91	+0,87	39.99	1:26.04	2:16.52	3:08.91

Masters 55+

1. Atie Pijtak-Radersma	AZ&PC	2:28.05	195600048	2:32.90	+0,84	34.45	1:13.04	1:52.53	2:32.90
2. Patty Verhagen	PSV	2:41.82	195900146	2:43.55	+0,90	38.31	1:19.63	2:01.43	2:43.55
3. Margriet Pasma	De Pinquin	2:46.78	195500088	2:48.28	+0,96	38.37	1:21.68	2:05.83	2:48.28
4. Karien Musters	Old Dutch	3:39.77	195800236	3:51.46		48.20	1:44.79	2:47.32	3:51.46

Programmanr. 12, Dames, 200m vrije slag

Masters 60+

1. Conny Boer-Buys	ZVVS	2:38.45	195000006	2:40.25	+0,95	36.41	1:18.11	2:00.46	2:40.25
2. Ineke Weekers	PSV	2:47.43	195300050	2:40.35	+0,81	37.54	1:17.92	1:59.41	2:40.35
3. Christien Nieuwenhuis	Swol 1894	2:40.92	195100022	2:45.53	+0,75	37.61	1:20.54	2:03.74	2:45.53
4. Ineke Meijer	HZ&PC Heerenveen	3:09.59	195200034	3:11.89	+0,97	43.70	1:32.71	2:23.72	3:11.89
5. Tineke van Diggelen	Oceanus	3:30.86	195200048	3:35.23		47.10	1:39.98	2:36.23	3:35.23

Masters 65+

1. Corrie Verhoeven	PSV	3:07.62	194600026	3:09.93	+1,23	41.96	1:28.63	2:20.20	3:09.93
2. Annie Smits	PSV	3:27.43	194600016	3:33.00	+1,23	49.11	1:44.58	2:41.13	3:33.00
3. Mieke Strijbis-v.d.Kroft	DAW	3:38.90	194500004	3:40.36	* +1,17	51.86	1:47.30	2:44.38	3:40.36

Masters 80+

1. Annie de Vos	Old Dutch	4:12.77	193400004	4:50.95	*	1:05.13	2:19.18	3:35.31	4:50.95
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Masters 85+

1. Marianne Maandonks	PSV	5:54.09	192600004	6:47.78	+1,99	1:12.39	2:59.74	4:54.15	6:47.78
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Kampioenschaps Record

Programmanr. 13
24-01-2014 - 17:37

Heren, 4 x 50m wisselslag

Masters Open
Resultaten

rang	vereniging	inschrijftijd	tijd	RT
80+				
1.	ESCA Zwemmen 1	ESCA Zwemmen	1:55.22	1:54.47
	Bram Meijlis	94 31.46	Mike Schel	94 +0,27 26.35
	Sander de Vrugt	89 +0,29 30.92	Tim de Vrugt	93 +0,38 25.74
2.	LZ 1886 1	LZ 1886	1:58.38	1:59.01
	Sjoerd Sieval	90 30.91	Thomas Hansen	92 +0,36 27.05
	Joost Rijntjes	91 +0,50 33.07	Bas Zierikzee	92 +0,37 27.98
3.	MGO (SG) 1	MGO (SG)	1:59.26	2:00.64
	Niels Albrechts	88 33.75	Bastian Zoon	87 +0,27 28.08
	Jos Terlouw	94 +0,17 32.46	Martijn van Hoorn	89 +0,70 26.35
4.	De Veene 1	De Veene	2:04.89	2:00.92
	Robert Dekker	84 32.12	Menno Manning	93 +0,16 26.22
	Yorick Kreuwel	94 +0,49 37.36	Dennis Hoogstraten	93 +0,39 25.22
100+				
1.	ZPC De Hof 1	ZPC De Hof	1:56.01	1:55.50
	Richard Huisken	85 29.71	Jasper de Boer	93 +0,54 27.93
	Pieter Pickhardt	83 +0,52 32.82	Emiel Huisken	85 +0,37 25.04
120+				
1.	Steenwijk 1934 1	Steenwijk 1934	2:03.17	2:00.35
	Casper Dollekamp	63 35.58	Rick Driezen	86 +0,56 27.62
	Lauren Vis	82 +0,25 31.88	Mike Koelewijn	93 +0,69 25.27
2.	DAW 1	DAW	2:02.19	2:01.07
	John Meijdam	83 31.33	Kars Luttk	78 +0,41 28.86
	Ron Langelaan	78 +0,18 34.43	Alex Damen	75 +0,22 26.45
3.	De Futen 1	De Futen	2:06.91	2:07.98
	Erwin Zuidervelt	75 34.25	Erwin Sneek	91 +0,34 28.37
	Hans Cligge	81 +0,33 38.02	Arnold de Rover	64 +0,39 27.34
4.	Budel 1	Budel	2:12.78	2:11.77
	Rick de Greef	84 29.83	Albert Roosenboom	71 +0,62 34.86
	Ivo Verdonschot	75 +0,29 36.21	Edward van Nijmweegen	70 -0,02 30.87

Programmanr. 13, Heren, 4 x 50m wisselslag, 120+

rang	vereniging	inschrijftijd	tijd	RT
5.	't Tolhekke	2:14.93	2:19.68	
	Berné Beute	91 36.52	86 +0,72	34.08
	Arie van Damme	61 +0,58 41.65	91 +0,55	27.43

160+

1.	AZ&PC	2:05.59	2:00.11	
	Edwin v. Norden	63 30.02	72 +0,29	28.07
	Wouter van 't Klooster	88 +0,04 34.56	65 +0,46	27.46
2.	De Schelde	2:05.77	2:05.70	
	Robert Martens	73 33.74	71 +0,43	31.45
	Cees van Houwelingen	63 +0,43 32.75	66 +0,18	27.76
3.	Takas	2:15.00	2:07.07	
	Linás Kerševičius	71 31.31	61 +0,27	32.34
	Arlandas Antanas Juodeska	61 +0,38 35.79	69 +0,38	27.63
4.	Swol 1894	2:18.00	2:15.47	
	Arjan Aalbers	75 34.65	72 +0,48	31.13
	Kasper van den Berghe	73 +0,53 37.97	71 +0,44	31.72
DIS	Van Vliet-Barracuda	2:05.74		RJ
	Thommy Nickel	84	73	
	Walter Rolloos	59	79	

200+

1.	Spartak	2:11.09	2:08.34	
	Iurii Perin	63 32.07	63 +0,46	31.37
	Vladimir Semenov	68 +0,46 35.64	55 +0,71	29.26
2.	PSV	2:09.39	2:09.86	
	Brend Brevé	52 34.34	86 +0,57	29.91
	Harold Matla	68 +0,31 30.47	43 +0,79	35.14
3.	WS Twente	2:13.19	2:17.38	
	Frans van Enst	40 37.80	81 +0,44	30.20
	Sander van den Berg	68 +0,44 37.16	62 +0,53	32.22

240+

1.	WWV	2:13.91	2:15.25	
	<i>Nederlands Masters Record</i>			
	Ruud Ruiters	53 34.58	62 +0,44	30.92
	Laurens Klein Breteler	54 +0,32 38.52	46 +0,44	31.23

Programmanr. 14
24-01-2014 - 17:45

Dames, 4 x 50m wisselslag

Masters Open
Resultaten

rang	vereniging	inschrijftijd	tijd	RT
80+				
1.	LZ 1886	2:14.86	2:14.72	
	Anna Boef	88 35.33	93 +0,22	31.19
	Seline Koek	94 +0,21 38.61	93 +0,49	29.59
2.	Octopus	2:15.69	2:15.37	
	startzwemmer NMR			
	Sharon Gelmers	94 30.41	86 +0,49	37.72
	Erika Aan het Rot	90 +0,40 35.77	92 +0,42	31.47
3.	GZVW	2:34.34	2:35.23	
	Nadine Blouw	93 38.43	89 +0,50	38.63
	Josse van Geffen	86 +0,40 42.02	92 +0,68	36.15

Programmanr. 14, Dames, 4 x 50m wisselslag

100+

1. DAW 1	DAW		2:12.86		2:10.86
Wieteke Elzinga	86		33.82	Maaïke Vooren	91 +0,36 31.13
Laura Badoux	82 +0,42	36.19		Sandra Zwaanswijk	85 +0,34 29.72
2. CNSW 1	CNSW		2:30.00		2:23.61
Fanny Koenig	89	35.21		Sandra Koenig	86 +0,32 36.80
Melina Dejonckheere	91 +0,60	39.56		Isaline Manchel	85 +0,11 32.04

120+

1. De Biesboschzwemmers 1	De Biesboschzwemmers		2:12.93		2:13.56
Tonny Klop-Methorst	88	37.11		Kim Wijnja	91 +0,46 31.37
Marjo Goelema-Koek	69 +0,17	34.90		Annette Wijnja-Visser	67 +0,24 30.18
2. DAW 2	DAW		2:20.31		2:29.18
Bianca Paape	85	36.38		Channe Noort	86 +0,41 39.95
Petra Tossings	61 +0,41	43.44		Ilona Hogerheyde	74 +0,31 29.41
3. DWK 1	DWK		2:31.18		2:31.00
Greta Wyma-Teitsma	71	45.32		Pauline Gouwens	84 +0,59 28.32
Liesbeth van Mill	87 +0,50	44.00		Ellen van Wingerden - Dijkhuizen	69 +0,50 33.36
4. Budel 1	Budel		2:42.21		2:34.37
Jolanda van Knippenberg	66	42.66		Joyce Raemaekers	91 +0,38 33.43
Carola Hompes	88 +0,42	41.10		Miriam Leeten-Stevens	69 +0,48 37.18

160+

1. AZ&PC 1	AZ&PC		2:17.97		2:16.13
<i>Kampioenschaps Record</i>					
Atie Pijtak-Radersma	56	38.17		Lidia v. Bon-Rosenbrand	70 +0,37 33.96
Larissa Brak	88 +0,37	33.16		Petra Casteleijn	66 +0,43 30.84
2. Zwemvereniging Westland 1	Zwemvereniging Westland		2:40.78		2:38.77
Tineke Brouwer-Maat	53	46.91		Petra Schoon-Spaans	69 +0,55 36.15
Mirjan den Drijver-Aarse	75 +0,40	42.15		Elke Nuijten	64 +0,51 33.56

200+

1. PSV 2	PSV		2:36.08		2:37.07
Patty Krupiarz	54	40.82		Stephanie Rombout	88 +0,27 30.76
Gonnie Bak	51 +0,15	49.90		Corrie Verhoeven	46 35.59
2. Swol 1894 1	Swol 1894		2:35.00		2:38.18
Annemarie Vuisst	63	43.14		Mathilde Vink	58 +0,63 35.42
Marjan Spoelstra	60 +0,55	47.39		Christien Nieuwenhuis	51 +0,44 32.23
3. WS Twente 1	WS Twente		2:45.12		2:42.56
Antoinette Gilding-Tussaud	50	47.11		Marijke Kraak-Beckers	60 +0,40 36.57
Ursula Spoelstra-de Groot	72 +0,64	46.37		Marion Broekhuis	68 +0,68 32.51
4. PSV 1	PSV		2:47.79		2:48.53
Katrin Pennings	64	38.98		Ymke Snellen van Vollenhoven	68 +0,40 46.83
Dorette Vogels	70 +0,61	39.95		Annie Smits	46 +0,65 42.77
5. HZ&PC Heerenveen 1	HZ&PC Heerenveen		2:49.54		2:55.81
Pia van der Molen	60	42.29		Alie Visser	64 +0,42 45.39
Jannie Vennik	76 +0,45	47.86		Ineke Meijer	52 +0,32 40.27
DIS ESCA Zwemmen 1	ESCA Zwemmen		2:50.66		RD
Margit Cools	71			Karin van der Star-Verhoeven	61
Yoka de Vegt- van Dijk	62			Marion Kolkman-Pluim	60

3 - ONMK 2014 kb sessie 3

25-01-2014 - 9:00

Programmanr. 16
25-01-2014 - 9:00

Dames, 400m vrije slag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
Masters 20+								
1.	Maaïke Vooren	DAW	4:49.33	199103324	4:37.62	+0,86		
	50m: 31.73	31.73	150m: 1:41.52	35.19	250m: 2:52.71	35.36	350m: 4:03.33	34.98
	100m: 1:06.33	34.60	200m: 2:17.35	35.83	300m: 3:28.35	35.64	400m: 4:37.62	34.29
2.	Iris Pijtak	AZ&PC	4:32.36	199300602	4:38.90	+0,78		
	50m: 31.25	31.25	150m: 1:41.16	35.57	250m: 2:53.04	35.71	350m: 4:04.72	35.54
	100m: 1:05.59	34.34	200m: 2:17.33	36.17	300m: 3:29.18	36.14	400m: 4:38.90	34.18
3.	Rebecca Vroomen	Eurode KZC	4:51.02	199301772	4:46.28	+1,05		
	50m: 32.40	32.40	150m: 1:44.79	36.54	250m: 2:57.79	36.43	350m: 4:11.30	36.49
	100m: 1:08.25	35.85	200m: 2:21.36	36.57	300m: 3:34.81	37.02	400m: 4:46.28	34.98
4.	Seline Koek	LZ 1886	4:48.13	199400622	4:48.98 *	+0,86		
	50m: 31.66	31.66	150m: 1:42.79	36.16	250m: 2:56.66	37.19	350m: 4:12.48	37.93
	100m: 1:06.63	34.97	200m: 2:19.47	36.68	300m: 3:34.55	37.89	400m: 4:48.98	36.50
5.	Sigrit Aarten	Deltasteur	4:52.48	199302868	4:59.22	+1,00		
	50m: 32.09	32.09	150m: 1:45.33	37.47	250m: 3:03.03	39.36	350m: 4:21.69	39.02
	100m: 1:07.86	35.77	200m: 2:23.67	38.34	300m: 3:42.67	39.64	400m: 4:59.22	37.53
6.	Wendy de Bruin	ZOB'66	4:55.40	199206320	5:01.22	+0,72		
	50m: 33.51	33.51	150m: 1:48.53	38.13	250m: 3:06.27	39.05	350m: 4:23.58	38.47
	100m: 1:10.40	36.89	200m: 2:27.22	38.69	300m: 3:45.11	38.84	400m: 5:01.22	37.64
7.	Irmgard van Weeghel	Octopus	5:12.10	199204834	5:15.09	+0,69		
	50m: 34.37	34.37	150m: 1:51.41	39.38	250m: 3:12.75	40.92	350m: 4:35.10	41.10
	100m: 1:12.03	37.66	200m: 2:31.83	40.42	300m: 3:54.00	41.25	400m: 5:15.09	39.99
8.	Yvonne Bruls	Eurode KZC	5:33.76	199008114	5:24.51	+0,83		
	50m: 35.72	35.72	150m: 1:56.06	41.06	250m: 3:18.78	41.78	350m: 4:43.46	42.36
	100m: 1:15.00	39.28	200m: 2:37.00	40.94	300m: 4:01.10	42.32	400m: 5:24.51	41.05
9.	Marloes Benjamins	Aqualero	5:36.22	199105110	5:26.65	+1,02		
	50m: 36.26	36.26	150m: 1:57.60	41.30	250m: 3:21.49	41.95	350m: 4:46.60	42.83
	100m: 1:16.30	40.04	200m: 2:39.54	41.94	300m: 4:03.77	42.28	400m: 5:26.65	40.05
10.	Inge Kuiper	Swol 1894	5:26.95	199002180	5:28.04	+0,84		
	50m: 36.71	36.71	150m: 1:58.95	41.57	250m: 3:22.99	42.21	350m: 4:47.19	41.64
	100m: 1:17.38	40.67	200m: 2:40.78	41.83	300m: 4:05.55	42.56	400m: 5:28.04	40.85
11.	Melina Dejonckheere	CNSW	5:38.70	CNSW/525/91	5:30.78	+0,93		
	50m: 37.98	37.98	150m: 2:01.28	42.37	250m: 3:26.84	42.75	350m: 4:52.03	42.28
	100m: 1:18.91	40.93	200m: 2:44.09	42.81	300m: 4:09.75	42.91	400m: 5:30.78	38.75
12.	Heleen Ten Have	De Pinquin	5:38.93	199403000	5:47.35	+0,84		
	50m: 38.12	38.12	150m: 2:03.67	43.24	250m: 3:32.72	44.73	350m: 5:03.06	45.17
	100m: 1:20.43	42.31	200m: 2:47.99	44.32	300m: 4:17.89	45.17	400m: 5:47.35	44.29
13.	Wieteke Jansen	Montferland	6:21.12	199001750	6:10.48	+0,53		
	50m: 38.43	38.43	150m: 2:07.98	46.28	250m: 3:44.87	49.13	350m: 5:23.31	49.37
	100m: 1:21.70	43.27	200m: 2:55.74	47.76	300m: 4:33.94	49.07	400m: 6:10.48	47.17
14.	Claudia Creemers	De Roersoppers	6:22.54	199202864	6:14.24	+0,80		
	50m: 38.74	38.74	150m: 2:07.03	45.28	250m: 3:44.92	49.94	350m: 5:25.80	50.96
	100m: 1:21.75	43.01	200m: 2:54.98	47.95	300m: 4:34.84	49.92	400m: 6:14.24	48.44
15.	Pauline Magnée	De Warande	6:14.32	199205434	6:19.00	+0,75		
	50m: 40.07	40.07	150m: 2:13.15	47.95	250m: 3:51.95	49.75	350m: 5:32.08	50.18
	100m: 1:25.20	45.13	200m: 3:02.20	49.05	300m: 4:41.90	49.95	400m: 6:19.00	46.92
16.	Liesbeth Bruinekool	Zuiderzeezwemmers	8:10.54	199007958	8:23.74	+0,87		
	50m: 53.64	53.64	150m: 2:59.56	1:03.64	250m: 5:10.28	1:05.89	350m: 7:22.96	1:06.32
	100m: 1:55.92	1:02.28	200m: 4:04.39	1:04.83	300m: 6:16.64	1:06.36	400m: 8:23.74	1:00.78

Programmanr. 16, Dames, 400m vrije slag

Masters 25+

1.	Marion van den Berg	DWK	4:15.63	198600272	4:18.54	+0,83
	<i>Nederlands Masters Record</i>					
	50m: 29.14	29.14	150m: 1:34.55	33.06	250m: 2:40.01	32.25
	100m: 1:01.49	32.35	200m: 2:07.76	33.21	300m: 3:13.36	33.35
					350m: 3:45.93	32.57
					400m: 4:18.54	32.61
2.	Lisanne Andeweg	Zuiderzeewimmers	4:37.29	198800092	4:39.82	+0,89
	50m: 31.74	31.74	150m: 1:42.47	35.90	250m: 2:54.35	35.83
	100m: 1:06.57	34.83	200m: 2:18.52	36.05	300m: 3:30.16	35.81
					350m: 4:05.54	35.38
					400m: 4:39.82	34.28
3.	Chantal Nap	HZ&PC Heerenveen	4:32.93	198903004	4:49.59	+0,80
	50m: 31.59	31.59	150m: 1:43.31	36.85	250m: 2:57.59	36.99
	100m: 1:06.46	34.87	200m: 2:20.60	37.29	300m: 3:35.23	37.64
					350m: 4:12.61	37.38
					400m: 4:49.59	36.98
4.	Ilse van den Wijngaard	ZPC Woerden	5:00.81	198904736	5:17.45	+0,75
	50m: 34.12	34.12	150m: 1:51.93	39.53	250m: 3:13.91	41.23
	100m: 1:12.40	38.28	200m: 2:32.68	40.75	300m: 3:55.40	41.49
					350m: 4:36.74	41.34
					400m: 5:17.45	40.71
5.	Danielle Stevens	Arethusa	5:37.33	198800226	5:34.39	+0,99
	50m: 37.02	37.02	150m: 1:59.53	42.03	250m: 3:25.43	42.85
	100m: 1:17.50	40.48	200m: 2:42.58	43.05	300m: 4:08.98	43.55
					350m: 4:52.87	43.89
					400m: 5:34.39	41.52
6.	Fleur Maas	Zoetermeer	5:41.32	198902768	5:38.03	+0,91
	50m: 37.90	37.90	150m: 2:04.42	43.16	250m: 3:30.02	42.91
	100m: 1:21.26	43.36	200m: 2:47.11	42.69	300m: 4:13.16	43.14
					350m: 4:55.99	42.83
					400m: 5:38.03	42.04
7.	Channe Noort	DAW	5:21.39	198605032	5:39.65	+0,82
	50m: 36.12	36.12	150m: 1:58.23	42.34	250m: 3:26.05	44.22
	100m: 1:15.89	39.77	200m: 2:41.83	43.60	300m: 4:10.78	44.73
					350m: 4:55.32	44.54
					400m: 5:39.65	44.33
8.	Isaline Manchel	CNSW	5:45.21	CNSW/475/85	5:42.28	+0,88
	50m: 38.96	38.96	150m: 2:04.78	43.24	250m: 3:32.19	43.96
	100m: 1:21.54	42.58	200m: 2:48.23	43.45	300m: 4:16.00	43.81
					350m: 4:59.63	43.63
					400m: 5:42.28	42.65
9.	Liesbeth van Mill	DWK	5:38.73	198702786	5:56.03	+0,97
	50m: 39.87	39.87	150m: 2:09.21	45.09	250m: 3:39.30	45.20
	100m: 1:24.12	44.25	200m: 2:54.10	44.89	300m: 4:24.92	45.62
					350m: 5:11.19	46.27
					400m: 5:56.03	44.84

Masters 30+

1.	Pauline Tieleman	De Geul	5:04.05	198403348	5:11.43	+0,80
	50m: 34.34	34.34	150m: 1:50.76	38.68	250m: 3:10.00	39.91
	100m: 1:12.08	37.74	200m: 2:30.09	39.33	300m: 3:50.30	40.30
					350m: 4:31.26	40.96
					400m: 5:11.43	40.17
2.	Petra Benani-Wolsing	De Futen	5:20.55	198402796	5:11.46	+0,88
	50m: 35.00	35.00	150m: 1:53.86	39.85	250m: 3:13.94	40.17
	100m: 1:14.01	39.01	200m: 2:33.77	39.91	300m: 3:53.74	39.80
					350m: 4:33.04	39.30
					400m: 5:11.46	38.42
3.	Linda Hoogendam	Zoetermeer	4:59.14	198300892	5:20.45	+0,77
	50m: 34.91	34.91	150m: 1:55.29	40.79	250m: 3:17.58	40.91
	100m: 1:14.50	39.59	200m: 2:36.67	41.38	300m: 3:59.36	41.78
					350m: 4:41.01	41.65
					400m: 5:20.45	39.44
4.	Denise de Riet	De Devel	5:30.59	198402040	5:31.12	+0,98
	50m: 36.58	36.58	150m: 1:58.54	41.46	250m: 3:23.11	42.14
	100m: 1:17.08	40.50	200m: 2:40.97	42.43	300m: 4:06.34	43.23
					350m: 4:49.94	43.60
					400m: 5:31.12	41.18
5.	Marijke Dirkse	IJZPC	6:06.73	198403480	6:00.95	+1,04
	50m: 37.59	37.59	150m: 2:04.03	44.36	250m: 3:37.60	47.30
	100m: 1:19.67	42.08	200m: 2:50.30	46.27	300m: 4:26.01	48.41
					350m: 5:15.13	49.12
					400m: 6:00.95	45.82
6.	Rianne van Vegchelen	Deltasteur	6:30.07	198101530	6:46.33	+1,12
	50m: 44.52	44.52	150m: 2:25.11	51.51	250m: 4:09.92	52.56
	100m: 1:33.60	49.08	200m: 3:17.36	52.25	300m: 5:02.68	52.76
					350m: 5:55.34	52.66
					400m: 6:46.33	50.99
7.	Marloes Rebel	WS Twente	7:16.82	198403474	6:58.69	+1,04
	50m: 45.02	45.02	150m: 2:29.07	52.66	250m: 4:17.89	54.53
	100m: 1:36.41	51.39	200m: 3:23.36	54.29	300m: 5:13.17	55.28
					350m: 6:06.94	53.77
					400m: 6:58.69	51.75
DIS	Angela Giezen	Montferland	6:25.77	198302796		AF
	50m:	150m:	250m:		350m:	
	100m:	200m:	300m:		400m:	

Programmanr. 16, Dames, 400m vrije slag

Masters 35+

1.	Liselotte Joling	PSV	4:48.49	197500268	4:46.27	+0,98		
	50m: 32.77	32.77	150m: 1:44.90	36.18	250m: 2:57.90	36.32	350m: 4:10.81	36.30
	100m: 1:08.72	35.95	200m: 2:21.58	36.68	300m: 3:34.51	36.61	400m: 4:46.27	35.46
2.	Melanie Kuiper	Zignea	5:07.45	197600350	4:59.34	+0,87		
	50m: 34.10	34.10	150m: 1:48.93	38.07	250m: 3:05.73	38.36	350m: 4:23.65	38.89
	100m: 1:10.86	36.76	200m: 2:27.37	38.44	300m: 3:44.76	39.03	400m: 4:59.34	35.69
3.	Karin van Dijk	H2Oldambt	5:20.04	197600806	5:24.02	+0,93		
	50m: 34.65	34.65	150m: 1:54.26	40.75	250m: 3:18.41	42.46	350m: 4:44.08	42.94
	100m: 1:13.51	38.86	200m: 2:35.95	41.69	300m: 4:01.14	42.73	400m: 5:24.02	39.94
4.	Diane Scholing	Het Ravijn	5:38.25	197701090	5:32.78	+0,68		
	50m: 36.94	36.94	150m: 1:59.75	42.22	250m: 3:25.59	42.90	350m: 4:51.74	43.07
	100m: 1:17.53	40.59	200m: 2:42.69	42.94	300m: 4:08.67	43.08	400m: 5:32.78	41.04
5.	Carmen Haan	De Spatters	5:34.80	197901458	5:35.79	+1,05		
	50m: 36.35	36.35	150m: 2:01.46	43.22	250m: 3:27.99	43.49	350m: 4:54.15	42.86
	100m: 1:18.24	41.89	200m: 2:44.50	43.04	300m: 4:11.29	43.30	400m: 5:35.79	41.64
6.	Anneke Veenstra	't Tolhekke	5:36.71	197900882	5:38.25	+0,87		
	50m: 37.31	37.31	150m: 2:02.02	42.98	250m: 3:28.53	43.42	350m: 4:54.71	42.92
	100m: 1:19.04	41.73	200m: 2:45.11	43.09	300m: 4:11.79	43.26	400m: 5:38.25	43.54
7.	Eveline Hacquebord	IJZPC	6:00.38	197901206	5:45.26	+1,00		
	50m: 37.42	37.42	150m: 2:01.66	42.81	250m: 3:31.22	44.97	350m: 5:02.02	45.44
	100m: 1:18.85	41.43	200m: 2:46.25	44.59	300m: 4:16.58	45.36	400m: 5:45.26	43.24
8.	Anne de Groot	De Fuut	6:07.55	197701140	6:06.93	+0,84		
	50m: 39.81	39.81	150m: 2:09.87	45.77	250m: 3:44.48	47.47	350m: 5:20.99	48.55
	100m: 1:24.10	44.29	200m: 2:57.01	47.14	300m: 4:32.44	47.96	400m: 6:06.93	45.94
9.	Clementine van Bruxvoort	ZPB H&L Productions	6:43.64	197700138	6:44.03	+0,99		
	50m: 43.68	43.68	150m: 2:24.07	51.06	250m: 4:08.12	52.51	350m: 5:54.67	53.63
	100m: 1:33.01	49.33	200m: 3:15.61	51.54	300m: 5:01.04	52.92	400m: 6:44.03	49.36

Masters 40+

1.	Grith Sigsgaard	Zwemlust-den Hommel	4:43.80	197200772	4:42.74	+0,95		
	<i>Nederlands Masters Record</i>							
	50m: 32.68	32.68	150m: 1:44.09	35.77	250m: 2:56.13	36.27	350m: 4:07.73	35.68
	100m: 1:08.32	35.64	200m: 2:19.86	35.77	300m: 3:32.05	35.92	400m: 4:42.74	35.01
2.	Karin Stein	ZVVS	4:53.44	197100554	4:53.40	+0,83		
	50m: 33.82	33.82	150m: 1:46.17	36.32	250m: 3:00.17	37.09	350m: 4:16.22	38.19
	100m: 1:09.85	36.03	200m: 2:23.08	36.91	300m: 3:38.03	37.86	400m: 4:53.40	37.18
3.	Annette de Visser	Oceanus	5:06.00	197100602	5:03.45	+0,85		
	50m: 34.27	34.27	150m: 1:48.87	37.77	250m: 3:06.69	39.11	350m: 4:25.19	39.41
	100m: 1:11.10	36.83	200m: 2:27.58	38.71	300m: 3:45.78	39.09	400m: 5:03.45	38.26
4.	Jacqueline de Ruiter-Wijnolst	WIDEX GZC DONK	5:20.26	197400446	5:23.72	+0,70		
	50m: 35.59	35.59	150m: 1:56.69	41.23	250m: 3:20.50	42.14	350m: 4:44.51	41.76
	100m: 1:15.46	39.87	200m: 2:38.36	41.67	300m: 4:02.75	42.25	400m: 5:23.72	39.21
5.	Pascalie Neiss-Janssen	De Roersoppers	5:51.03	197300852	5:47.67 *	+0,96		
	50m: 37.09	37.09	150m: 2:04.17	44.57	250m: 3:33.66	44.84	350m: 5:04.39	45.31
	100m: 1:19.60	42.51	200m: 2:48.82	44.65	300m: 4:19.08	45.42	400m: 5:47.67	43.28
6.	Renata van Essen	Zuiderzeewimmers	5:50.24	197300740	5:52.33	+0,77		
	50m: 37.50	37.50	150m: 2:04.70	44.62	250m: 3:36.52	46.05	350m: 5:08.89	46.24
	100m: 1:20.08	42.58	200m: 2:50.47	45.77	300m: 4:22.65	46.13	400m: 5:52.33	43.44
7.	Natalie van den Broek	Nautilus	6:00.77	197300810	6:05.35	+0,95		
	50m: 37.97	37.97	150m: 2:05.48	45.26	250m: 3:41.32	48.28	350m: 5:19.26	49.23
	100m: 1:20.22	42.25	200m: 2:53.04	47.56	300m: 4:30.03	48.71	400m: 6:05.35	46.09
8.	Ingrid Versteegen	DBD	6:12.47	197300770	6:05.57	+0,91		
	50m: 41.14	41.14	150m: 2:12.30	46.16	250m: 3:46.03	46.99	350m: 5:20.33	46.19
	100m: 1:26.14	45.00	200m: 2:59.04	46.74	300m: 4:34.14	48.11	400m: 6:05.57	45.24
9.	Evelien Breman-Alers	Nautilus	6:45.87	197200878	6:41.29	+0,87		
	50m: 42.80	42.80	150m: 2:23.73	52.49	250m: 4:07.73	51.64	350m: 5:51.66	51.74
	100m: 1:31.24	48.44	200m: 3:16.09	52.36	300m: 4:59.92	52.19	400m: 6:41.29	49.63

Programmanr. 16, Dames, 400m vrije slag

Masters 45+

1.	Heidi van Stein	LZ 1886	4:59.03	196900864	4:58.82	+0,79		
	50m: 32.75	32.75	150m: 1:46.05	37.39	250m: 3:01.96	38.36	350m: 4:20.17	38.94
	100m: 1:08.66	35.91	200m: 2:23.60	37.55	300m: 3:41.23	39.27	400m: 4:58.82	38.65
2.	Petra Casteleijn	AZ&PC	5:25.06	196600098	5:22.77	+0,88		
	50m: 35.74	35.74	150m: 1:55.51	40.47	250m: 3:17.67	41.09	350m: 4:42.09	42.15
	100m: 1:15.04	39.30	200m: 2:36.58	41.07	300m: 3:59.94	42.27	400m: 5:22.77	40.68
3.	Marion Broekhuis	WS Twente	5:45.41	196800060	5:29.54	+0,77		
	50m: 36.77	36.77	150m: 1:57.87	41.39	250m: 3:23.22	43.02	350m: 4:48.87	42.62
	100m: 1:16.48	39.71	200m: 2:40.20	42.33	300m: 4:06.25	43.03	400m: 5:29.54	40.67
4.	Iris van Aurich	DWK	5:47.77	196900866	5:46.65	+0,82		
	50m: 36.48	36.48	150m: 2:01.83	43.54	250m: 3:30.49	45.01	350m: 5:01.75	45.44
	100m: 1:18.29	41.81	200m: 2:45.48	43.65	300m: 4:16.31	45.82	400m: 5:46.65	44.90
5.	Ingeborg Stokx	DAW	6:45.91	196700666	6:36.40	+0,66		
	50m: 43.50	43.50	150m: 2:24.23	51.38	250m: 4:06.35	51.00	350m: 5:48.69	51.06
	100m: 1:32.85	49.35	200m: 3:15.35	51.12	300m: 4:57.63	51.28	400m: 6:36.40	47.71
6.	Ymke Snellen van Vollenhoven	PSV	6:45.10	196800836	6:43.30	+1,07		
	50m: 43.62	43.62	150m: 2:26.54	52.65	250m: 4:13.65	53.43	350m: 5:57.61	51.33
	100m: 1:33.89	50.27	200m: 3:20.22	53.68	300m: 5:06.28	52.63	400m: 6:43.30	45.69
7.	Betty van Kemenade	PSV	6:52.02	196800832	7:03.39	+1,18		
	50m: 46.11	46.11	150m: 2:33.87	54.74	250m: 4:21.74	53.83	350m: 6:10.78	54.72
	100m: 1:39.13	53.02	200m: 3:27.91	54.04	300m: 5:16.06	54.32	400m: 7:03.39	52.61

Masters 50+

1.	Christine Moerkerken	Poseidon'56	5:22.95	196300524	5:15.74	+0,93		
	50m: 35.77	35.77	150m: 1:55.24	40.34	250m: 3:16.48	40.48	350m: 4:36.68	40.22
	100m: 1:14.90	39.13	200m: 2:36.00	40.76	300m: 3:56.46	39.98	400m: 5:15.74	39.06
2.	Jacqueline Rolloos-Bakker	De Lansingh	5:24.21	196300222	5:35.25	+0,98		
	50m: 36.92	36.92	150m: 2:01.23	42.85	250m: 3:27.69	43.09	350m: 4:55.04	43.45
	100m: 1:18.38	41.46	200m: 2:44.60	43.37	300m: 4:11.59	43.90	400m: 5:35.25	40.21
3.	Ramune Ivanauskaitė	Takas	5:50.04	19641018	5:55.15			
	50m: 39.48	39.48	150m: 2:08.87	45.16	250m: 3:40.73	46.24	350m: 5:12.24	45.70
	100m: 1:23.71	44.23	200m: 2:54.49	45.62	300m: 4:26.54	45.81	400m: 5:55.15	42.91
4.	Petra Tossings	DAW	6:22.02	196100376	5:55.17	+0,89		
	50m: 39.30	39.30	150m: 2:08.17	44.98	250m: 3:39.35	45.78	350m: 5:12.08	46.53
	100m: 1:23.19	43.89	200m: 2:53.57	45.40	300m: 4:25.55	46.20	400m: 5:55.17	43.09
5.	Marlien Wijnhof	Nat Utrecht	5:59.67	196100300	6:03.97	+0,79		
	50m: 42.07	42.07	150m: 2:17.19	47.98	250m: 3:49.82	45.23	350m: 5:20.49	45.19
	100m: 1:29.21	47.14	200m: 3:04.59	47.40	300m: 4:35.30	45.48	400m: 6:03.97	43.48
6.	Marie-Josée Matte	WVZ	7:01.92	196000326	6:21.07	+0,94		
	50m: 39.85	39.85	150m: 2:13.71	48.15	250m: 3:52.04	49.18	350m: 5:32.09	49.94
	100m: 1:25.56	45.71	200m: 3:02.86	49.15	300m: 4:42.15	50.11	400m: 6:21.07	48.98
7.	Ellen Parma	Triton	6:18.98	196200366	6:49.02	+1,03		
	50m: 41.25	41.25	150m: 2:24.30	53.54	250m: 4:10.85	53.25	350m: 5:57.44	52.94
	100m: 1:30.76	49.51	200m: 3:17.60	53.30	300m: 5:04.50	53.65	400m: 6:49.02	51.58

Masters 55+

1.	Atie Pijtak-Radersma	AZ&PC	5:17.62	195600048	5:28.96 *	+0,84		
	50m: 35.70	35.70	150m: 1:55.98	40.74	250m: 3:20.28	42.20	350m: 4:46.04	43.15
	100m: 1:15.24	39.54	200m: 2:38.08	42.10	300m: 4:02.89	42.61	400m: 5:28.96	42.92
2.	Patty Verhagen	PSV	5:32.72	195900146	5:36.19	+0,71		
	50m: 39.70	39.70	150m: 2:04.25	42.38	250m: 3:29.64	42.68	350m: 4:55.07	42.71
	100m: 1:21.87	42.17	200m: 2:46.96	42.71	300m: 4:12.36	42.72	400m: 5:36.19	41.12
3.	Mathilde Vink	Swol 1894	6:03.27	195800128	5:50.91	+0,99		
	50m: 40.94	40.94	150m: 2:10.58	44.88	250m: 3:40.71	45.13	350m: 5:09.36	44.07
	100m: 1:25.70	44.76	200m: 2:55.58	45.00	300m: 4:25.29	44.58	400m: 5:50.91	41.55
4.	Monica Bakker	ZVZ	5:58.69	195600082	5:55.22	+1,08		
	50m: 40.62	40.62	150m: 2:10.52	45.13	250m: 3:42.42	46.06	350m: 5:12.51	44.78
	100m: 1:25.39	44.77	200m: 2:56.36	45.84	300m: 4:27.73	45.31	400m: 5:55.22	42.71
5.	Margriet Pasma	De Pinquin	5:59.37	195500088	5:55.30	+0,99		
	50m: 40.17	40.17	150m: 2:10.59	45.56	250m: 3:42.46	45.94	350m: 5:12.88	44.92
	100m: 1:25.03	44.86	200m: 2:56.52	45.93	300m: 4:27.96	45.50	400m: 5:55.30	42.42

Programmanr. 16, Dames, 400m vrije slag, Masters 55+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
6.	Karien Musters	Old Dutch	7:51.90	195800236	8:00.08 *	
	50m: 50.20	50.20	150m: 2:43.90	58.44	250m: 4:48.76	103.61
	100m: 1:45.46	55.26	200m: 3:45.15	1:01.25	300m: 5:53.33	1:04.57
					350m: 6:57.66	1:04.33
					400m: 8:00.08	1:02.42
7.	Cindy Cencen	Han Batur Spor Kulübü	9:49.51	1958CENC	9:09.36	+1,08
	50m: 1:00.21	1:00.21	150m: 3:18.69	1:11.23	250m: 5:39.19	1:10.11
	100m: 2:07.46	1:07.25	200m: 4:29.08	1:10.39	300m: 6:50.23	1:11.04
					350m: 8:00.56	1:10.33
					400m: 9:09.36	1:08.80

Masters 60+

1.	Ineke Weekers	PSV	5:37.88	195300050	5:34.32	+0,85
	50m: 38.95	38.95	150m: 2:03.25	42.53	250m: 3:28.66	43.03
	100m: 1:20.72	41.77	200m: 2:45.63	42.38	300m: 4:11.49	42.83
					350m: 4:53.81	42.32
					400m: 5:34.32	40.51
2.	Conny Boer-Buys	ZVVS	5:38.81	195000006	5:41.30	+1,02
	50m: 38.10	38.10	150m: 2:05.31	44.52	250m: 3:32.64	43.29
	100m: 1:20.79	42.69	200m: 2:49.35	44.04	300m: 4:16.87	44.23
					350m: 5:00.20	43.33
					400m: 5:41.30	41.10
3.	Carla Hensen	PSV	6:44.46	195300062	6:33.76	+1,02
	50m: 43.23	43.23	150m: 2:23.19	50.85	250m: 4:04.56	50.63
	100m: 1:32.34	49.11	200m: 3:13.93	50.74	300m: 4:55.70	51.14
					350m: 5:45.86	50.16
					400m: 6:33.76	47.90
4.	Ineke Meijer	HZ&PC Heerenveen	6:48.98	195200034	6:52.46	+0,97
	50m: 45.22	45.22	150m: 2:30.14	53.55	250m: 4:17.51	53.59
	100m: 1:36.59	51.37	200m: 3:23.92	53.78	300m: 5:10.99	53.48
					350m: 6:03.55	52.56
					400m: 6:52.46	48.91

Masters 65+

1.	Annie Smits	PSV	7:17.52	194600016	7:32.82	+1,34
	50m: 51.50	51.50	150m: 2:49.04	59.16	250m: 4:45.78	58.35
	100m: 1:49.88	58.38	200m: 3:47.43	58.39	300m: 5:43.85	58.07
					350m: 6:40.08	56.23
					400m: 7:32.82	52.74
2.	Mieke Strijbis-v.d.Kroft	DAW	8:02.92	194500004	7:50.09 *	+1,21
	50m: 54.29	54.29	150m: 2:53.25	1:00.21	250m: 4:53.86	1:00.50
	100m: 1:53.04	58.75	200m: 3:53.36	1:00.11	300m: 5:52.68	58.82
					350m: 6:52.21	59.53
					400m: 7:50.09	57.88

Masters 80+

1.	Annie de Vos	Old Dutch	8:36.83	193400004	9:48.91	
	<i>Kampioenschaps Record, 50+100+200m*</i>					
	50m: 1:03.13	1:03.13	150m: 3:29.36	1:14.00	250m: 6:01.80	1:16.30
	100m: 2:15.36	1:12.23	200m: 4:45.50	1:16.14	300m: 7:18.39	1:16.59
					350m: 8:34.18	1:15.79
					400m: 9:48.91	1:14.73

Programmanr. 17
25-01-2014 - 10:08

Heren, 400m vrije slag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
Masters 20+						
1.	Joost Rijntjes	LZ 1886	4:23.69	199101899	4:26.61	+0,75
	50m: 28.87	28.87	150m: 1:34.56	33.39	250m: 2:43.59	34.61
	100m: 1:01.17	32.30	200m: 2:08.98	34.42	300m: 3:18.24	34.65
					350m: 3:52.92	34.68
					400m: 4:26.61	33.69
2.	Tim Bunnik	Triton	4:27.60	199000505	4:32.07	+0,84
	50m: 29.95	29.95	150m: 1:39.05	35.29	250m: 2:49.32	35.04
	100m: 1:03.76	33.81	200m: 2:14.28	35.23	300m: 3:24.36	35.04
					350m: 3:58.83	34.47
					400m: 4:32.07	33.24
3.	Maik Steenkamp	Montferland	4:36.67	199103847	4:36.19	+0,77
	50m: 30.54	30.54	150m: 1:39.09	34.77	250m: 2:49.74	35.53
	100m: 1:04.32	33.78	200m: 2:14.21	35.12	300m: 3:25.63	35.89
					350m: 4:01.52	35.89
					400m: 4:36.19	34.67
4.	Dennis Bosma	Montferland	4:51.87	199403851	4:51.50	+0,70
	50m: 31.15	31.15	150m: 1:44.08	37.11	250m: 2:59.45	37.96
	100m: 1:06.97	35.82	200m: 2:21.49	37.41	300m: 3:37.33	37.88
					350m: 4:15.26	37.93
					400m: 4:51.50	36.24

Programmanr. 17, Heren, 400m vrije slag

Masters 25+

1.	Emiel Huisken	ZPC De Hof	4:16.66	198501139	4:16.26	+0,83
	50m: 28.57	28.57	150m: 1:32.32	32.33	250m: 2:38.26	33.11
	100m: 59.99	31.42	200m: 2:05.15	32.83	300m: 3:11.28	33.02
					350m: 3:44.30	33.02
					400m: 4:16.26	31.96
2.	Richard Huisken	ZPC De Hof	4:16.57	198501141	4:17.51	+0,77
	50m: 28.13	28.13	150m: 1:32.35	32.70	250m: 2:38.76	33.08
	100m: 59.65	31.52	200m: 2:05.68	33.33	300m: 3:12.01	33.25
					350m: 3:45.62	33.61
					400m: 4:17.51	31.89
3.	Klaas van Beek	ZV Haerlem	4:30.72	198805941	4:25.95	+0,82
	50m: 29.87	29.87	150m: 1:36.95	33.87	250m: 2:45.26	34.26
	100m: 1:03.08	33.21	200m: 2:11.00	34.05	300m: 3:19.56	34.30
					350m: 3:53.67	34.11
					400m: 4:25.95	32.28
4.	Wessel Everloo	De Veene	4:30.72	198906597	4:31.38	+0,87
	50m: 30.13	30.13	150m: 1:39.16	35.18	250m: 2:48.30	34.03
	100m: 1:03.98	33.85	200m: 2:14.27	35.11	300m: 3:23.12	34.82
					350m: 3:58.29	35.17
					400m: 4:31.38	33.09
5.	Niels Albrechts 100m*	MGO (SG)	4:37.23	198800039	4:37.36	+0,72
	50m: 30.92	30.92	150m: 1:40.58	35.30	250m: 2:51.92	35.80
	100m: 1:05.28	34.36	200m: 2:16.12	35.54	300m: 3:27.99	36.07
					350m: 4:04.02	36.03
					400m: 4:37.36	33.34
6.	Roel van Beek	Montferland	5:06.87	198905861	5:00.10	+0,89
	50m: 33.72	33.72	150m: 1:50.04	39.22	250m: 3:06.78	36.74
	100m: 1:10.82	37.10	200m: 2:30.04	40.00	300m: 3:44.44	37.66
					350m: 4:22.67	38.23
					400m: 5:00.10	37.43
7.	Lars Erik Beute	't Tolhekke	5:14.70	198600227	5:30.26	+0,99
	50m: 33.54	33.54	150m: 1:51.77	40.32	250m: 3:17.83	43.63
	100m: 1:11.45	37.91	200m: 2:34.20	42.43	300m: 4:02.01	44.18
					350m: 4:46.31	44.30
					400m: 5:30.26	43.95

Masters 30+

1.	Erik Schröder <i>Kampioenschaps Record</i>	TriVia	4:07.08	198402025	4:13.47	+0,86
	50m: 28.44	28.44	150m: 1:31.93	31.93	250m: 2:37.74	32.93
	100m: 1:00.00	31.56	200m: 2:04.81	32.88	300m: 3:10.01	32.27
					350m: 3:42.18	32.17
					400m: 4:13.47	31.29
2.	Kristiaan Lenos	LZ 1886	4:17.45	198301331	4:16.53	+0,81
	50m: 27.37	27.37	150m: 1:30.00	31.88	250m: 2:36.44	33.69
	100m: 58.12	30.75	200m: 2:02.75	32.75	300m: 3:09.71	33.27
					350m: 3:43.43	33.72
					400m: 4:16.53	33.10
3.	Ralf van der Poel	Zuiderzeezwimmers	4:25.89	198401783	4:18.53	+0,82
	50m: 29.08	29.08	150m: 1:33.36	32.63	250m: 2:40.16	33.47
	100m: 1:00.73	31.65	200m: 2:06.69	33.33	300m: 3:13.64	33.48
					350m: 3:46.86	33.22
					400m: 4:18.53	31.67
4.	Marcel Reefhuis	WS Twente	4:31.67	198101381	4:33.27	+0,78
	50m: 30.32	30.32	150m: 1:38.61	34.52	250m: 2:48.81	35.14
	100m: 1:04.09	33.77	200m: 2:13.67	35.06	300m: 3:24.20	35.39
					350m: 3:59.18	34.98
					400m: 4:33.27	34.09
5.	John Meijdam	DAW	4:36.79	198301439	4:35.82	+0,84
	50m: 31.85	31.85	150m: 1:42.09	35.29	250m: 2:53.17	35.65
	100m: 1:06.80	34.95	200m: 2:17.52	35.43	300m: 3:28.43	35.26
					350m: 4:03.39	34.96
					400m: 4:35.82	32.43
6.	Mathijs Lenos	HPC	4:44.41	198401407	4:43.00	+1,03
	50m: 32.43	32.43	150m: 1:44.38	36.48	250m: 2:57.29	35.65
	100m: 1:07.90	35.47	200m: 2:21.64	37.26	300m: 3:32.68	35.39
					350m: 4:07.47	34.79
					400m: 4:43.00	35.53
7.	Jeroen Vogelsang	DAW	4:49.19	198001645	4:47.36	+0,84
	50m: 32.09	32.09	150m: 1:42.79	35.66	250m: 2:55.85	36.88
	100m: 1:07.13	35.04	200m: 2:18.97	36.18	300m: 3:33.18	37.33
					350m: 4:10.36	37.18
					400m: 4:47.36	37.00

Masters 35+

1.	Ivo Roozeboom <i>Kampioenschaps Record</i>	WVZ	4:28.20	197700801	4:24.75	+0,82
	50m: 29.56	29.56	150m: 1:37.30	34.08	250m: 2:44.98	33.75
	100m: 1:03.22	33.66	200m: 2:11.23	33.93	300m: 3:19.17	34.19
					350m: 3:52.65	33.48
					400m: 4:24.75	32.10
2.	Roland de Jong	Eurode KZC	4:27.04	197601513	4:32.39	+0,73
	50m: 29.40	29.40	150m: 1:35.09	33.57	250m: 2:44.34	34.85
	100m: 1:01.52	32.12	200m: 2:09.49	34.40	300m: 3:19.98	35.64
					350m: 3:55.98	36.00
					400m: 4:32.39	36.41
3.	Casper Hut	HZ&PC Heerenveen	4:36.09	197800471	4:34.08	+0,73
	50m: 29.59	29.59	150m: 1:38.04	34.92	250m: 2:48.33	34.92
	100m: 1:03.12	33.53	200m: 2:13.41	35.37	300m: 3:24.01	35.68
					350m: 4:00.05	36.04
					400m: 4:34.08	34.03
4.	Markus van Rest	Zoetermeer	4:50.06	197701197	4:57.44	+0,85
	50m: 33.00	33.00	150m: 1:46.96	37.59	250m: 3:04.09	38.97
	100m: 1:09.37	36.37	200m: 2:25.12	38.16	300m: 3:42.79	38.70
					350m: 4:21.50	38.71
					400m: 4:57.44	35.94

Programmanr. 17, Heren, 400m vrije slag

Masters 40+

1.	Peter van Grootheest	Hatto Heim	5:09.55	197000375	4:55.36	+1,04	
	50m: 33.65	150m: 1:47.47	37.33	250m: 3:03.30	37.99	350m: 4:19.03	37.78
	100m: 1:10.14	200m: 2:25.31	37.84	300m: 3:41.25	37.95	400m: 4:55.36	36.33
2.	Gerald Hösl	SC Schaffhausen	5:07.57	27749	4:59.97	+0,95	
	50m: 34.47	150m: 1:49.98	38.19	250m: 3:07.60	38.74	350m: 4:23.98	38.30
	100m: 1:11.79	200m: 2:28.86	38.88	300m: 3:45.68	38.08	400m: 4:59.97	35.99
3.	Rogier Becker	De Dinkel	5:26.07	197301439	5:13.68	+0,91	
	50m: 34.96	150m: 1:53.71	40.06	250m: 3:14.08	40.23	350m: 4:35.45	40.74
	100m: 1:13.65	200m: 2:33.85	40.14	300m: 3:54.71	40.63	400m: 5:13.68	38.23
4.	Marcel Hoeksels	ZVVS	5:35.48	197001655	5:14.37	+0,94	
	50m: 34.80	150m: 1:52.83	39.57	250m: 3:13.42	40.55	350m: 4:34.80	40.73
	100m: 1:13.26	200m: 2:32.87	40.04	300m: 3:54.07	40.65	400m: 5:14.37	39.57
5.	Wouter van der Stelt	Den Doorn	5:20.11	197200889	5:18.60	+0,74	
	50m: 33.81	150m: 1:51.88	39.99	250m: 3:14.02	41.30	350m: 4:36.85	41.66
	100m: 1:11.89	200m: 2:32.72	40.84	300m: 3:55.19	41.17	400m: 5:18.60	41.75
6.	Bas van Gool	De Geul	7:12.84	197201435	6:30.75	+0,96	
	50m: 38.97	150m: 2:13.58	48.90	250m: 3:56.68	52.51	350m: 5:41.12	52.17
	100m: 1:24.68	200m: 3:04.17	50.59	300m: 4:48.95	52.27	400m: 6:30.75	49.63

Masters 45+

1.	Geert Wijn	De Gelenberg	4:40.22	196701101	4:36.60	+0,84	
	50m: 31.48	150m: 1:42.00	35.57	250m: 2:52.68	35.12	350m: 4:03.09	35.09
	100m: 1:06.43	200m: 2:17.56	35.56	300m: 3:28.00	35.32	400m: 4:36.60	33.51
2.	Frank v Nobelen	Sassenheim	4:49.65	196900753	4:55.67	+0,83	
	50m: 32.41	150m: 1:44.64	36.35	250m: 2:59.98	37.93	350m: 4:17.39	38.86
	100m: 1:08.29	200m: 2:22.05	37.41	300m: 3:38.53	38.55	400m: 4:55.67	38.28
3.	Harold Matla	PSV	4:59.75	196800591	5:00.78	+0,91	
	50m: 33.40	150m: 1:49.20	38.44	250m: 3:08.33	39.68	350m: 4:25.11	37.59
	100m: 1:10.76	200m: 2:28.65	39.45	300m: 3:47.52	39.19	400m: 5:00.78	35.67
4.	Jean-Francois Folie	CNSW	5:13.02	CNSW/136/69	5:10.11	+0,97	
	50m: 34.93	150m: 1:52.05	39.22	250m: 3:11.82	39.84	350m: 4:31.57	39.80
	100m: 1:12.83	200m: 2:31.98	39.93	300m: 3:51.77	39.95	400m: 5:10.11	38.54
5.	Philippe van der Beke	PSV	5:31.52	196801541	5:18.37	+1,10	
	50m: 34.80	150m: 1:54.95	41.53	250m: 3:18.35	41.77	350m: 4:40.38	40.62
	100m: 1:13.42	200m: 2:36.58	41.63	300m: 3:59.76	41.41	400m: 5:18.37	37.99
6.	Ramon Alsina Munoz	CNSW	6:01.01	CNSW/608/69	5:50.96	+0,48	
	50m: 37.97	150m: 2:02.91	43.10	250m: 3:32.24	45.20	350m: 5:04.50	46.66
	100m: 1:19.81	200m: 2:47.04	44.13	300m: 4:17.84	45.60	400m: 5:50.96	46.46
7.	Marcel Brittijn	De Duinkickers	5:56.65	196900159	5:52.39	+0,78	
	50m: 35.86	150m: 2:01.36	44.28	250m: 3:34.68	46.55	350m: 5:04.16	42.41
	100m: 1:17.08	200m: 2:48.13	46.77	300m: 4:21.75	47.07	400m: 5:52.39	48.23

Masters 50+

1.	Edwin v. Norden	AZ&PC	4:55.83	196300563	4:32.59	+0,75	
	<i>Nederlands Masters Record</i>						
	50m: 30.51	150m: 1:38.97	34.51	250m: 2:48.68	34.87	350m: 3:58.87	34.90
	100m: 1:04.46	200m: 2:13.81	34.84	300m: 3:23.97	35.29	400m: 4:32.59	33.72
2.	Jan Brink	ZPC De Zeeuwse Kust	4:35.87	196200091	4:34.32	+0,78	
	50m: 30.19	150m: 1:39.29	35.03	250m: 2:49.80	35.33	350m: 4:00.57	35.04
	100m: 1:04.26	200m: 2:14.47	35.18	300m: 3:25.53	35.73	400m: 4:34.32	33.75
3.	Johan Remmits	ZPC Woerden	4:36.97	196201159	4:36.89	+0,83	
	50m: 31.66	150m: 1:42.28	35.49	250m: 2:52.79	35.04	350m: 4:03.00	35.07
	100m: 1:06.79	200m: 2:17.75	35.47	300m: 3:27.93	35.14	400m: 4:36.89	33.89
4.	Cees van Houwelingen	De Schelde	4:48.54	196300351	4:45.40	+1,02	
	50m: 31.34	150m: 1:42.42	36.24	250m: 2:55.77	36.44	350m: 4:09.52	36.91
	100m: 1:06.18	200m: 2:19.33	36.91	300m: 3:32.61	36.84	400m: 4:45.40	35.88
5.	Gustav van den Berg	TriVia	4:53.81	196100991	4:47.20	+0,88	
	50m: 32.90	150m: 1:46.08	37.19	250m: 2:59.96	36.93	350m: 4:13.65	36.90
	100m: 1:08.89	200m: 2:23.03	36.95	300m: 3:36.75	36.79	400m: 4:47.20	33.55
6.	Gert Sikkema	Zignea	4:49.85	196300687	4:58.29	+0,84	
	50m: 33.70	150m: 1:50.07	38.58	250m: 3:07.14	37.36	350m: 4:22.33	37.26
	100m: 1:11.49	200m: 2:29.78	39.71	300m: 3:45.07	37.93	400m: 4:58.29	35.96

