

Championnats de Belgique Masters 3ème journée

Molenbeek - 27 Novembre 2011

Course 1 - 1500m Nage Libre

35ans - 39ans

2	Vaast Arnaud	CNSW/269/76	20:44,95	346
	100m: 01:15.40 - 200m: 02:38.03 - 400m: 05:25.12 - 800m: 11:02.04			
3	Rongvaux Dominique	CNSW/181/72	23:10,15	248
	100m: 01:20.86 - 200m: 02:51.93 - 400m: 06:00.92 - 800m: 12:15.06			

35ans - 39ans

1	Ponce Del Castillo Aïda	CNSW/358/74	20:52,18	426
	100m: 01:21.22 - 200m: 02:46.06 - 400m: 05:34.06 - 800m: 11:08.17			

40ans - 44ans

1	Content Stéphane	CNSW/228/71	21:31,35	310
	100m: 01:19.94 - 200m: 02:45.61 - 400m: 05:40.99 - 800m: 11:27.99			
6	Froidbise Emmanuel	CNSW/145/68	28:07,63	139
	100m: 01:41.98 - 200m: 03:31.19 - 400m: 07:17.18 - 800m: 14:52.70			
	Saillez Christophe	CNSW/468/68	Forfait	

45ans - 49ans

1	Delfosse Olivier	CNSW/344/63	19:37,40	409
	100m: 01:12.38 - 200m: 02:30.70 - 400m: 05:08.24 - 800m: 10:25.13			
8	Gius Michele	CNSW/266/66	24:43,43	204
	100m: 01:27.15 - 200m: 03:06.86 - 400m: 06:28.84 - 800m: 13:09.13			

50ans - 54ans

5	Maes Philippe	CNSW/159/60	26:58,94	157
	100m: 01:38.40 - 200m: 03:26.37 - 400m: 07:05.96 - 800m: 14:23.69			

55ans - 59ans

1	Blondeel-Gourmet Fernande	CNSW/011/52	30:15,22	139
	100m: 01:52.22 - 200m: 03:50.60 - 400m: 07:51.08 - 800m: 16:02.08			

Course 2 - 800m Nage Libre

30ans - 34ans

1	Blondeel Nathalie	CNSW/012/77	11:09,02	402
	100m: 01:21.07 - 200m: 02:45.51 - 400m: 05:32.70			
3	Lejeune Stéphanie	CNSW/508/78	15:30,59	149
	100m: 01:40.00 - 200m: 03:41.00 - 400m: 07:46.00			

35ans - 39ans

1	Balancier Pascal	CNSW/361/74	10:55,76	327
	100m: 01:15.81 - 200m: 02:36.39 - 400m: 05:22.24			

40ans - 44ans

1	Folie Jean-François	CNSW/136/69	11:27,48	284
	100m: 01:21.02 - 200m: 02:47.42 - 400m: 05:41.71			

55ans - 59ans

3	Hohenbichler Michaël	CNSW/058/53	16:06,95	102
	100m: 01:53.96 - 200m: 03:56.68 - 400m: 07:59.02			

60ans - 64ans

4	Languillier Etienne	CNSW/061/50	27:54,88	19
	100m: 03:20.59 - 200m: 06:56.35 - 400m: 14:07.13			

Course 3 - 400m 4 Nages

30ans - 34ans

1 Seuleiman Sev CNSW/240/79 **06:25,60** 341
100m: 01:24.29

35ans - 39ans

1 Ponce Del Castillo Aïda CNSW/358/74 **05:58,55** 424
100m: 01:25.18

40ans - 44ans

2 Nahon Bruno CNSW/211/70 **06:10,08** 286
100m: 01:27.12

45ans - 49ans

1 Delfosse Olivier CNSW/344/63 **06:02,56** 304
100m: 01:19.31

45ans - 49ans

1 Michel Pierrette CNSW/500/62 **05:56,50** 431
100m: 01:21.24

Course 4 - 400m Nage Libre

40ans - 44ans

1 Content Stéphane CNSW/228/71 **05:18,39** 330
100m: 01:17.01 - 200m: 02:38.69

2 Nahon Bruno CNSW/211/70 **05:21,52** 320
100m: 01:16.69 - 200m: 02:38.77

45ans - 49ans

1 Delfosse Olivier CNSW/344/63 **05:03,08** 382
100m: 01:11.15 - 200m: 02:30.45

6 Vanuxem Pascal CNSW/385/66 **05:27,88** 302
100m: 01:16.35 - 200m: 02:40.26

55ans - 59ans

4 Hohenbichler Michaël CNSW/058/53 **07:51,90** 101
100m: 01:51.83 - 200m: 03:53.37

60ans - 64ans

4 Languillier Etienne CNSW/061/50 **13:35,07** 19
100m: 03:17.39 - 200m: 06:52.48