Programmanr. 17, Heren, 400m vrije slag, Masters 50+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
7.	Wout van Dijk	DBD	5:41.54	196200145	5:34.02	+1,11		
	50m: 36.87	36.87	150m: 2:00.07	42.36	250m: 3:26.48	43.34	350m: 4:52.69	42.76
	100m: 1:17.71	40.84	200m: 2:43.14	43.07	300m: 4:09.93	43.45	400m: 5:34.02	41.33
8.	Jan Smalheer	SCOM	5:40.09	196400701	5:36.13	+1,16		
	50m: 36.29	36.29	150m: 1:58.05	41.93	250m: 3:24.77	43.59	350m: 4:52.81	44.01
	100m: 1:16.12	39.83	200m: 2:41.18	43.13	300m: 4:08.80	44.03	400m: 5:36.13	43.32
9.	Bart van Calker	WS Twente	5:41.54	196100067	5:42.19	+0,94		
	50m: 38.79	38.79	150m: 2:02.06	43.04	250m: 3:29.79	44.10	350m: 4:58.74	44.74
	100m: 1:19.02	40.23	200m: 2:45.69	43.63	300m: 4:14.00	44.21	400m: 5:42.19	43.45
10.	Hendrik Haze	GoSwim	6:04.05	196401387	5:44.21	+0,88		
	50m: 36.63	36.63	150m: 2:01.48	43.23	250m: 3:29.83	44.14	350m: 5:00.85	45.54
	100m: 1:18.25	41.62	200m: 2:45.69	44.21	300m: 4:15.31	45.48	400m: 5:44.21	43.36
11.	John Dam	Zignea	5:50.34	196000915	5:48.02	+0,95		
	50m: 37.02	37.02	150m: 2:02.69	44.27	250m: 3:33.60	46.06	350m: 5:05.73	45.70
	100m: 1:18.42	41.40	200m: 2:47.54	44.85	300m: 4:20.03	46.43	400m: 5:48.02	42.29
12.	Adri Pasman	Zuiderzeewemmers	6:11.60	196400573	6:09.93	+1,03		
	50m: 37.95	37.95	150m: 2:05.67	45.33	250m: 3:41.59	49.07	350m: 5:20.16	49.65
	100m: 1:20.34	42.39	200m: 2:52.52	46.85	300m: 4:30.51	48.92	400m: 6:09.93	49.77
13.	Marco Schoenmakers	ZVVS	6:36.25	196401375	6:42.85	+0,85		
	50m: 41.82	41.82	150m: 2:22.16	52.50	250m: 4:08.81	53.35	350m: 5:55.52	52.58
	100m: 1:29.66	47.84	200m: 3:15.46	53.30	300m: 5:02.94	54.13	400m: 6:42.85	47.33
AFGEM	Henk Gierveld	Nat Utrecht	6:12.96	196000869				

Masters 55+

1.	Marten de Groot	HZ&PC Heerenveen	4:32.27	195800149	4:30.73	+0,81		
	<i>Nederlands Masters Record</i>							
	50m: 30.72	30.72	150m: 1:38.43	34.12	250m: 2:47.41	34.70	350m: 3:56.86	34.55
	100m: 1:04.31	33.59	200m: 2:12.71	34.28	300m: 3:22.31	34.90	400m: 4:30.73	33.87
2.	Marius Ros	ZCNF'34	5:07.35	195900779	5:09.30	+0,84		
	50m: 36.20	36.20	150m: 1:53.88	39.12	250m: 3:12.19	39.11	350m: 4:31.16	39.76
	100m: 1:14.76	38.56	200m: 2:33.08	39.20	300m: 3:51.40	39.21	400m: 5:09.30	38.14
3.	Henk Slomp	De Pinquin	5:20.70	195500359	5:21.41	+0,87		
	50m: 35.96	35.96	150m: 1:58.12	41.77	250m: 3:21.39	41.41	350m: 4:43.58	40.85
	100m: 1:16.35	40.39	200m: 2:39.98	41.86	300m: 4:02.73	41.34	400m: 5:21.41	37.83
4.	Lex Hoogendam	MNC Dordrecht	5:53.42	195700541	5:44.05	+1,07		
	50m: 37.24	37.24	150m: 2:03.86	44.30	250m: 3:33.03	44.79	350m: 5:01.22	43.69
	100m: 1:19.56	42.32	200m: 2:48.24	44.38	300m: 4:17.53	44.50	400m: 5:44.05	42.83
5.	Aaldert Mellema	Nat Utrecht	5:57.49	195700233	5:46.03	+1,01		
	50m: 36.75	36.75	150m: 2:02.28	43.99	250m: 3:32.90	45.46	350m: 5:03.49	45.40
	100m: 1:18.29	41.54	200m: 2:47.44	45.16	300m: 4:18.09	45.19	400m: 5:46.03	42.54
6.	Dre Klaassen	ZOB'66	6:49.75	195600141	6:42.11	+0,98		
	50m: 45.20	45.20	150m: 2:25.70	50.51	250m: 4:07.49	50.67	350m: 5:51.06	51.85
	100m: 1:35.19	49.99	200m: 3:16.82	51.12	300m: 4:59.21	51.72	400m: 6:42.11	51.05

Masters 60+

1.	Brend Brevé	PSV	5:21.20	195200265	5:27.04	+0,92		
	50m: 36.14	36.14	150m: 1:58.66	42.47	250m: 3:23.93	42.44	350m: 4:47.30	40.81
	100m: 1:16.19	40.05	200m: 2:41.49	42.83	300m: 4:06.49	42.56	400m: 5:27.04	39.74
2.	Bé Grave	H2Oldambt	6:05.49	195300231	6:00.47	+1,14		
	50m: 37.95	37.95	150m: 2:05.42	44.92	250m: 3:38.94	47.37	350m: 5:14.20	47.63
	100m: 1:20.50	42.55	200m: 2:51.57	46.15	300m: 4:26.57	47.63	400m: 6:00.47	46.27
3.	Jos Kamps	De Amer	6:35.30	195100085	6:20.98	+1,17		
	50m: 38.79	38.79	150m: 2:10.72	46.97	250m: 3:50.40	50.40	350m: 5:33.46	51.35
	100m: 1:23.75	44.96	200m: 3:00.00	49.28	300m: 4:42.11	51.71	400m: 6:20.98	47.52

Masters 65+

1.	Donald Uijtenbogaart	Het Y	5:15.16	194700107	5:21.56	+0,91		
	50m: 37.74	37.74	150m: 2:00.14	41.36	250m: 3:22.48	40.98	350m: 4:43.62	40.45
	100m: 1:18.78	41.04	200m: 2:41.50	41.36	300m: 4:03.17	40.69	400m: 5:21.56	37.94

Programmanr. 17, Heren, 400m vrije slag, Masters 65+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT	
2.	Mar van Geel	Old Dutch	7:05.99	194700135	7:23.09	+1,14	
	50m: 45.26	150m: 2:34.86	56.20	250m: 4:31.66	58.33	350m: 6:29.89	58.61
	100m: 1:38.66	200m: 3:33.33	58.47	300m: 5:31.28	59.62	400m: 7:23.09	53.20

Masters 70+

1.	Joaquin Canales de Mendoza	RC MEDITERRANEO	5:53.16	24983334	5:45.85	+0,93	
	<i>Kampioenschaps Record</i>						
	50m: 39.01	150m: 2:05.39	44.51	250m: 3:35.06	44.97	350m: 5:05.29	45.19
	100m: 1:20.88	200m: 2:50.09	44.70	300m: 4:20.10	45.04	400m: 5:45.85	40.56
2.	Rob Hanou	PSV	6:09.33	194300109	6:32.01	+1,11	
	50m: 40.95	150m: 2:20.82	51.04	250m: 4:03.03	51.10	350m: 5:44.60	50.98
	100m: 1:29.78	200m: 3:11.93	51.11	300m: 4:53.62	50.59	400m: 6:32.01	47.41
3.	Geza Kaltenecker	AZC	6:47.34	194200065	6:53.49	+1,17	
	50m: 41.27	150m: 2:24.28	53.36	250m: 4:13.09	54.63	350m: 6:01.72	54.48
	100m: 1:30.92	200m: 3:18.46	54.18	300m: 5:07.24	54.15	400m: 6:53.49	51.77

Masters 75+

1.	Nico Geers	Z&PC De Gouwe	5:48.41	193800007	6:16.66	+0,96	
	<i>Nederlands Masters Record</i>						
	50m: 43.92	150m: 2:21.09	49.33	250m: 3:58.80	48.36	350m: 5:34.53	47.07
	100m: 1:31.76	200m: 3:10.44	49.35	300m: 4:47.46	48.66	400m: 6:16.66	42.13

Programmanr. 18
25-01-2014 - 10:56

Dames, 200m vlinderslag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m	
Masters 20+										
1.	Lisa Dreesens	PSV	2:14.52	199105798	2:18.46	+0,82	30.34	1:05.68	1:42.47	2:18.46
	<i>Nederlands Masters Record</i>									
2.	Johanna de Boer	ZPD	2:50.49	199403944	2:51.54	+0,73	35.73	1:18.53	2:04.19	2:51.54
3.	Chantal van der Horst	De Meer	3:01.89	199400616	2:59.90	+0,76	37.45	1:22.97	2:11.51	2:59.90
4.	Whitley Rens	MGO (SG)	3:05.06	199007520	3:06.03	+0,97	39.69	1:25.81	2:15.79	3:06.03
5.	Désirée Hulsmeyer	Het Ravijn	3:11.22	199001656	3:06.56	+0,77	36.98	1:24.41	2:15.22	3:06.56
6.	Lindsey Hol	De Meer	3:13.67	199008088	3:14.89	+0,79	41.31	1:27.61	2:21.11	3:14.89
Masters 25+										
1.	Anique Willeme	De Dinkel	2:30.61	198604106	2:30.12	+0,78	33.01	1:10.78	1:50.09	2:30.12
2.	Liset de Veer	Aqua-Novio'94	2:54.57	198704190	2:52.41	+0,91	36.55	1:19.86	2:05.39	2:52.41
3.	Karin Hovenkamp	De Spatters	2:56.93	198701850	2:58.96	+0,72	36.76	1:22.51	2:09.87	2:58.96
	DIS Maaïke van Diggele	ZPB H&L Productions	3:12.22	198700868		VH/VP				
	NG.ZA Chantal Nap	HZ&PC Heerenveen	2:19.02	198903004						
Masters 30+										
1.	Roos van Esch	TRB-RES	2:33.16	198200468	2:32.14	+0,86	34.51	1:13.32	1:52.43	2:32.14
2.	Nadya Putter	ZVVS	2:33.03	198301630	2:36.35	* +0,74	34.65	1:13.55	1:52.66	2:36.35
3.	Annette Vogelsang	ZV De Bron	3:11.33	198402632	3:20.76	+0,78	38.99	1:27.21	2:20.75	3:20.76
4.	Rianne van Vegchelen	Deltasteur	3:59.41	198101530	4:07.29	+1,15	53.64	1:57.02	3:02.22	4:07.29
Masters 35+										
1.	Liselotte Joling	PSV	2:38.70	197500268	2:38.92	+0,94	35.35	1:16.10	1:57.61	2:38.92
2.	Paula 't Hart-Buitelaar	ZVVS	4:00.08	197701132	4:11.87	* +0,91	46.08	1:46.22	2:56.54	4:11.87

Programmanr. 18, Dames, 200m vlinderslag

Masters 40+

1. Jeanne Petit	Maxwell SC	3:02.51	1112847	3:00.34	+0,84	37.00	1:20.18	2:07.74	3:00.34
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Masters 45+

1. Karin van den Heuvel	Old Dutch	3:12.05	196600188	3:17.87	+0,88	42.53	1:31.90	2:23.89	3:17.87
2. Caroline Schreuder	Triton	3:21.10	196700550	3:19.44	+0,87	43.16	1:34.84	2:27.92	3:19.44
3. Hetty Smalheer	SCOM	3:27.06	196700352	3:37.70	+1,16	48.55	1:45.93	2:44.48	3:37.70
4. Miranda Keijl	Zignea	3:42.36	196500588	3:45.04	+1,08	49.38	1:46.91	2:46.35	3:45.04

Masters 50+

1. M. Grove-Lingeman	Oceanus	2:53.54	196200080	2:57.19	+0,85	39.74	1:25.07	2:11.48	2:57.19
2. Inge Wolfs	PLONS	3:04.13	196000304	3:08.88	+0,87	40.26	1:24.77	2:14.25	3:08.88
3. Loreta Kabasinskiene	Takas	4:07.43	19630410	3:37.72	+0,83	47.24	1:44.84	2:43.08	3:37.72

50m.* LMR

Masters 55+

1. Janny van Eijk	ZV De Bron	3:19.16	195800022	3:32.47	+1,04	45.54	1:40.53	2:35.74	3:32.47
2. Claire Anthony	CNSW	3:20.74	CNSW/487/57	3:40.92	+0,82	42.88	1:38.29	2:44.72	3:40.92
3. Mies Kuipers	Old Dutch	4:31.19	195800202	4:29.02	+0,96	59.09	2:08.02	3:18.50	4:29.02

Masters 60+

1. Fernande Blondeel	CNSW	4:04.76	CNSW/011/52	4:14.06	*	51.59	1:54.21	2:59.12	4:14.06
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50m.*

Programmanr. 19
25-01-2014 - 11:13

Heren, 200m vlinderslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m	
Masters 20+									
1. Kevin Eltink	DWK	2:05.67	199100589	2:07.31	+0,91	28.38	1:00.67	1:34.38	2:07.31
<i>Nederlands Masters Record</i>									
2. Maik Steenkamp	Montferland	2:21.11	199103847	2:21.01	+0,78	32.08	1:08.57	1:45.24	2:21.01
3. Tim Bunnik	Triton	2:23.78	199000505	2:26.01	+0,84	32.41	1:09.47	1:46.37	2:26.01
4. Erwin Sneek	De Futen	2:37.93	199102153	2:28.42	+0,85	31.74	1:08.88	1:47.94	2:28.42
5. Ruben Stolk	ZOB'66	2:25.20	199005665	2:30.90	+0,71	31.02	1:07.20	1:46.48	2:30.90
6. Gerben Rozie	MSV-Zeemacht	2:59.07	199002507	2:46.46	+0,84	34.14	1:15.17	1:59.32	2:46.46
Masters 25+									
1. Filipp Müller	Piranha	2:12.53	198604633	2:08.82	+0,71	27.12	59.15	1:32.90	2:08.82
2. Rick Driezen	Steenwijk 1934	2:25.51	198600713	2:30.66	+0,93	33.16	1:10.59	1:49.27	2:30.66
3. Remko Hooft	De Duinkickers	2:38.42	198701405	2:38.86	+0,74	33.22	1:13.77	1:56.20	2:38.86
Masters 30+									
1. Pieter Pickhardt	ZPC De Hof	2:23.45	198301657	2:21.91	+0,96	31.31	1:06.78	1:43.86	2:21.91
2. Thommy Nickel	Van Vliet-Barracuda	2:31.50	198401627	2:27.50	+0,84	31.90	1:09.14	1:48.26	2:27.50
3. Erik Kosters	Noord Veluwe	2:27.91	198000837	2:34.08	+0,82	30.80	1:06.42	1:46.38	2:34.08
4. Jeroen Vogelsang	DAW	2:49.69	198001645	2:49.77	+0,86	35.97	1:18.05	2:03.14	2:49.77
Masters 35+									
1. Freddie Geerlings	HGN (SG)	2:49.19	197900379	2:43.02	+0,92	32.57	1:12.54	1:57.26	2:43.02
2. Erwin Zuijdervelt	De Futen	2:58.70	197501015	3:00.25	+0,83	36.79	1:20.76	2:07.31	3:00.25

Programmanr. 19, Heren, 200m vlinderslag

Masters 40+

1. Paul van den Heuvel	Arethusia	2:38.39	197000441	2:36.69	+0,89	35.29	1:15.38	1:55.64	2:36.69
2. Heiner Stevens	Zignea	2:47.18	197201299	2:46.58	+0,80	34.16	1:14.68	1:58.49	2:46.58
3. Kasper van den Berghe	Swol 1894	2:57.78	197301125	2:51.35	+0,77	36.25	1:19.82	2:05.06	2:51.35

Masters 45+

1. Konstantin Sklyar	TG Lage 1862	2:48.25	321129	2:48.44	+0,88	36.97	1:18.75	2:03.56	2:48.44
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Masters 50+

1. Rene de Boer	DAW	2:34.62	196400087	2:36.95	+0,82	34.90	1:14.69	1:55.25	2:36.95
2. Hans Vloedgraven	Old Dutch	2:50.40	196400917	2:43.33	+0,89	35.52	1:15.83	1:58.84	2:43.33
3. Sergey Meskin	Spartak	2:50.18	101449	2:50.79	+0,84	35.23	1:20.11	2:06.11	2:50.79
4. Arturas Tuomas	Takas	2:45.56	19610925	2:55.36	+0,88	38.69	1:24.05	2:12.10	2:55.36
5. Jan Willem Heuten	WS Twente	3:19.83	196000883	3:17.99	+1,06	42.13	1:32.42	2:25.18	3:17.99

Masters 55+

1. Paul Bunnik	Triton	3:06.91	195600413	3:16.02	+1,13	40.56	1:29.96	2:23.33	3:16.02
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Masters 70+

1. Rob Hanou	PSV	3:34.71	194300109	3:48.46	+1,06	47.89	1:48.42	2:50.05	3:48.46
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Programmanr. 20
25-01-2014 - 11:27

Dames, 50m rugslag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
1.	Sharon Gelmers	Octopus	30.05	199400416	30.05	
	<i>Nederlands Masters Record</i>					
2.	Chantal Grove	De Dolfijn	30.66	199401844	30.88	
3.	Désirée Emmen	De Warande	31.63	199204862	31.65	
4.	Suzanne Mosch	MSV-Zeemacht	32.23	199400548	32.35	
5.	Manon van Strien	WVZ	32.42	199400770	32.81	
6.	Iris Pijtak	AZ&PC	32.05	199300602	33.34	
7.	Kimberley Kranenberg	ZPC De Hof	34.18	199400292	34.34	
8.	Kim Wijnja	De Biesboschzwemmers	34.74	199107812	34.58	
9.	Joyce Raemaekers	Budel	36.18	199106106	34.73	
10.	Simone de Boer	LZ 1886	34.94	199306858	34.93	
11.	Ilse Noorlander	d'ELFT WAVE (SG)	35.04	199307810	35.08	
12.	Jen-Ai van Soelen	Zuiderzeezwemmers	32.36	199003510	35.53	
13.	Getrude Corporaal	ZVZ	35.25	199200380	35.97	
14.	Sigrit Aarten	Deltasteur	34.84	199302868	35.99	
15.	Sanne van der Stelt	Den Doorn	34.31	199303562	36.85	
16.	Lindsey Hol	De Meer	36.70	199008088	37.25	
17.	Eline Schoenmaker	Zwemlust-den Hommel	35.84	199003322	37.36	
18.	Pauline Magnée	De Warande	38.43	199205434	38.80	
19.	Lisette van der Lende	WWV	42.63	199204258	39.02	
20.	Esther Blekkink	Schuurman BZC	39.71	199302988	39.17	
21.	Ramona Noordermeer	ZVVS	37.82	199401746	39.45	
22.	Wieteke Jansen	Montferland	40.68	199001750	40.06	
23.	Elodie Siroen	Merlet	38.33	199003414	40.77	
24.	Jannica Lieste	Deltasteur	41.46	199008348	41.17	
25.	Desiree Peltenburg	Z & PC Zegenwerp	44.07	199403304	41.94	
26.	Alicia Horlings	Aquapoldro	55.26	199108512	56.53	
27.	Liesbeth Bruinekool	Zuiderzeezwemmers	56.36	199007958	59.33	

Programmanr. 20, Dames, 50m rugslag

Masters 25+

1.	Charlotte Groeneveld <i>Nederlands Masters Record</i>	Zwemlust-den Hommel	32.08	198701404	31.20
2.	Samantha van Eijk	De Geul	32.90	198806826	32.75
3.	Sabine Lina	ZPC Woerden	32.92	198902680	33.00
4.	Monique Jonker	TriVia	33.83	198501472	33.49
5.	Wieteke Elzinga	DAW	34.73	198601038	33.74
6.	Aniek Huijsman	De Lansingh	33.70	198801932	33.89
7.	Marije Jansen	Montferland	35.08	198504088	33.90
8.	Merel Siroen	Merlet	33.72	198804006	33.93
9.	Esther van Maastrigt	Montferland	34.26	198802836	34.69
10.	Anna Boef	LZ 1886	34.82	198806288	35.28
11.	Ilse van den Wijngaard	ZPC Woerden	33.66	198904736	35.36
12.	Marije van Manen	AZ&PC	37.03	198602386	35.42
13.	Bianca Paape	DAW	37.24	198502262	36.43
14.	Annelette de Vries	WS Twente	36.89	198603908	36.49
15.	Lisette Prins	WVZ	35.65	198803522	36.86
16.	Gerlinde van de Wetering	Deltasteur	37.82	198904678	37.25
17.	Liesbeth van Mill	DWK	37.54	198702786	37.91
18.	Diana Lammers	De Veene	37.29	198902572	38.53
19.	Patricia Becks	Z & PC Zegenwerp	37.89	198705946	39.30
20.	Tessa Verheijdt	WVZ	39.85	198904290	40.09
21.	Dian van Pelt	De Biesboschzwemmers	40.41	198502296	40.25
22.	Sandra Koenig	CNSW	43.28	CNSW/612/86	41.65

Masters 30+

1.	Roos van Esch	TRB-RES	33.39	198200468	33.75
2.	Franca Willeme	De Dinkel	34.12	198402760	34.06
3.	Emmy Slabbers	De Roersoppers	37.71	198101386	34.55
4.	Hanneke Heymen	Montferland	34.78	198400968	35.01
5.	Esther Versteeg	Van Vliet-Barracuda	35.27	198302112	35.46
6.	Sandra Pannekeet	DAW	35.52	198403458	36.32
7.	Patricia Strohm	De Dinkel	37.22	198102110	38.25
8.	Angela Giezen	Montferland	38.42	198302796	38.58
9.	Roos Lemmen	Eurode KZC	36.51	198403078	39.24
10.	Mirjam Minderhoud	Zignea	43.82	198301398	43.85

Masters 35+

1.	Melanie Kuiper	Zignea	36.66	197600350	35.14
2.	Petra Verstegen	WVZ	36.57	197700906	36.83
3.	Heleen Spelde - Fransens	THOR	39.93	197901358	37.48
4.	Diane Scholing	Het Ravijn	37.43	197701090	37.55
5.	Mirjan den Drijver-Aarse	Zwemvereniging Westland	38.21	197500884	37.77
6.	Babette Rens	Dedemsvaart-AC	38.24	197801200	38.59
7.	Inge Otter	De Bevelanders	38.92	197801242	38.84
8.	Marian Nederlof	DWF	39.91	197600950	40.52
9.	Marieke Langendonk	De Dinkel	41.02	197900530	40.70
10.	Anneke de Groot	De Fuut	43.09	197701140	41.11
11.	Natasja Linderhof	De Dinkel	42.10	197500786	42.16
12.	Clementine van Bruxvoort	ZPB H&L Productions	43.64	197700138	46.26

Masters 40+

1.	Gudule van der Meer <i>Nederlands Masters Record</i>	PSV	33.34	197200396	32.77
2.	Edith Janssen-Koolen	TRB-RES	34.99	197300898	34.47
3.	Lidia v. Bon-Rosenbrand	AZ&PC	35.52	197000054	36.60
4.	Nadège van Meeteren	De Meer	39.13	197400736	38.27
5.	Daniëlle Hoeksel-Verveen	ZVVS	44.81	197300724	39.61
6.	Ageeth Boomsma	Orca	40.31	197000826	40.73
7.	Edith van Dieren	Swol 1894	44.23	197400764	42.29
8.	Claudia Sutin	De Schelde	43.51	197200908	43.08
9.	Rinette van der Vliet	Swol 1894	42.97	197300518	43.56

Programmanr. 20, Dames, 50m rugslag, Masters 40+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
10.	Ciska Wagter	Steenwijk 1934	1:00.32	197000978	1:00.00	
AFGEM	Henriëtte van Ijsselmuiden	De Spatters	43.56	197100958		

Masters 45+

1.	Heidi van Stein	LZ 1886	36.35	196900864	36.03	
2.	Susanne van Hooven	MGO (SG)	37.15	196800752	36.95	
3.	Jantine Braakman	ZV De Bron	39.82	196500036	37.66	
4.	Caroline Schreuder	Triton	37.26	196700550	37.97	
5.	Natalya Pertceva	Spartak	38.10	030021	38.44	
6.	Jolanda van Knippenberg	Budel	44.77	196600688	42.24	
7.	Marion Broekhuis	WS Twente	42.49	196800060	45.11	
8.	Karin Rikhof	De Dinkel	44.98	196600480	45.44	
9.	Cora Smulders	ESCA Zwemmen	48.91	196600668	48.85	
DIS	Yvonne Voortman-Alkema	De Berkelduikers	43.89	196600686		AF

Masters 50+

1.	Martine Bouw	DWK	35.52	196100368	36.02	
2.	Wilna Heijman	't Tolhekke	37.43	196400506	37.81	
3.	Jacqueline Rolloos-Bakker	De Lansingh	36.87	196300222	38.22	
4.	Pia van der Molen	HZ&PC Heerenveen	39.13	196000116	40.42	
5.	Inge Wolfs	PLONS	38.29	196000304	40.71	
6.	Ramune Ivanauskaitė	Takas	40.25	19641018	42.13	
7.	Karin van der Star-Verhoeven	ESCA Zwemmen	43.83	196100382	43.55	
8.	Riekie Schra	Steenwijk 1934	1:03.42	196400404	1:05.53	

Masters 55+

1.	Atie Pijtak-Radersma	AZ&PC	41.28	195600048	38.49	
2.	Mathilde Vink	Swol 1894	38.88	195800128	39.52	
3.	Karien Musters	Old Dutch	1:01.63	195800236	58.06	
4.	Simonet Schroot	Gay Swim Amsterdam	58.57	195800108	1:00.70	
5.	Cindy Cencen	Han Batur Spor Kulübü	1:01.89	1958CENC	1:01.13	*

Masters 60+

1.	Patty Krupiarz	PSV	41.52	195400074	41.01	
2.	Alison Gilbert	De Futen	42.53	195300068	42.57	
3.	Tineke Brouwer-Maat	Zwemvereniging Westland	46.50	195300074	46.12	
4.	Antoinette Gilding-Tussaud	WS Twente	46.87	195000038	46.96	
5.	Tineke van Diggelen	Oceanus	49.60	195200048	50.30	

Masters 65+

1.	Loekie v. Huissteden	AZ&PC	59.09	194500002	54.49	
2.	Annet Verhoeven	De Duinkickers	1:02.90	194600024	1:00.89	
3.	Adrie Oostendorp	ZV De Bron	1:12.59	194900024	1:11.54	*
4.	Anna de Weert	Gay Swim Amsterdam	1:06.85	194900020	1:11.63	

Masters 70+

1.	Leny Kamp	Aquapoldro	55.98	194400008	56.56	
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Masters 80+

1.	Annie de Vos	Old Dutch	59.12	193400004	1:06.58	
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Programmanr. 21
25-01-2014 - 11:46

Heren, 50m rugslag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
Masters 20+						
1.	Mark Costeris	WVZ	27.64	199202327	27.72	
2.	Lars Sieval	LZ 1886	28.76	199300723	28.99	
3.	Jelte Schuurmans	Merlet	29.33	199104841	29.25	
4.	Menno Manning	De Veene	28.45	199300333	29.65	
5.	Jasper de Boer	ZPC De Hof	29.62	199300051	29.96	
6.	Thomas Hansen	LZ 1886	30.63	199204327	30.25	
7.	Lorenzo Cavallini	De Futen	31.73	199007465	30.85	
8.	Ramon van Huizen	MGO (SG)	33.50	199400945	33.73	
9.	Mark Pijtak	AZ&PC	33.63	199002287	34.84	
10.	Coen van der Wekken	MGO (SG)	34.74	199202965	35.07	
11.	Bas Zierikzee	LZ 1886	34.08	199204321	35.56	
12.	Berné Beute	't Tolhekke	35.10	199100135	36.84	
13.	Daniel van den Wildenberg	Eurode KZC	35.71	199206491	36.90	
Masters 25+						
1.	Filipp Müller	Piranha	26.99	198604633	27.38	
2.	Mike Stoffer	WVZ	29.20	198903041	28.73	
3.	Joppe Schuurmans	Merlet	28.55	198905447	28.97	
4.	Martijn Giezen	Montferland	28.28	198500813	29.97	
5.	Erik van der Heide	Zuiderzeewimmers	30.27	198801337	30.98	
6.	Boy Heijnekamp	LZ 1886	31.63	198901161	32.70	
7.	Patrick de Jonge	ZPC Woerden	34.43	198906635	34.07	
8.	Harmen Reemst	ZOB'66	34.33	198702715	35.55	
9.	Robin Eggenkamp	De Duinkickers	36.25	198700847	38.36	
Masters 30+						
1.	Nol van Thull	ZOB'66	28.64	198001513	29.01	
2.	Lauren Vis	Steenwijk 1934	29.92	198201883	29.55	
3.	Albert van Piekeren	Octopus	29.45	198401767	30.60	
4.	Gerwin Vonk	De Spatters	30.78	198201907	31.01	
5.	Thommy Nickel	Van Vliet-Barracuda	30.48	198401627	31.16	
6.	Robert Dekker	De Veene	33.04	198400443	31.32	
7.	Erik Kusters	Noord Veluwe	30.00	198000837	31.34	
8.	Hans Cligge	De Futen	38.28	198100315	37.17	
Masters 35+						
1.	Casper Hut	HZ&PC Heerenveen	28.79	197800471	28.75	
2.	Ivo Roozeboom	WVZ	29.54	197700801	29.59	
3.	John Cobussen	De Gelenberg	32.32	197501323	31.78	
4.	René Beens	Deltasteur	31.73	197800045	32.60	
5.	Dimitrie Sonnemans	RZ	33.78	197501391	33.28	
6.	Gino Martijn	RZ	33.46	197901865	33.65	
7.	Henk Boswinkel	Swol 1894	34.86	197601555	33.84	
8.	Arjan Aalbers	Swol 1894	34.34	197500001	34.96	
9.	Arnold Kiburg	Steenwijk 1934	37.81	197501423	37.64	
Masters 40+						
1.	Tjakko Ruinemans	De Dinkel	28.73	197400687	29.25	
2.	Linus Kersevicius	Takas	30.82	19710618	30.69	
3.	Marco van den Wildenberg	Van Vliet-Barracuda	32.08	197300991	31.72	
4.	Harry Cornet	De Biesboschzwimmers	33.81	197100175	31.85	
5.	Gerard Eghuizen	HZ&PC Heerenveen	32.57	197400197	32.36	
6.	Remco Plass	De Lansingh	34.57	197300687	33.05	
7.	Paul Hardeman	AZ&PC	32.47	197300327	33.06	
8.	Robert Martens	De Schelde	33.86	197301463	33.67	
9.	Paul van den Heuvel	Arethusa	34.28	197000441	33.79	

Programmanr. 21, Heren, 50m rugslag, Masters 40+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
10.	Gerald Hösl	SC Schaffhausen	37.22	27749	38.71	
NG.ZA	Ferdinand Teitink	Montferland	37.40	197001583		

Masters 45+

1.	Guido Keutgen	AZC	30.39	196801551	30.24	
2.	René Beetsma	HZ&PC Heerenveen	31.68	196900069	31.33	
3.	Jan-Willem van den Berg	WVZ	33.75	196801575	31.50	
4.	Paul Jurcka	WS Twente	32.22	196901599	32.10	
5.	Harold Matla	PSV	37.17	196800591	34.49	
6.	Nico Swart	Den Doorn	33.28	196801475	34.53	
7.	Fred Heemstra	DAW	32.51	196500357	34.77	
8.	Otto Jansen	LZ 1886	34.02	196501403	34.86	
9.	Erik Saan	De Duck	34.57	196500769	35.53	
10.	Frank v Nobelen	Sassenheim	34.16	196900753	36.63	
11.	Gerco Schakel	DWK	36.44	196900849	36.83	
12.	Willem Jannink	Swol 1894	39.88	196500423	38.33	
13.	Marcel Brittijn	De Duinkickers	38.53	196900159	38.63	
14.	René Speelman	De Spatters	41.89	196601521	40.03	
15.	Pieter-Sjoerd de Wijn	Aqua-Novio'94	40.53	196501027	40.56	
16.	Henk van Zetten	Octopus	41.86	196701261	42.09	
17.	Ramon Alsina Munoz	CNSW	45.00	CNSW/608/69	44.18	

Masters 50+

1.	Peter Bernsen	De Rog	31.44	196301119	30.65	
2.	Iurii Perin	Spartak	31.79	030044	31.63	
3.	John Stokx	DAW	32.79	196401341	32.63	
4.	Dmitry Kromskiy	Poseidon	31.96	037011	32.91	
5.	Arlandas Antanas Juodeska	Takas	33.08	19611226	33.50	
6.	Walter Slijkerman	De Spatters	35.28	196401179	35.05	
7.	Gert Sikkema	Zignea	34.52	196300687	35.24	
8.	Casper Dollekamp	Steenwijk 1934	36.36	196301341	35.73	
9.	Robert de Brauwer	De Duinkickers	37.33	196401383	38.25	
10.	Bart van Calker	WS Twente	38.97	196100067	38.60	
11.	André Schutte	ZPC De Zeeuwse Kust	38.60	196000521	39.48	
12.	Jack Barends	WS Twente	38.12	196201011	41.25	
13.	John Dam	Zignea	41.35	196000915	42.16	

Masters 55+

1.	Ron van der Zande	De Aalscholver	35.67	195500307	36.62	
2.	Evertjan Masurel	PSV	37.23	195600495	37.48	
3.	Henk Slomp	De Pinquin	37.10	195500359	38.09	
4.	Herbert Katgert	WS Twente	45.73	195900739	47.76 *	

Masters 60+

1.	Brend Brevé	PSV	34.31	195200265	36.76	
2.	Jos Kamps	De Amer	42.58	195100085	42.10	

Masters 65+

1.	Ale van der Veen	HPC	36.91	194900159	37.33	
2.	Willem Putter	ZVVS	44.77	194500135	44.45	
3.	Mans Buis	Het Ravijn	46.29	194700133	45.46	
4.	Valery Firsov	Spartak	46.99	030026	47.92	

Masters 70+

1.	Frans van Enst	WS Twente	36.50	194000011	37.65	
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Programmanr. 21, Heren, 50m rugslag

Masters 75+

1.	Nico Geers	Z&PC De Gouwe	43.21	193800007	46.97
2.	Jan Eichhorn	ZV Haerlem	47.36	193700015	48.58
3.	Gregor Pompen	Aqua-Novio'94	55.29	193700021	50.15 *
4.	Pieter Scharphorn	Neptunus	59.85	193800037	1:02.86

Masters 85+

1.	Klaas Prins	Steenwijk 1934	1:04.18	192800001	1:04.36 *
2.	Vladas Vimbaras	Takas	1:23.41	19270421	1:16.20

Programmanr. 22
25-01-2014 - 12:07

4 x 100m wisselslag

Masters Open
Resultaten

rang	vereniging	inschrijftijd	tijd	RT
80+, Dames				
1.	Octopus	4:56.62	5:00.04	
	Sharon Gelmers Erika Aan het Rot	32.10 36.54	1:07.24 1:19.03	Margriet Aan het Rot Irmgard van Weeghel
	+0,52			+0,40 +0,50
2.	Swol 1894	5:03.63	5:09.20	
	Madelon Vos Leonie Nijenhuis	40.65 37.97	1:23.67 1:22.28	Laura van den Berg Inge Kuiper
	+0,41			+0,34 +0,32
3.	De Amer	5:16.92	5:25.61	
	Renske Eilers Sabine Duijst	40.62 43.13	1:22.52 1:32.93	Anne Duijst Kathy van Zuilen
	+0,38			+0,54 +0,44
80+, Heren				
1.	ESCA Zwemmen	4:16.49	4:14.85	
	Bram Meijlis Sander de Vrught	32.20 32.78	1:06.72 1:10.17	Mike Schel Tim de Vrught
	+0,38			+0,25 +0,47
2.	Z & PC Zegenwerp	4:36.20	4:38.08	
	Bern Hoeven Stef Hoeven	33.37 35.62	1:08.83 1:18.26	Guus Verhoeven Roel van der Kleij
	+0,34			+0,21 +0,26
80+, Gemengd				
1.	LZ 1886	4:29.08	4:27.85	
	<i>Nederlands Masters Record</i> Simone de Boer Kristiaan Lenos	35.79 32.02	1:13.06 1:08.86	Janet van der Poel Sjoerd Sieval
	+0,17			+0,40 +0,27
2.	Montferland	4:31.10	4:34.65	
	Esther van Maastrigt Dennis Bosma	37.23 31.79	1:15.57 1:10.88	Maik Steenkamp Marije Jansen
	+0,68			+0,27 +0,26
3.	De IJssel	4:46.44	4:56.49	
	Camillo Boon Lieke Godschalk	36.72 39.46	1:15.42 1:25.58	Martje Godschalk Frank Beijering
	+0,39			+0,39 +0,38

Programmanr. 22, 4 x 100m wisselslag

100+, Dames

1.	De Dinkel 1 Franca Willeme Karin Hidding	De Dinkel	36.11 +0,26	1:14.85 1:15.54	4:34.79 Anique Willeme Marlies Reinders	+0,31 +0,33	31.38 28.10	1:07.40 58.83	4:36.62
2.	AZ&PC 1 Marjje van Manen Larissa Brak	AZ&PC	36.86 +0,36	1:16.36 1:14.73	4:47.23 Iris Pijtak Lidia v. Bon-Rosenbrand	+0,27 +0,36	32.58 32.73	1:12.88 1:08.90	4:52.87
3.	Montferland 1 Hanneke Heymen Daphne Meijer	Montferland	38.17 +0,50	1:17.81 1:34.35	5:49.45 Angela Giezen Wieteke Jansen	+0,72 +0,57	44.82 36.19	1:36.64 1:16.23	5:45.03

100+, Heren

1.	WVZ 1 <i>Nederlands Masters Record</i> Ivo Roozeboom Thijs van Valkengoed	WVZ	31.20 +0,37	1:03.70 1:06.31	4:03.44 Mark Costeris Mike Stoffler	+0,48 +0,41	27.21 26.95	59.58 56.21	4:05.80
2.	Octopus 1 Albert van Piekeren Stefan van der Grift	Octopus	31.76 +0,43	1:05.93 1:13.85	4:10.84 Emile Manni Roald Blok	+0,22 +0,44	26.18 26.86	57.30 55.70	4:12.78
3.	ZPC De Hof 1 Jasper de Boer Richard Huisken	ZPC De Hof	31.27 +0,44	1:03.82 1:11.84	4:15.22 Pieter Pickhardt Emiel Huisken	+0,55 +0,38	29.60 26.03	1:04.85 55.21	4:15.72
4.	MGO (SG) 1 Frank van der Voordt Jos Terlouw	MGO (SG)	34.01 +0,36	1:10.51 1:13.94	4:25.30 Bastian Zoon Niels Albrechts	+0,17 +0,46	28.48 28.50	1:02.62 1:00.52	4:27.59
5.	Den Doorn 1 Tommy Uilenberg Lars Duijnhouwer	Den Doorn	36.44 +0,32	1:14.08 1:11.74	4:44.44 Walter van der Stelt Wouter van der Stelt	+0,34 +0,44	29.89 31.14	1:10.06 1:05.44	4:41.32
6.	Montferland 1 Martijn Giezen Kevin Dieker	Montferland	31.59 +0,53	1:04.72 1:21.23	4:45.64 Roel van Beek Daniel Rosenkranz	+0,54 +0,48	33.61 33.11	1:12.98 1:11.73	4:50.66

100+, Gemengd

1.	DWK 1 <i>Wereld Masters Record, startzwemmer NMR</i> Merijn Ellenkamp Nick van Gemert	DWK	27.97 +0,20	57.89 1:06.36	4:26.33 Pauline Gouwens Marion van den Berg	+0,50 +0,10	28.84 27.71	1:03.16 58.24	4:05.65
2.	Zwemlust-den Hommel 1 Charlotte Groeneveld Vincent Versteeg	Zwemlust-den Hommel	32.37 +0,36	1:07.71 1:09.54	4:19.62 Raoul Engelenburg Malissa van der Horst	+0,41 +0,44	29.01 27.37	1:02.02 57.26	4:16.53
3.	De Veene 1 Wessel Everloo Yvon Versteeg	De Veene	33.81 +0,45	1:08.23 1:17.20	4:42.59 Robert Dekker Diana Lammers	+0,54 +0,26	30.30 33.35	1:07.43 1:11.81	4:44.67
4.	ZPC Woerden 1 Sabine Lina Niels van Beurden	ZPC Woerden	35.47 +0,43	1:12.12 1:11.83	5:11.73 Mandy Verbakel Patrick de Jonge	+0,50 +0,76	36.56 30.97	1:21.74 1:06.05	4:51.74
5.	ZOB'66 1 Wendy de Bruin Harmen Reemst	ZOB'66	37.84 +0,52	1:17.63 1:22.96	4:49.49 Anouk van der Pligt Ferry Blangé	+0,43 +0,06	34.32 26.79	1:15.40 57.79	4:53.78
DIS	MGO (SG) 1 <i>dis 2e zwemmer</i> Susanne van Hooven Martijn van Hoor	MGO (SG)	68 89	40.68 1:23.66	5:00.01 Whitley Rens Ramon van Huizen	90 94			SJ

Programmanr. 22, 4 x 100m wisselslag

120+, Dames

1.	RZ 1	RZ		5:52.88		5:44.52	
	Marion van Gerwen		44.94	1:32.22	Linda Dehing	+0,54	36.72 1:20.23
	Wendy Knoops	+0,44	45.36	1:37.64	Vivian van Kerkwijk	+0,70	35.25 1:14.43
DIS	De Aalscholver 1 <i>dis 3e zwemmer</i>	De Aalscholver		4:50.92			EA
	Saskia Ouwendijk		34.85	1:13.18	Ingrid Boot-De Groot	-0,06	
	Jolijn van Valkengoed	+0,42	34.29	1:14.95	Martine Ouwendijk		

120+, Heren

1.	Steenwijk 1934 1	Steenwijk 1934		4:30.03		4:24.21	
	Mike Koelewijn		32.43	1:07.54	Rick Driezen	+0,48	28.17 1:00.98
	Huyb Stegeman	+0,55	37.50	1:21.74	Lauren Vis	+0,38	25.74 53.95
2.	De Amer 1	De Amer		4:37.72		4:41.12	
	Dick Kampman		32.73	1:06.78	Yuri van Omme	+0,36	30.25 1:07.11
	Paul de Boer	+0,65	37.64	1:22.96	Rutger Stam	+0,04	29.77 1:04.27
3.	RZ 1	RZ		4:37.36		4:41.73	
	Gino Martijn		37.58	1:16.50	Patrick Creemers	+0,32	29.87 1:06.70
	Ralph Caster	+0,50	36.47	1:19.60	Dimitrie Sonnemans	+0,73	27.63 58.93
4.	De Duinkickers 1	De Duinkickers		4:57.12		5:05.15	
	Sven van Zanten		34.11	1:13.48	Remko Hooft	+0,60	32.14 1:09.92
	Marcel Brittin	+0,41	43.49	1:32.67	Robert de Brauwer	+0,70	31.28 1:09.08

120+, Gemengd

1.	PSV 2	PSV		4:24.24		4:25.42	
	<i>Nederlands Masters Record, startzwemmer NMR</i>						
	Gudule van der Meer		34.29	1:11.27	Lisa Dreesens	+0,60	29.41 1:03.96
	Harold Matla	+0,40	33.21	1:10.19	Wesley van Diejen	+0,59	28.43 1:00.00
2.	WVZ 2	WVZ		4:38.89		4:38.84	
	Manon van Strien		33.86	1:09.97	Isabelle Massar	+0,72	32.79 1:14.07
	Jan-Willem van den Berg	+0,35	35.05	1:15.25	Bas v.d. Laan	+0,23	28.35 59.55
3.	DAW 2	DAW		4:43.79		4:39.50	
	Wietke Elzinga		36.30	1:13.81	Alex Damen	+0,14	30.59 1:07.09
	Kars Luttk	+0,48	34.41	1:14.19	Bianca Paape	+0,49	30.81 1:04.41
4.	DWK 2	DWK		4:44.53		4:55.80	
	Gerco Schakel		38.18	1:17.73	Liesbeth van Mill	+0,51	36.66 1:21.96
	Kevin Eltink	+0,25	29.84	1:04.55	Iris van Aurich	+0,48	33.62 1:11.56
5.	Zoetermeer 1	Zoetermeer		5:14.19		5:08.63	
	Linda Hoogendam		40.59	1:23.66	Markus van Rest	+0,38	31.57 1:08.92
	Fleur Maas	+0,48	44.42	1:34.50	Simon van Ravesteijn	+0,54	29.80 1:01.55
DIS	De Dinkel 1 <i>dis 4e zwemmer</i>	De Dinkel		5:10.99			EA
	Tjako Ruinemans		30.53	1:02.67	Patricia Strohm	+0,63	35.42 1:20.34
	Judith Heijdens-Schasfoort	+0,65	44.16	1:36.62	Tijn Huttenhuis	-0,17	

160+, Dames

1.	Zwemvereniging Westland 1	Zwemvereniging Westland		5:56.98		6:06.19	
	Petra Schoon-Spaans		42.93	1:27.08	Jacoline van den Beukel	+0,34	39.92 1:34.48
	Mirjan den Drijver-Aarse	+0,44	44.85	1:33.84	Tineke Brouwer-Maat		43.97 1:30.79

160+, Heren

1.	AZ&PC 1	AZ&PC		4:31.96		4:32.81	
	Paul Hardeman		35.01	1:11.81	Stefan Dortmund	+0,42	30.82 1:08.04
	Edwin v. Norden	+0,39	33.87	1:12.48	Ron Korzelius	+0,66	28.76 1:00.48
2.	WS Twente 1	WS Twente		4:45.61		4:57.68	
	Paul Jurcka		34.95	1:12.47	Marcel Reefhuis	+0,33	30.90 1:09.17
	Joop Weenink	+0,64	38.97	1:22.66	Jack Barends	+0,51	34.73 1:13.38

Programmanr. 22, 4 x 100m wisselslag

160+, Gemengd

1.	De Roersoppers 1 <i>Kampioenschaps Record</i>	De Roersoppers	5:08.39			4:53.50
	Emmy Slabbers	37.15	1:18.66	Wieke Bos	+0,43	33.95 1:13.51
	Arno Schrauwen	+0,50 36.11	1:17.21	Charles Bos		30.26 1:04.12
2.	DAW 3	DAW	4:53.35			4:56.55
	Sandra Pannekeet	37.26	1:19.22	Rene de Boer	+0,48	32.75 1:10.97
	Hans Schoenmakers	+0,37 37.25	1:20.99	Ilona Hogerheyde	+0,21	30.39 1:05.37
3.	De Futen 1	De Futen	5:01.40			5:00.42
	Petra Benani-Wolsing	38.03	1:19.06	Arnold de Rover	+0,42	33.99 1:13.08
	Erwin Sneek	+0,38 34.05	1:13.74	Alison Gilbert	+0,25	35.71 1:14.54
4.	Triton 1	Triton	5:06.64			5:26.43
	Ellen Parma	47.13	1:39.00	Tim Bunnik	+0,45	28.48 1:04.22
	Paul Bunnik	+0,55 41.28	1:31.08	Caroline Schreuder	+0,39	33.95 1:12.13

200+, Heren

1.	Neckarsulmer Sport 1 <i>Europees Masters Record</i>	Neckarsulmer Sport	4:36.00			4:30.09
	Stefan Sell	33.66	1:13.25	Jochen Bär	+0,50	28.71 1:02.07
	Peter Fischer	+0,49 34.31	1:14.08	Georg Meckl	+0,56	29.04 1:00.69

200+, Gemengd

1.	HZ&PC Heerenveen 1	HZ&PC Heerenveen	5:21.07			5:28.55
	Ineke Meijer	52.59	1:46.38	René Beetsma	+0,48	30.84 1:06.91
	Gerard Eghuizen	+0,56 35.15	1:16.02	Pia van der Molen	+0,37	36.47 1:19.24
2.	Takas 1 <i>LMR</i>	Takas	6:30.00			5:40.89
	Arlandas Antanas Juodeska	40.38	1:21.31	Loreta Kabasinskiene	+0,64	46.71 1:37.92
	Arturas Tuomas	+0,39 39.88	1:23.51	Ramune Ivanauskaitė	+0,66	37.53 1:18.15

240+, Dames

1.	Old Dutch 1 <i>Nederlands Masters Record</i>	Old Dutch	7:13.91			7:37.56
	Annie de Vos	1:07.42	2:21.27	Karin van den Heuvel	+0,13	40.27 1:28.74
	Mies Kuipers	+0,47 59.61	2:05.00	Karien Musters	+0,45	48.58 1:42.55

240+, Heren

1.	WWV 1 <i>Nederlands Masters Record</i>	WWV	5:28.26			5:17.81
	Kees-Jan van Overbeeke	35.41	1:12.27	Ruud Ruiters	+0,65	37.29 1:21.23
	Laurens Klein Breteler	+0,16 39.84	1:26.68	Theo Schouten	+0,57	36.85 1:17.63

240+, Gemengd

1.	PSV 1	PSV	5:40.80			6:07.39
	Brend Brevé	39.67	1:20.49	Rob Hanou	+0,77	47.73 1:44.81
	Corrie Verhoeven	+0,58 48.32	1:44.80	Patty Verhagen	+0,43	37.35 1:17.29

4 - ONMK 2014 kb sessie 4

25-01-2014 - 13:00

Programmanr. 24
25-01-2014 - 13:00

Dames, 4 x 50m vrije slag

Masters Open
Resultaten

rang	vereniging	inschrijftijd	tijd	RT
80+				
1.	WVZ 1	WVZ	2:00.56	2:01.50 +0,76
	Tessa Verheijdt	89 +0,76 33.31	Isabelle Massar	91 +0,36 28.33
	Monique Pronk	88 +0,65 31.16	Manon van Strien	94 +0,40 28.70
2.	De Amer 1	De Amer	2:02.77	2:03.34 +0,87
	Renske Eilers	88 +0,87 32.22	Kathy van Zuilen	93 +0,41 29.78
	Sabine Duijst	87 +0,48 32.43	Anne Duijst	89 +0,46 28.91
3.	Swol 1894 2	Swol 1894	2:02.53	2:03.90 +0,73
	Laura van den Berg	91 +0,73 30.87	Madelon Vos	93 +0,56 32.60
	Leonie Nijenhuis	92 +0,32 30.87	Vera Kraijer	92 +0,26 29.56
4.	GZVW 1	GZVW	2:15.60	2:13.13 +0,88
	Josse van Geffen	86 +0,88 32.08	Relinda Baas	89 +0,62 33.47
	Natasja Dammer	92 +0,63 35.80	Nadine Blouw	93 +0,47 31.78
5.	Montferland 1	Montferland	2:12.25	2:13.66 +1,21
	Daphne Meijer	93 +1,21 33.43	Hanneke Heymen	84 +0,44 32.74
	Kelly Bockting	91 +0,24 34.53	Wieteke Jansen	90 +0,56 32.96
100+				
1.	De Dinkel 1	De Dinkel	1:55.88	1:52.70 +0,65
	Karin Hidding	84 +0,65 27.78	Anique Willeme	86 +0,36 28.37
	Franca Willeme	84 +0,58 29.61	Marlies Reinders	86 +0,29 26.94
2.	DAW 1	DAW	2:07.68	1:58.15 +0,72
	Sandra Zwaanswijk	85 +0,72 29.20	Sandra Pannekeet	84 +0,29 29.32
	Wieteke Elzinga	86 +0,44 30.43	Bianca Paape	85 +0,17 29.20
120+				
1.	PSV 2	PSV	1:59.26	1:59.11 +0,81
	Lisa Dreesens	91 +0,81 27.07	Liselotte Joling	75 +0,75 29.46
	Patty Krupiarz	54 +0,43 35.02	Stephanie Rombout	88 +0,40 27.56
2.	WS Twente 1	WS Twente	2:01.43	2:01.65 +0,95
	Henrike de Vries	89 +0,95 31.44	Inez Heideman	75 +0,41 29.41
	Marion Broekhuis	68 +0,62 32.25	Annelette de Vries	86 +0,43 28.55
3.	AZ&PC 1	AZ&PC	2:01.35	2:02.22 +0,94
	Talje Dijkhuis	66 +0,94 31.27	Iris Pijtak	93 +0,31 28.79
	Henriëtte van Norden	68 +0,57 31.53	Lidia v. Bon-Rosenbrand	70 +0,38 30.63
4.	Swol 1894 1	Swol 1894	2:05.00	2:06.46 +0,48
	Christien Nieuwenhuis	51 +0,48 32.78	Inge Kuiper	90 +0,54 31.77
	Laura Oosterbroek	88 +0,34 31.67	Hilde Buiten	79 +0,61 30.24
5.	Budel 1	Budel	2:19.29	2:10.35 +0,86
	Carola Hompes	88 +0,86 31.57	Ingrid Noten	85 +0,33 32.80
	Miriam Leeten-Stevens	69 +0,45 36.56	Joyce Raemaekers	91 +0,26 29.42
6.	De Dinkel 2	De Dinkel	2:15.04	2:11.55 +0,83
	Marieke Langendonk	79 +0,83 32.05	Karin Rikhof	66 +0,24 36.33
	Natasja Linderhof	75 +0,49 36.10	Silke Oude Weemink	90 +0,49 27.07
7.	De Spatters 1	De Spatters	2:13.47	2:14.03 +0,81
	Diana Westerdijk	72 +0,81 36.28	Roelien Speelman-Tigelaar	66 +0,43 34.26
	Maartje Lenten	92 +0,54 31.47	Karin Hovenkamp	87 +0,26 32.02
8.	Den Doorn 1	Den Doorn	2:30.37	2:26.30 +0,98
	Antoinette Kant	69 +0,98 34.08	Nancy Maas	74 +0,74 41.01
	Ineke Branderhorst	69 +0,45 41.97	Sanne van der Stelt	93 +0,06 29.24
DIS	RZC 1	RZC	2:02.62	EA +0,93
	<i>dis 3e zwemmer</i>			
	Marieke van Dodeweerd	86 +0,93 30.58	Rita van der Horst	69 -0,05
	Jule Verschoor-Holland	75 +0,38 33.71	Yvonne Janssen	76

Programmanr. 24, Dames, 4 x 50m vrije slag

160+

Rank	Team	Time	Time	Time	Time	Time	Time	Time	
1.	DAW 2 Esther Stellenpohl Ingeborg Stokx	DAW	2:13.92	2:11.26	+0,77	31.92	61	+0,48	33.49
						36.49	74	+0,35	29.36
2.	Zwemvereniging Westland 1 Jacoline van den Beukel Elke Nuijten	Zwemvereniging Westland	2:17.47	2:16.90	+0,91	32.54	53	+0,37	37.73
						33.75	69	+0,53	32.88
3.	RZ 1 Marion van Genwen Amy van Dijk	RZ	2:16.95	2:17.06	+0,87	34.60	75	+0,61	33.46
						36.17	68	+0,48	32.83
4.	DWK 1 Liesbeth van Mill Jennie Resink-lindeboom	DWK	2:17.87	2:17.41	+0,99	34.38	69	+0,71	33.28
						37.52	69	+0,54	32.23
5.	CNSW 1 Isaline Manchel Claire Anthony	CNSW	2:30.00	2:17.49	+0,88	33.76	52	+0,19	41.58
						34.20	77	+0,06	27.95
6.	WIDEX GZC DONK 1 Lia Bijkerk Nathasja Konijn	WIDEX GZC DONK	2:28.06	2:26.55	+1,12	39.86	64	+0,76	39.26
						37.60	74	+0,43	29.83

200+

Rank	Team	Time	Time	Time	Time	Time	Time	Time	
1.	PSV 1 <i>Kampioenschaps Record</i> Ymke Snellen van Vollenhoven Annie Smits	PSV	2:25.38	2:21.77	+0,93	35.72	70	+0,71	33.38
						41.88	64	+0,36	30.79
2.	De Dinkel 3 Karin Oude Ophuis Annette Rikhof	De Dinkel	2:34.09	2:31.83	+0,82	37.26	72	+0,20	38.67
						37.45	57	+0,33	38.45
3.	ESCA Zwemmen 1 Karin van der Star-Verhoeven Cora Smulders	ESCA Zwemmen	2:44.00	2:49.41	+1,03	35.10	58	+0,56	44.25
						40.46	66	+0,57	49.60
4.	Old Dutch 1 Ingrid ten Horn Karien Musters	Old Dutch	2:47.02	3:01.38	+1,08	44.43	66	+0,44	36.18
						46.59	58	+0,44	54.18

Programmanr. 25
25-01-2014 - 13:12

Heren, 4 x 50m vrije slag

Masters Open
Resultaten

rang	vereniging	inschrijftijd	tijd	RT	
80+					
1.	RZC 1 <i>Nederlands Masters Record</i> Stefan Timmermans Kevin van Susteren	RZC	1:38.59	1:36.53	+0,77
		94 +0,77 24.00	89 +0,27 24.22		
		89 +0,30 25.48	92 +0,09 22.83		
2.	LZ 1886 1 Lars Sieval Jelmar Kluiwstra	LZ 1886	1:41.55	1:38.72	+0,73
		93 +0,73 24.38	90 +0,16 25.20		
		92 +0,16 24.83	83 +0,23 24.31		
3.	ESCA Zwemmen 1 Tim de Vrugt Mike Schel	ESCA Zwemmen	1:41.69	1:40.36	+0,71
		93 +0,71 26.62	89 +0,48 24.68		
		94 +0,30 24.39	94 +0,26 24.67		
4.	De Veene 1 Menno Manning Mark Arendshorst	De Veene	1:46.59	1:44.93	+0,73
		93 +0,73 24.88	94 +0,37 27.66		
		94 +0,24 26.97	93 +0,35 25.42		
5.	Montferland 1 Dennis Bosma Martijn Giezen	Montferland	1:45.52	1:46.79	+0,71
		94 +0,71 26.13	91 +0,24 27.15		
		85 +0,27 25.88	89 +0,46 27.63		
6.	Z & PC Zegenwerp 1 Bern Hoeven Roel van der Kleij	Z & PC Zegenwerp	1:47.45	1:47.42	+0,83
		93 +0,83 25.54	91 +0,49 28.54		
		90 +0,16 26.26	90 +0,53 27.08		

Programmanr. 25, Heren, 4 x 50m vrije slag

100+

1. WVZ 2	WVZ		1:42.30		1:41.24	+0,69
Thijs van Valkengoed	83 +0,69	26.79	Ivo Roozeboom	77 +0,53	25.29	
Mike Stoffer	89 +0,26	25.94	Mark Costeris	92 +0,45	23.22	
2. Steenwijk 1934 2	Steenwijk 1934		1:44.23		1:41.67	+0,81
Robert Braad	86 +0,81	26.30	Mike Koelewijn	93 +0,61	25.37	
Rick Driezen	86 +0,54	25.77	Lauren Vis	82 +0,26	24.23	
3. ZPC De Hof 1	ZPC De Hof		1:45.98		1:43.68	+0,76
Emiel Huisken	85 +0,76	25.67	Pieter Pickhardt	83 +0,58	26.61	
Jasper de Boer	93 +0,30	25.79	Richard Huisken	85 +0,47	25.61	
4. Merlet 1	Merlet		1:44.93		1:44.87	+0,84
Mark Effing	86 +0,84	27.81	Joppe Schuurmans	89 +0,23	26.13	
Jelte Schuurmans	91 +0,32	25.43	Ronald Vullings	87 +0,19	25.50	
5. MGO (SG) 1	MGO (SG)		1:46.99		1:47.51	+0,62
Martijn van Hoor	89 +0,62	26.51	Coen van der Wekken	92 +0,32	28.34	
Niels Albrechts	88 +0,28	27.06	Bastian Zoon	87 +0,22	25.60	
6. Den Doorn 1	Den Doorn		1:53.84		1:50.43	+0,70
Walter van der Stelt	94 +0,70	26.34	Tommy Uilenberg	86 +0,63	28.17	
Lars Duijnhouwer	91 +0,30	26.98	Nico Swart	68 +0,49	28.94	

120+

1. De Futen 1	De Futen		1:47.16		1:44.13	+0,81
Lorenzo Cavallini	90 +0,81	24.63	Erwin Zuijdervelt	75 +0,37	26.40	
Arnold de Rover	64 +0,45	27.21	Erwin Sneek	91 +0,40	25.89	
2. AZ&PC 1	AZ&PC		1:44.65		1:45.39	+0,82
Mark Pijtak	90 +0,82	28.28	Edwin v. Norden	63 +0,26	25.58	
Paul Hardeman	73 +0,44	27.42	Jeroen Zelsmann	77 +0,21	24.11	
3. DAW 1	DAW		1:48.16		1:47.88	+0,74
John Meijdam	83 +0,74	26.70	Alex Damen	75 +0,23	26.45	
Frits Delicaat	79 +0,51	28.34	Kars Luttk	78 +0,28	26.39	
4. De Amer 1	De Amer		1:47.90		1:48.26	+0,80
Paul de Boer	68 +0,80	29.16	Yuri van Omme	85 +0,17	26.53	
Rutger Stam	81 +0,27	26.90	Dick Kampman	88 +0,43	25.67	
5. Budel 1	Budel		1:54.88		1:51.11	+0,95
Wiljo Mackus	71 +0,95	28.74	Ivo Verdonschot	75 +0,39	29.36	
Dyon de Greef	82 +0,36	28.82	Rick de Greef	84 +0,39	24.19	
6. RZ 1	RZ		1:50.54		1:51.32	+0,82
Ralph Caster	61 +0,82	30.48	Dimitrie Sonnemans	75 +0,60	26.14	
Gino Martijn	79 +0,44	29.18	Patrick Creemers	90 +0,31	25.52	
7. De Duinkickers 1	De Duinkickers		1:54.83		1:56.40	+0,72
Renko Hooft	87 +0,72	27.80	Marcel Brittijn	69 +0,29	29.81	
Robert de Brauwer	64 +0,75	30.18	Sven van Zanten	90 +0,33	28.61	
8. 't Tolhekke 1	't Tolhekke		2:00.26		2:02.14	+1,03
Berné Beute	91 +1,03	31.17	Lars Erik Beute	86 +0,55	28.32	
Arié van Damme	61 +0,49	35.26	Mark van Damme	91 +0,57	27.39	
9. Montferland 2	Montferland		2:00.91		2:02.20	+0,89
Tim Meijer	81 +0,89	30.11	Kevin Dieker	91 +0,57	28.45	
Ferdinand Teitink	70 +0,62	32.85	Daniel Rosenkranz	91 +0,59	30.79	
10. ZOB'66 1	ZOB'66		2:05.56		2:02.80	+0,94
Ferry Blangé	83 +0,94	26.72	Harmen Reemst	87 +0,35	31.44	
Dre Klaassen	56 +0,41	37.34	Ruben Stolk	90 +0,44	27.30	

Programmanr. 25, Heren, 4 x 50m vrije slag

160+

1.	De Gelenberg 1 Geert Wijn Erik Lamers	De Gelenberg 67 +0,74 75 +0,56	26.30 26.91	1:49.05 John Cobussen Marcel van Winssen	75 71	+0,23 +0,20	27.44 25.13	1:45.78	+0,74
2.	De Schelde 1 Robert Martens Marco de Bat	De Schelde 73 +0,82 71 +0,27	28.54 28.58	1:51.10 Maarten de Pooter Cees van Houwelingen	66 63	+0,21 +0,51	27.64 25.03	1:49.79	+0,82
3.	Deltasteur 1 Jauke Hamstra René Beens	Deltasteur 86 +0,84 78 +0,41	26.87 28.32	1:49.71 Henk de Raad Marc van den Broeke	65 66	+0,58 +0,43	28.23 26.53	1:49.95	+0,84
4.	DAW 2 Fred Heemstra John Stokx	DAW 65 +0,88 64 +0,31	28.58 28.29	1:54.39 Rene de Boer Jeroen Vogelsang	64 80	+0,43 +0,50	28.15 28.72	1:53.74	+0,88
5.	Swol 1894 1 Machiel Stolk Kasper van den Berghe	Swol 1894 74 +0,92 73 +0,52	27.40 29.02	1:58.00 Arjan Aalbers Bert Mars	75 71	+0,57 +0,43	29.12 32.32	1:57.86	+0,92
6.	Budel 2 Ruud Kennis Albert Roosenboom	Budel 65 +0,80 71 +0,02	30.93 31.85	2:09.40 Joost van Eerdt Edward van Nijmweegen	69 70	+0,30 +0,41	31.83 30.63	2:05.24	+0,80
AFGEM	De Rog 1	De Rog		1:47.90					

200+

1.	Spartak 1 Vladimir Semenov Anatoly Cherkasov	Spartak 68 +1,17 60 +0,72	30.60 31.23	1:58.85 Gennadii Karelin Sergey Meskin	55 63	+0,76 +0,65	29.83 29.12	2:00.78	+1,17
2.	WS Twente 1 Hugo Staudt Jack Barends	WS Twente 53 +0,98 62 +0,40	31.52 31.65	2:02.46 Paul Jurcka Bart van Calker	69 61	+0,16 +0,56	27.21 31.55	2:01.93	+0,98
3.	PSV 1 Rob Penninks Frank Zwijnenberg	PSV 60 +0,86 54 +0,35	30.60 33.40	2:05.86 Nico Buurman Marc Wouters	64 65	+0,33 +0,59	31.17 29.45	2:04.62	+0,86
4.	WIDEX GZC DONK 1 Peter Coffeng Yves van den Berg	WIDEX GZC DONK 57 +1,03 66 +0,44	33.65 31.69	2:06.94 Adrian Ortiz Buitrago Willem Jan Ribberink	60 65	+0,56 +0,70	28.72 31.13	2:05.19	+1,03

240+

1.	WWV 1 <i>Nederlands Masters Record</i> Laurens Klein Breteler Theo Schouten	WWV 54 +0,84 46 +0,54	31.53 31.80	2:01.26 Ruud Ruiters Robert Vink	53 63	+0,41 +0,39	28.79 27.41	1:59.53	+0,84
2.	PSV 2 Michiel Klaren Bart van Doesburg	PSV 62 +0,89 56 +0,30	29.25 31.93	2:07.42 Rob Hanou Brend Brevé	43 52	+0,64 +0,35	35.93 29.44	2:06.55	+0,89
3.	Takas 1 Vladas Vimbaras Arvydas Burinskis	Takas 27 +1,14 69 +0,48	53.53 27.93	2:20.00 Pavelas Bezzubovas Linas Kersevicius	39 71	+0,41	36.78 27.81	2:26.05	+1,14
4.	Steenwijk 1934 1 Klaas Prins Huib Stegeman	Steenwijk 1934 28 +1,47 67 +0,72	1:04.13 30.47	2:37.98 Sierd Tilma Casper Dollekamp	53 63	+0,80 +0,22	36.05 29.97	2:40.62	+1,47

Programmanr. 26
25-01-2014 - 13:30

Dames, 200m schoolslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
Masters 20+								
1. Jacyntha Plat	TriVia	2:45.42 199002956	2:46.89	+0,77	37.01	1:19.14	2:02.55	2:46.89
2. Chantal van der Horst	De Meer	2:50.78 199400616	2:50.57	+0,73	38.47	1:22.01	2:06.80	2:50.57
3. Erika Aan het Rot	Octopus	2:50.33 199000010	2:52.04	+0,86	37.74	1:20.68	2:05.60	2:52.04
4. Chantal Meyerink	De Grunte	2:57.54 199105212	2:55.11	+0,76	38.90	1:23.25	2:09.00	2:55.11
5. Karin Verbeek	Nautilus	3:03.86 199201848	2:55.84	+0,69	39.06	1:23.68	2:09.35	2:55.84
6. Leonie Nijenhuis	Swol 1894	3:03.23 199204340	3:00.18	+0,81	39.43	1:23.97	2:11.86	3:00.18
7. Maaike de Boer	De Duinkickers	2:56.29 199000362	3:00.47	+0,83	41.00	1:26.89	2:13.58	3:00.47
8. Maartje Lenten	De Spatters	3:07.81 199204286	3:01.29	+0,73	40.21	1:26.04	2:13.32	3:01.29
9. Isabelle Massar	WVZ	2:57.84 199102034	3:01.57	+0,84	39.76	1:26.16	2:14.09	3:01.57
10. Désirée Hulsmeijer	Het Ravijn	2:59.57 199001656	3:02.98	+0,67	39.66	1:25.01	2:13.55	3:02.98
11. Desiree Peltenburg	Z & PC Zegenwerp	3:11.67 199403304	3:21.51	+0,95	44.66	1:35.10	2:27.30	3:21.51
Masters 25+								
1. Larissa Brak	AZ&PC	2:39.12 198800572	2:42.65	+0,81	35.85	1:17.31	1:59.98	2:42.65
<i>Nederlands Masters Record</i>								
2. Karin van Dijk	HZ&PC Heerenveen	2:47.81 198600850	2:50.12	+0,87	38.54	1:22.21	2:06.62	2:50.12
3. Tonny Klop-Methorst	De Biesboschzwemmers	2:57.51 198802998	2:54.04	+0,82	38.62	1:22.64	2:07.87	2:54.04
4. Anne Duijst	De Amer	2:57.21 198901030	2:55.47	+0,99	40.48	1:25.43	2:10.29	2:55.47
5. Aniek Huijsman	De Lansingh	2:59.38 198801932	2:55.63	+0,79	39.15	1:23.40	2:09.27	2:55.63
6. Monique Pronk	WVZ	3:01.41 198803528	3:02.81	+0,84	41.17	1:27.13	2:14.71	3:02.81
7. Marieke van Dodeweerd	RZC	3:05.21 198600896	3:04.57	+0,86	39.94	1:26.44	2:14.69	3:04.57
8. Isaline Manchel	CNSW	3:22.04 CNSW/475/85	3:14.75	+0,91	44.45	1:34.38	2:24.47	3:14.75
9. Liesbeth van Mill	DWK	3:16.38 198702786	3:16.57	+0,95	45.27	1:35.65	2:25.90	3:16.57
10. Margriet Aan het Rot	Octopus	3:18.68 198603088	3:19.60	+0,95	44.89	1:35.89	2:27.90	3:19.60
Masters 30+								
1. Monique Stant	Oceanus	2:57.22 198201592	3:04.87	+1,01	41.05	1:26.94	2:14.99	3:04.87
2. Annette Vogelsang	ZV De Bron	3:13.55 198402632	3:24.20	+0,89	44.96	1:36.06	2:30.07	3:24.20
Masters 35+								
1. Yvonne Janssen	RZC	2:57.00 197600030	2:57.18	+0,88	39.70	1:25.40	2:10.78	2:57.18
2. Kristel Lips	ZV De Bron	3:12.90 197900562	3:13.93	+1,02	43.18	1:32.55	2:22.95	3:13.93
3. Anneke Veenstra	't Tolhekke	3:19.90 197900882	3:22.63	+0,84	43.99	1:35.11	2:28.51	3:22.63
4. Jule Verschoor-Holland	RZC	3:26.31 197500874	3:26.07	+1,03	46.72	1:38.26	2:31.67	3:26.07
Masters 40+								
1. Karin Stein	ZVVS	2:53.34 197100554	2:54.31	+0,81	39.80	1:23.74	2:09.21	2:54.31
2. Nadège van Meeteren	De Meer	3:00.36 197400736	2:58.10	+0,88	39.99	1:25.11	2:11.93	2:58.10
3. Miranda Straetemans	Zignea	3:11.36 197400514	3:01.85	+0,82	40.28	1:26.14	2:14.02	3:01.85
4. Pascaline Neiss-Janssen	De Roersoppers	3:14.49 197300852	3:14.48	+0,95	43.91	1:33.41	2:24.69	3:14.48
5. Dorette Vogels	PSV	3:14.91 197000938	3:17.23	+0,94	46.88	1:37.54	2:28.59	3:17.23
6. Ageeth Boomsma	Orca	3:30.33 197000826	3:33.64	+0,88	45.55	1:39.44	2:35.45	3:33.64
7. U. Spoelstra-de Groot	WS Twente	3:48.47 197200952	3:43.97	+1,07	48.60	1:45.88	2:45.62	3:43.97
NG Annet Kootstra	Swol 1894	3:26.02 197100344						
Masters 45+								
1. Annette Wijnja-Visser	De Biesboschzwemmers	2:57.99 196700528	2:54.04	+0,78	38.84	1:22.68	2:07.75	2:54.04
<i>Nederlands Masters Record</i>								
2. Tatiana Prokofjeva	Troyka	2:58.98 023013	2:58.93	+0,92	41.09	1:26.96	2:13.14	2:58.93
<i>RMR</i>								
3. Irina Shulgina	Spartak	3:04.18 030042	2:59.99	+0,82	41.79	1:27.90	2:13.41	2:59.99
4. A. Korving-Leijenaar	Aqualero	3:16.20 196700662	3:15.21	+0,82	44.07	1:33.39	2:23.81	3:15.21
5. Iris van Aurich	DWK	3:20.68 196900866	3:19.05	+0,64	45.83	1:36.45	2:28.35	3:19.05
6. E. van Wingerden - Dijk	DWK	3:34.05 196900970	3:33.72	+0,97	47.59	1:41.56	2:37.97	3:33.72

Programmanr. 26, Dames, 200m schoolslag, Masters 45+

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
7. Yvette Kilian	Zoetermeer	3:42.67 196600534	3:38.42	+0,94	49.06	1:44.46	2:42.12	3:38.42
8. R. Speelman-Tigelaar	De Spatters	3:42.86 196600664	3:40.06	+0,78	46.76	1:41.88	2:40.41	3:40.06
9. Remona Dekker	ZV De Bron	3:49.17 196600620	3:57.76	+1,14	53.64	1:53.85	2:56.97	3:57.76

Masters 50+

1. Annemarie Vuist	Swol 1894	3:14.51 196300282	3:12.75	+0,92	44.14	1:33.08	2:23.28	3:12.75
2. Petra Tossings	DAW	3:31.97 196100376	3:20.52	+0,83	44.88	1:35.95	2:28.68	3:20.52
3. Svetlana Kiilo	Spartak	3:39.96 101094	3:38.40	+1,08	48.33	1:42.98	2:40.46	3:38.40
4. Marjan Spoelstra	Swol 1894	3:45.76 196000236	3:46.03	+0,94	51.57	1:48.99	2:47.78	3:46.03

Masters 55+

1. Susanne Sailer-Lehrum	SG Neumünster	3:35.79 163629	3:40.70	+0,85	50.47	1:45.71	2:43.15	3:40.70
2. W. Schoenmaker-ter Veer	DWK	4:06.44 195900254	4:22.53	+1,08	55.59	2:00.69	3:10.92	4:22.53
3. Mies Kuipers	Old Dutch	4:16.70 195800202	4:25.06	+0,90	1:02.31	2:10.14	3:18.58	4:25.06
4. Simonet Schroot	Gay Swim Amsterdam	4:37.01 195800108	4:43.21	+1,13	1:07.40	2:19.70	3:33.74	4:43.21

Masters 60+

1. Gonnie Bak	PSV	3:55.11 195100064	3:51.55	+0,92	54.83	1:54.65	2:53.81	3:51.55
2. Geerdien Meerwaldt	De Geul	4:37.94 195200058	4:28.90	+1,09	59.67	2:09.60	3:19.12	4:28.90
3. N. van Dongen-de Paep	De Devel	4:52.17 195100044	4:47.95	+1,34	1:04.57	2:17.17	3:32.60	4:47.95

Masters 65+

1. Bea Swijnenberg	Swol 1894	3:44.47 194900010	3:31.09	+0,83	48.88	1:42.27	2:37.64	3:31.09
<i>Nederlands Masters Record</i>								
2. Loekie v. Huissteden	AZ&PC	4:14.72 194500002	4:15.64	+1,07	58.97	2:04.52	3:10.72	4:15.64
3. Mieke Strijbis-v.d.Kroft	DAW	4:16.21 194500004	4:20.75	+1,10	59.88	2:05.13	3:09.60	4:20.75
4. Anna de Weert	Gay Swim Amsterdam	4:57.29 194900020	5:07.45		1:07.97	2:24.77	3:45.36	5:07.45

Programmanr. 27
25-01-2014 - 14:03

Heren, 200m schoolslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
Masters 20+								
1. Roald Blok	Octopus	2:26.20 199302685	2:22.95	+0,68	31.87	1:07.66	1:44.76	2:22.95
2. Kevin Eltink	DWK	2:24.66 199100589	2:23.29	+0,89	31.73	1:08.26	1:46.44	2:23.29
3. Dennis Wijbenga	Stadskanaal	2:25.05 199003283	2:29.03	+0,88	32.99	1:11.48	1:50.39	2:29.03
4. Maik Steenkamp	Montferland	2:37.60 199103847	2:35.74	+0,78	34.60	1:14.57	1:55.76	2:35.74
5. Patrick Creemers	RZ	2:32.84 199000579	2:38.23	+0,75	34.30	1:14.14	1:56.07	2:38.23
6. Thomas Hansen	LZ 1886	2:44.02 199204327	2:41.32	+0,73	36.89	1:18.09	1:58.92	2:41.32
7. Jos Terlouw	MGO (SG)	2:49.69 199400601	2:43.46	+0,73	34.82	1:17.11	2:00.60	2:43.46
8. Lars Duijnhouwer	Den Doorn	2:39.34 199107161	2:46.83	+0,76	35.81	1:17.15	2:01.28	2:46.83
9. Mark van Damme	't Tolhekke	2:49.41 199100435	2:53.43	+0,84	35.92	1:18.75	2:05.24	2:53.43
10. Tom de Lange	Deltasteur	2:58.95 199300303	2:55.01	+0,94	39.52	1:24.27	2:10.92	2:55.01
11. D. van den Wildenberg	Eurode KZC	3:06.94 199206491	3:04.82	+0,75	40.78	1:28.13	2:17.35	3:04.82
12. Bob Potkamp	Deltasteur	3:16.23 199403189	3:06.70	+0,98	40.88	1:28.09	2:17.05	3:06.70
13. Sven van Zanten	De Duinkickers	3:05.50 199003405	3:11.49	+0,78	41.21	1:29.56	2:20.66	3:11.49
14. Danny Vochteloo	ZZG de Boskickers (SG)	3:27.05 199207251	3:20.56	+1,01	46.11	1:37.17	2:29.62	3:20.56
15. Daniel Rosenkranz	Montferland	3:41.13 199107601	3:28.32	+0,89	41.11	1:32.67	2:29.43	3:28.32
16. Matthijs van Doorn	Het Ravijn	3:37.64 199207231	3:33.55	+0,88	49.69	1:44.64	2:40.20	3:33.55

Programmanr. 27, Heren, 200m schoolslag

Masters 25+

1. Erik Verholt	Noord Veluwe	2:30.10	198803543	2:29.24	+0,77	32.80	1:10.93	1:49.92	2:29.24
2. Roderik Meijers	ZOB'66	2:45.81	198602063	2:35.61	+0,75	32.68	1:12.13	1:53.57	2:35.61
3. Stefan van der Grift	Octopus	2:39.96	198701121	2:37.05	+0,81	35.05	1:14.81	1:55.38	2:37.05
4. Remko Hooft	De Duinkickers	2:36.82	198701405	2:43.47	+0,71	35.67	1:17.64	2:00.39	2:43.47
5. Jauke Hamstra	Deltasteur	2:42.73	198601089	2:47.13	+0,84	36.61	1:18.47	2:02.14	2:47.13

Masters 30+

1. Thijs van Valkengoed	WVZ	2:24.17	198302141	2:29.22	+0,71	34.24	1:12.41	1:50.42	2:29.22
2. Kristiaan Lenos	LZ 1886	2:31.96	198301331	2:31.21	+0,79	32.89	1:11.16	1:51.02	2:31.21
3. Albert van Piekere	Octopus	2:25.64	198401767	2:31.27	+0,79	33.68	1:11.37	1:50.07	2:31.27
4. Ralf van der Poel	Zuiderzeezwemmers	2:31.21	198401783	2:31.85	+0,76	33.39	1:11.52	1:51.33	2:31.85
5. Pieter Pickhardt	ZPC De Hof	2:33.08	198301657	2:35.40	+0,60	34.98	1:14.44	1:54.57	2:35.40
6. Simon van Ravesteijn	Zoetermeer	2:35.45	198002263	2:45.59	+0,84	36.28	1:18.17	2:02.52	2:45.59
7. Erik Drewes	De Biesboschzwemmers	2:49.65	198400543	2:49.31	+0,76	37.40	1:20.04	2:04.27	2:49.31
8. Dennis Klop	De Biesboschzwemmers	2:56.88	198302643	2:53.18	+0,71	38.75	1:22.54	2:08.08	2:53.18
9. Jeroen Vogelsang	DAW	2:52.38	198001645	2:54.71	+0,89	38.78	1:23.01	2:09.11	2:54.71
10. Sebastiaan Baars	WS Twente	2:54.64	198300053	2:56.08	+0,94	39.38	1:23.78	2:09.42	2:56.08
11. Rob van Wanrooy	Gay Swim Amsterdam	3:08.44	198202627	3:07.98	+0,87	40.81	1:27.35	2:17.54	3:07.98
12. Hans Cligge	De Futen	3:05.31	198100315	3:09.74	+0,83	40.35	1:27.68	2:19.37	3:09.74
DIS Mathijs Lenos	HPC	2:50.09	198401407						SS

Masters 35+

1. Egbert Stolk	d'ELFT WAVE (SG)	2:32.08	197600889	2:27.21	+0,85	32.37	1:09.20	1:47.82	2:27.21
<i>Kampioenschaps Record</i>									
2. Vincent Versteeg	Zwemlust-den Hommel	2:39.29	197701003	2:36.56	+0,76	35.59	1:16.27	1:57.89	2:36.56
3. Freddie Geerlings	HGN (SG)	2:37.17	197900379	2:38.49	+0,89	36.46	1:16.39	1:57.06	2:38.49
4. Victor Barnar	GoSwim	2:40.18	197801805	2:39.63	+0,78	35.14	1:15.00	1:56.24	2:39.63
5. Okko de Haas	ZV De Bron	2:47.28	197801593	2:50.96	+0,86	39.10	1:22.72	2:06.68	2:50.96
6. Rinke Nijland	IJZPC	3:20.37	197901735	3:15.20	+0,86	43.72	1:33.33	2:24.61	3:15.20

Masters 40+

1. Harry Cornet	De Biesboschzwemmers	2:36.16	197100175	2:32.91	+0,84	33.48	1:12.04	1:52.02	2:32.91
2. Marcel van Winssen	De Gelenberg	2:41.34	197101477	2:39.27	+0,83	35.02	1:15.38	1:56.89	2:39.27
3. Paul van den Heuvel	Arethusa	2:48.44	197000441	2:47.06	+0,90	37.31	1:20.03	2:03.53	2:47.06
4. Stefan Dortmund	AZ&PC	2:59.35	197201167	2:50.43	+0,82	37.97	1:21.36	2:05.95	2:50.43
5. Sander Komen	ZV De Bron	3:10.34	197201507	3:11.66	+0,94	41.08	1:28.69	2:20.03	3:11.66
6. Marcel Hoeksel	ZVVS	3:20.75	197001655	3:17.93	+0,96	44.01	1:34.47	2:26.89	3:17.93

Masters 45+

1. Harold Matla	PSV	2:39.93	196800591	2:36.75	+0,91	35.92	1:16.23	1:57.69	2:36.75
<i>Kampioenschaps Record</i>									
2. René Beetsma	HZ&PC Heerenveen	2:43.67	196900069	2:41.93	+0,88	36.39	1:17.49	1:59.52	2:41.93
3. Igor Penchukov	Sprut	2:48.55	102154	2:49.03	+0,83	39.27	1:21.42	2:04.08	2:49.03
4. Marcel Jonkman	Aqualero	2:56.02	196801389	2:52.23	+0,85	37.59	1:22.18	2:07.78	2:52.23
5. Arno Schrauwen	De Roersoppers	2:53.73	196501355	2:52.61	+0,79	39.00	1:23.42	2:08.64	2:52.61
6. Sander van den Berg	WS Twente	2:54.14	196801357	2:57.64	+0,84	39.68	1:25.12	2:11.70	2:57.64
7. Hans Schoenmakers	DAW	2:52.72	196900863	3:00.69	+0,87	38.58	1:25.47	2:13.26	3:00.69
8. Vladimir Semenov	Spartak	3:09.77	102393	3:01.69	+0,98	40.20	1:25.32	2:12.76	3:01.69
9. Joop Weenink	WS Twente	3:03.00	196801535	3:02.50	+1,06	42.60	1:29.92	2:16.90	3:02.50
10. Erik Saan	De Duck	3:18.88	196500769	3:17.14	+1,05	43.69	1:33.29	2:25.41	3:17.14
11. Henk van Zetten	Octopus	3:32.25	196701261	3:26.14	+0,50	47.41	1:39.61	2:33.54	3:26.14
12. Maarten van Nunen	Nautilus	3:30.90	196601463	3:28.18	+0,98	44.09	1:34.96	2:31.06	3:28.18
13. Jeffrey van Doormalen	Wetterwille	3:35.60	196501563	3:34.38	+0,97	49.65	1:44.25	2:41.09	3:34.38

Programmanr. 27, Heren, 200m schoolslag

Masters 50+

1. Edwin v. Norden	AZ&PC	2:36.32	196300563	2:34.84	+0,77	35.09	1:14.63	1:54.78	2:34.84
<i>Nederlands Masters Record</i>									
2. Cees van Houwelingen	De Schelde	2:40.62	196300351	2:43.06	+0,94	36.47	1:17.59	2:00.06	2:43.06
3. Gert Sikkema	Zignea	2:42.35	196300687	2:47.33	+0,88	37.15	1:19.62	2:02.89	2:47.33
4. Erich Reschke	Barmstedter MTV	2:53.02	249912	2:55.70	+0,92	39.52	1:24.42	2:11.15	2:55.70
5. Ralph Caster	RZ	2:49.71	196100069	2:56.31	+0,87	40.00	1:25.36	2:10.92	2:56.31
6. Ronald Grove	Oceanus	2:53.34	196100161	2:57.03	+0,76	39.48	1:24.34	2:10.87	2:57.03
7. Theo Bakker	TriVia	2:58.78	196401231	2:58.95	+0,80	39.48	1:26.85	2:14.20	2:58.95
8. Peter Fölker	Aqua-Novio'94	3:01.53	196401021	3:00.56	+0,81	41.11	1:26.68	2:14.05	3:00.56
9. Ronald van Vliet	De Aalscholver	3:06.24	196300997	3:08.91	+0,89	41.92	1:29.52	2:18.86	3:08.91
10. Michiel Klaren	PSV	3:10.72	196201087	3:12.63	+0,77	43.00	1:31.23	2:20.98	3:12.63
11. Anatoly Cherkasov	Spartak	3:12.70	030029	3:14.00	+1,48	43.87	1:33.73	2:24.32	3:14.00
12. Jack Barends	WS Twente	3:11.11	196201011	3:14.29	+0,94	44.25	1:33.96	2:24.78	3:14.29
13. Bart van Calker	WS Twente	3:20.30	196100067	3:18.92	+0,87	45.96	1:36.38	2:27.91	3:18.92
14. Jan Willem Heuten	WS Twente	3:23.51	196000883	3:24.14	+1,04	45.17	1:38.12	2:31.57	3:24.14
15. Jan Smalheer	SCOM	3:18.23	196400701	3:24.35	+1,23	46.18	1:37.71	2:30.54	3:24.35
16. Perry Dekker	ZV De Bron	3:32.05	196201081	3:34.16	+1,15	47.90	1:42.36	2:38.55	3:34.16
17. Arie van Damme	't Tolhekke	3:34.35	196101029	3:35.39	+0,84	45.81	1:38.34	2:36.41	3:35.39
18. Marco Schoenmakers	ZVVS	3:36.92	196401375	3:39.12	+0,86	46.43	1:41.67	2:41.80	3:39.12
19. John Tersteeg	De Fuut	3:39.28	196001039	3:42.43	+0,86	49.59	1:46.07	2:44.93	3:42.43
AFGEM Ron Phaff	PSV	2:58.69	196200495						

Masters 55+

1. Bart van Doesburg	PSV	3:19.34	195600463	3:11.80	+0,82	43.48	1:32.28	2:21.89	3:11.80
2. Pier van der Sluis	Orca	3:14.16	195900757	3:14.25	+1,04	43.99	1:33.59	2:24.43	3:14.25
3. Paul Bunnik	Triton	3:11.51	195600413	3:21.32	+1,02	43.97	1:35.62	2:29.07	3:21.32
4. Joop van Dijk	Deltasteur	3:30.45	195700075	3:38.73	+1,21	44.11	1:37.73	2:37.17	3:38.73
5. Jan Timmerman	IJZPC	3:48.14	195700347	3:41.70	+0,76	45.24	1:39.86	2:40.22	3:41.70
6. Herbert Katgert	WS Twente	3:33.42	195900739	3:41.92	+1,27	50.41	1:47.05	2:44.92	3:41.92

Masters 60+

1. Charles Bos	De Roersoppers	3:03.69	195300019	3:02.56	+0,81	41.67	1:28.98	2:16.89	3:02.56
2. Laurens klein Breteler	WWV	3:15.92	195400109	3:13.03	+0,88	41.07	1:30.93	2:21.30	3:13.03

Masters 65+

1. Donald Uijtenbogaart	Het Y	3:06.88	194700107	3:10.19	+0,88	43.57	1:31.09	2:20.20	3:10.19
2. Mar van Geel	Old Dutch	3:56.68	194700135	4:01.95	+1,11	52.58	1:54.43	2:58.16	4:01.95
3. Henk Oostendorp	ZV De Bron	4:14.90	194800093	4:15.29	+1,16	56.05	2:00.68	3:08.01	4:15.29

Masters 70+

1. Rob Hanou	PSV	3:15.94	194300109	3:35.66	+1,11	47.27	1:41.97	2:39.23	3:35.66
2. Ruud Sloof	De Rijn	3:36.29	194400073	3:43.02	+1,02	50.56	1:48.28	2:46.79	3:43.02

Masters 75+

1. Jan Eichhorn	ZV Haerlem	4:03.48	193700015	4:13.36	+1,20	55.18	1:58.92	3:06.08	4:13.36
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Programmanr. 28
25-01-2014 - 14:46

Dames, 100m vrije slag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m
Masters 20+						
1. Silke Oude Weernink	De Dinkel	58.36 199002854	59.25	+0,84	28.42	59.25
2. Sanne Rodenburg	RZC	1:00.09 199404714	1:00.28	+0,82	28.32	1:00.28
3. Marloes Erkens	DWK	59.26 199300234	1:00.66	+0,71	28.99	1:00.66
4. Janet van der Poel	LZ 1886	1:03.25 199301842	1:02.33	+0,77	29.94	1:02.33
5. Iris Pijtak	AZ&PC	1:00.32 199300602	1:03.00	+0,78	30.03	1:03.00
6. Carmen Seesing	NDD	1:03.01 199406220	1:03.06	+0,78	29.36	1:03.06
7. Seline Koek	LZ 1886	1:02.81 199400622	1:03.23	+0,82	30.65	1:03.23
8. Eva Engelen	NDD	1:02.13 199405514	1:03.39	+0,70	29.68	1:03.39
9. Ilse Noorlander	d'ELFT WAVE (SG)	1:04.31 199307810	1:03.51	+0,57	29.94	1:03.51
10. Simone de Boer	LZ 1886	1:04.18 199306858	1:03.86	+0,78	30.68	1:03.86
11. Anouk van der Pligt	ZOB'66	1:03.35 199303296	1:04.39	+0,64	30.71	1:04.39
12. Kimberley Kranenberg	ZPC De Hof	1:03.05 199400292	1:04.65	+0,83	30.82	1:04.65
13. Linda Dehing	De Meer	1:06.72 199400022	1:06.24	+0,82	31.87	1:06.24
14. Larissa Beernink	De Veene	1:09.53 199300050	1:06.51	+0,86	31.40	1:06.51
15. Getrude Corporaal	ZVZ	1:08.80 199200380	1:06.54	+0,71	32.16	1:06.54
16. Mandy Verbakel	ZPC Woerden	1:06.57 199003908	1:06.84	+0,93	32.14	1:06.84
17. Lindsey Hol	De Meer	1:07.34 199008088	1:08.02	+0,78	32.71	1:08.02
18. Ramona Noordermeer	ZVVS	1:09.98 199401746	1:08.42	+0,73	33.32	1:08.42
19. Esther Blekkink	Schuurman BZC	1:10.45 199302988	1:09.29	+0,84	33.56	1:09.29
20. Maartje Lenten	De Spatters	1:10.87 199204286	1:09.53	+0,83	33.16	1:09.53
21. Nadine Blouw	GZVW	1:09.47 199302314	1:09.66	+0,82	32.96	1:09.66
22. Marloes Benjamins	Aqualero	1:09.77 199105110	1:10.64	+1,00	34.24	1:10.64
23. Daphne Meijer	Montferland	1:15.70 199303850	1:10.70	+1,17	33.74	1:10.70
24. Melina Dejonckheere	CNSW	1:18.35 CNSW/525/91	1:10.96	+1,02	34.61	1:10.96
25. Lisette van der Lende	WWV	1:13.00 199204258	1:11.89	+1,08	34.28	1:11.89
26. Heleen Ten Have	De Pinquin	1:09.48 199403000	1:12.41	+0,86	34.16	1:12.41
27. Naomi Habing	De Grunte	1:08.79 199402742	1:13.22	+0,85	34.57	1:13.22
28. Elodie Siroen	Merlet	1:12.02 199003414	1:13.44	+0,73	35.12	1:13.44
29. Elske Eikholt	Merlet	1:13.30 199305032	1:13.45	+0,89	34.85	1:13.45
30. Eline Schoenmaker	Zwemlust-den Hommel	1:12.72 199003322	1:13.64	+0,69	34.59	1:13.64
31. Wieteke Jansen	Montferland	1:15.24 199001750	1:15.02	+0,89	36.00	1:15.02
32. Kelly Bockting	Montferland	1:14.01 199104050	1:16.57	+0,94	36.43	1:16.57
33. Sharon van Dooren	De Rog	1:47.19 199207902	1:43.39	+0,85	48.49	1:43.39
Masters 25+						
1. Marion van den Berg	DWK	58.01 198600272	58.55	+0,81	28.57	58.55
2. Sabine Lina	ZPC Woerden	1:00.60 198902680	1:01.88	+0,76	29.63	1:01.88
3. Lisanne Andeweg	Zuiderzeezwimmers	1:02.28 198800092	1:03.00	+0,80	30.44	1:03.00
4. Marije Jansen	Montferland	1:03.36 198504088	1:04.43	+0,83	30.78	1:04.43
5. Fanny Koenig	CNSW	1:08.65 CNSW/636/89	1:04.89	+0,74	31.50	1:04.89
6. Annelette de Vries	WS Twente	1:02.39 198603908	1:04.94	+0,72	30.50	1:04.94
7. Bianca Paape	DAW	1:06.69 198502262	1:05.15	+0,83	31.08	1:05.15
8. Ilse van den Wijngaard	ZPC Woerden	1:02.99 198904736	1:05.98	+0,75	31.64	1:05.98
9. Marije van Manen	AZ&PC	1:08.48 198602386	1:06.70	+0,72	32.79	1:06.70
10. Channe Noort	DAW	1:08.05 198605032	1:08.67	+0,76	33.07	1:08.67
11. Anna Boef	LZ 1886	1:09.23 198806288	1:08.98	+0,82	33.21	1:08.98
12. Henrike de Vries	WS Twente	1:08.64 198907460	1:10.33	+0,98	33.01	1:10.33
13. Josse van Geffen	GZVW	1:11.10 198604730	1:10.82	+0,93	33.56	1:10.82
14. Marlijn Mulders	De Treffers	1:08.69 198803114	1:11.04	+0,53	33.47	1:11.04
15. Serima Veen	De Spatters	1:12.54 198604104	1:11.30	+0,73	33.56	1:11.30
16. Carola Hompes	Budel	1:11.45 198801868	1:12.02	+0,83	35.24	1:12.02
17. Diana Lammers	De Veene	1:12.13 198902572	1:12.30	+0,65	34.83	1:12.30
18. Sandra Koenig	CNSW	1:15.48 CNSW/612/86	1:13.09	+0,86	35.66	1:13.09
19. Esther Steltenpohl	DAW	1:13.91 198504116	1:13.49	+0,75	34.25	1:13.49
20. Renske Eilers	De Amer	1:10.56 198806072	1:13.74	+0,84	35.26	1:13.74
21. Tessa Verheijdt	WVZ	1:12.81 198904290	1:14.64	+0,77	35.56	1:14.64
22. Annebeth van Ark	Octopus	1:21.98 198805588	1:16.45	+0,89	36.31	1:16.45
23. Yvette Nota-Peters	De Spatters	1:09.64 198703158	1:18.73	+0,80	37.31	1:18.73

Programmanr. 28, Dames, 100m vrije slag

Masters 30+

1. Pauline Gouwens	DWK	57.55	198400790	57.53	+0,71	27.50	57.53
<i>Nederlands Masters Record</i>							
2. Karin Hidding	De Dinkel	1:03.42	198400970	1:01.20	+0,47	28.64	1:01.20
3. Sandra Pannekeet	DAW	1:04.92	198403458	1:06.04	+0,71	30.45	1:06.04
4. Pauline Tieleman	De Geul	1:05.94	198403348	1:07.27	+0,75	31.51	1:07.27
5. Miranda Pijnenburg	De Treffers	1:06.52	198301216	1:07.29	+0,96	32.39	1:07.29
6. Petra Benani-Wolsing	De Futen	1:06.75	198402796	1:07.45	+0,87	31.85	1:07.45
7. Emmy Slabbers	De Roersoppers	1:11.60	198101386	1:09.36	+0,90	32.05	1:09.36
8. Diewertje Hoekstra	Swol 1894	1:12.66	198102208	1:11.00	+0,81	33.38	1:11.00
9. Marijke Dirkse	IJZPC	1:15.79	198403480	1:15.49	+0,93	35.40	1:15.49
10. Marloes Rebel	WS Twente	1:28.31	198403474	1:28.74	+1,01	41.13	1:28.74

Masters 35+

1. Nathalie Blondeel	CNSW	1:00.70	CNSW/012/77	1:00.86	+0,73	29.19	1:00.86
<i>BMR</i>							
2. Inez Heideman	WS Twente	1:04.32	197500198	1:06.51	+0,90	31.19	1:06.51
3. Marian Nederlof	DWF	1:09.04	197600950	1:07.08	+0,88	32.24	1:07.08
4. Heleen Spelde - Fransens	THOR	1:10.89	197901358	1:09.31	+1,10	34.00	1:09.31
5. Eveline Hacquebord	IJZPC	1:11.43	197901206	1:09.79	+0,94	33.82	1:09.79
6. Karin van Dijk	H2Oldambt	1:10.52	197600806	1:10.33	+0,87	33.61	1:10.33
7. Carmen Haan	De Spatters	1:10.00	197901458	1:10.65	+0,88	33.23	1:10.65
8. Marieke Langendonk	De Dinkel	1:15.29	197900530	1:11.09	+0,86	34.26	1:11.09
9. Larisa Alekseeva	Sprut	1:10.85	018046	1:11.26	+0,83	34.44	1:11.26
10. Inge Otter	De Bevelanders	1:11.20	197801242	1:12.88	+0,98	34.80	1:12.88
11. Vivian van Kerkwijk	RZ	1:13.62	197500892	1:14.41	+0,81	35.27	1:14.41
12. Fabiola Bosman	Deltasteur	1:15.53	197701148	1:15.83	+1,04	36.17	1:15.83
13. Natasja Linderhof	De Dinkel	1:22.64	197500786	1:21.53	+0,97	38.17	1:21.53
14. Clementine van Bruxvoort	ZPB H&L Productions	1:26.55	197700138	1:25.59	+1,02	40.17	1:25.59

Masters 40+

1. Ingrid Boot-De Groot	De Aalscholver	1:04.07	197000168	1:03.11	+0,82	29.82	1:03.11
2. Annette de Visser	Oceanus	1:06.25	197100602	1:05.26	+0,86	31.69	1:05.26
3. J. de Ruiter-Wijnolst	WIDEX GZC DONK	1:07.07	197400446	1:06.17	+0,67	31.86	1:06.17
4. Edith Janssen-Koolen	TRB-RES	1:06.67	197300898	1:06.61	+0,88	31.22	1:06.61
5. Janet Tulen	Swol 1894	1:05.97	197300626	1:07.62	+0,80	31.87	1:07.62
6. Lidia v. Bon-Rosenbrand	AZ&PC	1:05.70	197000054	1:09.96	+0,96	33.11	1:09.96
7. Renata van Essen	Zuiderzeezwemmers	1:11.06	197300740	1:12.70	+0,74	34.50	1:12.70
8. Natalie van den Broek	Nautilus	1:19.55	197300810	1:13.02	+1,78	35.37	1:13.02
9. Diana Westerdijk	De Spatters	1:19.30	197200704	1:21.45	+0,80	39.21	1:21.45
10. Judith Rienties	Swol 1894	1:21.78	197400960	1:22.34	+1,01	38.45	1:22.34
11. Edith van Dieren	Swol 1894	1:26.70	197400764	1:22.81	+0,97	40.44	1:22.81
12. Claudia Sutin	De Schelde	1:22.25	197200908	1:22.88	+0,82	38.87	1:22.88
13. Natasja Konijn	WIDEX GZC DONK	1:22.69	197100992	1:23.44	+0,89	39.12	1:23.44
14. Marleen Prins	De Fuut	1:29.51	197300864	1:30.16	+0,78	43.92	1:30.16

Masters 45+

1. Monique Tuijp	Ed-Vo	1:03.29	196900800	1:03.05	+0,85	30.24	1:03.05
2. Heidi van Stein	LZ 1886	1:04.38	196900864	1:04.22	+0,82	30.75	1:04.22
3. Marjo Goelema-Koek	De Biesboschzwemmers	1:05.62	196900192	1:04.51	+0,77	30.94	1:04.51
4. Alexandra de Jong	HPC	1:05.28	196900926	1:06.05	+0,80	31.07	1:06.05
5. Paulina van der Zouw	De Dolfijn	1:08.12	196900972	1:07.88	+0,85	31.80	1:07.88
6. Rita van der Horst	RZC	1:06.51	196900260	1:08.09	+0,81	31.65	1:08.09
7. Jantine Braakman	ZV De Bron	1:13.19	196500036	1:10.94	+0,85	33.99	1:10.94
8. Marion Broekhuis	WS Twente	1:10.76	196800060	1:11.20	+0,76	34.01	1:11.20
9. Talje Dijkhuis	AZ&PC	1:11.45	196600072	1:11.98	+0,86	34.77	1:11.98
10. Judith Heijdens-Schasfoort	De Dinkel	1:12.23	196500112	1:12.68	+0,90	34.66	1:12.68
11. Christi Holweg-Brummelhuis	Swol 1894	1:16.39	196500468	1:15.25	+1,00	36.22	1:15.25
12. Roelien Speelman-Tigelaar	De Spatters	1:25.59	196600664	1:17.17	+0,81	36.46	1:17.17
13. Sandra Hoofs-Buil	Racing Club	1:20.66	196600678	1:17.61	+0,86	35.82	1:17.61
14. Y. Snellen van Vollenhoven	PSV	1:23.41	196800836	1:20.81	+0,91	39.39	1:20.81

Programmanr. 28, Dames, 100m vrije slag, Masters 45+

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m
15. Sandra Daamen-Posma	AZC	1:25.64 196800854	1:22.46	+1,02	38.73	1:22.46
16. Hetty Smalheer	SCOM	1:19.52 196700352	1:22.50	+1,01	38.85	1:22.50
17. Jeanette Smits	Orca	1:20.67 196600312	1:23.58	+0,94	39.73	1:23.58
18. Ingeborg Stokx	DAW	1:22.41 196700666	1:23.75	+0,63	39.97	1:23.75
19. Miriam Leeten-Stevens	Budel	1:26.35 196900988	1:24.16	+1,18	39.53	1:24.16
20. Remona Dekker	ZV De Bron	1:24.23 196600620	1:26.58 *	+0,86	40.98	1:26.58
21. Betty van Kemenade	PSV	1:29.78 196800832	1:32.65	+1,07	42.94	1:32.65

Masters 50+

1. Marjan Remmits-De Lange	ZPC Woerden	1:07.94 196300518	1:05.75	+0,76	31.42	1:05.75
2. Anja Tijink	De Dinkel	1:08.20 196400296	1:07.44	+0,88	32.08	1:07.44
3. Katrin Pennings	PSV	1:08.11 196400570	1:08.53	+0,89	32.43	1:08.53
4. Christine Moerkerken	Poseidon'56	1:14.46 196300524	1:09.71	+0,83	32.72	1:09.71
5. Wilna Heijman	't Tolhekke	1:13.70 196400506	1:12.17	+0,92	34.77	1:12.17
6. Marijke Kraak-Beckers	WS Twente	1:12.39 196000240	1:13.36	+0,91	34.78	1:13.36
7. Inge Wolfs	PLONS	1:11.45 196000304	1:14.17	+0,96	36.29	1:14.17
8. Alice de Haan	WIDEX GZC DONK	1:32.82 196400590	1:29.35	+1,19	40.38	1:29.35
9. Joke Burgers	Swol 1894	1:37.03 196000226	1:42.60	+0,85	49.57	1:42.60
10. Riekje Schra	Steenwijk 1934	1:55.74 196400404	2:03.26	+1,31	55.56	2:03.26

Masters 55+

1. Atie Pijtak-Radersma	AZ&PC	1:06.88 195600048	1:09.18	+0,86	33.10	1:09.18
2. Mathilde Vink	Swol 1894	1:15.36 195800128	1:16.89	+0,89	36.91	1:16.89
3. Janny van Eijk	ZV De Bron	1:13.75 195800022	1:17.63	+0,95	37.72	1:17.63
4. Hannie Poletiek	TriVia	1:24.61 195900278	1:23.07	+1,05	38.71	1:23.07
5. Claire Anthony	CNSW	1:20.32 CNSW/487/57	1:23.74	+0,92	39.15	1:23.74
6. Karien Musters	Old Dutch	1:41.75 195800236	1:42.93	+0,75	47.61	1:42.93
7. Cindy Cencen	Han Batur Spor Kulübü	2:11.89 1958CENC	1:56.86	+1,12	53.77	1:56.86

Masters 60+

1. Conny Boer-Buys	ZVVS	1:09.65 195000006	1:11.40	+0,93	34.29	1:11.40
2. Christien Nieuwenhuis	Swol 1894	1:10.79 195100022	1:11.80	+0,80	33.59	1:11.80
3. Alison Gilbert	De Futen	1:15.82 195300068	1:15.80	+0,98	36.17	1:15.80
4. Ineke Meijer	HZ&PC Heerenveen	1:29.09 195200034	1:28.51	+0,96	43.52	1:28.51
5. Tineke van Diggelen	Oceanus	1:32.60 195200048	1:34.96		45.53	1:34.96

Masters 65+

1. Corrie Verhoeven	PSV	1:20.35 194600026	1:22.35	+0,98	37.98	1:22.35
<i>Kampioenschaps Record</i>						
2. Annie Smits	PSV	1:35.42 194600016	1:36.48	+1,04	47.12	1:36.48

Programmanr. 29
25-01-2014 - 15:19

Heren, 100m vrije slag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m
Masters 20+						
1. Mark Costeris	WVZ	51.43 199202327	52.01	+0,73	25.54	52.01
2. Pascal Timmermans	RZC	52.02 199202349	52.16	+0,73	25.11	52.16
3. Lars Sieval	LZ 1886	52.72 199300723	52.83	+0,72	25.26	52.83
4. Emile Manni	Octopus	53.54 199001901	53.34	+0,70	25.29	53.34
5. Menno Manning	De Veene	52.33 199300333	55.13	+0,74	27.16	55.13
6. Jelmar Kluiwstra	LZ 1886	55.66 199204323	55.43	+0,79	26.49	55.43
7. Tim Bunnik	Triton	55.97 199000505	55.48	+0,79	26.25	55.48
8. Dennis Hoogstraten	De Veene	57.35 199303731	55.69	+0,77	26.89	55.69
9. Joost Rijntjes	LZ 1886	54.65 199101899	56.14	+0,78	26.60	56.14
10. Bern Hoeven	Z & PC Zegenwerp	56.02 199301773	56.39	+0,79	26.63	56.39

Programmanr. 29, Heren, 100m vrije slag, Masters 20+

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m
11. Bart Kiesewetter	TRB-RES	56.60 199101203	56.49	+0,71	27.23	56.49
12. Patrick Creemers	RZ	54.66 199000579	56.55	+0,74	27.31	56.55
13. Mike Koelewijn	Steenwijk 1934	57.58 199303597	56.56	+0,69	27.33	56.56
14. Rens Post	WVZ	59.49 199101827	57.96	+0,72	27.43	57.96
15. Walter van der Stelt	Den Doorn	57.38 199401327	58.25	+0,72	27.70	58.25
16. Dennis Bosma	Montferland	56.55 199403851	58.95	+0,69	28.01	58.95
17. Ruben Stolk	ZOB'66	57.68 199005665	1:00.04	+0,77	28.22	1:00.04
18. Roel van der Kleij	Z & PC Zegenwerp	58.57 199001571	1:00.32	+0,64	29.02	1:00.32
19. Stef Hoeven	Z & PC Zegenwerp	1:00.44 199001223	1:00.40	+0,85	28.66	1:00.40
20. Mark Arendshorst	De Veene	58.86 199400303	1:01.00	+0,81	28.16	1:01.00
21. Coen van der Wekken	MGO (SG)	1:01.70 199202965	1:01.67	+0,73	29.66	1:01.67
22. Guus Verhoeven	Z & PC Zegenwerp	1:02.13 199104629	1:02.24	+0,82	29.50	1:02.24
23. Yorick Kreuwel	De Veene	1:00.89 199402225	1:02.57	+0,82	29.23	1:02.57
24. Kevin Dieker	Montferland	1:01.41 199100461	1:02.62	+0,86	29.59	1:02.62
25. Ramon van Huizen	MGO (SG)	1:02.37 199400945	1:03.85	+0,86	30.49	1:03.85
26. Michael Schlijper	Eurode KZC	1:05.54 199303691	1:04.28	+0,89	31.09	1:04.28
27. Bas Zierikzee	LZ 1886	1:04.73 199204321	1:08.15	+0,81	30.94	1:08.15
28. Bob Potkamp	Deltasteur	1:08.89 199403189	1:08.19	+0,96	32.08	1:08.19
29. Rens Mahler	Merlet	1:12.45 199206411	1:08.68	+0,71	30.81	1:08.68
30. Tom de Lange	Deltasteur	1:08.45 199300303	1:09.82	+0,97	32.82	1:09.82
NG Herman Hofman	ZZG de Boskickers (SG)	55.61 199001229				

Masters 25+

1. Raoul Engelenburg	Zwemlust-den Hommel	54.40 198900843	53.78	+0,70	26.04	53.78
2. Klaas van Beek	ZV Haerlem	55.59 198805941	54.78	+0,71	26.33	54.78
3. Sander de Vrugt	ESCA Zwemmen	54.97 198903499	55.38	+0,68	27.22	55.38
4. Richard Huisken	ZPC De Hof	55.27 198501141	55.60	+0,72	26.75	55.60
5. Erik van der Heide	Zuiderzeezwemmers	56.17 198801337	55.93	+0,80	27.15	55.93
6. Emiel Huisken	ZPC De Hof	55.57 198501139	56.52	+0,83	27.11	56.52
7. Ronald Vullings	Merlet	55.89 198703655	58.31	+0,86	28.22	58.31
8. Rick Driezen	Steenwijk 1934	57.07 198600713	58.97	+0,86	28.08	58.97
9. Martijn van Hoorn	MGO (SG)	58.00 198901343	59.53	+0,87	28.75	59.53
10. Mark Effing	Merlet	1:00.74 198600761	1:01.76	+0,81	29.26	1:01.76
11. Arjen van der Boom	Zignea	1:01.07 198604449	1:01.78	+0,85	29.12	1:01.78
12. Jan-Eisse de Haan	ZVZ	1:05.81 198701189	1:06.24	+0,91	32.16	1:06.24
13. Patrick de Jonge	ZPC Woerden	1:08.05 198906635	1:06.61	+0,86	31.41	1:06.61
14. Sander Brat	Swol 1894	1:07.21 198500357	1:06.90	+0,91	32.00	1:06.90
15. Martijn Dragt	ZVZ	1:07.48 198800853	1:09.42	+0,96	33.72	1:09.42
16. Wouter van 't Klooster	AZ&PC	1:12.75 198806159	1:09.90	+0,83	33.72	1:09.90

Masters 30+

1. Nol van Thull	ZOB'66	52.62 198001513	52.69	+0,82	25.35	52.69
2. Rick de Greef	Budel	56.70 198400749	54.11	+0,81	25.57	54.11
3. Lauren Vis	Steenwijk 1934	54.67 198201883	54.62	+0,73	26.01	54.62
4. Robert Dekker	De Veene	1:02.32 198400443	57.24	+0,76	28.02	57.24
5. Ferry Blangé	ZOB'66	59.52 198300185	58.90	+0,83	27.87	58.90
6. Bas v.d. Laan	WVZ	1:00.18 198302471	1:02.12	+0,86	29.07	1:02.12
7. Tjerk Peijnenborg	ZV Haerlem	1:05.23 198201329	1:05.33	+1,06	31.01	1:05.33
8. Dyon de Greef	Budel	1:05.67 198202385	1:05.67	+0,77	31.30	1:05.67
9. Tim Meijer	Montferland	1:07.95 198102481	1:09.62	+0,96	31.75	1:09.62
10. Marnix Cornelisse	LZ 1886	1:17.04 198002343	1:12.13	+0,83	33.74	1:12.13
11. Tijn Huttenhuis	De Dinkel	1:13.37 198302949	1:13.47	+0,73	34.53	1:13.47

Programmanr. 29, Heren, 100m vrije slag

Masters 35+

1. Casper Hut	HZ&PC Heerenveen	52.94	197800471	54.54	+0,67	25.85	54.54
2. Roland de Jong	Eurode KZC	55.71	197601513	55.95	+0,73	26.63	55.95
3. Alex Damen	DAW	58.31	197501371	59.35	+0,75	28.77	59.35
4. Jeroen Zelsmann	AZ&PC	56.68	197701551	59.45	+0,76	28.35	59.45
5. Dimitrie Sonnemans	RZ	1:00.58	197501391	59.46	+0,88	28.24	59.46
6. Erik Lamers	De Gelenberg	1:00.92	197500507	59.63	+0,84	28.82	59.63
7. Victor Barnar	GoSwim	58.80	197801805	59.74	+0,76	28.49	59.74
8. Kars Luttkik	DAW	58.52	197800675	59.76	+0,77	28.59	59.76
9. Erwin Zuidervelt	De Futen	1:01.64	197501015	1:00.97	+0,82	28.93	1:00.97
10. Frits Delicaat	DAW	1:01.83	197901629	1:02.25	+0,93	29.53	1:02.25
11. Okko de Haas	ZV De Bron	1:03.97	197801593	1:04.83	+0,84	30.86	1:04.83
12. Adrie Rijnen	Swol 1894	1:04.50	197801819	1:04.86	+0,80	30.37	1:04.86
13. Gino Martijn	RZ	1:04.61	197901865	1:05.74	+0,73	30.73	1:05.74
14. Martijn van den Biggelaar	Nautilus	1:07.52	197701503	1:06.26	+0,74	30.04	1:06.26
15. Johan Wezenberg	Deltasteur	1:05.84	197601023	1:07.10	+0,96	31.61	1:07.10
16. Ivo Verdonshot	Budel	1:09.64	197500903	1:07.94	+0,86	31.81	1:07.94
17. Arnold Kiburg	Steenwijk 1934	1:31.73	197501423	1:13.68	+0,88	34.25	1:13.68

Masters 40+

1. Tjakko Ruinemans	De Dinkel	55.43	197400687	54.71	+0,83	26.47	54.71
2. Machiel Stolk	Swol 1894	1:01.03	197400779	1:01.13	+0,89	29.33	1:01.13
3. Gerald Hösl	SC Schaffhausen	1:03.41	27749	1:02.20	+0,93	30.44	1:02.20
4. Rogier Becker	De Dinkel	1:04.05	197301439	1:04.11	+0,94	30.23	1:04.11
5. Wiljo Mackus	Budel	1:05.11	197101557	1:04.39	+0,95	30.75	1:04.39
6. Marco de Bat	De Schelde	1:06.22	197101467	1:04.91	+0,75	30.57	1:04.91
7. Wouter van der Stelt	Den Doorn	1:04.40	197200889	1:05.36	+0,74	30.82	1:05.36
8. Rob Janssen	De Gelenberg	1:10.25	197001467	1:06.94	+0,85	31.11	1:06.94
9. Albert Roosenboom	Budel	1:12.03	197101599	1:11.36	+1,02	35.11	1:11.36
10. Edward van Nijmweegen	Budel	1:13.43	197001635	1:12.08	+0,94	33.14	1:12.08
11. Ferdinand Teitink	Montferland	1:12.95	197001583	1:12.41	+0,94	33.78	1:12.41
12. Arnoud van Royen	TriVia	1:13.97	197201515	1:13.56	+0,83	34.96	1:13.56
13. Bert Mars	Swol 1894	1:16.06	197101147	1:16.07	+0,69	35.77	1:16.07
14. Sander Komen	ZV De Bron	1:17.72	197201507	1:16.87	+0,65	36.70	1:16.87
15. Bas van Gool	De Geul	1:17.48	197201435	1:18.23	+0,84	35.65	1:18.23

Masters 45+

1. Glen le Clercq	De Rog	56.87	196800177	55.87	+0,73	26.59	55.87
2. Geert Wijn	De Gelenberg	56.76	196701101	57.63	+0,74	27.58	57.63
3. Marc van den Broeke	Deltasteur	1:00.16	196601485	58.87	+0,83	28.45	58.87
4. Bert de Weerd	RZC	1:00.40	196701283	1:00.16	+0,76	28.58	1:00.16
5. Henk de Raad	Deltasteur	1:02.32	196501503	1:02.71	+0,85	29.97	1:02.71
6. Eric de Haas	De Treffers	1:03.57	196501275	1:02.75	+0,91	30.08	1:02.75
7. Maarten de Pooter	De Schelde	1:04.43	196600615	1:03.34	+0,79	30.16	1:03.34
8. Freddy van der Veen	ZVVS	1:06.19	196601161	1:04.42	+1,09	30.16	1:04.42
9. Erwin Beringen	GoSwim	1:07.13	196601515	1:05.11	+0,74	31.00	1:05.11
10. Marc Wouters	PSV	1:06.97	196501501	1:05.50	+0,93	30.72	1:05.50
11. Pieter-Sjoerd de Wijn	Aqua-Novio'94	1:06.45	196501027	1:06.90	+0,78	32.10	1:06.90
12. Fred Dijkshoorn	Zwemvereniging Westland	1:08.89	196501539	1:06.97	+0,88	31.71	1:06.97
13. Sander Nieuwenhuys	De Fuut	1:09.26	196801423	1:07.47	+0,70	32.24	1:07.47
14. Erik Zoethout	Aqualero	1:07.19	196901157	1:07.75	+0,94	32.69	1:07.75
15. Huyb Stegeman	Steenwijk 1934	1:09.06	196701535	1:07.94	+0,91	32.13	1:07.94
16. Marcel Brittijn	De Duinkickers	1:09.68	196900159	1:08.51	+0,68	32.12	1:08.51
17. Ruud Kennis	Budel	1:14.51	196501555	1:10.03	+0,86	33.77	1:10.03
18. Willem Jan Ribberink	WIDEX GZC DONK	1:11.33	196501327	1:10.34	+0,86	33.55	1:10.34
19. Yves van den Berg	WIDEX GZC DONK	1:11.70	196601437	1:11.22	+0,98	34.20	1:11.22
20. Peter Schielen	De Fuut	1:11.99	196501531	1:12.05	+0,73	35.01	1:12.05
21. Willem Jannink	Swol 1894	1:09.39	196500423	1:12.72	+0,88	33.61	1:12.72
22. Joost van Eerd	Budel	1:15.97	196901723	1:13.78	+0,85	34.81	1:13.78
23. René Speelman	De Spatters	1:14.78	196601521	1:14.18	+0,83	34.49	1:14.18
24. Ramon Alsina Munoz	CNSW	1:17.41	CNSW/608/69	1:15.89	+0,82	35.63	1:15.89
25. Gertjan van der Vaart	ZVVS	1:32.79	196801529	1:17.81	+0,89	36.89	1:17.81

Programmanr. 29, Heren, 100m vrije slag, Masters 45+

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m
26. Jeffrey van Doormalen	Wetterwille	1:19.57 196501563	1:18.18	+0,88	37.10	1:18.18
27. Maarten van Nunen	Nautilus	1:21.96 196601463	1:18.93	+1,02	37.35	1:18.93

Masters 50+

1. Cees van Houwelingen	De Schelde	55.31 196300351	56.31	+0,86	27.11	56.31
<i>Nederlands Masters Record</i>						
2. Dmitry Kromskiy	Poseidon	57.98 037011	59.12	+0,78	28.44	59.12
3. Arnold de Rover	De Futen	58.08 196400645	59.13	+0,83	28.26	59.13
4. Gert Sikkema	Zignea	58.66 196300687	59.92	+0,85	28.83	59.92
5. Rene de Boer	DAW	1:06.38 196400087	1:00.71	+0,82	29.59	1:00.71
6. Jan Wierenga	De Aalscholver	1:01.65 196400843	1:01.28	+0,87	29.01	1:01.28
7. Wiljam Nijenhuis	De IJsel	1:01.14 196400547	1:01.44	+0,92	29.30	1:01.44
8. Gustav van den Berg	TriVia	1:01.91 196100991	1:01.47	+0,89	29.84	1:01.47
9. Robert Vink	WWV	1:03.99 196301075	1:02.62	+0,91	30.21	1:02.62
10. John Stokx	DAW	1:03.38 196401341	1:03.40	+0,79	30.39	1:03.40
11. Edzo Huisman	Aquapoldro	1:04.03 196301029	1:04.99	+0,91	30.04	1:04.99
12. Theo Bakker	TriVia	1:04.47 196401231	1:06.28	+0,76	31.24	1:06.28
13. Rob Penninks	PSV	1:08.12 196000897	1:07.47	+0,80	32.71	1:07.47
14. Bob Nieuwenhuys	De Fuut	1:08.92 196201227	1:07.83	+0,75	32.59	1:07.83
15. Henry Brouwer	Aqualero	1:10.73 196301223	1:08.66	+0,88	31.70	1:08.66
16. Robert de Brauwer	De Duinkickers	1:09.31 196401383	1:08.84	+1,09	32.17	1:08.84
17. John Dam	Zignea	1:10.17 196000915	1:09.98	+0,88	34.01	1:09.98
18. Nico Buurman	PSV	1:14.57 196401357	1:11.12	+0,99	33.75	1:11.12
19. Perry Dekker	ZV De Bron	1:25.10 196201081	1:27.57	+1,03	42.38	1:27.57
NG Harrie Oude Weernink	WS Twente	1:05.58 196001037				

Masters 55+

1. Marten de Groot	HZ&PC Heerenveen	58.86 195800149	58.20	+0,78	28.16	58.20
<i>Kampioenschaps Record</i>						
2. Gennadii Karelin	Spartak	1:06.45 030009	1:05.84	+1,06	31.90	1:05.84
3. Evertjan Masurel	PSV	1:07.95 195600495	1:08.08	+0,79	32.71	1:08.08
4. Johan Wouda	Neptunus	1:09.32 195500395	1:10.41	+1,07	33.89	1:10.41
5. Pier van der Sluis	Orca	1:11.73 195900757	1:17.21	+1,00	35.79	1:17.21

Masters 60+

1. Brend Brevé	PSV	1:06.71 195200265	1:06.42	+0,89	32.19	1:06.42
2. Fred Zanting	TriVia	1:10.02 195400323	1:09.56	+1,00	33.99	1:09.56
3. Laurens klein Breteler	WWV	1:16.82 195400109	1:14.16	+0,86	35.04	1:14.16
4. Bé Grave	H2Oldambt	1:14.48 195300231	1:15.18	+0,95	35.29	1:15.18
5. Jos Kamps	De Amer	1:14.38 195100085	1:16.05	+1,15	36.19	1:16.05
6. Frank Zwijnenberg	PSV	1:19.62 195400361	1:17.34	+0,79	36.87	1:17.34

Masters 65+

1. Ale van der Veen	HPC	1:03.89 194900159	1:03.42	+0,74	30.43	1:03.42
<i>Nederlands Masters Record</i>						
2. Han Roos	ZV De Bron	1:14.47 194500081	1:12.37	+1,05	35.31	1:12.37
3. Theo Schouten	WWV	1:14.18 194600161	1:13.77	+0,99	35.27	1:13.77
4. Willem Putter	ZVVS	1:17.49 194500135	1:17.09	+1,07	37.34	1:17.09
5. Jaap Kwakkel	DAW	1:14.10 194700157	1:17.90	+0,97	36.59	1:17.90
6. Mar van Geel	Old Dutch	1:26.97 194700135	1:33.89	+1,13	44.09	1:33.89
7. Henk Oostendorp	ZV De Bron	1:35.46 194800093	1:40.51	+1,05	46.84	1:40.51

Masters 70+

1. J. Canales de Mendoza	RC MEDITERRANEO	1:12.34 24983334	1:11.69	+0,81	34.66	1:11.69
<i>Kampioenschaps Record</i>						
2. Frans van Enst	WS Twente	1:18.23 194000011	1:17.00	+1,02	35.87	1:17.00
3. Geza Kaltenecker	AZC	1:26.24 194200065	1:23.26	+1,08	39.13	1:23.26

Programmanr. 29, Heren, 100m vrije slag

Masters 75+

1. Nico Geers	Z&PC De Gouwe	1:13.95	193800007	1:18.67	+0,98	38.20	1:18.67
<i>Kampioenschaps Record</i>							
2. Gregor Pompen	Aqua-Novio'94	1:27.75	193700021	1:29.40	+1,12	42.68	1:29.40
3. Pieter Scharphorn	Neptunus	2:08.17	193800037	2:23.39 *	+1,32	1:00.28	2:23.39

Masters 85+

1. Vladas Vimbaras	Takas	2:19.98	19270421	2:13.55	+1,03	1:03.14	2:13.55
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Programmanr. 30
25-01-2014 - 15:54

Dames, 50m vlinderslag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
Masters 20+						
1.	Lisa Dreesens	PSV	28.80	199105798	28.46	+0,81
<i>Kampioenschaps Record</i>						
2.	Chantal Grove	De Dolfijn	29.51	199401844	29.49	+0,76
3.	Yvon Versteeg	De Veene	30.26	199201864	30.08	+0,81
4.	Linda van der Hout	Piranha	30.13	199300344	30.85	+0,72
5.	Karin Verbeek	Nautilus	30.40	199201848	31.25	+0,69
6.	Eva Engelen	NDD	30.65	199405514	31.35	+0,70
7.	Janet van der Poel	LZ 1886	31.16	199301842	31.72	+0,72
8.	Isabelle Massar	WVZ	31.10	199102034	31.76	+0,79
9.	Kim Wijnja	De Biesboschzwemmers	30.92	199107812	31.79	+0,77
10.	Anouk van der Pligt	ZOB'66	31.21	199303296	32.01	+0,62
11.	Laura van den Berg	Swol 1894	31.41	199100206	32.16	+0,75
12.	Sanne van der Stelt	Den Doorn	33.42	199303562	33.21	+0,93
13.	Jen-Ai van Soelen	Zuiderzeezwemmers	29.92	199003510	33.98	+0,72
14.	Joyce Raemaekers	Budel	34.66	199106106	34.59	+0,80
15.	Whitley Rens	MGO (SG)	33.65	199007520	34.75	+0,86
16.	Selly Swieringa	Aqualero	36.26	199008320	35.37	+0,86
17.	Mandy Verbakel	ZPC Woerden	35.20	199003908	35.38	+0,90
18.	Esther Blekkink	Schuurman BZC	36.83	199302988	36.26	+0,83
19.	Lisette van der Lende	WWV	37.73	199204258	36.43	+0,99
20.	Claudia Creemers	De Roersoppers	37.95	199202864	37.46	+0,82
21.	Naomi Habing	De Grunte	36.28	199402742	37.57	+0,77
22.	Kelly Bockting	Montferland	36.96	199104050	37.81	+0,92
23.	Elske Eikholt	Merlet	36.46	199305032	38.57	+0,89
24.	Maaïke Hiemstra	Aqualero	42.46	199008318	43.67	+0,83

Masters 25+

1.	Anique Willeme	De Dinkel	30.42	198604106	30.33	+0,79
2.	Fanny Koenig	CNSW	31.42	CNSW/636/89	31.14	+0,75
3.	Sandra Zwaanswijk	DAW	31.01	198503934	32.44	+0,76
4.	Annelette de Vries	WS Twente	32.31	198603908	32.50	+0,72
5.	Monique Jonker	TriVia	32.52	198501472	32.62	+0,88
6.	Marieke van Dodeweerd	RZC	32.48	198600896	33.99	+0,85
7.	Lisette Prins	WVZ	34.06	198803522	34.07	+0,84
8.	Merel Siroen	Merlet	34.81	198804006	34.21	+0,81
9.	Bianca Paape	DAW	34.53	198502262	34.73	+0,85
10.	Maaïke van Diggele	ZPB H&L Productions	34.64	198700868	34.86	+0,86
11.	Marlijn Mulders	De Treffers	33.93	198803114	35.43	+0,76
12.	Carola Hompes	Budel	35.31	198801868	35.57	+0,83
13.	Esther Steltenpohl	DAW	37.20	198504116	35.87	+0,75
14.	Patricia Becks	Z & PC Zegenwerp	35.21	198705946	36.24	+0,86
15.	Liesbeth van Mill	DWK	35.60	198702786	36.27	+0,91
16.	Gerlinde van de Wetering	Deltasteur	37.59	198904678	37.06	+1,03
17.	Henrike de Vries	WS Twente	40.10	198907460	38.42	+1,01
18.	Channe Noort	DAW	37.20	198605032	38.75	+0,81

Programmanr. 30, Dames, 50m vlinderslag, Masters 25+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
DIS	Monique Pronk	WVZ	33.72	198803528		
NG	Chantal Nap	HZ&PC Heerenveen	28.76	198903004	VE	

Masters 30+

1.	Pauline Gouwens <i>Nederlands Masters Record</i>	DWK	28.34	198400790	28.36	+0,72
2.	Nadya Putter	ZVVS	31.72	198301630	31.55	+0,71
3.	Esther Versteeg	Van Vliet-Barracuda	31.56	198302112	32.34	+0,87
4.	Monique Stant	Oceanus	32.49	198201592	33.71	+0,96
5.	Patricia Strohm	De Dinkel	33.34	198102110	33.74	+0,83
	Sandra Pannekeet	DAW	32.84	198403458	33.74	+0,73
7.	Miranda Pijnenburg	De Treffers	32.56	198301216	33.75	+0,92
8.	Marloes Rebel	WS Twente	45.51	198403474	45.85	+0,99
NG	Roos Lemmen	Eurode KZC	32.07	198403078		

Masters 35+

1.	Elvira Jonkers <i>Nederlands Masters Record</i>	De Pinquin	31.63	197900420	30.55	+0,78
2.	Nathalie Blondeel	CNSW	31.58	CNSW/012/77	31.38	+0,73
3.	Yvonne Janssen	RZC	32.26	197600030	32.15	+0,86
4.	Inez Heideman	WS Twente	32.31	197500198	33.61	+0,90
5.	Diane Scholing	Het Ravijn	35.76	197701090	35.00	+0,76
6.	Mirjan den Drijver-Aarse	Zwemvereniging Westland	34.92	197500884	35.79	+0,95
7.	Babette Rens	Dedemsvaart-AC	35.36	197801200	36.00	+0,74
8.	Inge Otter	De Bevelanders	35.95	197801242	36.25	+0,99
9.	Karin van Dijk	H2Oldambt	36.40	197600806	36.30	+0,85
10.	Kristel Lips	ZV De Bron	36.67	197900562	37.01	+0,97
11.	Vivian van Kerkwijk	RZ	36.99	197500892	37.13	+0,80
12.	Amy van Dijk	RZ	43.76	197900170	42.28	+1,06

Masters 40+

1.	Jeanne Petit	Maxwell SC	33.26	1112847	32.12	+0,84
2.	Ilona Hogerheyde	DAW	32.22	197400224	32.75	+0,72
3.	Janet Tulen	Swol 1894	37.00	197300626	35.35	+0,81
4.	Henriëtte Manting	GZVW	35.72	197100246	35.76	+1,00
5.	Ursula Spoelstra-de Groot	WS Twente	44.13	197200952	44.65	+0,99

Masters 45+

1.	Lesley Cordial <i>Nederlands Masters Record</i>	Neptunus	31.15	196700684	31.13	+0,81
2.	Christien Pieterse	De Vrije Slag	31.49	196700538	31.56	+0,75
3.	Marjo Goelema-Koek	De Biesboschzwemmers	33.62	196900192	33.90	+0,84
4.	Rita van der Horst	RZC	34.62	196900260	35.49	+0,92
5.	Caroline Schreuder	Triton	35.60	196700550	36.40	+0,85
6.	Sandra Hoofs-Buil	Racing Club	37.56	196600678	38.62	+0,90
7.	Miriam Leeten-Stevens	Budel	42.75	196900988	43.46	+1,18
8.	Jeanette Smits	Orca	42.24	196600312	45.99	+0,91

Masters 50+

1.	Marjan Remmits-De Lange	ZPC Woerden	33.11	196300518	32.74	+0,78
2.	Anja Tijink	De Dinkel	33.91	196400296	33.34	+0,81
3.	Petra Tossings	DAW	38.56	196100376	36.10	+0,79
4.	Inge Wolfs	PLONS	35.29	196000304	36.22	+0,84
5.	Marijke Kraak-Beckers	WS Twente	37.21	196000240	37.86	+0,96
6.	Loreta Kabasinskiene	Takas	41.12	19630410	42.95	+1,07
7.	Lia Bijkerk	WIDEX GZC DONK	45.37	196000014	47.76	+1,04



Open Nederlandse Masters
Kampioenschappen 2014 korte baan
Zwolle, 24-26 januari 2014



Programmanr. 30, Dames, 50m vlinderslag

Masters 55+

1.	Mathilde Vink	Swol 1894	34.27	195800128	35.55	+0,89
2.	Claire Anthony	CNSW	35.26	CNSW/487/57	35.82	+0,91
3.	Janny van Eijk	ZV De Bron	39.21	195800022	41.12	+1,02
4.	Hannie Poletiek	TriVia	44.11	195900278	44.87	+1,19

Masters 60+

1.	Christien Nieuwenhuis	Swol 1894	35.65	195100022	36.93	+0,84
2.	Patty Krupiarz	PSV	42.61	195400074	41.50	+0,80
3.	Fernande Blondeel	CNSW	47.90	CNSW/011/52	49.01	+0,86

Masters 65+

1.	Annet Verhoeven	De Duinkickers	1:11.68	194600024	1:11.45 *	+1,03
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Masters 70+

1.	Leny Kamp	Aquapoldro	1:16.76	194400008	1:16.89	+1,19
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Programmanr. 31
25-01-2014 - 16:07

Heren, 50m vlinderslag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
Masters 20+						
1.	Emile Manni	Octopus	25.89	199001901	25.71	+0,66
2.	Stefan Timmermans	RZC	26.40	199403015	25.90	+0,76
3.	Mark Costeris	WVZ	25.69	199202327	26.29	+0,70
4.	Lars Sieval	LZ 1886	26.34	199300723	26.63	+0,75
5.	Menno Manning	De Veene	26.30	199300333	26.86	+0,70
6.	Thomas Hansen	LZ 1886	27.60	199204327	27.30	+0,67
7.	Mike Schel	ESCA Zwemmen	26.89	199403279	27.41	+0,82
8.	Joost Rijntjes	LZ 1886	26.89	199101899	27.71	+0,77
9.	Dennis Hoogstraten	De Veene	28.54	199303731	27.84	+0,76
10.	Erwin Sneek	De Futen	28.66	199102153	28.88	+0,82
11.	Jelte Schuurmans	Merlet	28.50	199104841	28.90	+0,86
12.	Ruben Stolk	ZOB'66	28.32	199005665	29.18	+0,78
13.	Roel van der Kleij	Z & PC Zegenwerp	28.74	199001571	30.21	+0,67
14.	Mark Huijsman	De Lansingh	29.85	199001305	31.14	+0,78
15.	Mark Arendshorst	De Veene	30.58	199400303	31.26	+0,77
16.	Coen van der Wekken	MGO (SG)	31.26	199202965	31.62	+0,72
17.	Sven van Zanten	De Duinkickers	29.80	199003405	31.66	+0,78
18.	Mark Pijtak	AZ&PC	30.78	199002287	31.91	+0,85
19.	Eric Kalee	De Amer	32.77	199005307	32.05	+0,94
20.	Kevin Dieker	Montferland	31.10	199100461	32.28	+0,87
21.	Guus Verhoeven	Z & PC Zegenwerp	32.13	199104629	32.46	+0,79
22.	Bas Zierikzee	LZ 1886	31.05	199204321	32.80	+0,76
23.	Yorick Kreuwel	De Veene	33.59	199402225	33.60	+0,81
24.	Daniel van den Wildenberg	Eurode KZC	34.10	199206491	34.76	+0,73
25.	Michael Schlijper	Eurode KZC	34.80	199303691	34.84	+0,84
26.	Daniel Rosenkranz	Montferland	36.00	199107601	36.88	+0,88
NG.ZA	Bern Hoeven	Z & PC Zegenwerp	28.37	199301773		

Programmanr. 31, Heren, 50m vlinderslag

Masters 25+

1.	Filipp Müller <i>Nederlands Masters Record</i>	Piranha	25.26	198604633	25.08	+0,71
2.	Merijn Ellenkamp	DWK	26.42	198500691	26.59	+0,73
3.	Roderik Meijers	ZOB'66	27.46	198602063	27.21	+0,71
4.	Raynor Wolf	RZC	27.32	198903663	27.27	+0,81
5.	Bastian Zoon	MGO (SG)	28.11	198703929	27.78	+0,68
6.	Rick Driezen	Steenwijk 1934	27.73	198600713	28.46	+0,86
7.	Klaas van Beek	ZV Haerlem	29.75	198805941	28.78	+0,70
8.	Niels van Beurden	ZPC Woerden	31.62	198805669	29.06	+0,84
9.	Jauke Hamstra	Deltasteur	28.92	198601089	29.26	+0,83
10.	Boy Heijnekamp	LZ 1886	30.01	198901161	29.82	+0,71
11.	Joppe Schuurmans	Merlet	28.20	198905447	30.23	+0,73
12.	Ronald Vullings	Merlet	28.73	198703655	30.43	+0,84
	Wesley van Diejen	PSV	30.02	198604551	30.43	+0,78
14.	Martijn van Hoorn	MGO (SG)	29.82	198901343	30.91	+0,80
15.	Mark Effing	Merlet	29.96	198600761	31.11	+0,79
16.	Patrick de Jonge	ZPC Woerden	32.21	198906635	32.44	+0,80
17.	Jan-Eisse de Haan	ZVZ	32.57	198701189	33.12	+0,92
18.	Robin Eggenkamp	De Duinkickers	34.66	198700847	34.58	+0,88

Masters 30+

1.	Lauren Vis <i>Kampioenschaps Record</i>	Steenwijk 1934	26.70	198201883	26.51	+0,72
2.	John Meijdam	DAW	30.77	198301439	28.99	+0,79
3.	Gerwin Vonk	De Spatters	29.07	198201907	29.02	+0,71
4.	Erik Drewes	De Biesboschzwemmers	29.01	198400543	29.10	+0,77
5.	Ferry Blangé	ZOB'66	30.41	198300185	29.31	+0,84
6.	Mathijs Lenos	HFC	32.02	198401407	30.87	+0,93
7.	Tim Meijer	Montferland	32.45	198102481	31.96	+0,85
8.	Sebastiaan Baars	WS Twente	33.42	198300053	33.81	+0,94
9.	Tjerk Peijnenborg	ZV Haerlem	34.14	198201329	34.38	+0,96
10.	Paul Rutten	ESCA Zwemmen	35.61	198001293	38.47	+0,84

Masters 35+

1.	Jeroen Zelsmann	AZ&PC	27.82	197701551	28.16	+0,76
2.	Kars Luttk	DAW	29.10	197800675	29.25	+0,77
3.	Markus van Rest	Zoetermeer	29.48	197701197	29.37	+0,80
4.	Mark Zwart	Zwemlust-den Hommel	29.60	197901461	29.62	+0,85
5.	Bas Spoelstra	De Futen	29.89	197701573	29.76	+0,65
6.	Alex Damen	DAW	29.21	197501371	29.82	+0,74
7.	Michael Go	AZC	31.27	197501397	31.45	+0,81
8.	Ivo Verdonshot	Budel	34.99	197500903	33.30	+0,81
9.	Johan Wezenberg	Deltasteur	32.71	197601023	33.59	+0,99
10.	Arnold Kiburg	Steenwijk 1934	38.26	197501423	37.71	+0,79
DIS	Marcel van Walt van Praag	Gay Swim Amsterdam	39.51	197501425		VI
NG.ZA	Niels Buiten	ZCNF'34	34.89	197701553		

Masters 40+

1.	Harry Cornet	De Biesboschzwemmers	27.70	197100175	27.90	+0,79
2.	Heiner Stevens	Zignea	29.56	197201299	29.55	+0,77
3.	Marco van den Wildenberg	Van Vliet-Barracuda	28.87	197300991	29.71	+0,84
4.	Machiel Stolk	Swol 1894	29.50	197400779	30.08	+0,96
5.	Paul Hardeman	AZ&PC	31.30	197300327	31.65	+0,85
6.	Marco de Bat	De Schelde	31.28	197101467	31.94	+0,80
7.	Albert Roosenboom	Budel	33.87	197101599	35.05	+1,01
8.	Arnoud van Royen	TriVia	35.42	197201515	35.60	+0,85
9.	Gertjan van de Bosch	IJZPC	37.38	197001615	37.91	+0,94
10.	Bas van Gool	De Geul	36.39	197201435	38.92	+0,84

Programmanr. 31, Heren, 50m vlinderslag

Masters 45+

1.	Glen le Clercq	De Rog	29.45	196800177	29.29	+0,76
2.	Geert Wijn	De Gelenberg	29.54	196701101	29.81	+0,74
3.	Marcel Molendijk	De Vrije Slag	30.82	196501117	30.16	+0,78
4.	Paul Jurcka	WS Twente	29.64	196901599	30.19	+0,83
	Arvydas Burinskas	Takas	29.84	19690822	30.19	+0,79
6.	Marcel Jonkman	Aqualero	31.07	196801389	30.59	+0,75
7.	Fred Heemstra	DAW	29.79	196500357	31.60	+0,86
8.	Konstantin Sklyar	TG Lage 1862	31.36	321129	31.85	+0,88
9.	Frank v Nobelen	Sassenheim	32.20	196900753	31.92	+0,88
10.	Erik Saan	De Duck	31.26	196500769	32.18	+0,92
11.	Sander van den Berg	WS Twente	31.74	196801357	32.19	+0,83
12.	Bert de Weerd	ZRC	33.73	196701283	32.32	+0,81
13.	Danny Zulver	ZVVS	32.84	196701617	33.03	+0,80
14.	Eric de Haas	De Treffers	32.57	196501275	33.40	+0,94
15.	Hans Schoenmakers	DAW	32.54	196900863	33.74	+0,91
16.	Gerco Schakel	DWK	32.60	196900849	33.83	+0,88
17.	Erik Zoethout	Aqualero	33.54	196901157	34.32	+0,91
18.	Marcel Brittijn	De Duinkickers	33.59	196900159	34.35	+0,70
19.	Peter Schielen	De Fuut	39.15	196501531	39.33	+0,75
20.	Ramon Alsina Munoz	CNSW	41.88	CNSW/608/69	41.51	+0,87
DIS	Sander Nieuwenhuys	De Fuut	36.36	196801423		AA
NG	Harald Mulder	Zoetermeer	35.60	196701459		

Masters 50+

1.	Johan Remmits	ZPC Woerden	29.00	196201159	28.82	+0,77
2.	Wijam Nijenhuis	De IJsel	30.41	196400547	30.79	+0,83
3.	Hans Vloedgraven	Old Dutch	31.90	196400917	30.95	+0,85
4.	Sergey Meskin	Spartak	31.97	101449	31.82	+0,79
5.	Walter Slijkerman	De Spatters	32.72	196401179	32.13	+0,80
6.	Jan Wierenga	De Aalscholver	32.55	196400843	32.30	+0,84
7.	Gustav van den Berg	TriVia	33.05	196100991	33.02	+0,89
8.	Wilbert Barten	Nautilus	34.30	196401373	33.78	+0,89
9.	Ronald van Vliet	De Aalscholver	34.18	196300997	34.54	+0,85
10.	Robert de Brauwer	De Duinkickers	32.08	196401383	34.68	+1,02
11.	Roy le Clercq	De Rog	34.78	196401041	35.57	+0,99
12.	Bob Nieuwenhuys	De Fuut	37.45	196201227	37.74	+0,82
13.	John Tersteeg	De Fuut	43.23	196001039	42.00	+0,99

Masters 55+

1.	Marten de Groot	HZ&PC Heerenveen	30.51	195800149	30.20	+0,81
2.	Walter Rolloos	Van Vliet-Barracuda	34.39	195900387	33.44	+1,04
3.	Henk Slomp	De Pinquin	32.95	195500359	33.53	+0,86
4.	Johan Wouda	Neptunus	34.60	195500395	35.89	+1,02
5.	Jaap de Boer	De Duinkickers	36.22	195800691	36.99	+0,77
6.	Joop van Dijk	Deltasteur	38.92	195700075	39.04	+1,05
7.	Peter Coffeng	WIDEX GZC DONK	39.36	195700063	47.57	+0,94
DIS	Gerrit Rijkens	Zwemclub Polaris	36.78	195800549		AA

Masters 60+

1.	Charles Bos	De Roersoppers	33.39	195300019	32.37	+0,86
2.	Fred Zanting	TriVia	33.81	195400323	34.12	+1,03
3.	Ruud Ruiter	WWV	34.78	195300169	34.21	+0,93

Masters 65+

1.	Ale van der Veen	HPC	32.84	194900159	31.75	+0,76
	<i>Nederlands Masters Record</i>					
2.	Jaap Kwakkel	DAW	36.77	194700157	41.87	+0,96

Programmanr. 31, Heren, 50m vlinderslag

Masters 70+

1.	Josep Claret	Club Nagi	31.03	39276092	31.77	+0,84
	<i>Europees Masters Record</i>					

Masters 75+

1.	Pavelas Bezzubovas	Takas	41.80	19390108	42.23	+1,10
	<i>LMR</i>					

Programmanr. 32
25-01-2014 - 16:24

Dames, 100m rugslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	
Masters 20+							
1.	Silke Oude Weernink	De Dinkel	1:04.39	199002854	1:05.84	32.07	1:05.84
	<i>Kampioenschaps Record</i>						
2.	Chantal Grove	De Dolfijn	1:05.26	199401844	1:05.93	32.61	1:05.93
3.	Sharon Gelmers	Octopus	1:05.14	199400416	1:07.28	32.20	1:07.28
4.	Désirée Emmen	De Warande	1:08.16	199204862	1:08.58	33.29	1:08.58
5.	Sigrid Dogger	De Zwoer	1:10.58	199200452	1:10.19	34.41	1:10.19
6.	Manon van Strien	WVZ	1:08.56	199400770	1:10.29	33.60	1:10.29
	Iris Pijtak	AZ&PC	1:09.20	199300602	1:10.29	34.32	1:10.29
8.	Marloes Erkens	DWK	1:08.93	199300234	1:10.75	34.57	1:10.75
9.	Suzanne Mosch	MSV-Zeemacht	1:09.28	199400548	1:10.96	34.22	1:10.96
10.	Simone de Boer	LZ 1886	1:13.40	199306858	1:12.74	35.78	1:12.74
11.	Chantal Meyerink	De Grunte	1:17.37	199105212	1:13.33	35.87	1:13.33
12.	Linda Dehing	RZ	1:19.32	199400022	1:14.97	37.08	1:14.97
13.	Kimberley Kranenberg	ZPC De Hof	1:12.64	199400292	1:15.13	36.11	1:15.13
14.	Kim Wijnja	De Biesboschwimmers	1:16.68	199107812	1:15.21	36.33	1:15.21
15.	Tessa Mosch	MSV-Zeemacht	1:13.06	199102172	1:15.64	37.08	1:15.64
16.	Ilse Noorlander	d'ELFT WAVE (SG)	1:15.28	199307810	1:16.26	37.25	1:16.26
17.	Larissa Beernink	De Veene	1:19.26	199300050	1:17.22	36.87	1:17.22
18.	Getrude Corporaal	ZVZ	1:16.48	199200380	1:17.53	37.54	1:17.53
19.	Linda van den Berg	Dedemsvaart-AC	1:20.48	199000230	1:18.94	39.00	1:18.94
20.	Jacoline van den Beukel	Zwemvereniging Westland	1:20.81	199100238	1:18.95	38.33	1:18.95
21.	Lindsey Hol	De Meer	1:16.95	199008088	1:20.52	40.04	1:20.52
22.	Marloes Benjamins	Aqualero	1:21.03	199105110	1:21.01	40.34	1:21.01
23.	Eline Schoenmaker	Zwemlust-den Hommel	1:17.17	199003322	1:21.15	39.47	1:21.15
24.	Heleen Ten Have	De Pinquin	1:19.28	199403000	1:22.39	39.66	1:22.39
25.	Ramona Noordermeer	ZVVS	1:22.71	199401746	1:23.01	40.81	1:23.01
26.	Jen-Ai van Soelen	Zuiderzeewimmers	1:09.59	199003510	1:23.05	38.68	1:23.05
27.	Pauline Magnée	De Warande	1:23.70	199205434	1:26.03	41.73	1:26.03
28.	Jannica Lieste	Deltasteur	1:28.79	199008348	1:30.00	43.67	1:30.00

Masters 25+

1.	Charlotte Groeneveld	Zwemlust-den Hommel	1:08.98	198701404	1:07.77	32.32	1:07.77
2.	Samantha van Eijk	De Geul	1:10.60	198806826	1:09.75	34.40	1:09.75
3.	Monique Jonker	TriVia	1:13.51	198501472	1:12.86	35.35	1:12.86
4.	Anna Boef	LZ 1886	1:13.59	198806288	1:13.66	36.02	1:13.66
5.	Sabine Lina	ZPC Woerden	1:09.02	198902680	1:13.68	36.38	1:13.68
6.	Wieteke Elzinga	DAW	1:12.73	198601038	1:15.80	37.31	1:15.80
7.	Esther van Maastrigt	Montferland	1:12.59	198802836	1:15.83	37.64	1:15.83
8.	Marije Jansen	Montferland	1:14.90	198504088	1:16.02	36.68	1:16.02
9.	Marije van Manen	AZ&PC	1:19.79	198602386	1:16.96	37.91	1:16.96
10.	Gerlinde van de Wetering	Deltasteur	1:20.69	198904678	1:20.57	39.68	1:20.57
11.	Maaïke van Diggele	ZPB H&L Productions	1:22.11	198700868	1:22.91	40.80	1:22.91
12.	Diana Lammers	De Veene	1:20.58	198902572	1:23.87	40.50	1:23.87
13.	Relinda Baas	GZVW	1:22.69	198900144	1:24.97	41.76	1:24.97
14.	Annebeth van Ark	Octopus	1:32.83	198805588	1:27.31	43.64	1:27.31

Programmanr. 32, Dames, 100m rugslag, Masters 25+

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m
15. Yvette Nota-Peters	De Spatters	1:14.36	198703158	1:29.63		43.17	1:29.63
16. Dian van Pelt	De Biesboschzweimmers	1:30.91	198502296	1:31.22		43.65	1:31.22

Masters 30+

1. Roos van Esch	TRB-RES	1:09.60	198200468	1:13.57		35.99	1:13.57
2. Franca Willeme	De Dinkel	1:14.30	198402760	1:14.49		36.19	1:14.49
3. Emmy Slabbers	De Roersoppers	1:20.64	198101386	1:19.51		37.50	1:19.51
4. Pauline Tieleman	De Geul	1:18.57	198403348	1:20.29		39.13	1:20.29
5. Mirjam Minderhoud	Zignea	1:33.70	198301398	1:32.47 *		44.16	1:32.47

Masters 35+

1. Melanie Kuiper	Zignea	1:17.33	197600350	1:15.20		36.91	1:15.20
2. Petra Verstegen	WVZ	1:18.32	197700906	1:20.17		38.71	1:20.17
3. Heleen Spelde - Fransens	THOR	1:22.32	197901358	1:21.56		38.77	1:21.56
4. Carmen Haan	De Spatters	1:20.92	197901458	1:22.17 *		39.96	1:22.17
5. Diane Scholing	Het Ravijn	1:20.60	197701090	1:22.23		40.44	1:22.23
6. Mirjan den Drijver-Aarse	Zwemvereniging Westland	1:22.15	197500884	1:22.51		41.22	1:22.51
7. Jule Verschoor-Holland	RZC	1:27.51	197500874	1:28.13		43.27	1:28.13
8. Fabiola Bosman	Deltasteur	1:31.49	197701148	1:31.37		44.14	1:31.37
9. Clementine van Bruxvoort	ZPB H&L Productions	1:35.20	197700138	1:39.19		48.78	1:39.19

Masters 40+

1. Edith Janssen-Koolen	TRB-RES	1:14.75	197300898	1:15.59		37.24	1:15.59
2. Henriëtte Manting	GZVW	1:23.13	197100246	1:26.36		42.57	1:26.36
3. Lidia v. Bon-Rosenbrand	AZ&PC	1:18.09	197000054	1:27.85		41.19	1:27.85
4. Ageeth Boomsma	Orca	1:26.24	197000826	1:28.10		42.72	1:28.10
5. Daniëlle Hoeksel-Verveen	ZVVS	1:35.21	197300724	1:29.37		43.63	1:29.37
6. Claudia Broeke	De Fuut	1:31.54	197300058	1:29.62		45.25	1:29.62
7. Claudia Sutin	De Schelde	1:35.25	197200908	1:34.61		46.14	1:34.61
8. Rinette van der Vliet	Swol 1894	1:35.00	197300518	1:35.20		45.96	1:35.20
9. Marleen Prins	De Fuut	2:00.71	197300864	1:51.25 *		55.92	1:51.25

Masters 45+

1. Lesley Cordial	Neptunus	1:15.23	196700684	1:15.77		36.91	1:15.77
<i>Nederlands Masters Record</i>							
2. Heidi van Stein	LZ 1886	1:16.63	196900864	1:16.86		37.27	1:16.86
3. Paulina van der Zouw	De Dolfijn	1:18.68	196900972	1:19.81		39.52	1:19.81
4. Jantine Braakman	ZV De Bron	1:22.64	196500036	1:22.12		40.40	1:22.12
5. E. van Wingerden - Dijkhuizen	DWK	1:24.07	196900970	1:23.91		41.27	1:23.91
6. Caroline Schreuder	Triton	1:21.58	196700550	1:24.22		41.21	1:24.22
7. Natalya Pertceva	Spartak	1:24.84	030021	1:25.51		41.62	1:25.51
8. Wendy Knoops	RZ	1:23.39	196800720	1:25.73		42.25	1:25.73
9. Christi Holweg-Brummelhuis	Swol 1894	1:26.28	196500468	1:27.66		42.42	1:27.66
10. Iris van Aurich	DWK	1:27.56	196900866	1:28.22		42.62	1:28.22
11. Marion van Gerwen	RZ	1:39.00	196500566	1:29.83		43.63	1:29.83

Masters 50+

1. Judith Cromjongh	De Zwoer	1:16.56	196400054	1:16.38		37.60	1:16.38
<i>Nederlands Masters Record</i>							
2. Martine Bouw	DWK	1:16.39	196100368	1:20.19		38.76	1:20.19
3. Wilna Heijman	't Tolhekke	1:19.34	196400506	1:20.28		39.88	1:20.28
4. Margriet Grove-Lingeman	Oceanus	1:20.82	196200080	1:22.88		39.93	1:22.88
5. Jacqueline Rolloos-Bakker	De Lansingh	1:21.63	196300222	1:24.46 *		41.35	1:24.46
6. Annemarie Vuist	Swol 1894	1:26.36	196300282	1:26.24		42.90	1:26.24
7. Ramune Ivanauskaite	Takas	1:27.10	19641018	1:27.11		42.87	1:27.11
8. Monique Munnik	AZC	1:29.74	196200328	1:29.19		43.55	1:29.19
9. Marie-Josée Matte	WVZ	1:32.31	196000326	1:33.40		43.49	1:33.40
10. Pia van der Molen	HZ&PC Heerenveen	1:26.86	196000116	1:33.67		45.67	1:33.67



Open Nederlandse Masters
Kampioenschappen 2014 korte baan
Zwolle, 24-26 januari 2014



Programmanr. 32, Dames, 100m rugslag, Masters 50+

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m
11. Jennie Resink-lindeboom	DWK	1:37.30 196000142	1:38.63		48.45	1:38.63
12. Ellen Parma	Triton	1:30.95 196200366	1:40.26		47.76	1:40.26

Masters 55+

1. Atie Pijtak-Radersma	AZ&PC	1:25.45 195600048	1:22.52		40.92	1:22.52
2. Simonet Schroot	Gay Swim Amsterdam	2:04.37 195800108	2:11.81		1:06.17	2:11.81

Masters 60+

1. Patty Krupiarz	PSV	1:33.83 195400074	1:33.28		44.66	1:33.28
2. Carla Hensen	PSV	1:48.47 195300062	1:37.12		47.66	1:37.12
3. Antoinette Gilding-Tussaud	WS Twente	1:42.72 195000038	1:42.12		49.95	1:42.12
4. Tineke Brouwer-Maat	Zwemvereniging Westland	1:43.34 195300074	1:42.28		50.11	1:42.28
5. Ineke Meijer	HZ&PC Heerenveen	1:41.44 195200034	1:42.46		51.14	1:42.46
6. Tineke van Diggelen	Oceanus	1:49.41 195200048	1:49.84		53.19	1:49.84

Masters 65+

1. Loekie v. Huissteden	AZ&PC	2:02.43 194500002	2:01.72		58.27	2:01.72
2. Anna de Weert	Gay Swim Amsterdam	2:27.13 194900020	2:29.15		1:10.13	2:29.15

Masters 70+

1. Leny Kamp	Aquapoldro	2:04.58 194400008	2:08.49		1:01.25	2:08.49
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Masters 80+

1. Annie de Vos	Old Dutch	2:07.86 193400004	2:21.23 *		1:08.89	2:21.23
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Programmanr. 33
25-01-2014 - 16:50

Heren, 100m rugslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m
1. Kevin Eltink	DWK	59.73 199100589	1:01.64		29.84	1:01.64
2. Jelmar Kluiwstra	LZ 1886	1:02.41 199204323	1:02.60		30.45	1:02.60
3. Jelte Schuurmans	Merlet	1:01.67 199104841	1:03.80		30.80	1:03.80
4. Jasper de Boer	ZPC De Hof	1:02.09 199300051	1:03.88		31.00	1:03.88
5. Bart Kiesewetter	TRB-RES	1:06.57 199101203	1:06.00		32.59	1:06.00
6. Sjoerd Sieval	LZ 1886	1:05.39 199002663	1:06.33		32.77	1:06.33
7. Mark Pijtak	AZ&PC	1:16.82 199002287	1:18.27		37.82	1:18.27
8. Berné Beute	't Tolhekke	1:17.76 199100135	1:21.87		38.80	1:21.87
NG Herman Hofman	ZZG de Boskickers (SG)	1:02.57 199001229				

Masters 25+

1. Raoul Engelenburg	Zwemlust-den Hommel	1:02.70 198900843	1:01.96		30.15	1:01.96
2. Nick van Gemert	DWK	1:03.71 198900943	1:02.57		31.07	1:02.57
3. Martijn Giezen	Montferland	1:01.71 198500813	1:02.86		30.28	1:02.86
4. Erik Verholt	Noord Veluwe	1:03.26 198803543	1:03.23		30.69	1:03.23
5. Joppe Schuurmans	Merlet	1:01.80 198905447	1:03.54		31.04	1:03.54
6. Robert Braad	Steenwijk 1934	1:04.16 198600407	1:05.78		31.61	1:05.78
7. Emiel Huisken	ZPC De Hof	1:04.51 198501139	1:06.20		31.87	1:06.20
8. Erik van der Heide	Zuiderzeewemmers	1:05.15 198801337	1:07.38		32.45	1:07.38
9. Richard Huisken	ZPC De Hof	1:03.60 198501141	1:08.85		33.11	1:08.85
10. Harmen Reemst	ZOB'66	1:15.97 198702715	1:19.68		39.03	1:19.68
11. Robin Eggenkamp	De Duinkickers	1:19.78 198700847	1:23.73		40.31	1:23.73

Programmanr. 33, Heren, 100m rugslag

Masters 30+

1. Nol van Thull	ZOB'66	1:03.58	198001513	1:02.09	30.10	1:02.09
<i>Kampioenschaps Record</i>						
2. Thommy Nickel	Van Vliet-Barracuda	1:04.32	198401627	1:04.18	31.57	1:04.18
3. Erik Kusters	Noord Veluwe	1:04.30	198000837	1:05.56	31.75	1:05.56
4. Marcel Reefhuis	WS Twente	1:05.80	198101381	1:07.13	32.64	1:07.13
5. Leander Noordijk	De Schotejil	1:07.92	198101221	1:07.22	32.93	1:07.22
6. Gerwin Vonk	De Spatters	1:07.29	198201907	1:08.15	33.30	1:08.15
7. Robert Dekker	De Veene	1:07.82	198400443	1:08.25	33.32	1:08.25
8. Albert van Piekeren	Octopus	1:02.81	198401767	1:08.53	32.98	1:08.53
9. Bas v.d. Laan	WVZ	1:10.98	198302471	1:11.43	34.69	1:11.43
10. Frank van der Voordt	MGO (SG)	1:10.92	198302259	1:11.45	34.58	1:11.45
11. Rob van Wanrooy	Gay Swim Amsterdam	1:22.99	198202627	1:19.23	40.04	1:19.23
12. Simon van Ravesteijn	Zoetermeer	1:10.25	198002263	1:20.47	40.16	1:20.47
13. Dennis Klop	De Biesboschzwemmers	1:28.04	198302643	1:23.68	40.70	1:23.68

Masters 35+

1. Ivo Roozeboom	WVZ	1:03.86	197700801	1:03.19	31.05	1:03.19
2. Casper Hut	HZ&PC Heerenveen	1:15.08	197800471	1:03.24	30.21	1:03.24
3. John Cobussen	De Gelenberg	1:11.63	197501323	1:10.27	33.19	1:10.27
4. René Beens	Deltasteur	1:11.38	197800045	1:15.12	36.65	1:15.12
5. Arjan Aalbers	Swol 1894	1:12.98	197500001	1:15.48	36.49	1:15.48
6. Gino Martijn	RZ	1:16.05	197901865	1:19.63 *	38.01	1:19.63
<i>50m*</i>						
7. Marcel van Walt van Praag	Gay Swim Amsterdam	2:02.16	197501425	1:51.33	54.20	1:51.33

Masters 40+

1. Tjakko Ruinemens	De Dinkel	1:02.63	197400687	1:01.53	30.00	1:01.53
2. Linas Kersevicius	Takas	1:05.84	19710618	1:06.51	32.34	1:06.51
3. Gerard Eghuizen	HZ&PC Heerenveen	1:08.26	197400197	1:09.99	34.08	1:09.99
4. Remco Plass	De Lansingh	1:09.96	197300687	1:10.66	34.63	1:10.66
5. Paul van den Heuvel	Arethusa	1:12.00	197000441	1:12.56	35.22	1:12.56
6. Robert Martens	De Schelde	1:15.07	197301463	1:17.04	38.24	1:17.04
7. Ferdinand Teitink	Montferland	1:22.72	197001583	1:21.75	39.86	1:21.75
8. Gerald Hösl	SC Schaffhausen	1:20.98	27749	1:25.15	42.28	1:25.15

Masters 45+

1. Guido Keutgen	AZC	1:07.27	196801551	1:07.53	32.28	1:07.53
2. René Beetsma	HZ&PC Heerenveen	1:09.03	196900069	1:07.84	33.18	1:07.84
3. Jan-Willem van den Berg	WVZ	1:10.40	196801575	1:09.37	33.90	1:09.37
4. Paul Jurcka	WS Twente	1:09.83	196901599	1:11.69	35.02	1:11.69
5. Otto Jansen	LZ 1886	1:12.33	196501403	1:12.40	35.71	1:12.40
6. Frank v Nobelen	Sassenheim	1:11.56	196900753	1:14.66	36.02	1:14.66
7. Nico Swart	Den Doorn	1:16.17	196801475	1:15.45	36.62	1:15.45
8. Fred Dijkshoorn	Zwemvereniging Westland	1:19.11	196501539	1:19.18 *	38.51	1:19.18
9. Gerco Schakel	DWK	1:16.90	196900849	1:19.46 *	39.43	1:19.46
10. Fred Heemstra	DAW	1:08.81	196500357	1:19.75	38.39	1:19.75
11. Pieter-Sjoerd de Wijn	Aqua-Novio'94	1:25.07	196501027	1:29.15	44.22	1:29.15

Masters 50+

1. Johan Remmits	ZPC Woerden	1:08.28	196201159	1:08.22	32.92	1:08.22
2. Iurii Perin	Spartak	1:08.15	030044	1:08.26	33.03	1:08.26
3. Peter Bernsen	De Rog	1:06.76	196301119	1:08.53	33.23	1:08.53
4. Dmitry Kromskiy	Poseidon	1:08.97	037011	1:10.65	35.66	1:10.65
5. John Stokx	DAW	1:13.40	196401341	1:12.13	35.51	1:12.13
6. Casper Dollekamp	Steenwijk 1934	1:18.11	196301341	1:17.28	37.92	1:17.28
<i>50m*</i>						
7. Arlandas Antanas Juodeska	Takas	1:14.58	19611226	1:18.54	38.14	1:18.54
8. Michiel Klaren	PSV	1:19.49	196201087	1:21.81	39.22	1:21.81
9. Jack Barends	WS Twente	1:22.47	196201011	1:24.13	41.36	1:24.13

Programmanr. 33, Heren, 100m rugslag, Masters 50+

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m
10. Edzo Huisman	Aquapoldro	1:21.71 196301029	1:24.54		40.82	1:24.54
11. André Schutte	ZPC De Zeeuwse Kust	1:24.14 196000521	1:25.71		42.88	1:25.71
12. Bart van Calker	WS Twente	1:25.36 196100067	1:26.63		43.01	1:26.63
13. John Dam	Zignea	1:30.92 196000915	1:28.89		44.45	1:28.89
NG.ZA Edwin v. Norden	AZ&PC	1:04.22 196300563				
AFGEM Ron Phaff	PSV	1:13.78 196200495				

Masters 55+

1. Ron van der Zande	De Aalscholver	1:24.47 195500307	1:17.92		38.60	1:17.92
2. Evertjan Masurel	PSV	1:20.69 195600495	1:20.47		39.64	1:20.47
3. Henk Slomp	De Pinquin	1:22.26 195500359	1:24.89		42.36	1:24.89
4. Dre Klaassen	ZOB'66	1:41.26 195600141	1:39.42		49.73	1:39.42
5. Herbert Katgert	WS Twente	1:48.23 195900739	1:54.76		53.92	1:54.76

Masters 60+

1. Brend Brevé	PSV	1:15.09 195200265	1:19.17		38.82	1:19.17
2. Jos Kamps	De Amer	1:37.21 195100085	1:39.47		47.44	1:39.47

Masters 65+

1. Mans Buis	Het Ravijn	1:42.23 194700133	1:43.33		51.63	1:43.33
2. Valery Firsov	Spartak	1:45.18 030026	1:43.68		50.11	1:43.68

Masters 70+

1. Frans van Enst	WS Twente	1:21.89 194000011	1:24.00		40.98	1:24.00
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Masters 75+

1. Nico Geers	Z&PC De Gouwe	1:31.40 193800007	1:40.76		49.53	1:40.76
<i>Kampioenschaps Record</i>						
2. Jan Eichhorn	ZV Haerlem	1:44.22 193700015	1:48.13		52.18	1:48.13
3. Pieter Scharphorn	Neptunus	2:17.37 193800037	2:23.26		1:07.73	2:23.26

Masters 85+

1. Klaas Prins	Steenwijk 1934	2:26.18 192800001	2:23.09		1:08.40	2:23.09
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Programmanr. 34
25-01-2014 - 17:15

Gemengd, 4 x 50m wisselslag

Masters Open
Resultaten

rang	vereniging	inschrijftijd	tijd	RT
80+				
1. RZC 1	RZC	1:58.67	1:58.12	
<i>Nederlands Masters Record</i>				
Pascal Timmermans	92	27.33	86	+0,48
Kevin van Susteren	89 +0,26	31.22	94	+0,02
2. De Veene 1	De Veene	2:12.83	2:04.25	
Menno Manning	93	29.04	94	+0,15
Yvon Versteeg	92 +0,38	34.69	93	+0,38
3. Swol 1894 4	Swol 1894	2:04.87	2:04.79	
Vera Kraijer	92	34.42	91	+0,39
Sander Brat	85 +0,52	34.44	94	+0,23
4. LZ 1886 2	LZ 1886	2:05.64	2:08.13	
Janet van der Poel	93	34.72	92	+0,23
Seline Koek	94 +0,46	38.23	92	+0,47

Programmanr. 34, Gemengd, 4 x 50m wisselslag, 80+

rang	vereniging	inschrijftijd	tijd	RT
5.	Octopus 1	2:14.79	2:15.63	
	Irmgard van Weeghel	92 38.93	93 +0,39	27.31
	Stefan van der Grift	87 +0,35 33.42	88	35.97
6.	Swol 1894 1	2:25.00	2:23.98	
	Laura Oosterbroek	88 37.07	92 +0,34	35.86
	Killian Yntema	88 +0,72 39.93	92 +0,51	31.12
DIS	Z & PC Zegenwerp 1 <i>dis 1e zwemmer</i>	2:17.35	RC	
	Desiree Peltenburg	94	87	
	Stef Hoeven	90	93	

100+

1.	DWK 1	1:53.82	1:52.04	
	<i>Nederlands Masters Record</i>			
	Merijn Ellenkamp	85 26.58	84 +0,53	28.42
	Nick van Gemert	89 +0,24 29.81	86 +0,18	27.23
2.	Zwemlust-den Hommel 1	1:58.15	1:57.07	
	Charlotte Groeneveld	87 31.32	89 +0,57	27.86
	Vincent Versteeg	77 +0,31 31.59	92 +0,30	26.30
3.	Montferland 1	2:00.16	2:02.99	
	Martijn Giezen	85 29.35	94 +0,51	27.96
	Esther van Maastrigt	88 +0,32 36.66	85 +0,29	29.02
4.	WVZ 3	2:02.34	2:05.24	
	Mike Stoffer	89 29.50	83 +0,32	27.80
	Isabelle Massar	91 +0,67 36.42	77 +0,38	31.52
5.	De Amer 1	2:04.73	2:06.39	
	Dick Kampman	88 31.11	93 +0,77	33.39
	Yuri van Omme	85 +0,29 32.62	89 +0,50	29.27
6.	Octopus 2	2:06.03	2:07.24	
	Albert van Piekeren	84 30.96	90 +0,47	26.00
	Erika Aan het Rot	90 +0,48 36.12	86 +0,22	34.16
7.	RZ 2	2:11.94	2:14.31	
	Linda Dehing	94 34.69	75 +0,67	38.38
	Patrick Creemers	90 +0,17 31.76	79 +0,53	29.48
8.	Merlet 1	2:11.93	2:16.96	
	Merel Siroen	88 37.78	86 +0,34	30.20
	Joppe Schuurmans	89 +0,09 35.73	90 +0,14	33.25
9.	Den Doorn 1	2:28.25	2:20.70	
	Lars Duijnhouwer	91 34.01	93 +0,49	34.37
	Walter van der Stelt	94 +0,45 33.44	74 +0,52	38.88
10.	Eurode KZC 1	2:30.87	2:29.36	
	Yvonne Bruls	90 35.96	92 +0,47	35.41
	Esther de Jong	72 +0,66 48.31	93 +0,32	29.68
11.	Steenwijk 1934 1	2:25.36	2:31.38	
	Mike Koelewijn	93 31.54	86 +0,56	28.40
	Ciska Wagter	70 +0,84 58.84	91 +0,45	32.60

120+

1.	PSV 3	1:58.62	1:59.68	
	<i>Kampioenschaps Record</i>			
	Stephanie Rombout	88 32.56	86 +0,54	29.87
	Harold Matla	68 +0,40 30.57	91 +0,34	26.68
2.	AZ&PC 1	2:01.69	2:00.98	
	<i>startzwemmer NMR</i>			
	Edwin v. Norden	63 29.65	77 +0,20	27.33
	Larissa Brak	88 +0,41 33.72	70 +0,31	30.28
3.	DWK 2	2:09.32	2:06.14	
	Martine Bouw	61 36.70	69 +0,48	32.22
	Kevin Eltink	91 +0,36 29.66	93 +0,49	27.56
4.	LZ 1886 1	2:06.51	2:06.69	
	Anna Boef	88 34.93	89 +0,38	29.62
	Kristiaan Lenos	83 +0,32 32.49	69 +0,32	29.65

Programmanr. 34, Gemengd, 4 x 50m wisselslag, 120+

rang	vereniging	inschrijftijd	tijd	RT
5.	DAW 1 Wieteke Elzinga John Meijdam	DAW 86 33.95 Alex Damen 83 +0,22 33.60 Sandra Pannekeet	2:07.98 75 +0,53 29.88 84 +0,52 29.45	2:06.88
6.	ZPC Woerden 1 Johan Remmits Niels van Beurden	ZPC Woerden 62 32.01 Marjan Remmits-De Lange 88 +0,23 32.77 Ilse van den Wijngaard	2:09.44 63 +0,44 32.61 89 +0,27 29.57	2:06.96
7.	Budel 1 Joyce Raemaekers Rick de Greef	Budel 91 35.69 Carola Hompes 84 +0,37 30.21 Wiljo Mackus	2:12.34 88 +0,60 35.56 71 +0,57 28.65	2:10.11
8.	WS Twente 2 Marcel Reefhuis Sander van den Berg	WS Twente 81 32.97 Inez Heideman 68 +0,31 36.55 Annelette de Vries	2:07.50 75 +0,29 32.88 86 +0,22 27.93	2:10.33
9.	WVZ 2 Jan-Willem van den Berg Monique Pronk	WVZ 68 31.70 Bas v.d. Laan 88 +0,68 38.07 Tessa Verheijdt	2:14.90 83 +0,29 29.84 89 +0,22 32.25	2:11.86
10.	De Futen 1 Petra Benani-Wolsing Bas Spoelstra	De Futen 84 36.83 Erwin Sneek 77 +0,01 33.29 Alison Gilbert	2:15.12 91 +0,33 28.30 53 +0,46 33.53	2:11.95
11.	De Lansingh 1 Remco Plass Mark Huijsman	De Lansingh 73 33.22 Jacqueline Rolloos-Bakker 90 +0,46 35.34 Aniek Huijsman	2:15.96 63 +0,38 35.25 88 +0,30 29.89	2:13.70
12.	Zoetermeer 1 Yvette Kilian Simon van Ravesteijn	Zoetermeer 66 42.69 Markus van Rest 80 +0,46 31.52 Fleur Maas	2:21.62 77 +0,14 29.24 89 +0,37 31.89	2:15.34
13.	MGO (SG) 1 Susanne van Hooven Frank van der Voordt	MGO (SG) 68 38.80 Whitley Rens 83 +0,59 36.83 Ramon van Huizen	2:18.07 90 +0,52 35.02 94 +0,22 28.73	2:19.38
14.	Deltasteur 1 Gerlinde van de Wetering Tom de Lange	Deltasteur 89 38.07 Johan Wezenberg 93 +0,67 35.27 Fabiola Bosman	2:20.62 76 +0,60 32.52 77 +0,76 33.88	2:19.74
15.	ZOB'66 1 Wendy de Bruin Dre Klaassen	ZOB'66 92 36.44 Anouk van der Pliigt 56 +0,46 43.42 Ruben Stolk	2:16.85 93 +0,29 33.02 90 +0,31 27.03	2:19.91
16.	AZ&PC 2 Atie Pijtak-Radersma Mark Pijtak	AZ&PC 56 38.33 Iris Pijtak 90 +0,30 38.21 Ronald Pijtak	2:24.49 93 +0,36 31.50 61 +0,36 33.33	2:21.37
17.	't Tolhekke 1 Wilna Heijman Anneke Veenstra	't Tolhekke 64 38.16 Lars Erik Beute 79 +0,62 42.91 Mark van Damme	2:18.55 86 +0,44 32.72 91 +0,49 27.85	2:21.64
18.	Nautilus 2 Martijn van den Biggelaar Karin Verbeek	Nautilus 77 37.19 Wilbert Barten 92 +0,15 39.47 Natalie van den Broek	2:14.58 64 +0,35 33.44 73 +0,68 33.17	2:23.27
19.	De Spatters 1 Yvette Nota-Peters René Speelman	De Spatters 87 39.21 Serima Veen 66 +0,49 45.59 Gerwin Vonk	2:22.11 86 +0,31 36.69 82 +0,22 26.38	2:27.87
20.	Montferland 2 Daphne Meijer Kelly Bocking	Montferland 93 40.99 Tim Meijer 91 +0,39 45.60 Ferdinand Teitink	2:29.92 81 +0,25 31.09 70 +0,58 31.72	2:29.40

160+

1.	De Dinkel 1 <i>Nederlands Masters Record</i> Tjakko Ruinemans Karin Hidding	De Dinkel 74 28.21 Anja Tijink 84 +0,31 33.27 Rogier Becker	2:05.39 64 +0,32 32.14 73 +0,66 28.33	2:01.95
2.	De Biesboschzwemmers 1 Erik Drewes Marjo Goelema-Koek	De Biesboschzwemmers 84 33.48 Harry Cornet 69 +0,45 35.23 Annette Wijnja-Visser	2:07.39 71 +0,13 27.53 67 +0,26 30.07	2:06.31
3.	De Roersoppers 1 Emmy Slabbers Arno Schrauwen	De Roersoppers 81 35.26 Wieke Bos 65 +0,19 34.62 Charles Bos	2:20.46 82 +0,30 33.05 53 +0,52 29.27	2:12.20
4.	DAW 2 John Stokx Sandra Zwaanswijk	DAW 64 32.65 Kars Luttik 85 +0,50 38.62 Ingeborg Stokx	2:16.88 78 +0,19 28.99 67 +0,23 36.08	2:16.34

Programmanr. 34, Gemengd, 4 x 50m wisselslag, 160+

rang	vereniging	inschrijftijd	tijd	RT	
5.	RZ 1 Wendy Knoops Ralph Caster	RZ 68 38.64 61 +0,49 35.41	2:18.29 Dimitrie Sonnemans Marion van Gerwen	75 +0,57 31.28 65 +0,37 34.58	
6.	WS Twente 3 Paul Jurcka Joop Weenink	WS Twente 69 32.90 68 +0,66 37.49	2:22.58 Henrike de Vries Marion Broekhuis	89 +0,74 38.07 68 +0,18 32.59	
7.	AZC 1 Guido Keutgen Sandra Daamen-Posma	AZC 68 31.25 68 +0,57 45.08	2:22.26 Michael Go Monique Munnik	75 +0,54 30.76 62 35.45	
8.	Swol 1894 2 Annemarie Vuist Willem Jannink	Swol 1894 63 41.19 65 +0,75 39.90	2:40.00 Hilde Buiten Martijn Groothuismink	79 +0,49 33.48 75 +0,25 28.46	
9.	Triton 1 Tim Bunnik Paul Bunnik	Triton 90 30.71 56 +0,46 39.12	2:20.24 Caroline Schreuder Ellen Parma	67 +0,26 36.67 62 +0,36 37.51	
10.	Zignea 1 Miranda Keijl Miranda Straetemans	Zignea 65 43.68 74 +0,12 38.10	2:18.93 Arjen van der Boom John Dam	86 +0,45 30.48 60 +0,67 32.29	
11.	Aqualero 1 Marloes Benjamins Annette Korving-Leijenaar	Aqualero 91 38.61 67 +0,44 41.49	2:23.11 Erik Zoethout Henry Brouwer	69 +0,17 34.41 63 +0,53 30.56	
12.	AZ&PC 3 Paul Hardeman Wouter van 't Klooster	AZ&PC 73 33.47 88 +0,41 35.16	2:31.60 Henriëtte van Norden Loekie v. Huissteden	68 +0,66 37.83 45 +0,28 45.43	
13.	Budel 2 Jolanda van Knippenberg Ingrid Noten	Budel 66 42.89 85 +0,52 45.26	2:36.45 Albert Roosenboom Joost van Eerd	71 +0,51 35.35 69 +0,53 32.02	
14.	Den Doorn 2 Tommy Uilenberg Antoinette Kant	Den Doorn 86 35.28 69 +0,63 45.00	2:39.13 Wouter van der Stelt Ineke Branderhorst	72 +0,29 34.52 69 +0,25 40.90	
15.	ESCA Zwemmen 1 50m* Ria Peters-Veurman Sander de Vrugt	ESCA Zwemmen 58 57.56 89 +0,29 31.71	2:35.24 Paul Rutten Karin van der Star-Verhoeven	80 +0,58 36.46 61 +0,47 33.48	
16.	WIDEX GZC DONK 1 Jacqueline de Ruiter-Wijnolst Alice de Haan	WIDEX GZC DONK 74 37.67 64 +0,68 51.76	2:40.47 Peter Coffeng Yves van den Berg	57 +0,75 47.41 66 +0,58 31.51	
17.	De Fuut 1 Marleen Prins John Tersteeg	De Fuut 73 50.23 60 +0,43 44.76	3:00.00 Claudia Broeke Peter Schielen	73 +0,45 41.99 65 +0,74 32.73	

200+

1.	Spartak 1 Iurii Perin Irina Shulgina	Spartak 63 31.73 68 +0,60 37.71	2:17.92 Gennadii Karelin Natalya Pertceva	55 +0,71 36.22 67 +0,76 33.03	
2.	Swol 1894 3 Arjan Aalbers Bea Swijnenberg	Swol 1894 75 34.67 49 +0,42 45.61	2:23.00 Machiel Stolk Christien Nieuwenhuis	74 +0,67 30.42 51 +0,31 32.75	
3.	HZ&PC Heerenveen 1 Pia van der Molen Gerard Eghuizen	HZ&PC Heerenveen 60 40.10 74 +0,56 33.59	2:23.34 Marten de Groot Ineke Meijer	58 +0,33 30.77 52 +0,39 39.83	
4.	DAW 3 Petra Tossings Hans Schoenmakers	DAW 61 43.12 69 +0,44 36.57	2:24.90 Ilona Hogerheyde Jaap Kwakkel	74 +0,29 32.97 47 +0,51 33.64	
5.	PSV 1 Katrín Pennings Dorette Vogels	PSV 64 39.33 70 +0,61 39.79	2:27.44 Rob Penninks Frank Zwijnenberg	60 +0,44 36.30 54 +0,35 34.15	
6.	Takas 1 Arlandas Antanas Juodeska Arturas Tuomas	Takas 61 33.79 61 +0,29 38.01	2:30.00 Loreta Kabasinskiene Ramune Ivanauskaitė	63 +0,62 42.63 64 +0,62 35.66	
7.	WIDEX GZC DONK 2 Nathasja Konijn Willem Jan Ribberink	WIDEX GZC DONK 71 46.79 65 +0,34 39.96	2:41.94 Lia Bijkerk Adrian Ortiz Buitrago	60 +0,25 47.24 60 +0,55 29.18	

Programmanr. 34, Gemengd, 4 x 50m wisselslag

240+

1.	PSV 2 Patty Krupiarz Bart van Doesburg	PSV 54 56		41.55 +0,46 41.26	2:29.49 Brend Brevé Corrie Verhoeven	52 46	+0,47 +0,90	32.37 35.70	2:30.88
2.	WS Twente 1 Antoinette Gilding-Tussaud Marijke Kraak-Beckers	WS Twente 50 60		47.78 +0,44 42.90	2:37.52 Frans van Enst Hugo Staudt	40 53	+0,74 +0,13	40.45 31.22	2:42.35
3.	Old Dutch 1 Annie de Vos Ingrid ten Horn	Old Dutch 34 61		1:07.88 +0,60 54.12	3:09.29 Mar van Geel Hans Vloedgraven	47 64	+0,93 +0,55	56.98 33.90	3:32.88

Programmanr. 36
25-01-2014 - 17:47

Dames, 400m wisselslag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
Masters 20+								
1.	Maaïke Vooren 50m: 33.88 100m: 1:14.67	DAW 33.88 40.79	150m: 1:58.10 200m: 2:41.02	43.43 42.92	5:27.35 250m: 3:25.44 300m: 4:11.12	199103324 44.42 45.68 350m: 4:46.04 400m: 5:20.41	5:20.41 34.92 34.37	+0,83
2.	Jacyntha Plat 50m: 34.49 100m: 1:15.29	TriVia 34.49 40.80	150m: 1:58.84 200m: 2:42.17	43.55 43.33	5:29.67 250m: 3:27.90 300m: 4:14.39	199002956 45.73 46.49 350m: 4:53.64 400m: 5:31.10	5:31.10 39.25 37.46	+0,78
3.	Johanna de Boer 50m: 36.82 100m: 1:20.83	ZPD 36.82 44.01	150m: 2:06.09 200m: 2:49.80	45.26 43.71	5:41.02 250m: 3:36.48 300m: 4:23.51	199403944 46.68 47.03 350m: 5:01.72 400m: 5:38.10	5:38.10 38.21 36.38	+0,79
4.	Wendy de Bruin 50m: 34.13 100m: 1:16.54	ZOB'66 34.13 42.41	150m: 2:01.73 200m: 2:46.15	45.19 44.42	5:38.15 250m: 3:34.79 300m: 4:23.80	199206320 48.64 49.01 350m: 5:03.09 400m: 5:41.79	5:41.79 39.29 38.70	+0,69
5.	Chantal van der Horst 50m: 38.09 100m: 1:23.45	De Meer 38.09 45.36	150m: 2:10.38 200m: 2:56.72	46.93 46.34	5:42.35 250m: 3:43.12 300m: 4:29.10	199400616 46.40 45.98 350m: 5:09.05 400m: 5:47.21	5:47.21 39.95 38.16	+0,75
6.	Irmgard van Weeghel 50m: 37.10 100m: 1:21.94	Octopus 37.10 44.84	150m: 2:06.28 200m: 2:50.10	44.34 43.82	5:56.67 250m: 3:40.69 300m: 4:32.04	199204834 50.59 51.35 350m: 5:12.49 400m: 5:50.20	5:50.20 40.45 37.71	+0,72
7.	Désirée Hulsmeijer 50m: 36.57 100m: 1:22.34	Het Ravijn 36.57 45.77	150m: 2:10.02 200m: 2:56.51	47.68 46.49	5:57.11 250m: 3:46.15 300m: 4:37.09	199001656 49.64 50.94 350m: 5:20.98 400m: 6:02.18	6:02.18 43.89 41.20	+0,70
Masters 25+								
1.	Marlies Reinders 50m: 31.90 100m: 1:09.36	De Dinkel 31.90 37.46	150m: 1:53.35 200m: 2:36.30	43.99 42.95	5:14.92 250m: 3:22.26 300m: 4:08.87	198602976 45.96 46.61 350m: 4:43.02 400m: 5:17.33	5:17.33 34.15 34.31	+0,81
2.	Stephanie Rombout 50m: 33.08 100m: 1:15.69	PSV 33.08 42.61	150m: 1:58.14 200m: 2:41.43	42.45 43.29	5:12.16 250m: 3:29.58 300m: 4:17.33	198803696 48.15 47.75 350m: 4:53.36 400m: 5:29.95	5:29.95 36.03 36.59	+0,76
3.	Larissa Brak 50m: 35.06 100m: 1:18.35	AZ&PC 35.06 43.29	150m: 2:04.15 200m: 2:49.66	45.80 45.51	5:24.36 250m: 3:32.32 300m: 4:17.11	198800572 42.66 44.79 350m: 4:55.33 400m: 5:30.15	5:30.15 38.22 34.82	+0,78
4.	Karin van Dijk 50m: 35.88 100m: 1:20.48	HZ&PC Heerenveen 35.88 44.60	150m: 2:09.12 200m: 2:58.07	48.64 48.95	5:48.48 250m: 3:43.29 300m: 4:30.10	198600850 45.22 46.81 350m: 5:12.43 400m: 5:54.70	5:54.70 42.33 42.27	+0,79
5.	Liset de Veer 50m: 36.33 100m: 1:20.02	Aqua-Novio'94 36.33 43.69	150m: 2:05.49 200m: 2:50.74	45.47 45.25	6:04.08 250m: 3:42.79 300m: 4:36.79	198704190 52.05 54.00 350m: 5:18.02 400m: 5:58.83	5:58.83 41.23 40.81	
6.	Ilse van den Wijngaard 50m: 39.18 100m: 1:28.84	ZPC Woerden 39.18 49.66	150m: 2:15.30 200m: 3:03.25	46.46 47.95	5:43.91 250m: 3:55.42 300m: 4:47.47	198904736 52.17 52.05 350m: 5:30.95 400m: 6:16.10	6:16.10 *	+0,82
7.	Sandra Koenig 50m: 39.20 100m: 1:25.10	CNSW 39.20 45.90	150m: 2:14.61 200m: 3:03.00	49.51 48.39	6:24.03 250m: 3:59.00 300m: 4:54.34	CNSW/612/86 56.00 55.34 350m: 5:38.22 400m: 6:20.46	6:20.46 43.88 42.24	+0,83

Programmanr. 36, Dames, 400m wisselslag, Masters 25+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
	NG Chantal Nap	HZ&PC Heerenveen	5:06.81	198903004		

Masters 30+

1.	Roos van Esch	TRB-RES	5:29.67	198200468	5:27.58	+0,89		
	50m: 35.20	35.20	150m: 1:56.28	42.08	250m: 3:25.86	48.02	350m: 4:50.88	37.67
	100m: 1:14.20	39.00	200m: 2:37.84	41.56	300m: 4:13.21	47.35	400m: 5:27.58	36.70
2.	Nadya Putter	ZVVS	5:23.37	198301630	5:31.42	+0,59		
	50m: 34.10	34.10	150m: 1:55.34	42.71	250m: 3:25.16	47.28	350m: 4:54.41	39.93
	100m: 1:12.63	38.53	200m: 2:37.88	42.54	300m: 4:14.48	49.32	400m: 5:31.42	37.01
3.	Wieke Bos	De Roersoppers	5:48.19	198200218	5:45.39	+0,82		
	50m: 36.64	36.64	150m: 2:03.34	44.04	250m: 3:35.74	49.30	350m: 5:06.73	41.29
	100m: 1:19.30	42.66	200m: 2:46.44	43.10	300m: 4:25.44	49.70	400m: 5:45.39	38.66
4.	Linda Hoogendam	Zoetermeer	5:59.71	198300892	6:22.70	+0,80		
	50m: 39.66	39.66	150m: 2:18.59	49.04	250m: 4:02.52	57.15	350m: 5:42.96	42.81
	100m: 1:29.55	49.89	200m: 3:05.37	46.78	300m: 5:00.15	57.63	400m: 6:22.70	39.74
5.	Annette Vogelsang	ZV De Bron	6:12.14	198402632	6:25.12 *	+0,89		
	50m: 39.91	39.91	150m: 2:17.37	49.39	250m: 4:04.16	55.78	350m: 5:43.69	44.50
	100m: 1:27.98	48.07	200m: 3:08.38	51.01	300m: 4:59.19	55.03	400m: 6:25.12	41.43
	NG Esther Versteeg	Van Vliet-Barracuda	5:42.94	198302112				

Masters 35+

1.	Liselotte Joling	PSV	5:33.64	197500268	5:30.11	+0,93		
	<i>Nederlands Masters Record</i>							
	50m: 34.79	34.79	150m: 1:58.78	43.60	250m: 3:27.71	47.01	350m: 4:53.92	38.38
	100m: 1:15.18	40.39	200m: 2:40.70	41.92	300m: 4:15.54	47.83	400m: 5:30.11	36.19
2.	Melanie Kuiper	Zignea	6:05.65	197600350	5:48.39	+0,92		
	50m: 38.41	38.41	150m: 2:07.61	43.84	250m: 3:41.95	50.67	350m: 5:11.90	38.25
	100m: 1:23.77	45.36	200m: 2:51.28	43.67	300m: 4:33.65	51.70	400m: 5:48.39	36.49

Masters 40+

1.	Nadège van Meeteren	De Meer	6:14.49	197400736	6:11.41	+0,85		
	50m: 40.75	40.75	150m: 2:20.14	48.92	250m: 3:56.72	48.48	350m: 5:29.58	43.04
	100m: 1:31.22	50.47	200m: 3:08.24	48.10	300m: 4:46.54	49.82	400m: 6:11.41	41.83
2.	Claudia Broeke	De Fuut	6:55.16	197300058	6:44.14	+0,89		
	50m: 46.10	46.10	150m: 2:31.26	52.22	250m: 4:19.06	55.80	350m: 6:00.01	44.95
	100m: 1:39.04	52.94	200m: 3:23.26	52.00	300m: 5:15.06	56.00	400m: 6:44.14	44.13

Masters 45+

1.	Karin van den Heuvel	Old Dutch	6:26.85	196600188	6:33.64	+0,87		
	50m: 41.71	41.71	150m: 2:24.82	54.31	250m: 4:10.13	52.22	350m: 5:49.49	45.31
	100m: 1:30.51	48.80	200m: 3:17.91	53.09	300m: 5:04.18	54.05	400m: 6:33.64	44.15
2.	Hetty Smalheer	SCOM	6:52.24	196700352	7:00.54	+1,11		
	50m: 49.12	49.12	150m: 2:40.04	52.11	250m: 4:31.07	58.33	350m: 6:16.03	45.62
	100m: 1:47.93	58.81	200m: 3:32.74	52.70	300m: 5:30.41	59.34	400m: 7:00.54	44.51

Masters 50+

1.	Ramune Ivanauskaitė	Takas	6:36.39	19641018	6:48.68	+0,81		
	<i>LMR</i>							
	50m: 45.30	45.30	150m: 2:30.16	52.30	250m: 4:20.07	59.87	350m: 6:04.56	47.63
	100m: 1:37.86	52.56	200m: 3:20.20	50.04	300m: 5:16.93	56.86	400m: 6:48.68	44.12

Masters 55+

1.	Patty Verhagen	PSV	6:24.50	195900146	6:35.21	+0,80		
	50m: 41.74	41.74	150m: 2:23.57	51.49	250m: 4:11.14	57.91	350m: 5:52.73	43.65
	100m: 1:32.08	50.34	200m: 3:13.23	49.66	300m: 5:09.08	57.94	400m: 6:35.21	42.48
2.	Susanne Sailer-Lehrum	SG Neumünster	7:45.68	163629	7:35.24	+0,89		
	50m: 49.47	49.47	150m: 2:52.12	1:02.94	250m: 4:54.18	58.03	350m: 6:45.30	51.32
	100m: 1:49.18	59.71	200m: 3:56.15	1:04.03	300m: 5:53.98	59.80	400m: 7:35.24	49.94

Programmanr. 36, Dames, 400m wisselslag

Masters 60+

1.	Carla Hensen	PSV	7:20.70	195300062	7:27.52	+1,08		
	50m: 46.32	46.32	150m: 2:39.92	58.40	250m: 4:43.73	1:04.67	350m: 6:38.84	49.17
	100m: 1:41.52	55.20	200m: 3:39.06	59.14	300m: 5:49.67	1:05.94	400m: 7:27.52	48.68
2.	Gonnie Bak	PSV	8:10.49	195100064	8:11.29	+0,99		
	50m: 57.83	57.83	150m: 3:10.61	1:09.50	250m: 5:20.66	1:03.56	350m: 7:19.10	56.40
	100m: 2:01.11	1:03.28	200m: 4:17.10	1:06.49	300m: 6:22.70	1:02.04	400m: 8:11.29	52.19

Programmanr. 37
25-01-2014 - 18:15

Heren, 400m wisselslag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
Masters 20+								
1.	Dennis Wijbenga	Stadskanaal	4:47.33	199003283	4:52.49	+0,81		
	50m: 30.54	30.54	150m: 1:46.59	38.89	250m: 3:03.63	39.20	350m: 4:20.27	35.20
	100m: 1:07.70	37.16	200m: 2:24.43	37.84	300m: 3:45.07	41.44	400m: 4:52.49	32.22
2.	Tim Bunnik	Triton	4:55.32	199000505	4:56.57	+0,77		
	50m: 30.63	30.63	150m: 1:43.93	37.61	250m: 3:04.67	42.75	350m: 4:22.72	34.82
	100m: 1:06.32	35.69	200m: 2:21.92	37.99	300m: 3:47.90	43.23	400m: 4:56.57	33.85
3.	Maik Steenkamp	Montferland	5:05.16	199103847	5:15.66	+0,75		
	50m: 31.81	31.81	150m: 1:52.25	42.15	250m: 3:18.21	44.02	350m: 4:40.32	37.57
	100m: 1:10.10	38.29	200m: 2:34.19	41.94	300m: 4:02.75	44.54	400m: 5:15.66	35.34
4.	Gerben Rozie	MSV-Zeemacht	5:29.97	199002507	5:27.00	+0,79		
	50m: 34.19	34.19	150m: 1:59.06	43.08	250m: 3:24.80	44.16	350m: 4:48.98	38.65
	100m: 1:15.98	41.79	200m: 2:40.64	41.58	300m: 4:10.33	45.53	400m: 5:27.00	38.02
5.	Lars Duijnhouwer	Den Doorn	5:36.71	199107161	5:30.64	+0,76		
	50m: 33.52	33.52	150m: 1:57.51	42.71	250m: 3:25.58	45.87	350m: 4:52.26	40.81
	100m: 1:14.80	41.28	200m: 2:39.71	42.20	300m: 4:11.45	45.87	400m: 5:30.64	38.38
6.	Dennis Bosma	Montferland	5:18.09	199403851	5:31.37	+0,75		
	50m: 31.85	31.85	150m: 1:55.44	44.69	250m: 3:24.70	45.98	350m: 4:52.32	40.98
	100m: 1:10.75	38.90	200m: 2:38.72	43.28	300m: 4:11.34	46.64	400m: 5:31.37	39.05
Masters 30+								
1.	Kristiaan Lenos	LZ 1886	4:55.74	198301331	4:50.22	+0,81		
	50m: 29.06	29.06	150m: 1:42.18	37.60	250m: 3:00.76	41.63	350m: 4:17.43	34.12
	100m: 1:04.58	35.52	200m: 2:19.13	36.95	300m: 3:43.31	42.55	400m: 4:50.22	32.79
2.	Ralf van der Poel	Zuiderzeewimmers	4:56.37	198401783	4:51.40	+0,76		
	50m: 30.16	30.16	150m: 1:45.20	39.48	250m: 3:04.35	41.19	350m: 4:19.46	33.84
	100m: 1:05.72	35.56	200m: 2:23.16	37.96	300m: 3:45.62	41.27	400m: 4:51.40	31.94
3.	Pieter Pickhardt	ZPC De Hof	4:59.91	198301657	5:08.17	+0,61		
	50m: 32.39	32.39	150m: 1:49.93	40.53	250m: 3:13.60	43.58	350m: 4:33.33	35.14
	100m: 1:09.40	37.01	200m: 2:30.02	40.09	300m: 3:58.19	44.59	400m: 5:08.17	34.84
4.	Jeroen Vogelsang	DAW	5:47.16	198001645	5:40.68	+0,88		
	50m: 34.94	34.94	150m: 2:04.31	47.98	250m: 3:39.48	47.50	350m: 5:05.34	37.09
	100m: 1:16.33	41.39	200m: 2:51.98	47.67	300m: 4:28.25	48.77	400m: 5:40.68	35.34
Masters 35+								
1.	Egbert Stolk	d'ELFT WAVE (SG)	4:54.14	197600889	4:46.30	+0,81		
	<i>Kampioenschaps Record</i>							
	50m: 29.32	29.32	150m: 1:41.71	37.93	250m: 2:59.67	41.36	350m: 4:14.03	33.09
	100m: 1:03.78	34.46	200m: 2:18.31	36.60	300m: 3:40.94	41.27	400m: 4:46.30	32.27
2.	Evgeny Ryzhov	Sprut	4:43.20	101628	4:53.07	+0,81		
	50m: 28.80	28.80	150m: 1:42.08	40.43	250m: 3:02.34	40.51	350m: 4:18.98	35.29
	100m: 1:01.65	32.85	200m: 2:21.83	39.75	300m: 3:43.69	41.35	400m: 4:53.07	34.09
3.	Freddie Geerlings	HGN (SG)	5:13.34	197900379	5:18.41	+0,96		
	50m: 33.81	33.81	150m: 1:57.12	42.32	250m: 3:22.10	43.05	350m: 4:42.86	36.81
	100m: 1:14.80	40.99	200m: 2:39.05	41.93	300m: 4:06.05	43.95	400m: 5:18.41	35.55

Programmanr. 37, Heren, 400m wisselslag, Masters 35+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
4.	Markus van Rest	Zoetermeer	5:41.90	197701197	5:39.65	+0,88		
	50m: 32.74	32.74	150m: 1:58.20	45.87	250m: 3:33.07	50.99	350m: 5:03.91	39.04
	100m: 1:12.33	39.59	200m: 2:42.08	43.88	300m: 4:24.87	51.80	400m: 5:39.65	35.74

Masters 40+

1.	Marcel van Winssen	De Gelenberg	5:25.80	197101477	5:13.38	+0,82		
	50m: 32.42	32.42	150m: 1:51.43	40.24	250m: 3:16.26	44.46	350m: 4:37.42	36.41
	100m: 1:11.19	38.77	200m: 2:31.80	40.37	300m: 4:01.01	44.75	400m: 5:13.38	35.96
2.	Stefan Dortmund	AZ&PC	5:40.65	197201167	5:23.38	+0,86		
	50m: 32.44	32.44	150m: 1:51.32	41.52	250m: 3:20.14	46.39	350m: 4:44.77	37.86
	100m: 1:09.80	37.36	200m: 2:33.75	42.43	300m: 4:06.91	46.77	400m: 5:23.38	38.61
3.	Gerard Eghuizen	HZ&PC Heerenveen	5:42.46	197400197	5:36.18	+0,86		
	50m: 36.27	36.27	150m: 2:03.33	42.36	250m: 3:33.52	46.95	350m: 5:00.81	38.96
	100m: 1:20.97	44.70	200m: 2:46.57	43.24	300m: 4:21.85	48.33	400m: 5:36.18	35.37
4.	Heiner Stevens	Zignea	5:45.26	197201299	5:43.66	+0,88		
	50m: 34.67	34.67	150m: 2:01.55	46.09	250m: 3:35.10	48.67	350m: 5:04.65	40.62
	100m: 1:15.46	40.79	200m: 2:46.43	44.88	300m: 4:24.03	48.93	400m: 5:43.66	39.01
5.	Kasper van den Berghe	Swol 1894	5:45.14	197301125	5:56.74	+0,79		
	50m: 36.29	36.29	150m: 2:03.36	43.56	250m: 3:39.79	53.20	350m: 5:15.72	42.77
	100m: 1:19.80	43.51	200m: 2:46.59	43.23	300m: 4:32.95	53.16	400m: 5:56.74	41.02

Masters 45+

1.	Marcel Molendijk	De Vrije Slag	5:35.14	196501117	5:27.45	+0,81		
	50m: 35.00	35.00	150m: 1:57.44	42.47	250m: 3:26.55	47.27	350m: 4:51.86	37.98
	100m: 1:14.97	39.97	200m: 2:39.28	41.84	300m: 4:13.88	47.33	400m: 5:27.45	35.59
2.	Ron Korzelius	AZ&PC	5:46.80	196500513	5:28.21	+0,89		
	50m: 34.03	34.03	150m: 1:57.87	41.79	250m: 3:27.44	48.36	350m: 4:52.38	36.58
	100m: 1:16.08	42.05	200m: 2:39.08	41.21	300m: 4:15.80	48.36	400m: 5:28.21	35.83
3.	Harold Matla	PSV	5:35.66	196800591	5:34.19	+0,91		
	50m: 34.75	34.75	150m: 2:00.16	43.89	250m: 3:29.50	45.29	350m: 4:55.76	40.31
	100m: 1:16.27	41.52	200m: 2:44.21	44.05	300m: 4:15.45	45.95	400m: 5:34.19	38.43
4.	Konstantin Sklyar	TG Lage 1862	5:44.31	321129	5:36.55	+0,88		
	50m: 36.07	36.07	150m: 2:02.55	45.77	250m: 3:35.21	48.07	350m: 5:01.30	37.32
	100m: 1:16.78	40.71	200m: 2:47.14	44.59	300m: 4:23.98	48.77	400m: 5:36.55	35.25
5.	Arno Schrauwen	De Roersoppers	6:11.53	196501355	6:15.07	+0,85		
	50m: 41.72	41.72	150m: 2:23.44	53.55	250m: 4:05.77	48.69	350m: 5:35.86	41.71
	100m: 1:29.89	48.17	200m: 3:17.08	53.64	300m: 4:54.15	48.38	400m: 6:15.07	39.21

Masters 50+

1.	Jan Brink	ZPC De Zeeuwse Kust	5:25.16	196200091	5:14.82	+0,90		
	50m: 34.05	34.05	150m: 1:56.29	41.94	250m: 3:21.87	45.12	350m: 4:41.54	34.58
	100m: 1:14.35	40.30	200m: 2:36.75	40.46	300m: 4:06.96	45.09	400m: 5:14.82	33.28
2.	Rene de Boer	DAW	5:50.09	196400087	5:37.33	+0,93		
	50m: 35.63	35.63	150m: 2:02.11	45.94	250m: 3:35.27	48.56	350m: 5:01.40	37.87
	100m: 1:16.17	40.54	200m: 2:46.71	44.60	300m: 4:23.53	48.26	400m: 5:37.33	35.93
3.	Ronald Grove	Oceanus	5:38.56	196100161	5:40.36	+0,76		
	50m: 35.05	35.05	150m: 2:02.28	45.08	250m: 3:35.42	48.43	350m: 5:02.73	38.80
	100m: 1:17.20	42.15	200m: 2:46.99	44.71	300m: 4:23.93	48.51	400m: 5:40.36	37.63
4.	Hans Vloedgraven	Old Dutch	6:03.65	196400917	5:50.11	+0,91		
	50m: 35.13	35.13	150m: 2:02.97	46.65	250m: 3:37.74	50.17	350m: 5:10.86	40.40
	100m: 1:16.32	41.19	200m: 2:47.57	44.60	300m: 4:30.46	52.72	400m: 5:50.11	39.25
5.	Arturas Tuomas	Takas	5:39.38	19610925	6:02.55	+0,90		
	50m: 43.37	43.37	150m: 2:19.54	46.94	250m: 3:55.46	49.98	350m: 5:26.11	41.37
	100m: 1:32.60	49.23	200m: 3:05.48	45.94	300m: 4:44.74	49.28	400m: 6:02.55	36.44
6.	Erich Reschke	Barmstedter MTV	5:57.69	249912	6:05.92	+1,09		
	50m: 39.70	39.70	150m: 2:16.38	48.58	250m: 3:52.23	48.94	350m: 5:25.49	43.50
	100m: 1:27.80	48.10	200m: 3:03.29	46.91	300m: 4:41.99	49.76	400m: 6:05.92	40.43
7.	Ralph Caster	RZ	6:43.95	196100069	6:26.49	+0,92		
	50m: 40.72	40.72	150m: 2:21.05	52.51	250m: 4:07.20	53.20	350m: 5:44.23	44.13
	100m: 1:28.54	47.82	200m: 3:14.00	52.95	300m: 5:00.10	52.90	400m: 6:26.49	42.26

Programmanr. 37, Heren, 400m wisselslag, Masters 50+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
8.	Arlandas Antanas Juodeska	Takas	6:28.55	19611226	6:32.46	+0,86		
	50m: 42.94	42.94	150m: 2:25.68	51.36	250m: 4:09.17	53.97	350m: 5:50.93	47.75
	100m: 1:34.32	51.38	200m: 3:15.20	49.52	300m: 5:03.18	54.01	400m: 6:32.46	41.53
9.	Jan Smalheer	SCOM	6:25.10	196400701	6:38.43	+1,35		
	50m: 43.32	43.32	150m: 2:27.59	54.66	250m: 4:15.63	56.28	350m: 5:55.48	43.29
	100m: 1:32.93	49.61	200m: 3:19.35	51.76	300m: 5:12.19	56.56	400m: 6:38.43	42.95

Masters 55+

1.	Bart van Doesburg	PSV	6:16.30	195600463	6:17.70	+0,79		
	50m: 42.31	42.31	150m: 2:22.95	49.79	250m: 4:02.78	51.41	350m: 5:36.06	42.10
	100m: 1:33.16	50.85	200m: 3:11.37	48.42	300m: 4:53.96	51.18	400m: 6:17.70	41.64
2.	Paul Bunnik	Triton	6:16.48	195600413	6:27.92	+1,06		
	50m: 40.03	40.03	150m: 2:22.34	53.03	250m: 4:08.29	53.59	350m: 5:47.44	43.53
	100m: 1:29.31	49.28	200m: 3:14.70	52.36	300m: 5:03.91	55.62	400m: 6:27.92	40.48

Masters 65+

1.	Donald Uijtenbogaart	Het Y	6:04.41	194700107	6:20.07	+0,86		
	50m: 41.34	41.34	150m: 2:19.88	51.17	250m: 4:03.31	52.45	350m: 5:39.53	42.55
	100m: 1:28.71	47.37	200m: 3:10.86	50.98	300m: 4:56.98	53.67	400m: 6:20.07	40.54

Masters 70+

1.	Joaquin Canales de Mendoza	RC MEDITERRANEO	6:47.15	24983334	7:03.05	+1,00		
	50m: 40.93	40.93	150m: 2:29.19	56.57	250m: 4:29.30	1:03.69	350m: 6:20.19	47.59
	100m: 1:32.62	51.69	200m: 3:25.61	56.42	300m: 5:32.60	1:03.30	400m: 7:03.05	42.86
2.	Rob Hanou	PSV	6:50.27	194300109	7:29.11	+1,10		
	50m: 49.31	49.31	150m: 2:50.28	1:00.63	250m: 4:48.74	1:00.07	350m: 6:39.21	49.54
	100m: 1:49.65	1:00.34	200m: 3:48.67	58.39	300m: 5:49.67	1:00.93	400m: 7:29.11	49.90

5 - ONMK 2014 kb sessie 5

26-01-2014 - 9:00

Programmanr. 39
26-01-2014 - 9:00

Heren, 800m vrije slag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
Masters 20+								
1.	Dennis Wijbenga	Stadskanaal	9:04.66	199003283	9:12.80	+0,88		
	50m: 30.67	30.67	250m: 2:51.71	35.25	450m: 5:12.38	34.83	650m: 7:32.16	34.34
	100m: 1:05.17	34.50	300m: 3:27.17	35.46	500m: 5:47.71	35.33	700m: 8:06.89	34.73
	150m: 1:40.87	35.70	350m: 4:02.53	35.36	550m: 6:22.83	35.12	750m: 8:41.55	34.66
	200m: 2:16.46	35.59	400m: 4:37.55	35.02	600m: 6:57.82	34.99	800m: 9:12.80	31.25
2.	Joost Rijntjes	LZ 1886	9:04.65	199101899	9:16.73	+0,79		
	50m: 29.26	29.26	250m: 2:45.12	34.84	450m: 5:06.66	35.82	650m: 7:30.10	35.92
	100m: 1:01.86	32.60	300m: 3:20.32	35.20	500m: 5:42.29	35.63	700m: 8:06.37	36.27
	150m: 1:35.71	33.85	350m: 3:55.51	35.19	550m: 6:18.29	36.00	750m: 8:42.07	35.70
	200m: 2:10.28	34.57	400m: 4:30.84	35.33	600m: 6:54.18	35.89	800m: 9:16.73	34.66
3.	Tim Bunnik	Triton	9:20.38	199000505	9:23.23	+0,86		
	50m: 31.03	31.03	250m: 2:54.19	36.14	450m: 5:16.63	35.10	650m: 7:39.53	36.14
	100m: 1:06.07	35.04	300m: 3:30.56	36.37	500m: 5:52.28	36.65	700m: 8:14.93	35.40
	150m: 1:41.67	35.60	350m: 4:06.17	35.61	550m: 6:27.91	35.63	750m: 8:50.18	35.25
	200m: 2:18.05	36.38	400m: 4:41.53	35.36	600m: 7:03.39	35.48	800m: 9:23.23	33.05
4.	Maik Steenkamp	Montferland	9:26.85	199103847	9:38.07	+0,73		
	50m: 31.33	31.33	250m: 2:54.81	36.61	450m: 5:22.48	36.76	650m: 7:51.39	36.97
	100m: 1:06.16	34.83	300m: 3:31.41	36.60	500m: 5:59.94	37.46	700m: 8:28.10	36.71
	150m: 1:41.81	35.65	350m: 4:08.45	37.04	550m: 6:37.28	37.34	750m: 9:03.74	35.64
	200m: 2:18.20	36.39	400m: 4:45.72	37.27	600m: 7:14.42	37.14	800m: 9:38.07	34.33

Programmanr. 39, Heren, 800m vrije slag, Masters 20+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
5.	Dennis Bosma	Montferland	10:28.70	199403851	10:17.44	+0,74		
	50m: 32.09	32.09	250m: 3:05.11	39.21	450m: 5:43.23	39.56	650m: 8:22.49	39.84
	100m: 1:08.87	36.78	300m: 3:44.41	39.30	500m: 6:22.90	39.67	700m: 9:01.95	39.46
	150m: 1:47.12	38.25	350m: 4:23.94	39.53	550m: 7:03.06	40.16	750m: 9:40.31	38.36
	200m: 2:25.90	38.78	400m: 5:03.67	39.73	600m: 7:42.65	39.59	800m: 10:17.44	37.13

Masters 25+

1.	Richard Huisken	ZPC De Hof	9:06.00	198501141	9:07.30	+0,75		
	50m: 28.74	28.74	250m: 2:41.57	33.76	450m: 5:01.40	35.72	650m: 7:23.56	35.32
	100m: 1:01.09	32.35	300m: 3:15.95	34.38	500m: 5:37.18	35.78	700m: 7:58.86	35.30
	150m: 1:34.26	33.17	350m: 3:50.52	34.57	550m: 6:12.80	35.62	750m: 8:33.40	34.54
	200m: 2:07.81	33.55	400m: 4:25.68	35.16	600m: 6:48.24	35.44	800m: 9:07.30	33.90
2.	Emiel Huisken	ZPC De Hof	9:11.25	198501139	9:11.15	+0,85		
	50m: 28.84	28.84	250m: 2:41.45	33.92	450m: 5:01.23	35.92	650m: 7:25.32	36.31
	100m: 1:01.13	32.29	300m: 3:15.69	34.24	500m: 5:37.39	36.16	700m: 8:00.55	35.23
	150m: 1:33.97	32.84	350m: 3:50.32	34.63	550m: 6:13.31	35.92	750m: 8:36.20	35.65
	200m: 2:07.53	33.56	400m: 4:25.31	34.99	600m: 6:49.01	35.70	800m: 9:11.15	34.95
3.	Wessel Everloo <i>NR gehandicapten</i>	De Veene	9:14.84	198906597	S14	9:19.72	+0,90	
	50m: 30.54	30.54	250m: 2:50.73	35.90	450m: 5:12.11	33.98	650m: 7:35.00	35.84
	100m: 1:04.59	34.05	300m: 3:26.41	35.68	500m: 5:48.20	36.09	700m: 8:10.94	35.94
	150m: 1:39.45	34.86	350m: 4:02.57	36.16	550m: 6:24.40	36.20	750m: 8:46.18	35.24
	200m: 2:14.83	35.38	400m: 4:38.13	35.56	600m: 6:59.16	34.76	800m: 9:19.72	33.54
4.	Roel van Beek	Montferland	10:46.50	198905861	10:51.35	+0,82		
	50m: 36.87	36.87	250m: 3:22.53	41.72	450m: 6:08.78	39.77	650m: 8:51.13	40.47
	100m: 1:17.44	40.57	300m: 4:04.81	42.28	500m: 6:48.76	39.98	700m: 9:32.37	41.24
	150m: 1:58.81	41.37	350m: 4:47.27	42.46	550m: 7:29.36	40.60	750m: 10:13.42	41.05
	200m: 2:40.81	42.00	400m: 5:29.01	41.74	600m: 8:10.66	41.30	800m: 10:51.35	37.93

Masters 30+

1.	Erik Schröder <i>Kampioenschaps Record</i>	TriVia	8:45.36	198402025	8:47.52	+0,84		
	50m: 29.07	29.07	250m: 2:40.85	33.25	450m: 4:54.42	33.26	650m: 7:08.83	33.45
	100m: 1:01.34	32.27	300m: 3:14.47	33.62	500m: 5:27.76	33.34	700m: 7:42.52	33.69
	150m: 1:34.44	33.10	350m: 3:47.89	33.42	550m: 6:01.36	33.60	750m: 8:15.45	32.93
	200m: 2:07.60	33.16	400m: 4:21.16	33.27	600m: 6:35.38	34.02	800m: 8:47.52	32.07
2.	Kristiaan Lenos	LZ 1886	9:07.80	198301331	9:00.87	+0,78		
	50m: 29.23	29.23	250m: 2:42.71	33.95	450m: 5:00.66	34.62	650m: 7:18.79	34.62
	100m: 1:01.64	32.41	300m: 3:16.81	34.10	500m: 5:35.28	34.62	700m: 7:53.37	34.58
	150m: 1:35.25	33.61	350m: 3:51.09	34.28	550m: 6:09.78	34.50	750m: 8:27.88	34.51
	200m: 2:08.76	33.51	400m: 4:26.04	34.95	600m: 6:44.17	34.39	800m: 9:00.87	32.99
3.	Ralf van der Poel	Zuiderzeewimmers	9:17.49	198401783	9:03.92	+0,84		
	50m: 29.41	29.41	250m: 2:43.91	34.21	450m: 5:02.13	34.95	650m: 7:22.00	34.94
	100m: 1:01.81	32.40	300m: 3:18.14	34.23	500m: 5:37.27	35.14	700m: 7:57.23	35.23
	150m: 1:35.58	33.77	350m: 3:52.41	34.27	550m: 6:12.10	34.83	750m: 8:31.56	34.33
	200m: 2:09.70	34.12	400m: 4:27.18	34.77	600m: 6:47.06	34.96	800m: 9:03.92	32.36
4.	Marcel Reefhuis	WS Twente	9:32.23	198101381	9:36.97	+0,50		
	50m: 31.75	31.75	250m: 2:54.71	35.86	450m: 5:19.86	36.59	650m: 7:48.06	36.94
	100m: 1:06.98	35.23	300m: 3:30.79	36.08	500m: 5:56.83	36.97	700m: 8:25.24	37.18
	150m: 1:42.90	35.92	350m: 4:06.90	36.11	550m: 6:33.94	37.11	750m: 9:02.16	36.92
	200m: 2:18.85	35.95	400m: 4:43.27	36.37	600m: 7:11.12	37.18	800m: 9:36.97	34.81

Masters 35+

1.	Ivo Roozeboom	WVZ	9:39.25	197700801	9:20.54	+0,86		
	50m: 31.48	31.48	250m: 2:53.84	35.43	450m: 5:16.32	35.59	650m: 7:37.33	35.19
	100m: 1:06.77	35.29	300m: 3:29.57	35.73	500m: 5:51.52	35.20	700m: 8:12.70	35.37
	150m: 1:42.65	35.88	350m: 4:05.16	35.59	550m: 6:26.75	35.23	750m: 8:47.60	34.90
	200m: 2:18.41	35.76	400m: 4:40.73	35.57	600m: 7:02.14	35.39	800m: 9:20.54	32.94
2.	Roland de Jong	Eurode KZC	9:34.07	197601513	9:35.09	+0,71		
	50m: 30.63	30.63	250m: 2:50.44	35.82	450m: 5:15.26	36.54	650m: 7:43.62	37.61
	100m: 1:04.62	33.99	300m: 3:26.40	35.96	500m: 5:52.03	36.77	700m: 8:21.30	37.68
	150m: 1:39.35	34.73	350m: 4:02.56	36.16	550m: 6:29.13	37.10	750m: 8:59.40	38.10
	200m: 2:14.62	35.27	400m: 4:38.72	36.16	600m: 7:06.01	36.88	800m: 9:35.09	35.69

Programmanr. 39, Heren, 800m vrije slag, Masters 35+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
3.	Markus van Rest	Zoetermeer	10:25.91	197701197	10:21.18	+0,87		
	50m: 34.29	34.29	250m: 3:11.65	40.20	450m: 5:51.14	39.86	650m: 8:28.71	39.46
	100m: 1:12.39	38.10	300m: 3:51.70	40.05	500m: 6:31.10	39.96	700m: 9:06.98	38.27
	150m: 1:51.86	39.47	350m: 4:31.15	39.45	550m: 7:10.20	39.10	750m: 9:44.91	37.93
	200m: 2:31.45	39.59	400m: 5:11.28	40.13	600m: 7:49.25	39.05	800m: 10:21.18	36.27

Masters 40+

1.	Gerald Hösl	SC Schaffhausen	10:57.42	27749	10:37.26	+0,94		
	50m: 36.04	36.04	250m: 3:14.56	40.49	450m: 5:56.87	40.61	650m: 8:37.83	40.16
	100m: 1:14.72	38.68	300m: 3:55.10	40.54	500m: 6:37.12	40.25	700m: 9:17.90	40.07
	150m: 1:54.15	39.43	350m: 4:35.60	40.50	550m: 7:17.42	40.30	750m: 9:58.29	40.39
	200m: 2:34.07	39.92	400m: 5:16.26	40.66	600m: 7:57.67	40.25	800m: 10:37.26	38.97
2.	Kasper van den Berghe	Swol 1894	10:54.74	197301125	11:12.41	+0,81		
	50m: 36.33	36.33	250m: 3:17.26	40.31	450m: 6:04.53	42.13	650m: 8:59.05	43.85
	100m: 1:15.36	39.03	300m: 3:58.14	40.88	500m: 6:47.95	43.42	700m: 9:43.66	44.61
	150m: 1:55.76	40.40	350m: 4:40.01	41.87	550m: 7:31.53	43.58	750m: 10:28.31	44.65
	200m: 2:36.95	41.19	400m: 5:22.40	42.39	600m: 8:15.20	43.67	800m: 11:12.41	44.10

Masters 45+

1.	Arjan Bellaart	Oceanus	9:53.24	196900079	9:45.55	+0,86		
	50m: 33.11	33.11	250m: 2:59.57	36.38	450m: 5:26.87	37.08	650m: 7:55.99	37.24
	100m: 1:09.85	36.74	300m: 3:36.26	36.69	500m: 6:03.97	37.10	700m: 8:33.06	37.07
	150m: 1:46.39	36.54	350m: 4:13.25	36.99	550m: 6:41.25	37.28	750m: 9:10.00	36.94
	200m: 2:23.19	36.80	400m: 4:49.79	36.54	600m: 7:18.75	37.50	800m: 9:45.55	35.55
2.	Johan Neevel	Deltasteur	9:48.69	196501475	10:08.90	+0,77		
	50m: 33.58	33.58	250m: 3:03.81	38.25	450m: 5:37.44	38.21	650m: 8:13.08	39.02
	100m: 1:10.57	36.99	300m: 3:41.99	38.18	500m: 6:16.31	38.87	700m: 8:52.13	39.05
	150m: 1:47.59	37.02	350m: 4:20.44	38.45	550m: 6:55.31	39.00	750m: 9:31.06	38.93
	200m: 2:25.56	37.97	400m: 4:59.23	38.79	600m: 7:34.06	38.75	800m: 10:08.90	37.84
3.	Harold Matla	PSV	10:51.18	196800591	10:39.34	+0,93		
	50m: 35.11	35.11	250m: 3:14.24	40.47	450m: 5:57.28	40.63	650m: 8:41.84	41.31
	100m: 1:13.62	38.51	300m: 3:54.93	40.69	500m: 6:38.36	41.08	700m: 9:23.10	41.26
	150m: 1:53.31	39.69	350m: 4:35.89	40.96	550m: 7:19.38	41.02	750m: 10:03.26	40.16
	200m: 2:33.77	40.46	400m: 5:16.65	40.76	600m: 8:00.53	41.15	800m: 10:39.34	36.08
4.	Philippe van der Beke	PSV	11:24.16	196801541	10:49.98	+1,10		
	50m: 36.40	36.40	250m: 3:22.11	42.19	450m: 6:08.78	41.55	650m: 8:52.86	41.06
	100m: 1:17.12	40.72	300m: 4:03.85	41.74	500m: 6:49.67	40.89	700m: 9:34.33	41.47
	150m: 1:59.01	41.89	350m: 4:45.32	41.47	550m: 7:30.79	41.12	750m: 10:13.62	39.29
	200m: 2:39.92	40.91	400m: 5:27.23	41.91	600m: 8:11.80	41.01	800m: 10:49.98	36.36
5.	Sander Nieuwenhuys	De Fuut	11:11.26	196801423	10:56.10	+0,84		
	50m: 36.51	36.51	250m: 3:18.67	41.00	450m: 6:04.67	41.83	650m: 8:52.72	41.96
	100m: 1:16.30	39.79	300m: 3:59.83	41.16	500m: 6:46.61	41.94	700m: 9:35.03	42.31
	150m: 1:56.64	40.34	350m: 4:41.15	41.32	550m: 7:28.61	42.00	750m: 10:17.15	42.12
	200m: 2:37.67	41.03	400m: 5:22.84	41.69	600m: 8:10.76	42.15	800m: 10:56.10	38.95
6.	Ramon Alsina Munoz	CNSW	12:43.08	CNSW/608/69	11:56.59	+0,94		
	50m: 38.73	38.73	250m: 3:34.18	44.72	450m: 6:36.18	45.89	650m: 9:40.41	46.27
	100m: 1:21.48	42.75	300m: 4:19.54	45.36	500m: 7:21.78	45.60	700m: 10:26.45	46.04
	150m: 2:05.25	43.77	350m: 5:04.85	45.31	550m: 8:08.05	46.27	750m: 11:12.31	45.86
	200m: 2:49.46	44.21	400m: 5:50.29	45.44	600m: 8:54.14	46.09	800m: 11:56.59	44.28

Masters 50+

1.	Jan Brink	ZPC De Zeeuwse Kust	9:48.16	196200091	9:31.11	+0,83		
	<i>Nederlands Masters Record</i>							
	50m: 31.30	31.30	250m: 2:54.48	36.02	450m: 5:18.76	36.13	650m: 7:44.01	36.74
	100m: 1:06.94	35.64	300m: 3:30.40	35.92	500m: 5:54.96	36.20	700m: 8:20.56	36.55
	150m: 1:42.72	35.78	350m: 4:06.50	36.10	550m: 6:31.32	36.36	750m: 8:56.84	36.28
	200m: 2:18.46	35.74	400m: 4:42.63	36.13	600m: 7:07.27	35.95	800m: 9:31.11	34.27
2.	Johan Remmits	ZPC Woerden	9:48.05	196201159	9:39.75	+0,87		
	50m: 32.29	32.29	250m: 2:59.68	37.00	450m: 5:26.54	36.70	650m: 7:54.14	36.66
	100m: 1:08.43	36.14	300m: 3:36.52	36.84	500m: 6:03.69	37.15	700m: 8:30.68	36.54
	150m: 1:45.57	37.14	350m: 4:13.14	36.62	550m: 6:40.69	37.00	750m: 9:06.47	35.79
	200m: 2:22.68	37.11	400m: 4:49.84	36.70	600m: 7:17.48	36.79	800m: 9:39.75	33.28
3.	Gustav van den Berg	TriVia	10:12.00	196100991	9:54.37	+1,00		
	50m: 34.12	34.12	250m: 3:03.39	38.01	450m: 5:33.95	37.49	650m: 8:05.11	37.44
	100m: 1:10.99	36.87	300m: 3:40.79	37.40	500m: 6:11.63	37.68	700m: 8:42.98	37.87
	150m: 1:47.88	36.89	350m: 4:18.66	37.87	550m: 6:49.71	38.08	750m: 9:19.69	36.71
	200m: 2:25.38	37.50	400m: 4:56.46	37.80	600m: 7:27.67	37.96	800m: 9:54.37	34.68

Programmanr. 39, Heren, 800m vrije slag, Masters 50+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
4.	Menno Lomans	d'ELFT WAVE (SG)	10:26.74	196101071	10:25.49	+0,80		
	50m: 34.50	34.50	250m: 3:11.67	39.90	450m: 5:51.43	39.86	650m: 8:29.69	39.57
	100m: 1:12.61	38.11	300m: 3:51.82	40.15	500m: 6:31.05	39.62	700m: 9:09.21	39.52
	150m: 1:51.95	39.34	350m: 4:31.51	39.69	550m: 7:10.85	39.80	750m: 9:48.25	39.04
	200m: 2:31.77	39.82	400m: 5:11.57	40.06	600m: 7:50.12	39.27	800m: 10:25.49	37.24
5.	Joost de Kroon	AquAmigos	10:59.97	196400999	11:12.39	+1,12		
	50m: 38.24	38.24	250m: 3:27.29	42.66	450m: 6:18.87	42.94	650m: 9:11.40	43.23
	100m: 1:19.65	41.41	300m: 4:10.27	42.98	500m: 7:02.03	43.16	700m: 9:54.25	42.85
	150m: 2:01.98	42.33	350m: 4:53.02	42.75	550m: 7:45.23	43.20	750m: 10:35.28	41.03
	200m: 2:44.63	42.65	400m: 5:35.93	42.91	600m: 8:28.17	42.94	800m: 11:12.39	37.11
6.	Jan Smalheer	SCOM	11:56.55	196400701	11:47.33	+1,19		
	50m: 36.61	36.61	250m: 3:32.67	44.29	450m: 6:34.14	45.75	650m: 9:37.59	45.88
	100m: 1:18.70	42.09	300m: 4:16.86	44.19	500m: 7:19.90	45.76	700m: 10:22.03	44.44
	150m: 2:03.16	44.46	350m: 5:02.57	45.71	550m: 8:05.63	45.73	750m: 11:05.32	43.29
	200m: 2:48.38	45.22	400m: 5:48.39	45.82	600m: 8:51.71	46.08	800m: 11:47.33	42.01
7.	Marco Schoenmakers	ZVVS	13:27.86	196401375	13:52.97	+0,97		
	50m: 43.69	43.69	250m: 4:11.44	52.82	450m: 7:46.54	53.65	650m: 11:20.65	53.08
	100m: 1:32.25	48.56	300m: 5:05.12	53.68	500m: 8:42.12	55.58	700m: 12:12.60	51.95
	150m: 2:25.58	53.33	350m: 5:58.86	53.74	550m: 9:34.09	51.97	750m: 13:04.57	51.97
	200m: 3:18.62	53.04	400m: 6:52.89	54.03	600m: 10:27.57	53.48	800m: 13:52.97	48.40

Masters 55+

1.	Marten de Groot	HZ&PC Heerenveen	9:32.21	195800149	9:23.27	+0,80		
	<i>Europees Masters Record</i>							
	50m: 32.22	32.22	250m: 2:55.99	36.06	450m: 5:17.76	35.13	650m: 7:39.26	35.23
	100m: 1:07.59	35.37	300m: 3:31.52	35.53	500m: 5:52.66	34.90	700m: 8:14.75	35.49
	150m: 1:44.13	36.54	350m: 4:07.07	35.55	550m: 6:28.38	35.72	750m: 8:50.17	35.42
	200m: 2:19.93	35.80	400m: 4:42.63	35.56	600m: 7:04.03	35.65	800m: 9:23.27	33.10
2.	Marius Ros	ZCNF'34	10:27.13	195900779	10:38.36	+0,85		
	50m: 37.24	37.24	250m: 3:16.43	40.11	450m: 5:55.92	39.96	650m: 8:38.11	40.66
	100m: 1:16.71	39.47	300m: 3:56.31	39.88	500m: 6:36.35	40.43	700m: 9:18.86	40.75
	150m: 1:56.17	39.46	350m: 4:36.20	39.89	550m: 7:16.91	40.56	750m: 9:59.39	40.53
	200m: 2:36.32	40.15	400m: 5:15.96	39.76	600m: 7:57.45	40.54	800m: 10:38.36	38.97
3.	Wim Witjes	Aqua-Novio'94	10:57.45	195800483	10:57.99	+0,81		
	50m: 36.40	36.40	250m: 3:20.12	41.63	450m: 6:07.22	42.15	650m: 8:55.36	41.75
	100m: 1:16.18	39.78	300m: 4:01.66	41.54	500m: 6:49.32	42.10	700m: 9:37.46	42.10
	150m: 1:57.31	41.13	350m: 4:43.27	41.61	550m: 7:31.48	42.16	750m: 10:18.66	41.20
	200m: 2:38.49	41.18	400m: 5:25.07	41.80	600m: 8:13.61	42.13	800m: 10:57.99	39.33
4.	Henk Slomp	De Pinquin	11:13.62	195500359	11:11.91	+0,91		
	50m: 37.59	37.59	250m: 3:29.84	43.14	450m: 6:20.35	42.27	650m: 9:11.92	42.43
	100m: 1:20.08	42.49	300m: 4:11.90	42.06	500m: 7:03.57	43.22	700m: 9:53.51	41.59
	150m: 2:03.04	42.96	350m: 4:54.52	42.62	550m: 7:46.50	42.93	750m: 10:34.30	40.79
	200m: 2:46.70	43.66	400m: 5:38.08	43.56	600m: 8:29.49	42.99	800m: 11:11.91	37.61
5.	Paul Bunnik	Triton	11:43.75	195600413	11:47.17	+1,14		
	50m: 36.93	36.93	250m: 3:30.45	44.68	450m: 6:29.80	45.37	650m: 9:35.21	46.07
	100m: 1:18.04	41.11	300m: 4:14.67	44.22	500m: 7:15.68	45.88	700m: 10:21.37	46.16
	150m: 2:01.63	43.59	350m: 4:59.40	44.73	550m: 8:01.22	45.54	750m: 11:07.17	45.80
	200m: 2:45.77	44.14	400m: 5:44.43	45.03	600m: 8:49.14	47.92	800m: 11:47.17	40.00
6.	Aaldert Mellema	Nat Utrecht	12:02.08	195700233	12:03.16	+1,06		
	50m: 38.22	38.22	250m: 3:36.89	45.81	450m: 6:41.91	46.04	650m: 9:48.06	46.31
	100m: 1:20.64	42.42	300m: 4:22.88	45.99	500m: 7:29.04	47.13	700m: 10:34.56	46.50
	150m: 2:05.24	44.60	350m: 5:09.50	46.62	550m: 8:15.46	46.42	750m: 11:20.65	46.09
	200m: 2:51.08	45.84	400m: 5:55.87	46.37	600m: 9:01.75	46.29	800m: 12:03.16	42.51
7.	Lex Hoogendam	MNC Dordrecht	11:58.79	195700541	12:04.90	+0,97		
	50m: 37.62	37.62	250m: 3:35.26	45.38	450m: 6:40.71	46.70	650m: 9:47.98	46.44
	100m: 1:20.14	42.52	300m: 4:21.20	45.94	500m: 7:27.78	47.07	700m: 10:34.28	46.30
	150m: 2:04.89	44.75	350m: 5:07.88	46.68	550m: 8:14.72	46.94	750m: 11:20.18	45.90
	200m: 2:49.88	44.99	400m: 5:54.01	46.13	600m: 9:01.54	46.82	800m: 12:04.90	44.72

Masters 60+

1.	Brend Brevé	PSV	11:33.09	195200265	11:12.50	+0,98		
	50m: 36.95	36.95	250m: 3:25.46	42.14	450m: 6:16.92	42.91	650m: 9:07.50	43.46
	100m: 1:17.98	41.03	300m: 4:08.69	43.23	500m: 6:59.26	42.34	700m: 9:50.65	43.15
	150m: 2:00.60	42.62	350m: 4:51.67	42.98	550m: 7:41.97	42.71	750m: 10:33.28	42.63
	200m: 2:43.32	42.72	400m: 5:34.01	42.34	600m: 8:24.04	42.07	800m: 11:12.50	39.22

Programmanr. 39, Heren, 800m vrije slag, Masters 60+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
2.	Bé Grave	H2Oldambt	12:27.37	195300231	12:29.31	+0,95		
	50m: 39.61	39.61	250m: 3:42.84	47.38	450m: 6:54.70	48.33	650m: 10:07.18	47.65
	100m: 1:23.15	43.54	300m: 4:30.06	47.22	500m: 7:43.19	48.49	700m: 10:55.37	48.19
	150m: 2:08.75	45.60	350m: 5:17.90	47.84	550m: 8:31.83	48.64	750m: 11:43.02	47.65
	200m: 2:55.46	46.71	400m: 6:06.37	48.47	600m: 9:19.53	47.70	800m: 12:29.31	46.29

Masters 65+

1.	Donald Uijtenbogaart	Het Y	10:45.41	194700107	10:59.97	+0,89		
	50m: 37.46	37.46	250m: 3:24.81	42.23	450m: 6:13.24	42.00	650m: 9:00.42	41.70
	100m: 1:18.43	40.97	300m: 4:07.07	42.26	500m: 6:55.06	41.82	700m: 9:41.91	41.49
	150m: 2:00.46	42.03	350m: 4:49.19	42.12	550m: 7:36.89	41.83	750m: 10:22.42	40.51
	200m: 2:42.58	42.12	400m: 5:31.24	42.05	600m: 8:18.72	41.83	800m: 10:59.97	37.55
2.	Willem Putter	ZVVS	14:00.19	194500135	13:44.48	+1,17		
	50m: 41.93	41.93	250m: 4:05.56	50.91	450m: 7:38.26	53.50	650m: 11:13.92	53.63
	100m: 1:30.78	48.85	300m: 4:58.10	52.54	500m: 8:31.82	53.56	700m: 12:06.46	52.54
	150m: 2:21.02	50.24	350m: 5:52.04	53.94	550m: 9:26.65	54.83	750m: 12:57.44	50.98
	200m: 3:14.65	53.63	400m: 6:44.76	52.72	600m: 10:20.29	53.64	800m: 13:44.48	47.04
3.	Mar van Geel	Old Dutch	14:59.41	194700135	15:35.46	+1,24		
	50m: 48.38	48.38	250m: 4:39.80	1:00.04	450m: 8:42.09	1:00.83	650m: 12:41.62	59.93
	100m: 1:42.50	54.12	300m: 5:40.70	1:00.90	500m: 9:42.19	1:00.10	700m: 13:41.45	59.83
	150m: 2:40.32	57.82	350m: 6:40.00	59.30	550m: 10:42.19	1:00.00	750m: 14:39.92	58.47
	200m: 3:39.76	59.44	400m: 7:41.26	1:01.26	600m: 11:41.69	59.50	800m: 15:35.46	55.54

Masters 70+

1.	Rob Hanou	PSV	12:34.07	194300109	13:14.86	+1,12		
	50m: 42.09	42.09	250m: 4:01.14	49.92	450m: 7:24.11	50.77	650m: 10:47.47	51.13
	100m: 1:30.71	48.62	300m: 4:51.62	50.48	500m: 8:14.56	50.45	700m: 11:37.98	50.51
	150m: 2:21.08	50.37	350m: 5:42.76	51.14	550m: 9:05.40	50.84	750m: 12:28.08	50.10
	200m: 3:11.22	50.14	400m: 6:33.34	50.58	600m: 9:56.34	50.94	800m: 13:14.86	46.78
2.	Frans van Enst	WS Twente	13:07.00	194000011	13:22.64	+1,07		
	50m: 42.89	42.89	250m: 4:05.35	51.72	450m: 7:32.65	51.17	650m: 10:56.83	50.89
	100m: 1:31.26	48.37	300m: 4:56.97	51.62	500m: 8:24.05	51.40	700m: 11:47.57	50.74
	150m: 2:21.60	50.34	350m: 5:48.85	51.88	550m: 9:14.85	50.80	750m: 12:37.73	50.16
	200m: 3:13.63	52.03	400m: 6:41.48	52.63	600m: 10:05.94	51.09	800m: 13:22.64	44.91
3.	Geza Kaltenecker	AZC	14:36.95	194200065	14:29.17	+1,20		
	50m: 43.13	43.13	250m: 4:15.43	54.94	450m: 7:55.63	55.46	650m: 11:40.13	56.53
	100m: 1:33.59	50.46	300m: 5:10.35	54.92	500m: 8:50.85	55.22	700m: 12:37.40	57.27
	150m: 2:26.97	53.38	350m: 6:04.72	54.37	550m: 9:47.32	56.47	750m: 13:34.16	56.76
	200m: 3:20.49	53.52	400m: 7:00.17	55.45	600m: 10:43.60	56.28	800m: 14:29.17	55.01

Masters 75+

1.	Nico Geers	Z&PC De Gouwe	12:14.50	193800007	13:26.73	+1,02		
	50m: 45.58	45.58	250m: 4:12.03	51.55	450m: 7:39.93	51.27	650m: 11:04.13	50.39
	100m: 1:36.64	51.06	300m: 5:04.48	52.45	500m: 8:31.78	51.85	700m: 11:54.35	50.22
	150m: 2:28.28	51.64	350m: 5:57.01	52.53	550m: 9:22.33	50.55	750m: 12:43.01	48.66
	200m: 3:20.48	52.20	400m: 6:48.66	51.65	600m: 10:13.74	51.41	800m: 13:26.73	43.72

Programmanr. 40
26-01-2014 - 10:28

Dames, 1500m vrije slag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
1.	Iris Pijtak	AZ&PC	18:02.36	199300602	18:16.33	+0,77		
	<i>Kampioenschaps Record</i>							
	50m: 32.68	32.68	450m: 5:27.06	37.03	850m: 10:22.79	37.05	1250m: 15:16.45	36.88
	100m: 1:08.73	36.05	500m: 6:03.96	36.90	900m: 10:59.72	36.93	1300m: 15:53.51	37.06
	150m: 1:45.38	36.65	550m: 6:40.99	37.03	950m: 11:36.44	36.72	1350m: 16:30.26	36.75
	200m: 2:22.11	36.73	600m: 7:17.85	36.86	1000m: 12:12.97	36.53	1400m: 17:06.61	36.35
	250m: 2:58.96	36.85	650m: 7:54.93	37.08	1050m: 12:49.41	36.44	1450m: 17:42.89	36.28
	300m: 3:36.15	37.19	700m: 8:32.06	37.13	1100m: 13:26.15	36.74	1500m: 18:16.33	33.44
	350m: 4:12.95	36.80	750m: 9:09.04	36.98	1150m: 14:02.94	36.79		
	400m: 4:50.03	37.08	800m: 9:45.74	36.70	1200m: 14:39.57	36.63		

Programmanr. 40, Dames, 1500m vrije slag, Masters 20+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
2.	Rebecca Vroomen	Eurode KZC	18:36.38	199301772	18:26.90	+0,88		
	50m: 33.22	33.22	450m: 5:28.23	36.87	850m: 10:24.59	37.08	1250m: 15:23.59	37.68
	100m: 1:09.46	36.24	500m: 6:05.47	37.24	900m: 11:01.60	37.01	1300m: 16:00.97	37.38
	150m: 1:46.49	37.03	550m: 6:42.07	36.60	950m: 11:38.55	36.95	1350m: 16:38.26	37.29
	200m: 2:22.97	36.48	600m: 7:19.26	37.19	1000m: 12:15.97	37.42	1400m: 17:15.42	37.16
	250m: 3:00.28	37.31	650m: 7:56.43	37.17	1050m: 12:53.12	37.15	1450m: 17:52.14	36.72
	300m: 3:37.57	37.29	700m: 8:33.49	37.06	1100m: 13:30.56	37.44	1500m: 18:26.90	34.76
	350m: 4:14.59	37.02	750m: 9:10.65	37.16	1150m: 14:08.22	37.66		
	400m: 4:51.36	36.77	800m: 9:47.51	36.86	1200m: 14:45.91	37.69		
3.	Sigrid Dogger	De Zwoer	20:08.12	199200452	19:51.97	+0,81		
	50m: 33.84	33.84	450m: 5:48.55	40.23	850m: 11:11.72	40.46	1250m: 16:35.96	40.40
	100m: 1:11.38	37.54	500m: 6:28.72	40.17	900m: 11:52.05	40.33	1300m: 17:16.02	40.06
	150m: 1:50.25	38.87	550m: 7:08.85	40.13	950m: 12:32.49	40.44	1350m: 17:55.89	39.87
	200m: 2:29.39	39.14	600m: 7:49.18	40.33	1000m: 13:13.07	40.58	1400m: 18:35.98	40.09
	250m: 3:08.90	39.51	650m: 8:29.66	40.48	1050m: 13:53.52	40.45	1450m: 19:15.11	39.13
	300m: 3:48.40	39.50	700m: 9:10.35	40.69	1100m: 14:34.52	41.00	1500m: 19:51.97	36.86
	350m: 4:28.20	39.80	750m: 9:50.67	40.32	1150m: 15:14.98	40.46		
	400m: 5:08.32	40.12	800m: 10:31.26	40.59	1200m: 15:55.56	40.58		
4.	Johanna de Boer	ZPD	20:10.56	199403944	19:52.53	+0,75		
	50m: 34.61	34.61	450m: 5:48.27	40.02	850m: 11:11.06	40.04	1250m: 16:36.37	40.77
	100m: 1:12.51	37.90	500m: 6:28.34	40.07	900m: 11:51.39	40.33	1300m: 17:16.78	40.41
	150m: 1:50.84	38.33	550m: 7:08.38	40.04	950m: 12:31.97	40.58	1350m: 17:57.06	40.28
	200m: 2:29.83	38.99	600m: 7:48.73	40.35	1000m: 13:12.39	40.42	1400m: 18:37.24	40.18
	250m: 3:09.37	39.54	650m: 8:29.42	40.69	1050m: 13:53.05	40.66	1450m: 19:16.53	39.29
	300m: 3:48.58	39.21	700m: 9:10.14	40.72	1100m: 14:34.14	41.09	1500m: 19:52.53	36.00
	350m: 4:28.19	39.61	750m: 9:50.63	40.49	1150m: 15:14.82	40.68		
	400m: 5:08.25	40.06	800m: 10:31.02	40.39	1200m: 15:55.60	40.78		
5.	Martje Godschalk	De IJssel	20:33.83	199001186	20:08.87	+0,89		
	50m: 34.57	34.57	450m: 5:53.26	40.30	850m: 11:19.33	40.77	1250m: 16:45.94	40.67
	100m: 1:12.32	37.75	500m: 6:34.07	40.81	900m: 12:00.20	40.87	1300m: 17:26.90	40.96
	150m: 1:51.22	38.90	550m: 7:14.87	40.80	950m: 12:40.79	40.59	1350m: 18:07.87	40.97
	200m: 2:30.95	39.73	600m: 7:55.69	40.82	1000m: 13:21.61	40.82	1400m: 18:48.88	41.01
	250m: 3:11.13	40.18	650m: 8:36.35	40.66	1050m: 14:02.44	40.83	1450m: 19:29.52	40.64
	300m: 3:51.75	40.62	700m: 9:17.04	40.69	1100m: 14:43.49	41.05	1500m: 20:08.87	39.35
	350m: 4:32.69	40.94	750m: 9:58.10	41.06	1150m: 15:24.42	40.93		
	400m: 5:12.96	40.27	800m: 10:38.56	40.46	1200m: 16:05.27	40.85		
6.	Irmgard van Weeghel	Octopus	20:26.89	199204834	20:55.69	+0,71		
	50m: 36.57	36.57	450m: 6:06.02	42.02	850m: 11:45.11	42.81	1250m: 17:27.06	42.54
	100m: 1:16.21	39.64	500m: 6:48.73	42.71	900m: 12:27.96	42.85	1300m: 18:09.43	42.37
	150m: 1:56.88	40.67	550m: 7:30.84	42.11	950m: 13:10.95	42.99	1350m: 18:51.63	42.20
	200m: 2:38.18	41.30	600m: 8:12.90	42.06	1000m: 13:53.50	42.55	1400m: 19:33.94	42.31
	250m: 3:19.32	41.14	650m: 8:55.31	42.41	1050m: 14:36.32	42.82	1450m: 20:15.92	41.98
	300m: 4:00.61	41.29	700m: 9:37.77	42.46	1100m: 15:18.88	42.56	1500m: 20:55.69	39.77
	350m: 4:42.37	41.76	750m: 10:19.50	41.73	1150m: 16:01.64	42.76		
	400m: 5:24.00	41.63	800m: 11:02.30	42.80	1200m: 16:44.52	42.88		
7.	Claudia Creemers	De Roersoppers	25:16.11	199202864	25:25.71	+0,77		
	50m: 41.40	41.40	450m: 7:22.46	51.93	850m: 14:15.73	52.95	1250m: 21:14.74	53.39
	100m: 1:28.54	47.14	500m: 8:12.17	49.71	900m: 15:09.81	54.08	1300m: 22:06.64	51.90
	150m: 2:17.80	49.26	550m: 9:04.49	52.32	950m: 16:02.27	52.46	1350m: 22:58.91	52.27
	200m: 3:07.69	49.89	600m: 9:55.40	50.91	1000m: 16:55.52	53.25	1400m: 23:49.70	50.79
	250m: 3:57.25	49.56	650m: 10:47.31	51.91	1050m: 17:47.47	51.95	1450m: 24:39.93	50.23
	300m: 4:47.64	50.39	700m: 11:38.85	51.54	1100m: 18:38.46	50.99	1500m: 25:25.71	45.78
	350m: 5:38.55	50.91	750m: 12:30.90	52.05	1150m: 19:29.71	51.25		
	400m: 6:30.53	51.98	800m: 13:22.78	51.88	1200m: 20:21.35	51.64		
8.	Liesbeth Bruinekoel	Zuiderzeewimmers	31:32.66	199007958	33:26.91	+1,00		
	50m: 54.33	54.33	450m: 9:47.49	1:07.51	850m: 18:43.63	1:06.89	1250m: 27:46.74	1:07.49
	100m: 1:57.51	1:03.18	500m: 10:56.04	1:08.55	900m: 19:50.87	1:07.24	1300m: 28:55.80	1:09.06
	150m: 3:03.70	1:06.19	550m: 12:03.61	1:07.57	950m: 20:59.43	1:08.56	1350m: 30:04.80	1:09.00
	200m: 4:10.73	1:07.03	600m: 13:09.69	1:06.08	1000m: 22:06.62	1:07.19	1400m: 31:13.25	1:08.45
	250m: 5:17.92	1:07.19	650m: 14:15.62	1:05.93	1050m: 23:14.16	1:07.54	1450m: 32:20.58	1:07.33
	300m: 6:24.57	1:06.65	700m: 15:23.50	1:07.88	1100m: 24:22.07	1:07.91	1500m: 33:26.91	1:06.33
	350m: 7:32.17	1:07.60	750m: 16:30.53	1:07.03	1150m: 25:30.11	1:08.04		
	400m: 8:39.98	1:07.81	800m: 17:36.74	1:06.21	1200m: 26:39.25	1:09.14		

Masters 25+

1.	Lisanne Andeweg	Zuiderzeewimmers	18:23.46	198800092	18:34.99	+0,91		
	50m: 33.07	33.07	450m: 5:30.34	37.53	850m: 10:31.02	37.41	1250m: 15:30.07	37.35
	100m: 1:09.33	36.26	500m: 6:07.67	37.33	900m: 11:08.70	37.68	1300m: 16:07.63	37.56
	150m: 1:46.64	37.31	550m: 6:45.13	37.46	950m: 11:46.26	37.56	1350m: 16:45.00	37.37
	200m: 2:24.04	37.40	600m: 7:22.90	37.77	1000m: 12:23.59	37.33	1400m: 17:22.38	37.38
	250m: 3:01.04	37.00	650m: 8:00.77	37.87	1050m: 13:00.81	37.22	1450m: 17:59.27	36.89
	300m: 3:38.23	37.19	700m: 8:38.56	37.79	1100m: 13:38.00	37.19	1500m: 18:34.99	35.72
	350m: 4:15.66	37.43	750m: 9:16.09	37.53	1150m: 14:15.18	37.18		
	400m: 4:52.81	37.15	800m: 9:53.61	37.52	1200m: 14:52.72	37.54		

Programmanr. 40, Dames, 1500m vrije slag, Masters 25+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
2.	Margot Stenveld	De Warande	19:03.46	198804170	19:49.04			
	50m: 36.13	36.13	450m: 5:45.26	39.08	850m: 11:01.46	40.60	1250m: 16:27.33	40.75
	100m: 1:14.47	38.34	500m: 6:24.56	39.30	900m: 11:41.44	39.98	1300m: 17:08.64	41.31
	150m: 1:52.66	38.19	550m: 7:04.05	39.49	950m: 12:22.03	40.59	1350m: 17:49.65	41.01
	200m: 2:31.49	38.83	600m: 7:43.84	39.79	1000m: 13:02.40	40.37	1400m: 18:30.05	40.40
	250m: 3:09.92	38.43	650m: 8:22.85	39.01	1050m: 13:43.67	41.27	1450m: 19:10.53	40.48
	300m: 3:48.67	38.75	700m: 9:02.09	39.24	1100m: 14:24.68	41.01	1500m: 19:49.04	38.51
	350m: 4:27.29	38.62	750m: 9:41.55	39.46	1150m: 15:05.53	40.85		
	400m: 5:06.18	38.89	800m: 10:20.86	39.31	1200m: 15:46.58	41.05		

Masters 30+

1.	Petra Benani-Wolsing	De Futen	21:33.22	198402796	20:18.30	+0,84		
	50m: 36.17	36.17	450m: 6:03.12	41.06	850m: 11:30.70	40.75	1250m: 16:58.09	41.08
	100m: 1:16.33	40.16	500m: 6:43.93	40.81	900m: 12:11.60	40.90	1300m: 17:39.15	41.06
	150m: 1:56.94	40.61	550m: 7:24.79	40.86	950m: 12:52.42	40.82	1350m: 18:20.13	40.98
	200m: 2:37.85	40.91	600m: 8:06.02	41.23	1000m: 13:33.26	40.84	1400m: 19:00.43	40.30
	250m: 3:18.79	40.94	650m: 8:47.08	41.06	1050m: 14:14.08	40.82	1450m: 19:40.67	40.24
	300m: 3:59.75	40.96	700m: 9:27.93	40.85	1100m: 14:54.75	40.67	1500m: 20:18.30	37.63
	350m: 4:40.78	41.03	750m: 10:09.04	41.11	1150m: 15:36.08	41.33		
	400m: 5:22.06	41.28	800m: 10:49.95	40.91	1200m: 16:17.01	40.93		
2.	Pauline Tieleman	De Geul	20:11.51	198403348	20:35.74			
	50m: 35.40	35.40	450m: 6:02.01	41.12	850m: 11:33.19	41.58	1250m: 17:09.68	42.11
	100m: 1:14.77	39.37	500m: 6:43.37	41.36	900m: 12:14.87	41.68	1300m: 17:51.20	41.52
	150m: 1:55.17	40.40	550m: 7:24.68	41.31	950m: 12:56.94	42.07	1350m: 18:33.11	41.91
	200m: 2:36.44	41.27	600m: 8:06.29	41.61	1000m: 13:39.19	42.25	1400m: 19:15.36	42.25
	250m: 3:17.55	41.11	650m: 8:47.71	41.42	1050m: 14:21.06	41.87	1450m: 19:56.66	41.30
	300m: 3:58.67	41.12	700m: 9:28.84	41.13	1100m: 15:03.24	42.18	1500m: 20:35.74	39.08
	350m: 4:39.73	41.06	750m: 10:10.37	41.53	1150m: 15:45.26	42.02		
	400m: 5:20.89	41.16	800m: 10:51.61	41.24	1200m: 16:27.57	42.31		
3.	Linda Hoogendam	Zoetermeer	19:47.29	198300892	21:26.48	+0,87		
	50m: 35.82	35.82	450m: 6:18.82	43.40	850m: 12:05.41	42.85	1250m: 17:54.89	43.79
	100m: 1:17.26	41.44	500m: 7:01.71	42.89	900m: 12:48.68	43.27	1300m: 18:38.87	43.98
	150m: 1:59.49	42.23	550m: 7:45.23	43.52	950m: 13:32.21	43.53	1350m: 19:22.02	43.15
	200m: 2:42.10	42.61	600m: 8:28.75	43.52	1000m: 14:16.07	43.86	1400m: 20:04.49	42.47
	250m: 3:25.04	42.94	650m: 9:12.30	43.55	1050m: 14:59.47	43.40	1450m: 20:46.24	41.75
	300m: 4:08.24	43.20	700m: 9:55.59	43.29	1100m: 15:43.45	43.98	1500m: 21:26.48	40.24
	350m: 4:51.77	43.53	750m: 10:38.79	43.20	1150m: 16:27.04	43.59		
	400m: 5:35.42	43.65	800m: 11:22.56	43.77	1200m: 17:11.10	44.06		
4.	Denise de Riet	De Devel	21:58.24	198402040	21:41.73	+0,97		
	50m: 37.10	37.10	450m: 6:16.48	43.73	850m: 12:08.65	43.66	1250m: 18:00.95	44.36
	100m: 1:17.44	40.34	500m: 7:00.65	44.17	900m: 12:52.50	43.85	1300m: 18:45.87	44.52
	150m: 1:59.14	41.70	550m: 7:44.22	43.57	950m: 13:37.07	44.57	1350m: 19:30.76	45.29
	200m: 2:41.37	42.23	600m: 8:28.51	44.29	1000m: 14:20.55	43.48	1400m: 20:15.56	44.80
	250m: 3:23.62	42.25	650m: 9:12.74	44.23	1050m: 15:04.00	43.45	1450m: 20:59.78	44.22
	300m: 4:06.60	42.98	700m: 9:57.55	44.81	1100m: 15:48.50	44.50	1500m: 21:41.73	41.95
	350m: 4:49.87	43.27	750m: 10:40.60	43.05	1150m: 16:32.73	44.23		
	400m: 5:32.75	42.88	800m: 11:24.99	44.39	1200m: 17:16.59	43.86		
5.	Rianne van Vegchelen	Deltasteur	26:43.46	198101530	26:56.88	+1,16		
	50m: 46.96	46.96	450m: 7:54.35	54.75	850m: 15:08.39	54.92	1250m: 22:26.06	54.97
	100m: 1:37.76	50.80	500m: 8:48.58	54.23	900m: 16:02.92	54.53	1300m: 23:20.39	54.33
	150m: 2:29.56	51.80	550m: 9:42.98	54.40	950m: 16:58.00	55.08	1350m: 24:15.54	55.15
	200m: 3:22.41	52.85	600m: 10:37.07	54.09	1000m: 17:52.01	54.01	1400m: 25:10.56	55.02
	250m: 4:16.25	53.84	650m: 11:32.09	55.02	1050m: 18:47.25	55.24	1450m: 26:04.35	53.79
	300m: 5:10.37	54.12	700m: 12:26.34	54.25	1100m: 19:41.98	54.73	1500m: 26:56.88	52.53
	350m: 6:05.47	55.10	750m: 13:19.96	53.62	1150m: 20:36.60	54.62		
	400m: 6:59.60	54.13	800m: 14:13.47	53.51	1200m: 21:31.09	54.49		

Masters 35+

1.	Liselotte Joling	PSV	19:20.52	197500268	18:59.64	+0,97		
	50m: 33.54	33.54	450m: 5:34.36	37.81	850m: 10:39.35	38.50	1250m: 15:48.27	39.07
	100m: 1:10.69	37.15	500m: 6:12.50	38.14	900m: 11:17.65	38.30	1300m: 16:27.26	38.99
	150m: 1:48.63	37.94	550m: 6:50.39	37.89	950m: 11:56.00	38.35	1350m: 17:05.80	38.54
	200m: 2:26.20	37.57	600m: 7:28.28	37.89	1000m: 12:35.02	39.02	1400m: 17:44.71	38.91
	250m: 3:03.45	37.25	650m: 8:06.43	38.15	1050m: 13:13.85	38.83	1450m: 18:23.44	38.73
	300m: 3:41.01	37.56	700m: 8:44.56	38.13	1100m: 13:52.31	38.46	1500m: 18:59.64	36.20
	350m: 4:18.68	37.67	750m: 9:22.66	38.10	1150m: 14:30.83	38.52		
	400m: 4:56.55	37.87	800m: 10:00.85	38.19	1200m: 15:09.20	38.37		

Programmanr. 40, Dames, 1500m vrije slag, Masters 35+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
2.	Carmen Haan	De Spatters	23:20.54	197901458	22:48.14	+1,18		
	50m: 39.71	39.71	450m: 6:43.90	46.41	850m: 12:57.25	46.42	1250m: 19:02.78	45.96
	100m: 1:23.75	44.04	500m: 7:30.40	46.50	900m: 13:42.99	45.74	1300m: 19:49.05	46.27
	150m: 2:08.82	45.07	550m: 8:17.41	47.01	950m: 14:29.59	46.60	1350m: 20:34.84	45.79
	200m: 2:54.15	45.33	600m: 9:04.51	47.10	1000m: 15:15.32	45.73	1400m: 21:20.79	45.95
	250m: 3:39.34	45.19	650m: 9:51.41	46.90	1050m: 16:00.64	45.32	1450m: 22:06.48	45.69
	300m: 4:25.03	45.69	700m: 10:38.55	47.14	1100m: 16:45.58	44.94	1500m: 22:48.14	41.66
	350m: 5:11.28	46.25	750m: 11:24.64	46.09	1150m: 17:30.95	45.37		
	400m: 5:57.49	46.21	800m: 12:10.83	46.19	1200m: 18:16.82	45.87		
3.	Babette Rens	Dedemsvaart-AC	23:14.82	197801200	22:53.87	+0,75		
	50m: 39.32	39.32	450m: 6:44.06	46.28	850m: 12:56.44	46.43	1250m: 19:06.06	46.13
	100m: 1:22.78	43.46	500m: 7:30.76	46.70	900m: 13:42.85	46.41	1300m: 19:51.93	45.87
	150m: 2:07.38	44.60	550m: 8:17.63	46.87	950m: 14:29.36	46.51	1350m: 20:37.81	45.88
	200m: 2:52.70	45.32	600m: 9:04.16	46.53	1000m: 15:15.50	46.14	1400m: 21:23.84	46.03
	250m: 3:38.28	45.58	650m: 9:50.93	46.77	1050m: 16:01.71	46.21	1450m: 22:09.55	45.71
	300m: 4:24.68	46.40	700m: 10:37.21	46.28	1100m: 16:47.53	45.82	1500m: 22:53.87	44.32
	350m: 5:11.09	46.41	750m: 11:23.61	46.40	1150m: 17:33.53	46.00		
	400m: 5:57.78	46.69	800m: 12:10.01	46.40	1200m: 18:19.93	46.40		

Masters 40+

1.	Grith Sigsgaard	Zwemlust-den Hommel	18:18.34	197200772	18:11.24	+0,93		
	<i>Nederlands Masters Record</i>							
	50m: 32.54	32.54	450m: 5:20.25	36.19	850m: 10:11.75	36.64	1250m: 15:07.94	37.18
	100m: 1:08.39	35.85	500m: 5:56.29	36.04	900m: 10:48.85	37.10	1300m: 15:45.02	37.08
	150m: 1:44.25	35.86	550m: 6:32.56	36.27	950m: 11:25.43	36.58	1350m: 16:21.67	36.65
	200m: 2:20.12	35.87	600m: 7:09.11	36.55	1000m: 12:02.63	37.20	1400m: 16:58.35	36.68
	250m: 2:55.98	35.86	650m: 7:45.25	36.14	1050m: 12:39.77	37.14	1450m: 17:35.77	37.42
	300m: 3:32.08	36.10	700m: 8:21.93	36.68	1100m: 13:16.51	36.74	1500m: 18:11.24	35.47
	350m: 4:08.27	36.19	750m: 8:58.70	36.77	1150m: 13:53.91	37.40		
	400m: 4:44.06	35.79	800m: 9:35.11	36.41	1200m: 14:30.76	36.85		
2.	Karin Stein	ZVVS	19:03.85	197100554	19:12.49	+0,83		
	50m: 34.95	34.95	450m: 5:39.15	38.24	850m: 10:49.42	38.75	1250m: 16:00.11	38.57
	100m: 1:12.69	37.74	500m: 6:17.49	38.34	900m: 11:27.84	38.42	1300m: 16:38.88	38.77
	150m: 1:50.68	37.99	550m: 6:56.09	38.60	950m: 12:06.99	39.15	1350m: 17:17.29	38.41
	200m: 2:28.41	37.73	600m: 7:35.27	39.18	1000m: 12:45.91	38.92	1400m: 17:56.35	39.06
	250m: 3:06.58	38.17	650m: 8:14.15	38.88	1050m: 13:24.79	38.88	1450m: 18:35.02	38.67
	300m: 3:44.54	37.96	700m: 8:53.01	38.86	1100m: 14:03.72	38.93	1500m: 19:12.49	37.47
	350m: 4:22.66	38.12	750m: 9:32.02	39.01	1150m: 14:42.75	39.03		
	400m: 5:00.91	38.25	800m: 10:10.67	38.65	1200m: 15:21.54	38.79		
3.	Annette de Visser	Oceanus	20:21.01	197100602	19:53.60	+0,87		
	50m: 34.85	34.85	450m: 5:55.44	40.59	850m: 11:18.37	40.08	1250m: 16:38.72	40.11
	100m: 1:13.05	38.20	500m: 6:35.92	40.48	900m: 11:58.61	40.24	1300m: 17:18.86	40.14
	150m: 1:52.32	39.27	550m: 7:16.58	40.66	950m: 12:38.79	40.18	1350m: 17:58.66	39.80
	200m: 2:32.58	40.26	600m: 7:56.72	40.14	1000m: 13:18.68	39.89	1400m: 18:38.15	39.49
	250m: 3:13.30	40.72	650m: 8:37.42	40.70	1050m: 13:58.88	40.20	1450m: 19:17.33	39.18
	300m: 3:53.78	40.48	700m: 9:17.77	40.35	1100m: 14:38.57	39.69	1500m: 19:53.60	36.27
	350m: 4:34.35	40.57	750m: 9:58.08	40.31	1150m: 15:18.63	40.06		
	400m: 5:14.85	40.50	800m: 10:38.29	40.21	1200m: 15:58.61	39.98		
4.	Pascal Neiss-Janssen	De Roersoppers	24:12.82	197300852	22:58.48	+0,98		
	50m: 38.86	38.86	450m: 6:46.80	46.71	850m: 13:00.41	46.40	1250m: 19:12.30	46.74
	100m: 1:22.91	44.05	500m: 7:33.70	46.90	900m: 13:47.02	46.61	1300m: 19:58.96	46.66
	150m: 2:07.93	45.02	550m: 8:20.56	46.86	950m: 14:33.52	46.50	1350m: 20:45.62	46.66
	200m: 2:53.67	45.74	600m: 9:06.73	46.17	1000m: 15:19.49	45.97	1400m: 21:32.20	46.58
	250m: 3:39.94	46.27	650m: 9:53.59	46.86	1050m: 16:05.61	46.12	1450m: 22:17.46	45.26
	300m: 4:26.57	46.63	700m: 10:40.11	46.52	1100m: 16:52.38	46.77	1500m: 22:58.48	41.02
	350m: 5:13.18	46.61	750m: 11:27.04	46.93	1150m: 17:39.03	46.65		
	400m: 6:00.09	46.91	800m: 12:14.01	46.97	1200m: 18:25.56	46.53		

Masters 45+

1.	Lisenka Kornet-van den Akker	ZPC Woerden	20:56.14	196900914	20:18.66	+0,75		
	50m: 36.24	36.24	450m: 6:02.87	41.16	850m: 11:30.56	40.93	1250m: 16:57.80	40.98
	100m: 1:16.16	39.92	500m: 6:43.49	40.62	900m: 12:11.29	40.73	1300m: 17:39.19	41.39
	150m: 1:56.97	40.81	550m: 7:24.44	40.95	950m: 12:52.04	40.75	1350m: 18:20.50	41.31
	200m: 2:37.73	40.76	600m: 8:05.47	41.03	1000m: 13:33.03	40.99	1400m: 19:01.24	40.74
	250m: 3:18.52	40.79	650m: 8:46.58	41.11	1050m: 14:13.95	40.92	1450m: 19:41.38	40.14
	300m: 3:59.48	40.96	700m: 9:27.71	41.13	1100m: 14:54.76	40.81	1500m: 20:18.66	37.28
	350m: 4:40.49	41.01	750m: 10:08.79	41.08	1150m: 15:35.83	41.07		
	400m: 5:21.71	41.22	800m: 10:49.63	40.84	1200m: 16:16.82	40.99		

Programmanr. 40, Dames, 1500m vrije slag, Masters 45+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
2.	Laura Staal	Oceanus	20:49.81	196700358	21:01.87	+0,74		
	50m: 36.86	36.86	450m: 6:15.02	42.80	850m: 11:54.73	42.21	1250m: 17:32.72	42.26
	100m: 1:17.78	40.92	500m: 6:57.42	42.40	900m: 12:37.43	42.70	1300m: 18:14.95	42.23
	150m: 1:59.69	41.91	550m: 7:40.02	42.60	950m: 13:19.69	42.26	1350m: 18:57.40	42.45
	200m: 2:41.81	42.12	600m: 8:22.66	42.64	1000m: 14:02.30	42.61	1400m: 19:39.58	42.18
	250m: 3:24.10	42.29	650m: 9:05.11	42.45	1050m: 14:44.28	41.98	1450m: 20:21.09	41.51
	300m: 4:06.63	42.53	700m: 9:47.73	42.62	1100m: 15:25.95	41.67	1500m: 21:01.87	40.78
	350m: 4:49.44	42.81	750m: 10:29.94	42.21	1150m: 16:08.15	42.20		
	400m: 5:32.22	42.78	800m: 11:12.52	42.58	1200m: 16:50.46	42.31		
3.	Margreet van der Pol	Oceanus	22:28.94	196600276	22:23.90	+1,19		
	50m: 39.84	39.84	450m: 6:41.03	45.77	850m: 12:41.87	44.42	1250m: 18:43.21	44.96
	100m: 1:23.13	43.29	500m: 7:26.05	45.02	900m: 13:26.99	45.12	1300m: 19:28.62	45.41
	150m: 2:08.03	44.90	550m: 8:10.54	44.49	950m: 14:12.19	45.20	1350m: 20:13.66	45.04
	200m: 2:53.35	45.32	600m: 8:55.72	45.18	1000m: 14:57.55	45.36	1400m: 20:58.25	44.59
	250m: 3:39.09	45.74	650m: 9:41.10	45.38	1050m: 15:42.56	45.01	1450m: 21:42.92	44.67
	300m: 4:23.78	44.69	700m: 10:26.35	45.25	1100m: 16:28.13	45.57	1500m: 22:23.90	40.98
	350m: 5:09.40	45.62	750m: 11:12.06	45.71	1150m: 17:12.99	44.86		
	400m: 5:55.26	45.86	800m: 11:57.45	45.39	1200m: 17:58.25	45.26		
4.	Hetty Smalheer	SCOM	24:30.59	196700352	24:32.20	+1,09		
	50m: 43.54	43.54	450m: 7:17.88	50.50	850m: 13:54.70	49.58	1250m: 20:27.82	49.86
	100m: 1:30.84	47.30	500m: 8:08.12	50.24	900m: 14:43.92	49.22	1300m: 21:16.86	49.04
	150m: 2:19.11	48.27	550m: 8:56.74	48.62	950m: 15:32.76	48.84	1350m: 22:06.40	49.54
	200m: 3:08.94	49.83	600m: 9:46.39	49.65	1000m: 16:21.45	48.69	1400m: 22:56.48	50.08
	250m: 3:58.01	49.07	650m: 10:35.74	49.35	1050m: 17:09.69	48.24	1450m: 23:45.76	49.28
	300m: 4:47.78	49.77	700m: 11:25.57	49.83	1100m: 17:58.88	49.19	1500m: 24:32.20	46.44
	350m: 5:37.69	49.91	750m: 12:15.32	49.75	1150m: 18:47.68	48.80		
	400m: 6:27.38	49.69	800m: 13:05.12	49.80	1200m: 19:37.96	50.28		

Masters 50+

1.	Irene van der Laan	ZV De Bron	20:48.86	196000096	21:35.41	+0,91		
	50m: 41.00	41.00	450m: 6:31.64	43.81	850m: 12:20.39	43.59	1250m: 18:02.56	43.73
	100m: 1:24.49	43.49	500m: 7:15.51	43.87	900m: 13:03.89	43.50	1300m: 18:45.41	42.85
	150m: 2:08.42	43.93	550m: 7:59.11	43.60	950m: 13:45.64	41.75	1350m: 19:28.41	43.00
	200m: 2:52.58	44.16	600m: 8:43.01	43.90	1000m: 14:28.41	42.77	1400m: 20:11.20	42.79
	250m: 3:36.34	43.76	650m: 9:26.38	43.37	1050m: 15:10.27	41.86	1450m: 20:53.77	42.57
	300m: 4:20.17	43.83	700m: 10:09.88	43.50	1100m: 15:52.91	42.64	1500m: 21:35.41	41.64
	350m: 5:04.08	43.91	750m: 10:53.55	43.67	1150m: 16:35.57	42.66		
	400m: 5:47.83	43.75	800m: 11:36.80	43.25	1200m: 17:18.83	43.26		
2.	Katinka Elders	Oceanus	24:31.95	196000292	24:33.62	+0,81		
	50m: 42.98	42.98	450m: 7:14.30	50.14	850m: 13:51.49	49.91	1250m: 20:30.10	49.89
	100m: 1:29.55	46.57	500m: 8:03.64	49.34	900m: 14:41.08	49.59	1300m: 21:20.32	50.22
	150m: 2:18.43	48.88	550m: 8:53.46	49.82	950m: 15:30.95	49.87	1350m: 22:09.71	49.39
	200m: 3:07.07	48.64	600m: 9:43.89	50.43	1000m: 16:21.45	50.50	1400m: 22:57.97	48.26
	250m: 3:55.69	48.62	650m: 10:32.97	49.08	1050m: 17:11.25	49.80	1450m: 23:46.85	48.88
	300m: 4:45.07	49.38	700m: 11:21.99	49.02	1100m: 18:01.19	49.94	1500m: 24:33.62	46.77
	350m: 5:34.56	49.49	750m: 12:11.60	49.61	1150m: 18:50.79	49.60		
	400m: 6:24.16	49.60	800m: 13:01.58	49.98	1200m: 19:40.21	49.42		
3.	Marjan Spoelstra	Swol 1894	26:00.70	196000236	25:16.27	+0,93		
	50m: 46.23	46.23	450m: 7:31.57	50.91	850m: 14:26.27	51.49	1250m: 21:11.29	50.99
	100m: 1:36.08	49.85	500m: 8:23.11	51.54	900m: 15:17.45	51.18	1300m: 22:01.41	50.12
	150m: 2:26.76	50.68	550m: 9:15.34	52.23	950m: 16:08.96	51.51	1350m: 22:51.31	49.90
	200m: 3:17.39	50.63	600m: 10:07.65	52.31	1000m: 16:59.74	50.78	1400m: 23:40.75	49.44
	250m: 4:08.27	50.88	650m: 10:59.56	51.91	1050m: 17:49.49	49.75	1450m: 24:29.56	48.81
	300m: 4:58.92	50.65	700m: 11:51.23	51.67	1100m: 18:39.57	50.08	1500m: 25:16.27	46.71
	350m: 5:49.66	50.74	750m: 12:42.99	51.76	1150m: 19:29.61	50.04		
	400m: 6:40.66	51.00	800m: 13:34.78	51.79	1200m: 20:20.30	50.69		
4.	Uschi Koster	WWV	25:27.36	196400372	25:26.07	+1,29		
	50m: 44.83	44.83	450m: 7:33.26	50.98	850m: 14:26.58	52.03	1250m: 21:18.75	50.87
	100m: 1:34.95	50.12	500m: 8:24.20	50.94	900m: 15:18.48	51.90	1300m: 22:10.42	51.67
	150m: 2:25.47	50.52	550m: 9:15.94	51.74	950m: 16:10.02	51.54	1350m: 23:02.00	51.58
	200m: 3:16.92	51.45	600m: 10:07.23	51.29	1000m: 17:01.90	51.88	1400m: 23:51.11	49.11
	250m: 4:09.72	52.80	650m: 10:59.26	52.03	1050m: 17:53.93	52.03	1450m: 24:40.38	49.27
	300m: 5:01.08	51.36	700m: 11:50.49	51.23	1100m: 18:46.29	52.36	1500m: 25:26.07	45.69
	350m: 5:51.82	50.74	750m: 12:42.29	51.80	1150m: 19:36.91	50.62		
	400m: 6:42.28	50.46	800m: 13:34.55	52.26	1200m: 20:27.88	50.97		

Masters 55+

Programmanr. 40, Dames, 1500m vrije slag, Masters 55+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
1.	Patty Verhagen	PSV	21:32.24	195900146	21:34.82	+0,69
	<i>Nederlands Masters Record</i>					
	50m: 39.08	39.08	450m: 6:22.77	43.51	850m: 12:10.18	43.24
	100m: 1:20.79	41.71	500m: 7:06.16	43.39	900m: 12:53.49	43.31
	150m: 2:03.34	42.55	550m: 7:49.43	43.27	950m: 13:37.02	43.53
	200m: 2:46.18	42.84	600m: 8:32.81	43.38	1000m: 14:20.27	43.25
	250m: 3:29.29	43.11	650m: 9:16.25	43.44	1050m: 15:03.82	43.55
	300m: 4:12.40	43.11	700m: 9:59.54	43.29	1100m: 15:47.52	43.70
	350m: 4:55.82	43.42	750m: 10:42.99	43.45	1150m: 16:31.01	43.49
	400m: 5:39.26	43.44	800m: 11:26.94	43.95	1200m: 17:14.39	43.38
2.	Elisabeth Gabriel	Düsseldorfer SC 1898	22:53.29	251945	22:23.44	+1,06
	50m: 40.46	40.46	450m: 6:35.82	44.79	850m: 12:32.32	44.74
	100m: 1:24.20	43.74	500m: 7:19.97	44.15	900m: 13:16.42	44.10
	150m: 2:08.32	44.12	550m: 8:04.57	44.60	950m: 14:01.64	45.22
	200m: 2:52.57	44.25	600m: 8:49.13	44.56	1000m: 14:47.43	45.79
	250m: 3:37.17	44.60	650m: 9:33.63	44.50	1050m: 15:33.38	45.95
	300m: 4:21.77	44.60	700m: 10:18.12	44.49	1100m: 16:19.15	45.77
	350m: 5:06.32	44.55	750m: 11:02.77	44.65	1150m: 17:04.73	45.58
	400m: 5:51.03	44.71	800m: 11:47.58	44.81	1200m: 17:50.44	45.71
3.	Monica Bakker	ZVZ	22:56.64	195600082	23:06.81	+1,17
	50m: 40.53	40.53	450m: 6:45.87	46.16	850m: 12:58.18	46.36
	100m: 1:24.08	43.55	500m: 7:32.33	46.46	900m: 13:45.54	47.36
	150m: 2:09.65	45.57	550m: 8:18.44	46.11	950m: 14:32.10	46.56
	200m: 2:54.91	45.26	600m: 9:04.90	46.46	1000m: 15:18.73	46.63
	250m: 3:40.67	45.76	650m: 9:51.58	46.68	1050m: 16:05.49	46.76
	300m: 4:26.75	46.08	700m: 10:37.91	46.33	1100m: 16:52.77	47.28
	350m: 5:13.13	46.38	750m: 11:25.16	47.25	1150m: 17:40.03	47.26
	400m: 5:59.71	46.58	800m: 12:11.82	46.66	1200m: 18:27.41	47.38
4.	Margriet Pasma	De Pinquin	23:31.59	195500088	23:18.15	+0,76
	50m: 41.25	41.25	450m: 6:59.93	47.35	850m: 13:14.31	46.67
	100m: 1:27.13	45.88	500m: 7:47.70	47.77	900m: 14:00.88	46.57
	150m: 2:14.24	47.11	550m: 8:34.38	46.68	950m: 14:47.36	46.48
	200m: 3:02.10	47.86	600m: 9:20.99	46.61	1000m: 15:33.87	46.51
	250m: 3:49.60	47.50	650m: 10:07.36	46.37	1050m: 16:20.21	46.34
	300m: 4:37.35	47.75	700m: 10:54.30	46.94	1100m: 17:06.61	46.40
	350m: 5:25.12	47.77	750m: 11:40.92	46.62	1150m: 17:53.42	46.81
	400m: 6:12.58	47.46	800m: 12:27.64	46.72	1200m: 18:40.05	46.63
5.	Mathilde Vink	Swol 1894	24:09.54	195800128	23:22.49	+0,99
	50m: 43.54	43.54	450m: 7:01.22	48.06	850m: 13:20.59	47.10
	100m: 1:29.89	46.35	500m: 7:48.84	47.62	900m: 14:07.93	47.34
	150m: 2:16.90	47.01	550m: 8:36.53	47.69	950m: 14:55.40	47.47
	200m: 3:04.10	47.20	600m: 9:24.20	47.67	1000m: 15:42.34	46.94
	250m: 3:51.31	47.21	650m: 10:11.53	47.33	1050m: 16:28.89	46.55
	300m: 4:38.46	47.15	700m: 10:59.34	47.81	1100m: 17:15.87	46.98
	350m: 5:25.95	47.49	750m: 11:46.52	47.18	1150m: 18:03.00	47.13
	400m: 6:13.16	47.21	800m: 12:33.49	46.97	1200m: 18:49.45	46.45

Masters 60+

1.	Ineke Weekers	PSV	22:20.49	195300050	21:51.85 *	+0,85
	50m: 39.65	39.65	450m: 6:22.34	43.23	850m: 12:12.48	43.93
	100m: 1:21.97	42.32	500m: 7:05.48	43.14	900m: 12:56.47	43.99
	150m: 2:04.55	42.58	550m: 7:48.93	43.45	950m: 13:40.10	43.63
	200m: 2:47.04	42.49	600m: 8:32.36	43.43	1000m: 14:24.85	44.75
	250m: 3:29.93	42.89	650m: 9:15.83	43.47	1050m: 15:08.88	44.03
	300m: 4:12.92	42.99	700m: 10:00.38	44.55	1100m: 15:53.35	44.47
	350m: 4:56.13	43.21	750m: 10:44.73	44.35	1150m: 16:37.82	44.47
	400m: 5:39.11	42.98	800m: 11:28.55	43.82	1200m: 17:21.99	44.17
2.	Ineke Meijer	HZ&PC Heerenveen	26:24.63	195200034	26:37.83	+1,00
	50m: 46.86	46.86	450m: 7:57.42	53.66	850m: 15:07.32	54.23
	100m: 1:39.30	52.44	500m: 8:51.46	54.04	900m: 16:01.14	53.82
	150m: 2:33.79	54.49	550m: 9:45.33	53.87	950m: 16:54.93	53.79
	200m: 3:27.54	53.75	600m: 10:38.85	53.52	1000m: 17:48.75	53.82
	250m: 4:21.70	54.16	650m: 11:32.52	53.67	1050m: 18:42.30	53.55
	300m: 5:15.50	53.80	700m: 12:26.26	53.74	1100m: 19:35.99	53.69
	350m: 6:09.53	54.03	750m: 13:19.85	53.59	1150m: 20:29.07	53.08
	400m: 7:03.76	54.23	800m: 14:13.09	53.24	1200m: 21:22.37	53.30

Masters 80+



Open Nederlandse Masters
Kampioenschappen 2014 korte baan
Zwolle, 24-26 januari 2014



Programmanr. 40, Dames, 1500m vrije slag, Masters 80+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT					
1.	Annie de Vos	Old Dutch	33:21.28	193400004	38:07.43 *						
	<i>Kampioenschaps Record, 50,400+800m*</i>										
50m:	1:07.09	1:07.09	450m:	11:13.50	1:17.06	850m:	21:29.22	1:16.89	1250m:	31:42.96	1:17.30
100m:	2:22.00	1:14.91	500m:	12:31.34	1:17.84	900m:	22:46.20	1:16.98	1300m:	32:59.23	1:16.27
150m:	3:35.38	1:13.38	550m:	13:48.42	1:17.08	950m:	24:02.14	1:15.94	1350m:	34:18.10	1:18.87
200m:	4:51.07	1:15.69	600m:	15:04.78	1:16.36	1000m:	25:19.15	1:17.01	1400m:	35:35.50	1:17.40
250m:	6:07.04	1:15.97	650m:	16:21.76	1:16.98	1050m:	26:35.52	1:16.37	1450m:	36:52.59	1:17.09
300m:	7:22.93	1:15.89	700m:	17:38.90	1:17.14	1100m:	27:52.14	1:16.62	1500m:	38:07.43	1:14.84
350m:	8:39.59	1:16.66	750m:	18:55.21	1:16.31	1150m:	29:09.54	1:17.40			
400m:	9:56.44	1:16.85	800m:	20:12.33	1:17.12	1200m:	30:25.66	1:16.12			



6 - ONMK 2014 kb sessie 6

26-01-2014 - 13:30

Programmanr. 41
26-01-2014 - 13:30

4 x 100m vrije slag

Masters Open
Resultaten

rang	vereniging	inschrijftijd			tijd	RT
80+, Dames						
1.	De Veene 1	De Veene			4:31.49	4:31.22 +0,92
	<i>Kampioenschaps Record</i>					
	Nynke de Pijper	+0,92	33.86	1:12.43	Yvon Versteeg	+0,40 29.50 1:01.32
	Larissa Beemink	+0,11	30.95	1:06.41	Diana Lammers	+0,52 33.42 1:11.06
80+, Heren						
1.	LZ 1886 1	LZ 1886			3:44.20	3:40.39 +0,69
	Thomas Hansen	+0,69	27.04	57.46	Sjoerd Sieval	+0,22 26.53 55.74
	Jelmar Kluiwstra	+0,43	25.95	53.91	Kristiaan Lenos	+0,30 25.05 53.28
2.	ESCA Zwemmen 1	ESCA Zwemmen			3:45.06	3:42.61 +0,70
	Bram Meijliss	+0,70	26.11	55.64	Tim de Vrught	+0,41 27.09 56.88
	Mike Schel	+0,12	26.23	55.00	Sander de Vrught	+0,39 26.56 55.09
3.	De Veene 1	De Veene			3:53.99	3:46.92 +0,80
	Robert Dekker	+0,80	27.91	57.43	Dennis Hoogstraten	+0,44 26.88 55.66
	Menno Manning	+0,42	26.15	54.48	Wessel Everloo	+0,35 28.27 59.35
4.	MGO (SG) 1	MGO (SG)			3:55.23	4:00.63 +0,60
	Martijn van Hoorn	+0,60	28.34	59.47	Ramon van Huizen	+0,43 29.68 1:02.49
	Niels Albrechts	+0,40	28.30	58.52	Bastian Zoon	+0,35 27.76 1:00.15
5.	Montferland 1	Montferland			4:09.47	4:11.51 +0,92
	Daniel Rosenkranz	+0,92	33.32	1:11.06	Dennis Bosma	+0,29 27.15 58.02
	Maik Steenkamp	+0,35	28.37	59.79	Kevin Dieker	+0,41 28.67 1:02.64
80+, Gemengd						
1.	Merlet 1	Merlet			4:34.14	4:38.15 +0,75
	Elodie Siroen	+0,75	35.28	1:14.68	Rens Mahler	+0,64 33.79 1:11.89
	Elske Eikholt	+0,44	35.68	1:15.62	Jelte Schuurmans	+0,61 26.01 55.96
100+, Heren						
1.	WVZ 1	WVZ			3:48.15	3:55.04 +0,78
	Bas v.d. Laan	+0,78	28.31	1:00.80	Mike Stoffer	+0,15 26.50 57.44
	Thijs van Valkengoed	+0,38	27.83	58.55	Rens Post	+0,38 27.51 58.25
100+, Gemengd						
1.	DWK 1	DWK			3:53.84	3:42.76 +0,78
	<i>Nederlands Masters Record, waarmee het NMR sneller is dan het WMR!!!</i>					
	Nick van Gemert	+0,78	25.66	53.01	Pauline Gouwens	+0,40 27.31 57.29
	Marloes Erkens	+0,41	28.85	1:00.81	Merijn Ellenkamp	+0,23 24.48 51.65
2.	Zwemlust-den Hommel 1	Zwemlust-den Hommel			4:06.92	4:03.09 +0,80
	Mark Zwart	+0,80	27.65	57.56	Charlotte Groeneveld	+0,51 28.23 59.66
	Eline Schoenmaker	+0,37	34.01	1:11.85	Raoul Engelenburg	+0,50 26.07 54.02
3.	De Amer 1	De Amer			4:09.85	4:10.64 +0,78
	Paul de Boer	+0,78	29.63	1:03.30	Anne Duijst	+0,61 31.14 1:04.17
	Kathy van Zuilen	+0,58	31.23	1:05.45	Dick Kampman	+0,28 27.45 57.72
4.	ZPC Woerden 1	ZPC Woerden			4:19.39	4:14.39 +0,78
	Ilse van den Wijngaard	+0,78	31.00	1:05.13	Sabine Lina	+0,34 29.30 1:01.48
	Niels van Beurden	+0,30	28.26	1:01.67	Patrick de Jonge	+0,61 31.14 1:06.11

Programmanr. 41, 4 x 100m vrije slag

120+, Dames

1.	De Aalscholver 1 <i>Nederlands Masters Record, startzwemmer NMR</i> Ingrid Boot-De Groot Martine Ouwendijk	De Aalscholver +0,82 29.27 +0,41 30.81	1:01.71 1:04.84	Saskia Ouwendijk Jolijn van Valkengoed	4:19.37 +0,41 30.36 +0,52 28.63	1:03.76 1:00.80	4:11.11	+0,82
2.	De Biesboschzwemmers 1 Kim Wijnja Annette Wijnja-Visser	De Biesboschzwemmers +0,77 31.20 +0,28 31.83	1:05.49 1:07.47	Marjo Goelerna-Koek Tonny Klop-Methorst	4:22.21 +0,43 30.48 +0,43 30.20	1:04.67 1:03.30	4:20.93	+0,77
3.	DAW 1 Channe Noort Petra Tossings	DAW +0,78 32.08 +0,45 35.70	1:07.60 1:15.30	Esther Steltenpohl Sandra Zwaanswijk	4:44.12 +0,62 33.42 +0,32 30.36	1:12.31 1:04.84	4:40.05	+0,78
4.	Zoetermeer 1 Ramona Linting Fleur Maas	Zoetermeer +0,73 33.31 +0,52 33.55	1:10.26 1:10.96	Linda Hoogendam Yvette Kilian	4:45.91 +0,43 32.95 +0,45 35.22	1:10.87 1:16.22	4:48.31	+0,73

120+, Heren

1.	Steenwijk 1934 1 Mike Koelewijn Huyb Stegeman	Steenwijk 1934 +0,70 27.22 +0,45 31.48	56.31 1:07.32	Rick Driezen Lauren Vis	3:58.38 +0,45 26.66 +0,23 25.26	56.29 53.69	3:53.61	+0,70
2.	De Futen 1 Erwin Sneek Erwin Zuijdervelt	De Futen +0,80 26.86 +0,45 27.46	58.19 1:00.07	Mike Hereijgers Arnold de Rover	3:56.95 +0,30 27.35 +0,37 28.09	59.42 58.96	3:56.64	+0,80
3.	RZ 1 Ralph Caster Gino Martijn	RZ +0,86 31.19 +0,59 30.85	1:06.87 1:05.38	Dimitrie Sonnemans Patrick Creemers	4:08.03 +0,65 27.78 +0,38 25.99	58.90 55.99	4:07.14	+0,86
4.	ZOB'66 1 Dre Klaassen Ferry Blangé	ZOB'66 +0,93 39.62 +0,33 27.26	1:23.90 58.93	Harmen Reemst Ruben Stolk	4:33.23 +0,44 32.14 +0,62 28.18	1:08.95 1:00.22	4:32.00	+0,93

120+, Gemengd

1.	AZ&PC 1 Marje van Manen Ron Korzelius	AZ&PC +0,69 31.96 +0,27 28.01	1:06.52 59.08	Lidia v. Bon-Rosenbrand Jeroen Zelsmann	4:09.17 +0,48 32.02 +0,23 25.69	1:08.05 56.75	4:10.40	+0,69
2.	WS Twente 1 Annelette de Vries Inez Heideman	WS Twente +0,72 30.57 +0,37 31.89	1:05.76 1:07.19	Ewoud Rupert Sebastiaan Baars	4:12.48 +0,41 28.12 +0,65 31.07	59.14 1:06.54	4:18.63	+0,72
3.	't Tolhekke 1 Wilna Heijman Lars Erik Beute	't Tolhekke +0,86 34.98 +0,51 29.22	1:13.68 1:03.54	Anneke Veenstra Mark van Damme	4:34.78 +0,75 36.36 +0,48 29.11	1:16.77 1:02.15	4:36.14	+0,86

160+, Dames

1.	Oceanus 1 Annette de Visser Margriet Grove-Lingeman	Oceanus +0,88 33.27 +0,23 34.03	1:08.95 1:11.63	Margreet van der Pol Laura Staal	4:49.00 +0,86 36.02 +0,56 34.15	1:14.04 1:11.19	4:45.81	+0,88
2.	DWK 1 Greta Wyma-Teitsma Willy Schoenmaker-ter Veer	DWK +0,85 39.31 +0,63 46.10	1:23.33 1:42.21	Jennie Resink-lindeboom Iris van Aurich	5:47.48 +0,36 40.59 +0,52 33.79	1:23.75 1:11.09	5:40.38	+0,85

160+, Heren

1.	De Gelenberg 1 Marcel van Winssen Rob Janssen	De Gelenberg +0,86 27.11 +0,46 30.60	57.73 1:05.74	John Cobussen Erik Lamers	4:11.04 +0,39 28.20 +0,68 27.45	1:00.90 58.18	4:02.55	+0,86
DIS	De Schelde 1 <i>dis 3e zwemmer</i> Robert Martens Marco de Bat	De Schelde +0,90 30.43 +0,35 31.57	1:04.52 1:06.58	Maarten de Pooter Cees van Houwelingen	4:12.06 -0,18		EA	+0,90

Programmanr. 41, 4 x 100m vrije slag

160+, Gemengd

1.	PSV 1 <i>Nederlands Masters Record</i>	PSV		4:11.06		4:12.02	+0,76
	Stephanie Rombout	+0,76	28.83	1:00.83	Liselotte Joling	+0,75	31.22 1:05.71
	Brend Brevé	+0,56	31.22	1:05.02	Harold Matla	+0,34	28.83 1:00.46
2.	RZC 1	RZC		4:20.00		4:15.15	+0,65
	Bert de Weerd	+0,65	28.27	59.88	Geert van Duinhoven	+0,26	30.69 1:04.76
	Rita van der Horst	+0,31	31.07	1:06.85	Mariëlle Kessenich	+0,28	30.42 1:03.66
3.	WIDEX GZC DONK 1	WIDEX GZC DONK		4:47.46		4:50.86	+0,83
	Jacqueline de Ruiter-Wijnolst	+0,83	31.71	1:07.45	Nathasja Konijn	+0,43	38.60 1:23.59
	Yves van den Berg	+0,61	34.62	1:12.80	Adrian Ortiz Buitrago	+0,56	32.03 1:07.02

200+, Gemengd

1.	HZ&PC Heerenveen 1	HZ&PC Heerenveen		4:45.52		4:46.02	+0,76
	René Beetsma	+0,76	28.31	59.01	Pia van der Molen	+0,18	35.49 1:17.25
	Ineke Meijer	+0,73	43.34	1:31.30	Marten de Groot	+0,32	27.59 58.46
2.	Swol 1894 1	Swol 1894		4:42.00		4:46.03	+0,75
	Kasper van den Berghe	+0,75	29.99	1:03.87	Christien Nieuwenhuis	+0,41	35.19 1:13.69
	Annemarie Vuist	+0,18	36.83	1:16.54	Willem Jannink	+0,49	32.59 1:11.93

240+, Heren

1.	WWV 1 <i>Nederlands Masters Record</i>	WWV		4:43.57		4:34.48	+0,97
	Theo Schouten	+0,97	35.38	1:14.04	Ruud Ruiter	+0,25	31.50 1:05.71
	Laurens Klein Breteler	+0,59	35.09	1:13.44	Kees-Jan van Overbeeke	+0,25	29.24 1:01.29

240+, Gemengd

DIS	PSV 2 <i>dis 1e zwemmer</i>	PSV		4:56.04			AA
	Corrie Verhoeven	46			Patty Verhagen	59	
	Rob Hanou	43			Michiel Klaren	62	

Programmanr. 43
26-01-2014 - 14:01

Heren, 200m rugslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
Masters 20+								
1.	Jelmar Kluiwstra	LZ 1886	2:20.01 199204323	2:21.03	33.98	1:10.36	1:46.72	2:21.03
2.	Sjoerd Sieval	LZ 1886	2:20.76 199002663	2:24.66	34.42	1:10.48	1:48.19	2:24.66
	NG Emile Manni	Octopus	2:12.39 199001901					
Masters 25+								
1.	Martijn Giezen	Montferland	2:17.51 198500813	2:17.36	31.71	1:06.36	1:42.31	2:17.36
2.	Rick Driezen	Steenwijk 1934	2:27.33 198600713	2:24.01	34.28	1:10.16	1:47.27	2:24.01
3.	Erik van der Heide	Zuiderzeezwemmers	2:23.53 198801337	2:25.28	34.03	1:11.21	1:48.81	2:25.28
4.	Niels Albrechts	MGO (SG)	2:33.55 198800039	2:34.87	37.03	1:16.03	1:55.93	2:34.87
Masters 30+								
1.	Thommy Nickel	Van Vliet-Barracuda	2:19.09 198401627	2:17.28	32.30	1:06.21	1:41.67	2:17.28
2.	Erik Kosters	Noord Veluwe	2:26.19 198000837	2:26.02	34.06	1:10.98	1:48.61	2:26.02
3.	Marcel Reefhuis	WS Twente	2:23.10 198101381	2:26.13	34.02	1:11.04	1:48.92	2:26.13
4.	Rob van Wanrooy	Gay Swim Amsterdam	2:49.42 198202627	2:45.07	38.94	1:20.05	2:03.48	2:45.07

Programmanr. 43, Heren, 200m rugslag

Masters 35+

1. Ivo Roozeboom	WVZ	2:16.45	197700801	2:16.99	32.26	1:07.53	1:43.10	2:16.99
2. Arjan Buijsse	Sassenheim	2:25.93	197901767	2:27.04	33.97	1:10.26	1:48.29	2:27.04
3. Markus van Rest	Zoetermeer	2:31.42	197701197	2:32.20	35.51	1:14.29	1:54.41	2:32.20
4. Erwin Zuidervelt	De Futen	2:36.98	197501015	2:42.36	37.37	1:17.59	2:00.36	2:42.36

Masters 40+

1. Linas Kersevicius	Takas	2:24.68	19710618	2:23.77	33.10	1:08.77	1:45.77	2:23.77
2. Gerard Eghuizen	HZ&PC Heerenveen	2:34.83	197400197	2:29.34	35.42	1:13.90	1:52.26	2:29.34
3. Gerald Hösl	SC Schaffhausen	2:59.46	27749	2:54.80	42.34	1:26.28	2:10.25	2:54.80

Masters 45+

1. Arjan Bellaart	Oceanus	2:25.20	196900079	2:24.99	34.19	1:10.77	1:47.70	2:24.99
2. Guido Keutgen	AZC	2:30.96	196801551	2:30.38	33.03	1:10.33	1:49.95	2:30.38
3. J. van den Berg	WVZ	2:32.29	196801575	2:34.47	33.72	1:11.32	1:51.81	2:34.47
4. Otto Jansen	LZ 1886	2:47.37	196501403	2:39.00	36.80	1:16.84	1:58.36	2:39.00
5. Fred Heemstra	DAW	2:35.97	196500357	2:47.96	38.47	1:20.21	2:04.18	2:47.96
NG.ZA Nico Swart	Den Doorn	2:51.97	196801475					

Masters 50+

1. Edwin v. Norden	AZ&PC	2:16.84	196300563	2:16.23	31.62	1:06.00	1:41.36	2:16.23
<i>Europees Masters Record</i>								
2. Johan Remmits	ZPC Woerden	2:29.07	196201159	2:27.40	33.44	1:09.85	1:48.67	2:27.40
3. Iurii Perin	Spartak	2:27.39	030044	2:27.62	35.05	1:12.19	1:50.89	2:27.62
4. Arnold de Rover	De Futen	2:33.74	196400645	2:43.97 *	37.85	1:18.16	2:00.99	2:43.97
5. Casper Dollekamp	Steenwijk 1934	2:51.36	196301341	2:51.26	40.53	1:23.91	2:08.45	2:51.26
6. Anatoly Cherkasov	Spartak	2:52.51	030029	2:53.19	41.21	1:25.29	2:10.91	2:53.19
7. Lothar Gabriel	Düsseldorfer SC 1898	2:55.00	251947	2:53.87	39.36	1:23.94	2:09.89	2:53.87
8. Bart van Calker	WS Twente	3:15.06	196100067	3:07.09	43.81	1:30.29	2:18.66	3:07.09
9. Jan Smalheer	SCOM	3:06.09	196400701	3:13.02	45.73	1:35.02	2:23.93	3:13.02

Masters 55+

1. Ron van der Zande	De Aalscholver	2:52.91	195500307	2:50.53	39.16	1:22.42	2:07.76	2:50.53
50m*								
2. Evertjan Masurel	PSV	2:53.26	195600495	2:56.37	40.56	1:25.91	2:11.81	2:56.37

Masters 60+

1. Jos Kamps	De Amer	3:31.18	195100085	3:32.15	48.45	1:41.64	2:38.22	3:32.15
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Masters 65+

1. Mans Buis	Het Ravijn	3:50.10	194700133	3:48.04	55.12	1:53.11	2:53.63	3:48.04
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Masters 70+

1. Frans van Enst	WS Twente	3:02.12	194000011	3:03.33	42.81	1:29.37	2:17.65	3:03.33
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Masters 75+

1. Nico Geers	Z&PC De Gouwe	3:22.51	193800007	3:40.92	53.51	1:48.63	2:45.19	3:40.92
2. Jan Eichhorn	ZV Haerlem	3:46.78	193700015	3:49.72 *	51.12	1:48.02	2:51.24	3:49.72

Programmanr. 44
26-01-2014 - 14:18

Dames, 200m rugslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
Masters 20+								
1. Chantal Grove	De Dolfijn	2:20.05 199401844	2:20.28		33.21	1:09.07	1:44.96	2:20.28
<i>Kampioenschaps Record</i>								
2. Wendan Poelstra	TriVia	2:25.43 199102496	2:21.52		33.26	1:09.45	1:45.65	2:21.52
3. Désirée Emmen	De Warande	2:26.92 199204862	2:28.51		34.76	1:11.73	1:50.50	2:28.51
4. Iris Pijtak	AZ&PC	2:24.66 199300602	2:29.44		34.85	1:12.70	1:51.73	2:29.44
5. Manon van Strien	WVZ	2:35.54 199400770	2:31.98		34.94	1:13.78	1:53.83	2:31.98
6. Suzanne Mosch	MSV-Zeemacht	2:34.24 199400548	2:33.46		35.26	1:14.01	1:53.73	2:33.46
7. Simone de Boer	LZ 1886	2:36.95 199306858	2:35.34		36.27	1:15.33	1:55.46	2:35.34
8. Sigrid Dogger	De Zwoer	2:29.77 199200452	2:37.19		35.66	1:15.19	1:56.57	2:37.19
9. Tessa Mosch	MSV-Zeemacht	2:42.19 199102172	2:38.05		36.60	1:16.62	1:57.90	2:38.05
10. Wendy de Bruin	ZOB'66	2:37.63 199206320	2:42.29		38.32	1:19.43	2:01.13	2:42.29
11. Chantal Meyerink	De Grunte	2:45.14 199105212	2:44.00		37.84	1:19.02	2:01.79	2:44.00
12. Maaïke de Boer	De Duinkickers	2:38.33 199000362	2:44.17		37.62	1:18.58	2:01.22	2:44.17
13. Getrude Corporaal	ZVZ	2:49.32 199200380	2:47.36		38.44	1:20.62	2:04.65	2:47.36
14. Marloes Benjamins	Aqualero	2:52.81 199105110	2:47.44		39.81	1:21.54	2:04.79	2:47.44
15. Linda van den Berg	Dedemsvaart-AC	2:54.82 199000230	2:50.79		40.46	1:24.01	2:07.74	2:50.79
16. Whitley Rens	MGO (SG)	2:50.07 199007520	2:52.00		40.59	1:23.97	2:08.30	2:52.00
17. Eline Schoenmaker	Zwemlust-den Hommel	2:53.78 199003322	2:56.70		42.56	1:28.15	2:13.57	2:56.70
Masters 25+								
1. Samantha van Eijk	De Geul	2:33.49 198806826	2:30.33		35.50	1:13.43	1:52.09	2:30.33
2. Anna Boef	LZ 1886	2:42.75 198806288	2:35.88		36.44	1:15.66	1:55.51	2:35.88
3. Ilse van den Wijngaard	ZPC Woerden	2:29.60 198904736	2:37.43		37.38	1:16.92	1:57.28	2:37.43
4. Wieteke Elzinga	DAW	2:39.40 198601038	2:40.54		38.27	1:19.44	2:00.46	2:40.54
5. Esther van Maastrigt	Montferland	2:36.08 198802836	2:48.66		40.00	1:22.81	2:06.72	2:48.66
6. Liset de Veer	Aqua-Novio'94	2:47.32 198704190	2:51.66		40.42	1:23.84	2:07.80	2:51.66
7. G. van de Wetering	Deltasteur	2:59.81 198904678	2:56.57		41.31	1:25.86	2:11.85	2:56.57
8. Karin van Leersum	Piranha	3:02.77 198802658	2:59.55		43.88	1:28.75	2:14.87	2:59.55
9. Relinda Baas	GZVW	2:58.55 198900144	2:59.68		42.07	1:27.28	2:13.85	2:59.68
Masters 30+								
1. Roos van Esch	TRB-RES	2:32.47 198200468	2:33.91		37.58	1:16.99	1:55.78	2:33.91
2. Wieke Bos	De Roersoppers	2:41.62 198200218	2:40.49		37.49	1:17.69	1:59.61	2:40.49
3. Linda Hoogendam	Zoetermeer	2:45.14 198300892	2:58.60		42.40	1:28.44	2:14.63	2:58.60
4. Ramona Linting	Zoetermeer	3:00.05 198301274	3:00.60		41.34	1:26.84	2:13.69	3:00.60
Masters 35+								
1. Melanie Kuiper	Zignea	2:48.70 197600350	2:40.63		37.29	1:17.91	1:59.80	2:40.63
2. Liselotte Joling	PSV	2:41.21 197500268	2:41.45		37.94	1:18.98	2:01.29	2:41.45
3. Karin van Dijk	H2Oldambt	2:57.29 197600806	2:51.49		41.00	1:24.06	2:08.83	2:51.49
4. Carmen Haan	De Spatters	2:53.52 197901458	2:53.93		42.01	1:26.09	2:11.15	2:53.93
5. Diane Scholing	Het Ravijn	2:53.17 197701090	2:56.93		41.37	1:26.32	2:12.34	2:56.93
6. Jule Verschoor-Holland	RZC	3:06.06 197500874	3:06.12		44.15	1:30.83	2:19.09	3:06.12
7. C. van Bruxvoort	ZPB H&L Productions	3:22.73 197700138	3:28.88		47.30	1:39.19	2:34.20	3:28.88
Masters 40+								
1. Gudule van der Meer	PSV	2:33.54 197200396	2:33.18		34.79	1:14.11	1:54.18	2:33.18
<i>Nederlands Masters Record</i>								
2. Henriëtte Manting	GZVW	3:01.49 197100246	3:05.40		41.67	1:28.31	2:17.36	3:05.40
3. Wendy van der Kruk	MSV-Zeemacht	3:08.32 197100960	3:05.81		43.65	1:30.41	2:18.37	3:05.81
4. Ageeth Boomsma	Orca	3:06.14 197000826	3:07.72		44.83	1:32.40	2:21.14	3:07.72
5. Greta Wyma-Teitsma	DWK	3:40.70 197100696	3:27.70		47.09	1:38.35	2:34.22	3:27.70

Programmanr. 44, Dames, 200m rugslag

Masters 45+

1. Heidi van Stein	LZ 1886	2:46.70	196900864	2:47.33	38.72	1:19.84	2:03.08	2:47.33
2. Laura Staal	Oceanus	2:49.79	196700358	2:54.09	40.92	1:25.19	2:08.90	2:54.09
3. Esther Mijnen	ZV De Zaan	3:15.16	196900846	3:09.71	44.34	1:31.92	2:21.26	3:09.71
4. Hetty Smalheer	SCOM	3:15.15	196700352	3:14.49	47.15	1:35.84	2:26.26	3:14.49

Masters 50+

1. Judith Cromjongh	De Zwoer	2:39.79	196400054	2:41.28	38.80	1:19.68	2:01.14	2:41.28
<i>Nederlands Masters Record</i>								
2. Anita Bottger	De Berkelduikers	3:01.24	196300498	2:50.50 *	39.17	1:21.84	2:06.47	2:50.50
3. Wilna Heijman	't Tolhekke	2:48.25	196400506	2:50.57	41.25	1:24.65	2:08.27	2:50.57
4. M. Grove-Lingeman	Oceanus	2:56.01	196200080	2:59.63	41.49	1:27.18	2:13.57	2:59.63
5. Annemarie Vuist	Swol 1894	3:03.95	196300282	3:03.57	44.26	1:30.42	2:17.99	3:03.57
6. Ramune Ivanauskaite	Takas	3:04.65	19641018	3:06.37	44.01	1:30.84	2:18.98	3:06.37
<i>LMR</i>								
7. Marie-Josée Matte	WVZ	3:28.66	196000326	3:17.62	44.91	1:35.44	2:26.81	3:17.62

Masters 55+

1. Atie Pijtak-Radersma	AZ&PC	2:54.89	195600048	2:53.53	41.38	1:25.77	2:10.33	2:53.53
<i>Nederlands Masters Record</i>								
2. Patty Verhagen	PSV	3:06.06	195900146	3:11.59	47.24	1:35.74	2:24.06	3:11.59
3. Margriet Pasma	De Pinquin	3:10.10	195500088	3:14.60	46.56	1:35.70	2:26.09	3:14.60
NG Rona Eijkelhoff	Aqua-Novio'94	3:31.85	195600026					

Masters 60+

1. Carla Hensen	PSV	3:41.57	195300062	3:25.36	47.79	1:40.71	2:34.71	3:25.36
2. Ineke Meijer	HZ&PC Heerenveen	3:32.88	195200034	3:38.70	53.90	1:49.71	2:45.33	3:38.70
3. A. Gilding-Tussaud	WS Twente	3:40.89	195000038	3:41.24	51.14	1:47.71	2:45.34	3:41.24
4. Tineke van Diggelen	Oceanus	4:04.49	195200048	3:53.85	54.27	1:52.51	2:53.86	3:53.85

Masters 65+

1. Loekie v. Huissteden	AZ&PC	4:21.65	194500002	4:21.83 *	1:00.01	2:06.15	3:16.25	4:21.83
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Masters 70+

1. Leny Kamp	Aquapoldro	4:32.95	194400008	4:36.54 *	1:02.83	2:13.25	3:26.70	4:36.54
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Masters 80+

1. Annie de Vos	Old Dutch	4:28.98	193400004	4:55.26	1:07.67	2:22.66	3:39.92	4:55.26
<i>Kampioenschaps Record</i>								

Programmanr. 45
26-01-2014 - 14:47

Heren, 100m wisselslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m
Masters 20+							
1. Patrick Creemers	RZ	1:02.81	199000579	1:02.52	+0,74	29.53	1:02.52
2. Tim Bunnik	Triton	1:02.47	199000505	1:02.77	+0,76	29.41	1:02.77
3. Dennis Bosma	Montferland	1:03.60	199403851	1:04.02	+0,70	30.15	1:04.02
4. Thomas Hansen	LZ 1886	1:05.03	199204327	1:04.32	+0,71	29.06	1:04.32
5. Jelte Schuurmans	Merlet	1:04.79	199104841	1:04.67	+0,84	29.26	1:04.67
6. Dennis Hoogstraten	De Veene	1:05.00	199303731	1:05.10	+0,77	29.47	1:05.10
7. Bart Kiesewetter	TRB-RES	1:07.04	199101203	1:05.55	+0,73	30.22	1:05.55
8. Jelmar Kluiwstra	LZ 1886	1:05.80	199204323	1:05.84	+0,80	29.14	1:05.84
9. Gerben Rozie	MSV-Zeemacht	1:11.09	199002507	1:10.06	+0,84	32.30	1:10.06

Programmanr. 45, Heren, 100m wisselslag, Masters 20+

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m
10. Kevin Dieker	Montferland	1:11.67 199100461	1:13.01	+0,86	33.62	1:13.01
11. Mark Huijsman	De Lansingh	1:11.19 199001305	1:13.24	+0,77	35.02	1:13.24
12. Michael Schlijper	Eurode KZC	1:18.36 199303691	1:14.82	+0,71	35.46	1:14.82
13. Daniel van den Wildenberg	Eurode KZC	1:16.63 199206491	1:16.57	+0,72	35.28	1:16.57
14. Bas Zierikzee	LZ 1886	1:12.64 199204321	1:16.77	+0,82	33.93	1:16.77
15. Daniel Rosenkranz	Montferland	1:20.68 199107601	1:24.59	+0,89	38.69	1:24.59
16. Matthijs van Doorn	Het Ravijn	1:28.19 199207231	1:27.99	+0,85	43.63	1:27.99
DIS Maik Steenkamp	Montferland	1:07.89 199103847		SR		
DIS Danny Vochteloo	ZZG de Boskickers (SG)	1:37.68 199207251		VC		

Masters 25+

1. Merijn Ellenkamp	DWK	59.48 198500691	58.93	+0,71	26.89	58.93
<i>Nederlands Masters Record</i>						
2. Erik Verholt	Noord Veluwe	1:02.43 198803543	1:01.40	+0,76	28.54	1:01.40
3. Mike Stoffer	WVZ	1:05.01 198903041	1:04.27	+0,79	30.10	1:04.27
4. Rick Driezen	Steenwijk 1934	1:06.40 198600713	1:07.10	+0,77	29.92	1:07.10
5. Boy Heijnekamp	LZ 1886	1:07.86 198901161	1:07.87	+0,73	31.92	1:07.87
6. Niels van Beurden	ZPC Woerden	1:11.11 198805669	1:08.56	+0,86	31.94	1:08.56
7. Joppe Schuurmans	Merlet	1:07.63 198905447	1:08.57	+0,72	31.12	1:08.57
8. Ronald Vullings	Merlet	1:08.18 198703655	1:09.53	+0,83	32.70	1:09.53
9. Wesley van Diejen	PSV	1:11.68 198604551	1:10.28	+0,74	31.90	1:10.28
10. Patrick de Jonge	ZPC Woerden	1:17.36 198906635	1:16.41	+0,91	33.89	1:16.41
11. Robin Eggenkamp	De Duinkickers	1:18.40 198700847	1:19.05	+0,84	35.82	1:19.05

Masters 30+

1. Rick de Greef	Budel	1:03.40 198400749	1:01.09	+0,86	28.77	1:01.09
2. Lauren Vis	Steenwijk 1934	1:02.00 198201883	1:01.52	+0,72	27.97	1:01.52
3. Kristiaan Lenos	LZ 1886	1:01.48 198301331	1:01.56	+0,82	28.49	1:01.56
4. Nol van Thull	ZOB'66	1:01.80 198001513	1:01.82	+0,83	28.56	1:01.82
5. Thommy Nickel	Van Vliet-Barracuda	1:04.75 198401627	1:04.50	+0,77	30.33	1:04.50
6. Albert van Piekeren	Octopus	1:03.22 198401767	1:05.41	+0,76	30.30	1:05.41
7. Pieter Pickhardt	ZPC De Hof	1:06.26 198301657	1:05.82	+0,89	31.23	1:05.82
8. Robert Dekker	De Veene	1:06.79 198400443	1:06.11	+0,79	30.46	1:06.11
9. Gerwin Vonk	De Spatters	1:07.65 198201907	1:06.12	+0,67	30.22	1:06.12
10. John Meijdam	DAW	1:07.24 198301439	1:06.35	+0,77	30.94	1:06.35
11. Bas v.d. Laan	WVZ	1:09.69 198302471	1:10.29	+0,80	32.39	1:10.29
12. Simon van Ravesteijn	Zoetermeer	1:06.20 198002263	1:11.04	+0,78	34.84	1:11.04
13. Gerjan Geerligs	Swol 1894	1:12.90 198300695	1:11.09	+0,73	32.93	1:11.09
14. Sebastiaan Baars	WS Twente	1:14.02 198300053	1:13.78	+0,91	34.25	1:13.78
15. Dennis Klop	De Biesboschzwemmers	1:14.15 198302643	1:14.94	+0,71	36.36	1:14.94
16. Dyon de Greef	Budel	1:15.33 198202385	1:16.52	+0,79	35.49	1:16.52
DIS Erik Kusters	Noord Veluwe	1:05.86 198000837		VE		

Masters 35+

1. Evgeny Ryzhov	Sprut	59.91 101628	1:01.40	+0,79	28.60	1:01.40
2. Egbert Stolk	d'ELFT WAVE (SG)	1:02.37 197600889	1:01.68	+0,79	28.13	1:01.68
3. Mark Zwart	Zwemlust-den Hommel	1:06.68 197901461	1:06.35	+0,82	32.17	1:06.35
4. Kars Luttk	DAW	1:06.76 197800675	1:07.07	+0,73	30.53	1:07.07
5. Alex Damen	DAW	1:08.38 197501371	1:07.73	+0,77	31.49	1:07.73
6. Ewoud Rupert	WS Twente	1:07.36 197801795	1:08.11	+0,83	31.62	1:08.11
7. John Cobussen	De Gelenberg	1:12.26 197501323	1:10.89	+0,96	32.35	1:10.89
8. Erik Lamers	De Gelenberg	1:13.27 197500507	1:11.41	+0,80	33.90	1:11.41
9. Arjan Aalbers	Swol 1894	1:09.14 197500001	1:13.56	+0,81	33.00	1:13.56
10. Martijn van den Biggelaar	Nautilus	1:15.65 197701503	1:14.74	+0,78	34.23	1:14.74
11. Michael Go	AZC	1:17.55 197501397	1:15.93	+0,82	33.94	1:15.93
12. Marcel van Walt van Praag	Gay Swim Amsterdam	1:38.67 197501425	1:29.21	+0,89	45.96	1:29.21
AFGEM Gino Martijn	RZ	1:17.23 197901865				

Programmanr. 45, Heren, 100m wisselslag

Masters 40+

1. Harry Cornet	De Biesboschzweimmers	1:03.12	197100175	1:02.85	+0,77	29.43	1:02.85
2. Marco van den Wildenberg	Van Vliet-Barracuda	1:08.40	197300991	1:07.49	+0,83	31.24	1:07.49
3. Heiner Stevens	Zignea	1:09.54	197201299	1:10.03	+0,77	32.70	1:10.03
4. Remco Plass	De Lansingh	1:10.90	197300687	1:10.75	+0,93	33.36	1:10.75
5. Paul Hardeman	AZ&PC	1:12.03	197300327	1:11.83	+0,86	33.00	1:11.83
6. Arnoud van Royen	TriVia	1:22.76	197201515	1:21.24	+0,86	37.67	1:21.24
7. Marcel Hoeksel	ZVVS	1:24.64	197001655	1:22.66	+0,96	39.67	1:22.66
8. Bert Mars	Swol 1894	1:26.42	197101147	1:25.06	+0,74	38.43	1:25.06
NG.ZA Marcel van Winssen	De Gelenberg	1:05.26	197101477				

Masters 45+

1. René Beetsma	HZ&PC Heerenveen	1:05.91	196900069	1:06.78	+0,78	30.67	1:06.78
2. Arjan Bellaart	Oceanus	1:07.42	196900079	1:06.98	+0,72	31.67	1:06.98
3. Harold Matla	PSV	1:08.95	196800591	1:07.37	+0,84	32.66	1:07.37
4. Arjon de Bok	De Biesboschzweimmers	1:08.26	196900125	1:07.52	+0,84	31.46	1:07.52
5. Ron Korzelius	AZ&PC	1:08.55	196500513	1:09.56	+0,82	32.30	1:09.56
6. Igor Penchukov	Sprut	1:09.85	102154	1:10.22	+0,80	34.10	1:10.22
7. Otto Jansen	LZ 1886	1:14.21	196501403	1:13.20	+0,97	34.82	1:13.20
8. Fred Heemstra	DAW	1:09.91	196500357	1:14.34	+0,92	33.73	1:14.34
9. Danny Zulver	ZVVS	1:16.94	196701617	1:16.63	+0,71	34.80	1:16.63
10. Hans Schoenmakers	DAW	1:15.84	196900863	1:17.23	+0,87	38.87	1:17.23
11. Freddy van der Veen	ZVVS	1:18.37	196601161	1:17.77	+1,16	35.59	1:17.77
12. Pieter-Sjoerd de Wijn	Aqua-Novio'94	1:18.80	196501027	1:18.06	+0,77	36.31	1:18.06
13. Marcel Brittijn	De Duinkickers	1:21.02	196900159	1:18.46	+0,69	37.09	1:18.46
14. Willem Jannink	Swol 1894	1:22.86	196500423	1:23.10	+0,80	38.27	1:23.10
15. Henk van Zetten	Octopus	1:26.93	196701261	1:29.98	+0,97	43.99	1:29.98

Masters 50+

1. Edwin v. Norden	AZ&PC	1:02.49	196300563	1:02.10	+0,71	28.40	1:02.10
<i>Europees Masters Record</i>							
2. Iurii Perin	Spartak	1:11.90	030044	1:08.62	+0,92	30.74	1:08.62
3. Gert Sikkema	Zignea	1:09.80	196300687	1:10.25	+0,82	33.28	1:10.25
4. John Stokx	DAW	1:11.71	196401341	1:10.89	+0,76	32.81	1:10.89
5. Sergey Meskin	Spartak	1:14.80	101449	1:12.86	+0,92	34.74	1:12.86
6. Geert van Duinhoven	RZC	1:12.75	196401263	1:13.07	+0,84	34.25	1:13.07
7. Arlandas Antanas Juodeska	Takas	1:12.82	19611226	1:13.58	+0,81	33.35	1:13.58
8. Ronald Grove	Oceanus	1:11.27	196100161	1:14.35	+0,75	34.48	1:14.35
9. Walter Slijkerman	De Spatters	1:16.48	196401179	1:16.39	+0,83	34.71	1:16.39
10. Arturas Tuomas	Takas	1:11.46	19610925	1:16.43		36.47	1:16.43
11. Michiel Klaren	PSV	1:16.41	196201087	1:16.82	+0,78	36.84	1:16.82
12. Adrian Ortiz Buitrago	WIDEX GZC DONK	1:15.50	196000931	1:17.04	+0,87	37.36	1:17.04
13. Robert de Brauwier	De Duinkickers	1:19.49	196401383	1:19.13	+1,08	36.60	1:19.13
14. André Schutte	ZPC De Zeeuwse Kust	1:20.52	196000521	1:22.65	+0,98	38.36	1:22.65
15. John Dam	Zignea	1:23.97	196000915	1:24.55	+0,90	40.09	1:24.55
16. Jan Willem Heuten	WS Twente	1:24.20	196000883	1:24.76	+1,05	39.96	1:24.76
NG Jack Barends	WS Twente	1:21.16	196201011				

Masters 55+

1. Albert Boonstra	Aqua-Novio'94	1:06.12	195700425	1:07.42	+0,84	30.73	1:07.42
2. Walter Rolloos	Van Vliet-Barracuda	1:18.23	195900387	1:17.09	+1,02	36.33	1:17.09
3. Paul Bunnik	Triton	1:14.96	195600413	1:18.33	+1,02	38.03	1:18.33
4. Henk Slomp	De Pinquin	1:17.30	195500359	1:19.31	+0,89	37.03	1:19.31
5. Peter Coffeng	WIDEX GZC DONK	1:29.32	195700063	1:34.35	+0,93	45.14	1:34.35
NG.ZA Dre Klaassen	ZOB'66	1:32.15	195600141				



Open Nederlandse Masters
Kampioenschappen 2014 korte baan
Zwolle, 24-26 januari 2014



Programmanr. 45, Heren, 100m wisselslag

Masters 60+

1. Brend Brevé	PSV	1:15.56	195200265	1:21.72	+0,80	36.77	1:21.72
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Masters 65+

1. Ale van der Veen	HPC	1:16.26	194900159	1:14.68	+0,77	34.09	1:14.68
<i>Nederlands Masters Record</i>							
2. Jaap Kwakkel	DAW	1:26.54	194700157	1:28.38	+0,94	39.61	1:28.38
3. Willem Putter	ZVVS	1:34.13	194500135	1:30.24	+1,09	43.46	1:30.24
4. Valery Firsov	Spartak	1:34.86	030026	1:34.25	+0,83	42.74	1:34.25

Masters 70+

1. J. Canales de Mendoza	RC MEDITERRANEO	1:23.02	24983334	1:23.01	+0,83	36.59	1:23.01
<i>Kampioenschaps Record</i>							
2. Rob Hanou	PSV	1:25.98	194300109	1:32.04	+1,07	44.95	1:32.04

Masters 75+

DIS Pavelas Bezzubovas	Takas	1:37.60	19390108				
<i>SK - Did not touch turn or finish simultaneously with two hands</i>							

Programmanr. 46
26-01-2014 - 15:28

Dames, 100m wisselslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	
Masters 20+							
1. Yvon Versteeg	De Veene	1:06.17	199201864	1:07.74	+0,76	31.06	1:07.74
2. Marloes Erkens	DWK	1:08.23	199300234	1:08.52	+0,73	31.07	1:08.52
3. Jacyntha Plat	TriVia	1:09.81	199002956	1:09.21	+0,81	32.41	1:09.21
4. Isabelle Massar	WVZ	1:10.02	199102034	1:10.68	+0,77	32.84	1:10.68
5. Linda van der Hout	Piranha	1:12.36	199300344	1:10.95	+0,71	31.36	1:10.95
6. Janet van der Poel	LZ 1886	1:11.35	199301842	1:11.03	+0,77	32.45	1:11.03
7. Eva Engelen	NDD	1:12.53	199405514	1:12.43	+0,71	32.34	1:12.43
8. Désirée Hulsmeyer	Het Ravijn	1:13.02	199001656	1:13.04	+0,67	34.02	1:13.04
9. Simone de Boer	LZ 1886	1:13.72	199306858	1:14.10	+0,77	34.18	1:14.10
10. Chantal van der Horst	De Meer	1:14.10	199400616	1:14.38	+0,73	35.40	1:14.38
11. Kim Wijnja	De Biesboschzwemmers	1:14.85	199107812	1:16.16	+0,79	33.15	1:16.16
12. Eline Schaft	Piranha	1:18.62	199202692	1:16.54	+0,84	34.70	1:16.54
13. Lindsey Hol	De Meer	1:19.19	199008088	1:17.87	+0,72	35.22	1:17.87
14. Joyce Raemaekers	Budel	1:18.60	199106106	1:17.95	+0,72	34.99	1:17.95
15. Lisette van der Lende	WWV	1:23.30	199204258	1:20.36	+0,86	37.04	1:20.36
16. Ramona Noordermeer	ZVVS	1:20.26	199401746	1:20.60	+0,73	38.54	1:20.60
17. Naomi Habing	De Grunte	1:20.21	199402742	1:21.53	+0,75	37.05	1:21.53
18. Nynke de Pijper	De Veene	1:22.72	199300600	1:22.46	+0,90	37.78	1:22.46
19. Elodie Siroen	Merlet	1:22.66	199003414	1:24.01	+0,73	39.13	1:24.01
20. Marloes Benjamins	Aqualero	1:25.59	199105110	1:25.92	+1,04	39.81	1:25.92
21. Claudia Creemers	De Roersoppers	1:27.40	199202864	1:28.05	+0,83	40.00	1:28.05
22. Janneke Wynia	WS Twente	1:28.30	199005500	1:30.14	+1,00	42.95	1:30.14
23. Natasja Dammer	GZVW	1:34.66	199203698	1:31.43	+1,05	42.37	1:31.43
DIS Elske Eikholt	Merlet	1:22.55	199305032				

AA

Programmanr. 46, Dames, 100m wisselslag

Masters 25+

1. Charlotte Groeneveld	Zwemlust-den Hommel	1:12.10	198701404	1:08.18	+0,79	30.80	1:08.18
2. Stephanie Rombout	PSV	1:07.99	198803696	1:08.89	+0,76	31.69	1:08.89
3. Sabine Lina	ZPC Woerden	1:08.55	198902680	1:09.30	+0,77	31.77	1:09.30
4. Larissa Brak	AZ&PC	1:09.27	198800572	1:10.13	+0,79	34.44	1:10.13
5. Tonny Klop-Methorst	De Biesboschzwemmers	1:10.83	198802998	1:11.61	+0,79	33.77	1:11.61
6. Monique Jonker	TriVia	1:12.63	198501472	1:11.78	+0,83	33.42	1:11.78
7. Aniek Huijsman	De Lansingh	1:11.61	198801932	1:12.94	+0,77	32.69	1:12.94
8. Rianne Hofland	Sassenheim	1:14.07	198801820	1:13.14	+0,95	33.35	1:13.14
9. Ilse van den Wijngaard	ZPC Woerden	1:11.67	198904736	1:14.46	+0,74	34.56	1:14.46
10. Bianca Paape	DAW	1:16.29	198502262	1:15.14	+0,83	34.94	1:15.14
11. Wieteke Elzinga	DAW	1:16.05	198601038	1:15.63	+0,85	33.92	1:15.63
12. Annelette de Vries	WS Twente	1:17.67	198603908	1:15.87	+0,75	35.06	1:15.87
13. Anna Boef	LZ 1886	1:17.73	198806288	1:16.81	+0,83	35.03	1:16.81
14. Karin Hovenkamp	De Spatters	1:22.04	198701850	1:20.46	+0,55	38.07	1:20.46
15. Serima Veen	De Spatters	1:23.64	198604104	1:22.13	+0,76	36.36	1:22.13
16. Isaline Manchel	CNSW	1:22.62	CNSW/475/85	1:22.47	+0,72	38.89	1:22.47
17. Carola Hompes	Budel	1:21.70	198801868	1:23.20	+0,79	38.29	1:23.20
18. Channe Noort	DAW	1:26.99	198605032	1:23.36	+0,78	40.29	1:23.36
19. Gerlinde van de Wetering	Deltasteur	1:24.06	198904678	1:24.18	+1,07	39.08	1:24.18
20. Margriet Aan het Rot	Octopus	1:25.39	198603088	1:26.50	+0,83	40.08	1:26.50
21. Annebeth van Ark	Octopus	1:31.41	198805588	1:27.51	+0,72	40.39	1:27.51

Masters 30+

1. Nadya Putter	ZVVS	1:11.13	198301630	1:10.32	+0,73	32.33	1:10.32
2. Anke Lambooj	AZL	1:13.91	198001182	1:14.47	+0,85	34.55	1:14.47
3. Esther Versteeg	Van Vliet-Barracuda	1:14.65	198302112	1:14.93	+0,86	34.24	1:14.93
4. Sandra Pannekeet	DAW	1:16.45	198403458	1:16.83	+0,71	35.27	1:16.83
5. Laura van Manen	WIDEX GZC DONK	1:26.37	198403288	1:27.09	+0,81	40.78	1:27.09

Masters 35+

1. Nathalie Blondeel BMR	CNSW	1:13.23	CNSW/012/77	1:10.50	+0,71	33.24	1:10.50
2. Yvonne Janssen	RZC	1:11.26	197600030	1:12.51	+0,85	33.73	1:12.51
3. Heleen Spelde - Fransens	THOR	1:20.70	197901358	1:19.35	+0,99	36.38	1:19.35
4. Petra Verstegen	WVZ	1:19.73	197700906	1:21.51	+0,86	36.52	1:21.51
5. Inge Otter	De Bevelanders	1:22.88	197801242	1:23.05	+0,99	37.27	1:23.05
6. Mariska Hoekstra	Swol 1894	1:27.35	197500920	1:25.06	+0,83	39.55	1:25.06
7. Fabiola Bosman	Deltasteur	1:27.02	197701148	1:26.53	+1,12	40.49	1:26.53
NG Elvira Jonkers	De Pinquin	1:12.17	197900420				

Masters 40+

1. Gudule van der Meer Nederlands Masters Record	PSV	1:12.82	197200396	1:10.93	+0,83	32.16	1:10.93
2. Edith Janssen-Koolen	TRB-RES	1:18.03	197300898	1:15.20	+0,81	34.59	1:15.20
3. Ilona Hogerheyde	DAW	1:16.69	197400224	1:15.78	+0,74	34.87	1:15.78
4. Lidia v. Bon-Rosenbrand	AZ&PC	1:14.75	197000054	1:15.98	+0,90	35.41	1:15.98
5. Nadège van Meeteren	De Meer	1:18.20	197400736	1:16.90	+0,86	36.50	1:16.90
6. J. de Ruiter-Wijnolst	WIDEX GZC DONK	1:17.98	197400446	1:17.46	+0,81	36.15	1:17.46
7. Annette de Visser	Oceanus	1:19.20	197100602	1:18.58	+0,86	38.47	1:18.58
8. Henriëtte Manting	GZVW	1:20.81	197100246	1:22.82	+1,04	38.11	1:22.82
9. Judith Rienties	Swol 1894	1:34.00	197400960	1:34.92	+0,94	44.28	1:34.92
10. Greta Wyma-Teitsma	DWK	1:38.77	197100696	1:36.76	+0,96	46.66	1:36.76
11. Ursula Spoelstra-de Groot	WS Twente	1:39.62	197200952	1:40.08	+0,94	46.44	1:40.08

Programmanr. 46, Dames, 100m wisselslag

Masters 45+

1. Monique Tuijp	Ed-Vo	1:15.07	196900800	1:14.26	+0,93	34.96	1:14.26
<i>Kampioenschaps Record</i>							
2. Annette Wijnja-Visser	De Biesboschzwemmers	1:17.36	196700528	1:16.89	+0,79	36.43	1:16.89
3. Iris van Aurich	DWK	1:22.19	196900866	1:22.37	+0,79	38.94	1:22.37
4. Sandra Hoofs-Buil	Racing Club	1:28.13	196600678	1:25.67	+0,86	39.59	1:25.67
5. Marion Broekhuis	WS Twente	1:29.33	196800060	1:27.78	+0,62	42.83	1:27.78
6. Jeanette Smits	Orca	1:29.78	196600312	1:34.36	+0,89	44.14	1:34.36
7. Ingeborg Stokx	DAW	1:40.98	196700666	1:40.45	+0,80	51.89	1:40.45

Masters 50+

1. Marjan Remmits-De Lange	ZPC Woerden	1:17.97	196300518	1:16.19	+0,61	36.23	1:16.19
2. Jacqueline Rolloos-Bakker	De Lansingh	1:19.74	196300222	1:19.78	+0,95	36.67	1:19.78
3. Jeannette Ruesink	WS Twente	1:22.41	196300212	1:22.88	+0,87	38.65	1:22.88
4. Petra Tossings	DAW	1:26.67	196100376	1:23.40	+0,83	38.70	1:23.40
5. Pia van der Molen	HZ&PC Heerenveen	1:26.20	196000116	1:28.82	+0,86	40.94	1:28.82
6. Jennie Resink-lindeboom	DWK	1:36.31	196000142	1:37.91	+1,08	45.64	1:37.91
7. Lia Bijkerk	WIDEX GZC DONK	1:37.00	196000014	1:41.85	+1,17	48.34	1:41.85
DIS Loretta Kabasinskiene	Takas	1:35.59	19630410				
<i>RH - Did not touch finish in back position</i>							

Masters 55+

1. Susanne Sailer-Lehrum	SG Neumünster	1:41.10	163629	1:35.75	+0,86	45.56	1:35.75
2. Karien Musters	Old Dutch	2:06.46	195800236	1:58.74	+0,75	58.05	1:58.74
3. Simonet Schroot	Gay Swim Amsterdam	2:06.91	195800108	2:10.32	+1,18	1:03.59	2:10.32
NG Rona Eijkelhoff	Aqua-Novio'94	1:42.01	195600026				

Masters 60+

1. Christien Nieuwenhuis	Swol 1894	1:25.23	195100022	1:25.93	+0,77	39.98	1:25.93
2. Gonnje Bak	PSV	1:43.18	195100064	1:42.76	+0,96	51.70	1:42.76
3. Tineke van Diggelen	Oceanus	1:47.19	195200048	1:49.76	+0,91	53.98	1:49.76

Masters 65+

1. Corrie Verhoeven	PSV	1:35.37	194600026	1:33.32	+0,84	44.71	1:33.32
<i>Nederlands Masters Record</i>							
2. Mieke Strijbis-v.d.Kroft	DAW	2:00.45	194500004	2:00.54 *	+1,17	1:03.95	2:00.54

Programmanr. 47
26-01-2014 - 15:52

Heren, 50m vrije slag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
Masters 20+						
1.	Mark Costeris	WVZ	23.01	199202327	23.24	+0,71
<i>Kampioenschaps Record</i>						
2.	Lars Sieval	LZ 1886	24.91	199300723	24.34	+0,61
3.	Menno Manning	De Veene	23.90	199300333	24.58	+0,70
4.	Joost Rijntjes	LZ 1886	24.64	199101899	24.73	+0,73
5.	Tim Bunnik	Triton	25.72	199000505	25.80	+0,78
6.	Erwin Sneek	De Futen	26.57	199102153	25.97	+0,75
7.	Jelte Schuurmans	Merlet	25.57	199104841	25.99	+0,83
8.	Bart Kiesewetter	TRB-RES	26.33	199101203	26.11	+0,72
9.	Thomas Hansen	LZ 1886	26.61	199204327	26.23	+0,67
10.	Ruben Stolk	ZOB'66	26.35	199005665	26.46	+0,78
11.	Rens Post	WVZ	27.10	199101827	26.87	+0,71
12.	Mark Pijtak	AZ&PC	27.26	199002287	27.75	+0,82
13.	Yorick Kreuwel	De Veene	28.16	199402225	27.84	+0,77
14.	Bas Zierikzee	LZ 1886	27.72	199204321	28.83	+0,79

Programmanr. 47, Heren, 50m vrije slag, Masters 20+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
15.	Ramon van Huizen	MGO (SG)	29.28	199400945	29.33	+0,81
16.	Eric Kalee	De Amer	28.48	199005307	29.42	+0,94
17.	Richard Brink	MSV-Zeemacht	35.11	199203691	30.24	+0,78
18.	Erwin Vuist	Hatto Heim	32.69	199102475	30.27	+1,14
19.	Berné Beute	't Tolhekke	29.70	199100135	30.31	+0,97
20.	Rens Mahler	Merlet	29.56	199206411	30.37	+0,72
21.	Ruben de Boer	De Duinkickers	30.89	199301419	30.53	+0,76
22.	Bob Potkamp	Deltasteur	30.45	199403189	30.58	+0,95
DIS	Lorenzo Cavallini	De Futen	25.51	199007465		AA

Masters 25+

1.	Nick van Gemert	DWK	24.61	198900943	24.15	+0,73
2.	Roderik Meijers	ZOB'66	24.82	198602063	24.79	+0,70
3.	Sander de Vrugt	ESCA Zwemmen	25.00	198903499	25.26	+0,64
4.	Erik van der Heide	Zuiderzeewemmers	25.73	198801337	25.51	+0,74
5.	Bastian Zoon	MGO (SG)	25.71	198703929	25.80	+0,70
6.	Ronald Vullings	Merlet	25.34	198703655	26.08	+0,84
7.	Martijn van Hoorn	MGO (SG)	25.73	198901343	26.31	+0,56
8.	Joppe Schuurmans	Merlet	26.20	198905447	26.72	+0,80
9.	Mike Hereijgers	De Futen	25.87	198501007	26.98	+0,77
10.	Mark Effing	Merlet	27.11	198600761	28.06	+0,83
11.	Patrick de Jonge	ZPC Woerden	28.74	198906635	28.53	+0,79
12.	Sander Brat	Swol 1894	28.91	198500357	28.72	+0,80
13.	Wouter van 't Klooster	AZ&PC	31.17	198806159	30.27	+0,75
14.	Robin Eggenkamp	De Duinkickers	31.00	198700847	31.86	+0,83
15.	Henk-Jan van 't Hof	De Hokseberg	32.54	198804325	31.98	+0,65

Masters 30+

1.	Michiel Punter <i>Kampioenschaps Record</i>	TriVia	23.21	198401823	23.97	+0,77
2.	Nol van Thull	ZOB'66	24.47	198001513	24.37	+0,87
3.	Rick de Greef	Budel	25.02	198400749	24.66	+0,82
4.	Lauren Vis	Steenwijk 1934	25.03	198201883	24.72	+0,71
5.	Robert Dekker	De Veene	26.16	198400443	25.97	+0,79
6.	Rutger Stam	De Amer	27.00	198102463	27.01	+0,74
7.	Gerjan Geerligs	Swol 1894	27.45	198300695	27.17	+0,71
8.	Rob van Wanrooy	Gay Swim Amsterdam	27.53	198202627	27.19	+0,81
9.	Bas v.d. Laan	WVZ	27.49	198302471	27.70	+0,83
10.	Hans Cligge	De Futen	30.07	198100315	30.04	+0,81
11.	Dyon de Greef	Budel	30.52	198202385	30.14	+0,73
12.	Paul Rutten	ESCA Zwemmen	31.13	198001293	31.89	+0,83
13.	Marnix Cornelisse	LZ 1886	31.73	198002343	32.57	+0,73

Masters 35+

1.	Jeroen Zelsmann	AZ&PC	24.49	197701551	24.84	+0,71
2.	Roland de Jong	Eurode KZC	25.40	197601513	25.47	+0,72
3.	Dimitrie Sonnemans	RZ	26.22	197501391	26.11	+0,86
4.	Victor Barnar	GoSwim	27.19	197801805	26.82	+0,75
5.	Kars Luttk	DAW	26.31	197800675	26.85	+0,63
6.	Erik Lamers	De Gelenberg	29.02	197500507	27.05	+0,81
7.	Erwin Zuidervelt	De Futen	27.75	197501015	27.22	+0,83
8.	Alex Damen	DAW	26.66	197501371	27.39	+0,72
9.	John Cobussen	De Gelenberg	28.02	197501323	28.09	+0,87
10.	Arjan Aalbers	Swol 1894	28.56	197500001	28.30	+0,81
11.	Henk Boswinkel	Swol 1894	28.91	197601555	28.95	+0,88
12.	Michael Go	AZC	29.34	197501397	29.32	+0,83
13.	Johan Wezenberg	Deltasteur	28.49	197601023	29.38	+0,96
14.	Ivo Verdonshot	Budel	30.32	197500903	29.65	+0,85
15.	Arnold Kiburg	Steenwijk 1934	31.33	197501423	30.77	+0,93
16.	Rinke Nijland	IJZPC	34.08	197901735	31.82	+0,83
17.	Marcel van Walt van Praag	Gay Swim Amsterdam	34.67	197501425	33.41	+0,77

Programmanr. 47, Heren, 50m vrije slag, Masters 35+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
AFGEM	Gino Martijn	RZ	28.32	197901865		

Masters 40+

1.	Marcel van Winssen	De Gelenberg	25.86	197101477	25.84	+0,82
2.	Paul Hardeman	AZ&PC	27.26	197300327	27.75	+0,83
3.	Marco de Bat	De Schelde	28.81	197101467	28.37	+0,78
	Robert Martens	De Schelde	28.99	197301463	28.37	+0,85
5.	Gerald Hösl	SC Schaffhausen	28.74	27749	28.48	+0,90
6.	Wiljo Mackus	Budel	29.02	197101557	28.62	+0,89
7.	Rogier Becker	De Dinkel	29.25	197301439	28.72	+0,86
8.	Edward van Nijmweegen	Budel	31.14	197001635	31.27	+0,95
9.	Albert Roosenboom	Budel	33.68	197101599	32.56	+1,03
10.	Mike Molenaar	Zoetermeer	34.31	197201493	33.35	+1,09
11.	Remco Boerma	WS Twente	39.99	197401427	37.06	+0,89

Masters 45+

1.	Glen le Clercq	De Rog	26.04	196800177	25.59	+0,76
2.	Marc van den Broeke	Deltasteur	26.98	196601485	26.60	+0,86
3.	Bert de Weerd	RZC	27.57	196701283	26.80	+0,81
4.	Arjon de Bok	De Biesboschwimmers	27.12	196900125	27.40	+0,80
5.	Igor Penchukov	Sprut	27.20	102154	27.53	+0,81
6.	Maarten de Pooter	De Schelde	28.11	196600615	28.06	+0,77
7.	Arvydas Burinskas	Takas	28.77	19690822	28.10	+0,78
8.	Eric de Haas	De Treffers	28.56	196501275	28.33	+0,95
	Erik Saan	De Duck	27.81	196500769	28.33	+0,97
10.	Erwin Beringen	GoSwim	29.00	196601515	28.77	+0,70
11.	Freddy van der Veen	ZVVS	28.79	196601161	29.22	+1,10
12.	Erik Zoethout	Aqualero	29.51	196901157	29.32	+0,89
13.	Marcel Brittin	De Duinkickers	29.78	196900159	29.42	+0,65
14.	Willem Jan Ribberink	WIDEX GZC DONK	30.86	196501327	30.56	+0,90
15.	Pieter-Sjoerd de Wijn	Aqua-Novio'94	29.62	196501027	30.60	+0,84
16.	Ruud Kennis	Budel	31.54	196501555	30.65	+0,75
17.	Sander Nieuwenhuys	De Fuut	31.42	196801423	31.13	+0,78
18.	Yves van den Berg	WIDEX GZC DONK	33.15	196601437	31.98	+0,99
19.	Joost van Eerd	Budel	33.04	196901723	32.41	+0,85
20.	René Speelman	De Spatters	32.11	196601521	32.60	+0,81
21.	Gertjan van der Vaart	ZVVS	33.89	196801529	32.98	+0,79
22.	Jeffrey van Doormalen	Wetterwille	33.87	196501563	33.12	+0,83
23.	Marco Pijpelink	De Schelde	37.48	196901635	37.85	+0,83
NG.ZA	Nico Swart	Den Doorn	28.17	196801475		

Masters 50+

1.	Cees van Houweligen	De Schelde	25.19	196300351	25.38	+0,91
	<i>Nederlands Masters Record</i>					
2.	Peter Bernsen	De Rog	26.91	196301119	26.54	+0,67
3.	Dmitry Kromskiy	Poseidon	26.32	037011	26.76	+0,72
4.	Robert Vink	WWV	27.99	196301075	27.79	+0,83
5.	John Stokx	DAW	28.34	196401341	28.37	+0,73
6.	Theo Bakker	TriVia	28.59	196401231	28.81	+0,73
7.	Walter Slijkerman	De Spatters	28.35	196401179	28.82	+0,82
8.	Erik Kamphuis	De Rog	29.13	196001035	29.06	+0,94
9.	Adrian Ortiz Buitrago	WIDEX GZC DONK	29.00	196000931	29.10	+0,79
10.	Robert de Brauw	De Duinkickers	29.81	196401383	29.81	+0,83
11.	Henry Brouwer	Aqualero	30.63	196301223	30.18	+0,91
12.	Bob Nieuwenhuys	De Fuut	33.84	196201227	30.20	+0,81
13.	John Dam	Zignea	31.73	196000915	31.97	+0,91
NG	Harrie Oude Weernink	WS Twente	29.34	196001037		

Programmanr. 47, Heren, 50m vrije slag

Masters 55+

1.	Marten de Groot <i>Kampioenschaps Record</i>	HZ&PC Heerenveen	26.47	195800149	26.81	+0,78
2.	Gennadii Karelin	Spartak	29.93	030009	29.74	+1,11
3.	Evertjan Masurel	PSV	30.52	195600495	30.92	+0,81
4.	Gerrit Rijkens	Zwemclub Polaris	34.12	195800549	31.72	+0,91
5.	Peter Coffeng	WIDEX GZC DONK	33.93	195700063	34.28	+0,90
6.	Frans Suijkerbuijk	PSV	54.92	195600499	52.45	+0,93

Masters 60+

1.	Ruud Ruiters	WWV	30.08	195300169	29.23	+0,87
2.	Brend Brevé	PSV	29.66	195200265	29.38	+0,83
3.	Laurens klein Breteler	WWV	33.47	195400109	31.80	+0,86
4.	Jos Kamps	De Amer	32.46	195100085	33.43	+1,15
5.	Bé Grave	H2Oldambt	32.75	195300231	33.74	+0,89
6.	Richard Catoire	Oceanus	34.13	195200253	33.94	+0,95
7.	Sjoerd van de Berg	De Rog	36.23	195400355	36.43	+0,93

Masters 65+

1.	Ale van der Veen <i>Nederlands Masters Record</i>	HPC	29.35	194900159	28.39	+0,71
2.	Theo Schouten	WWV	31.53	194600161	31.14	+0,83
3.	Han Roos	ZV De Bron	32.02	194500081	32.29	+0,95
4.	Jaap Kwakkel	DAW	31.78	194700157	34.00	+0,88
5.	Mans Buis	Het Ravijn	36.75	194700133	37.86	+0,99
6.	Mar van Geel	Old Dutch	37.66	194700135	38.72	+1,15
7.	Nico van Dongen	De Devel	42.87	194800159	41.42	+0,97

Masters 70+

1.	Josep Claret <i>Kampioenschaps Record</i>	Club Nagi	30.45	39276092	31.44	+0,84
2.	Frans van Enst	WS Twente	32.62	194000011	33.44	+1,03
3.	Geza Kaltenecker	AZC	37.97	194200065	36.37	+1,08
4.	Ruud Sloof	De Rijn	35.15	194400073	36.67	+0,99
5.	Kevork Boyrazian	CNSW	46.92	CNSW/609/44	47.19	+1,24

Masters 75+

1.	Nico Geers	Z&PC De Gouwe	33.21	193800007	34.66	+0,94
2.	Pavelas Bezzubovas <i>LMR</i>	Takas	36.05	19390108	37.10	+1,11

Masters 85+

1.	Vladas Vimbaras	Takas	50.63	19270421	52.92	+0,95
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Programmanr. 48
26-01-2014 - 16:11

Dames, 50m vrije slag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
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Programmanr. 48, Dames, 50m vrije slag

Masters 20+

1.	Marloes Erkens	DWK	27.50	199300234	27.52	+0,67
2.	Yvon Versteeg	De Veene	27.36	199201864	27.64	+0,77
3.	Nanda de Vries	HZ&PC Heerenveen	27.79	199204328	28.07	+0,72
4.	Désirée Emmen	De Warande	28.29	199204862	28.16	+0,69
5.	Tessa Mosch	MSV-Zeemacht	27.80	199102172	28.34	+0,68
6.	Suzanne Mosch	MSV-Zeemacht	28.11	199400548	28.53	+0,73
7.	Ilse Noorlander	d'ELFT WAVE (SG)	28.95	199307810	28.54	+0,53
8.	Anouk van der Pligt	ZOB'66	28.68	199303296	28.83	+0,60
9.	Eva Engelen	NDD	28.28	199405514	28.97	+0,72
10.	Janet van der Poel	LZ 1886	28.91	199301842	29.16	+0,68
11.	Kim Wijnja	De Biesboschzwemmers	29.98	199107812	29.86	+0,76
12.	Larissa Beernink	De Veene	31.29	199300050	30.17	+0,75
13.	Joyce Raemaekers	Budel	30.37	199106106	30.29	+0,54
14.	Eline Schaft	Piranha	32.70	199202692	30.46	+0,86
15.	Getrude Corporaal	ZVZ	30.99	199200380	31.01	+0,61
	Selly Swieringa	Aqualero	31.78	199008320	31.01	+0,85
17.	Lindsey Hol	De Meer	31.10	199008088	31.14	+0,70
18.	Whitley Rens	MGO (SG)	31.55	199007520	31.82	+0,86
19.	Esther Blekkink	Schuurman BZC	31.29	199302988	31.84	+0,84
20.	Nadine Blouw	GZVW	32.55	199302314	32.19	+0,76
21.	Naomi Habing	De Grunte	31.89	199402742	32.51	+0,75
22.	Tara Keijzer	Steenwijk 1934	32.67	199108498	32.84	+0,84
23.	Lisette van der Lende	WWV	32.96	199204258	32.94	+0,83
24.	Kelly Bockting	Montferland	33.66	199104050	34.37	+0,91
25.	Pauline Magnée	De Warande	35.28	199205434	35.34	+0,82
26.	Maaïke Hiemstra	Aqualero	36.20	199008318	35.85	+0,87
27.	Carmen Ensink	Piranha	35.89	199307842	36.38	+1,04
28.	Alicia Horlings	Aquapoldro	41.13	199108512	40.50	+1,04
29.	Sharon van Dooren	De Rog	47.10	199207902	47.58	+0,81
30.	Liesbeth Bruinekeol	Zuiderzeezwemmers	48.04	199007958	48.82	+0,76
NG.ZA	Devina de With	Den Doorn	34.37	199204892		

Masters 25+

1.	Sabine Lina	ZPC Woerden	28.06	198902680	28.22	+0,74
2.	Annelette de Vries	WS Twente	28.27	198603908	28.50	+0,71
3.	Monique Jonker	TriVia	28.49	198501472	28.55	+0,77
4.	Samantha van Eijk	De Geul	28.52	198806826	28.85	+0,72
5.	Marije Jansen	Montferland	28.61	198504088	29.01	+0,80
6.	Sandra Zwaanswijk	DAW	28.53	198503934	29.18	+0,77
7.	Merel Siroen	Merlet	29.22	198804006	29.46	+0,85
8.	Rianne Hofland	Sassenheim	29.02	198801820	29.47	+0,89
9.	Marije van Manen	AZ&PC	31.90	198602386	29.96	+0,70
10.	Marlijn Mulders	De Treffers	31.03	198803114	30.65	+0,77
11.	Channe Noort	DAW	31.34	198605032	31.73	+0,68
12.	Carola Hompes	Budel	31.57	198801868	32.25	+0,81
13.	Diana Lammers	De Veene	31.57	198902572	32.32	+0,75
14.	Esther Steltenpohl	DAW	32.04	198504116	32.44	+0,74
15.	Isaline Manchel	CNSW	32.78	CNSW/475/85	33.05	+0,88
16.	Ingrid Noten	Budel	35.68	198504156	33.70	+0,93
17.	Annebeth van Ark	Octopus	36.11	198805588	34.95	+0,73
18.	Dian van Pelt	De Biesboschzwemmers	37.19	198502296	36.18	+0,80

Masters 30+

1.	Pauline Gouwens	DWK	26.46	198400790	26.80	+0,67
	<i>Nederlands Masters Record</i>					
2.	Anke Lambooj	AZL	28.06	198001182	28.87	+0,79
3.	Sandra Pannekeet	DAW	29.28	198403458	29.69	+0,66
4.	Emmy Slabbers	De Roersoppers	31.80	198101386	30.43	+0,82
5.	Ramona Linting	Zoetermeer	32.07	198301274	33.01	+0,58
6.	Laura van Manen	WIDEX GZC DONK	32.64	198403288	33.53	+0,80

Programmanr. 48, Dames, 50m vrije slag

Masters 35+

1.	Nathalie Blondeel <i>BMR</i>	CNSW	28.47	CNSW/012/77	28.08	+0,71
2.	Inez Heideman	WS Twente	28.95	197500198	29.37	+0,85
3.	Heleen Spelde - Fransens	THOR	32.73	197901358	30.50	+0,86
4.	Larisa Alekseeva	Sprut	30.57	018046	30.80	+0,80
5.	Marian Nederlof	DWF	31.29	197600950	30.92	+0,82
6.	Eveline Hacquebord	IJZPC	33.17	197901206	31.29	+0,93
7.	Karin van Dijk	H2Oldambt	33.67	197600806	31.64	+0,86
8.	Petra Verstegen	WVZ	31.88	197700906	32.19	+0,87
9.	Evelien Meeuwissen	Sassenheim	31.84	197500360	32.21	+0,86
10.	Mariska Hoekstra	Swol 1894	33.48	197500920	32.36	+0,59
11.	Inge Otter	De Bevelanders	31.76	197801242	32.61	+0,55
12.	Natasja Linderhof	De Dinkel	36.11	197500786	35.90	+0,97
13.	Clementine van Bruxvoort	ZPB H&L Productions	38.50	197700138	38.10	+1,04

Masters 40+

1.	Ingrid Boot-De Groot <i>Nederlands Masters Record</i>	De Aalscholver	29.59	197000168	27.87	+0,74
2.	Edith Janssen-Koolen	TRB-RES	29.90	197300898	30.06	+0,79
3.	Jacqueline de Ruiters-Wijnolst	WIDEX GZC DONK	30.08	197400446	30.14	+0,65
4.	Lidia v. Bon-Rosenbrand	AZ&PC	29.46	197000054	31.85	+0,94
5.	Natalie van den Broek	Nautilus	34.89	197300810	32.68	+0,89
6.	Daniëlle Hoeksel-Verveen	ZVVS	34.01	197300724	32.99	+0,95
7.	Wendy van der Kruk	MSV-Zeemacht	32.30	197100960	33.11	+0,96
8.	Henriëtte van Ijsselmuiden	De Spatters	36.44	197100958	34.91	+0,78
9.	Edith van Dieren	Swol 1894	37.40	197400764	35.00	+0,85
10.	Diana Westerdijk	De Spatters	34.76	197200704	35.20	+0,81
11.	Claudia Sutin	De Schelde	35.46	197200908	36.41	+0,78
12.	Rinette van der Vliet	Swol 1894	40.65	197300518	37.77	+1,03
13.	Esther de Jong	Eurode KZC	39.49	197200962	40.03	+1,08
14.	Ciska Wagter	Steenwijk 1934	45.80	197000978	44.25	+0,85
DIS	Nathasja Konijn	WIDEX GZC DONK	37.69	197100992		AA

Masters 45+

1.	Monique Tuijp <i>Kampioenschaps Record</i>	Ed-Vo	28.47	196900800	28.67	+0,81
2.	Marjo Goelema-Koek	De Biesboschzwemmers	29.21	196900192	29.43	+0,77
3.	Heidi van Stein	LZ 1886	29.74	196900864	29.66	+0,78
4.	Alexandra de Jong	HPC	29.70	196900926	30.05	+0,80
5.	Rita van der Horst	RZC	30.45	196900260	30.62	+0,78
6.	Talje Dijkhuis	AZ&PC	31.22	196600072	31.20	+0,60
7.	Marion Broekhuis	WS Twente	32.39	196800060	32.45	+0,74
8.	Sandra Hoofs-Buil	Racing Club	37.98	196600678	33.71	+0,87
9.	Ilse Vos-Viergever Yvette Kilian	De Hokseberg Zoetermeer	33.38 33.28	196800644 196600534	34.11 34.11	+0,97 +0,90
11.	Roelien Speelman-Tigelaar	De Spatters	36.65	196600664	34.35	+0,77
12.	Yvonne Voortman-Alkema	De Berkelduikers	36.96	196600686	35.57	+1,10
13.	Sandra Daamen-Posma	AZC	35.78	196800854	35.97	+0,93
14.	Hetty Smalheer	SCOM	36.95	196700352	36.77	+1,02
15.	Miriam Leeten-Stevens	Budel	41.67	196900988	37.56	+1,18
16.	Jeanette Smits	Orca	36.51	196600312	37.99	+0,83
NG.ZA	Ineke Branderhorst	Den Doorn	41.46	196900918		

Programmanr. 48, Dames, 50m vrije slag

Masters 50+

1.	Anita Bottger	De Berkelduikers	30.50	196300498	30.66	+0,86
2.	Marjan Remmits-De Lange	ZPC Woerden	31.17	196300518	30.74	+0,77
3.	Karin van der Star-Verhoeven	ESCA Zwemmen	33.96	196100382	32.93	+1,01
4.	Marijke Kraak-Beckers	WS Twente	32.88	196000240	33.08	+0,89
5.	Pia van der Molen	HZ&PC Heerenveen	33.83	196000116	33.72	+0,81
6.	Wilna Heijman	't Tolhekke	34.17	196400506	33.99	+0,82
7.	Monique Munnik	AZC	35.13	196200328	34.71	+0,82
8.	Alice de Haan	WIDEX GZC DONK	41.36	196400590	38.55	+0,99
9.	Frances van der Moolen	Aqua-Novio'94	42.98	196400454	42.98	+1,10
10.	Joke Burgers	Swol 1894	42.66	196000226	44.59	+0,91
11.	Riekie Schra	Steenwijk 1934	48.92	196400404	54.42	+1,31
DIS	Christine Moerkerken	Poseidon'56	33.12	196300524		AA

Masters 55+

1.	Claire Anthony	CNSW	34.30	CNSW/487/57	34.26	+0,86
2.	Karien Musters	Old Dutch	45.66	195800236	45.61	+0,70

Masters 60+

1.	Christien Nieuwenhuis	Swol 1894	32.25	195100022	32.89	+0,76
2.	Alison Gilbert	De Futen	33.81	195300068	33.58	+0,85
3.	Patty Krupiarz	PSV	34.83	195400074	34.93	+0,76
4.	Antoinette Gilding-Tussaud	WS Twente	42.72	195000038	44.60	+1,12
5.	Geerdien Meerwaldt	De Geul	50.16	195200058	51.42	+1,03

Masters 65+

1.	Annet Verhoeven	De Duinkickers	45.91	194600024	44.50	+1,03
2.	Iris E. van Glinstra Beker	De Lansingh	44.78	194800032	46.42	+1,05
3.	Anna de Weert	Gay Swim Amsterdam	52.18	194900020	58.48	

Masters 70+

1.	Leny Kamp	Aquapoldro	54.17	194400008	58.66	+1,16
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Programmanr. 49
26-01-2014 - 16:29

Heren, 100m schoolslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m
1.	Patrick Creemers	RZ	1:07.53 199000579	1:08.48	+0,73	32.09 1:08.48
2.	Dennis Wijbenga	Stadskanaal	1:08.06 199003283	1:09.53	+0,79	32.56 1:09.53
3.	Mike Schel	ESCA Zwemmen	1:10.27 199403279	1:10.79	+0,76	32.77 1:10.79
4.	Maik Steenkamp	Montferland	1:11.55 199103847	1:11.26	+0,72	33.48 1:11.26
5.	Mark van Damme	't Tolhekke	1:11.94 199100435	1:12.88	+0,81	33.73 1:12.88
6.	Dennis Bosma	Montferland	1:10.34 199403851	1:13.88	+0,68	33.79 1:13.88
7.	Mike Koelewijn	Steenwijk 1934	1:17.73 199303597	1:14.56	+0,72	34.36 1:14.56
8.	Mark Huijsman	De Lansingh	1:16.37 199001305	1:17.25	+0,80	35.99 1:17.25
9.	Gerben Rozie	MSV-Zeemacht	1:18.71 199002507	1:17.83	+0,75	35.99 1:17.83
10.	Yorick Kreuwel	De Veene	1:22.60 199402225	1:21.02	+0,80	37.68 1:21.02
11.	Daniel van den Wildenberg	Eurode KZC	1:23.53 199206491	1:23.11	+0,75	39.26 1:23.11
12.	Bob Potkamp	Deltasteur	1:24.17 199403189	1:23.17	+0,97	39.11 1:23.17
13.	Erwin Vuist	Hatto Heim	1:26.64 199102475	1:24.30	+1,00	39.78 1:24.30
14.	Michael Schlijper	Eurode KZC	1:26.04 199303691	1:24.69	+0,87	39.83 1:24.69
15.	Danny Vochtelo	ZZG de Boskickers (SG)	1:36.44 199207251	1:33.86	+1,01	45.15 1:33.86
16.	Matthijs van Doorn	Het Ravijn	1:36.99 199207231	1:35.47	+0,56	45.97 1:35.47

Programmanr. 49, Heren, 100m schoolslag

Masters 25+

1. Erik Verholt	Noord Veluwe	1:07.24	198803543	1:06.12	+0,74	30.57	1:06.12
2. Roderik Meijers	ZOB'66	1:08.34	198602063	1:08.43	+0,77	31.28	1:08.43
3. Richard Huisken	ZPC De Hof	1:12.86	198501141	1:11.95	+0,76	33.19	1:11.95
4. Remko Hoof	De Duinkickers	1:10.74	198701405	1:12.78	+0,69	34.12	1:12.78
5. Stefan van der Grift	Octopus	1:12.90	198701121	1:12.83	+0,80	33.94	1:12.83
6. Niels van Beurden	ZPC Woerden	1:16.50	198805669	1:12.97	+0,82	33.87	1:12.97
7. Martijn Giezen	Montferland	1:15.25	198500813	1:14.73	+0,47	35.06	1:14.73
8. Boy Heijnekamp	LZ 1886	1:18.41	198901161	1:17.54	+0,73	36.70	1:17.54
9. Emiel Huisken	ZPC De Hof	1:17.82	198501139	1:19.41	+0,86	36.56	1:19.41
10. Wouter van 't Klooster	AZ&PC	1:22.39	198806159	1:19.60	+0,78	37.46	1:19.60
11. Sander Brat	Swol 1894	1:18.00	198500357	1:19.80	+0,73	37.67	1:19.80
12. Harmen Reemst	ZOB'66	1:21.02	198702715	1:24.11	+0,78	38.38	1:24.11
13. Henk-Jan van 't Hof	De Hokseberg	1:37.89	198804325	1:33.63	+0,71	43.99	1:33.63

Masters 30+

1. Thijs van Valkengoed	WVZ	1:04.14	198302141	1:05.65	+0,68	31.15	1:05.65
2. Simon van Ravesteijn	Zoetermeer	1:08.69	198002263	1:08.00	+0,79	31.68	1:08.00
3. Kristiaan Lenos	LZ 1886	1:08.99	198301331	1:09.81	+0,84	32.63	1:09.81
4. Albert van Piekeren	Octopus	1:08.05	198401767	1:10.10	+0,75	32.40	1:10.10
5. Pieter Pickhardt	ZPC De Hof	1:10.31	198301657	1:11.53	+0,88	33.54	1:11.53
6. Ferry Blangé	ZOB'66	1:17.42	198300185	1:14.70	+0,81	34.14	1:14.70
7. John Meijdam	DAW	1:15.49	198301439	1:14.78	+0,79	35.36	1:14.78
8. Gerwin Vonk	De Spatters	1:16.64	198201907	1:15.98	+0,68	35.18	1:15.98
9. Dennis Klop	De Biesboschzwemmers	1:18.93	198302643	1:18.45	+0,68	37.18	1:18.45
10. Sebastiaan Baars	WS Twente	1:22.82	198300053	1:22.58	+0,96	38.67	1:22.58
11. Hans Cligge	De Futen	1:21.84	198100315	1:23.85	+0,82	39.60	1:23.85

Masters 35+

1. Egbert Stolk	d'ELFT WAVE (SG)	1:08.82	197600889	1:07.40	+0,80	31.46	1:07.40
2. Vincent Versteeg	Zwemlust-den Hommel	1:11.11	197701003	1:09.94	+0,74	32.26	1:09.94
3. Victor Barnar	GoSwim	1:11.66	197801805	1:10.40	+0,79	33.00	1:10.40
4. Bas Spoelstra	De Futen	1:16.26	197701573	1:14.82	+0,88	35.24	1:14.82
5. Ewoud Rupert	WS Twente	1:14.99	197801795	1:15.57	+0,84	34.90	1:15.57
6. Arjan Buijsse	Sassenheim	1:16.58	197901767	1:18.03	+0,81	36.67	1:18.03
7. Martijn van den Biggelaar	Nautilus	1:23.83	197701503	1:22.66	+0,79	38.29	1:22.66
8. Ivo Verdonshot	Budel	1:24.07	197500903	1:23.56	+0,86	38.18	1:23.56

Masters 40+

1. Harry Cornet	De Biesboschzwemmers	1:08.66	197100175	1:08.34	+0,77	32.04	1:08.34
2. Gerard Eghuizen	HZ&PC Heerenveen	1:15.71	197400197	1:15.22	+0,83	35.06	1:15.22
3. Marco van den Wildenberg	Van Vliet-Barracuda	1:17.12	197300991	1:15.99	+0,84	35.70	1:15.99
4. Heiner Stevens	Zignea	1:19.40	197201299	1:18.68	+0,90	36.91	1:18.68
5. Rob Janssen	De Gelenberg	1:19.15	197001467	1:19.79	+0,89	36.77	1:19.79
6. Arnoud van Royen	TriVia	1:26.50	197201515	1:26.77	+0,85	40.44	1:26.77
7. Mike Molenaar	Zoetermeer	1:32.35	197201493	1:36.10	+1,08	46.28	1:36.10

Masters 45+

1. Harold Matla	PSV	1:09.91	196800591	1:09.37	+0,85	32.88	1:09.37
<i>Nederlands Masters Record</i>							
2. René Beetsma	HZ&PC Heerenveen	1:14.39	196900069	1:14.55	+0,76	34.50	1:14.55
3. Marcel Jonkman	Aqualero	1:18.54	196801389	1:15.09	+0,75	35.21	1:15.09
4. Roeland van der Heijden	PSV	1:16.80	196701389	1:15.49	+0,75	34.24	1:15.49
5. Ron Korzelius	AZ&PC	1:19.13	196500513	1:16.50	+0,80	35.58	1:16.50
6. Jan-Willem van den Berg	WVZ	1:18.89	196801575	1:16.70	+0,79	35.54	1:16.70
7. Arno Schrauwen	De Roersoppers	1:21.13	196501355	1:16.88	+0,81	36.06	1:16.88
8. Bert de Weerd	RZC	1:19.40	196701283	1:18.52	+0,86	37.27	1:18.52
9. Guido Keutgen	AZC	1:20.27	196801551	1:18.55	+0,80	36.60	1:18.55
10. Hans Schoenmakers	DAW	1:18.58	196900863	1:19.73	+0,87	37.21	1:19.73
11. Vladimir Semenov	Spartak	1:22.23	102393	1:20.29	+1,02	37.07	1:20.29

Programmanr. 49, Heren, 100m schoolslag, Masters 45+

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m
12. Eric de Haas	De Treffers	1:23.04 196501275	1:20.66	+0,97	37.83	1:20.66
13. Joop Weenink	WS Twente	1:21.87 196801535	1:22.40	+1,02	39.52	1:22.40
14. Huyb Stegeman	Steenwijk 1934	1:24.85 196701535	1:23.50	+0,88	38.20	1:23.50
15. Erik Saan	De Duck	1:28.51 196500769	1:24.89	+0,97	39.24	1:24.89
16. Willem Jan Ribberink	WIDEX GZC DONK	1:30.04 196501327	1:28.08	+0,87	40.87	1:28.08
17. Willem Jannink	Swol 1894	1:36.00 196500423	1:29.67	+0,87	41.26	1:29.67
18. Danny Zulver	ZVVS	1:29.89 196701617	1:30.84	+0,73	41.90	1:30.84
19. Gertjan van der Vaart	ZVVS	1:36.04 196801529	1:34.71	+0,82	42.17	1:34.71
20. Henk van Zetten	Octopus	1:35.48 196701261	1:35.19	+0,91	45.88	1:35.19
21. Jeffrey van Doormalen	Wetterwille	1:35.09 196501563	1:36.75	+0,87	47.74	1:36.75
22. Marco Pijpelink	De Schelde	1:44.55 196901635	1:41.09	+0,85	48.75	1:41.09
DIS Yves van den Berg	WIDEX GZC DONK	1:36.63 196601437				

SR

Masters 50+

1. Cees van Houwelingen	De Schelde	1:11.50 196300351	1:12.32	+0,87	33.95	1:12.32
2. Gert Sikkema	Zignea	1:17.28 196300687	1:15.36	+0,84	35.84	1:15.36
3. Ralph Caster	RZ	1:16.59 196100069	1:18.05	+0,53	35.61	1:18.05
4. Theo Bakker	TriVia	1:19.37 196401231	1:18.74	+0,79	36.43	1:18.74
5. Geert van Duinhoven	RZC	1:20.54 196401263	1:18.92	+0,94	37.38	1:18.92
6. Erich Reschke	Barmstedter MTV	1:17.99 249912	1:19.28	+0,87	35.73	1:19.28
7. Arlandas Antanas Juodeska	Takas	1:21.06 19611226	1:21.31	+0,88	38.14	1:21.31
8. Peter Fölker	Aqua-Novio'94	1:20.39 196401021	1:22.11	+0,79	39.07	1:22.11
9. Ronald Grove	Oceanus	1:19.14 196100161	1:22.86	+0,78	38.35	1:22.86
10. Michiel Klaren	PSV	1:23.38 196201087	1:24.68	+0,79	39.85	1:24.68
11. Jan Smalheer	SCOM	1:28.65 196400701	1:29.60	+1,08	41.46	1:29.60
12. Bart van Calker	WS Twente	1:28.50 196100067	1:30.01	+0,91	43.72	1:30.01
13. Jan Willem Heuten	WS Twente	1:33.16 196000883	1:32.75	+0,97	44.50	1:32.75
14. Arie van Damme	't Tolhekke	1:34.76 196101029	1:33.60	+0,85	44.00	1:33.60
15. Marco Schoenmakers	ZVVS	1:37.14 196401375	1:38.69	+0,87	44.61	1:38.69
NG.ZA Henry Brouwer	Aqualero	1:28.94 196301223				
NG Jack Barends	WS Twente	1:27.36 196201011				

Masters 55+

1. Albert Boonstra	Aqua-Novio'94	1:16.81 195700425	1:15.46	+0,84	35.57	1:15.46
<i>Kampioenschaps Record</i>						
2. Walter Rolloos	Van Vliet-Barracuda	1:29.70 195900387	1:23.82	+1,03	39.51	1:23.82
3. Paul Bunnik	Triton	1:25.00 195600413	1:27.21	+1,07	41.12	1:27.21
4. Dre Klaassen	ZOB'66	1:35.02 195600141	1:33.08	+0,90	44.93	1:33.08
5. Joop van Dijk	Deltasteur	1:35.66 195700075	1:34.50	+1,08	44.25	1:34.50
6. Jan Timmerman	IJZPC	1:40.12 195700347	1:41.64	+0,73	46.48	1:41.64
7. Herbert Katgert	WS Twente	1:39.89 195900739	1:43.98	+1,20	49.85	1:43.98
8. Frans Suijkerbuijk	PSV	1:55.57 195600499	1:58.92 *	+1,14	55.39	1:58.92

Masters 60+

1. Charles Bos	De Roersoppers	1:23.50 195300019	1:20.97	+0,80	37.78	1:20.97
<i>Kampioenschaps Record</i>						
2. Laurens klein Breteler	WWV	1:30.59 195400109	1:29.87	+0,98	41.29	1:29.87
3. Nikolay Dronov	Troyka	1:37.97 003037	1:42.11	+1,08	48.17	1:42.11
4. Richard Catoire	Oceanus	1:42.41 195200253	1:43.44	+0,92	48.39	1:43.44

Masters 65+

1. Mar van Geel	Old Dutch	1:45.09 194700135	1:50.32	+1,15	51.35	1:50.32
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Masters 70+

1. Rob Hanou	PSV	1:31.20 194300109	1:37.59	+1,08	45.98	1:37.59
2. Ruud Sloof	De Rijn	1:37.77 194400073	1:40.94	+1,00	48.23	1:40.94
3. Kevork Boyrazian	CNSW	2:06.85 CNSW/609/44	2:01.94	+1,55	58.36	2:01.94

Programmanr. 49, Heren, 100m schoolslag

Masters 75+

1. Jan Eichhorn	ZV Haerlem	1:51.03	193700015	1:53.87	+1,18	52.94	1:53.87
2. Gregor Pompen	Aqua-Novio'94	1:54.50	193700021	2:03.20	* +1,10	57.42	2:03.20

Masters 85+

1. Klaas Prins	Steenwijk 1934	3:08.32	192800001	2:59.18	*	1:21.02	2:59.18
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Nederlands Masters Record

Programmanr. 50
26-01-2014 - 16:59

Dames, 100m schoolslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m
Masters 20+							
1. Maaïke Vooren	DAW	1:19.37	199103324	1:17.03	+0,82	36.69	1:17.03
2. Jacyntha Plat	TriVia	1:16.16	199002956	1:17.38	+0,79	36.30	1:17.38
3. Erika Aan het Rot	Octopus	1:16.87	199000010	1:18.17	+0,79	36.39	1:18.17
4. Chantal van der Horst	De Meer	1:19.94	199400616	1:18.87	+0,74	37.49	1:18.87
5. Chantal Meyerink	De Grunte	1:20.22	199105212	1:20.77	+0,77	38.15	1:20.77
6. Isabelle Massar	WVZ	1:18.64	199102034	1:21.23	+0,76	36.86	1:21.23
7. Désirée Hulsmeyjer	Het Ravijn	1:20.86	199001656	1:21.66	+0,69	38.45	1:21.66
8. Maartje Lenten	De Spatters	1:27.58	199204286	1:24.27	+0,71	40.07	1:24.27
9. Ramona Noordermeer	ZVVS	1:30.40	199401746	1:28.23	+0,71	42.03	1:28.23
10. Nynke de Pijper	De Veene	1:30.98	199300600	1:33.02	+0,89	43.22	1:33.02
11. Elske Eikholt	Merlet	1:33.10	199305032	1:33.75	* +0,93	43.64	1:33.75
12. Janneke Wynia	WS Twente	1:38.61	199005500	1:38.84	+1,01	47.19	1:38.84
13. Natasja Dammer	GZVW	1:42.91	199203698	1:39.04	+0,95	46.32	1:39.04
14. Carmen Ensink	Piranha	1:42.78	199307842	1:42.79	+0,94	49.28	1:42.79

Masters 25+

1. Larissa Brak	AZ&PC	1:13.07	198800572	1:14.34	+0,81	35.02	1:14.34
<i>Kampioenschaps Record</i>							
2. Karin van Dijk	HZ&PC Heerenveen	1:17.21	198600850	1:17.93	+0,81	37.02	1:17.93
3. Tonny Klop-Methorst	De Biesboschzweimmers	1:20.94	198802998	1:20.65	+0,86	38.37	1:20.65
4. Aniek Huijsman	De Lansingh	1:20.84	198801932	1:20.97	+0,78	38.14	1:20.97
5. Anne Duijst	De Amer	1:21.86	198901030	1:22.10	+0,88	38.63	1:22.10
6. Marieke van Dodeweerd	RZC	1:23.29	198600896	1:22.60	+0,86	38.27	1:22.60
7. Esther van Maastrigt	Montferland	1:20.63	198802836	1:23.92	+0,86	39.91	1:23.92
8. Marlijn Mulders	De Treffers	1:26.05	198803114	1:24.70	+0,75	40.03	1:24.70
9. Bianca Paape	DAW	1:27.11	198502262	1:25.41	+0,84	40.53	1:25.41
10. Karin Hovenkamp	De Spatters	1:29.91	198701850	1:27.99	+0,56	42.45	1:27.99
11. Fleur Maas	Zoetermeer	1:32.72	198902768	1:32.22	+0,86	43.04	1:32.22
12. Margriet Aan het Rot	Octopus	1:31.78	198603088	1:32.48	+0,84	43.66	1:32.48
13. Josse van Geffen	GZVW	1:29.83	198604730	1:33.08	+0,88	43.07	1:33.08
14. Ingrid Noten	Budel	1:38.01	198504156	1:38.46	+0,97	47.06	1:38.46

Masters 30+

1. Roos van Esch	TRB-RES	1:28.41	198200468	1:22.82	+0,85	39.35	1:22.82
2. Esther Versteeg	Van Vliet-Barracuda	1:26.86	198302112	1:26.21	+0,87	41.20	1:26.21

Programmanr. 50, Dames, 100m schoolslag

Masters 35+

1. Yvonne Janssen	ZRC	1:20.84	197600030	1:20.83	+0,85	38.23	1:20.83
2. Inez Heideman	WS Twente	1:25.97	197500198	1:24.08	+0,86	39.22	1:24.08
3. Marian Nederlof	DWF	1:30.20	197600950	1:28.69	+0,77	41.74	1:28.69
4. Evelien Meeuwissen	Sassenheim	1:29.58	197500360	1:28.93	+0,87	41.87	1:28.93
5. Anneke Veenstra	't Tolhekke	1:32.62	197900882	1:33.50	+0,82	43.53	1:33.50
6. Jule Verschoor-Holland	ZRC	1:36.96	197500874	1:36.80	+1,00	46.32	1:36.80

Masters 40+

1. Karin Stein	ZVVS	1:18.85	197100554	1:19.86	+0,80	38.15	1:19.86
<i>Kampioenschaps Record</i>							
2. Nadège van Meeteren	De Meer	1:23.91	197400736	1:23.39	+0,84	39.07	1:23.39
3. Miranda Straetemans	Zignea	1:24.93	197400514	1:25.01	+0,83	40.01	1:25.01
4. Pascale Neiss-Janssen	De Roersoppers	1:30.51	197300852	1:30.41	+0,89	42.39	1:30.41
5. Ageeth Boomsma	Orca	1:36.96	197000826	1:36.63	+0,88	45.14	1:36.63
6. Judith Rienties	Swol 1894	1:39.96	197400960	1:41.22	+0,92	48.41	1:41.22
7. Ursula Spoelstra-de Groot	WS Twente	1:49.32	197200952	1:43.25	+1,00	48.71	1:43.25
8. Evelien Breman-Alers	Nautilus	1:51.75	197200878	1:50.85	+0,88	48.63	1:50.85

Masters 45+

1. Marjo Goelema-Koek	De Biesboschzwemmers	1:19.80	196900192	1:19.91	+0,80	37.19	1:19.91
<i>Kampioenschaps Record</i>							
2. Tatiana Prokofjeva	Troyka	1:21.01	023013	1:20.86	+0,80	38.60	1:20.86
<i>RMR</i>							
3. Annette Wijnja-Visser	De Biesboschzwemmers	1:22.58	196700528	1:21.60	+0,82	38.18	1:21.60
4. Irina Shulgina	Spartak	1:23.30	030042	1:23.07	+0,82	40.27	1:23.07
5. Esther Mijnen	ZV De Zaan	1:32.01	196900846	1:28.30	+0,89	41.18	1:28.30
6. Annette Korving-Leijenaar	Aqualero	1:31.63	196700662	1:31.20	+0,80	43.79	1:31.20
7. Iris van Aurich	DWK	1:31.82	196900866	1:31.88	+0,83	43.93	1:31.88
8. Ilse Vos-Viergever	De Hokseberg	1:37.30	196800644	1:39.24	+0,92	46.68	1:39.24
9. Yvette Kilian	Zoetermeer	1:37.90	196600534	1:41.57	+0,87	48.25	1:41.57
10. Roelien Speelman-Tigelaar	De Spatters	1:40.79	196600664	1:41.63	+0,76	46.90	1:41.63
11. Ingeborg Stokx	DAW	1:48.70	196700666	1:43.76	+0,78	49.82	1:43.76
12. Margriet de Hoop	De Fuut	1:49.38	196800848	1:49.77	+0,82	50.52	1:49.77

Masters 50+

1. Marja Bloemzaad	AZ&PC	1:22.58	196100014	1:21.97	+0,77	38.86	1:21.97
<i>Kampioenschaps Record</i>							
2. Christine Moerkerken	Poseidon'56	1:34.58	196300524	1:30.43	+0,77	42.55	1:30.43
3. Annemarie Vuist	Swol 1894	1:31.61	196300282	1:30.94	+0,90	43.54	1:30.94
4. Petra Tossings	DAW	1:38.54	196100376	1:34.40	+0,83	44.29	1:34.40
5. Marijke Kraak-Beckers	WS Twente	1:35.20	196000240	1:36.20	+0,84	45.74	1:36.20
6. Yoka de Vegt- van Dijk	ESCA Zwemmen	1:40.23	196200420	1:39.89	+0,88	47.79	1:39.89
7. Svetlana Kiilo	Spartak	1:40.63	101094	1:42.55	+1,01	48.75	1:42.55
8. Marjan Spoelstra	Swol 1894	1:44.84	196000236	1:46.92	+0,82	50.93	1:46.92
9. Lia Bijkerk	WIDEX GZC DONK	1:47.27	196000014	1:52.39	+0,86	54.24	1:52.39
10. Irene Hoenderdos	Aquapoldro	1:51.93	196300428	1:54.16	+1,05	55.96	1:54.16
11. Riekje Schra	Steenwijk 1934	2:08.25	196400404	2:16.35	+1,22	1:04.37	2:16.35

Masters 55+

1. Susanne Sailer-Lehrum	SG Neumünster	1:38.07	163629	1:40.27	+0,81	47.36	1:40.27
2. Claire Anthony	CNSW	1:46.19	CNSW/487/57	1:43.21	+0,89	49.11	1:43.21
3. Willy Schoenmaker-ter Veer	DWK	1:54.80	195900254	2:00.52	+1,10	54.35	2:00.52
4. Simonet Schroot	Gay Swim Amsterdam	2:06.64	195800108	2:14.71	+1,12	1:05.55	2:14.71

Programmanr. 50, Dames, 100m schoolslag

Masters 60+

1. Gonnie Bak	PSV	1:49.51	195100064	1:49.50	+0,98	53.04	1:49.50
2. Geerdien Meerwaldt	De Geul	2:01.82	195200058	2:00.87	+1,00	58.54	2:00.87
3. Nini van Dongen-de Paepe	De Devel	2:12.17	195100044	2:15.57	+1,17	1:03.59	2:15.57

Masters 65+

1. Bea Swijnenberg	Swol 1894	1:39.51	194900010	1:37.45	+0,80	46.43	1:37.45
<i>Nederlands Masters Record</i>							
2. Mieke Strijbis-v.d.Kroft	DAW	2:00.70	194500004	1:59.50	+1,17	58.16	1:59.50
3. Anna de Weert	Gay Swim Amsterdam	2:17.07	194900020	2:28.46		1:08.70	2:28.46

Programmanr. 51
26-01-2014 - 17:26

Gemengd, 4 x 50m vrije slag

Masters Open
Resultaten

rang	vereniging	inschrijftijd	tijd	RT
80+				
1.	Piranha 1 <i>Nederlands Masters Record</i>	Piranha	1:52.56	1:46.55 +0,87
	Eline Schaft	92 +0,87 30.59	Linda van der Hout	93 +0,46 28.07
	Teun Groeneweg	87 +0,25 24.61	Filipp Müller	86 +0,29 23.28
2.	De Veene 1	De Veene	1:49.73	1:46.59 +0,74
	Menno Manning	93 +0,74 24.60	Dennis Hoogstraten	93 +0,40 25.32
	Larissa Beemink	93 +0,31 29.57	Yvon Versteeg	92 +0,27 27.10
3.	LZ 1886 1	LZ 1886	1:48.21	1:46.84 +0,73
	Simone de Boer	93 +0,73 29.41	Lars Sieval	93 +0,25 23.93
	Seline Koek	94 +0,39 28.97	Joost Rijntjes	91 +0,49 24.53
4.	Merlet 1	Merlet	1:56.45	1:58.18 +0,81
	Merel Siroen	88 +0,81 29.77	Jelte Schuurmans	91 +0,30 25.37
	Rens Mahler	92 +0,17 30.35	Elske Eikholt	93 +0,42 32.69
5.	De Veene 2	De Veene	1:57.44	1:58.21 +0,87
	Nynke de Pijper	93 +0,87 33.08	Diana Lammers	89 +0,44 31.78
	Robert Dekker	84 +0,33 25.52	Yorick Kreuwel	94 +0,46 27.83
6.	Montferland 1	Montferland	2:01.13	2:01.93 +0,81
	Marjje Jansen	85 +0,81 28.96	Daniel Rosenkranz	91 +0,70 31.00
	Kelly Bockting	91 +0,46 35.17	Maik Steenkamp	91 +0,37 26.80
100+				
1.	DWK 1 <i>Nederlands Masters Record</i>	DWK	1:42.68	1:41.34 +0,76
	Nick van Gemert	89 +0,76 24.11	Pauline Gouwens	84 +0,25 26.50
	Marloes Erkens	93 +0,37 27.21	Merijn Ellenkamp	85 +0,17 23.52
2.	ZOB'66 1	ZOB'66	1:49.13	1:48.51 +0,62
	Anouk van der Pliet	93 +0,62 28.58	Ruben Stolk	90 +0,41 26.57
	Wendy de Bruin	92 +0,33 28.99	Nol van Thull	80 +0,47 24.37
3.	De Amer 1	De Amer	1:51.67	1:50.91 +0,73
	Rutger Stam	81 +0,73 26.84	Kathy van Zuilen	93 +0,47 29.78
	Anne Duijst	89 +0,50 28.58	Dick Kampman	88 +0,35 25.71
4.	Zwemlust-den Hommel 1	Zwemlust-den Hommel	1:54.54	1:51.35 +0,76
	Vincent Versteeg	77 +0,76 26.36	Charlotte Groeneveld	87 +0,22 27.02
	Eline Schoenmaker	90 +0,40 32.86	Raoul Engelenburg	89 +0,45 25.11
5.	AZ&PC 1	AZ&PC	1:56.20	1:53.47 +0,75
	Jeroen Zelsmann	77 +0,75 24.68	Marjje van Manen	86 +0,32 29.54
	Larissa Brak	88 +0,43 29.06	Wouter van 't Klooster	88 +0,35 30.19
6.	MSV-Zeemacht 1	MSV-Zeemacht	2:04.24	2:00.55 +0,88
	Wendy van der Kruk	71 +0,88 33.57	Tessa Mosch	91 +0,36 29.01
	Gerben Rozie	90 +0,37 28.22	Richard Brink	92 +0,36 29.75

Programmanr. 51, Gemengd, 4 x 50m vrije slag

120+

1. WS Twente 1	WS Twente		1:52.20		1:50.37	+0,83
Ewoud Rupert	78	+0,83	26.46	Marcel Reefhuis	81	+0,33 26.72
Inez Heideman	75	+0,25	29.10	Annelette de Vries	86	+0,46 28.09
2. DAW 1	DAW		1:51.57		1:51.66	+0,73
Sandra Zwaanswijk	85	+0,73	29.18	Wieteke Elzinga	86	+0,21 30.20
Alex Damen	75	+0,07	26.33	Kars Luttk	78	+0,11 25.95
3. ZPC Woerden 1	ZPC Woerden		1:55.35		1:52.77	+0,69
Marjan Remmits-De Lange	63	+0,69	30.67	Sabine Lina	89	+0,44 28.40
Johan Remmits	62	+0,19	26.34	Niels van Beurden	88	+0,26 27.36
4. WVZ 2	WVZ		1:57.20		1:52.94	+0,89
Petra Versteegen	77	+0,89	31.45	Jan-Willem van den Berg	68	+0,24 27.87
Manon van Strien	94	+0,62	28.52	Ivo Roozeboom	77	+0,31 25.10
5. Budel 1	Budel		1:55.98		1:54.23	+0,82
Carola Hompes	88	+0,82	31.52	Joyce Raemaekers	91	+0,28 30.00
Wiljo Mackus	71	+0,55	28.51	Rick de Greef	84	+0,46 24.20
6. LZ 1886 2	LZ 1886		1:58.11		1:58.15	+0,73
Boy Heijnekamp	89	+0,73	27.24	Otto Jansen	65	+0,55 28.71
Anna Boef	88	+0,68	32.68	Heidi van Stein	69	+0,29 29.52
7. Aqualero 1	Aqualero		2:02.28		2:01.59	+0,94
Erik Zoethout	69	+0,94	29.60	Marcel Jonkman	68	+0,67 28.22
Marloes Benjamins	91	+0,54	32.91	Selly Swieringa	90	+0,33 30.86
8. Octopus 1	Octopus		2:04.99		2:08.61	+0,85
Annebeth van Ark	88	+0,85	34.32	Erika Aan het Rot	90	+0,44 31.15
Herik van Zetten	67	+0,19	35.62	Albert van Piekeren	84	+0,27 27.52
9. Zoetermeer 1	Zoetermeer		2:04.21		2:09.98	+1,05
Mike Molenaar	72	+1,05	33.39	Linda Hoogendam	83	+0,51 32.86
Simon van Ravesteijn	80	+0,56	28.63	Yvette Kilian	66	+0,53 35.10
10. Budel 2	Budel		2:18.19		2:11.16	+1,20
Miriam Leeten-Stevens	69	+1,20	38.26	Ingrid Noten	85	+0,46 33.50
Dyon de Greef	82	+0,13	29.58	Ivo Verdonshot	75	+0,48 29.82

160+

1. De Biesboschzwemmers 1	De Biesboschzwemmers		1:52.67		1:51.41	+0,84
<i>Kampioenschaps Record</i>						
Arjon de Bok	69	+0,84	27.26	Marjo Goelema-Koek	69	+0,39 29.12
Annette Wijnja-Visser	67	+0,43	30.12	Harry Cornet	71	+0,21 24.91
2. RZC 1	RZC		1:56.10		1:54.14	+0,75
Geert van Duinhoven	64	+0,75	29.58	Bert de Weerd	67	+0,31 26.85
Yvonne Janssen	76	+0,31	28.88	Mariëtte Kessenich	82	+0,41 28.83
3. HZ&PC Heerenveen 1	HZ&PC Heerenveen		1:54.72		1:54.44	+0,75
René Beetsma	69	+0,75	26.44	Nanda de Vries	92	+0,33 27.31
Pia van der Molen	60	+0,40	34.06	Marten de Groot	58	+0,39 26.63
4. De Futen 1	De Futen		1:58.65		1:55.14	+0,80
Lorenzo Cavallini	90	+0,80	24.33	Petra Benani-Wolsing	84	+0,44 30.52
Alison Gilbert	53	+0,37	33.29	Arnold de Rover	64	+0,17 27.00
5. Oceanus 1	Oceanus		1:59.00		1:57.05	+0,73
Ronald Grove	61	+0,73	28.60	Annette de Visser	71	+0,64 29.43
Margriet Grove-Lingeman	62	+0,38	32.62	Arjan Bellaart	69	+0,43 26.40
6. DAW 3	DAW		2:08.18		2:04.11	+0,73
Ingeborg Stokx	67	+0,73	36.40	Petra Tossings	61	+0,69 33.78
John Stokx	64	+0,48	27.98	John Meijdam	83	+0,18 25.95
7. AZC 1	AZC		2:08.81		2:09.03	+0,77
Michael Go	75	+0,77	29.91	Monique Munnik	62	+0,42 35.15
Sandra Daamen-Posma	68	+0,38	36.12	Guido Keutgen	68	+0,11 27.85
8. DAW 2	DAW		2:05.35		2:10.48	+0,75
Esther Stellenpohl	85	+0,75	31.74	Channe Noort	86	+0,30 32.72
Jaap Kwakkel	47	+0,50	34.65	Hans Schoenmakers	69	+0,38 31.37
9. De Spatters 1	De Spatters		2:11.87		2:11.10	+0,83
Diana Westerdijk	72	+0,83	35.16	Roelien Speelman-Tigelaar	66	+0,22 34.31
René Speelman	66	+0,44	33.59	Walter Slijkerman	64	+0,57 28.04
10. WIDEX GZC DONK 1	WIDEX GZC DONK		2:16.63		2:13.42	+0,81
Adrian Ortiz Buitrago	60	+0,81	29.26	Yves van den Berg	66	+0,50 33.84
Nathasja Konijn	71	+0,39	37.27	Laura van Manen	84	+0,35 33.05

Programmanr. 51, Gemengd, 4 x 50m vrije slag, 160+

rang	vereniging	inschrijftijd	tijd	RT
11.	ESCA Zwemmen 1	2:17.26	2:18.15	+0,89
	Paul Rutten	80 +0,89 31.97	60 +0,59 42.00	
	Karin van der Star-Verhoeven	61 +0,40 32.82	60 +0,56 31.36	

200+

1.	Spartak 1 <i>Kampioenschaps Record</i>	Spartak	2:01.03	2:01.38	+0,87
	Natalya Pertoeva	67 +0,87 33.32	55 +0,85 29.34		
	Irina Shulgina	68 +0,54 32.26	63 +0,52 26.46		
2.	AZ&PC 2	AZ&PC	2:08.59	2:08.23	+0,77
	Talje Dijkhuis	66 +0,77 30.94	63 +0,31 25.20		
	Paul Hardeman	73 +0,24 27.05	45 +0,44 45.04		
3.	WIDEX GZC DONK 2	WIDEX GZC DONK	2:25.08	2:21.45	+0,85
	Lia Bijkerk	60 +0,85 38.68	64 +0,69 38.03		
	Peter Coffeng	57 +0,49 33.88	65 +0,72 30.86		
4.	PSV 2	PSV	2:30.56	2:34.43	+0,97
	Gudule van der Meer	72 +0,97 30.03	43 +0,62 36.02		
	Frans Suijkerbuijk	56 +0,25 58.55	75 +0,68 29.83		

240+

1.	PSV 1 <i>Nederlands Masters Record, startzwemmer NMR</i>	PSV	2:10.46	2:08.89	+0,78
	Corrie Verhoeven	46 +0,78 34.29	56 +0,24 30.67		
	Patty Krupiarz	54 +0,56 34.78	52 +0,43 29.15		
2.	WS Twente 2	WS Twente	2:11.88	2:09.91	+0,76
	Jeannette Ruesink	63 +0,76 33.24	60 +0,45 32.76		
	Hugo Staudt	53 +0,26 30.92	40 +0,50 32.99		
3.	Takas 1	Takas	3:15.00	2:45.29	+1,06
	Vladas Vimbaras	27 +1,06 53.03	63 +0,66 37.71		
	Pavelas Bezzubovas	39 +0,51 39.40	64 +0,60 35.15		
4.	Steenwijk 1934 1	Steenwijk 1934	3:16.86	3:20.67	+1,55
	Klaas Prins	28 +1,55 1:05.53	64 +0,75 55.30		
	Ciska Wagter	70 +0,69 44.66	53 +1,02 35.18		